



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 17th November 2020

To 31st December 2021

Charity name: Sophie's Stars

Charity registration number: 1192369

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To relieve the needs of those who have been diagnosed with cancer and their families through the provision, in particular but not exclusively of advice, support, guidance and a peer-to-peer forum.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Despite the restrictions imposed by Covid a number of fund raising events did take place in the period. Covid has limited our ability to carry out some of our planned activities but we have continued to build our network with clients, hospitals, GPs and hospices. In addition to this we have provided a number of services to benefit the public, which are detailed below (Achievements and Performance)
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The wider public have benefitted in a number of ways through the work of Sophie's Stars. In its initial operating year the charity has been establishing its self in the market, and making positive relationships with healthcare providers and other organisations. Collaborative working in this regard has allowed referral of work across discipline, benefitting both organisation and the public. For example, Macmillan nurses from an NHS trust refer people to our services. The trustees are satisfied that work of the charity directly benefits the general public by providing a level of peer support otherwise not available. This will have a direct impact on their cancer experience.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
	Para 1.38	

Policy on grant making		
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	This statement reports on our first operating year. The charity has had many achievements in this period despite the restrictions imposed by covid. The development and launch of our website offers information, resources and details of upcoming events. There is also links to a support forum and a closed Facebook group for users. Details of our consultation services with dedicated, volunteer Star Workers are on the website. This individual online support has been the service in most demand, and it appears continuing this online support beyond covid restrictions will be of great benefit to the public. The charity has spent time engaging with organisations such as GP practices, hospices and schools in referring people to our services, and has plans to offer educational sessions about our offer. Alongside this we have been planning an exercise class as an additional support to our users, which we plan to grow in multiple locations across the UK. The fundraising events that have taken place have worked to raise funds for our operation, but also serve to raise awareness of what we do.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
-------------------------------------	-----------	--

Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Cash balances at 31 st December 2021 were £13,000. At that date £2500 is payable to the Charity's founder who covered the initial expenses. This will be repaid in 2022.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have minimal running costs as all officials and helpers are unpaid volunteers, there are no premises costs. Reserves are to cover basis running costs such as website hosting, insurance and financial management software. The reserves will cover 12 months of running costs.
Amount of reserves held	Para 1.22	£1,250
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	None
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution dated 16 th November 2020
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Sophie's Stars is a Charitable Incorporated Organisation (CIO) whose voting members are its charity Trustees
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Future Trustees will be appointed by a majority decision of the existing Board of Trustees, who will take account of the skills needed to run the charity.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	SOPHIE'S STARS
Other name the charity uses	N/A
Registered charity number	1192369
Charity's principal address	2 RYBROOK DRIVE WALTON-ON-THAMES 2 RYBROOK DRIVE KT12 3DZ

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Emma Murphy			
2	Dr Asha Patel	Chairperson		
3	Richard Allam	Treasurer		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	None
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	None

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
	None	

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

None

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Asha Leena Narendra Patel	
Position (eg Secretary, Chair, etc)	Chair	
Date	26/10/2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
SOPHIE'S STARS

No (if any)
1192369

Receipts and payments accounts

CC16a

For the period from	Period start date 17/11/2020	To	Period end date 31/03/2022
------------------------	---------------------------------	----	-------------------------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
DONATIONS	3,110	-	-	3,110	-
FUND RAISING ACTIVITIES	13,169	-	-	13,169	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	16,279	-	-	16,279	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	16,279	-	-	16,279	-
A3 Payments					
COST OF FUNDRAISING	952	-	-	952	-
WEBSITE/INTERNET	517	-	-	517	-
MARKETING	1,670	-	-	1,670	-
CHARITABLE ACTIVITIES	220	-	-	220	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	3,359	-	-	3,359	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	3,359	-	-	3,359	-
Net of receipts/(payments)	12,920	-	-	12,920	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	12,920	-	-	12,920	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank balance	12,920	-	-
		-	-	-
		-	-	-
	Total cash funds	12,920	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

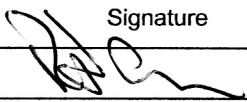
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	RJ Allam	3.11.22