

3FOOD4U

England & Wales · Charity number 1192310

Details

Status Registered

Legal form CIO

Registered 2020-11-12

Register [View on the Charity Commission register](#)

Contact

Address 13 Sun Street
Waltham Abbey
Essex
EN9 1ER

Phone 01992842642

Email info.3food4u@gmail.com

Website www.3food4u.org

Activities

Objects: THE OBJECT OF THE CIO IS:THE RELIEF OF FINANCIAL HARDSHIP AMONGST PEOPLE IN LIVING IN SOUTH EAST ENGLAND IN SUCH WAYS AS THE TRUSTEES FROM TIME-TO-TIME THINK FIT, IN PARTICULAR BUT NOT EXCLUSIVELY BY:A) PROVIDING EMERGENCY FOOD, ESSENTIAL TOILETRIES, AND HOUSEHOLD ITEMS TO INDIVIDUALS AND FAMILIES IN NEED AND/OR FOR DISTRIBUTION BY OTHER CHARITIES OR OTHER ORGANISATIONS WORKING TO PREVENT OR RELIEVE POVERTY.B) SUCH OTHER MEANS, INCLUDING (BUT NOT LIMITED TO) THE PROVISION OF SUPPORT OR SIGNPOSTING TO RELEVANT INFORMATION AND OTHER ADVISORY SERVICES.

Activities: Daily foodbank with health and wellbeing support services and social memory cafes.

Classification

- **How:** Provides Services
- **What:** Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-06	£221,216	£243,847	-	-
2024-04-06	£223,412	£202,854	-	-
2023-04-06	£225,023	£192,908	-	-
2022-04-06	£226,578	£203,733	-	-

Trustees

Name	Role	Appointed
KALPESH KAPASIAWALA	Chair	2020-11-12
Carol Byatt		2020-11-12
ED O'SHEA		2023-04-01
Sarbjit Singh Jandoo		2020-11-12