



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date To 1st April 2024
Period end date 31st March 2025

Charity name: Sophie's Stars

Charity registration number: 1192369

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve the needs of those who have been diagnosed with cancer and their families through the provision, in particular but not exclusively of advice, support, guidance and a peer-to-peer forum.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Sophie's Stars continues to provided peer to peer support to families and friends of those with cancer. We do this via online support on an individual basis. The Sophie's Smiles box launched in January 2024, and this has become our flagship activity. This is a small box of items that are gifted as a care package to family and loved ones of those with a cancer diagnosis. During this reporting period we have grown the number of boxes gifts to families. We have done this through social media campaigns and building targeted relationships with hospitals. We have planned the launch of a cancer rehabilitation exercise class as a new activity for the charity, securing a small amount of funding to enable the class to operate. Our focus has been on building referral pathways and operating procedures to enable launching the class in Spring 2026. The class will be in person in a local community leisure centre. We have plans to increase the number of classes offered as we are able to support this.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	Yes trustees are aware of the guidance on public benefit and charity operations follow this.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Sophie's Stars flagship service in this reporting period has been the Sophie's Smile box. We are using the website as the main mechanism to request a box, and members of the public or healthcare professionals can refer into the service. To enable growth we are building relationships with NHS trusts, GP practices and local councils which is broadening our target audience and providing new opportunities to benefit the public. As a small charity this awareness and engagement work is vital and allows us to better serve our users. We have found that close relationships with the cancer nurse specialist teams is the best way to grow the service, and we have been working to increase our contacts here. We have received some excellent feedback about the boxes, which are being gifted from people with cancer to their family and loved ones. The charity has always aimed to recognise the contribution from family in a cancer diagnosis and this service does exactly that. The Sophie's Smiles box benefits the public by recognising the input of family and friends during a cancer

		diagnosis.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity receives income through cash donations, fundraising activities and small grants. We are able to support our services through this mechanism at our current operating level. Our income for this period was £10,842 and payments £4,941. Closing general reserves were £19,764. In addition restricted reserves of £1,580 were held in respect of the cancer rehabilitation exercise class.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Sophie's Stars has an active reserves policy where we will always hold at least £2,500 in cash to ensure that we are able to fully deliver our services and cover any operating costs.
Amount of reserves held	Para 1.22	£2,500
Reasons for holding zero reserves	Para 1.22	NA
Details of fund materially in deficit	Para 1.24	NA
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No concerns to report

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed , royal charter)	Para 1.25	Foundation model constitution
How is the charity constituted? (e.g. unincorporated association , CIO)	Para 1.25	Foundation model constitution
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Election to post and interview with trustee members

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Sophie's Stars
Other name the charity uses	NA
Registered charity number	1192369
Charity's principal address	2 Rybrook Drive Walton on Thames Surrey KT12 3DZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Leanne Griffiths			
2	Richard Allam			
3	Martin Highe			
4	Lesleigh Bounds			
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

Leanne Marie Griffiths

Leanne Marie Griffiths	
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Position (eg Secretary,
Chair, etc)

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Date

22/01/2016

22/01/2016



CHARITY COMMISSION
FOR ENGLAND AND WALES

SOPHIE'S STARS

1192369

Receipts and payments accounts

CC16a

For the period
from

01/04/2024

To

31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
DONATIONS	-	-	-	-	3,318
FUND RAISING ACTIVITIES	7,660	-	-	7,660	4,618
BANK INTEREST	182	-	-	182	27
GRANTS	1,000	2,000	-	3,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,842	2,000	-	10,842	7,963
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,842	2,000	-	10,842	7,963
A3 Payments					
COST OF FUNDRAISING	1,181	-	-	1,181	592
WEBSITE/ INTERNET	437	-	-	437	317
MARKETING	1,662	-	-	1,662	-
INSURANCE	354	-	-	354	-
MISCELLANEOUS	35	-	-	35	35
CHARITABLE ACTIVITIES	852	420	-	1,272	1,801
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	4,521	420	-	4,941	2,745
A4 Asset and investment purchases, (see table)					
Laptop	-	-	-	-	1,116
	-	-	-	-	-
Sub total	-	-	-	-	1,116
Total payments	4,521	420	-	4,941	3,861
Net of receipts/(payments)	4,321	1,580	-	5,901	4,102
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	15,443	-	-	15,443	11,341
Cash funds this year end	19,764	1,580	-	21,344	15,443

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	BANK BALANCE	9,555	1,580	-
	DEPOSIT ACCOUNT BALANCE	10,209	-	-
		-	-	-
	Total cash funds	19,764	1,580	-
	(agree balances with receipts and payments account(s))			

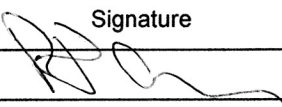
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	RJ ALLAM	26-1-26