

**REGISTERED COMPANY NUMBER: 1192069 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1192069**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 OCTOBER 2022  
FOR  
FOOD FRIENDS UK**

Spurling Cannon  
Chartered Certified Accountants  
424 Margate Road  
Westwood  
Ramsgate  
Kent  
CT12 6SJ

**FOOD FRIENDS UK**

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FOR THE YEAR ENDED 31 OCTOBER 2022**

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## FOOD FRIENDS UK

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This has been our second year as a registered charity. The year has been an important one, developing and strengthening our organisation as we prepare to geographically scale our meal sharing model, whilst continuing to be a high in demand and crucial face-to-face outreach initiative.

Our mission remains to tackle social isolation and loneliness in communities through food and friendship, bringing the community together and reducing food waste with every delicious bite.

Through the kind support of several local funders and national organisations, this was another successful fundraising year for Food Friends. We secured a commissioned contract with Kent County Council, through a lead organisation IMAGO, who will fund our meal sharing initiative costs, across the town of Faversham and the Canterbury District, for the coming year. If this partnership is successful, it will provide Food Friends with a sustainable income stream for the next three to five years.

For a young charity we are in a strong position. Our work continues to be strengthened and amplified by the partnership and friendship of our communities - including local health care professionals and inspirational charities that we work alongside. These will become even more important in the years ahead as we work to scale our initiative across Kent.

We thank all those that have supported our Food Friends community over the last twelve months. A special thanks goes to our dedicated volunteers who COOK, SHARE and CARE for their community, to the invaluable pro bono support we have received from Lucy Conlan and Sarah Howarth, and to WoolCool who continue to support us with gifts in kind - providing us with 50 insulated food carriers to help our new volunteers deliver food and friendship safely this year.

We welcome our new staff members and are excited to be growing our Food Friends team as we move into the new financial year.

#### OBJECTIVES AND ACTIVITIES

##### Objectives and aims

Our objectives and aims in 2021 - 2022 were to bring people together to share food and friendship, to reduce loneliness and isolation by:

- **identifying** people in the community who are lonely or isolated, predominantly through our established network of referral path ways, including: GP's, Social Prescribing, Social Services, Age UK, schools and food banks.
- **connecting** those referred to us with a volunteer cook from their local community to deliver a home cooked meal, along with company and conversation, typically on a weekly basis. Often, doorstep chats develop into conversations over a cup of tea, and in time meaningful, sustainable friendships develop.
- identifying the additional needs of Food Friends and facilitating access to relevant organisations and services such as: support groups, independence coordinators and food banks.
- ensuring Food Friends are kept **safe**, referring concerns to social and health services when necessary.
- supporting Food Friends to **meet** others in their community through holding social dining events.

## FOOD FRIENDS UK

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022

#### OBJECTIVES AND ACTIVITIES

##### Significant activities

We have continued to deliver our home cooked meal sharing initiative across Whitstable and have started a Food Friends community in the neighbouring area of Faversham. The initiative connects volunteers (who are looking to share extra portions of their home cooked food) with a neighbour (who would benefit from a delicious meal delivered with company and conversation), often on a weekly basis. We refer to these matches as food friendships.

Our initiative is a creative way of tackling the 10 billion edible meals that The Waste and Resource Action Program (WRAP) estimates are wasted by UK households each year. Utilising household food waste in this way bridges community divides, reducing loneliness and isolation and improving the health and wellbeing of people and planet alike.

We have supported 83 food friendships over the last 12 months. We have engaged a diverse group of Food Friends who are socially isolated or lonely, many of whom have faced disproportionate challenges due to the pandemic. Most of our Food Friends are over the age of 55 or living with complex needs. Often their age, poor physical or mental health, reduced mobility, bereavement or caring for a loved one has left them feeling disconnected.

Social isolation and loneliness are increasingly recognised as fundamental public health issues. Evidence of their negative effect on health is robust, and there is a need for more effective interventions to reduce isolation and its health consequences. Research suggests that the number of over-50s experiencing loneliness is set to reach two million by 2025/6. This compares to 1.4 million in 2016/7 - a 42% increase in 10 years.

Food Friends continue to be referred to us through our established professional referral pathways, from members of the community or by self-referral. Our meal sharing initiative is high in demand. There are few organisations that have resumed face-to-face visits in the area, meaning our network of volunteers have played a vital role in supporting Food Friends to access the necessary services to keep them happy and healthy at home.

We held small gatherings to support Food Friends, who lacked confidence due to the lockdowns, to re-connect with their community. This included supporting Food Friends to attend other local community events such as cinema screenings and quiz nights.

We fully onboarded with a new customer relationship management system: Volunteer. Volunteer enables us to support and sustain our diverse volunteer network through an app. Once the volunteer safer recruitment process is completed, new recruits are invited to join the app. They can then view Food Friends awaiting to be matched with a volunteer cook, along with any allergies and intolerances they may have, their likes and dislikes, how far they live from them and general details about their interests and hobbies. Volunteers can then self-select a Food Friend that they are interested in cooking for. Once matched, they can then submit a volunteering reports upon visiting their Food Friend, providing a clear route to report concern, and an innovative solution to monitoring activity. The back-end of the Volunteer system allows Food Friends staff to work remotely with the support of a wider team. Onboarding with this system has enabled us to streamline our processes and procedures ensuring that we are ready to safely scale our meal sharing initiative.

We engaged in The Breaking Barriers Program facilitated by Social Enterprise Kent, undertaking an Equality, Diversity and Inclusivity (EDI) review aided by a specialist consultant to explore our existing policies and procedures, recruitment practises, working environment and marketing and EDI development. Food Friends embraces inclusion and diversity as a founding principle. We strive to build trust and confidence in our organisation and will continue to keep EDI at the heart of everything that we do, as we scale to support communities across Kent.

## **FOOD FRIENDS UK**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 OCTOBER 2022**

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

The impact of our meal sharing initiative is two-fold: it reduces loneliness and isolation amongst the food friends, and it promotes civic engagement and a sense of community compassion amongst volunteer cooks. We have good evidence of this positive impact via a) case studies b) qualitative data - 3 monthly check-ins with Food Friends and volunteer submitted reports captured on our volunteering App and c) third party research. Mealmakers in Scotland (the only other meal sharing initiative in the UK) reported that 86% of their service users expressed feeling less lonely because of their regular befriending support.

Our volunteer network delivered over 2700 home cooked meals to Food Friends through our meal sharing initiative, developing trusting meaningful connections within our community. Out of the 83 food friendships that we supported, 62% were sustained beyond a year and 27% beyond 6 months, evidencing the effectiveness of our model in creating sustainable connections within communities. Since our initiative began, our volunteer network has shared over 7000 home cooked meals, bringing 258 people together to share food and friendship.

We were delighted that our CEO Anna Mantell was one of 12 people across the UK selected for the Cares Family Multiplier Program. The program offers support to high potential social entrepreneurs and has a strong focus on scaling initiatives that bridge divides amongst communities. This will give Anna valuable experience and support to successfully manage Food Friends whilst we scale our meal sharing initiative across Kent. Through the program she has been assigned a coach, Carrie Deacon (NESTA) who will work with Anna over the next 6 months.

#### **FUTURE PLANS**

We are an ambitious charity, with plans to roll-out our meal sharing initiative across Kent. Over the next year we plan to expand our reach across the Canterbury District and Faversham, with the support of our new funders IMAGO, and start a new Food Friends community in Ashford.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

1192069 (England and Wales)

##### **Registered Charity number**

1192069

##### **Registered office**

32 Grimshill Road  
Whistable  
Kent  
CT5 4JL

##### **Trustees**

Ms A L Dennis  
Ms I Blathwayt  
Ms E H Lau

##### **Company Secretary**

##### **Independent Examiner**

Spurling Cannon  
Chartered Certified Accountants  
424 Margate Road  
Westwood  
Ramsgate  
Kent  
CT12 6SJ

**FOOD FRIENDS UK**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 OCTOBER 2022**

Approved by order of the board of trustees on 23 August 2023 and signed on its behalf by:

A handwritten signature in dark ink, appearing to read 'E H Lau', is positioned above the printed name.

Ms E H Lau - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
FOOD FRIENDS UK**

**Independent examiner's report to the trustees of Food Friends UK ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 October 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sophie Grant  
The Association of Chartered Certified Accountants

Spurling Cannon  
Chartered Certified Accountants  
424 Margate Road  
Westwood  
Ramsgate  
Kent  
CT12 6SJ

23 August 2023

**FOOD FRIENDS UK**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 OCTOBER 2022**

|                                    |       |                           |                          | Year Ended<br>31.10.22 | Period<br>29.10.20<br>to<br>31.10.21 |
|------------------------------------|-------|---------------------------|--------------------------|------------------------|--------------------------------------|
|                                    | Notes | Unrestricted<br>fund<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£    | Total<br>funds<br>£                  |
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                           |                          |                        |                                      |
| Donations and legacies             |       | 2,924                     | 37,371                   | 40,295                 | 40,338                               |
| <b>Charitable activities</b>       |       |                           |                          |                        |                                      |
| Charitable activities              |       | -                         | 9,832                    | 9,832                  | 7,565                                |
| Investment income                  | 2     | 11                        | -                        | 11                     | -                                    |
| <b>Total</b>                       |       | <u>2,935</u>              | <u>47,203</u>            | <u>50,138</u>          | <u>47,903</u>                        |
| <b>EXPENDITURE ON</b>              |       |                           |                          |                        |                                      |
| <b>Charitable activities</b>       |       |                           |                          |                        |                                      |
| Charitable activities              |       | 6,596                     | 31,935                   | 38,531                 | 32,332                               |
| <b>NET INCOME/(EXPENDITURE)</b>    |       |                           |                          |                        |                                      |
| Transfers between funds            | 9     | (3,661)                   | 15,268                   | 11,607                 | 15,571                               |
|                                    |       | 1,143                     | (1,143)                  | -                      | -                                    |
| Net movement in funds              |       | (2,518)                   | 14,125                   | 11,607                 | 15,571                               |
| <b>RECONCILIATION OF FUNDS</b>     |       |                           |                          |                        |                                      |
| Total funds brought forward        |       | 7,399                     | 8,172                    | 15,571                 | -                                    |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | <u><u>4,881</u></u>       | <u><u>22,297</u></u>     | <u><u>27,178</u></u>   | <u><u>15,571</u></u>                 |

The notes form part of these financial statements

**FOOD FRIENDS UK**

**BALANCE SHEET  
31 OCTOBER 2022**

|                                                  | Notes | Unrestricted<br>fund<br>£ | Restricted<br>funds<br>£ | 2022<br>Total<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|--------------------------------------------------|-------|---------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>FIXED ASSETS</b>                              |       |                           |                          |                             |                             |
| Tangible assets                                  | 6     | -                         | 913                      | 913                         | 353                         |
| <b>CURRENT ASSETS</b>                            |       |                           |                          |                             |                             |
| Debtors                                          | 7     | -                         | -                        | -                           | 1,219                       |
| Cash at bank                                     |       | 8,265                     | 25,829                   | 34,094                      | 14,338                      |
|                                                  |       | <u>8,265</u>              | <u>25,829</u>            | <u>34,094</u>               | <u>15,557</u>               |
| <b>CREDITORS</b>                                 |       |                           |                          |                             |                             |
| Amounts falling due within one year              | 8     | (3,385)                   | (4,444)                  | (7,829)                     | (339)                       |
| <b>NET CURRENT ASSETS</b>                        |       | <u>4,880</u>              | <u>21,385</u>            | <u>26,265</u>               | <u>15,218</u>               |
| <b>TOTAL ASSETS LESS CURRENT<br/>LIABILITIES</b> |       | <u>4,880</u>              | <u>22,298</u>            | <u>27,178</u>               | <u>15,571</u>               |
| <b>NET ASSETS</b>                                |       | <u>4,880</u>              | <u>22,298</u>            | <u>27,178</u>               | <u>15,571</u>               |
| <b>FUNDS</b>                                     | 9     |                           |                          |                             |                             |
| Unrestricted funds                               |       |                           |                          | 4,880                       | 7,399                       |
| Restricted funds                                 |       |                           |                          | 22,298                      | 8,172                       |
| <b>TOTAL FUNDS</b>                               |       |                           |                          | <u>27,178</u>               | <u>15,571</u>               |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 October 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 October 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

**FOOD FRIENDS UK**

**BALANCE SHEET - continued**  
**31 OCTOBER 2022**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 August 2023 and were signed on its behalf by:

E H Lau - Trustee

A handwritten signature in black ink, appearing to read 'E H Lau', followed by a period.

I Blathwayt - Trustee

A L Dennis - Trustee

## FOOD FRIENDS UK

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 OCTOBER 2022

#### 1. ACCOUNTING POLICIES

##### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

##### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

##### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

##### Taxation

The charity is exempt from corporation tax on its charitable activities.

##### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### 2. INVESTMENT INCOME

|                          | Year Ended<br>31.10.22<br>£ | Period<br>29.10.20<br>to<br>31.10.21<br>£ |
|--------------------------|-----------------------------|-------------------------------------------|
| Deposit account interest | 11                          | -                                         |

**FOOD FRIENDS UK**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 OCTOBER 2022**

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

|                             | <b>Year Ended<br/>31.10.22<br/>£</b> | <b>Period<br/>29.10.20<br/>to<br/>31.10.21<br/>£</b> |
|-----------------------------|--------------------------------------|------------------------------------------------------|
| Depreciation - owned assets | <u>538</u>                           | <u>176</u>                                           |

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 October 2022 nor for the period ended 31 October 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 October 2022 nor for the period ended 31 October 2021.

**5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|                                    | <b>Unrestricted<br/>fund<br/>£</b> | <b>Restricted<br/>funds<br/>£</b> | <b>Total<br/>funds<br/>£</b> |
|------------------------------------|------------------------------------|-----------------------------------|------------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |                                    |                                   |                              |
| Donations and legacies             | 13,138                             | 27,200                            | 40,338                       |
| <b>Charitable activities</b>       |                                    |                                   |                              |
| Charitable activities              | -                                  | 7,565                             | 7,565                        |
| <b>Total</b>                       | <u>13,138</u>                      | <u>34,765</u>                     | <u>47,903</u>                |
| <b>EXPENDITURE ON</b>              |                                    |                                   |                              |
| <b>Charitable activities</b>       |                                    |                                   |                              |
| Charitable activities              | 4,803                              | 27,529                            | 32,332                       |
| <b>NET INCOME</b>                  | 8,335                              | 7,236                             | 15,571                       |
| Transfers between funds            | (935)                              | 935                               | -                            |
| <b>Net movement in funds</b>       | <u>7,400</u>                       | <u>8,171</u>                      | <u>15,571</u>                |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <u>7,400</u>                       | <u>8,171</u>                      | <u>15,571</u>                |

**FOOD FRIENDS UK**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 OCTOBER 2022**

**6. TANGIBLE FIXED ASSETS**

|                       | Computer<br>equipment<br>£ |
|-----------------------|----------------------------|
| <b>COST</b>           |                            |
| At 1 November 2021    | 529                        |
| Additions             | 1,098                      |
|                       | <hr/>                      |
| At 31 October 2022    | 1,627                      |
|                       | <hr/>                      |
| <b>DEPRECIATION</b>   |                            |
| At 1 November 2021    | 176                        |
| Charge for year       | 538                        |
|                       | <hr/>                      |
| At 31 October 2022    | 714                        |
|                       | <hr/>                      |
| <b>NET BOOK VALUE</b> |                            |
| At 31 October 2022    | 913                        |
|                       | <hr/> <hr/>                |
| At 31 October 2021    | 353                        |
|                       | <hr/> <hr/>                |

**7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                | 2022<br>£   | 2021<br>£   |
|--------------------------------|-------------|-------------|
| Other debtors                  | -           | 208         |
| Prepayments and accrued income | -           | 1,011       |
|                                | <hr/>       | <hr/>       |
|                                | -           | 1,219       |
|                                | <hr/> <hr/> | <hr/> <hr/> |

**8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                 | 2022<br>£   | 2021<br>£   |
|---------------------------------|-------------|-------------|
| Trade creditors                 | (2)         | -           |
| Social security and other taxes | 280         | -           |
| Other creditors                 | 2,635       | 76          |
| Deferred income                 | 4,445       | -           |
| Accrued expenses                | 471         | 263         |
|                                 | <hr/>       | <hr/>       |
|                                 | 7,829       | 339         |
|                                 | <hr/> <hr/> | <hr/> <hr/> |

**FOOD FRIENDS UK**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 OCTOBER 2022**

**9. MOVEMENT IN FUNDS**

|                                                             | At<br>1.11.21<br>£   | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31.10.22<br>£  |
|-------------------------------------------------------------|----------------------|----------------------------------|------------------------------------|----------------------|
| <b>Unrestricted funds</b>                                   |                      |                                  |                                    |                      |
| General fund                                                | 7,399                | (3,662)                          | 1,143                              | 4,880                |
| <b>Restricted funds</b>                                     |                      |                                  |                                    |                      |
| Canterbury City Council                                     |                      |                                  |                                    |                      |
|                                                             | 223                  | (174)                            | -                                  | 49                   |
| Kickstart                                                   | 1,496                | (176)                            | (1,143)                            | 177                  |
| Phillip & Connie Philips Foundation                         |                      |                                  |                                    |                      |
|                                                             | 1,953                | (1,953)                          | -                                  | -                    |
| The National Lottery                                        |                      |                                  |                                    |                      |
|                                                             | 4,500                | 5,438                            | -                                  | 9,938                |
| IMAGO Canterbury District                                   |                      |                                  |                                    |                      |
|                                                             | -                    | 1,397                            | -                                  | 1,397                |
| IMAGO Events                                                |                      |                                  |                                    |                      |
|                                                             | -                    | 500                              | -                                  | 500                  |
| IMAGO Faversham                                             |                      |                                  |                                    |                      |
|                                                             | -                    | 1,027                            | -                                  | 1,027                |
| KCF Known organisation - Brook Trust                        |                      |                                  |                                    |                      |
|                                                             | -                    | 2,222                            | -                                  | 2,222                |
| KCF Known organisation - Kent Reliance<br>Provident Society |                      |                                  |                                    |                      |
|                                                             | -                    | 3,000                            | -                                  | 3,000                |
| KCF Known organisation - Pargiter Trust                     |                      |                                  |                                    |                      |
|                                                             | -                    | 3,879                            | -                                  | 3,879                |
| The Multiplier                                              |                      |                                  |                                    |                      |
|                                                             | -                    | 109                              | -                                  | 109                  |
|                                                             | <u>8,172</u>         | <u>15,269</u>                    | <u>(1,143)</u>                     | <u>22,298</u>        |
| <b>TOTAL FUNDS</b>                                          | <u><u>15,571</u></u> | <u><u>11,607</u></u>             | <u><u>-</u></u>                    | <u><u>27,178</u></u> |

**FOOD FRIENDS UK**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 OCTOBER 2022**

**9. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

|                                                             | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|-------------------------------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>                                   |                            |                            |                           |
| General fund                                                | 2,935                      | (6,597)                    | (3,662)                   |
| <b>Restricted funds</b>                                     |                            |                            |                           |
| Canterbury City Council                                     |                            |                            |                           |
|                                                             | 6,333                      | (6,507)                    | (174)                     |
| Kickstart                                                   | -                          | (176)                      | (176)                     |
| Phillip & Connie Philips Foundation                         |                            |                            |                           |
|                                                             | -                          | (1,953)                    | (1,953)                   |
| The National Lottery                                        |                            |                            |                           |
|                                                             | 9,938                      | (4,500)                    | 5,438                     |
| Chestfield Rotary Club                                      |                            |                            |                           |
|                                                             | 1,277                      | (1,277)                    | -                         |
| IMAGO Canterbury District                                   |                            |                            |                           |
|                                                             | 8,097                      | (6,700)                    | 1,397                     |
| IMAGO Events                                                |                            |                            |                           |
|                                                             | 500                        | -                          | 500                       |
| IMAGO Faversham                                             |                            |                            |                           |
|                                                             | 7,336                      | (6,309)                    | 1,027                     |
| KCF Known organisation - Brook Trust                        |                            |                            |                           |
|                                                             | 2,222                      | -                          | 2,222                     |
| KCF Known organisation - Kent Reliance<br>Provident Society |                            |                            |                           |
|                                                             | 3,000                      | -                          | 3,000                     |
| KCF Known organisation - Pargiter Trust                     |                            |                            |                           |
|                                                             | 5,000                      | (1,121)                    | 3,879                     |
| The Multiplier                                              |                            |                            |                           |
|                                                             | 3,500                      | (3,391)                    | 109                       |
|                                                             | <u>47,203</u>              | <u>(31,934)</u>            | <u>15,269</u>             |
| <b>TOTAL FUNDS</b>                                          | <u><u>50,138</u></u>       | <u><u>(38,531)</u></u>     | <u><u>11,607</u></u>      |

**FOOD FRIENDS UK**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 OCTOBER 2022**

**9. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

|                                     | Net<br>movement<br>in funds<br>£ | Transfers<br>between<br>funds<br>£ | At<br>31.10.21<br>£  |
|-------------------------------------|----------------------------------|------------------------------------|----------------------|
| <b>Unrestricted funds</b>           |                                  |                                    |                      |
| General fund                        | 8,334                            | (935)                              | 7,399                |
| <b>Restricted funds</b>             |                                  |                                    |                      |
| Canterbury City Council             |                                  |                                    |                      |
|                                     | 223                              | -                                  | 223                  |
| Kickstart                           | 561                              | 935                                | 1,496                |
| Phillip & Connie Philips Foundation |                                  |                                    |                      |
|                                     | 1,953                            | -                                  | 1,953                |
| The National Lottery                |                                  |                                    |                      |
|                                     | 4,500                            | -                                  | 4,500                |
|                                     | <u>7,237</u>                     | <u>935</u>                         | <u>8,172</u>         |
| <b>TOTAL FUNDS</b>                  | <u><u>15,571</u></u>             | <u><u>-</u></u>                    | <u><u>15,571</u></u> |

# FOOD FRIENDS UK

## NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 OCTOBER 2022

### 9. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

|                                     | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|-------------------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b>           |                            |                            |                           |
| General fund                        | 13,138                     | (4,804)                    | 8,334                     |
| <b>Restricted funds</b>             |                            |                            |                           |
| Canterbury City Council             |                            |                            |                           |
|                                     | 3,000                      | (2,777)                    | 223                       |
| KCF                                 | 4,500                      | (4,500)                    | -                         |
| KCF Howards Family and Frank Brake  |                            |                            |                           |
|                                     | 3,700                      | (3,700)                    | -                         |
| KCF Themed fund Brook Trust         |                            |                            |                           |
|                                     | 3,500                      | (3,500)                    | -                         |
| Kickstart                           | 7,565                      | (7,004)                    | 561                       |
| Phillip & Connie Philips Foundation |                            |                            |                           |
|                                     | 5,000                      | (3,047)                    | 1,953                     |
| Revival                             | 3,000                      | (3,000)                    | -                         |
| The National Lottery                |                            |                            |                           |
|                                     | 4,500                      | -                          | 4,500                     |
|                                     | 34,765                     | (27,528)                   | 7,237                     |
| <b>TOTAL FUNDS</b>                  | <b>47,903</b>              | <b>(32,332)</b>            | <b>15,571</b>             |

### 10. RELATED PARTY DISCLOSURES

During the year, the CEO of Food Fiends UK, Anna Mantell, received £21,466 as project co-ordinator.

### 11. DESCRIPTION OF FUNDS

#### Canterbury City Council - Sector Recovery Grant

Grant to improve our operational resilience by fully implementing, and developing the use of the Volunteer App

#### Canterbury City Council - Strategic Grant

Grant to support our meal sharing in the Canterbury District, fund training and a Food Friends get together.

#### The National Lottery - Awards For All

50% of grant to fund training for volunteers and staff and the other 50% to fund strategic development

#### Chestfield Rotary

Grant to fund additional volunteer recruitment in Whitstable

#### Imago Canterbury District

Service Level Agreement to deliver our meal sharing initiative across the Canterbury District.

#### Imago Faversham

Service Level Agreement to deliver our meal sharing initiative across Faversham.

**FOOD FRIENDS UK**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 OCTOBER 2022**

**11. DESCRIPTION OF FUNDS - continued**

**Imago events**

Service Level Agreement to get together members of our Food Friends community.

**KCF Known Organisation - Brook Trust**

Grant to part fund CEO salary for next financial year

**KCF Known Organisation - Pargiter Trust**

Grant to part fund CEO salary for next financial year

**KCF Known Organisation - Kent Reliance Provident Society**

Grant to part fund CEO salary for next financial year

**The Multiplier**

Grant to fund management time for strategic development

**FOOD FRIENDS UK**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 OCTOBER 2022**

|                                 | Year Ended<br>31.10.22<br>£ | Period<br>to<br>31.10.21<br>£ | 29.10.20 |
|---------------------------------|-----------------------------|-------------------------------|----------|
| <b>INCOME AND ENDOWMENTS</b>    |                             |                               |          |
| <b>Donations and legacies</b>   |                             |                               |          |
| Donations                       | 40,295                      | 40,338                        |          |
| <b>Investment income</b>        |                             |                               |          |
| Deposit account interest        | 11                          | -                             |          |
| <b>Charitable activities</b>    |                             |                               |          |
| Grants                          | 9,832                       | 7,565                         |          |
| <b>Total incoming resources</b> | <b>50,138</b>               | <b>47,903</b>                 |          |
| <b>EXPENDITURE</b>              |                             |                               |          |
| <b>Charitable activities</b>    |                             |                               |          |
| Wages                           | 12,919                      | 5,896                         |          |
| Social security                 | -                           | 158                           |          |
| Pensions                        | 84                          | 32                            |          |
| Insurance                       | 677                         | 429                           |          |
| Telephone                       | 349                         | 59                            |          |
| Postage and stationery          | 676                         | 107                           |          |
| Advertising                     | 102                         | 252                           |          |
| Sundries                        | 2,016                       | 1,389                         |          |
| Project co-ordinator            | 16,385                      | 21,466                        |          |
| Computer costs                  | 2,588                       | 227                           |          |
| Subscriptions                   | 183                         | 259                           |          |
| Training                        | 570                         | 765                           |          |
| Travel costs                    | 174                         | 65                            |          |
|                                 | <b>36,723</b>               | <b>31,104</b>                 |          |
| <b>Support costs</b>            |                             |                               |          |
| <b>Management</b>               |                             |                               |          |
| Computer equipment              | 538                         | 176                           |          |
| <b>Finance</b>                  |                             |                               |          |
| Bank charges                    | 87                          | 85                            |          |
| <b>Governance costs</b>         |                             |                               |          |
| Accountancy and legal fees      | 1,183                       | 967                           |          |
| <b>Total resources expended</b> | <b>38,531</b>               | <b>32,332</b>                 |          |
| <b>Net income</b>               | <b>11,607</b>               | <b>15,571</b>                 |          |