

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021
FOR
FOOD FRIENDS UK**

Spurling Cannon
Chartered Certified Accountants
424 Margate Road
Westwood
Ramsgate
Kent
CT12 6SJ

FOOD FRIENDS UK

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FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021**

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FOOD FRIENDS UK
REPORT OF THE TRUSTEES
FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021

The trustees present their report with the financial statements of the charity for the period 29 October 2020 to 31 October 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Following the registration of Food Friends as charity in October 2020, the year has been an important one consolidating the work that the organisation does in the Canterbury district, while continuing to be an important part of the local community response to the COVID-19 pandemic and the ongoing loneliness and disconnection experienced by members of the community.

Through the kind support of several local donors and national organisations, this year saw Food Friends almost treble its income, which allowed the organisation to work with over twice the number of volunteers, reach over double the beneficiaries and successfully offer families weekly meals during the third national lockdown.

The mission remains to tackle social isolation and loneliness in communities through food and friendship.

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our objectives and aims in 2020 - 2021 were to:

" Identify members of the community who are socially isolated or lonely (Food Friends) through our established network of referral pathways, including: GP's, Social Prescribing, Social Services, Age UK and local churches.

" Connect those Food Friends with a volunteer from their local community, to deliver a nutritious meal and doorstep befriending, typically on a weekly basis.

" Identify the additional needs of Food Friends and facilitate access to relevant organisations and services such as: support groups and independence coordinators.

" Ensure Food Friends are kept safe, referring concerns to social and health services when necessary.

" Support our Food Friends to re-integrate with their community through holding small COVID-secure gatherings (in line with COVID restrictions).

FOOD FRIENDS UK

REPORT OF THE TRUSTEES FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021

OBJECTIVES AND ACTIVITIES

Significant activities

Our activities over the last 12 months have meant that as an organisation we have supported 140 Food Friends with a volunteer network of just under 100. We have engaged a diverse group of Food Friends who are socially isolated or lonely, many of whom have faced disproportionate challenges due to the pandemic. Food Friends can be lonely or isolated for a myriad of reasons. Often their age, poor physical or mental health, reduced mobility, bereavement or caring for a loved one has left them feeling disconnected and alone.

Our community meal-sharing initiative has connected volunteers - who are willing to deliver an extra portion of their home cooked food - with a Food Friend, who would benefit from a nutritious meal and doorstep befriending, often on a weekly basis. Food Friends are referred to us through our established professional referral pathways or from a member of the community.

We pivoted our model to support families facing food insecurity and disconnection due to the third national lockdown. Partnering with The Umbrella Café CIC and The Umbrella Centre, our volunteer network delivered nutritious meals, along with doorstep befriending to these families. We additionally supported the Umbrella Café CIC to deliver their Pantry Project to those who were unable to physically access the pantry, supporting pantry members to re access the service independently when they were able.

Partnering with Revival CIC, we supported members of the community pushed into crisis because of the pandemic. Revival's staff, who are highly trained and have undertaken mental health first aid training, delivered food and friendship with the aim of bridging the gap to other local mental health services.

We held small gatherings to support Food Friends, who lacked confidence due to the lockdowns, to re connect with their community.

We employed a young member of staff over a six-month period, through the government Kickstart Scheme, providing them with a supportive environment to gain the confidence and skills needed to help them enter full time employment.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

We have achieved valuable outcomes; the organisation has helped reduce social isolation, loneliness and food insecurity amongst our Food Friends as well as promoted civic engagement, wellbeing, and a sense of community compassion amongst the volunteer neighbours.

Our volunteer network delivered over 2700 home cooked meals to Food Friends through our meal sharing initiative, developing trusting meaningful connections within our community.

Our volunteer network delivered just under 700 nutritious meals, cooked up by the Umbrella Café CIC, along with doorstep befriending, to families facing food insecurity and disconnection due to the third national lockdown. We delivered 80 pantry shops during this period. Food Friends and The Umbrella Café CIC won a national award, The Triumph Over Adversity category in the National Care Catering Awards, for our partnership working during the national lockdowns.

Our partnership with Revival CIC delivered 370 meals along with doorstep befriending over an 8-month period to members of the community pushed into crisis because of the pandemic. 90% of these Food Friends went on to engage in a formal peer support programme.

We were delighted that our CEO Anna Mantell was awarded The Points of Light Award by the Prime Minister on 'National Loneliness Awareness Week' in June 2021 for her work setting our meal sharing initiative. She joined the PM at 10 Downing Street for 'National Thank You day' to discuss the work of Food Friends and was one of ten people chosen across the world to tell her story, as an inspiration honour roll, at the Points of Light Gala held in New York in September 2021.

FUTURE PLANS

In November 2021 Food Friends secured funding to create a Food Friends network in Faversham, Swale district. Match funding applications are underway, and the aim is to grow the organisation including recruiting new staff members, growing our volunteer network to reach larger numbers of Food Friends and expanding our geographical catchment.

FOOD FRIENDS UK

**REPORT OF THE TRUSTEES
FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1192069

Principal address

32 Grimshill Road

Whitstable

Kent

CT5 4LJ

Trustees

Ms A L Dennis

Ms I Blathwayt

Ms E H Lau

Independent Examiner

Spurling Cannon

Chartered Certified Accountants

424 Margate Road

Westwood

Ramsgate

Kent

CT12 6SJ

Approved by order of the board of trustees on12/4/22..... and signed on its behalf by:


.....
Ms E H Lau - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
FOOD FRIENDS UK**

Independent examiner's report to the trustees of Food Friends UK

I report to the charity trustees on my examination of the accounts of Food Friends UK (the Trust) for the period 29 October 2020 to 31 October 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

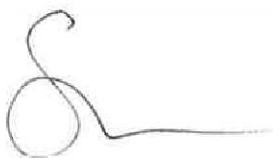
I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Spurling Cannon
Chartered Certified Accountants
424 Margate Road
Westwood
Ramsgate
Kent
CT12 6SJ

Date:

FOOD FRIENDS UK

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021**

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies		13,139	27,202	40,341
Charitable activities				
Charitable activities		-	7,565	7,565
Total		<u>13,139</u>	<u>34,767</u>	<u>47,906</u>
EXPENDITURE ON				
Charitable activities				
Charitable activities		4,806	27,529	32,335
NET INCOME		<u>8,333</u>	<u>7,238</u>	<u>15,571</u>
Transfers between funds	6	(935)	935	-
Net movement in funds		<u>7,398</u>	<u>8,173</u>	<u>15,571</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>7,398</u></u>	<u><u>8,173</u></u>	<u><u>15,571</u></u>

The notes form part of these financial statements

FOOD FRIENDS UK

**BALANCE SHEET
31 OCTOBER 2021**

	Notes	Unrestricted fund £	Restricted funds £	Total funds £
FIXED ASSETS				
Tangible assets	3	-	353	353
CURRENT ASSETS				
Debtors	4	-	1,219	1,219
Cash at bank		7,662	6,676	14,338
		<u>7,662</u>	<u>7,895</u>	<u>15,557</u>
CREDITORS				
Amounts falling due within one year	5	(263)	(76)	(339)
		<u>7,399</u>	<u>7,819</u>	<u>15,218</u>
NET CURRENT ASSETS				
		<u>7,399</u>	<u>8,172</u>	<u>15,571</u>
TOTAL ASSETS LESS CURRENT LIABILITIES				
		<u>7,399</u>	<u>8,172</u>	<u>15,571</u>
NET ASSETS				
		<u>7,399</u>	<u>8,172</u>	<u>15,571</u>
FUNDS	6			
Unrestricted funds				7,399
Restricted funds				8,172
TOTAL FUNDS				<u>15,571</u>

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
A L Dennis - Trustee

.....
I Blathwayt - Trustee


.....
E H Lau - Trustee

The notes form part of these financial statements

FOOD FRIENDS UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 October 2021.

Trustees' expenses

There were no trustees' expenses paid for the period ended 31 October 2021.

FOOD FRIENDS UK

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021**

3. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
Additions	529
DEPRECIATION	
Charge for year	176
NET BOOK VALUE	
At 31 October 2021	353

4. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Other debtors	208
Prepayments and accrued income	1,011
	1,219

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Other creditors	339

6. MOVEMENT IN FUNDS

	Net movement in funds £	Transfers between funds £	At 31.10.21 £
Unrestricted funds			
General fund	8,334	(935)	7,399
Restricted funds			
Canterbury City Council	223	-	223
Kickstart	561	935	1,496
Phillip & Connie Philips Foundation	1,953	-	1,953
The National Lottery	4,500	-	4,500
	7,237	935	8,172
TOTAL FUNDS	15,571	-	15,571

FOOD FRIENDS UK

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021

6. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	13,139	(4,805)	8,334
Restricted funds			
Canterbury City Council	3,001	(2,778)	223
KCF	4,501	(4,501)	-
KCF Howards Family and Frank Brake	3,700	(3,700)	-
KCF Themed fund Brook Trust	3,500	(3,500)	-
Kickstart	7,565	(7,004)	561
Phillip & Connie Philips Foundation	5,000	(3,047)	1,953
Revival	3,000	(3,000)	-
The National Lottery	4,500	-	4,500
	<u>34,767</u>	<u>(27,530)</u>	<u>7,237</u>
TOTAL FUNDS	<u>47,906</u>	<u>(32,335)</u>	<u>15,571</u>

7. RELATED PARTY DISCLOSURES

During the year, the CEO of Food Fiends UK, Anna Mantell, received £21,466 as project co-ordinator.

8. DESCRIPTION OF FUNDS

CCC Wellbeing fund:

To enable Food Friends to meet the increased need for our service in Whitstable, particularly meeting the mental health and emotional needs of new referrals received since January 2021.

CCC Wellbeing fund:

To enable Food Friends to meet the increased need for our service in Whitstable, particularly meeting the mental health and emotional needs of new referrals received since January 2021.

KCF Covid Response:

To enable Food Friends to continue to reach all our 232 beneficiaries, including the huge numbers referred since the start of this pandemic, as well as supporting our growing volunteer network of 60 over the next six months.

KCF Howards Family and Frank Brake

A donation from Kent Community Foundation towards the core running costs of Food Friends UK

KCF Themed fund Brook Trust

To enable Food Friends to drive our meal sharing initiative forward to meet the needs of the isolated elderly population. Over the next six months we will have a strong focus of supporting our beneficiaries and volunteers to re integrate with their community. We will run small COVID safe gatherings to nurture confidence.

Kickstart:

Official government initiative

FOOD FRIENDS UK

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021**

8. DESCRIPTION OF FUNDS - continued

Phillip & Connie Philips Foundation:

To enable Food Friends to drive our initiative forward and meet the increased need for our service. In the next 12 months we aim to provide weekly meals, along with doorstep befriending to 100 vulnerable Whitstable residents.

Revival (utilised):

Funds secured by Revival to partner with Food Friends to reach members of the community pushed into crisis as a result of the pandemic to cover any core costs associated with the partnership.

The National Lottery:

Places called home grant to create another Food Friends community network in the neighbouring area of Faversham, where there is significant demand for our service.

FOOD FRIENDS UK

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 29 OCTOBER 2020 TO 31 OCTOBER 2021**

£

INCOME AND ENDOWMENTS

Donations and legacies

Gifts

3

Donations

40,338

40,341

Charitable activities

Grants

7,565

Total incoming resources

47,906

EXPENDITURE

Charitable activities

Wages

5,896

Social security

158

Pensions

32

Insurance

429

Telephone

59

Postage and stationery

107

Advertising

252

Sundries

1,389

Project co-ordinator

21,466

Computer costs

227

Subscriptions

259

Training

765

Travel costs

65

31,104

Support costs

Management

Computer equipment

176

Finance

Bank charges

85

Governance costs

Accountancy and legal fees

970

Total resources expended

32,335

Net income

15,571

This page does not form part of the statutory financial statements

