



Fluid Motion Theatre Company
(A company limited by guarantee)

Report and Financial Statements
From 1st April 2021 Period Start Date
to
31st March 2022 Period End Date

Charity Number: 1192793
Company Number: 07227917

Report from the Chair of Trustees

The fallout from the pandemic has had a devastating effect on mental health across the country making the work of Fluid Motion even more important. I was therefore delighted to see the impact that the Recovery Project had, with young people feeling the positive benefits of the work and being empowered to find the words to express themselves. Similarly, the Gathering Project enabled communities to come together after being forced apart for nearly a year. Fluid Motion continues to expand, with the success of the Take Ten performance piece leading to a National tour which, I am sure, will be the first of many. All in the Mind continues to be successful, with audiences for the festival growing and the company becoming more ambitious in the programming. With many arts organisations struggling to recover after the pandemic, I am proud of the work Fluid Motion have done and am excited to see what the future holds as the company continues to grow in reach and ambition.



Annabel Cook

Objectives and Activities

The objects for which the Company is established are:

To advance the arts for the public benefit by the promotion in particular, but not exclusively, of the art of drama.

About the company:

‘We are Fluid Motion. We use theatre to create happy brains.’

We are facilitators of lightbulb moments, unforgettable experiences that nurture and support people’s mental health. We push the boundaries of how theatre can help make happier brains. We make performances and deliver projects for communities and with them, using their own lives as inspiration. We want as many people as possible to experience the power of theatre and to be wowed by its impact on their wellbeing.

Fluid Motion does this through a creative engagement and touring programme, built around one overarching theme connected to mental health, culminating in the [All in the Mind Festival](#).

The aims, objectives and activities of the charity are reviewed annually within the staff team and with trustees and achievements and learning are assessed and evaluated. This helps inform future plans. When reviewing the aims and objectives of the charity, and in planning future activities, the trustees have complied with the duty in section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission

Achievements and Performance

Fluid Motion successfully delivered Year one, The Resilience Programme, of our brand new three year plan in the shadow of the Covid-19 Pandemic. The Resilience Programme was designed to respond to the challenges people faced as a result of the Pandemic.

The programme was divided into three parts and delivered across the year.

Part 1

‘The Recovery Project’ uses theatre to aid the recovery of young people’s mental health. The project was delivered in secondary schools across the south east of England from April 2021 to July 2021. The project worked with 280 young people across five secondary schools. Each school received four practical, three hour, theatre based workshops, all Covid-19 safe and delivered by specialist youth arts practitioners. The specific workshop themes were Isolation, Loss, Coping and Emergence and the focus was to support the rebuilding of friendships and social engagement following the impact of the Covid-19 pandemic. We know the project gave many young people the opportunity to stop, reflect and process their thoughts and feelings in relation to their experiences of Covid-19 and the project had an important role in providing schools with data to use in highlighting and dealing with mild and moderate mental health problems before they were exacerbated. Data collected showed that on average at the project end only 1 in 5 young people showed levels of low wellbeing, compared to 1 in 3 at the project start showing our intervention had a positive increase on young people’s wellbeing. Additionally 85% of young people said the project had a positive impact on their mental health and 77% said they now feel more able to understand and process their feelings, anxieties, worries and actions.

We conducted a case study of a student in Year 8 who took part in the project. They stated that the project had helped them understand how they were feeling, commenting: 'sometimes you don't actually realise how you are feeling. You don't know because you can't put it into words and sometimes I will be like "I am fine" but I am not fine but I don't know how to tell people. This has just kinda given me the words and the description and how I can show people that I am not actually fine.' We asked the student if they had been given any opportunity to process their thoughts and feelings or if this project was the first time she had been able to do that. They replied: 'This is kind of the first time, cos I think the only other time was when I was at my house and I had just lost someone and I was like, I just cried for like four hours straight and I was like I don't know how to talk about this, how do I talk about this? And now I am actually able to talk about this'.

'The Gathering Project' is a creative community programme designed to respond to societal challenges arising from Covid-19. The project aimed to bring communities back together through theatre to promote community cohesion, resilience and positive health and wellbeing. The project began in May 2021 and finished in March 2022 and worked with 149 adults in six community groups across four Hampshire locations, Basingstoke, Eastleigh, Gosport and the New Forest. The project had a positive impact on the majority of the participants taking part and levels of wellbeing amongst the participants rose as a result. Data showed the project gave many adults the opportunity to stop, reflect and process their thoughts and feelings in relation to their experiences of Covid-19 and the project had an important role in supporting their wellbeing during a challenging time. At the project end only 1 in 13 adults showed levels of low wellbeing, compared to 1 in 2 before the project started. One adult said: 'I needed to do this because I thought that there was nothing left to help me anymore. I have done this today and even though it feels scary at times and theatre isn't my thing at all, I am able to see some sort of clear path through the mist.'

Part 2

Fluid Motion has created auto/biographical performance since our formation in 2010. Between May and August 2021 we created two new pieces of outdoor performance. These were developed using the ideas, responses and stories gathered from participants during part one during delivery of The Recovery Project and The Gathering Project. The first piece 'Listen Up!' is a sound installation made up of five large wooden structures with speakers embedded in them that play the voices and lived experiences of six young people who took part in the Recovery Project. The audio descriptions reflect how Covid-19 impacted the lives of these young people

and includes some of their darkest moments as well as their aspirations and hopes for the future.

The second piece 'Take Ten' was made in collaboration with Lorna Rees of Gobbledegook Theatre and is a performance installation made up of three, colourful swing chairs that encourage audiences to take a moment for themselves to stop and take notice. Our performers, the 'Swing Supervisors', get people to relax in the swing chairs whilst listening to an audio soundscape designed to slow them down. One audience member said: 'Even amongst the sounds around us, you could let yourself relax into the swinging and breathing. I felt myself relax and stop the thousand thoughts whirling around for a moment'.

We successfully premiered 'Listen Up!' and 'Take Ten' at our All in the Mind Festival on 11th September 2021 and then embarked on an eight day tour of East Durham in March 2022, performing in some of England's most deprived areas. Audiences for both pieces reached an audience of around 500 people. 'Take Ten' will go on Fluid Motion's first national tour in April 2022 including dates in Worcester, Devizes, Stoke-on-Trent, Liverpool and Grimsby.

Part 3

All in the Mind is the leading outdoor mental health arts festival in the UK. The festival is a free annual one-day event offering a broad range of music, dance, spoken word and theatre set within the water meadows of the River Loddon in Basingstoke. This family friendly festival inspires and delights audiences of all ages offering multiple ways to have your mind blown! The All in the Mind Festival exists as a platform to celebrate the power of the arts in improving mental health. It gives artists a safe and supportive platform to try out new ideas, share their work and be heard. It makes connections, bringing individuals, families and communities together to take part in something collectively. It inspires people, giving them the opportunity to use the arts in their own lives.

The All in the Mind Festival 2021 took place on Saturday 11th September from 11am - 6pm, with 42 artists performing across eight genres. Total audiences on the day were 4174, a 113% increase in footfall from 2019, our 2020 festival was online due to Covid-19. We live streamed the festival for the first time on our website and Facebook page, giving more people the chance to engage. Feedback was hugely positive, 86% of audiences said they would be 'extremely likely' to recommend the festival to a friend and 97% rating festival quality either 'good' or 'very good'.

Financial Review

Reserves

It is the policy of Fluid Motion Theatre to maintain free reserves at a level which balances our objectives to develop and support services with our need to remain financially stable. The Trustees agree and will work towards acquiring a minimum level of free reserves equating to at least four (4) months of unrestricted expenditure which is considered sufficient to cover management, administration and support costs and to respond to emergency needs which arise from time to time. In addition, there is also a need to designate certain sums from free reserves for anticipated expenditure in the short to medium term.

Amount of Reserves Held

As at 31st March 2022 unrestricted reserves stood at £41,957 of which £27,339 is held as designated by the trustees in accordance with the policy above. Where grants are received in respect of a specified project, all income and related expenditure is treated as part of restricted reserves. The accumulated restricted reserves at the balance sheet date were £133,163

At the point of writing this report there are no uncertainties about the charity continuing as a going concern.

Structure, Governance and Management

Governing Document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are recruited through an open call out to ensure that we reach a wide and diverse audience. Applicants have to formally apply by either written or video application together with a curriculum vitae. Applicants are selected in conjunction with the aims of the charity and their suitability to fit the roles that we require to be filled. The selected applicant is then invited to have an informal meeting with the Chair of Trustees, a Trustee and the Executive and Artistic Director. Following this meeting if the applicant deems suitable they are then invited to attend a board meeting as an observer. The current Board then discusses whether they wish to invite the applicant to join the Board and a formal offer is then made subject to relevant checks being carried out successfully.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Reference and Administrative details

Charity Name: Fluid Motion Theatre Company

Other Name: 'Fluid Motion' and 'Fluid Motion Theatre'

Charity Number: 1192793

First Registered: 15th December 2021

Company First Registered: 19th April 2010

Company Number: 07227917

Charity Registered Address: The Orchard, White Hart Lane, Basingstoke, Hampshire, RG21 4AH

Sail Address: 37 McCartney Walk, Basingstoke, Hampshire, RG22 4NZ

Accountants and Independent Examiners

Sherringtons Accountants, Chartered Certified Accountants and Business Advisers
South Building, Upper Farm, Wootton St Lawrence, Basingstoke, RG23 8PE

Telephone: 01256 336 884

Email: paul@sherringtonandcompany.com

Names of the charity trustees who manage the charity

The Directors of the charitable company Fluid Motion Theatre Company are its trustees for the

purpose of charitable law. The trustees and officers serving during the year and since the year end are below:

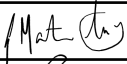
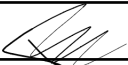
Trustee Name	Office (if any)	Dates acted if not for whole year
G Amos		15th December 2021
F Cox		23rd March 2022
A Cook	Chair	
Dr T Cooper		12th April 2021
E Sparkes		
E Suanno		

Founding Members

AM Gill	Executive Director
LT Johnstone	Artistic Director

Declarations

The trustees declare that they have approved the trustees' report above

Name:	Position:	Signature:	Date:
G Amos	Trustee		10 / 11 / 2022
F Cox	Trustee		10 / 13 / 2022
A Cook	Chair		10/10/2022
Dr T Cooper	Trustee		10 / 12 / 2022
E Sparkes			10/10/2022
E Suanno	Trustee		10 / 10 / 2022

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10:17:32 UTC

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The document has been completed.

REGISTERED COMPANY NUMBER: 07227917 (England and Wales)
REGISTERED CHARITY NUMBER: 1192793

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2022
for
Fluid Motion Theatre Company

Sherringtons
Chartered Certified Accountants
South Building
Upper Farm
Wootton St Lawrence
Basingstoke
Hampshire
RG23 8PE

**Contents of the Financial Statements
for the Year Ended 31 March 2022**

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Fluid Motion Theatre Company

Report of the Trustees for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The company's charitable objects are to advance the arts for the public benefit by the promotion in particular, but not exclusively, of the art of drama.

Funding

The Trustees would like to acknowledge their appreciation of Garfield Weston Foundation as a funder. In the financial year being reported on the foundation awarded a grant of £15,000 to the charity.

It is the policy of the company to maintain free reserves at a level which balances our objectives to develop and support services with our need to remain financially stable. The Trustees agree and will work towards acquiring a minimum level of free reserves equating to at least four months of unrestricted expenditure which is considered sufficient to cover management, administration and support costs and to respond to emergency needs which arise from time to time. In addition, there is also a need to designate certain sums from free reserves for anticipated expenditure in the short to medium term. As at the balance sheet date unrestricted reserves stood at £41,957, of which £27,339 is held as designated by the Trustees in accordance with the policy above. Where grants are received in respect of a specified project, all income and related expenditure is treated as part of restricted reserves. The accumulated restricted reserves at the balance sheet date were £133,163.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are recruited through an open call out to ensure that we reach a wide and diverse audience. Applicants have to formally apply by either written or video application together with a curriculum vitae. Applicants are selected in conjunction with the aims of the charity and their suitability to fit the roles that we require to be filled. The selected applicant is then invited to have an informal meeting with the Chair of Trustees, a Trustee and the Executive and Artistic Director. Following this meeting if the applicant deems suitable they are then invited to attend a board meeting as an observer. The current Board then discuss whether they wish to invite the applicant to join the Board and a formal offer is then made subject to relevant checks being carried out successfully.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07227917 (England and Wales)

Registered Charity number

1192793

Registered office

The Orchard
White Hart Lane
Basingstoke
Hampshire
RG21 4AF

Fluid Motion Theatre Company

**Report of the Trustees
for the Year Ended 31 March 2022**

Trustees

A R Cook

E Suanno

E A Sparkes

Dr T Cooper (appointed 12.4.21)

G M Amos (appointed 15.12.21)

F G Cox (appointed 23.3.22)

Independent Examiner

Sherringtons

Chartered Certified Accountants

South Building

Upper Farm

Wootton St Lawrence

Basingstoke

Hampshire

RG23 8PE

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 14 July 2022 and signed on its behalf by:



A R Cook - Trustee

**Independent Examiner's Report to the Trustees of
Fluid Motion Theatre Company**

Independent examiner's report to the trustees of Fluid Motion Theatre Company ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

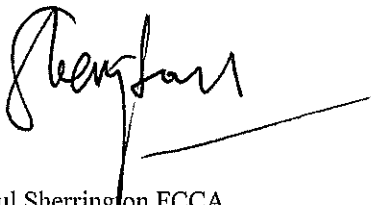
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Sherrington FCCA
Sherringtons
Chartered Certified Accountants
South Building
Upper Farm
Wootton St Lawrence
Basingstoke
Hampshire
RG23 8PE

14 July 2022

Fluid Motion Theatre Company

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		2,491	228,680	231,171	153,985
Other trading activities	2	12,665	-	12,665	12,778
Other income		2,659	-	2,659	-
Total		<u>17,815</u>	<u>228,680</u>	<u>246,495</u>	<u>166,763</u>
EXPENDITURE ON					
Raising funds		7,607	95,585	103,192	32,784
Other		7,604	67,158	74,762	55,401
Total		<u>15,211</u>	<u>162,743</u>	<u>177,954</u>	<u>88,185</u>
NET INCOME		<u>2,604</u>	<u>65,937</u>	<u>68,541</u>	<u>78,578</u>
Transfers between funds	8	10,759	(10,759)	-	-
Net movement in funds		<u>13,363</u>	<u>55,178</u>	<u>68,541</u>	<u>78,578</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		28,594	77,985	106,579	28,001
TOTAL FUNDS CARRIED FORWARD		<u><u>41,957</u></u>	<u><u>133,163</u></u>	<u><u>175,120</u></u>	<u><u>106,579</u></u>

The notes form part of these financial statements

Fluid Motion Theatre Company

Balance Sheet 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
CURRENT ASSETS					
Debtors	6	2,659	25,152	27,811	20,750
Prepayments and accrued income		-	12,000	12,000	-
Cash at bank		43,198	96,011	139,209	85,829
		<u>45,857</u>	<u>133,163</u>	<u>179,020</u>	<u>106,579</u>
CREDITORS					
Amounts falling due within one year	7	(3,900)	-	(3,900)	-
		<u>41,957</u>	<u>133,163</u>	<u>175,120</u>	<u>106,579</u>
NET CURRENT ASSETS					
		<u>41,957</u>	<u>133,163</u>	<u>175,120</u>	<u>106,579</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>41,957</u>	<u>133,163</u>	<u>175,120</u>	<u>106,579</u>
NET ASSETS					
		<u>41,957</u>	<u>133,163</u>	<u>175,120</u>	<u>106,579</u>
FUNDS					
Unrestricted funds:					
General fund	8			14,618	14,618
Designated fund				27,339	13,976
				<u>41,957</u>	<u>28,594</u>
Restricted funds				<u>133,163</u>	<u>77,985</u>
TOTAL FUNDS				<u>175,120</u>	<u>106,579</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Fluid Motion Theatre Company

Balance Sheet - continued
31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 14 July 2022 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'A R Cook', written in a cursive style.

A R Cook - Trustee

Fluid Motion Theatre Company

Notes to the Financial Statements for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Sponsorships	400	8,500
Ticket sales	12,050	-
Other income	215	4,278
	<u>12,665</u>	<u>12,778</u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
General administration	<u>3</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	5,404	148,581	153,985
Other trading activities	<u>5,983</u>	<u>6,795</u>	<u>12,778</u>
Total	11,387	155,376	166,763
 EXPENDITURE ON			
Raising funds	442	32,342	32,784
Other	<u>14</u>	<u>55,387</u>	<u>55,401</u>
Total	456	87,729	88,185
 NET INCOME	<u>10,931</u>	<u>67,647</u>	<u>78,578</u>
Transfers between funds	<u>421</u>	<u>(421)</u>	<u>-</u>
Net movement in funds	11,352	67,226	78,578
 RECONCILIATION OF FUNDS			
Total funds brought forward	17,242	10,759	28,001
 TOTAL FUNDS CARRIED FORWARD	<u><u>28,594</u></u>	<u><u>77,985</u></u>	<u><u>106,579</u></u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other debtors	25,152	20,750
Tax	2,659	-
	<u>27,811</u>	<u>20,750</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Accrued expenses	3,900	-
	<u>3,900</u>	<u>-</u>

8. MOVEMENT IN FUNDS

	At 1.4.21	Net	Transfers	At
	£	movement	between	31.3.22
		in funds	funds	£
		£	£	
Unrestricted funds				
General fund	14,618	2,604	(2,604)	14,618
Designated fund	13,976	-	13,363	27,339
	<u>28,594</u>	<u>2,604</u>	<u>10,759</u>	<u>41,957</u>
Restricted funds				
Restricted fund	77,985	65,937	(10,759)	133,163
	<u>106,579</u>	<u>68,541</u>	<u>-</u>	<u>175,120</u>

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement
	resources	expended	in funds
	£	£	£
Unrestricted funds			
General fund	17,815	(15,211)	2,604
Restricted funds			
Restricted fund	228,680	(162,743)	65,937
	<u>246,495</u>	<u>(177,954)</u>	<u>68,541</u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	14,618	10,931	(10,931)	14,618
Designated fund	2,624	-	11,352	13,976
	<u>17,242</u>	<u>10,931</u>	421	28,594
Restricted funds				
Restricted fund	10,759	67,647	(421)	77,985
	<u>28,001</u>	<u>78,578</u>	<u>-</u>	<u>106,579</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	11,387	(456)	10,931
Restricted funds			
Restricted fund	155,376	(87,729)	67,647
	<u>166,763</u>	<u>(88,185)</u>	<u>78,578</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	14,618	13,535	(13,535)	14,618
Designated fund	2,624	-	24,715	27,339
	<u>17,242</u>	<u>13,535</u>	11,180	41,957
Restricted funds				
Restricted fund	10,759	133,584	(11,180)	133,163
	<u>28,001</u>	<u>147,119</u>	<u>-</u>	<u>175,120</u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,202	(15,667)	13,535
Restricted funds			
Restricted fund	384,056	(250,472)	133,584
TOTAL FUNDS	<u>413,258</u>	<u>(266,139)</u>	<u>147,119</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

Fluid Motion Theatre Company
Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	456	2,154
Grants	229,680	148,581
Workshop fees	1,035	3,250
	231,171	153,985
Other trading activities		
Sponsorships	400	8,500
Ticket sales	12,050	-
Other income	215	4,278
	12,665	12,778
Other income		
TTR tax credit	2,659	-
	246,495	166,763
Total incoming resources		
EXPENDITURE		
Raising donations and legacies		
Insurance	1,733	1,074
Postage and stationery	2,389	126
Sundries	405	39
Advertising and hospitality	12,116	6,768
Travelling	5,292	(81)
Repairs and computer costs	1,089	3,530
	23,024	11,456
Other trading activities		
Artistic materials	1,988	417
Venue hire	1,886	-
Performer fees	67,072	20,911
Sets and props	9,222	-
	80,168	21,328
Other		
Wages	53,834	43,771
Pensions	550	-
Accountancy and bookkeeping	6,900	4,588
Bank charges	-	3
Professional development	193	452
Professional and consultancy fees	12,165	6,587
Storage rental	1,120	-
	74,762	55,401

This page does not form part of the statutory financial statements

Fluid Motion Theatre Company

**Detailed Statement of Financial Activities
for the Year Ended 31 March 2022**

	2022	2021
	£	£
Total resources expended	<u>177,954</u>	<u>88,185</u>
Net income	<u><u>68,541</u></u>	<u><u>78,578</u></u>

REGISTERED COMPANY NUMBER: 07227917 (England and Wales)
REGISTERED CHARITY NUMBER: 1192793

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2022
for
Fluid Motion Theatre Company

Sherringtons
Chartered Certified Accountants
South Building
Upper Farm
Wootton St Lawrence
Basingstoke
Hampshire
RG23 8PE

**Contents of the Financial Statements
for the Year Ended 31 March 2022**

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Balance Sheet	5 to 6
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Detailed Statement of Financial Activities	12 to 13

Fluid Motion Theatre Company

Report of the Trustees for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The company's charitable objects are to advance the arts for the public benefit by the promotion in particular, but not exclusively, of the art of drama.

Funding

The Trustees would like to acknowledge their appreciation of Garfield Weston Foundation as a funder. In the financial year being reported on the foundation awarded a grant of £15,000 to the charity.

It is the policy of the company to maintain free reserves at a level which balances our objectives to develop and support services with our need to remain financially stable. The Trustees agree and will work towards acquiring a minimum level of free reserves equating to at least four months of unrestricted expenditure which is considered sufficient to cover management, administration and support costs and to respond to emergency needs which arise from time to time. In addition, there is also a need to designate certain sums from free reserves for anticipated expenditure in the short to medium term. As at the balance sheet date unrestricted reserves stood at £41,957, of which £27,339 is held as designated by the Trustees in accordance with the policy above. Where grants are received in respect of a specified project, all income and related expenditure is treated as part of restricted reserves. The accumulated restricted reserves at the balance sheet date were £133,163.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Trustees are recruited through an open call out to ensure that we reach a wide and diverse audience. Applicants have to formally apply by either written or video application together with a curriculum vitae. Applicants are selected in conjunction with the aims of the charity and their suitability to fit the roles that we require to be filled. The selected applicant is then invited to have an informal meeting with the Chair of Trustees, a Trustee and the Executive and Artistic Director. Following this meeting if the applicant deems suitable they are then invited to attend a board meeting as an observer. The current Board then discuss whether they wish to invite the applicant to join the Board and a formal offer is then made subject to relevant checks being carried out successfully.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07227917 (England and Wales)

Registered Charity number

1192793

Registered office

The Orchard
White Hart Lane
Basingstoke
Hampshire
RG21 4AF

Fluid Motion Theatre Company

**Report of the Trustees
for the Year Ended 31 March 2022**

Trustees

A R Cook

E Suanno

E A Sparkes

Dr T Cooper (appointed 12.4.21)

G M Amos (appointed 15.12.21)

F G Cox (appointed 23.3.22)

Independent Examiner

Sherringtons

Chartered Certified Accountants

South Building

Upper Farm

Wootton St Lawrence

Basingstoke

Hampshire

RG23 8PE

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 14 July 2022 and signed on its behalf by:



A R Cook - Trustee

**Independent Examiner's Report to the Trustees of
Fluid Motion Theatre Company**

Independent examiner's report to the trustees of Fluid Motion Theatre Company ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

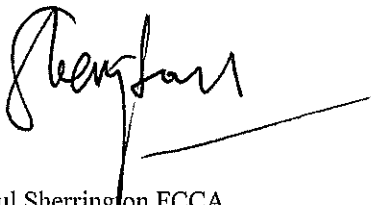
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Sherrington FCCA
Sherringtons
Chartered Certified Accountants
South Building
Upper Farm
Wootton St Lawrence
Basingstoke
Hampshire
RG23 8PE

14 July 2022

Fluid Motion Theatre Company

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		2,491	228,680	231,171	153,985
Other trading activities	2	12,665	-	12,665	12,778
Other income		2,659	-	2,659	-
Total		<u>17,815</u>	<u>228,680</u>	<u>246,495</u>	<u>166,763</u>
EXPENDITURE ON					
Raising funds		7,607	95,585	103,192	32,784
Other		7,604	67,158	74,762	55,401
Total		<u>15,211</u>	<u>162,743</u>	<u>177,954</u>	<u>88,185</u>
NET INCOME		<u>2,604</u>	<u>65,937</u>	<u>68,541</u>	<u>78,578</u>
Transfers between funds	8	10,759	(10,759)	-	-
Net movement in funds		<u>13,363</u>	<u>55,178</u>	<u>68,541</u>	<u>78,578</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		28,594	77,985	106,579	28,001
TOTAL FUNDS CARRIED FORWARD		<u><u>41,957</u></u>	<u><u>133,163</u></u>	<u><u>175,120</u></u>	<u><u>106,579</u></u>

The notes form part of these financial statements

Fluid Motion Theatre Company

Balance Sheet 31 March 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
CURRENT ASSETS					
Debtors	6	2,659	25,152	27,811	20,750
Prepayments and accrued income		-	12,000	12,000	-
Cash at bank		43,198	96,011	139,209	85,829
		<u>45,857</u>	<u>133,163</u>	<u>179,020</u>	<u>106,579</u>
CREDITORS					
Amounts falling due within one year	7	(3,900)	-	(3,900)	-
		<u>41,957</u>	<u>133,163</u>	<u>175,120</u>	<u>106,579</u>
NET CURRENT ASSETS					
		<u>41,957</u>	<u>133,163</u>	<u>175,120</u>	<u>106,579</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>41,957</u>	<u>133,163</u>	<u>175,120</u>	<u>106,579</u>
NET ASSETS					
		<u>41,957</u>	<u>133,163</u>	<u>175,120</u>	<u>106,579</u>
FUNDS					
Unrestricted funds:					
General fund	8			14,618	14,618
Designated fund				27,339	13,976
				<u>41,957</u>	<u>28,594</u>
Restricted funds				<u>133,163</u>	<u>77,985</u>
TOTAL FUNDS				<u>175,120</u>	<u>106,579</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Fluid Motion Theatre Company

Balance Sheet - continued
31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 14 July 2022 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'A R Cook', written in a cursive style.

A R Cook - Trustee

Fluid Motion Theatre Company

Notes to the Financial Statements for the Year Ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Sponsorships	400	8,500
Ticket sales	12,050	-
Other income	215	4,278
	<u>12,665</u>	<u>12,778</u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
General administration	<u>3</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	5,404	148,581	153,985
Other trading activities	<u>5,983</u>	<u>6,795</u>	<u>12,778</u>
Total	11,387	155,376	166,763
 EXPENDITURE ON			
Raising funds	442	32,342	32,784
Other	<u>14</u>	<u>55,387</u>	<u>55,401</u>
Total	456	87,729	88,185
 NET INCOME	10,931	67,647	78,578
 Transfers between funds	<u>421</u>	<u>(421)</u>	<u>-</u>
Net movement in funds	11,352	67,226	78,578
 RECONCILIATION OF FUNDS			
 Total funds brought forward	17,242	10,759	28,001
 TOTAL FUNDS CARRIED FORWARD	<u><u>28,594</u></u>	<u><u>77,985</u></u>	<u><u>106,579</u></u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Other debtors	25,152	20,750
Tax	2,659	-
	<u>27,811</u>	<u>20,750</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Accrued expenses	3,900	-
	<u>3,900</u>	<u>-</u>

8. MOVEMENT IN FUNDS

	At 1.4.21	Net	Transfers	At
	£	movement	between	31.3.22
		in funds	funds	£
		£	£	
Unrestricted funds				
General fund	14,618	2,604	(2,604)	14,618
Designated fund	13,976	-	13,363	27,339
	<u>28,594</u>	<u>2,604</u>	<u>10,759</u>	<u>41,957</u>
Restricted funds				
Restricted fund	77,985	65,937	(10,759)	133,163
	<u>106,579</u>	<u>68,541</u>	<u>-</u>	<u>175,120</u>

Net movement in funds, included in the above are as follows:

	Incoming	Resources	Movement
	resources	expended	in funds
	£	£	£
Unrestricted funds			
General fund	17,815	(15,211)	2,604
Restricted funds			
Restricted fund	228,680	(162,743)	65,937
	<u>246,495</u>	<u>(177,954)</u>	<u>68,541</u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

8. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	14,618	10,931	(10,931)	14,618
Designated fund	2,624	-	11,352	13,976
	<u>17,242</u>	<u>10,931</u>	421	28,594
Restricted funds				
Restricted fund	10,759	67,647	(421)	77,985
	<u>28,001</u>	<u>78,578</u>	-	<u>106,579</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	11,387	(456)	10,931
Restricted funds			
Restricted fund	155,376	(87,729)	67,647
	<u>166,763</u>	<u>(88,185)</u>	<u>78,578</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
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General fund	14,618	13,535	(13,535)	14,618
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	<u>17,242</u>	<u>13,535</u>	11,180	41,957
Restricted funds				
Restricted fund	10,759	133,584	(11,180)	133,163
	<u>28,001</u>	<u>147,119</u>	-	<u>175,120</u>

Fluid Motion Theatre Company

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	29,202	(15,667)	13,535
Restricted funds			
Restricted fund	384,056	(250,472)	133,584
TOTAL FUNDS	<u>413,258</u>	<u>(266,139)</u>	<u>147,119</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

Fluid Motion Theatre Company
Detailed Statement of Financial Activities
for the Year Ended 31 March 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	456	2,154
Grants	229,680	148,581
Workshop fees	1,035	3,250
	231,171	153,985
Other trading activities		
Sponsorships	400	8,500
Ticket sales	12,050	-
Other income	215	4,278
	12,665	12,778
Other income		
TTR tax credit	2,659	-
	246,495	166,763
Total incoming resources		
EXPENDITURE		
Raising donations and legacies		
Insurance	1,733	1,074
Postage and stationery	2,389	126
Sundries	405	39
Advertising and hospitality	12,116	6,768
Travelling	5,292	(81)
Repairs and computer costs	1,089	3,530
	23,024	11,456
Other trading activities		
Artistic materials	1,988	417
Venue hire	1,886	-
Performer fees	67,072	20,911
Sets and props	9,222	-
	80,168	21,328
Other		
Wages	53,834	43,771
Pensions	550	-
Accountancy and bookkeeping	6,900	4,588
Bank charges	-	3
Professional development	193	452
Professional and consultancy fees	12,165	6,587
Storage rental	1,120	-
	74,762	55,401

This page does not form part of the statutory financial statements

Fluid Motion Theatre Company

**Detailed Statement of Financial Activities
for the Year Ended 31 March 2022**

	2022	2021
	£	£
Total resources expended	<u>177,954</u>	<u>88,185</u>
Net income	<u><u>68,541</u></u>	<u><u>78,578</u></u>

