



**Manchester
Sikh Foundation**

**Manchester Sikh Foundation
Charitable Incorporated Organisation
Charity Number 1191992**

Working Name: Feed My City

Annual Report and Unaudited Accounts

FOR THE PERIOD 26.10.2020 TO 30.06.2021

Trustees: Sukhbir Singh
Amarjit Singh Nagra - Resigned 09.08.2021
Ambrat Kaur Singh
Resham Gulab Singh - Appointed 09.08.2021

Address: Unit 2
63-65 Beswick Street
Manchester M4 7HR

Background

A group of Sikh volunteers established Feed My City, which is a precursor of the Manchester Sikh Foundation, in January 2019 with the aim of helping to address food poverty in Manchester by delivering hot meals from a mobile food van. The food van operated at a dozen locations around Greater Manchester in the most deprived areas of the city region.

The demand for the service increased significantly with the onset of the COVID-19 pandemic. The service was expanded to include the delivery of dry food parcels. From March 2020, hot meals were cooked and served from temporary premises and the van was not allowed to operate at the usual locations. Feed My City served in excess of 80,000 hot meals and nearly 1,500 dry food parcels by end of June 2020. The service was provided for seven days a week and providing in excess of 1,000 meals on each day.

The volunteers who ensured that our programme achieved its objectives came from all walks of life and included people from different faiths, non-faith and across genders and race. Our main purpose is to serve hot nourishing food and dry food parcels to those in most need.

In October 2020, Feed My City was offered a building with the condition that the group had to formally operate within the framework of a registered charity. That led to the formation of the Manchester Sikh Foundation and Feed My City became the flag ship project of the Foundation with the view to ensure its development and sustainability whilst meeting the stipulated requirements.

The charity was registered on 26th October 2020. Subsequently the offer of the building was withdrawn due to time factors. However, another building became available in May 2021. Funding for building work to make it fit for purpose and the running costs were raised from the community. Building work was largely completed by 30th June 2021 and we were then ready to move our operations to the custom-built premises in Beswick which is one of the most deprived areas in the country.

Charity Objectives:

The key activities of the Manchester Sikh Foundation are:

The prevention or relief of food poverty in North West England through:

- Emergency food kitchen to cook, serve and deliver hot meals and dry food parcels
- Working in partnership with local food banks
- Delivering hot meals to people in need
- Mobile food van, cooking and serving hot nourishing meals in deprived areas

The advancement of employment, education & health for the Sikh Community by:

- Employment workshops, Job Applications CV writing and skills development
- Improve education opportunities by work with schools, colleges and universities
- Work with NHS and other agencies to improve health promotion and wellbeing

The promotion of religious harmony for the public benefit through:

- Raising awareness, mutual understanding and knowledge sharing about faiths
- Creating relationships and respect for the beliefs of different faiths and none.
- Working together to support religious freedom and preventing hate crime.

Structure, Governance and Management

The charity was formed as a Charitable Incorporated Organisation on 26 October 2020. The charity is governed by its constitution which is a CIO Foundation. It is governed by its trustees who meet regularly. It is managed by a Board of Trustees, a management team and volunteers.

Progress and Achievements

This last year has been very challenging with the onset of the COVID-19 pandemic. We had to stop operation of our mobile food programme in response to the National lockdown. However, the demand for our service increased on a daily basis. We re-organised our service to meet the demand during this challenging period.

The trustees are truly grateful for the contribution of all our volunteers, without whom the charity would not be able to operate and provide the service to those most in need.

Our key achievements are:

- We sought and acquired new temporary premises to cook and deliver hot meals from the beginning of April to September 2020.
- Partnered with Manchester City Council, Barnabus and other agencies to use our mobile food van to feed the Homeless in Manchester City Centre.
- Partnered with Manchester City Council, Salford City Council and DePaul UK charity to feed the residents at YHA in Manchester.

- YHA kitchen was used to cook and deliver hot meals between December 2020 and June 2021
- Established and commenced delivery of dry food parcels as there was massive demand, primarily from overseas students.
- Generous donors contributed financially and in kind to supply the provisions to meet the need for hot meals and dry food parcels
- More than 100,000 hot meals were delivered to people in need between April 2020 to March 2021
- At least 2,000 dry food parcels were also delivered to families in need.

Plans for Future

Our plans for the future are to focus on our current objectives and move into our new premises to enable the charity to grow and expand the services we deliver, as stipulated in our constitution.

We will continue deliver the existing services with greater focus on emergency hot meals and dry food parcel with aim to respond to all requests on the same day.

When the COVID restrictions are eased, we plan to bring the mobile food van programme back in service.

We will focus on our fund-raising activities to ensure that the charity has a sound financial base to support all its activities and be a sustainable operation.

We plan to secure funding for the recruitment of full and part-time staff to manage the daily food preparation and deliveries.

We realise that our support, training and active engagement for volunteers need to be improved. In this respect we plan to explore approaches, develop strategies and put in place activities and ways of working to make progress in these areas. Some of this work will subject to successful fund raising and easing of COVID restrictions.

We will be reviewing our aims and objectives within the next year with the view to responding to developments and needs in our community in terms of what we deliver and how we should, and can, expand our service provision in the following year.

Public Benefit

The trustees confirm that they have complied with the guidance contained in the Charity Commission's general guidance on public benefit and the supplementary public benefit guidance for charities whose aims include food poverty, religious harmony and wellbeing of the Sikh Community when reviewing the charity's aims and objectives and in planning future activities.

Risk assessment

The trustees regularly identify and review major risks facing the charity and have where necessary put measures in place to mitigate them.

Financial Review

The charity received income of £19,802 during the period. After expenditure of £12,363.09, a balance of £7438.64 remains in our bank account, which relates to unrestricted reserves as at 30th June 2021.

Donations in Kind

Feed My City has been very fortunate to have received support from many individuals and local businesses in the form of donations and in kind support for the provision of food supplies, specialist labour for the building work and many other services. The trustees are very grateful and thank each and every one of our supporters. Many have requested to remain anonymous out of personal humility and their desire to do a selfless service without being given any credit or recognition. We most humbly respect their wishes.

We would like to specifically thank the following partners:

AD, Fareshare, Kara, HSK, Newline Imports, Stuart and many other organisations and individuals for their generous support.

We have received very significant donations in kind adding up to a total £39,000 from volunteers, well-wishers and local businesses. The Board of Trustees of the Manchester Sikh Foundation are very grateful for these valuable contributions which have had an immense impact on our capacity and quality of our operations. The largest contribution was a donation of £15,000 from individual and specialists providing free services and labour to carry out the building work at the new premises in Beswick.

In the previous year, Feed My City did not have bank account. The donors paid directly to our suppliers for all the goods and services we required for our work. Manchester Sikh Foundation was formed as an umbrella Charity to support and help develop Feed My City and we have now the facilities of a bank account which has been in use since December 2020. All funds held by Feed My City on 26th October 2020, which amounted to £2,441, were transferred to Manchester Sikh Foundation and have been included in the donation income.

Statement of Trustees' Responsibilities

The charity trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the constitution. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance, integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Board on 5th January 2022 and signed on their behalf:



Sukhbir Singh

Trustee



Amarjit Singh Nagra

Trustee

Independent Examiners Report

Report to the trustees of Manchester Sikh Foundation

On accounts for the year ended 30th June 2021 which are set out on pages 9 - 10.

Charity number: 1191992

I report to the trustees on my examination of the accounts of the above charity for the year ended 30th June 2021.

Responsibilities and basis of the report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

06/01/2022

Sugra Akbar FCCA

Accountex Pro
16 Cestrian Street
Bolton BL3 2BD

MANCHESTER SIKH FOUNDATION

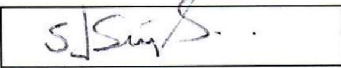
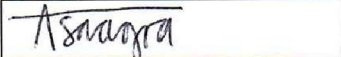
RECEIPTS AND PAYMENTS ACCOUNTS

FOR THE PERIOD FROM 26.10.2020 to 30.06.2021

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
Receipts					
Donations	19,802	-	-	19,802	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	19,802	-	-	19,802	-
Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	19,802	-	-	19,802	-
Payments					
Building project expenses	8,289	-	-	8,289	-
Vehicle Expenditure	545	-	-	545	-
Food and supplies for those in need	3,529	-	-	3,529	-
	-	-	-	-	-
Sub total	12,363	-	-	12,363	-
Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	12,363	-	-	12,363	-
Net of receipts/(payments)	7,439	-	-	7,439	-
Transfers between funds	-	-	-	-	-
Cash funds last year end	-	-	-	-	-
Cash funds this year end	7,439	-	-	7,439	-

MANCHESTER SIKH FOUNDATION

STATEMENT OF ASSETS AND LIABILITIES AT THE END OF THE PERIOD

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Cash funds	Bank Account	7,439	-	-
		-	-	-
		-	-	-
	Total cash funds	7,439	-	-
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Other monetary assets	Credit at suppliers	1,957	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Investment assets			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Assets retained for the charity's own use	Canopy	Unrestricted	-	5,000
	Fridge/Freezer	Unrestricted	-	4,000
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Liabilities	Independent Examiners Fee	Unrestricted	100	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Sukhbir Singh	5/1/2022
			Amarjit Singh Nagra	5/1/2022