Alexander Technique Congress Association
Charitable Incorporated Organisation. Registered Charity Number 1192471.
Fellside Cottage, Low Fellside KENDAL LA9 4NH UK

The Alexander Technique Congress Association

Annual Report 2025

The 2025 Congress took place 3–9 August at University College Dublin, Ireland. 660 people participated.

The activities of the Alexander Technique Congress Association (ATCA) in 2025 were concerned with the final preparations for the 2025 Congress, its delivery, and with reviewing it. The latter included the feedback from the survey which the Directors of the Dublin Congress sent out to all participants.

Before the Congress an Incident Team was elected; they were on site during the Congress and able to immediately handle any complaints arising during the Congress.

During 2025 the Dublin Congress contributed €38,500 to ATCA, of which €20,000 was the repayment of a loan ("seed money") to the Dublin Congress, and €8,500 was earmarked for the production of the Congress Papers. The main expenses for the year was for the development of the ATCA website and the registration of domain names. There are preparations underway to make past Congress Papers available as downloadable PDFs. A committee was formed to explore migrating the ATCA website from the hosting company GoDaddy to Squarespace. The drafting of a set of Operational Procedures for the governance of ATCA was initiated. A Nondiscrimination/Anti-Harassment Policy and Complaint Procedure was drafted.

Lolita Brinkley resigned as a trustee 25 July 2025. Her contribution and work has been much appreciated over the years. Rossella Buono, Andreas Dirscherl, and Jean Fischer were elected to be trustees.

The search for the location for the 2029 Congress has started. It was decided to hold a survey on potential dates and locations of future congresses.

Trustees:
Jamie McDowell, Carol Prentice, Jean M. O. Fischer, Lucia Walker, Andreas Dirscherl, Rossella Buono.

Board of Consultants:
Robert Britton, Michael D. Frederick, Benjamin Mitchell, Jessica Santascoy.

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Profit and Loss
2025
Period 1 January 2025 – 31 December 2025

Income					
	Donations	£	16,137.24		
	Fund Income	£	-		
	Amazon sales	£	13.89		
	Total Income	£	16,151.13		
	Cost of Sales				
	Gross Profit	£	16,151.13	£	16,151.13
Expenses					
	Bank Charges	£	0.10		
	Internet Website hosting	£	546.81		
	Website building	£	-		
	Computer	£	-		
	Restaurant meeting	£	200.58		
	Total Expenses	£	747.49	-£	747.49
	Operating Profit			£	15,403.63
Other Income					
	Cashback	£	6.94		
	Miscellanous	£	0.36		
	Total Other Income	£	7.30	£	7.30
Other Expenses					
	Net Profit / (Loss)			£	15,410.94

Bank balances as of 31 December 2025

GBP account	£	431.93
Euro account	€	47,263.09
Dollar account	$	-

Bank balances in UK Pounds as of 31 December 2025

			Exchange rate 31-Dec-2025
GBP account	£	431.93	1
Euro account	£	41,226.79	0.872283
Dollar account	£	-	0.742583
Approx. total bank balance	£	41,658.72	as of 31-Dec-2025