

A LEG TO STAND, A HAND TO FEED

ANNUAL REPORT 2

NOV 21 – OCT 22

REGISTERED CHARITY 1192042



2020/5/



OUR FIRST REPORT WAS DEDICATED TO OUR THREE FRIENDS STEVE LOVELL, TABITAYA, AND DAVID GRAY. ALWAYS STILL IN OUR THOUGHTS, THEIR LEGACY OF SUPPORT CONTINUES.

'WHAT IS IMPORTANT TO US IS THAT PEOPLE ARE CARED FOR, FEEL SAFE, VALUED, RESPECTED AND LOVED. THIS WAS MISSING FOR A COMMUNITY ABANDONED BY THEIR OWN FAMILIES. BUT THE BENEFITS ARE NOT JUST ONE WAY, LINKING WITH THIS GROUP GAVE US A REAL BOOST AND NEW PURPOSE IN LIFE OVER THE HARSH DAYS OF LOCKDOWN AND BEYOND ' JOHN HALPERN, LIZA TONG, DIETS VERSCHUREN - TRUSTEES LEG TO STAND



BACKGROUND

Who are we? The trustees Liza and Diets were friends with experience in international development, community mobilisation and health and social care. Liza worked with John's wife Taline at the AIDS Alliance (a UK based INGO). Over dinner one night Liza shared how the group had recently got back in touch with her and described their urgent circumstances. We agreed there and then that we were going to do something about this. Diets, with her care/nursing background, when contacted offered her skills to support. A few meetings later we came up with the idea of forming the charity a Leg to Stand a Hand to Feed, a name chosen by the community themselves. John's friend Steve (who has since sadly passed away this year) wanted to help too, and set up our website www.alegtostand.com.

First introduced by UK Church to a community of people affected by leprosy living in a commune in Paralakhemundi, India. Distributed health kits, provided wound care awareness and self management, some emergency relief. Thereafter intermittent fundraising efforts for emergency situations

2010

Community struggling under the hardships of very harsh COVID 19 lockdown in India. Unable to access food and medicines they desperately needed. Added burden of massive increase in prices of basic food stuff meant they were close to starvation. Friends in East Sussex formed a support group to fundraise.

Early 2020

Both UK and Paralakhemundi groups meet virtually and establish priorities. Food and essential medication support via Indian NGO partner "Open Ministry Orisha Peace and Evangelical Network", linked by the UK Church, is provided. Virtual relationships grow and strengthen.

April 2020

Fundraising, nutritional, health, well-being services and infrastructure provided to improve the quality of life for the Community. The UK group is registered (no. 1192042) as a small NGO – Leg to Stand Hand to Feed, a name chosen by the Community in India

Oct 2020

2 years as a registered Charity. Our activities over 21/22 are contained in this report.

Nov 2021 – Oct 22

WHO ARE OUR BENEFICIARIES?

- Our organisation supports sufferers of leprosy, pre and post treatment, their families and dependents in, but not exclusively, the city of Paralakhemundi, Odisha, India.
- Between Nov 2021- Oct 2022 we have reached 8 people suffering from the effects of leprosy and 15 family members with services to improve their well being and quality of life. The youngest is less than 1 year and the oldest is 60.
- On outreach and community sensitization, we have contributed to the District Health Authority Paralakhemund health promotion campaign, holding leprosy awareness camps in villages (average 100 individuals) up to 90km from Paralakhemundi. We educate communities to the signs and symptoms of leprosy and refer approx 7-10% for follow up investigations at the District Hospital.



KEY ACHIEVEMENTS IN HEALTH AND DIGNITY

- WASH – continued provision of clean water and electricity to latrines in the compound
- HEALTH – Follow on covid vaccinations and paid for an urgent hospital stay for one of our group suffering from gangrene in her hand.
- Supported one of our young ladies before, during and after the birth of her child. Funded the hospital stay and delivery.
- Continued liaison with the District Health Officer and advocated on behalf of the group for their weekly medical assessment and wound care
- SOCIAL SUPPORT – advocacy on behalf of the group to access their rights to their disability allowance





UPDATES IN CARE, SUPPORT AND LIVELIHOODS

The cost of living in India has increased 3 fold for some basic food items. We have still managed to :-

- Provide a monthly delivery of food (rice, pulses, fresh fruit and vegetables, protein (eggs, meat), oil and spices, as well as bandages and medication
- Purchase 6 goats for the group to own and pilot a breeding programme
- Rebuild the roof and walls of one of the dwellings which had been destroyed in the monsoon



KEY ACHIEVEMENTS IN BOOSTING WELLBEING

FOLLOWING THE SUCCESS OF THEIR FIRST TRIP TO THE SEA LAST YEAR WE ARRANGED A SECOND BEACH TRIP IN MEMORY OF STEVE

WE ALSO TOOK THE GROUP ON A DAY TRIP TO THE LOCAL WATERFALLS – A POPULAR TOURIST SPOT.

WE PURCHASED ADDITIONAL FOOD AT KEY FESTIVAL MOMENTS FOR THE GROUP TO CELEBRATE TOGETHER



OUR GOVERNANCE AND OPERATING MODEL

- We work through our local group of volunteers led by David Lima and the Open Ministry Orisha Peace and Evangelical Network
- Leg to Stand has 3 trustees and a WASH/public health adviser
- Each trustee has a background in international development, health and social care, media and programme management.
- We have no paid staff and transfer 100% of funds raised to the community and volunteers in India
- We work with and through other local organisations in the health field, specializing in leprosy
- The diagram on the right illustrates our respective roles and responsibilities

Leg to Stand Hand to Feed

Fundraising
Real time monitoring
and evaluation
Accountability to
donors
Advice /linkage
organisation LEPRA
etc
Needs assessment

Funds
disbursed

Open Ministry

Logistics
Needs assessment
Purchasing and
transportation of
supplies
Distribution of
supplies to group
Selecting contractors
for work
Oversee any contract
work to improve
infrastructure

Evidence of
use of funds

HOW WE MONITOR AND EVALUATE

- We use monthly Skype and Zoom calls to speak directly with our community to find out exactly how the money is spent and what their concerns, progress and aspirations are.
- We have more regular verbal updates from the Open Ministry via David Lima
- We complete simple excel based monthly financial accounts
- We gather stories of change and use other qualitative methods such as focus group discussions in our monthly catch up calls.
- We invite guests to the catch up calls, who share skills and experience and support fundraising.

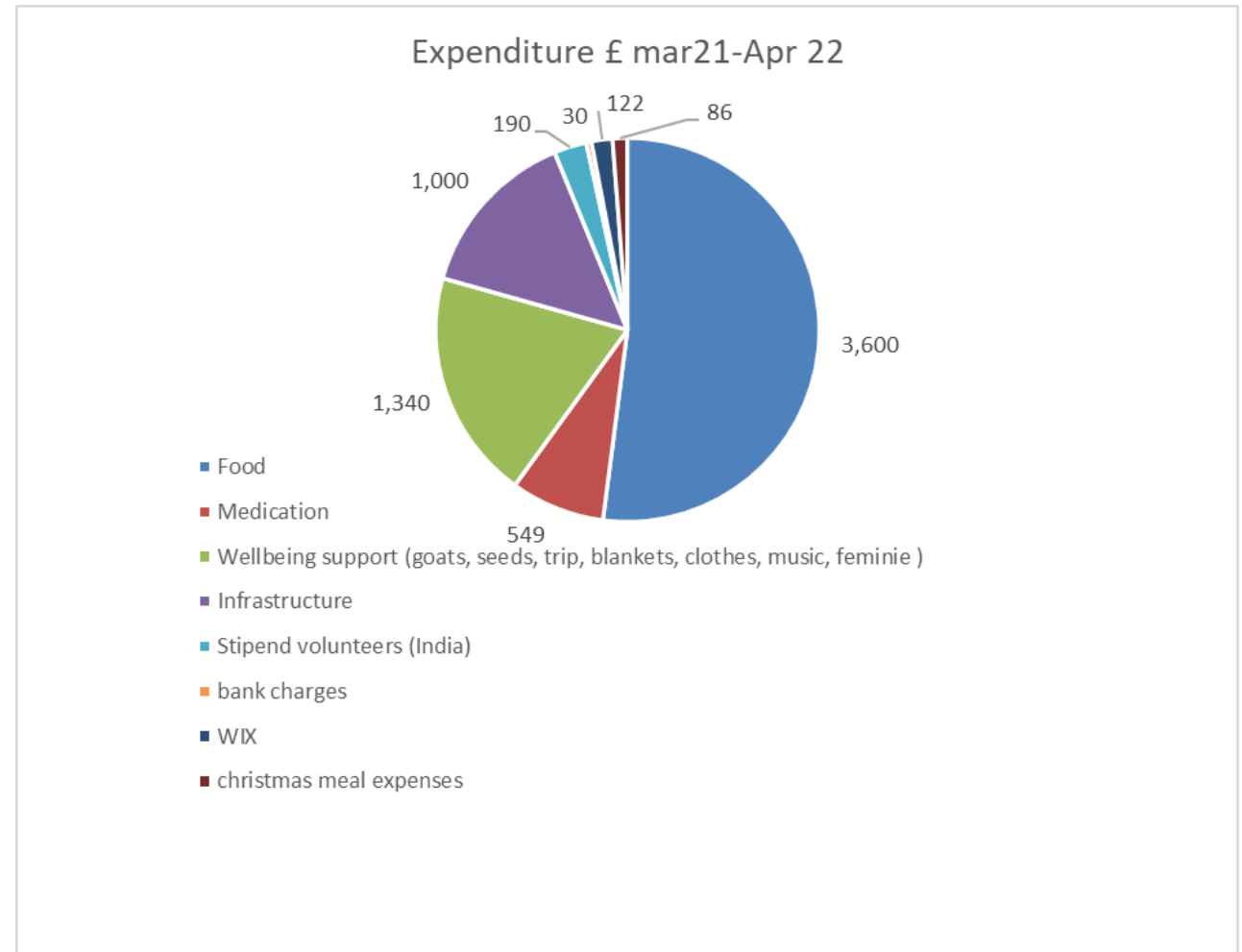


FINANCIAL REPORT

Outgoings Analysis

- Total income for this period was £6989
- The total expenditure was £6917
- Food and medication formed £4149 of the annual expenditure and were a recurrent monthly cost
- Wellbeing costs £1340 includes: goats, seeds, clothes trips etc
- Infrastructure costs include monsoon damage repairs, material costs £1000
- We paid a small stipend to local India based volunteers, of £190
- A smaller proportion of funding comes through Just Giving – which charges a 3% fee. Most of our donations are received through our HSBC charity account

Financial outgoings 31 March 2021 – 1 Apr 2022





THANK YOU TO ALL OUR SUPPORTERS!!

Annual Accounts 01Apr 2021 - 31 Mar 2022 Leg to Stand Hand to Feet

Receipts and Payments Account

Year start date		Year end date	
For the year from	Apr-21	To	Mar-22

Receipts and payments

	2021/22 Unrestricted funds £	200Y/0Z Restricted funds £	200Y/0Z Total funds £
Receipts			
Donations, legacies and similar income			
Membership subscriptions	-	-	-
Donations	6,266	-	6,266
Legacies	-	-	-
Gift Aid	-	-	-
Other similar income	-	-	-
Sub total	6,266	-	6,266
Grants	-	-	-
Grant	-	-	-
Other grants	-	-	-
Sub total	-	-	-
Fundraising (gross)			
Christmas movie night	723	-	723
Detail 2	-	-	-
Other fundraising activities	-	-	-
	-	-	-
Sub total	723	-	723
Investment income			
Bank interest	-	-	-
Building Society interest	-	-	-
Other investment income	-	-	-
	-	-	-
	-	-	-
Sub total	6,989	-	-
Total Gross Income	6,989	-	6,989
Asset and investment sales, etc.	-	-	-
Total receipts	6,989	-	6,989

Annual Accounts 01Apr 2021 - 31 Mar 2022 Leg to Stand Hand to Feet

Receipts and Payments Account

	Year start date	Year start date	Year start date	
For the year from	Apr-21			To

Receipts and payments

	2021/22 Unrestricted funds £	200Y/0Z Restricted funds £	200Y/0Z Total funds £
Payments			
Charitable Payments			
Wages	-	-	-
Rent	-	-	-
Water	-	-	-
Electricity and Gas	-	-	-
Insurance	-	-	-
Repairs and Renewals	-	-	-
Materials and equipment	-	-	-
Printing and photocopying	-	-	-
AGM and trustee expenses	-	-	-
Food	3,600	-	
Medication	549	-	
Wellbeing support (goats, seeds, trip, blankets, clothes, music, <u>feminie</u>)	1,340	-	
Infrastructure	1,000	-	1,000
Stipend volunteers (India)	190	-	190
bank charges	30	-	
Sub total	6,709	-	
Fundraising expenses			
WIX	122	-	
christmas meal expenses	86	-	86
Detail 3	-	-	-
Other fundraising costs	-	-	-
Sub total	208	-	
Total Gross Expenditure	6,917	-	
Asset and investment purchases, etc.	-	-	-
Total payments	6,917	-	
Net of receipts/(payments)	72	-	
Cash funds last year end	-	-	-
Cash funds this year end	72	-	

Statement of assets and liabilities at the end of the year

	Xst X 200Z Unrestricted funds £	Xst X 200Z Restricted funds £	Xst X 200Z Total funds £
Cash funds			
Bank current account	1,967	-	
Bank deposit account	-	-	-
Cash/Floats	-	-	-
	-	-	-
	-	-	-
Total cash funds (Agree balances with receipts and payments account(s))	1,967	-	-
Other monetary assets			
Tax claim	-	-	-
	-	-	-
	-	-	-
Sub total	-	-	-
Investment assets			
	-	-	-
	-	-	-
	-	-	-
Sub total	-	-	-
Non monetary assets for charity's own use			
Stock	-	-	-
Land and buildings	-	-	-
Motor vehicles	-	-	-
Other	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total	-	-	-
Liabilities			
Accounts not yet paid	-	-	-
Expenses incurred but not invoiced	-	-	-
Subscriptions not yet paid	-	-	-
Loan - detail	-	-	-
Other liabilities	-	-	-
Sub total	-	-	-

Contingent liabilities and future obligations

Signed by one or two trustees on behalf of all the trustees

Signature

Liza Tong

Eurydice Verschuren

Print Name

Liza Tong

Eurydice Verschuren

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**Last Year
Total funds
£**

-	
6,397	
-	
-	
-	
6,397	
-	
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6,397	
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6,397	

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Year end date

Mar-22

Last Year
Total funds
£

-
-
-
-
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-
-
-
-
-
2,977
744
918
830
40
-
5,509
190
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190

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5-Jul-22
5-Jul-22

Income from 01 Apr 2021 to 31 Mar 2022	6989.03		
Expenditure 01 Apr to 31 Mar 22	6917.34	cost/month	576