

Herts Young Leaders Trustees' annual report for the period:

30th September 2023 to 30th September 2024

Charity registration number: 1192318

Charity Address:

c/o How Wood Primary School, Spooners Drive, Park St, St Albans, AL22HU

Company number: CE023352

Objectives and activities

To act as a resource for socially and economically disadvantaged children and young people aged between 8 and 16 living in Hertfordshire by providing advice and assistance and organising programmes of physical, educational and other activities as a means of: (a) advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals; (b) advancing education; (c) providing recreational and leisure time activities in the interest of social welfare, designed to improve their conditions of life.

To plan implement and deliver a Saturday Leadership Programme and a Skills Building Programme.

The Trustees have had regard to the guidance issued by the Charity Commission.

Achievements and performance

2024 has been a year of resilience, hope, and growth. As we continue to support our young people, we have deepened our commitment to creating safe, nurturing environments that foster confidence, leadership, and collaboration. Through tailored programmes, responsive interventions, and a playful, communicative approach, we're empowering our children affected by trauma, isolation, and disruption —especially those impacted by Adverse Childhood Experiences (ACEs) and the long-term effects of COVID-19.

What We Delivered

- 36 Saturday leadership workshops (term times) encouraging self-confidence, initiative, and voice including 3 community-led youth projects co-designed and led by our Young leaders, workshops on social media, finances, emotional regulation and more.
- 12 physical play-based learning sessions focused on communication, trust, and emotional regulation.
- Peer led mentoring/advice sessions overseen by leaders. Encouraging peer communication and advice from relatable perspective. Whilst fostering an environment where it's good to seek adult advice and support to resolve conflict and solve problems.

- Each year our founder takes part in a community Christmas parcel project, she ensures all our families and many more receive a Christmas hamper with food, basic essentials and gifts as part of our family-based approach to supporting our young people.

Case Study:

When 11-year-old Child A joined us in early 2021, she had barely spoken in class for at least two years. Having experienced multiple ACEs and severe isolation during the pandemic, her confidence was deeply shaken. Through gentle engagement in our play-based groups and encouragement in leadership games, Child began to find her voice. Today, she's performing at school festivals, part of cadets and applying for specialist performance arts school.

Parent of child A: "when my child A started Herts Young Leaders she was in year 6, had low mental health and no confidence. As a parent I was struggling with options on how to help her and Herts Young Leaders called. I knew from the first phone call my prayers had been answered. She is now going into year 9 and hopes to apply for a performing arts school in year 10. I could not have imagined this a few years ago. Thank you all for everything you do for me and my daughter."

Exciting updates from some of our young leaders:

- one has joined cadets
- One travels all over the country competing in dancing competitions
- One plays for an amazing local football team
- We have some moving up to KS4 and will be starting GCSES

In 2024, we worked alongside:

- Local schools and youth organisations
- Mental health advocates
- Community councils and neighbourhood initiatives

On a personal note, this past year was a difficult one following the sudden passing of our founder Leanne's beloved mother who was a huge inspiration behind the charity and the legacy we hope to continue of love, kindness and serving others.

Looking Ahead to 2025

We are committed to:

- Expanding our reach to young people, schools and community
- collaborating with more schools and youth organisations
- advocating for our young people's current and urgent needs
- Advocating for greater funding resources for young people at a disadvantage and impacted by COVID pandemic

Fundraising

We received £2506 in individual donations and charitable giving and £1000 from the Neighbourly Charitable Trust which we used to cover staffing costs for the leadership sessions.

Financial review

Our funds were raised through public fundraising. The charity did not hold reserves at the end of the financial year. There were not sufficient funds available to hold reserves, and the charity had not made any ongoing financial commitments for which reserves would be required.

Structure, Governance and Management

Herts Young Leaders is a Charity and a Limited Company. We are governed by our written constitution. Every charity trustee must be a natural person. No individual may be appointed as a charity trustee:

- if he or she is under the age of 16 years; or
- if he or she would automatically cease to hold office under the provisions of clause 12 in the constitution.

No one is entitled to act as a charity trustee whether on appointment or on any reappointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee.

At least one of the trustees of the charity must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees or appoint a new charity trustee. There must be at least [three] charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees or appoint a new charity trustee. There is no maximum number of charity trustees that may be appointed to the charity.

Trustees:

Cynthia Rowe
Daniel Wallace
Helen Barnett
Lukshmy Miranda Nagalingam
Nomuhle Mlalazi

Signature:



Full Name: Cynthia Rowe
Position (Chair)

Charity Name Herts Young Leaders		No (if any) 1192318					
Receipts and payments accounts							
For the period from		Period start date 1 October 2023		To		Period end date 30 September 2024	
Section A Receipts and payments							
Unrestricted funds		Restricted funds		Endowment funds		Total funds	
to the nearest £		to the nearest £		to the nearest £		to the nearest £	
A1 Receipts							
Donations		2,506					
Grant		1,000					
Interest		157					
Refund of duplicate transaction		1,440					
		-					
		-					
		-					
b total(Gross income for AR)		5,103					
A2 Asset and investment sales, (see table).							
		-					
		-					
Sub total							
Total receipts		-					
A3 Payments							
Staff Remuneration		2,400					
Supplier Invoices (partly refunded above)		2,880					
Other costs of providing charity services		308					
		-					
		-					
		-					
		-					
		-					
Sub total		5,588					
A4 Asset and investment purchases, (see table)							
		-					

[illegible]

[illegible]