



Trustees' Annual Report for the period

Period start date
From 1 January 2022 To 31 December 2022
Period end date

Charity name Poga Latvia Children's Therapy Centre

Other names charity is known by Poga Latvia

Registered charity number (if any) 1192417

Charity's principal address 15 Vivienne Close, East Twickenham, TW1 2JX

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ruta Dimanta			
2	Janis Magons			
3	Madara Mezvieta			
4	Anda Maltais			
5				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed, Nominated

Additional governance issues (Optional information)

Trustee Anda Maltais was re-elected as per the constitution.

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The trustees adopted Risk Management Policy in Nov 2022. Internal register of large donations has been created.

Summary of the objects of the charity set out in its governing document

The objects of the CIO are the relief of sickness and preservation of health of children with health disorders in need by the support of therapeutic and rehabilitation facilities provided at the Poga Rehabilitation Centre in Latvia.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

During 2022 we finalized the set up minimum infrastructure for the charity (to be able to receive grants and monetary donations) that would facilitate it operating towards its objects.

We opened a bank account, submitted application and were successfully recognized as a charity by Facebook allowing us to raise funds via this social media platform, we opened a fundraising account on People's Fundraising platform.

As per an earlier commitment, we received our first grant earmarked towards Mollii costumes servicing.

We received first donation transfers from PayPal Giving Fund / Facebook as the general public has been active with Facebook birthday fundraisers – dedicating their birthdays to Poga Latvia.

As per the agreement with Poga Rehabilitation Centre Foundation in Latvia, the trustees reviewed and discussed 3 projects that Latvian centre suggested that we support. The trustees decided to direct a portion of un-earmarked donations received towards 100 sessions of Rysen gait management system.

We have also started building our CIO's financial reserves.

Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The CIO has started achieving its objects by two sizeable transfers to Poga Rehabilitation Centre Foundation in Latvia.

Brief statement of the charity's policy on reserves

The charity does not have ongoing expenses as it operates thanks to Trustees and volunteers. With the first donations coming in during 2022, the CIO has been able to start building small financial reserves. At this point we do not have a formal policy on reserves, however in due time a more concrete policy will be put together.

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charities principal sources of funds would be

- grants by other charitable organisations
- fundraising via social media

The charity does not have any paid staff or expenses (apart from bank fees once applicable). The key expenditure is payments towards purchase of relevant equipment and delivery of new therapeutic treatments by Poga Rehabilitation Centre in Latvia.

Section F

Other optional information

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	ANDA MALTAIS	JANIS MAGONS
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	30 / 08 / 2023	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
Poga Latvia Children's Therapy Centre	1192417

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Receipts and payments accounts

For the period from	Period start date	To	Period end
	01-Jan-22		31-Dec-22

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations, grants	6,282	16,150	-	22,432	-
Bank interest	4	-	-	4	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,286	16,150	-	22,436	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,286	16,150	-	22,436	-
A3 Payments					
Earmarked donations	3,920	16,125	-	20,045	-
Bank charges	116	25	-	141	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	4,036	16,150	-	20,186	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,036	16,150	-	20,186	-
Net of receipts/(payments)	2,251	-	-	2,251	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	2,251	-	-	2,251	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Two accounts	2,251	-	-
		-	-	-
		-	-	-
	Total cash funds payments account(s))	2,251	-	-
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
B3 Investment assets	Details			
			-	-
			-	-
B4 Assets retained for the charity's own use	Details			
			-	-
			-	-
			-	-
B5 Liabilities	Details			
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
Janis Magons		JANIS MAGONS	30/8 2023	
Anda Maltais		ANDA MALTAIS	4/05 2023	