Trustees' Annual Report for the period

	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	14	12	20	To	03	04	22

Section A Reference and administration details

Charity name	The Haigh Foundation
Other names charity is known by	Minds Flight
Registered charity number (if any)	1192767
Charity's principal address	61 Bridge Street, Kington. England.
Postcode	HR5 3DJ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Lisa Haigh			
2	Emily Haigh			
3	Andrew Haigh	Chair		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Foundation
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	AGM

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

FOR THE PUBLIC BENEFIT, TO RELIEVE THE NEEDS OF PERSONS WITH A LIFE-THREATENING OR LIFE-LIMITING CONDITION, AND THEIR FAMILIES, CLOSE RELATIVES, SPOUSES, PARTNERS AND CARERS THROUGH THE PROVISION OF GRANT FUNDING TO BE USED TOWARDS A SHORT-TEAM RETREAT, HOLIDAY OR ACTIVITY.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

During the COVID-19 Pandemic, provision of signposting and support was provided to those in need.

Through the project named Minds Flight support was provided through online platforms to those with life-limiting conditions. It also undertook research to find out the needs and wants of potential participants and recipients of future grants.

Signposting to resources helpful to those with life-limiting conditions and their carers, family members, as well as signposting to other charities who could provide short-term accommodation or breaks away.

The charity focused also on members of the armed forces and blue light services.

The charity made small grants for individuals and other registered charities.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

Since our start in 2020, we have been providing support to people online and by telephone. This also included people from many other countries.

"Thank you so much for reaching out to me. It truly means the world." (Sarah from Canada)

Mostly, those we have helped needed support by just being there to communicate with and listen either through social media or on the phone. Being able to refer, signpost or give ideas on how they can access time out activities or other support.

Over 1800 people engaged through social media platforms for Minds Flight and around 1500 people through the website. We had readers from the following countries:
United Kingdom, Indonesia, United States, Germany, Canada, Türkiye, China, France, Hong Kong.

We provided confidential service to veterans and members of the armed forces.

"Thank you for your kind words of support its good to talk to someone who also suffers seizures themselves." (Person from Wales)

The Haigh Foundation signed the Armed Forces Covenant in 2021 to show our commitment to the armed forces community and their carers and young carers. We are delighted to have received the Bronze award from the Ministry of Defence Recognition Scheme.

We provided time out activities and assisted other charities and organisations including members of parliament with life-limiting conditions who needed support.

We started to provide support, signposting to NHS frontline workers and blue light services, especially those suffering from PTSD, Trauma and fatigue.

We were able to signpost over 47 people to be able to book free breaks away for carers.

Provided confidential support directly to those who have felt to have fallen through the cracks of the healthcare system.

Our research during this period to find out exactly what people wanted by way of time out or activities, breaks away and support, we hope to include and adapt our approach in the coming years.

Section E Financial review

Brief statement of the charity's policy on reserves	The Haigh Foundation has very little financial overheads and enough reserves for the coming year.
Details of any funds materially in deficit	N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about: • the charity's principal sources of funds (including any fundraising); • how expenditure has supported the key objectives of the charity; • investment policy and objectives including any ethical investment policy adopted.	N/A During this period we had opened a bank account but were unable to withdraw funds and the bank continued to charge for the account. It was not possible during COVID-19 to collect cash so we did not raise funds until this situation was resolved. We did receive an apology from the bank and all our bank charges returned later after this reporting period. We moved banks.

Section F Other optional information

N/A

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	A Haigh	
Full name(s)	Andrew Haigh	Lisa Haigh
Position (eg Secretary, Chair, etc)	Chair	Trustee
Date	01/01/23	



Receipts and Payments Accounts

Charity name: The Haigh Foundation

Charity number (if any): 1 1 9 2 7 6 7

For the period from (start date): 1 4 1 2 2 0 to (end date): 0 3 0 4 2 2

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	202	Nil	Nil	202	Nil
Sub total	202	Nil	Nil	202	Nil
A2 Asset and investment sales, etc	Nil	Nil	NII	Nil	Nil
Total receipts	202	Nil	Nil	202	NII
A3 Payments					
Bank Charges	108	Nil	Nil	108	Nil
Sub total	108	Nil	Nil	108	Nil
A4 Asset and investment purchases, etc					
Total payments	108	Nil	Nil	108	Nil
Net of receipts/(payments)	94	Nil	NII	94	Nil
A5 Transfers between funds	Nil	NII	NII	Nil	NII
A6 Cash funds last year end	NII	NIL	NII	NII	NII
Cash funds this year end	94	NII	NII	94	Nil

Section B — Statement of assets and liabilities at the end of the period

B1 Cash funds

Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
After bank charges			
Total cash funds (agree balances with receipts and payments account(s))	94	Nil	Nil

B2 Other monetary assets

Details	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
Nil			

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Nil			

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Nil			

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Nil			

Signed by one or two trustees on behalf of all the trustees

Signature	Print name	Date of approval
A Haigh	Andrew Haigh	1/01/23
	Lisa Haigh	1/01/23