

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE PERIOD 28 OCTOBER 2020 TO 31 JANUARY 2022
FOR
HEARTS HELPING HERTS

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FOR THE PERIOD 28 OCTOBER 2020 TO 31 JANUARY 2022

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REPORT OF THE TRUSTEES FOR THE PERIOD 28 OCTOBER 2020 TO 31 JANUARY 2022

The trustees present their report with the financial statements of the charity for the period 28 October 2020 to 31 January 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Supporting Broxbourne Borough residents living in crisis. A food bank related service providing fresh food and ambient products for those unable to afford a meal every week, including a Mindful Craft Cafe in support of poor mental health related illnesses. These support services are delivered from Rosedale Community Church in Cheshunt.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1192051

Principal address

48 Hartness
Rosedale
Cheshunt
Hertfordshire
EN7 6JY

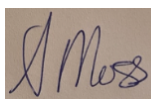
Trustees

Ms A D Moss (appointed 28.10.2020)
Ms S E Norgrove (appointed 6.9.2021)
G Malena (appointed 18.10.2021)

Independent Examiner

Abbey Accountants Limited
Old Bishops' College
Churchgate
Cheshunt
Hertfordshire
EN8 9XP

Approved by order of the board of trustees on 30 November 2022 and signed on its behalf by:



Ms A D Moss - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
HEARTS HELPING HERTS

Independent examiner's report to the trustees of Hearts Helping Herts

I report to the charity trustees on my examination of the accounts of Hearts Helping Herts (the Trust) for the period 28 October 2020 to 31 January 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Abbey Accountants Limited
Old Bishops' College
Churchgate
Cheshunt
Hertfordshire
EN8 9XP

30 November 2022

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STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 28 OCTOBER 2020 TO 31 JANUARY 2022

	Notes	Unrestricted fund £
INCOME AND ENDOWMENTS FROM		
Donations and legacies		47,539
EXPENDITURE ON		
Raising funds		45,185
NET INCOME		2,354
TOTAL FUNDS CARRIED FORWARD		2,354

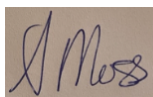
The notes form part of these financial statements

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BALANCE SHEET
31 JANUARY 2022

	Notes	Unrestricted fund £
FIXED ASSETS		
Tangible assets	3	3,161
CURRENT ASSETS		
Cash at bank		3
CREDITORS		
Amounts falling due within one year	4	(810)
NET CURRENT ASSETS		(807)
TOTAL ASSETS LESS CURRENT LIABILITIES		2,354
NET ASSETS		2,354
FUNDS	5	
Unrestricted funds		2,354
TOTAL FUNDS		2,354

The financial statements were approved by the Board of Trustees and authorised for issue on 30 November 2022 and were signed on its behalf by:



A D Moss - Trustee

HEARTS HELPING HERTS

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD 28 OCTOBER 2020 TO 31 JANUARY 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 January 2022.

Trustees' expenses

The total trustees expenses paid in the period amounted to £10,381.

3. TANGIBLE FIXED ASSETS

	Plant and machinery £	Computer equipment £	Totals £
COST			
Additions	1,712	1,449	3,161
NET BOOK VALUE			
At 31 January 2022	1,712	1,449	3,161

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE PERIOD 28 OCTOBER 2020 TO 31 JANUARY 2022

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Other creditors	810
	<u>810</u>

5. MOVEMENT IN FUNDS

	Net movement in funds £	At 31.1.22 £
Unrestricted funds		
General fund	2,354	2,354
	<u>2,354</u>	<u>2,354</u>
TOTAL FUNDS	<u>2,354</u>	<u>2,354</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	47,539	(45,185)	2,354
	<u>47,539</u>	<u>(45,185)</u>	<u>2,354</u>
TOTAL FUNDS	<u>47,539</u>	<u>(45,185)</u>	<u>2,354</u>

6. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 January 2022.

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DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE PERIOD 28 OCTOBER 2020 TO 31 JANUARY 2022

£

INCOME AND ENDOWMENTS

Donations and legacies

Donations	2,983
Grants	44,556

47,539

Total incoming resources

47,539

EXPENDITURE

Raising donations and legacies

Food support	2,485
Gas/Elect support	2,027
Other assistance	1,373
Days out support	1,076
Give a xmas smile project	1,270

8,231

Other trading activities

Food purchases	14,028
Equipment and other supplies	1,479
Administration expenses	11,293
Rent	2,154
Accountancy	810
Motor vehicle expenses	3,048
IT software	127
Website expenses	1,864
Office costs	1,095
Printing, postage & stationery	355
Other expenses	603

36,856

Support costs

Finance

Bank charges	98
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Total resources expended	<u>45,185</u>
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Net income	<u><u>2,354</u></u>
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