



MumsUnited

Annual Report 2024

Charity No. 1192570 | Registered Address: Sharrow Community Forum, Old Junior School, South View Road, Sheffield, S71DB

T: 07445911671 | E. mumsunitedsheffield@gmail.com

Contents

05	Chairs Report
06	Community Centre
09	Steel Champs Academy
12	MUSYC • Meals and More • Knives Broken Lives • Breaing Cycle of Violence • Project Serenity
14	SFSC
16	Events
18	Media
21	Accounts



Chairs Report

Figures from the Office of National Statistics (ONS) show that over the last five years the number of offences of violence against the person recorded by South Yorkshire Police has risen sharply by 28.16 per cent, increasing from 44,892 in the year ending June 2019 to 57,534 for the year ending June 2023. The star

Recent figures obtained through a Freedom of Information (FOI) request revealed a concerning surge in knife crime across Sheffield, raising questions about South Yorkshire Police's ability to effectively track and respond. Official data showed a steady rise in violent crime, yet the lack of comprehensive reporting exposed significant gaps in how the police track and address the issue. Yorkshire post

The figures above illustrate that great work is needed to combat youth violence.

Mums United is determined to continue our efforts to create a safe and inclusive space for young people in our community. We believe that by providing them with the support, guidance, and opportunities they need, we can make a significant impact in tackling youth violence and creating a brighter future for our youth.

One of our key strategies in tackling youth violence is through prevention. Positive protective factors and a sense of belonging can deter young people from engaging in harmful activities. Our community centre and gym have become a platform for us to engage and connect with young people, build positive relationships, and provide them with opportunities for personal growth and development.

Through the community centre and gym, we have reached over 2000 people, including young people. This significant achievement would not have been possible without the hard work and dedication of our coordinator, Zahira Hussain, and Mikail and Mercy, who have been integral parts of the team. They have played a vital role in creating a safe and welcoming environment at the community centre and gym, making it a place where young people feel comfortable and supported.

Our work does not end here. We are determined to continue expanding our programmes, reaching more young people in our community, and empowering them to make positive life changes.

At Mums United, we firmly believe that our youth are the leaders of tomorrow, and it is our responsibility to provide them with the support and opportunities they need to thrive. We are committed to creating a future where our young people feel safe, valued, and empowered to impact their communities positively.

We want to thank all our supporters and volunteers who have been part of this journey with us. Your contributions, whether big or small, have made a significant difference in the lives of our youth. Together, we can continue positively impacting and creating a safer and brighter future for our youth.

Sahira Irshad
Chair of Mums United

Community Centre

The community centre has gone from strength to strength; it has become a hub of safety and comfort for many people. One reason the community centre has succeeded is our focus on creating a welcoming and inclusive environment. We have worked hard to ensure that everyone feels welcome and valued in our space regardless of background.

The centre has successfully met the local community’s needs by addressing various issues and providing necessary support and resources. It has improved the lives of individuals and families in the community and created a sense of unity and togetherness. The centre serves as a cornerstone of the community, constantly working towards making a positive impact and improving the quality of life for its residents.

Food Distribution

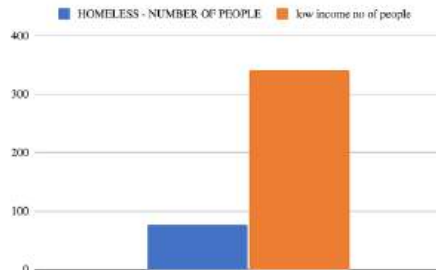
In total, we have provided food for 2879 people.

Here is the breakdown of the figures below:

CO-OP

In total, 418 people have been supported this year through Coop.

Homeless	Total number of people:	77
Low Income	Total number of people:	341

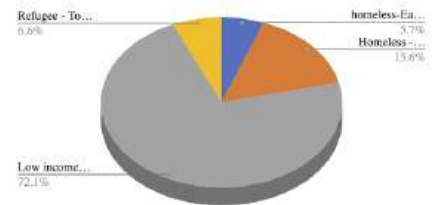


We have partnered with Fairshare, through which we receive weekly donations from Tesco and KFC.

Tesco

A total of 2015 people were supported.

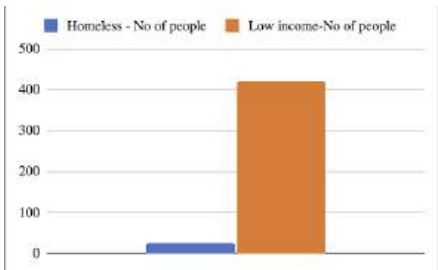
Homeless - Earl marshall	Total number of people:	50
Homeless	Total number of people:	137
Low Income	Total number of people:	1770
Refugee	Total number of people:	58



KFC

We have provided food for 446 people.

Homeless	Total number of people:	25
Low Income	Total number of people:	421



Sheff Food

We are working with Sheff food as part of a city-wide initiative to create a better food system. Mum’s United is dedicated to improving lives holistically and creating inclusive spaces. Our efforts support SheffFood’s key goals of a fairer, healthier, and greener food system for Sheffield, but our offer extends far beyond food. Mum’s United’s focus on food and health is deeply intertwined with our broader efforts to improve wellbeing in Sheffield’s communities. The full article can be found in the media section of this report.



Community Meals

The community centre has played a vital role in bringing the community together through various events and activities. These include holiday celebrations, cultural events, and workshops on topics such as health and nutrition. These events bring joy and a sense of belonging to community members and educate and empower them to lead healthier, more fulfilling lives. We completed the Empowering Communities project, which looked at the nutritional value of foods and budgeting.

This project empowered the participants to develop and redesign our community meals. They volunteered to take the lead in ensuring that nutritious, well-balanced meals are provided every week on a budget.

The centre has met the local community’s needs by providing weekly community meals. We went from providing 17 meals to 60 meals every Wednesday.

The meals provided are for the vulnerable, which include people on low incomes, homeless people, people on low incomes, elderly members of the community, people in recovery, and asylum-seeking families.

The community meal promotes social cohesion and inspires community action. It has brought people together, improved health and well-being, and strengthened the community, making it a better and more inclusive place to live.

The centre has also provided a safe and welcoming space for community members to gather and socialize. This is particularly important for those living alone or with limited social connections. The centre offers a place for people to meet, share a meal, and build relationships with others in the community.



Community Centre *Continued*

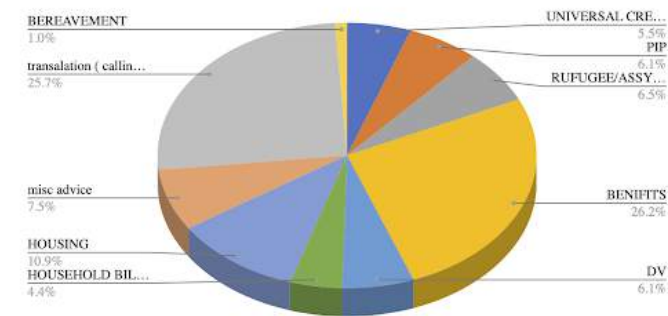
Advocacy and Support

In addition to meals, the centre has offered various support services such as job training, counselling, and assistance finding housing. This has been beneficial for those facing economic challenges or struggling with mental health issues. The centre’s staff and volunteers work closely with community members to understand their specific needs and provide tailored support and resources to help them improve their situations.

The centre has also collaborated with other organisations and businesses in the community to increase its impact and reach. This has allowed for the expansion of services and resources available and has created a strong network of support for community members. We have had 150 people being referred to us.

The total number of people we have supported in advocacy has been 587

UNIVERSAL CREDIT	32
PIP	36
RUFUGEE/AS SYLUM	38
BENIFITS	154
DV	36
HOUSEHOLD BILLS	26
HOUSING	64
misc advice	44
transalation (calling services on behalf/compl eting forms)	151
BEREAVEMENT	6



Compassionate Sheffield

Caroline from the Compassionate Sheffield team recently attended the Mum’s United Community Meal to meet and talk with attendees over lunch. People had the opportunity to talk about life, loss and death and our experiences.

Best Solicitors

Thank you to Kavita Hussain who is a Child Care Solicitor at Best Solicitors for attending at our community centre to provide valuable advice and support on a personable level to vulnerable members of our community. We appreciate the level of support Kavita has provided, she has been inspiring to members of our centre.

Venue hire

We hired our venue space for Mental Health First Aid England to deliver their course, the course was a success.



Community Gym
Steel Champs Academy

Open Day

The opening of our community gym in 2024 was a tremendous achievement and a proud moment for our organisation. It was a day filled with positivity, unity, and hope for the future, and we are grateful to everyone who contributed towards making it a success. It culminated a year of hard work and determination to provide a safe and accessible space for our youth to engage in healthy activities and for the wider community to access gym facilities.

One of the highlights of the gym’s opening day was the attendance on the ITV calendar, which helped to bring attention to the event and our cause. We were also honoured to have professional boxers Amer Khan and Lee Connelly, who are respected figures in the community, attend and show their support for the gym.

We were delighted to have esteemed guests such as MP Abtisam Mohamed, Cllr Safiya Saeed, Leader of the Council Tom Hunt, and the Lord Mayor join us for this special occasion. Their presence was a testament to the importance of the community gym and its positive impact on the community.

The event was also made memorable by the presence of Youth mentor Quinton Milise, a well-known advocate for youth empowerment. The chair and founder spoke about the importance of providing opportunities for young people and how the community gym would help.

Our team organised good music throughout the day to ensure the event was lively and enjoyable. This created a fun and energetic atmosphere, which was appreciated by all who attended.

One of the most significant aspects of the opening day was the speeches by the young people themselves. They were given a platform to share their thoughts and experiences and express their gratitude for the gym and the opportunities it would provide for them. It was heartening to see the positive impact the gym had already made on the youth, even before it officially opened.



Community Gym Steel Champs Academy *Continued*

Youth
Steel City Academy is essential for young people at risk from youth violence because it provides a safe and supportive environment where they can learn valuable boxing skills and techniques. Boxing is an effective form of physical activity that can help regulate emotions and reduce stress and anxiety. By properly channelling their feelings and energy through the sport, these young people can develop healthy coping mechanisms and better manage conflicts.

In addition, the academy promotes discipline, respect, and teamwork, which are essential values for building resilience and self-esteem. Through the structured training and guidance of experienced coaches, young people can see tangible progress and achievements in their boxing skills, which can translate to a sense of accomplishment and boost their self-confidence.

Furthermore, being a part of the academy provides a sense of community and belonging. The young people can form bonds with their teammates and coaches, creating a support system to help them navigate challenges and overcome obstacles. This sense of belonging can also help them feel more connected to their community and less likely to engage



Women only sessions
The community gym has created women-only sessions for those who may feel uncomfortable or intimidated at a mixed-gender gym. Our women-only sessions provide a safe and supportive environment for them to work out in.

By providing a welcoming and inclusive environment, we hope to empower women to take control of their health and well-being. We encourage all women to take advantage of these free sessions and join us in our journey towards a fitter and stronger community.

The workshops include free Zuma, Yoga, and women's boxing classes. These free sessions aim to make exercise and fitness accessible to all women, regardless of their financial status. Everyone should have the opportunity to improve their health and well-being, and these free sessions are our way of promoting inclusivity.

Free Zumba sessions are a great way for women to get their heart rate up, release stress, and have fun. Zumba is a dance fitness class that combines Latin and international music with easy-to-follow dance moves. It is a great way to burn calories and improve cardiovascular health.

Our free Yoga sessions offer women a chance to improve their flexibility, strength, and balance. These sessions are designed for all levels, from beginners to advanced practitioners. Yoga is also known for its stress-relieving benefits, making it an excellent workout for both the body and mind.

Lastly, our free women's boxing classes provide a unique and empowering workout experience. Boxing is a full-body workout that increases strength and endurance and boosts confidence and self-defence skills. These classes suit all fitness levels and are an excellent way for women to build physical and mental strength.

Motivational Speaker – Jah Ilts
Jah Ilts is an influencer and TikToker who recently visited Steel Champs Academy to speak to young people and mothers about his personal journey. His story is one of overcoming immense challenges and working towards a brighter future for himself and those around him.

During his talk, Jah Ilts opened up about his adverse childhood, filled with trauma and struggles. He shared how he faced many hardships, including time spent in prison, which ultimately shaped his perspective on life and the world around him.

One of the key messages Jah Ilts shared with the youth at Steel Champs Academy was about the glorification of violence. Growing up in a challenging environment, he realized the allure of a dangerous and unpredictable lifestyle. However, he also emphasized the harsh realities that come with it, such as getting caught up in the criminal justice system and the constant fear of losing one's life.

Jah Ilts story is one of tragedy and triumph. Despite his challenges, he is now using his platform as an influencer and TikTok to spread positivity and inspire others to break the cycle of violence. He is a living example that it is possible to turn your life around and create a better future for yourself, no matter where you come from or what you have been through.

Jah's visit to Steel Champs Academy was a powerful reminder that it is never too late to make positive changes in one's life and to become a role model for others. By sharing his own personal struggles and experiences, Jah Ilts connected with the academy's youth and mothers and inspired them to make better choices for themselves and their communities.



World Cup Boxing Event 17th-20th January

Thank you to Kathryn Mudge, our young people attended World Boxing 2024. They had a lovely time.



MUSYC

Meals & More

Through Meals & More, we have been able to participate in a variety of enrichment and sports activities at MUSYC. These opportunities have allowed us to explore different interests and hobbies while providing a safe and supportive environment for us to learn and grow.

In the past year, 1078 meals have been served, and over 100 young people have come to the clubs.

One of the activities we enjoyed through Meals & More was the arts and crafts workshops. These workshops have allowed us to express our creativity and learn new skills, such as painting, drawing, and sculpting. We have also had the chance to design our t-shirts, learning about the process of design and development and creating unique designs on t-shirts that we can proudly wear.

During the summer, we ran MUSYC for 30 days straight. We went on trips to the local museum, where we learned about history and culture. We also enjoyed walks by the canals, taking in the beauty of our surroundings. We also had the opportunity to make art jars and paint rocks, which allowed us to express ourselves in a fun and creative way.



- Breaking the cycle of violence**
- Breaking the cycle workshop is for our young people
- A safe space for our youth to get creative
 - Talk about issues that no one wants to talk about
 - Challenge traditional ideas
 - Creating their own identity
 - Youth violence is a symptom
 - We strip back the layers and go back to the root causes Mums United is about
 - Love, Respect, Empowerment, Personal Growth and challenging the status quo

We have started our programme with Violence reduction unit which will be completed in the new year. This is an amazing and important programme for young people focusing on gender based violence -creating safe place for young women and men to talk -get yourself booked know asap aged 14-25

The centre has also provided a safe and welcoming space for community members to gather and socialize. This is particularly important for those living alone or with limited social connections. The centre offers a place for people to meet, share a meal, and build relationships with others in the community.



Project Serenity

Project Serenity aims to benefit more young people at the Youth Club we aim to deliver a range of additional activities that promote positive engagement and personal development among young people. Some activities we would like to provide include sports programs, arts and crafts workshops, mentoring sessions, life skills training, and educational support. Provide a safe and positive environment to engage in and promote their personal social development.

We have supported 178 young people during this project

At Mums United, we firmly believe that prevention is the key to addressing youth violence. We understand that violence among young people is often a result of deeper underlying issues, and we are committed to exploring and addressing these issues.

To create a safer society for our youth, we emphasise the parent-child relationship and its impact on young people’s development. This is why we have trained members of our community in SFSC facilitator training and Young Peoples training. These programmes are essential in tackling youth violence as they tackle the root causes, promote healthy relationships, teach conflict resolution skills, and empower young people. By equipping our community with these valuable skills, we can work together to build a safer and more peaceful environment for our young people.

We have successfully trained 12 parents on the parenting programme and 12 parents/young people on the young persons training.

Our goal to bring this training and embed it within our communities has been achieved.

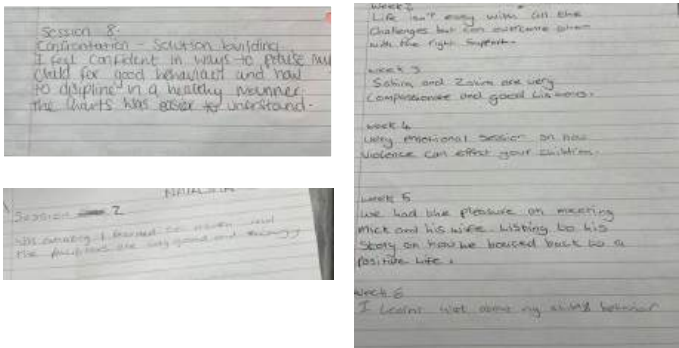
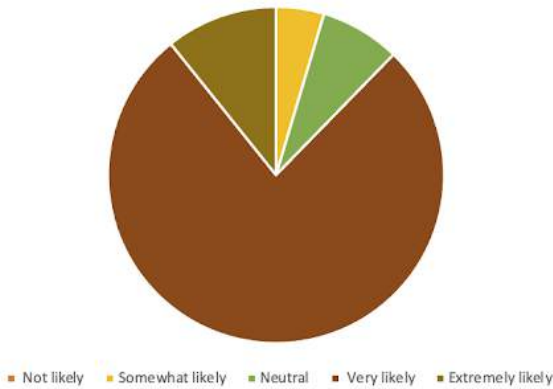
The most significant outcome has been empowering mothers and young people to recognise and address issues related to violence and risky behaviours. By training them to become facilitators, the program has provided a platform for them to raise awareness and lead the conversation on these critical topics within their communities.

Moreover, the programme has also created a sense of ownership among the community members, who have become actively involved in its delivery. This has helped to instil a sense of responsibility and resilience in the communities as they take the lead in addressing the issue of youth violence.

Delivery of the SFSC Parenting programme

We completed 4 SFSC parenting programmes – 62 parents were involved in the SFSC Parenting workshops.

How likely are you to recommend the SFSC 13 week parenting programme to other parents?



What have we learnt

Positive impact on the community: The project has positively impacted the community by providing parents and young people with valuable skills and resources to strengthen family relationships and improve communication and problem-solving skills.

Effective training: The project’s success can be attributed to the practical training provided to the facilitators, which empowered them with the necessary knowledge and skills to deliver the programs successfully.

Strong participation: The number of program participants exceeded initial estimations, showing a strong demand for such programs in the community. This also indicates the effectiveness of the community outreach and promotion strategies used.



Promoting family well-being: The project has successfully promoted family well-being by addressing communication, conflict resolution, and positive discipline techniques. This can lead to improved family dynamics and a more supportive and nurturing environment for children and parents alike.

Encouraging youth involvement: The project’s inclusion of a young people’s program highlights the importance of involving and empowering youth in their family relationships. This can have long-term benefits in promoting positive family dynamics in the future.

Sustainable impact: The project has created a sustainable impact in the community by training facilitators and involving community members. The skills and resources provided can continue to benefit families even after the project has ended.

Addressing root causes of violence: The project has effectively addressed the root causes of violence in the community by promoting positive family relationships and teaching young people healthy ways of resolving conflicts. This can help reduce and prevent future violence and promote a safer and more peaceful community.



Delivery of the SFSC Young Peoples Programme

We delivered 4 SFSC young people programmes in conjunction with the parenting programs and another three separately - the total number of young people involved was 77

The young people’s programme focuses on supporting young people to lead violence-free, healthy lifestyles. The aim of the programme is for young people to explore their identity in order to develop a positive sense of themselves and to promote self-esteem, as well as to explore their relationships with their peers.

The SFSC Young People programme provides young people with the knowledge and skills to navigate their lives positively

and healthily; it helps prevent violence and promote overall well-being. By understanding their identity, building supportive relationships, and developing positive coping strategies, young people can make better decisions and avoid risky behaviours. Additionally, the programme empowers them to recognise and address potential sources of violence in their lives and encourages them to build healthy relationships built on respect and communication. Ultimately, this programme sets young individuals on a healthier and happier future, free from violence.

TESTIMONALS

“The programme was ok, The time went by fast as we were doing different activities, I liked doing the collage, we did a ME board, it made me think about what I want to go, I cut out different pictures that showed where I want to be and where I want to travel.

“The programme was good, it wasn't boring, it has helped me think about the decisions I make when choosing friendship groups.

“The Strengthening Families and Strengthening Communities program has significantly impacted the community by empowering community members and engaging them in addressing issues related to violence and risky behaviours.

Events

Family & youth fun day at UMIK

Mums United held a stall at Umix Family and Youth Fun Day. The volunteers handed out leaflets and engaged in conversations about the different services that the community centre and gym offer. Many were surprised to learn that the sessions offered were free of charge.

The main focus of the stall was to spread awareness about the benefits of utilising the community centre and gym. The volunteers emphasised the importance of being physically and mentally active and how facilities like the gym could significantly contribute to this. They also highlighted that anyone could join, regardless of their age, background or fitness level.

Furthermore, the volunteers also spoke about the sense of community and support that the community centre and gym aimed to provide. Mums United believes in the power of unity and coming together to support and uplift one another, and this was evident in the conversations held at the stall. Many visitors left the stall feeling inspired and motivated to use the facilities and join the community.



Sharrow Festival

At the Sharrow Festival, Mums United showcased our commitment to our community and our dedication to raising awareness on important social issues. Holding a stall at the festival not only allowed us to engage with community members but also gave us the platform to spread our message and educate others.

Our stall was a huge success, and we raised money for the centre through our fun and interactive tombola game. With each participant receiving a small prize, we made the experience enjoyable for everyone while also supporting a worthy cause.

The festival celebrated diverse cultures, and we could join the festivities by dancing to the local music and indulging in delicious

food. Our volunteers enjoyed connecting with community members and spreading positivity and joy.

Aside from having a great time, we had essential conversations with festival-goers about knife crime and county lines. We stressed the importance of prevention and discussed the various services and support that we offer at the centre for those affected by these problems.

Story of Nabila Espianoly

Another successful event hosted -thank you Cllr Zahira Naz for joining us as we listened to the story of Nabila Espianoly from Nazareth. Her story is one of strength and resilience -we thank her for her time and inspiring us.



Media



December 2023
<https://youtu.be/sGQ66hZ-iY0>

November 2024

Article by SHEFF FOOD

The kitchen is often seen as the heart of the home, and for Mumsunitedsheffield , food is an essential part of their mission. Founded by Sahira, a mother of two, the organisation began as a response to youth violence, knife crime, and child exploitation. Recently, Mum’s United partnered with ShefFood as part of a city-wide initiative to create a better food system. They offer services and support in fitness, food assistance, parenting courses, and much more. While food provision is crucial, Mum’s United is dedicated to improving lives holistically and creating inclusive spaces. Their efforts support ShefFood’s key goals of a fairer, healthier, and greener food system for Sheffield, but their offering extends far beyond food.

Read the full article:
<https://sheffood.org.uk/blog/mums-united-building-stronger-communities/>



BBC Radio 5
BBC Radio 5 live invited Mums United to talk about knife crime.

Due to the limited time I was unable to make another point which is that when we recognise and understand how great a problem knife crime and how normalised it has become it is only then that we can tackle the problem-through my experience stronger sentences will not deter the YP, those who are on the periphery of gangs do not care but see prison as a badge of honour -you can agree or disagree but this is what I have seen.

- Prevention is key.
- Knife crime is a symptom.
- Behaviour is learnt.
- Enforce protective factors.
- Invest in our youth services.
- Invest in our youth period.

Link:
<https://youtu.be/xuu5Kr9AOB8?si=jeaqqHRRcZsLRGsK>



Title
Sahira Irshad – chair/founder of ,Mums United took part along with many local community campaigners to talk about her experiences of local campaigns in Sheffield and the relationship to local democracy and governance. The report was publicised In April 2024

The findings of the report can be found in the link below:

Link:
<https://researchforaction.uk/democratising-governance-report>



Trustees' Report and Accounts
for the year ended 30 Novemeber 2024

Charity no: 1192570

MUMS UNITED**CONTENTS**

- 23 Legal and administration information
- 24-25 Reports of trustees and directors
- 26 Statements of financial activities
- 27 Balance Sheet
- 28 Notes part of the financial Statements

MUMS UNITED

Legal and administrative information

Trustees

- | | |
|-------------------------------|-----------|
| 1 Sahira Irshad | (Chair) |
| 2 Galandou David Okede Ejegwa | (Trustee) |
| 3 Chloe Blood | (Trustee) |

Registered Office

SHARROW COMMUNITY FORUM
SOUTH VIEW ROAD
SHEFFIELD
S7 1DB

MUMS UNITED

Reports of the Trustees for the year ended 30 November 2024

Mums United is a constituted by a registered Charity No: - 1192570

Objectives

Mums United is a registered charity which started 4 years ago as a community group. I am pleased to say that we have grown from a group of 6 to 80, targeting areas in Sheffield for outreach, engagement and intervention work that are characterised as the most deprived LSOAs (lower-layer super output areas) by the Government in its Index of Multiple Deprivation. These areas are Burngreave, Spital Hill, Heeley, Netheredge, Sharrow, and Wicker.

Achievements and performance

Our Mission Statement is to listen, engage, act, raise awareness and never give up hope for our members. We provide grassroots solutions to the rise in youth violence, in knife and gun crime and child drug exploitation. For the past three years, our dedicated membership of volunteers and professionals have been campaigning for greater action on rising crime among some young people in some of the most deprived communities in the city of Sheffield. We believe that the solutions to the problems that afflict our communities must come from the communities themselves. Our work has been recognised nationally as we have been recognised as the 1749th "Point of Light" organisation across the UK.

In order to address this we have been creating positive pathways for young people, mothers whose voice is rarely heard and when is heard no one listens. We need to empower our communities, build strength and resilience from within so that we can ensure our children will grow into healthy ambitious adults

In the past financial year we have continued to raise awareness about the impact of youth violence, we have continued to grow as a charity, we have increased our group membership and have mothers from different cultural diverse backgrounds engaging and participating in our work. It is this diversity that gives us the strength in changing the narrative for our members.

Our impact is illustrated through the projects we have carried out, our process works because we are mothers who have “lived experiences”, our trauma informed approach focus on prevention, we look at the outcomes, which is youth violence but also ensure that the other side of the spectrum is focused on, how young people change their trajectory towards gangs, we ensure protective factors are in place so that the young people know there is a safe place for them to come. Activities delivered include:

- Engaging young people in sport and culture as a means for self-expression to counter the rise in youth violence
- Focusing on the well being, building confidence and resilience of young people
- Creating projects where mothers and young people can engage in safe open dialogue
- Supporting positive change in the wellbeing of young people and adults who are at risk.
- Focusing on the wellbeing of mothers, identifying the trauma and working with mothers to find the power in them to enable change to take place
- The Charitable Bank has brought into focus the poverty that exists and the vulnerabilities of families, how their vulnerabilities are exploited by local gangs. Through the Charitable bank we not only focuses on providing food, we provide clothes and toys to vulnerable families and individuals. It is also a place where young people and mothers can develop their business and administrative skills

We would like to thank our funders : South Yorkshire Foundation , National lottery, Graves Trust, SWC-Scurrah Wainwright Charity, Sharrow Community Forum, Magic grants, Sheffield City Council for funding our projects . Thank you to all the mothers and the young people who have come to the clubs, local schools who have supported the charitable bank and our projects, our mentors who deliver the workshops.

I would like you to come and join us in 2024 as this is going to be a year where we are looking to expand Mums United to provide a whole range of services that meet an identified need for our members.

Risk Management

The Trustees actively review the major risks, which the charity faces on regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the events of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Trustees’ Responsibilities in relation to the financial statements

The Trustees’ are required by charity commission to prepare financial statements for each financial year

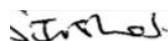
- a) Select suitable accounting policies and apply them consistently
- b) Make judgements and estimates that are reasonable and prudent
- c) State whether the policies adopted are in accordance with the Charity Act
- d) Prepare the financial statements on going concern basis unless it is inappropriate to assume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records, which disclose with

Approval

This report was approved by the trustees on 10th September 2025 and signed on its behalf.

Chair - Sahira Irshad



MUMS UNITED

Statements of financial activities for the year ended 30 November 2024

	2024	2023
Income & Expenditure		
Restricted	69,754	78,716
Unrestricted	13,749	20,347
	<u>83,503</u>	<u>99,063</u>
Resources expenses		
Food Package	2,164	907
Repairs and maintenance	3,698	41,906
Rates	3,145	557
Charitable donations	4,985	2,186
Training seminars	8,663	7,734
Printing	4,294	3,295
Rent	14,400	9,600
Light and heat	6,106	2,446
Subscriptions	1,146	1,045
Other office costs	433	1,454
Vehicle running costs	-	135
Insurance	-	514
Advertsing	2,964	3,604
Website costs	-	20
Event management & equipment	3,670	3,528
Accounting fee	250	250
Professional fee	219	-
Wages and salaries	26,255	22,992
Travel Expense	2,655	3,836
Volunteers expenses	-	35
Cleaning	335	-
Sundry Expense	2,646	1,464
	<u>88,028</u>	<u>107,506</u>
Total resources expenses		
Net income from resources	(4,525)	(8,442)
less - depreciation	2,444	2,003
	<u>(6,970)</u>	<u>(10,446)</u>
bal b/f	27,067	37,513
bal c/f	<u>20,098</u>	<u>27,067</u>

MUMS UNITED

Balance Sheet as at 30 November 2024

	NOTE	2024 £	2023 £
Fixed assets	1	12,151	8,014
Current assets	2	9,730	19,613
less - current liabilities	3	(591)	1,300
Net Current Assets		<u>10,321</u>	<u>18,313</u>
Net Assets		<u>22,472</u>	<u>26,326</u>
Capital account	4	(6,970)	(10,446)
Profit and loss Account	5	<u>27,067</u>	<u>37,513</u>
Shareholder's Funds		<u>20,098</u>	<u>27,067</u>

MUMS UNITED

Notes to balance sheet as at 30 November 2024

	Fixtures & Fittings	Computer Equipment	Total
1 FIXED ASSETS			
Cost			
As at 1 December 2023	9,857	531	10,388
Additions	4,208	-	4,208
As at 30 November 2024	<u>14,065</u>	<u>531</u>	<u>14,596</u>
Depreciation			
As at 1 December 2023	2,183	191	2,374
Provided during the period	2,376	68	2,444
As at 30 November 2024	<u>2,376</u>	<u>68</u>	<u>2,444</u>
Net Book Value			
As at 30 November 2024	<u>11,689</u>	<u>463</u>	<u>12,151</u>
As at 1 December 2023	<u>7,674</u>	<u>340</u>	<u>8,014</u>
2 CURRENT ASSETS	2024	2023	
Cash at Bank	5,250	19,584	
Cash in Hand	4,480	29	
	<u>9,730</u>	<u>19,613</u>	
3 CURRENT LIABILITIES			
Other creditors	1,550	1,300	
Other taxes and social security	(2,141)	(742)	
	<u>(591)</u>	<u>558</u>	
4 CAPITAL ACCOUNT & Equity			
Bal b/f	27,067	37,513	
	(6,970)	(10,446)	
5 Profit and loss Account			
	<u>20,098</u>	<u>27,067</u>	



Report to the trustees/
members of

Mums United

On accounts for the
year ended
Charity No

30 November 2024
1192570

Set out on pages

21 to 28

Responsibilities and basis of report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 10/09/2024.

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed

N Qureshi

Name

Nisar Qureshi

Relevant professional qualification

ICAEW

Address:

Unit 9 Twelve o'clock court
21 Attercliffe Road
Sheffield
S4 7WW

