



**mums
united**

ANNUAL REPORT 2021



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Chairs Report

Mums United is a registered charity which started 3 years ago as a community group. I am pleased to say that we have grown from a group of 6 to 80, targeting areas in Sheffield for outreach, engagement and intervention work that are characterised as the most deprived LSOAs (Lower-layer Super Output Areas) by the Government in its Index of Multiple Deprivation. These areas are Burngreave, Spital Hill, Heeley, Netheredge, Sharrow, and Wicker. Our Mission Statement is to listen, engage, act, raise awareness and never give up hope for our members.

We provide grassroots solutions to the rise in youth violence, in knife and gun crime and child drug exploitation. For the past three years, our dedicated membership of volunteers and professionals have been campaigning for greater action on rising crime among some young people in some of the most deprived communities in the city of Sheffield. We believe that the solutions to the problems that afflict our communities must come from the communities themselves. Our work has been recognised nationally as we have been recognised as the 1749th “Point of Light” organisation across the UK.

This year alone there have been over 13 stabbings in Sheffield and over 18 shootings. Sheffield has been labelled as one of 21 ‘violence hotspots’. In order to address this we have been creating positive pathways for young people, mothers whose voice is rarely heard and when is heard no one listens. We need to empower our communities, build strength and resilience from within so that we can ensure our children will grow into healthy ambitious adults.

In the past financial year we have continued to raise awareness about the impact of youth violence, we have continued to grow as a charity, we have increased our group membership and have mothers from different cultural diverse backgrounds engaging and participating in our work. It is this diversity that gives us the strength in changing the narrative.

Our impact is illustrated through the projects we have carried out, our process works because we are mothers who have “lived experiences”, our trauma informed approach focus on prevention, we look at the outcomes, which is youth violence but also ensure that the other side of the spectrum is focused on, how young people change their trajectory towards gangs, we ensure protective factors are in place so that the young people know there is a safe place for them to come. Activities delivered include:

- Engaging young people in sport and culture as a means for self-expression to counter the rise in youth violence
- Focusing on the well being, building confidence and resilience of young people
- Creating projects where mothers and young people can engage in safe open dialogue
- Supporting positive change in the wellbeing of young people and adults who are at risk.
- Focusing on the wellbeing of mothers, identifying the trauma and working with mothers to find the power in them to enable change to take place
- The Charitable Bank has brought into focus the poverty that exists and the vulnerabilities of families, how their vulnerabilities are exploited by local gangs. Through the Charitable bank we not only focuses on providing food, we provide clothes and toys to vulnerable families and individuals. It is also a place where young people and mothers can develop their business and administrative skills

We would like to thank our funders: South Yorkshire Foundation, National lottery, Graves Trust, SWC-Scurrah Wainwright Charity, Sharrow Community Forum, Magic grants, Sheffield City Council for funding our projects .

Thank you to all the mothers and the young people who have come to the clubs, local schools who have supported the charitable bank and our projects, our mentors who deliver the workshops. I would like you to come and join us in 2022 as this is going to be a year where we are looking to expand Mums United to provide a whole range of services that meet an identified need for our members.

Sahira Irshad



About us

Mums United is a Charity based in Sheffield tackling the rise of youth violence and child drug exploitation, our focus is on making our community a safer, better place for our families. Our aim is to LEARN

Goals

To raise awareness and campaign about the rise in youth violence Protect our young from the gangs by focusing on self esteem/ confidence and building resilience.

- Provide support for mothers
- Focus on trauma informed approach
- Attention to the ever-worsening knife and gun crime pandemic
- To provide education to parents and children on how to stay safe and recognise gang-related activity
- Create safe space and transparency so that we can hold open, honest conversation with our community

Ongoing Projects

- Power In Me
- MUSYC (Mums United Sheffield Youth Clubs)
- Mums United Charitable Bank
- Campaigning for a safer environment for our youth

Trustees

- Sahira Irshad
- Dr Shahd Salha
- Chloe Bloos





Projects 2021

Power in me

As the world learnt to adapt and live alongside Covid Mums United continue to provide online services to mothers and young people. We have been running the ‘Power in Me’ workshops every week since 2020 engaging with mothers who are still unable to come to workshops and are vulnerable. The strength in Power in me lies with the mothers who lead the sessions, we draw strength from each other, from the stories that we narrate to tackle youth violence, we provide a safe space for mothers to speak their truth and narrate their stories from their values and cultural practices. it is through our stories we find the strength and realise that we have the power in us to determine our path and have the strength to tackle the dangers of youth violence, it has made us recognise that youth violence has many different layers and helps us focus on what responsibility do we have as mothers.



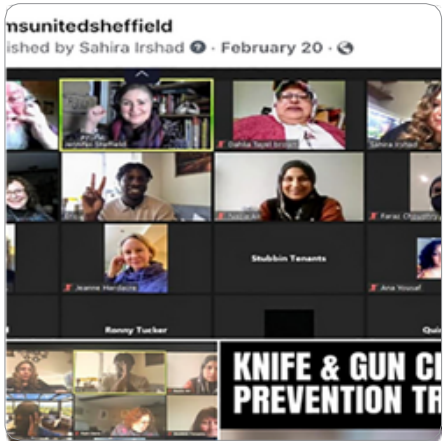
Sheffield Wednesday Football community programme

We have continued to work with SWFC at Landsdown, every week engaging with the young people building confidence and resilience



knife and Gun Crime Prevention Training

Following incidents of youth violence in the local area we engaged with the 2020 Dreams to deliver a knife and gun crime prevention training in order to raise awareness regarding county lines, gangs and the importance of community cohesion. Over 40 community members came online, the session enabled everyone to feel connected and helped gain an insight in the complexities that surround the gang culture



Christmas Appeal for Vulnerable families

At the beginning of the financial year we collaborated with local community organisation to ensure vulnerable children received Christmas presents. We collaborated with Sharrow Community forum and Joy Bank to ensure over 400 presents were distributed to the vulnerable. Local volunteers from the community helped with the distribution





Projects 2021 continued

Providing activity packs for the vulnerable

February 2021 -Mums United continued to support low income based families, with basic stationary and craft packs in order ensure the young people would enage and help their well being, ach pack consisted of different activities. Over 200 packs were distributed



Online Games Workshop

February - March 2021
Mums united collaborated with Sheffield Wednesday football club to continue online games workshops. 15 young people would attend the sessions once a week. These workshops proved to be popular with the young people as they engaged in conversations relating to online safety, the dangers of gaming, knife crime. The workshops enabled friends to meet online and play online games safely.



Arabic Classes

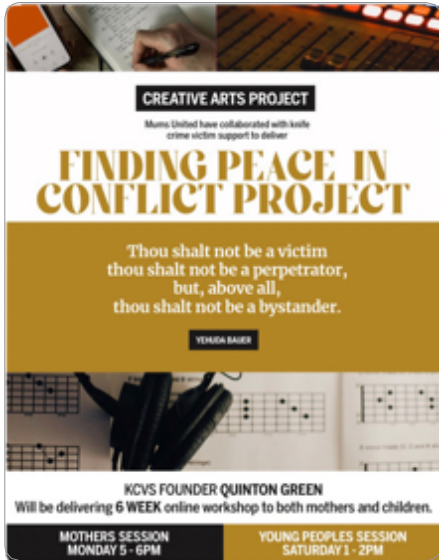
In order to build community cohesion we have started Arabic classes, we realised that language barriers with the mothers prevent engagement with each other, by holding classes we were able to take a step towards understanding each other 15 mothers from diverse backgrounds attended the sessions.



Peace in Conflict

March-July 2021
The peace in conflict project took place in Sharrow/Netheredge. This project is a story of two halves, one conflict, two perspectives. We engaged with over 30 young people and 11 mothers, focusing on conflict management, we want to bring two perspectives on youth violence together. We split the project into a series of three workshops.
The first workshop was called Empowering the youth with a pen- the purpose of the workshop was to encourage young people to start the creative writing process and understand the power of language and the impact it has. The second workshop focused on mothers, we looked at what conflict is, how conflict can be managed. The purpose of the workshop was to develop mothers perspective on what conflict is and how to manage conflict especially through parenting. The third workshop was the Creative Arts project, through the written word the conflict of youth violence would be addressed Over 25 young people and 14 mothers attended.

The final part of the project was outlined in a video that was created showcasing the work that the mothers and young people completed
<https://youtu.be/tXcjiEoAwUI>





Projects 2021 continued

Sheffield BAMER Conference

Mums united collaborated with BAMER COVID 19 Action group to organise a conference, we encouraged community members to voice their concerns regarding vaccinations. our guest speakers were professionals in the medical field including the director of public health Greg Fell- over 50 community members joined the live zoom link and ha has been viewed by over 300 people.



SHEFFIELD BAMER COVID 19 GROUP CONFERENCE II

*Positive engagement
voices of the community on vaccination*

FREE ZOOM WEBINAR

Friday 9th April 2-3.30pm

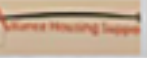
MEETING ID:395 321 2493

Q&A

Ask questions to our panel of
Public Health experts

GUEST SPEAKERS

Greg Fell-Director of Public Health
Sheffield (SCC)
Dr Shadia Ahmed-Microbiology SpR and
Research Fellow
Dr Shad Salha-Mums United/BWEN UPL
Susi Miller -Maan Smali Mental Health
Usmaan Mohammed-secretary Makki
mosque



Enough is Enough - keeping our communities safe

On May 2021 we organises a march in protest against gang violence. Over 100 community members attended the protest. This march was mothers standing up to say Enough is Enough. We are providing a voice to those whose voices are not heard. We are standing up against a system that has decimated our youth services.

We are standing up for the victims of youth violence We are standing up against the gangs who are perpetuating hate and apathy towards our children. We are here to say to all those who have been affected by the violence that we are here for them and by standing as one community we can begin to address the problems we are facing with our young people. The march was covered by a number of local media outlets - see Appendices page. The march was documented and uploaded to the Mums United YouTube channel. The first footage shows the protest Link 1. The second link including poetry reading by local children. Link 2 lead up to the violence.



Projects 2021 continued

A selection of poems

What can we do about the kids on the street,
Exploited kids running from the police.

Sometimes they are scared hiding under the sheets,
Suffering from anxiety and low self esteem.

We see violence outside from gang rivalry.
People are tricked and deceived that leads to bribery.

Children and kids vulnerable can you see the irony?
No protection provided, lives ending violently.

Sorrow, worry, it fills her mind, arrogance possessed
you as your mother uncontrollably cries.
The pain emerges from her eyes.

It comes as no surprise.
We need to make changes and save young peoples lives

Freedom, Freedom, Freedom
Is it the mind that is making you tick
Or is it the devil that is playing the greatest trick
Is he a foe or friend
That is the question that will bring
one of us to an end
The mind is telling me you are
looking at 25 year stretch
The little whisper is guiding me to
the money it will fetch

I lay at night
Stomache tight
Cold sweats all night
Where are you my knight
In shining armour you stand before me
What truths do you hide behind me
How do I feel...question to ask
About the young people carrying knives
Destroying lives
Its all too much
Worrying in the night
Staying up until it goes light
It breaks my heart that the young people are so
disillusioned There is more to life than guns gangs
retribution
Don't you see a mothes love
Always and complete un con ditional
Tough love, be cruel to be kind, your too emotional
I am told or is that such a crime or is my love for you
blind.

Am I fool for not knowing
Where my child is going
How do I feel..... question to ask
About the young people carrying knives
Destroying lives
Frustration, anger, upset, danger
A few words that come to mind about you -you young
ranger You worry about your peers
What about my tears
A mother who carried you for years
O son and daughter of mine
Your to young to be carrying this burden of crime
WAKE UP and see this beautiful life that exits before
you Wake up before its too late
The friends that leads you to crime
Are doing it for a quick dime
Feeding on your youth
So that they can carry you
This community is crippled with intergenerational
dealing
What we are left with is just this numb feeling
Its time to wake up to a new beginning

Podcast - Our Unspoken Truth

Our Unspoken Truths is created to encourage women to express their stories when they have been subject to different types of violence and exploitation. The five episodes explore the lives of 5 different women and questions were asked to help women reflect on their experiences and speak about the truth
<https://open.spotify.com/episode/2ZnwrOnxUYlvjRkD9z6Su8...>

The podcast is powerful and provides a different medium to illustrate the impact of young violence and the layers that lead up to the violence.





Projects 2021 continued

MUSYC - Mums United Sheffield Youth Club

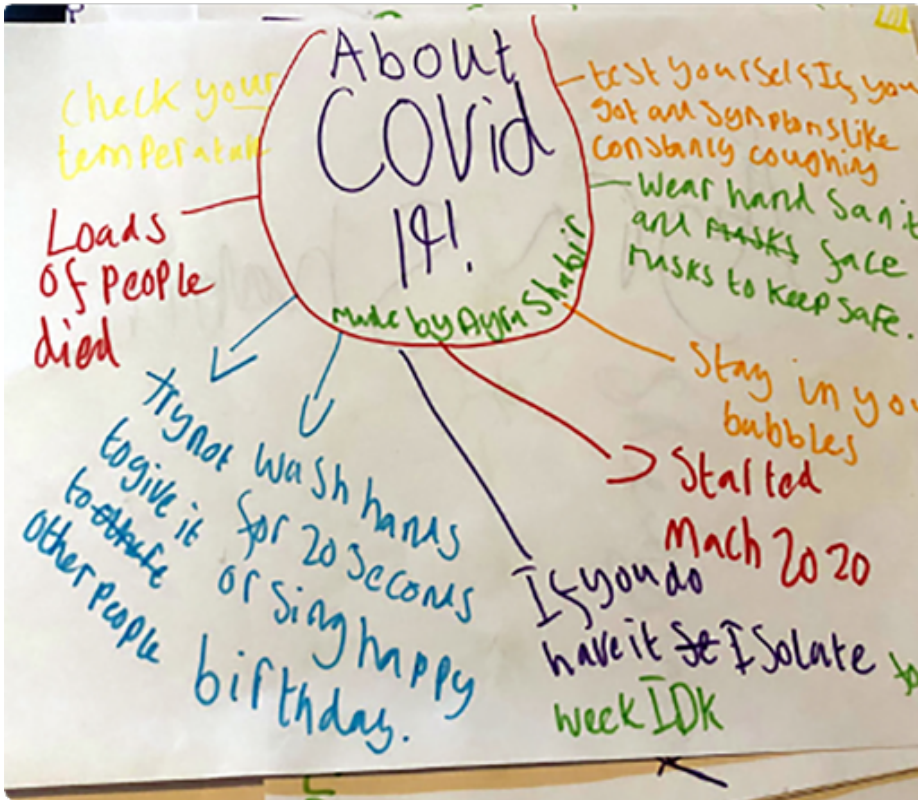
MUSYC : Sheffield Health Holiday

At the clubs, we have held our Healthy Holiday Activities during the school holidays. These activities have been funded by Sheffield City Council, they are specifically for families who are on free school meals, promoting healthy eating and well being In our workshops we have focused on four areas:
Confidence in me - we have learnt about the importance of fitness and healthy eating
Strength in me - we have focused on building resilience through self-defence Art-ivate-we have used expression of art as a medium of self-discovery and learning to express yourself in a creative way Ani-Mates - learn about stop motion animation- learning the technical craft of creating short stories through animation. We have engaged with over 40 young people



MUSYC : COVID Station

At the clubs, the workshops were for the young people focusing on how Covid 19 had impacted the on their life and their wellbeing. The purpose of the workshops was to educate and raise awareness. We engaged with over 30 young people





Projects 2021 continued

We have been running two clubs in Netheredge and in Meersbrook, due to funding restrictions we have continued to run the club at Meersbrook. The clubs have created a safe place for young people and their mothers, we build resilience, self-esteem and confidence. the clubs consist of interactive workshops that raise awareness about the dangers of gangs, county lines, youth violence.

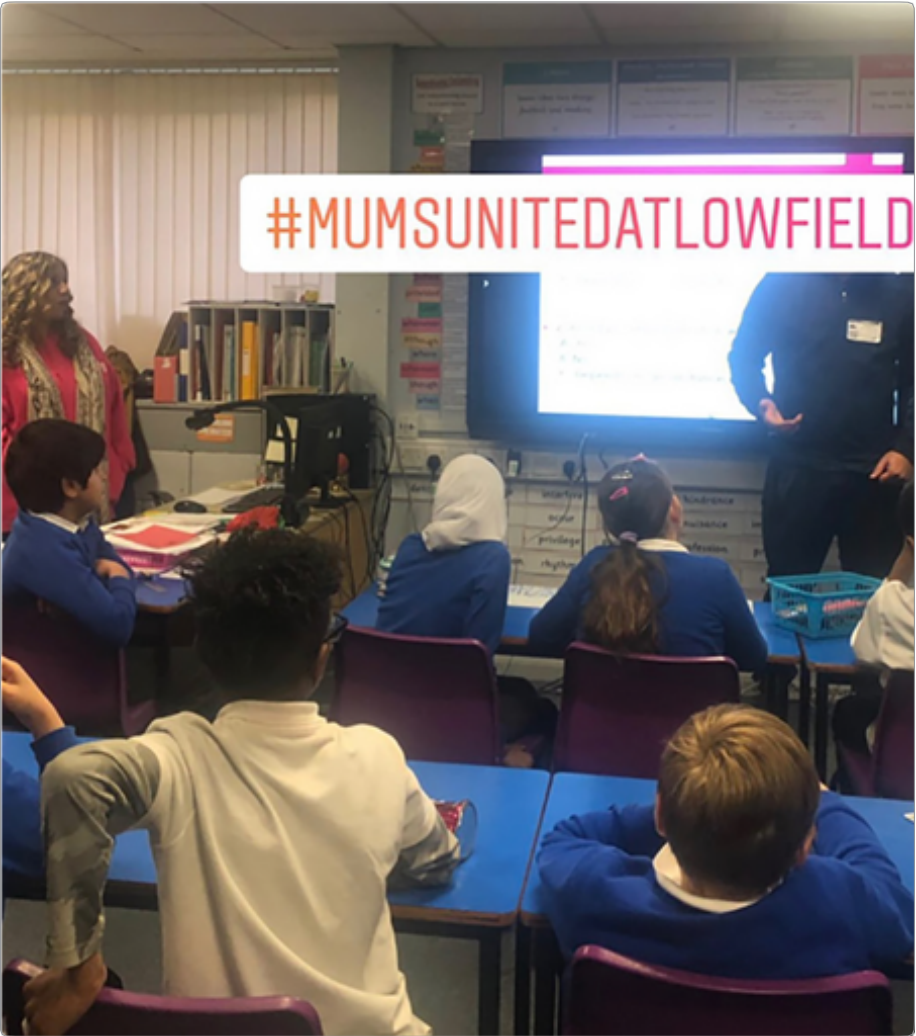
We have over 30 young people attend our clubs every week. The clubs also carry out physical activities, for example, boxing, archery, selfdefence We ran two clubs in Netheredge and Meersbrook Due to funding we have focused on meersbrook club which continues to run every week The clubs have run our MUSVPP (Mums United Sheffield Violence Prevention proramme) where we have focused on a number of topics including the root caused of youth violence, well being and self esteem, importance of friendship. The clubs have been interactive as the workshops are combined with sport, namely boxing, archer, self defence.

We have see amazing engagement in both clubs from Neteledge and Meersbrook. We have collaborated with harlem bells, Brought facilitatrs in e.g Denton Wilson, Aspire Boxing, trained boxing coach Shezad Younsis to enagage with the young and the mothes. The clubs have had upto 40 young children aged 8-15 attend over 20 mothers have engaged with the clubs, we have over 10 mothers ebngage on a weekly basis this club has been doing from strength to strength we have such a diverse group of families attending which is amazing to see-this illustrates the importance of ensuring we have protective positive pathways



Mums United delivered their MUSVPP (Mums United Sheffield Violence prevention programme) at Lowfield School.

Mums United have been delivering their programme to two school years comprising of over 40 students focusing on why young people turn to youth violence and examining the importance of peer relationships. consequences of knife crime. The sessions took place once a week for 5 weeks





Projects 2021 continued

Vital Signs Report

Mums United were honoured to take part in the vital signs report -the research was carried out to understand the areas for urgent investment and sustainable community development. Mums United were invited to be on the panel at Sheffield university to talk about our work
<https://7c89079c.flowpaper.com/SYCFVitalSignsReport20.../...>

The report identified key needs in the South Yorkshire region which included Crime and safety, Disadvantage and inequality, Work and the local economy, Mental Health Their report have video case studies from groups across South Yorkshire making a real difference across the four themes. Mumsunitedsheffield, The Work-wise Foundation, The Youth Association, Doncaster Conversation Club Read the report at www.sycf.org.uk/vitalsigns



Stop The Traffik

MUMS UNITED - were honoured to be part of your research today answering questions on the barriers that exist within communities regarding CSE -child sexual exploitation 'Understanding Child Exploitation: Perception and Knowledge Gaps Between Children, Caregivers and Support Providers', which aims to contribute towards the existing body of research and policy debate.

They stated 'Your insights were extremely valuable in helping us understand the complexities and capture the nuances of Child Exploitation in the UK, which we appreciate profoundly.'
<https://mail.google.com/mail/u/1/#search/stio+the+traffik/FMfcgzGikPWCrSbcLdBWfsJjCSVzBnh?projector=1&messagePartId=0.1>

STOP THE TRAFFIK is a UK-based organisation working to prevent human trafficking through a data-led, evidence-based approach.

Invaluable input on the research process was provided by Abigail Munroe (Lumos Foundation), Barnardo's, Christina Evers (Ealing Council), Donya Lamhari (The Children's Society- Disrupting Exploitation Programme), Dr. Romana Farooq (Cumbria, Northumberland, Tyne & Wear NHS Foundation Trust and Newcastle University), Every Child Protected Against Trafficking UK , Felicity Maries (Oasis Waterloo), Hannah Jolley (Spear Programme- Hammersmith and Fulham), Hannah Knight (NHS), Helen Beattie (REAch2 Academy Trust), Human Trafficking Foundation, Isobel Evans, James Pritchard (Youth Advocate for Children and Young People Service), Jessica Curtis, Jessica Lumley (Crest Advisory), Jill Rowe (Oasis UK), Jon Needham (Oasis Community Learning & Oasis Community Partnerships), Linda (parent to victims of Modern Slavery, member of WalkWithMe UK and Safecall Missing People Service), Louise Davies (Academy Transformation Trust), Marisa Douglas (Haringey Children and Young People Services), Melissa Gregan (Blackpool Teaching Hospitals NHS Foundation Trust; Awaken Child Exploitation Team), Nambi Bwanika, Ruby Huett (King Solomon Academy), National Society for the Prevention of Cruelty to Children, Sahira Irshad (Mums United), Shona Duncan (Westminster Children's Services), Soye Briggs (The Winchester Project), SPACE, WalkwithMeUK CIC, YoungMinds.

Thank you to Dr. Romana Farooq and Donya Lamhari whose expertise and contributions were essential in peer reviewing this research and report.

UNDERSTANDING
CHILD EXPLOITATION
PERCEPTION AND KNOWLEDGE
GAPS BETWEEN CHILDREN,
CAREGIVERS AND SUPPORT
PROVIDERS

2021 | OCTOBER

STOP THE TRAFFIK



Projects 2021 continued



Hallam University December 2020

Mums United assisted Hallam University department of Law and Criminology. They were carrying out a research project, commissioned by HMI Probation, entitled: Knife crime and young people - exploring promising strategy, interventions and casework in Youth Offending Teams.

The aim of this project is to investigate Youth Offending Team practices in dealing with knife crime, to share knowledge and identify good practices as well as existing barriers and challenges to success. We spoke to them at length about the rise of your violence in Sheffield and its implication and impact on our communities.

Virus Watch Equity Study Advisory Group

Sahira Irshad chaired the Virus Watch Equity Study Advisory Group, the group conducted research as to why the BAME community was being disproportionately being affected by Covid 19. VITAL SIGNS REPORT



Charitable Bank

Mums United Charitable Bank was created following the pandemic where mothers and young people came together to distribute children activity packs/food/clothes to the vulnerable.

The young people believe that it has helped them with their selfesteem and confidence to know that they are helping those in need and has made them realise how lucky they are after seeing such poverty. It has made them question the appeal of the gang culture. it has also strengthened relationships with their mothers as both works collectively on the projects. Packs are distributed to low income based families, refugees, the homeless, women who suffer from domestic violence and abuse. We provide advocacy, access to food, clean clothes and support they need. Through this work, we have illustrated the importance of recycling and taking care of our environment

‘by seeing families in need of basic food and clothes has made me determined to work hard and make my mother proud. Being a ‘gangsta’ doesn’t make me a man, being respectful and earning through hard work does ‘

- Young person 19





Charitable Bank continued

3500 packs of food/clothes/toys have been distributed, the packs have been distributed to the homeless, refugees, asylum seekers and lowincome families 60 families benefit weekly from our care packages below



During the Muslim festival of Eid gift bags containing food, chocolate, toys, books were given to vulnerable families - Muslim/ nonmuslim.



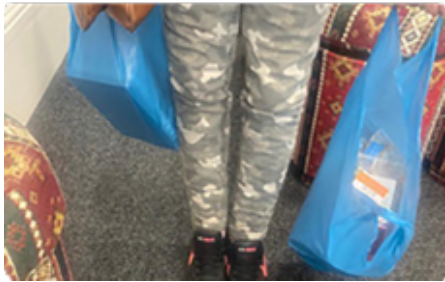
Christmas gift bags including toys and books have been distributed to the vulnerable



40 Boxes full of clothes were sent to Yemen through family Relief



76 boxes of clothes and toys were sent through family Relief to support Syrian refugees in Lebanon and Jourdan



supporting 77 families from the Kurdish, Bulgarian, Iraqi, Syrian, Yemeni, Afghani, Slovakian, Kuwaiti Bedoon



Sorting out large donation to respond to the immediate needs of the Afghani ommunity in Sheffield - Rotherham and Birmingham



Homeless project which aims to feed homeless in the city twice a week Monday and Friday.

We have been building partnerships with local and national organisations



40 Boxes full of clothes were sent to Yemen through family Relief



we have continued to build our partnership work with Penny Appeal WHO have periodically supplied us with food donations . The donations have supplemented the weekly packs we distribute from 60 to 230, therby their donations are very much anticipated



CO-OP supermarket donate food and fruit weekly. The food is distributed to vulnerable, including the homeless and low income based families



Family Relief charity who helped the bank support vulnerable in Yemen, Iraq and on the Syrian refugees in Lebanon and Jordan



Sheffield City Centre Library have supported the charitable bank by donating books for vulnerable children



Charitable Bank continued



HAPPY HEADS

Happy Heads volunteering opportunities

As part of the BBC's Make A Difference Happy Heads campaign which highlights the impact of the pandemic on children's mental health, we are asking you to give your time to support a child or young person.

We want to capture the kindness shown by communities across the country who have helped and supported each other during the pandemic.

There is no doubt that the impact on children has been significant and one of the ways that you can help is by volunteering for an organisation that supports children and young people's mental health and well-being.

Mums United Charitable bank who have joined BBC Radio Sheffield campaign to empower young people to volunteer as a pathway to improving their wellbeing



Seven Hills Shul- Sheffield and District Reform Jewish Congregation delivered hot meals to the homeless houses in the city





Schools who donated toiletries to help supporting the Afghani refugees' families
Mums United Charitable bank who have joined BBC Radio Sheffield campaign to empower young people to volunteer as a pathway to improving their wellbeing Highfield

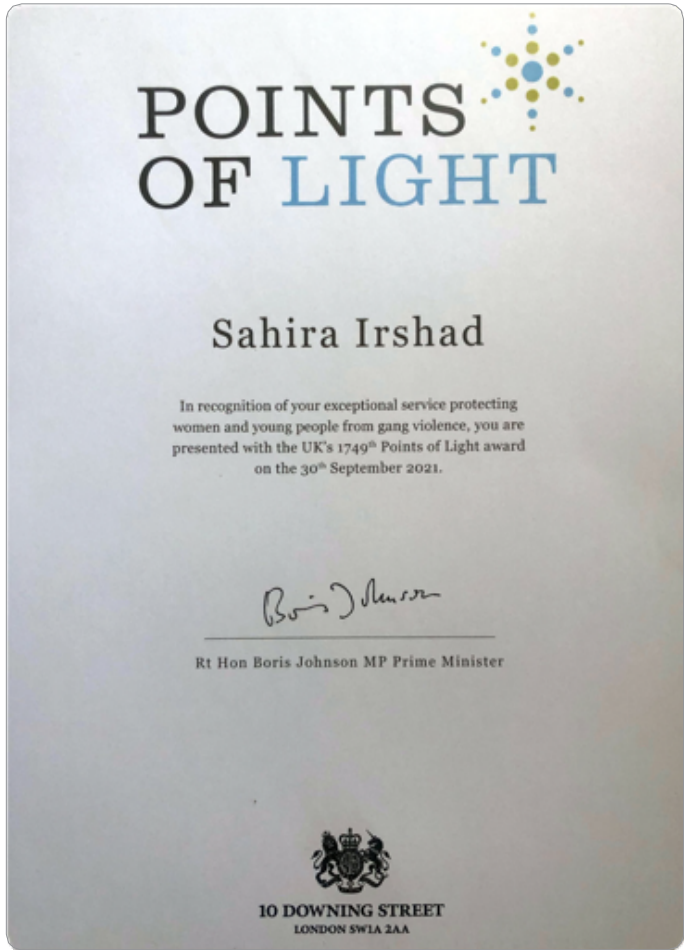




Awards

Points of Light Award

Mums United was recognised by Prime Minister Boris Johnson with Points of Light award in recognition for the work that we carry, he wrote, ‘there is no greater role model than a parent and so it is wonderful that local mums have come together in Sheffield to keep children safe. Mums United provides a vital space for young people where they can learn about knife and gun prevention and start to make positive changes in their lives. I was inspired to learn about your other venture, “Mums Charitable Bank” through which you have provided food, toys and clothing to vulnerable families, including newly-arrived Afghan Families. The families you are helping will never forget the welcome you have shown to them. You are a true Point of light in your community’



National Diversity Awards

Mums United are one of the finalists of community awards for gender, shortlisted from 50000 nominations



MBCC Awards

Mums United became the finalist for the Charity of the Year Award





Media

Mums United tackles the rise of youth violence and continues to raise awareness, we have been lucky to be featured in media platforms

Mums United Charitable Bank

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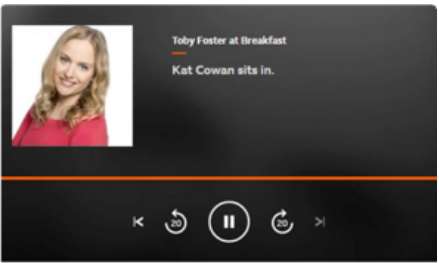


We spoke to ITV Calendar news about the need to continue toraise awareness - and our hope for the future

July 2021



Mums United was featured on ITV calendar Helping Hands campaign - Wanting volunteers to take place: <https://youtu.be/q4B4YnCQ5jo>



Mums United was featured on ITV calendar. BBC Radio Sheffield campaign to empower young people to volunteer as a pathway to improving their wellbeing Dr Shahd Salah and our young people talk about their experiences at our Charitable bank. You can listen to the radio interview on the link below: <https://youtu.be/vo3BtZ5g64A>

September 2021



TV calender report on the work that Mums United Chartable is doing to help Afghan refugee families. <https://bit.ly/3yArtOw>

November 2021



BBC Radio - we have spoken about work we have carried out ensuring food/ clothes and toys are distributed to the Afghan refugees, the vulnerabilities the young are facing as they are targeted by gangs and exploited.



Mums United Charotable Bank speaking to the media about the plight of the Afghan Refugee families and raising awareness of the work they are carrying out for the homeless, low income based families, the Bank is run by mothers and young people.

Enough is Enough March

May 2021



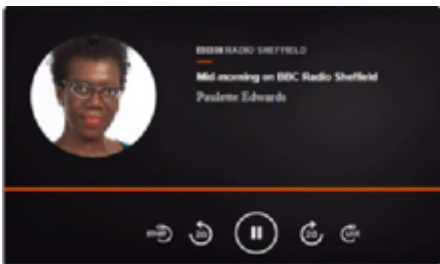
Mums United featured on BBC Look North which spoke about the violence in Sheffield and what needs to be done -they spoke to founder Sahira Irshad who together with other members has organised a protest against the voilence and a call for action On 22nd of May.



The local Star publicised the march calling for action



The Sheffield Tribune :published an article on the upcoming protest <https://bit.ly/3oRPpd3>



Mums United also appeared on BBC Radio on 12th April to talk about the rise of gang violence in the area Link



BBC Look North (Yorkshire): Enough is Enough march is covered.



BBC Radio Sheffield: Mums United speak to BBC radio Sheffield about the reasons for the march and what they hope to achieve



The Sheffield Wire covered a story involving Mums United's open letter to police and councillors asking for action on youth violence <https://bit.ly/3GR1oOo>



The Star on 13th May regarding the Park light campaign, and also covered how issues surrounding gangs are being poorly treated.



Media continued

Enough is Enough March

May 2021



The Star (Sheffield)
<https://bit.ly/3pSjYPk>



Examiner Live
<https://bit.ly/3ESyRqV>



Morning Star
<https://bit.ly/3oTfiti>



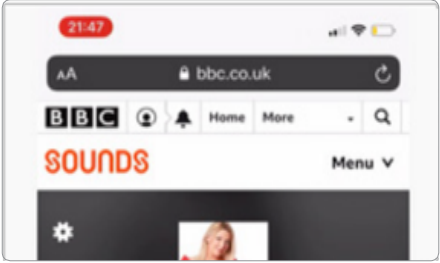
Sheffield Online (Facebook) Link



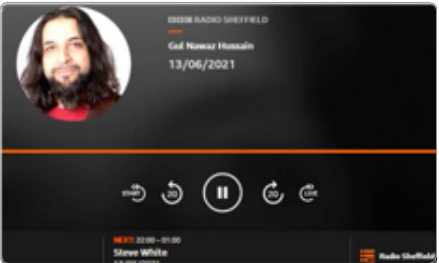
Thank you to the local media for covering our awards nomination

National Diversity Award

XXXXXXXXXX



Mums United were interviewed By BBC radion Sheffield to talk about being nominated for Nationa Diversity awards, shortlisted 50000 nominations.
<https://youtu.be/WLDxU2SSLNc>



Thank you to BBC radio for giving us the platform to showcase our work and continued support Whatever the outcomes are we are humbled and grateful for the outpouring of messages of support. Out single motivation is to keep our children safe and we will continue for their voices to be heard and to support mothers who are entrenched in the misogyny that plagues our communities -this is our commitment -our pledge -
<https://youtu.be/8WITQjE7AqA>

Points of Light Award



Recognition for Points of Light Awrds Asian Dunya news - Trustee Sahira Irshad speaks about received the Points of Light Award from the prime minister Boris johnson
<https://youtu.be/H5Us8WqTOvE>

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<https://bit.ly/3yyFtbD>



Media continued

Enough is Enough March

May 2021



The Star (Sheffield)
<https://bit.ly/3pSjYPk>



Examiner Live
<https://bit.ly/3ESyRqV>



Morning Star
<https://bit.ly/3oTfiti>



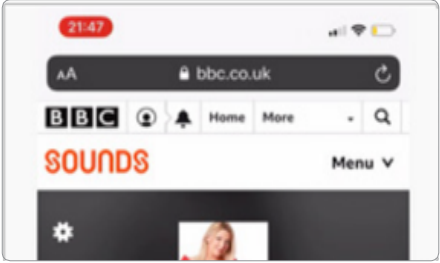
Sheffield Online (Facebook) Link



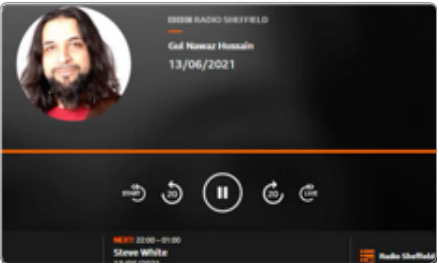
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National Diversity Award

XXXXXXXXXX



Mums United were interviewed by BBC Radio Sheffield to talk about being nominated for National Diversity awards, shortlisted 50,000 nominations.
<https://youtu.be/WLDxU2SSLNc>



Thank you to BBC Radio for giving us the platform to showcase our work and continued support. Whatever the outcomes are, we are humbled and grateful for the outpouring of messages of support. Our single motivation is to keep our children safe and we will continue for their voices to be heard and to support mothers who are entrenched in the misogyny that plagues our communities - this is our commitment - our pledge -
<https://youtu.be/8WITQjE7AqA>

Points of Light Award



Recognition for Points of Light Awards Asian Dunya News - Trustee Sahira Irshad speaks about receiving the Points of Light Award from the Prime Minister Boris Johnson
<https://youtu.be/H5Us8WqTOvE>

Mums United was recognised by Prime Minister Boris Johnson with Points of Light award in recognition for the work that we carry, this was covered in the local media :



Mums United was recognised by Prime Minister Boris Johnson with Points of Light award in recognition for the work that we carry, this was covered in the local media.
<https://bit.ly/3yyFtbD>



Trustees' Report and Accounts
for the year ended 30 Novemeber 2021

Charity no: 1192570



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Legal and administrative information

Trustees

- | | |
|-----------------|-----------|
| 1 Sahira Irshad | (Chair) |
| 2 Shahd Salha | (Trustee) |
| 3 Chloe Blood | (Trustee) |

Registered Office

SHARROW COMMUNITY FORUM
SOUTH VIEW ROAD
SHEFFIELD
S7 1DB



Reports of the Trustees for the year ended 30 November 2021

Mums United is a constituted by a registered Charity No: - 1192570

Objectives

Mums United is a registered charity which started 3 years ago as a community group. I am pleased to say that we have grown from a group of 6 to 80, targeting areas in Sheffield for outreach, engagement and intervention work that are characterised as the most deprived LSOAs (lower-layer super output areas) by the Government in its Index of Multiple Deprivation. These areas are Burngreave, Spital Hill, Heeley, Netheredge, Sharrow, and Wicker.

Achievements and performance

Our Mission Statement is to listen, engage, act, raise awareness and never give up hope for our members. We provide grassroots solutions to the rise in youth violence, in knife and gun crime and child drug exploitation. For the past three years, our dedicated membership of volunteers and professionals have been campaigning for greater action on rising crime among some young people in some of the most deprived communities in the city of Sheffield. We believe that the solutions to the problems that afflict our communities must come from the communities themselves. Our work has been recognised nationally as we have been recognised as the 1749th “Point of Light” organisation across the UK.

This year alone there have been over 13 stabbings in Sheffield and over 18 shootings. Sheffield has been labelled as one of 21 ‘violence hotspots’.

In order to address this we have been creating positive pathways for young people, mothers whose voice is rarely heard and when is heard no one listens. We need to empower or communities, build strength and resilience from within so that we can ensure our children will grow into healthy ambitious adults

In the past financial year we have continued to raise awareness about the impact of youth violence, we have continued to grow as a charity, we have increased our group membership and have mothers from different cultural diverse backgrounds engaging and participating in our work. It is this diversity that gives us the strength in changing the narratived for our members.



Annual Report 2021 continued

Our impact is illustrated through the projects we have carried out, our process works because we are mothers who have “lived experiences”, our trauma informed approach focus on prevention, we look at the outcomes, which is youth violence but also ensure that the other side of the spectrum is focused on, how young people change their trajectory towards gangs, we ensure protective factors are in place so that the young people know there is a safe place for them to come. Activities delivered include:

- Engaging young people in sport and culture as a means for self-expression to counter the rise in youth violence
- Focusing on the well being, building confidence and resilience of young people
- Creating projects where mothers and young people can engage in safe open dialogue
- Supporting positive change in the wellbeing of young people and adults who are at risk.
- Focusing on the wellbeing of mothers, identifying the trauma and working with mothers to find the power in them to enable change to take place
- The Charitable Bank has brought into focus the poverty that exists and the vulnerabilities of families, how their vulnerabilities are exploited by local gangs. Through the Charitable bank we not only focuses on providing food, we provide clothes and toys to vulnerable families and individuals. It is also a place where young people and mothers can develop their business and administrative skills

We would like to thank our funders : South Yorkshire Foundation , National lottery, Graves Trust, SWC-Scurrah Wainwright Charity, Sharrow Community Forum, Magic grants, Sheffield City Council for funding our projects .

Thank you to all the mothers and the young people who have come to the clubs, local schools who have supported the charitable bank and our projects, our mentors who deliver the workshops.

I would like you to come and join us in 2022 as this is going to be a year where we are looking to expand Mums United to provide a whole range of services that meet an identified need for our members.

Risk Management

The Trustees actively review the major risks, which the charity faces on regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the events of adverse conditions. The trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.



Trustees’ Responsibilities in relation to the financial statements

The Trustees’ are required by charity commission to prepare financial statements for each financial year

- a) Select suitable accounting policies and apply them consistently
- b) Make judgements and estimates that are reasonable and prudent
- c) State whether the policies adopted are in accordance with the Charity Act
- d) Prepare the financial statements on going concern basis unless it is inappropriate to assume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records, which disclose with

Approval

This report was approved by the trustees on 31st January 2021 and signed on its behalf.

Chair - Sahira Irshad



Netheredge got Talent

Mums United are hosting Netheredge got Talent- can you sing/juggle/write poetry/play an instrument/dance/magic tricks- whatever your skills are, we are interested! Sign up to be a lineup!



Root Causes

Focused based workshop working with young people looking at youth violence, building strategies developed by mothers and young people



Statements of financial activities for the year ended 30 November 2021

	RESTRICTED FUNDS	TOTAL 2021
Income & Expenditure		
Income resources	35,704	35,704
Donations	<u>35,704</u>	<u>35,704</u>
Resources expenses		
Food Package	1,962	1,962
Charitable donations	673	673
Training seminars	12,326	12,326
Printing	1,470	1,470
Advertsing	1,283	1,283
Website costs	704	704
Podcast	563	563
Accounting fee	400	400
Wages and salaries	391	391
Travel Expense	1,088	1,088
Volunteers expenses	4,363	4,363
Sundry Expense	672	672
Total resources expenses	<u>25,897</u>	<u>25,897</u>
Net income from resources	9,807	9,807
less - depreciation		-
bal b/f	9,807	9,807
bal c/f	5,191	5,191
	<u>14,998</u>	<u>14,998</u>



Balance Sheet as at 30 November 2021

	note	£	£ 2021
Fixed assets	1	1,679	
Current assets	2	14,119	
less - current liabilities	3	<u>800</u>	13,319
Net Current Assets			<u>13,319</u>
Net Assets			<u>14,998</u>
Capital account	4	<u>5,191</u>	
Profit and loss Account	5	<u>9,807</u>	
Shareholder's Funds			<u>14,998</u>



Nomination National Diversity Award

Thank you for nominating us for National Diversity Award for: COMMUNITY ORGANISATION AWARD FOR GENDER. We need your votes to be shortlisted, please click on the link below.

<https://www.nationaldiversityawards.co.uk/awards/2022/nominate/mums-united/>



Building Resilience After Trauma

this amazing workshop looks at different strategies to build your life following trauma, it is a safe place for mothers to come and speak their truth.



Annual Report 2021 continued



Notes to balance sheet as at 30 November 2021

Note	2021
1 Fixed assets	
Fixtures and fittings - additions	1,148
Computer equipment - additions	531
	<u>1,679</u>
2 Current assets	
Cash at Bank	14,091
Cash in Hand	29
	<u>14,119</u>
3 Current Liabilities	
Other creditors	800
	<u>800</u>
4 Capital account & equity	
Bal b/f	5,191
5 Profit and loss Account	9,807
	<u>14,998</u>



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the
accounts

Report to the trustees/ members of	Mums United
On accounts for the year ended	30 November 2021
Charity No	1192570
Set out on pages	42 to 44
Responsibilities and basis of report	I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/11/2021. As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act"). I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.
Independent examiner's statement	I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect: □ accounting records were not kept in accordance with section 130 of the Act or □ the accounts do not accord with the accounting records I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached. * Please delete the words in the brackets if they do not apply.
Signed	<i>N Qureshi</i>
Name	Nisar Qureshi
Relevant professional qualification	ICAEW
Address:	Unit 9 Twelve o'clock court 21 Attercliffe Road Sheffield S4 7WW

