



United African Association

Trustees Report and Accounts for the year
ended 4 July 2022

Registered Charity Number 1192725

Table of Contents

	Page
Charity Information	3
Introduction.....	3
Statement of Trustee	
Responsibilities.....	3
Organisation	3
Objectives and Activities	3
Activities, Achievement and Performance	4
Proceedings	4
Financial Review	14
Plans for Future Periods	14
Statement of Financial Activities	15
Independent Examiner's Report on Accounts.....	16-17

Charity Information

Address: United African Association, Unit F5B, Barratt House, Kingsthorpe Road, Northampton, NN2 6EZ 4EU

Bankers: Barclays Bank, Milton Keynes 2, Leicester, Leicestershire, LE87 2BB

Independent Examiners: Gachau Maina & Co Auditors

Introduction

The Trustees present their report and financial statement for the year ending 4 July 2022. This report is presented in accordance with the Statement of Recommended Practice, "Accounting and Reporting by Charities" (SORP), issued in March 2005.

The Charity is a Charitable Incorporated Organisation (CIO) governed according to the Constitution dated 28 November 2020.

Statement of Trustees' responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity and of the incoming resources and application of resources of the charity for that period.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Organisation

The Trustees are:

- Miss Anne WANKIIRI (chair)
- Mr David KINUTHIA (finance)
- Mr Pedro DUARTE
- Mr Richard DOBSON

- Mr Muchineripi Rwizi

The Members of the CIO are individuals, corporate bodies, or representatives of Organisations that are not incorporated, who undertake to act in good faith to further the purposes of the CIO.

The affairs of the CIO are managed by the Charity Trustees, of which there must be at least three.

Decisions are made by simple majority of votes at a meeting of Trustees or by resolution made in writing or in electronic form and agreed by all Trustees. Induction of Trustees is overseen by the Chair.

Objectives and activities

"The prevention or relief of poverty in Northampton by providing African food parcels, non-food essentials such as personal and household essentials, clothing and other items and services to individuals in need and/or charities, or other organisations working to prevent or relieve poverty.

In exercising their duty, the Charity Trustees have reviewed that all of their activities have due regard to public benefit guidance published by the Commission.

Activities, Achievements and Performance - for the year ending 4th July 2022

- Food parcel project
- Online health sessions - facilitated by NHS medical professionals on health conditions prevalent in the African community e.g. high blood pressure, fibroids, heart disease and diabetes
- Online immigration sessions - immigration advice from registered lawyers
- Self defence sessions for females teens and adults
- Fishing sessions for beginners
- IT sessions for beginners and improvers
- Ladies swimming sessions
- Involvement in Poverty in Northampton report
- Food safety training course - Level 2 Award in Food Safety in Catering
- Community Champions - promoting covid safety, wellbeing programmes and 1-2-1 support
- Community Outreach
- Befriending services
- African drumming and dance
- Wellbeing events incorporating social activities, family fun events, health checks, information, refreshments, music
- Membership of the Equalities Enabler Group (MHLDA ICS Collaborative)
- Immigration Certificate of Sponsorship
- Recruitment of 2 part time staff to manage increased demand for support services

Foodbank

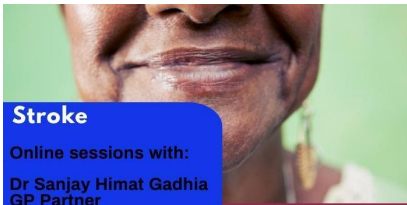
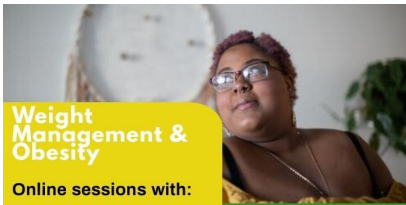
The African foodbank project regularly supplies food parcels to approximately 100 households in Northampton and provided food parcels to over 1500 people during the year.





Online health sessions

A series of zoom health talks was given by medical health professionals by NHS, organised by Northamptonshire Health Foundation Trust (NHFT) in partnership with United African Association. Topics covered included diabetes, GP registration, HIV, Fibroids, Sickle Cell, High Blood Pressure, Mental Health & Covid and Weight Management and Obesity. As well as information through presentation slides there was a question and answer section as well as information for further assistance.

 High Blood Pressure Online sessions with: Dr Toyosi Adeniji BAME Clinical Fellow, GP Registrar What is high blood pressure Causes of high blood pressure Diagnosis Treatment Prevention Zoom Meeting ID: 835 4662 5613 Passcode: 516968	 Stroke Online sessions with: Dr Sanjay Himat Gadhia GP Partner Non-Executive Director Caldicott Guardian Stroke risk factors Types of stroke Effects of stroke Prevention of stroke Stroke Rehabilitation Zoom Meeting ID: 810 5130 6072 Passcode: 347160	 Weight Management & Obesity Online sessions with: Dr Omowunmi Sonubi Safe & sustainable weight loss Setting weight loss targets Making healthier food choices Exercise plans Prevention of weight regain Zoom Meeting ID: 832 0359 9359 Passcode: 360750
Monday 24 January 2022 7pm - 8.30pm Health Inequalities Programme NHS Northamptonshire Healthcare NHS Foundation Trust For info Tel: 07522 111326 www.uaassociation.org/champions	Monday 10 January 2022 7pm - 8.30pm Health Inequalities Programme NHS Northamptonshire Healthcare NHS Foundation Trust For info Tel: 07522 111326 www.uaassociation.org/champions	Monday 13 December 2021 7pm - 8.30pm Health Inequalities Programme NHS Northamptonshire Healthcare NHS Foundation Trust For info Tel: 07522 111326 www.uaassociation.org/champions

Online Immigration Sessions

15 interactive zoom sessions were held with 2 registered immigration lawyers answering questions to a range of immigration related matters. Immigration issues in particular those relating to No Recourse to Public Funds remains one of the most problematic area for our service users.

Self Defence Sessions

In partnership with Northamptonshire Sports and the Frank Bruno we ran some self defence sessions for women and teenage girls.



SELF DEFENCE SESSIONS

For females aged 12+
Saturdays 1pm - 2pm

Venue:
Frank Bruno
Foundation Centre
Walledwell Court
Northampton
NN3 9TW

Childcare Facilities Available

- * Learn self defence techniques
- * Improve fitness
- * Improve confidence
- * £1 per session

For more info
Tel 07932 519532 / 07706 221460
www.uaassociation.org
facebook.com/northamptonuaa

United African Association, Charity No. 1192725

Fishing Sessions for beginners

The United African Association (UAA) worked with the Northampton Nene Angling Club (NNAC) to enable young people aged 8-16 to engage in fishing. NNAC Coaching team provided sessions for culturally diverse communities, disabled people and people with long-term health conditions. They were able to form two teams who had training sessions to enable them to get involved in the Commonwealth fishing event in Birmingham in September 2022



NNAC
FISHING TOGETHER PROJECT

NNAC Coaching team will be putting on 2 days of "Fishing Together," one hour sessions for people from lower socio-economic groups, culturally diverse communities, disabled people and people with long-term health conditions. "This Project has been supported by an award from the Sport England Together Fund. The Fund is administered by the Angling Trust and supported by Sport England."

DATES	VENUE	POST CODE	SESSION TIME
8/10/22	DELAPE LAKES, NORTHAMPTON	NN4 7HW	1.30PM - 4.00PM
25/10/22	ABINGTON PARK LAKE, NORTHAMPTON	NN1 5LW	1.30PM - 4.00PM

We will be working within Covid 19 guidelines and following strict guidance from the Angling Trust
To book your place contact: Coach Sue Galloway by text to mobile

IT Sessions for beginners and improvers

Through a grant from the National Lottery we purchased 8 computers and printers as well as tutor costs for 48 2 hour sessions for beginner and improvers of IT. Topics covered included MS Word, MS Excel, MSPowerPoint, Internet Safety, File Management and Social Media.



Ladies Swimming

Over the year over 80 ladies came to the ladies swimming sessions, with the majority being total beginners. The project which was supposed to run for 12 weeks has been ongoing since June 2021 with new members joining on an ongoing basis.



Involvement in the Poverty in Northampton Report

The United African Association alongside Northampton Hope Centre highlighted "super poverty" amongst mostly BAME and ethnic minority communities in Northampton town. The Poverty in Northampton report may be found [here](#)

Food Safety Training Course

8 participants undertook the Level 2 Award in Food Safety in Catering course provided by North Northamptonshire Council's Adult Learning Dept. The aim was to enable long term unemployed people to set up their own catering businesses.

Community Champions Programme

Working alongside Support Northamptonshire, United African Association was involved in a community champions project promoting covid safety, wellbeing programmes including health checks, referrals to relevant health services, befriending services, physical exercises, and 1-2-1 support. Over 1000 calls were received about covid and wellbeing, 1-2-1 support provided to over 1400 people, 34 wellbeing sessions held with over 700 participants. Covid safety messages reach over 45000 people. Assistance with getting over 350 people vaccinated.



Community Outreach

We continued developing our community outreach programme with Citizens Advice Bureau who offered welfare support to over 200 people and also we referred over 1000 people in need to Citizens Advice for the issuance of Household Support Fund Vouchers.

Befriending Services

We befriend vulnerable and disadvantaged people over the phone. We aim to break social isolation, keep an eye on people's wellbeing and mental health. We want to make them feel like they are not forgotten. We befriend people face to face as well. Usually inviting people to have lunch with us on Saturdays, after Food Bank. We also invite and find transportation for people who want to come to our wellbeing events. We also get referrals from social services and other organisations.



African Drumming

African drumming remained our most popular African cultural activity. As well as regular sessions we were invited to perform at various community events including Diwali Festival, Northampton Carnival, Northampton Music Festival, Knife Angel event and the Jubilee Parade.



Wellbeing Community Events

We organise wellbeing community events on a bi monthly basis. The idea is to bring people together, promote positive relationships and give people a sense of community and belonging. At these events we have music, food, aromatherapy, henna painting, colouring, football, etc.



Membership of the Equalities Enabler Group (MHLDA ICS Collaborative)

We work collaboratively with our local county partners to systematically address health inequalities within and across pathways.

Immigration Certificate of Sponsorship

We are now able to recruit charity workers from outside of the United Kingdom, when it's relevant and necessary

Staff Recruitment

Funding from the National Lottery enabled us to recruit 2 part time staff to assist with our support to the community, dealing with a variety of issues including homelessness, food and fuel poverty, domestic abuse, benefits issues, immigration, modern slavery and exploitation, mental health, physical health and more.

Financial review

We raised £44825.78 during the year. This was from grants and donations. The majority of our income was spend on food items for the foodbank project.

Plans for FY 2022/23

- Increase in food deliveries as a result of cost of living crisis
- Issuing of Household Support Fund vouchers for people in need
- Further fundraising efforts for the foodbank and for additional staff salaries due to increased demand
- Assisting in developing an immigration support programme in partnership with West Northants Council and other partners
- Musical workshops, men's mental health project and football sessions for young people in partnership with Northants Police and Crime Commissioner as part of the Make Northamptonshire Safer project
- Mental health programme in partnership with Northamptonshire Health Foundation Trust(NHFT)
- Healthcare training programme
- Grow, Cook, Eat project - providing opportunities for local 'champions' to access support for growing, cooking and eating healthy foods

Expansion of our African drumming activities



Anne Wankiiri
Chair of Trustees
Jan 2023

Respective responsibilities of trustees and examiner

An independent auditor examined the charity's accounts.



UNITED AFRICAN ASSOCIATION (UAA)

UAA Statement of Financial Activities for year ended 4 July 2022		
INCOME	TOTAL	
Grants	£44,825.78	
Donations	£325.00	
Purchase refunds	£330.36	
Total Income	£45,481.14	
2021 CARRIED FORWARD	£15,672.83	
Total	£61,153.97	
EXPENDITURE	TOTAL	
Groceries for food bank	£23,560.63	
Premises' rent	£7,120.23	
Public Liability Insurance	£117.94	
Fuel Expenses	£1,279.89	
Staff Costs	£11,104.00	
Volunteer expenses	£ 1,250.50	
Utilities	£492.65	
Van maintenance	£165.00	
Telecoms	£553.69	
Printing & Stationery	£165.99	
Charity partner transfer	£2,500.00	
Non food essentials	£1,192.62	
Capital Expenditure	£3,324.47	
Contracting Costs	£1,417.00	
Total	£ 54,244.61	
TOTAL CARRIED FORWARD		



Signed:

Wankiiri

Anne Wankiiri (Chair)

Kinuthia

David Kinuthia (Treasurer)



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

UNITED AFRICAN ASSOCIATION

On accounts for the year
ended

4TH JULY 2022

Charity no
(if any)

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation
of the accounts in accordance with the requirements of the Charities Act
2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have
come to my attention (other than that disclosed below *) in connection with
the examination which gives me cause to believe that in, any material
respect:

- accounting records were not kept in accordance with section 130 of
the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in order to enable a
proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

23/12/2022

Name:

Walter Maina

Relevant professional
qualification(s) or body
(if any):

INSTITUTE OF CERTIFIED PUBLIC
ACCOUNTANTS OF KENYA

Address:

P.O BOX 103645 - 00200

NAIROBI

UNIA



Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

We have audited the accompanying financial statements for United African Association (UAA) as at 4th July 2022 for the activities conducted during the year.

In our opinion, the accompanying financial statements give a true and fair view of the financial position of United African Association (UAA) as at 4th July 2022.

