

BRITISH WEIGHT LIFTING FOUNDATION

England & Wales · Charity number 1192681

Details

Status Registered

Legal form CIO

Registered 2020-12-07

Register [View on the Charity Commission register](#)

Contact

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St. Nicholas Way
Sutton
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Email enquiries@britishweightlifting.org

Website <https://britishweightlifting.org/about/weight-lifting-foundation>

Activities

Objects: THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION AND THE PROMOTION OF GOOD HEALTH FOR THE PUBLIC BENEFIT THROUGH:(1) PROVIDING OR ASSISTING IN THE PROVISION OF FACILITIES FOR THE LIFTING OF WEIGHTS AND OTHER RELATED STRENGTH AND CONDITIONING ACTIVITIES CAPABLE OF IMPROVING PHYSICAL AND MENTAL HEALTH TO SUCH PERSONS WHO HAVE NEED FOR SUCH FACILITIES;(2) MAKING GRANTS TO INDIVIDUALS AND COMMUNITIES TO INCREASE AND SUSTAIN PARTICIPATION IN THE LIFTING OF WEIGHTS AND OTHER RELATED STRENGTH AND CONDITIONING ACTIVITIES; AND(3) PROMOTING PUBLIC PARTICIPATION IN THE LIFTING OF WEIGHTS AND OTHER RELATED STRENGTH AND CONDITIONING ACTIVITIES CAPABLE OF IMPROVING PHYSICAL AND MENTAL HEALTH.

Activities: To promote the art and science of and education in lifting weights; To encourage and advance the education of children and adults within the community with the purpose of promoting a healthy lifestyle and improving their condition of life;To promote community involvement in healthy recreation by providing facilities for the lifting of weights and the playing of other sports and activities capable

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, Disability, Amateur Sport
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£280	£41,340	-	-
2024-03-31	£194	£3,058	-	-
2023-03-31	£21,185	£3,788	-	-
2022-03-31	£131,566	£8,791	-	-

Trustees

Name	Role	Appointed
MARK MARTIN		2020-12-07
MATTHEW FRANCIS CURTAIN		2022-06-01
Rebecca Wainwright		2024-10-07