



# Trustees' Annual Report for the period

Period start date 19 November 2020 To Period end date 31 December 2021  
From To

## Section A Reference and administration details

Charity name Poga Latvia Children's Therapy Centre

Other names charity is known by Poga Latvia

Registered charity number (if any) 1192417

Charity's principal address 15 Vivienne Close, East Twickenham, TW1 2JX

### Names of the charity trustees who manage the charity

|   | Trustee name    | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|---|-----------------|-----------------|-----------------------------------|---------------------------------------------------------------|
| 1 | Ruta Dimanta    |                 |                                   |                                                               |
| 2 | Janis Magons    |                 |                                   |                                                               |
| 3 | Madara Mezviete |                 |                                   |                                                               |
| 4 | Anda Maltais    |                 |                                   |                                                               |
| 5 |                 |                 |                                   |                                                               |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
|      |                                   |

### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |

### Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
|--|

## Section B Structure, governance and management

### Description of the charity's trusts

|                                |                                      |
|--------------------------------|--------------------------------------|
| Type of governing document     | Constitution                         |
| How the charity is constituted | Charitable Incorporated Organisation |
| Trustee selection methods      | Appointed, Nominated                 |

## Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Current trustees are all first charity trustees as per the Constitution.

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The objects of the CIO are the relief of sickness and preservation of health of children with health disorders in need by the support of therapeutic and rehabilitation facilities provided at the Poga Rehabilitation Centre in Latvia.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

During 2021 the focus of the charity was to set up minimum infrastructure for the charity (to be able to receive grants and monetary donations) that would facilitate it operating towards its objects. The process of opening a bank account was not as swift as expected, mainly due to the new policies of the main street banks (presumably driven by the Covid lockdown, most of the retail banks now only open charity accounts run by their existing bank clients, and many have changed the application process to online application only with no opportunity whatsoever to discuss our circumstances in detail and no appeal process for rejection of an application).

Our bank account was finally opened in Feb 2022. Application for presence on various donation platforms was however conditional on a bank account, so the process was delayed into 2022.

While the income of the charity remained zero, no activities that can be measurable in financial terms could be undertaken by the charity to carry out its charitable purposes for the public benefit. We however remained in contact with a large donor who had pledged their support and could finally issue their earmarked grant in 2022 as soon as our bank account was open.

## Additional details of objectives and activities (Optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

While the income of the charity remained zero, no activities that can be measurable in financial terms could be undertaken by the charity.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

While the income of the charity remained zero, no activities that can be measurable in financial terms could be undertaken by the charity. The charity does not have ongoing expenses as it operates thanks to Trustees and volunteers. The Trustees have discussed that it would be prudent to build some reserves over time.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charities principal sources of funds would be

- grants by other charitable organisations
- fundraising via social media

The charity does not have any paid staff or expenses (apart from bank fees once applicable). The key expenditure would be towards purchase of relevant equipment and delivery of new therapeutic treatments by Poga Rehabilitation Centre in Latvia.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|                                     |                                                                                     |                                                                                       |
|-------------------------------------|-------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| Signature(s)                        |  |  |
| Full name(s)                        | JANIS MAGONS                                                                        | Anda Maltons                                                                          |
| Position (eg Secretary, Chair, etc) | Trustee                                                                             | Trustee                                                                               |

Date 14/11/2022



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Poga Latvia Children's Therapy Centre

## Receipts and payments accounts

CC16a

For the period  
from

19-Nov-20

To

31-Dec-21

### Section A Receipts and payments

|                                                       | Unrestricted<br>funds<br>to the nearest<br>£ | Restricted<br>funds<br>to the nearest £ | Endowment<br>funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|-------------------------------------------------------|----------------------------------------------|-----------------------------------------|----------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |                                              |                                         |                                        |                                 |                               |
| Grants and donations                                  | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | -                                            | -                                       | -                                      | -                               | -                             |
| <b>A2 Asset and investment sales, (see table).</b>    |                                              |                                         |                                        |                                 |                               |
| Assets                                                | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Total receipts</b>                                 | -                                            | -                                       | -                                      | -                               | -                             |
| <b>A3 Payments</b>                                    |                                              |                                         |                                        |                                 |                               |
| Grants issued                                         | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | -                                            | -                                       | -                                      | -                               | -                             |
| <b>A4 Asset and investment purchases, (see table)</b> |                                              |                                         |                                        |                                 |                               |
| Assets                                                | -                                            | -                                       | -                                      | -                               | -                             |
|                                                       | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Sub total</b>                                      | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Total payments</b>                                 | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Net of receipts/(payments)</b>                     | -                                            | -                                       | -                                      | -                               | -                             |
| <b>A5 Transfers between funds</b>                     | -                                            | -                                       | -                                      | -                               | -                             |
| <b>A6 Cash funds last year end</b>                    | -                                            | -                                       | -                                      | -                               | -                             |
| <b>Cash funds this year end</b>                       | -                                            | -                                       | -                                      | -                               | -                             |

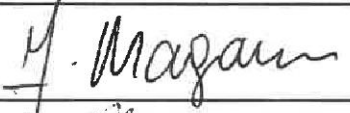
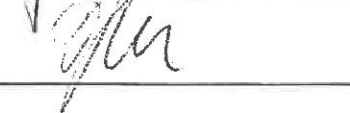
## Section B Statement of assets and liabilities at the end of the period

| Categories                                          | Details                                                | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|-----------------------------------------------------|--------------------------------------------------------|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b>                                |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        | -                                  | -                                | -                               |
|                                                     | <b>Total cash funds</b>                                | -                                  | -                                | -                               |
|                                                     | (agree balances with receipts and payments account(s)) |                                    |                                  |                                 |
|                                                     |                                                        | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
| <b>B2 Other monetary assets</b>                     |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        | -                                  | -                                | -                               |
|                                                     |                                                        |                                    |                                  |                                 |
| <b>B3 Investment assets</b>                         |                                                        | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
| <b>B4 Assets retained for the charity's own use</b> |                                                        | Fund to which asset belongs        | Cost (optional)                  | Current value (optional)        |
|                                                     |                                                        |                                    | -                                | -                               |
|                                                     |                                                        |                                    | -                                | -                               |
| <b>B5 Liabilities</b>                               |                                                        | Fund to which liability relates    | Amount due (optional)            | When due (optional)             |
|                                                     |                                                        |                                    | -                                |                                 |
|                                                     |                                                        |                                    | -                                |                                 |

Signed by one or two trustees on behalf of all the trustees

1st bank account was opened only in Feb 2022, CIO has no employees, only trustees and volunteers

| Signature                                                                           | Print Name     | Date of approval |
|-------------------------------------------------------------------------------------|----------------|------------------|
|  | JANIS MAGONS   | 12.11.2022       |
|  | Anoka Maltovis | 14.11.2022       |