



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From December 10th 2020 To October 31st 2021

Charity name: BEXCEPTIONAL FOUNDATION

Charity registration number: 1192745

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The object of the CIO is: To preserve and protect the mental health and wellbeing of and relieve the needs of women and people who identify as female who have experienced mental health problems due to sexual, emotional, physical or mental abuse.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The main activities to achieve the above purpose and objectives are the provision of: a) grants of financial assistance to access counselling; b) support, activities and opportunities designed to build confidence and raise self-esteem thereby empowering them to establish healthy relationships and live safer happier lives; c) a signposting service to support available from other relevant organisations. In this reporting period the main activities of the charity have been: point a (grants of financial assistance to access counselling) and point c (a signposting service to support available from other relevant organisations.). Point B is an activity that is scheduled for the next reporting period and was unfortunately not safe to undertake during this reporting period due to the ongoing pandemic and changing UK government guidance on covid-19. The trustees acted in accordance with UK government guidance at all times and believed that to keep the beneficiaries and all others involved as safe as possible, it was best to postpone such activities till restrictions were lifted and guidance encouraged such activities again.
Statement confirming whether the trustees have had regard	Para 1.18	At the establishment of the charity (December 2020) the trustees all read and confirmed

to the guidance issued by the Charity Commission on public benefit		understanding of charity commission guidance on running and managing a charity and being a trustee. The guidance is drawn upon when needed, and was a key resource in designing the activities, purpose and delivery of the charity goals.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity has a documented process that is followed for every request for funds for a beneficiary – ensuring that funds are properly allocated and managed. This is clearly communicated to our partner counsellors verbally and in writing, with a signature of understanding and agreement to follow the process obtained before any partner counsellor begins working with the charity. The trustees managing the grants and funds allocated are also all trained on the policy and process, and enact this on an ongoing basis. Where there are challenges (e.g. when funds are running low), there are ‘special circumstance’ clauses that come into place when agreed upon by all three trustees, and are again clearly communicated to all partner counsellors. Written confirmation of understanding is received. The grant making policy requires partner counsellors to submit a completed beneficiary request form, which details: • Basic – yet anonymous – information about the potential beneficiary • Their CORE score (a score used to assess the state of an individual’s mental health) • The presenting symptoms • The understood causes of the symptoms and CORE score and why they meet the criteria to be a beneficiary of the charity • The funding request and number of mental health counselling sessions being requested • Justification for funding request
Policy on social investment including program related investment	Para 1.38	NA
Contribution made by volunteers	Para 1.38	During this reporting period the charity had no volunteers, all voluntary time was undertaken by trustees. This time includes:

		• Managing the website and social media channels • Responding to requests for help from beneficiaries • Managing the partner counsellor team • Agreeing and allocating funds to approved beneficiaries • Regular trustee meetings and review of progress, goals and finances • Working on the growth plan for the charity going forwards This is around 3 hours per trustee per month for the reporting period.
Other		NA

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	In the reporting period the charity had significant achievements against its goals. It is important to note that the charity was incorporated and added to the charity commission in England and Wales on December 10th 2020, the beginning of this reporting period. The first few weeks of the charity's formal existence were spent preparing the charity to be 'launched' publicly. This entailed ensuring the charity had a team of approved and vetted partner counsellors ready to deliver counselling services to beneficiaries, beginning fundraising, creating a functional and attractive website and creating social media and marketing accounts. The charity was publicly 'launched' on January 18th 2021. The reporting period was also during the global pandemic, with two periods of 'lock down', mass public sickness and ever-changing restrictions and government guidance on public behaviour. This had economic and operational impacts on almost all charities in England and Wales. The Bexceptional Foundation was fortunate that our goals could be mostly achieved via remote working, but obvious challenges such as reduced fundraising activities (e.g. no public sporting events for sponsorship) were barriers to achieving as much growth as forecasted. The charity acted in accordance with government guidelines and

		pivoted the approach to ensure the safety of all involved. Despite this, the charity did see many achievements and growth during this reporting period, which the trustees are very proud of. Under main activity a) to provide ‘grants of financial assistance to access counselling;’ the main achievements of the charity in this reporting period are: • Providing quick access to and funding for specialist counselling sessions to 8 beneficiaries. This totalled over 80 counselling sessions. • Providing approved beneficiaries with approval for partially funded counselling, and access to that counsellor, on average within one week. This was while the average waiting time for NHS counselling reported in our beneficiary applications was over 6 months, and in some place over 12 months. • The mental health of these beneficiaries was documented to have improved following the completion of sessions, with their CORE scores reducing (demonstrating improved state of mental health) • Building a team of 11 partner counsellors throughout England who were fully vetted and able to deliver mental health counselling to beneficiaries with partial funding from the charity. Under charity activity c) provide “a signposting service to support available from other relevant organisations”: The charity developed an active social media network, with signposting and sharing of information with other relevant charities in the female mental health space, including Mind, Women’s Aid, Shelter and local women’s aid and refuge charities.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	As above
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Performance of fundraising activities against objectives set	Para 1.41	The charity aimed to raise £4,000 during this reporting period (£5,000 in 2021 calendar year). We were able to raise £3,443. This was – as mentioned above – achieved in a time where fundraising activities were very limited due to national legal restrictions on activities due to the covid-19 pandemic. With this context in mind, the figure raised is strong performance against the overall goal.
Investment performance against objectives	Para 1.41	NA
Other		NA

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	During the reporting period, the charity had a total income of £4,272. The outgoings in this financial period were a total of £4,027 This left the charity at a balance of £245 at the end of the reporting period, with one outstanding liability of £236 to the chair for final repayment of reasonable expenses (operational costs such as telephone contract fee). This was repaid later in the next reporting period (in 2022). The available funds at the end of this reporting period were therefore £245. This was expected as it is normal that in the first year of establishment, especially where there is no public funding nor major endowment or donation to start the charity, there will be 'start-up' costs that are a one off, and will reduce or not be incurred in the future. At the end of the reporting period (September and October 2021) there were multiple ongoing fundraising events and campaigns. As such, there was not a concern for cashflow as the budgeting models that the trustees use each month showed that the incoming fundraising would be greater than the outgoing funds and operational costs. The trustees did, however, review how to reduce operational costs (e.g. website domain, phone contract fee) and look at fundraising strategies for greater income and growth in the next reporting period. The trustees were confident that under their management and with an agile approach the management, the charity would have the ability to grow in income going forward (something that has been achieved throughout 2022).
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	NA
Amount of reserves held	Para 1.22	None
Reasons for holding zero reserves	Para 1.22	During this reporting period, as explained above, the charity was in its first months of operation and the trustees took an agile

		approach to managing incoming funds and outgoing expenses. During this reporting period there was no formal policy for holding reserves. However, the trustees managed and reviewed cashflow and the financial performance every month, and made decisions when needed to invoke a 'special circumstances' clause in the charities policies and processes. This clause prioritises funding and grants to the most high-risk beneficiaries, to reduce outgoings until income is higher. The approach to reserves was reviewed and has been amended for 2022 (the next reporting period).
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	NA

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	NA
Investment policy and objectives including any social investment policy adopted	Para 1.46	NA
A description of the principal risks facing the charity	Para 1.46	NA
Other		NA

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The charity has a foundation model constitution, approved in December 2020 by the Charity Commission of England and Wales.
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	The charity is a CIO.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by existing trustees. A call for new trustees is made by the existing trustees, and applications are received. Following checks to ensure they meet the criteria to be a trustee (section 9,2 in our constitution), an interview will take place. If the applicant is determined suitable the existing trustees will vote on their appointment. All founding 'first' trustees have equal vote and right to appoint new trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Will provide in the next annual report
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Will provide in the next annual report
Relationship with any related parties	Para 1.51	Will provide in the next annual report
Other		NA

Reference and Administrative details

Charity name	Bexceptional Foundation
Other name the charity uses	NA
Registered charity number	1192745

Charity's principal address	Bexceptional Foundation, Box 180 151 Trafalgar Road, Greenwich, London SE10 9TX
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Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rebecca Hall	Chair of Trustees and Founder - remote	Whole year – ongoing	Group decision between three trustees – equal vote
2	Alice Palmer	Trustee - remote	Whole year – ongoing	Group decision between three trustees – equal vote
3	Marina el-Hasni	Trustee remote	Whole year – ongoing	Group decision between three trustees – equal vote
4				

Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	None
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	None

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
None		

Name of chief executive or names of senior staff members (Optional information)

None

Exemptions from disclosure

Reason for non-disclosure of key personnel details

None

Other optional information

None

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>RHALL</i>	
Full name(s)	Rebecca Hall	
Position (eg Secretary, Chair, etc)	Chair of Trustees	
Date	27th August 2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Bexceptional Foundation

1192745

Receipts and payments accounts

For the period
from

12/10/2020

To

10/31/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donations and funds raised	3,443	-	-	3,443
Start up costs loaned	202	-	-	202
Operational costs loaned	627	-	-	627
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	4,272	-	-	4,272
A2 Asset and investment sales, (see table).				
None	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	4,272	-	-	4,272
A3 Payments				
Grants to beneficiaries	1,975	-	-	1,975
Operational costs	716	-	-	716
Reimbursed operational costs	613	-	-	613
Reimbursed start up costs	722	-	-	722
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	4,027	-	-	4,027
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	4,027	-	-	4,027
Net of receipts/(payments)	245	-	-	245
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	245	-	-	245

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds		-	-
		-	-
		-	-
	Total cash funds	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)
	Outstanding expenses to be returned to chair	Unrestricted funds	236
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

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Last year
to the nearest £

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Endowment funds

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Endowment funds

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**Current value
(optional)**

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**Current value
(optional)**

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When due (optional)

**Was paid in reporting
period 21-22**

Date of approval

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