



# Trustees' Annual Report for the period

| From | Period start date |       |      | To | Period end date |       |      |
|------|-------------------|-------|------|----|-----------------|-------|------|
|      | Day               | Month | Year |    | Day             | Month | Year |
|      | 01                | 01    | 2022 |    | 31              | 12    | 2022 |

## Section A Reference and administration details

Charity name

GABRAEL & MICHAEL HELPING HANDS

Other names charity is known by

Registered charity number (if any)

1192917

Charity's principal address

94 Heston Road

Hounslow

Postcode

TW5 0QP

### Names of the charity trustees who manage the charity

|    | Trustee name        | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|---------------------|-----------------|-----------------------------------|---------------------------------------------------------------|
| 1  | Mohammed Iqbal Gill |                 |                                   |                                                               |
| 2  | Zafran Latif        |                 |                                   |                                                               |
| 3  |                     |                 |                                   |                                                               |
| 4  |                     |                 |                                   |                                                               |
| 5  |                     |                 |                                   |                                                               |
| 6  |                     |                 |                                   |                                                               |
| 7  |                     |                 |                                   |                                                               |
| 8  |                     |                 |                                   |                                                               |
| 9  |                     |                 |                                   |                                                               |
| 10 |                     |                 |                                   |                                                               |
| 11 |                     |                 |                                   |                                                               |
| 12 |                     |                 |                                   |                                                               |
| 13 |                     |                 |                                   |                                                               |
| 14 |                     |                 |                                   |                                                               |
| 15 |                     |                 |                                   |                                                               |
| 16 |                     |                 |                                   |                                                               |
| 17 |                     |                 |                                   |                                                               |
| 18 |                     |                 |                                   |                                                               |
| 19 |                     |                 |                                   |                                                               |
| 20 |                     |                 |                                   |                                                               |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |
|      |                                   |
|      |                                   |

### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

### Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
|--|

## Section B Structure, governance and management

### Description of the charity's trusts

|                                                                     |                                      |
|---------------------------------------------------------------------|--------------------------------------|
| Type of governing document<br>(eg. trust deed, constitution)        | CIO- Foundation Constitution         |
| How the charity is constituted<br>(eg. trust, association, company) | Charitable Incorporated Constitution |
| Trustee selection methods<br>(eg. appointed by, elected by)         | By appointment                       |

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

|  |
|--|
|  |
|--|

## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

To advance the Islamic faith throughout England by the promotion of religious harmony for the benefit of the public by: (a) educating the public in different religious beliefs including an awareness of their distinctive features and their common ground to promote good relations between persons of different faiths;  
(b) promoting knowledge and mutual understanding and respect of the beliefs and practices of different religious faiths."

No Activities were undertaken during the year

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

No Activities were undertaken during the year

## Section E Financial review

Brief statement of the charity's policy on reserves

N/A

Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

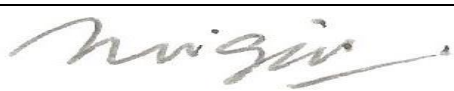
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                     |                         |                                                                                       |
|-------------------------------------|-------------------------|---------------------------------------------------------------------------------------|
| Signature(s)                        |                         |                                                                                       |
| Full name(s)                        | Mohammed Iqbal Gill     |  |
| Position (eg Secretary, Chair, etc) | Trustee and Chairperson |                                                                                       |
| Date                                | 12/10/2023              |                                                                                       |



CHARITY COMMISSION  
FOR ENGLAND AND WALES

GABRAEL & MICHAEL HELPING HANDS

No (if any)  
1192917

CC16a

## Receipts and payments accounts

|                        |                                 |    |                               |
|------------------------|---------------------------------|----|-------------------------------|
| For the period<br>from | Period start date<br>01/01/2022 | To | Period end date<br>31/12/2022 |
|------------------------|---------------------------------|----|-------------------------------|

### Section A Receipts and payments

|                                                       | Unrestricted<br>funds<br>to the nearest £ | Restricted<br>funds<br>to the nearest £ | Endowment<br>funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|-------------------------------------------------------|-------------------------------------------|-----------------------------------------|----------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |                                           |                                         |                                        |                                 |                               |
| Donations                                             | -                                         | -                                       | -                                      | -                               | 0.00                          |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | -                                         | -                                       | -                                      | -                               | 0.00                          |
| <b>A2 Asset and investment sales, (see table).</b>    |                                           |                                         |                                        |                                 |                               |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Total receipts</b>                                 | -                                         | -                                       | -                                      | -                               | 0.00                          |
| <b>A3 Payments</b>                                    |                                           |                                         |                                        |                                 |                               |
| Sub contract                                          | -                                         | -                                       | -                                      | -                               | 0.00                          |
| Rent                                                  | -                                         | -                                       | -                                      | -                               | 0.00                          |
| Food Programme                                        | -                                         | -                                       | -                                      | -                               | 0.00                          |
| Events and Net working                                | -                                         | -                                       | -                                      | -                               | -                             |
| Communication                                         | -                                         | -                                       | -                                      | -                               | 0.00                          |
| PPS                                                   | -                                         | -                                       | -                                      | -                               | 0.00                          |
| Travelling and conveyance                             | -                                         | -                                       | -                                      | -                               | 0.00                          |
| Training and workshops                                | -                                         | -                                       | -                                      | -                               | 0.00                          |
| Bank Charges                                          | -                                         | -                                       | -                                      | -                               | 0.00                          |
| sundries expenses                                     | -                                         | -                                       | -                                      | -                               | 0.00                          |
| <b>Sub total</b>                                      | -                                         | -                                       | -                                      | -                               | 0.00                          |
| <b>A4 Asset and investment purchases, (see table)</b> |                                           |                                         |                                        |                                 |                               |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
|                                                       | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Total payments</b>                                 | -                                         | -                                       | -                                      | -                               | 0.00                          |
| <b>Net of receipts/(payments)</b>                     | -                                         | -                                       | -                                      | -                               | 0.00                          |
| <b>A5 Transfers between funds</b>                     | -                                         | -                                       | -                                      | -                               | -                             |
| <b>A6 Cash funds last year end</b>                    | -                                         | -                                       | -                                      | -                               | -                             |
| <b>Cash funds this year end</b>                       | -                                         | -                                       | -                                      | -                               | 0.00                          |

## Section B Statement of assets and liabilities at the end of the period

| Categories                                                  | Details                                                | Unrestricted funds<br>to nearest £                                                  | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|-------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b>                                        | Cash at bank                                           | -                                                                                   | -                                | 0.00                            |
|                                                             |                                                        | -                                                                                   | -                                | -                               |
|                                                             |                                                        | -                                                                                   | -                                | -                               |
|                                                             | <b>Total cash funds</b>                                | -                                                                                   | -                                | 0.00                            |
|                                                             | (agree balances with receipts and payments account(s)) | OK                                                                                  | OK                               | OK                              |
| <b>B2 Other monetary assets</b>                             | Details                                                | Unrestricted funds<br>to nearest £                                                  | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|                                                             |                                                        | -                                                                                   | -                                | -                               |
|                                                             |                                                        | -                                                                                   | -                                | -                               |
|                                                             |                                                        | -                                                                                   | -                                | -                               |
|                                                             |                                                        | -                                                                                   | -                                | -                               |
|                                                             |                                                        | -                                                                                   | -                                | -                               |
|                                                             |                                                        | -                                                                                   | -                                | -                               |
| <b>B3 Investment assets</b>                                 | Details                                                | Fund to which asset belongs                                                         | Cost (optional)                  | Current value (optional)        |
|                                                             |                                                        |                                                                                     | -                                | -                               |
|                                                             |                                                        |                                                                                     | -                                | -                               |
|                                                             |                                                        |                                                                                     | -                                | -                               |
|                                                             |                                                        |                                                                                     | -                                | -                               |
| <b>B4 Assets retained for the charity's own use</b>         | Details                                                | Fund to which asset belongs                                                         | Cost (optional)                  | Current value (optional)        |
|                                                             |                                                        |                                                                                     | -                                | -                               |
|                                                             |                                                        |                                                                                     | -                                | -                               |
|                                                             |                                                        |                                                                                     | -                                | -                               |
|                                                             |                                                        |                                                                                     | -                                | -                               |
|                                                             |                                                        |                                                                                     | -                                | -                               |
|                                                             |                                                        |                                                                                     | -                                | -                               |
|                                                             |                                                        |                                                                                     | -                                | -                               |
|                                                             |                                                        |                                                                                     | -                                | -                               |
| <b>B5 Liabilities</b>                                       | Details                                                | Fund to which liability relates                                                     | Amount due (optional)            | When due (optional)             |
|                                                             |                                                        |                                                                                     | -                                |                                 |
|                                                             |                                                        |                                                                                     | -                                |                                 |
|                                                             |                                                        |                                                                                     | -                                |                                 |
|                                                             |                                                        |                                                                                     | -                                |                                 |
| Signed by one or two trustees on behalf of all the trustees |                                                        | Signature                                                                           | Print Name                       | Date of approval                |
|                                                             |                                                        |  | Mohammed Iqbal Gill              | 12/10/2023                      |
|                                                             |                                                        |                                                                                     |                                  |                                 |