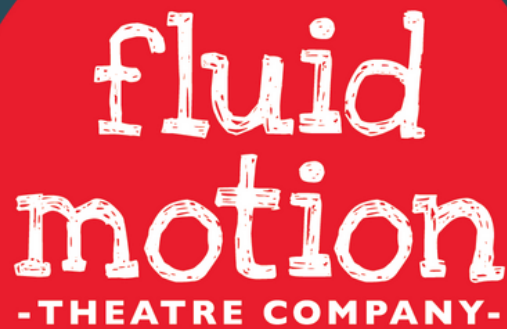




Annual Report 24/25

www.fluidmotiontheatre.com



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Zoie Golding MBE

Chair of Trustees

Message from the Chair

I was honored to take up the role of Chair this year, following on from such amazing work prior, I really felt like I was stepping into an organisation with a clear purpose, drive and vision for what they wanted to achieve. The last year has been a journey of embedding, growing and learning. We realised our ambition to open our home The Totton Creative hub that has seen over **400 visitors, 125 events, and 735 participants** in the last year.

Taking on a new building is always a learning curve and we have ensured that being relevant and in service to our local community in Totton has led and been key to building a **strong reputation**, support, spirit and interest in our work. Strategic work has taken place looking into the future of what sustainability looks like for Fluid Motion and The Creative Hub. Alongside new partnerships within the health and well being sector, **reinforcing our core values** of what Fluid Motion is here to do, by improving lives through theatre and creativity.

The artistic programme is continuing to grow and constantly being informed by the local community, which is a vital part of our plans to truly embed ourselves within the region and provide high quality creative experiences. The company is going from strength to strength, yet there is still a lot to do to ensure that in these challenging financial times we can continue to flourish and **build stability**. I am looking forward to what the next year holds and the pleasure of working with such a skilled and dedicated team.

Our Four Pillars of Creative Community Health



Strengthening Family Wellbeing

through connection, creativity, and early years development.



Improving the mental health of children and young people

and helping them build skills to thrive in life.



Creating inclusive spaces

for joyful community connection and cultural participation.



Promoting active lifestyles through creativity

as a foundation for better physical and mental health.

**CREATIVE
COMMUNITY
HEALTH**

Objectives and Activities

fluid motion is inspired by lived experience, giving us a unique perspective on how the arts can transform mental health

Fluid Motion is an award-winning arts and health charity. We exist to harness the power of theatre and creativity to improve mental health and wellbeing. The company was founded in 2010 by Leigh Johnstone and Ali Gill, both of whom experienced poor mental health as children and this grounds our work in lived experience.

Our vision is that anyone, especially those who might not traditionally engage with the arts, can experience the transformative impact of creativity on their wellbeing.

We create '**lightbulb moments**', where individuals discover how the arts can help them feel better, connect with others, and build resilience.



ACHIEVEMENTS AND PERFORMANCE

The past year has been one of the most significant in our history. In May 2024 we moved into the Totton Creative Hub, creating a visible, accessible, and welcoming space in the heart of the high street.

This was more than a change of venue, it was the beginning of a transformation in the scale and depth of our work.



For the first time, we have been able to offer a year-round programme of creative activity under one roof, a safe and supportive space where children, young people, and families can thrive.

634

children and young people took part.

59

now use the hub on a weekly basis.

6-13

is the average age range of participants.

Reaching more children and young people

In our first ten months at the hub we welcomed over 634 children and young people through our doors. Many came for the very first time, discovering that creativity could help them feel better, less isolated, and more confident. Around 59 young people now use the hub weekly as their safe, regular space to learn, make friends, and find support.

Engagement has been strongest with children aged 6–13, who make up the majority of participants, but through targeted work such as the Youth Ambassadors programme, we are beginning to engage older young people who are often hardest to reach.

A PROGRAMME THAT MEETS DIVERSE NEEDS

Messy Makers

Our weekly creative drop-ins 'Messy Makers' have become our most popular activity, acting as the gateway into other strands of our programme. On average, 18 children and young people take part each week, using arts and crafts to explore wellbeing themes and build confidence with our expert mixed media artist Jacky.

Youth Theatre

Our youth theatre has grown, providing young people with a platform to perform and develop resilience through teamwork. In 2024–25, the group staged two public performances, one at the Totton Lantern Parade and the other in the high street outside our hub, attracting local audiences and showcasing the impact of sustained creative development.

Flourish

We ran two blocks of our Flourish course in 2024 to children and young people aged between 7-18. Flourish is our multi week programme for children and young people that uses drama and storytelling to help boost confidence, self-esteem, and mental wellbeing. We worked with 24 children aged 7-13 over five weeks in June 2024 and then 12 young people aged 13-18 over eight weeks in July. One young person said **'I have learnt to be more confident in myself and be proud of who I am'**



Pet Therapy

We piloted a drop in creative group therapy session in partnership with Pets as Therapy. Volunteer Sarah and therapy dog Roger provided a friendly blend of conversational support and light touch arts activity for children, young people and their adults which ran every two weeks between November 2024 and June 2025.

Holiday Activities

One important part of our programme was providing free or affordable activities for children in the holidays. We understood from parents that there was a lack of high quality, accessible holiday activities in the area and it was something that they felt we could offer.

We ran 'Create Your Own Animation' a week of stop motion animation skills with professional film and toy art maker. Young people made their own clay characters, developed their storyline and then created an animated film. The activity took place in the summer of 2024 engaging with 10 children.

In October half term 2024 we worked with a costume designer who delivered 'Make Your Own Outfit' to 9 young people. They took part in a range of sessions from drawing their design, visiting local charity shops to hunt for materials, using a sewing machine and tie dying.

We partnered with Totton based professional music studio Riverside Studios in February half term 2025 for a week of 'Make your Own Music Track'. Working with songwriters, musicians and sound engineers, 4 young people got the chance to create their own song from scratch.

EMBEDDING YOUTH VOICE

“ Being part of the Youth Ambassadors has completely changed how I see myself. I’ve gone from being someone who wouldn’t speak up in class to someone helping lead projects and performances for the community.



Youth Ambassadors

Our Youth Ambassadors group, which we started in May, have been meeting monthly and has been another major achievement. Ambassadors have shaped exhibitions, co-designed activities, and designed our new website. Their voices now guide key decisions, ensuring our programme remains youth-led and relevant.

Looking ahead, we will build on this success by broadening representation within the group to ensure it reflects the full diversity of our community, offering accredited pathways such as Arts Award to recognise leadership skills, and increasing their responsibility for curating events and exhibitions.

Ambassadors will also take on peer-to-peer engagement in schools and youth groups, benefit from mentorship with trustees and visiting artists, and begin contributing directly to governance through structured links with our board.

By 2026, our ambition is to have 16 active Ambassadors driving key strands of the programme, ensuring youth voice is not just heard but embedded at the heart of everything we do.



Youth-led events doubled this year



100% of Ambassadors said they feel more confident



Young people designed our new website



TRYING NEW APPROACHES

Exhibition Space

One major focus for this period was to test ways of using our shop front location and the window onto the high street to engage more people and drive visitors into our hub, who may then engage in other parts of our programme. We decided to launch a rolling programme of exhibitions that reflected elements of our work, a range of artforms and our community.

Our first exhibition 'Memories of Totton' was a partnership with St Barbe Museum in Lymington and brought together a collection of 20th and 21st Century pictures of Totton to show the history of the town.

This was a hugely popular exhibition and attracted over 270 people within the month it was up. Other exhibitions have included 'Mini Masterpieces' in partnership with Acorns Pre School and 'Youth Voices', a celebration of the musical creativity of local young people.



FAMILIES AND COMMUNITY IMPACT

Our programme has always been about more than the individual child, it is about strengthening families and communities. In 2024–25, families joined together for intergenerational craft clubs, holiday programmes with lunch provided. These events drew hundreds across the year into shared creative experiences, reducing isolation and creating lasting community pride.

Parents regularly tell us how vital the hub is in supporting them. One mother shared:

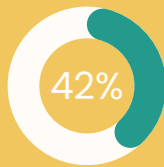
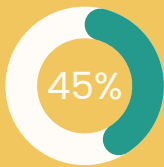
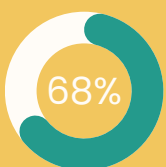
“

When my daughter and I found the Creative Hub, it felt like a relief. As a single mum, it's hard to find things she can do after school, most clubs cost more than I can afford.

Knowing these activities were free meant we could join in. The hub arranged youth theatre and even counselling with a bursary. She's happier now, lighter. It's more than a club; it's a community that truly cares.

Visitor Numbers

- 68% increase in monthly visitors
- events boosted community footfall by 45%
- 42% of visitors were completely new to Fluid Motion

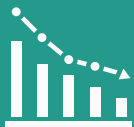


FINANCIAL SNAPSHOT



Total Income

£136,730

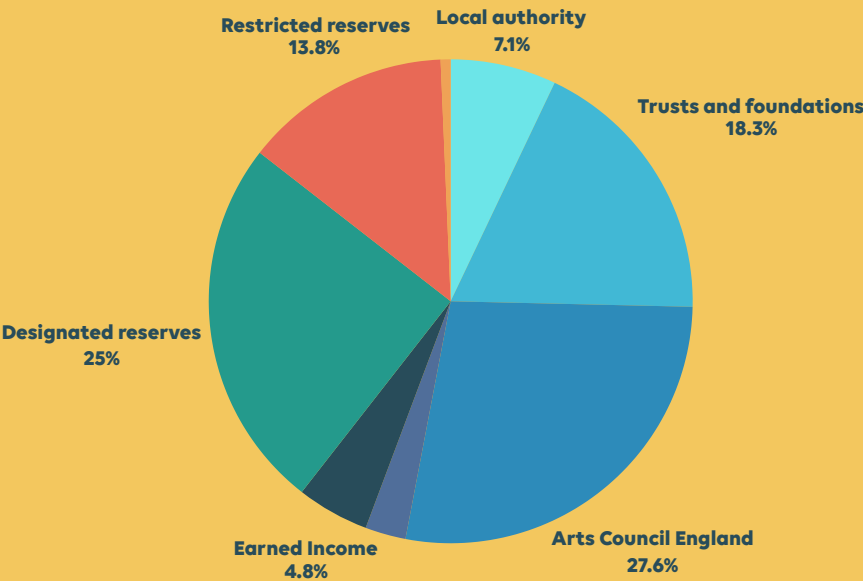


Total Expenditure

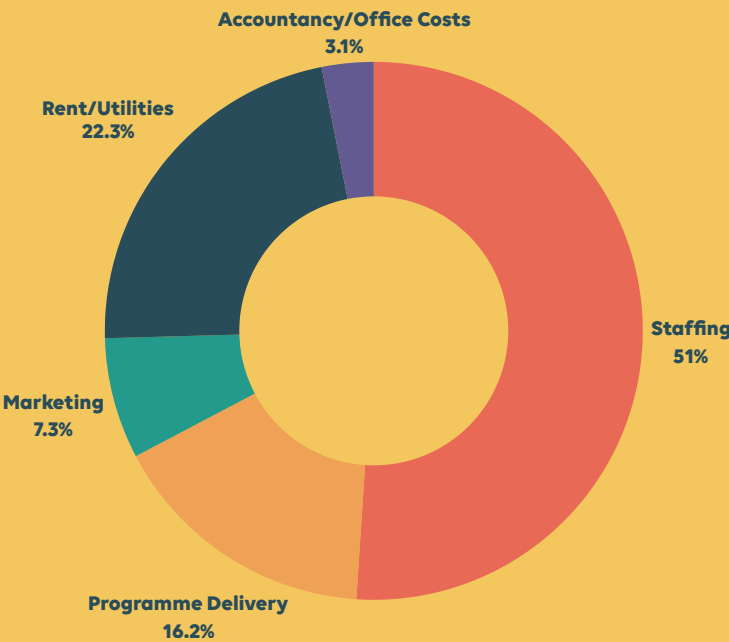
£174,986

of which £59,591 was designated
c/f from year 2023-24

Income breakdown



Expenditure breakdown



Unrestricted Funds
(Totals at end of
year)

£22,884

of which £5,384 was designated

Restricted Funds

£57,242

Free Reserves

£17,500

FINANCIAL REVIEW

Review of the charity's financial position at the end of the period.

As at the balance sheet date unrestricted reserves stood at £22,884 77,091 (2023 - £77,091), of which £5,384 (2023 - £59,591) is held as designated by the Trustees in accordance with the policy below. Where grants are received in respect of a specified project, all income and related expenditure is treated as part of restricted reserves. The accumulated restricted reserves at the balance sheet date were £57,242 (2023- £41,291).

Designated Fund Note: The designated fund for 2023 - 2024 was allocated to rent, legal fees and overhead costs for the new Creative Support Hub that opened in Totton in May 2024 these funds were spent within the 2024-25 financial year. The small designated fund of £5,384 is made up of income from the Theatre Tax relief claim for the 2024- 2025 period and has been set aside to contribute towards rent for the Totton Hub for the financial year 2025-2026.

Reserves

It is the policy of the company to maintain free reserves at a level which balances our objectives to develop and support services with our need to remain financially stable.

The Trustees agree and will work towards acquiring a minimum level of free reserves equating to at least four months of unrestricted expenditure which is considered sufficient to cover management, administration and support costs and to respond to emergency needs which arise from time to time. In addition, there is also a need to designate certain sums from free reserves for anticipated expenditure in the short to medium term.

Free reserves currently stand at £17,500 and equate to approximately 4 weeks of running costs.

At the point of writing this report we are feeling some financial pressures from a reduction in grants and donations. We have put an action plan in place which is being closely monitored by the Trustees and Management Team.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are recruited through an open call out to ensure that we reach a wide and diverse audience. Applicants have to formally apply by either written or video application together with a curriculum vitae. Applicants are selected in conjunction with the aims of the charity and their suitability to fit the roles that we require to be filled. The selected applicant is then invited to have an informal meeting with the Chair of Trustees, a Trustee and the Executive and Artistic Director. Following this meeting if the applicant deems suitable they are then invited to attend a board meeting as an observer. The current Board then discusses whether they wish to invite the applicant to join the Board and a formal offer is then made subject to relevant checks being carried out successfully.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The risk register is reviewed quarterly as a minimum by the Trustees.



CHARITY INFORMATION

Reference and Administrative details:

Charity Name: Fluid Motion Theatre Company

Other Name: 'Fluid Motion' and 'Fluid Motion Theatre'

Charity Number: 1192793

Charity First Registered: 15th December 2021

Company First Registered: 19th April 2010

Company Number: 07227917

Charity Registered Address: Totton Creative Hub,
23 Totton Shopping Centre, Totton, Southampton, SO40 3BX

Sail Address: 37 McCartney Walk, Basingstoke, Hampshire, RG22 4NZ

Accountants and Independent Examiners

Sherringtons Accountants

Chartered Certified Accountants and Business Advisers

South Building, Upper Farm, Wootton St Lawrence,
Basingstoke, RG23 8PE

Telephone: 01256 336 884

Email: paul@sherringtonandcompany.com



02382 51 55 26



www.fluidmotiontheatre.com



REGISTERED COMPANY NUMBER: 07227917 (England and Wales)
REGISTERED CHARITY NUMBER: 1192793

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
Fluid Motion Theatre Company

Sherringtons
Chartered Certified Accountants
South Building
Upper Farm
Wootton St Lawrence
Basingstoke
Hampshire
RG23 8PE

Fluid Motion Theatre Company

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for the Year Ended 31 March 2025**

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Statement of Financial Activities	4
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**Report of the Trustees
for the Year Ended 31 March 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The company's charitable objects are to advance the arts for public benefit by the promotion in particular, but not exclusively, of the art of drama; and to promote the use of the arts to improve people's mental health or wellbeing.

During the year the company obtained a lease for premises in Totton to provide services for the local community. The company is providing services such as wellbeing courses, youth theatre, and arts and crafts directly from here and linking with other local organisations who are using the space to provide complimentary services such as Barnardos and CAMHS.

Funding

The Trustees would like to acknowledge their appreciation of The Rayne Foundation as a funder. The fund made an award of £15,500 towards the charity's activities in the current financial year.

It is the policy of the company to maintain free reserves at a level which balances our objectives to develop and support services with our need to remain financially stable. The Trustees agree and will work towards acquiring a minimum level of free reserves equating to at least four months of unrestricted expenditure which is considered sufficient to cover management, administration and support costs and to respond to emergency needs which arise from time to time. In addition, there is also a need to designate certain sums from free reserves for anticipated expenditure in the short to medium term. As at the balance sheet date unrestricted reserves stood at £22,884 (2024 - £77,091), of which £5,384 (2024 - £59,591) is held as designated by the Trustees in accordance with the policy above. Where grants are received in respect of a specified project, all income and related expenditure is treated as part of restricted reserves. The accumulated restricted reserves at the balance sheet date were £57,242 (2024- £41,291).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are recruited through an open call out to ensure that we reach a wide and diverse audience. Applicants have to formally apply by either written or video application together with a curriculum vitae. Applicants are selected in conjunction with the aims of the charity and their suitability to fit the roles that we require to be filled. The selected applicant is then invited to have an informal meeting with the Chair of Trustees, a Trustee and the Executive and Artistic Director. Following this meeting if the applicant deems suitable they are then invited to attend a board meeting as an observer. The current Board then discuss whether they wish to invite the applicant to join the Board and a formal offer is then made subject to relevant checks being carried out successfully.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07227917 (England and Wales)

Registered Charity number

1192793

Registered office

23 Commercial Road
Totton
Southampton
Hampshire
SO40 3BX

**Report of the Trustees
for the Year Ended 31 March 2025**

Trustees

A R Cook (resigned 8.1.25)
E Suanno (resigned 29.4.24)
Dr T Cooper
G M Amos
F G Cox
D Cornick
Z Golding (appointed 7.2.25)
I McNicholas (appointed 6.7.24)

Independent Examiner

Sherringtons
Chartered Certified Accountants
South Building
Upper Farm
Wootton St Lawrence
Basingstoke
Hampshire
RG23 8PE

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 12 June 2025 and signed on its behalf by:

Z Golding - Trustee

**Independent Examiner's Report to the Trustees of
Fluid Motion Theatre Company**

Independent examiner's report to the trustees of Fluid Motion Theatre Company ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Sherrington FCCA

Sherringtons
Chartered Certified Accountants
South Building
Upper Farm
Wootton St Lawrence
Basingstoke
Hampshire
RG23 8PE

12 June 2025

Fluid Motion Theatre Company

**Statement of Financial Activities
for the Year Ended 31 March 2025**

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		7,114	117,531	124,645	150,104
Other trading activities	2	6,660	-	6,660	21,982
Other income		5,425	-	5,425	1,591
Total		<u>19,199</u>	<u>117,531</u>	<u>136,730</u>	<u>173,677</u>
EXPENDITURE ON					
Raising funds		7,569	34,760	42,329	54,262
Other		<u>66,292</u>	<u>66,365</u>	<u>132,657</u>	<u>98,622</u>
Total		<u>73,861</u>	<u>101,125</u>	<u>174,986</u>	<u>152,884</u>
NET INCOME/(EXPENDITURE)		(54,662)	16,406	(38,256)	20,793
Transfers between funds	9	<u>455</u>	<u>(455)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(54,207)	15,951	(38,256)	20,793
RECONCILIATION OF FUNDS					
Total funds brought forward		77,091	41,291	118,382	97,589
TOTAL FUNDS CARRIED FORWARD		<u>22,884</u>	<u>57,242</u>	<u>80,126</u>	<u>118,382</u>

The notes form part of these financial statements

Fluid Motion Theatre Company (Registered number: 07227917)

**Balance Sheet
31 March 2025**

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
CURRENT ASSETS					
Debtors	6	13,264	3,501	16,765	6,091
Prepayments and accrued income		-	7,700	7,700	3,190
Cash at bank		13,622	84,391	98,013	134,603
		<u>26,886</u>	<u>95,592</u>	<u>122,478</u>	<u>143,884</u>
CREDITORS					
Amounts falling due within one year	7	(4,002)	(38,350)	(42,352)	(25,502)
NET CURRENT ASSETS		<u>22,884</u>	<u>57,242</u>	<u>80,126</u>	<u>118,382</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		22,884	57,242	80,126	118,382
NET ASSETS FUNDS	9	<u>22,884</u>	<u>57,242</u>	<u>80,126</u>	<u>118,382</u>
Unrestricted funds:					
General fund				17,500	17,500
Designated fund				5,384	59,591
				<u>22,884</u>	<u>77,091</u>
Restricted funds				57,242	41,291
TOTAL FUNDS				<u>80,126</u>	<u>118,382</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued
31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12 June 2025 and were signed on its behalf by:

Z Golding - Trustee

Fluid Motion Theatre Company

Notes to the Financial Statements for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Sponsorships	-	1,500
Ticket sales	6,160	16,528
Other income	500	3,954
	<u>6,660</u>	<u>21,982</u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

During the year a trustee was reimbursed £171.99 in respect of travel and accommodation expenses for attending a trustee meeting. (2024 - nil)

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
General administration	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	62	150,042	150,104
Other trading activities	21,982	-	21,982
Other income	<u>1,591</u>	<u>-</u>	<u>1,591</u>
Total	<u>23,635</u>	<u>150,042</u>	<u>173,677</u>
EXPENDITURE ON			
Raising funds	8,117	46,145	54,262
Other	<u>226</u>	<u>98,396</u>	<u>98,622</u>
Total	<u>8,343</u>	<u>144,541</u>	<u>152,884</u>
NET INCOME	15,292	5,501	20,793
Transfers between funds	<u>770</u>	<u>(770)</u>	<u>-</u>
Net movement in funds	<u>16,062</u>	<u>4,731</u>	<u>20,793</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	61,029	36,560	97,589
TOTAL FUNDS CARRIED FORWARD	<u><u>77,091</u></u>	<u><u>41,291</u></u>	<u><u>118,382</u></u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Other debtors	11,340	4,500
Tax	<u>5,425</u>	<u>1,591</u>
	<u><u>16,765</u></u>	<u><u>6,091</u></u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Grants received in advance	38,350	21,500
Accrued expenses	<u>4,002</u>	<u>4,002</u>
	<u><u>42,352</u></u>	<u><u>25,502</u></u>

8. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025	2024
	£	£
Within one year	<u><u>12,600</u></u>	<u><u>-</u></u>

9. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	Transfers between funds	At 31.3.25
	£	£	£	£
Unrestricted funds				
General fund	17,500	5,428	(5,428)	17,500
Designated fund	<u>59,591</u>	<u>(60,090)</u>	<u>5,883</u>	<u>5,384</u>
	77,091	(54,662)	455	22,884
Restricted funds				
Restricted fund	41,291	16,406	(455)	57,242
TOTAL FUNDS	<u><u>118,382</u></u>	<u><u>(38,256)</u></u>	<u><u>-</u></u>	<u><u>80,126</u></u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	14,199	(8,771)	5,428
Designated fund	<u>5,000</u>	<u>(65,090)</u>	<u>(60,090)</u>
	19,199	(73,861)	(54,662)
Restricted funds			
Restricted fund	117,531	(101,125)	16,406
TOTAL FUNDS	<u><u>136,730</u></u>	<u><u>(174,986)</u></u>	<u><u>(38,256)</u></u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	14,618	15,292	(12,410)	17,500
Designated fund	<u>46,411</u>	<u>-</u>	<u>13,180</u>	<u>59,591</u>
	61,029	15,292	770	77,091
Restricted funds				
Restricted fund	36,560	5,501	(770)	41,291
TOTAL FUNDS	<u><u>97,589</u></u>	<u><u>20,793</u></u>	<u><u>-</u></u>	<u><u>118,382</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,635	(8,343)	15,292
Restricted funds			
Restricted fund	150,042	(144,541)	5,501
TOTAL FUNDS	<u><u>173,677</u></u>	<u><u>(152,884)</u></u>	<u><u>20,793</u></u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

11. DESIGNATED FUND

The designated fund represents funding that has been allocated to contribute to the hub running costs.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

REGISTERED COMPANY NUMBER: 07227917 (England and Wales)
REGISTERED CHARITY NUMBER: 1192793

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2025
for
Fluid Motion Theatre Company

Sherringtons
Chartered Certified Accountants
South Building
Upper Farm
Wootton St Lawrence
Basingstoke
Hampshire
RG23 8PE

Fluid Motion Theatre Company

**Contents of the Financial Statements
for the Year Ended 31 March 2025**

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**Report of the Trustees
for the Year Ended 31 March 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The company's charitable objects are to advance the arts for public benefit by the promotion in particular, but not exclusively, of the art of drama; and to promote the use of the arts to improve people's mental health or wellbeing.

During the year the company obtained a lease for premises in Totton to provide services for the local community. The company is providing services such as wellbeing courses, youth theatre, and arts and crafts directly from here and linking with other local organisations who are using the space to provide complimentary services such as Barnardos and CAMHS.

Funding

The Trustees would like to acknowledge their appreciation of The Rayne Foundation as a funder. The fund made an award of £15,500 towards the charity's activities in the current financial year.

It is the policy of the company to maintain free reserves at a level which balances our objectives to develop and support services with our need to remain financially stable. The Trustees agree and will work towards acquiring a minimum level of free reserves equating to at least four months of unrestricted expenditure which is considered sufficient to cover management, administration and support costs and to respond to emergency needs which arise from time to time. In addition, there is also a need to designate certain sums from free reserves for anticipated expenditure in the short to medium term. As at the balance sheet date unrestricted reserves stood at £22,884 (2024 - £77,091), of which £5,384 (2024 - £59,591) is held as designated by the Trustees in accordance with the policy above. Where grants are received in respect of a specified project, all income and related expenditure is treated as part of restricted reserves. The accumulated restricted reserves at the balance sheet date were £57,242 (2024- £41,291).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are recruited through an open call out to ensure that we reach a wide and diverse audience. Applicants have to formally apply by either written or video application together with a curriculum vitae. Applicants are selected in conjunction with the aims of the charity and their suitability to fit the roles that we require to be filled. The selected applicant is then invited to have an informal meeting with the Chair of Trustees, a Trustee and the Executive and Artistic Director. Following this meeting if the applicant deems suitable they are then invited to attend a board meeting as an observer. The current Board then discuss whether they wish to invite the applicant to join the Board and a formal offer is then made subject to relevant checks being carried out successfully.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07227917 (England and Wales)

Registered Charity number

1192793

Registered office

23 Commercial Road
Totton
Southampton
Hampshire
SO40 3BX

**Report of the Trustees
for the Year Ended 31 March 2025**

Trustees

A R Cook (resigned 8.1.25)
E Suanno (resigned 29.4.24)
Dr T Cooper
G M Amos
F G Cox
D Cornick
Z Golding (appointed 7.2.25)
I McNicholas (appointed 6.7.24)

Independent Examiner

Sherringtons
Chartered Certified Accountants
South Building
Upper Farm
Wootton St Lawrence
Basingstoke
Hampshire
RG23 8PE

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 12 June 2025 and signed on its behalf by:

Z Golding - Trustee

**Independent Examiner's Report to the Trustees of
Fluid Motion Theatre Company**

Independent examiner's report to the trustees of Fluid Motion Theatre Company ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Sherrington FCCA

Sherringtons
Chartered Certified Accountants
South Building
Upper Farm
Wootton St Lawrence
Basingstoke
Hampshire
RG23 8PE

12 June 2025

Fluid Motion Theatre Company

**Statement of Financial Activities
for the Year Ended 31 March 2025**

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		7,114	117,531	124,645	150,104
Other trading activities	2	6,660	-	6,660	21,982
Other income		5,425	-	5,425	1,591
Total		<u>19,199</u>	<u>117,531</u>	<u>136,730</u>	<u>173,677</u>
EXPENDITURE ON					
Raising funds		7,569	34,760	42,329	54,262
Other		<u>66,292</u>	<u>66,365</u>	<u>132,657</u>	<u>98,622</u>
Total		<u>73,861</u>	<u>101,125</u>	<u>174,986</u>	<u>152,884</u>
NET INCOME/(EXPENDITURE)		(54,662)	16,406	(38,256)	20,793
Transfers between funds	9	<u>455</u>	<u>(455)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(54,207)	15,951	(38,256)	20,793
RECONCILIATION OF FUNDS					
Total funds brought forward		77,091	41,291	118,382	97,589
TOTAL FUNDS CARRIED FORWARD		<u>22,884</u>	<u>57,242</u>	<u>80,126</u>	<u>118,382</u>

The notes form part of these financial statements

Fluid Motion Theatre Company (Registered number: 07227917)

**Balance Sheet
31 March 2025**

	Notes	Unrestricted funds £	Restricted fund £	2025 Total funds £	2024 Total funds £
CURRENT ASSETS					
Debtors	6	13,264	3,501	16,765	6,091
Prepayments and accrued income		-	7,700	7,700	3,190
Cash at bank		13,622	84,391	98,013	134,603
		<u>26,886</u>	<u>95,592</u>	<u>122,478</u>	<u>143,884</u>
CREDITORS					
Amounts falling due within one year	7	(4,002)	(38,350)	(42,352)	(25,502)
NET CURRENT ASSETS		<u>22,884</u>	<u>57,242</u>	<u>80,126</u>	<u>118,382</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		22,884	57,242	80,126	118,382
NET ASSETS FUNDS	9	<u>22,884</u>	<u>57,242</u>	<u>80,126</u>	<u>118,382</u>
Unrestricted funds:					
General fund				17,500	17,500
Designated fund				5,384	59,591
				<u>22,884</u>	<u>77,091</u>
Restricted funds				57,242	41,291
TOTAL FUNDS				<u>80,126</u>	<u>118,382</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued
31 March 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12 June 2025 and were signed on its behalf by:

Z Golding - Trustee

Fluid Motion Theatre Company

Notes to the Financial Statements for the Year Ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Sponsorships	-	1,500
Ticket sales	6,160	16,528
Other income	500	3,954
	<u>6,660</u>	<u>21,982</u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

During the year a trustee was reimbursed £171.99 in respect of travel and accommodation expenses for attending a trustee meeting. (2024 - nil)

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2025	2024
General administration	<u>4</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	62	150,042	150,104
Other trading activities	21,982	-	21,982
Other income	<u>1,591</u>	<u>-</u>	<u>1,591</u>
Total	<u>23,635</u>	<u>150,042</u>	<u>173,677</u>
EXPENDITURE ON			
Raising funds	8,117	46,145	54,262
Other	<u>226</u>	<u>98,396</u>	<u>98,622</u>
Total	<u>8,343</u>	<u>144,541</u>	<u>152,884</u>
NET INCOME	15,292	5,501	20,793
Transfers between funds	<u>770</u>	<u>(770)</u>	<u>-</u>
Net movement in funds	<u>16,062</u>	<u>4,731</u>	<u>20,793</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	61,029	36,560	97,589
TOTAL FUNDS CARRIED FORWARD	<u><u>77,091</u></u>	<u><u>41,291</u></u>	<u><u>118,382</u></u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Other debtors	11,340	4,500
Tax	<u>5,425</u>	<u>1,591</u>
	<u><u>16,765</u></u>	<u><u>6,091</u></u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Grants received in advance	38,350	21,500
Accrued expenses	<u>4,002</u>	<u>4,002</u>
	<u><u>42,352</u></u>	<u><u>25,502</u></u>

8. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025	2024
	£	£
Within one year	<u><u>12,600</u></u>	<u><u>-</u></u>

9. MOVEMENT IN FUNDS

	At 1.4.24	Net movement in funds	Transfers between funds	At 31.3.25
	£	£	£	£
Unrestricted funds				
General fund	17,500	5,428	(5,428)	17,500
Designated fund	<u>59,591</u>	<u>(60,090)</u>	<u>5,883</u>	<u>5,384</u>
	77,091	(54,662)	455	22,884
Restricted funds				
Restricted fund	41,291	16,406	(455)	57,242
TOTAL FUNDS	<u><u>118,382</u></u>	<u><u>(38,256)</u></u>	<u><u>-</u></u>	<u><u>80,126</u></u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	14,199	(8,771)	5,428
Designated fund	<u>5,000</u>	<u>(65,090)</u>	<u>(60,090)</u>
	19,199	(73,861)	(54,662)
Restricted funds			
Restricted fund	117,531	(101,125)	16,406
TOTAL FUNDS	<u><u>136,730</u></u>	<u><u>(174,986)</u></u>	<u><u>(38,256)</u></u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General fund	14,618	15,292	(12,410)	17,500
Designated fund	<u>46,411</u>	<u>-</u>	<u>13,180</u>	<u>59,591</u>
	61,029	15,292	770	77,091
Restricted funds				
Restricted fund	36,560	5,501	(770)	41,291
TOTAL FUNDS	<u><u>97,589</u></u>	<u><u>20,793</u></u>	<u><u>-</u></u>	<u><u>118,382</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,635	(8,343)	15,292
Restricted funds			
Restricted fund	150,042	(144,541)	5,501
TOTAL FUNDS	<u><u>173,677</u></u>	<u><u>(152,884)</u></u>	<u><u>20,793</u></u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

11. DESIGNATED FUND

The designated fund represents funding that has been allocated to contribute to the hub running costs.

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