MAKE A MEDIC

Registered Charity No. 1192343

TRUSTEES' ANNUAL REPORT

For the Year Ended 31 December 2025

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name:	**Make a Medic**
Charity Number:	**1192343**
Principal Address:	**Flat 31, 23 Maud Street, London, E16 1YU**
Trustees:	**Dr. Lasith Ranasinghe Dr. Syra Dhillon**
Reporting Period:	**1 January 2025 – 31 December 2025**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Make a Medic is a registered charity governed by its founding trustees. The charity was established with the purpose of developing medical education resources and supporting public health initiatives in low- and middle-income countries. Trustees meet regularly to review charitable activities, financial performance, and strategic direction. New trustees are recruited based on the skills and experience required to further the charity's objectives.

OBJECTIVES AND ACTIVITIES

Make a Medic pursues three interconnected objectives:

• To produce and distribute high-quality, accessible medical education content to a global audience of students and healthcare professionals.

• To fund and deliver targeted public health projects in low- and middle-income countries, addressing health, education, and infrastructure needs in underserved communities.

• To collaborate with established organisations and local partners to ensure that projects are community-led, sustainable, and evidence-based.

In carrying out these activities, the trustees have had regard to the Charity Commission's guidance on public benefit.

ACHIEVEMENTS AND PERFORMANCE IN 2025

1. Online Medical Education Platform

Make a Medic continued to operate and develop its online educational platform throughout 2025. The platform provides medical education resources designed to support students and healthcare professionals at all stages of their training, with particular emphasis on accessibility for those in regions with limited access to high-quality learning materials.

In 2025, the platform served approximately 2,000 active users worldwide. Content spans core medical sciences, clinical skills, and examination preparation, and is made available at low or no cost to ensure it remains accessible regardless of geographic or financial circumstances.

The online platform represents the charity's primary revenue stream, with income generated used to fund both the ongoing development of educational content and the charity's international public health projects. The trustees are committed to growing the platform's reach and impact in the coming year.

2. N'gandu Village Project, Zambia

Background

N'gandu village faces significant and intersecting public health challenges. High rates of HIV infection have led to a large number of children being orphaned, while teenage pregnancy contributes to school absenteeism and dropout. The local primary school serves 556 students but is severely under-resourced. Some children walk 7 kilometres each day to reach school for a 7am start, often going without food until they return home in the early evening. Due to chronic underfunding, a single maths textbook was shared between up to 60 children, creating significant barriers to learning and contributing to low examination pass rates.

Our Work

Make a Medic has supported N'gandu village since 2023 and continued to provide support throughout 2025. Our work comprised four key areas:

Housing: We funded the construction of four sturdy houses for vulnerable families and orphaned children, built using local builders and thatchers. This provided safe and secure accommodation for some of the community's most vulnerable members while supporting local employment.

HIV Prevention: We funded ten HIV prevention workshops delivered by peer educators, reaching 450 young people at risk of HIV infection, teenage pregnancy, and school dropout. Peer-led education was chosen to ensure sessions were culturally appropriate and well received by young people.

Maternal Health: In collaboration with the Ministry of Health, we funded two mother-to-child transmission workshops, delivering health promotion guidance and addressing misinformation to 120 mothers in the community.

Education: Following discussions with local teachers about learner needs, we funded sufficient maths textbooks to reduce the sharing ratio from one book between sixty students to one book between two students. We also funded interactive learning packs for younger grades, designed to make maths more engaging and accessible.

Impact

This project directly addressed the interconnected barriers of housing insecurity, health risk, and educational under-resourcing that were limiting outcomes for children and families in N'gandu. By working with local builders, peer educators, and the Ministry of Health, the project was designed to build community capacity rather than create dependency.

3. Nepal Healthcare and Water Project

Background

The remote region supported by this project was once a thriving part of the original Everest Base Camp trail. The opening of Lukla airport redirected trekkers onto a shorter, more convenient route, leading to a steep decline in tourism and the economic opportunities it brought. Local villages have been left with limited livelihoods and essential services, isolated from major cities such as Kathmandu, which is both costly and time-consuming to reach.

A local medical clinic — free to use — represents the only accessible healthcare option for a population of approximately 20,000 people. Separately, families in Jubing village were required to trek up to 2.5 kilometres across dangerous terrain, including steep ground and cliff paths, simply to access clean water.

Our Work

This project was delivered in collaboration with the Moving Mountains Trust, whose expertise in community-based development in Nepal was invaluable to its design and execution. The project comprised two distinct initiatives:

Bumburi Medical Centre: Make a Medic funded six months of salary costs for a nurse and a nurse's assistant at Bumburi Medical Centre, enabling the clinic to continue providing essential healthcare to the approximately 20,000 people it serves. Without this support, many patients would have faced days of travel or prohibitive expense to access equivalent care in Kathmandu.

Kari La Pass Water Project, Jubing Village: Make a Medic co-funded the installation of a piped water system drawing from the Paiya river and delivering clean water directly to 50 rural homes. This eliminated the need for dangerous 2.5-kilometre treks over steep and cliff-edged terrain that families had previously undertaken simply to access clean water.

Impact

The Nepal project addressed two fundamental needs — healthcare access and clean water — for communities that have been largely overlooked since the decline of the Everest trekking route through the region. The partnership with Moving Mountains Trust ensured that both initiatives were delivered with local knowledge, community involvement, and a commitment to long-term sustainability.

FINANCIAL REVIEW

The following summarises the charity's financial performance for the year ended 31 December 2025.

	2025 (£)
INCOME	
Online Platform Revenue (Ticket Income)	4,394.65
Other Revenue	158.95
Donations	547.01
Total Income	5,100.61
EXPENDITURE	
Charitable and Political Donations	4,000.00
IT Software and Consumables	80.41
Subscriptions	835.73
Total Expenditure	4,916.14
NET SURPLUS FOR THE YEAR	184.47

The charity's primary source of income in 2025 was revenue generated through the Make a Medic online education platform, supplemented by donations. Total income of £5,100.61 funded charitable project expenditure of £4,000.00 together with the operational costs of the platform, resulting in a net surplus of £184.47 for the year.

The trustees confirm that the charity's funds have been applied in accordance with its charitable objectives and that the charity has maintained adequate reserves to meet its ongoing commitments.

PLANS FOR THE FUTURE

In the coming year, Make a Medic intends to:

• Continue developing and expanding the online educational platform, with a target of growing the active user base beyond 2,000 and increasing the breadth of content available.

• Provide ongoing support to the N'gandu community in Zambia, monitoring the impact of completed projects and assessing further areas of need.

• Explore additional international public health projects in partnership with established organisations operating in low- and middle-income countries.

• Strengthen the charity's governance structures in line with Charity Commission guidance.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable law and United Kingdom Accounting Standards. The trustees confirm that to the best of their knowledge the Annual Report and financial statements give a true and fair view of the charity's affairs and of its income and expenditure for the year.

Signed: _____

Name: Dr. Lasith Ranasinghe

Position: Trustee

Date: 07/06/2026

Signed: _____

Name: Dr. Syra Dhillon

Position: Trustee

Date: 07/06/2026