

CREST FARM EQUINE CONNECTIONS

Charity number 1191982

Trustees' Annual Report
and Accounts
for the year ended 31 December 2024

Crest Farm Equine Connections
Charity Information
for the year ended 31 December 2024

Trustees Julie Boyer, Chairperson
Josephine McCullough, Treasurer
Samantha Irvine
Nicholas Bolas

Address Crest Farm
Yelsted Road
Yelsted
Kent
ME9 7UU

Registered Charity Number 1191982

Bank Barclays Bank

Independent Examiner Steve Brentnall

Structure, Governance and Management

Crest Farm Equine Connections (CFEC) was registered as a charity in October 2020. The charity is constituted as a Charitable Incorporated Organisation and the governing document is its Constitution.

In appointing the first Trustees the objective was to recruit a group of people with skills, knowledge and experience for the effective administration of the Charity both to oversee the governance and management of the Charity but also to ensure the welfare of the horses and ponies used in the charity's work.

Before appointment each Trustee read and signed CFEC Safeguarding Policy and in line with that policy has undertaken safeguarding training as part of their induction. Trustees are required to undertake a DBS check, and this check and safeguarding training must be renewed regularly.

Objectives and Activities

The objective of CFEC is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by enhancing life skills of such people through interaction with horses and by advancing the education of such people and those supporting such people.

The main activity is ReStart, our flagship, evidence based equine assisted behaviour change programme is offered to participants by referral from professionals in mental health, social work or education. The course is delivered 1:1 by a trained facilitator for 2 hours a day over 5 consecutive days. ReStart participants and their key workers receive detailed feedback at the end of the course, hand back and follow-up. In addition to ReStart CFEC will also offer Lighter Touch options such as top ups, tailored sessions and group work – different ways to help people at a lower level of need to provide longer term support after a ReStart course.

The Trustees declare that they have complied with their duty to have regards to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

Achievements and Performance

During the year, the charity has continued to deliver high-quality equine-assisted interventions that have made a measurable difference to the lives of our participants. Our programme has focused on supporting children, young people and adults experiencing social, emotional and mental health challenges, using the unique connection between humans and horses to build confidence, resilience and wellbeing.

Key achievements during the year include:

- **Programme Delivery:** A total of 18 ReStart interventions were delivered in 2024 to participants, an increase on the previous year. We have also delivered 'Follow up' sessions to these participants along with 'Lighter Touch' sessions for those with more complex mental health issues or extreme anxiety.
- **Measured Impact:** Evaluation results show that participants reported greater confidence, improved emotional regulation and enhanced communication and social skills.
- **Partnership Growth:** We established new referral pathways with schools, healthcare providers and community organisations, expanding access to our programmes.

Performance Overview:

The Charities Trustees are satisfied with the charity's performance in the year. Demand for services has grown steadily and outcomes evidence demonstrates that our interventions continue to deliver significant benefits to participants. The charity has remained financially stable.

In the year ahead, the charity will focus on securing funding that enables us to build on our achievements, strengthen evidence-based practice, widen our reach and provide life-changing equine interventions to more people in need.

Financial Review

In the twelve months to 31 December 2024 we raised £59,460 (2023 £25,642).

The majority of our funding comes from grants. This year we raised £55,300 from 6 funders. This equates to 93% of our income. The table below shows our funders for 2024.

Organisation	Amount raised £
Pets Foundation	15,000
National Lottery Community Fund	20,000
Cantiacorum Foundation	2,200
KFC Foundation	100
BBC Children in Need	15,000
Kent Community Foundation	3,000

Course fees that were paid for by referrers accounted for 6% of income and donations accounted for less than 1%.

At the end of the financial year we held reserves of £40,203. This was above our target of holding equivalent to 6 ReStart courses in reserve: this was due to the timing of a large grant of £15,000 being received very shortly before the financial year-end.

Declaration

The Trustees declare that they have approved the Trustees' report above

Signed on behalf of the Trustees

Signature

Full name

Position

Date


 JC McCULLOUGH
 TREASURER
 19 Sept 2025

Independent Examiner's Report on the Accounts

The Independent Examiner's report has been appended to the annual report.



CHARITY COMMISSION
FOR ENGLAND AND WALES

CREST FARM EQUINE CONNECTIONS

1191982

Receipts and payments accounts

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For the period from	01-Jan-24	To	31-Dec-24
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	55,300	-	55,300	24,000
Donations	-	-	-	-	72
Course fees received	4,160	-	-	4,160	1,570
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	4,160	55,300	-	59,460	25,642
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,160	55,300	-	59,460	25,642
A3 Payments					
Facilitator fees and facilities hire	-	27,720	-	27,720	20,065
Business Management	-	5,000	-	5,000	-
IT and equipment	1,117	-	-	1,117	308
Governance	331	-	-	331	718
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,448	32,720	-	34,168	21,091
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,448	32,720	-	34,168	21,091
Net of receipts/(payments)	2,712	22,580	-	25,292	4,551
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,099	14,812	-	15,911	11,360
Cash funds this year end	3,811	36,392	-	40,203	15,911

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank accounts	3,811	36,392	-
	Total cash funds	3,811	36,392	-

(Figure balances with values to nearest 100 pence)

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets				

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets				

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use				

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities				

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
 J C Boyer	J C Boyer	19/12/25 19/12/25

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CREST FARM EQUINE CONNECTIONS [Registered Charity No. 1191982]**

I report on the accounts of Crest Farm Equine Connections for the year ended 31st December 2024 which are set out on pages 5 and 6.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is eligible for independent examination, it is my responsibility to :-

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which give me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the 2011 Act, or
- the accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed by :-
Steve Brentnall IE
1 Meadow View Cottages
Town Littleworth
LEWES
BN8 4TH

Date: