

CREST FARM EQUINE CONNECTIONS

Charity number 1191982

Trustees' Annual Report
and Accounts

for the period 1 January 2023 to 31 December 2023

Crest Farm Equine Connections
Charity Information
for the year ended 31 December 2023

Trustees	Julie Boyer, Chairperson Josephine McCullough, Treasurer Samantha Irvine Nicholas Bolas
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Address	Crest Farm Yelsted Road Yelsted Kent ME9 7UU
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Registered Charity Number	1191982
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Bank	Barclays Bank
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Independent Examiner	Steve Brentnall
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Structure, Governance and Management

Crest Farm Equine Connections (CFEC) was registered as a charity in October 2020. The charity is constituted as a Charitable Incorporated Organisation and the governing document is its Constitution.

In appointing the first Trustees the objective was to recruit a group of people with skills, knowledge and experience for the effective administration of the Charity both to oversee the governance and management of the Charity but also to ensure the welfare of the horses and ponies used in the charity's work.

Before appointment each Trustee read and signed CFEC Safeguarding Policy and in line with that policy has undertaken safeguarding training as part of their induction. Trustees are required to undertake a DBS check, and this check and safeguarding training must be renewed regularly.

Objectives and Activities

The objective of CFEC is to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society by enhancing life skills of such people through interaction with horses and by advancing the education of such people and those supporting such people.

The main activity is ReStart, our flagship, evidence based equine assisted behaviour change programme is offered to participants by referral from professionals in mental health, social work or education. The course is delivered 1:1 by a trained facilitator for 2 hours a day over 5 consecutive days. ReStart participants and their key workers receive detailed feedback at the end of the course, hand back and follow-up. In addition to ReStart CFEC will also offer Lighter Touch options such as top ups, tailored sessions and group work – different ways to help people at a lower level of need to provide longer term support after a ReStart course.

The Trustees declare that they have complied with their duty to have regards to the guidance on public benefit published by the Charity Commission in exercising their powers and duties.

Achievements and Performance

In 2023 we delivered 13 ReStart courses and 29 Top Up sessions. We have found that some of our participants, due to the difficulties they are experiencing can lack confidence to attend the full ReStart over 5 days, to ensure they feel confident and comfortable about starting the programme we have started to offer short introductory sessions where they come to Crest Farm to meet the ponies and the facilitator and have an opportunity to see if the programme is for them. We have offered 9 Introductory sessions and all potential participants have gone on to successfully complete ReStart. We also developed and delivered a well-being programme for NHS staff which was delivered to 3 groups.

Financial Review

In the twelve months to 31 December 2023 we raised £25,642 (2022 £12,199).

The majority of our funding comes from grants. This year we raised £24,000 from 3 funders. This equates to 94% of our income. The table below shows our funders for 2022-2023.

Organisation	Amount raised £
Pets Foundation	10,000
National Lottery Community Fund	10,000
Henry Smith Charitable Foundation	4,000

Course fees that were paid for by referrers accounted for 6% of income and donations accounted for less than 1%.

At the end of the financial year we held reserves of £15,911. This was above our target of holding equivalent to 6 ReStart courses in reserve: this was due to a large grant of £10,000 being received very shortly before the financial year-end.

Declaration

The Trustees declare that they have approved the Trustees' report above

Signed on behalf of the Trustees

Signature



Full name

Josephine Clare McCullough

Position

TREASURER

Date

30/9/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Crest Farm Equine Connections

1191982

Receipts and payments accounts

CC16a

For the period
from

01-Jan-23

To

31-Dec-23

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	24,000	-	24,000	11,500
Donations	72	-	-	72	14
Course fees received	1,570	-	-	1,570	685
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,642	24,000	-	25,642	12,199
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,642	24,000	-	25,642	12,199
A3 Payments					
Facilitator fee and facilities hire	-	20,065	-	20,065	14,385
IT and Equipment	308	-	-	308	2,041
Insurance	612	-	-	612	613
Governance	106	-	-	106	36
Marketing	-	-	-	-	483
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,026	20,065	-	21,091	17,558
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,026	20,065	-	21,091	17,558
Net of receipts/(payments)	616	3,935	-	4,551	- 5,359
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	483	10,877	-	11,360	-
Cash funds this year end	1,099	14,812	-	15,911	- 5,359

Section B Statement of assets and liabilities at the end of the period

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	1,099	14,812	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	1,099	14,812	-

(agree balances with receipts and payments account(s))

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-

		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities		0	-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
JC Boyer	J. C. BOYER	30/9/24
Calcaully	JC McCULLOUGH	30/9/24

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CREST FARM EQUINE CONNECTIONS [Registered Charity No. 1191982]**

I report on the accounts of Crest Farm Equine Connections for the year ended 31st December 2023 which are set out on pages 4 and 5.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is eligible for independent examination, it is my responsibility to :-

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which give me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the 2011 Act, or
- the accounts do not accord with the accounting records.

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Signed by :-
Steve Brentnall IE
1 Meadow View Cottages
Town Littleworth
LEWES
BN8 4TH

Date: 7th October 2024