

Holistic Wellness Community

England & Wales · Charity number 1192849

Details

Other names CRAWLEY MINDFULNESS CENTRE

Status Registered

Legal form CIO

Registered 2020-12-17

Register [View on the Charity Commission register](#)

Contact

Address Holistic Wellness Community
Hut 3
Tilgate Drive
Crawley
West Sussex
RH10 5PH

Phone 07726924497

Email info@holisticwellnesscommunity.org

Website <https://holisticwellnesscommunity.org/>

Activities

Objects: TO PROMOTE AND PROTECT GOOD MENTAL HEALTH THROUGH THE PROVISION OF A RANGE OF THERAPIES OR INTERVENTIONS PROVEN TO IMPROVE HEALTH INCLUDING YOGA; MEDITATION AND MINDFULNESS.

Activities: Our aim is to provide free holistic wellbeing and support mental health in a non judgemental safe environment by bringing together a community of likeminded people where all are welcome. We are not a replacement for professional therapy and it is not our aim to be so, our aim is to educate, promote and explore mindfulness and complimentary therapies to aid and support mental health.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- West Sussex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£36,633	£40,974	-	-
2024-12-31	£29,030	£21,777	-	-
2023-12-31	£14,440	£27,369	-	-
2022-12-31	£28,567	£38,332	-	-
2021-12-31	£42,412	£14,307	-	-

Trustees

Name	Role	Appointed
Marion Weeks	Chair	2020-12-01
Emma-Jo Berry		2021-07-17
Lorna Anne Fuller		2024-11-02
Monica Elizabeth Maybank		2020-12-01
Sean Patrick Orr		2026-06-04
Sophie Bellisio		2022-09-20