

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 20 July 2025
for
Strive 2 Help CIO

Eccounting UK
AR Business Centre
12 The Crofts
Rotherham
South Yorkshire
S60 2DJ

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for the Year Ended 20 July 2025

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The trustees present their report with the financial statements of the charity for the year ended 20 July 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes a CIO (Charitable Incorporated Organisation).

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1191928

Principal address

Trustees

A Al-Asbahy
Dr K A Abdulrab
M Al-Yafai

Independent Examiner

Shoakat Zaman
Eccouting UK
AR Business Centre
12 The Crofts
Rotherham
South Yorkshire
S60 2DJ

Approved by order of the board of trustees on 14 May 2026 and signed on its behalf by:

M Al-Yafai - Trustee

Independent examiner's report to the trustees of Strive 2 Help CIO

I report to the charity trustees on my examination of the accounts of Strive 2 Help CIO (Charitable Incorporated Organisation) for the year ended 20 July 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shoakat Zaman
The Institute of Financial Accountants

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14 May 2026

Statement of Financial Activities
for the Year Ended 20 July 2025

	Notes	20.7.25 Unrestricted fund £	20.7.24 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		<u>135,232</u>	<u>43,442</u>
EXPENDITURE ON			
Charitable activities			
Charitable Activities		141,846	58,500
Other		<u>1,672</u>	<u>1,517</u>
Total		<u>143,518</u>	<u>60,017</u>
NET INCOME/(EXPENDITURE)		(8,286)	(16,575)
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>55,469</u>	<u>72,044</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>47,183</u></u>	<u><u>55,469</u></u>

Strive 2 Help CIO

Balance Sheet
20 July 2025

	Notes	20.7.25 Unrestricted fund £	20.7.24 Total funds £
CURRENT ASSETS			
Cash in hand		47,183	55,469
NET CURRENT ASSETS		<u>47,183</u>	<u>55,469</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		47,183	55,469
NET ASSETS		<u>47,183</u>	<u>55,469</u>
FUNDS	4		
Unrestricted funds		47,183	55,469
TOTAL FUNDS		<u>47,183</u>	<u>55,469</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 14 May 2026 and were signed on its behalf by:

M Al-Yafai - Trustee

A Al-Asbahy - Trustee

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year-end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 20 July 2025 nor for the year ended 20 July 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 20 July 2025 nor for the year ended 20 July 2024.

3. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	<u>43,442</u>
EXPENDITURE ON	
Charitable activities	
Charitable Activities	58,500
Other	<u>1,517</u>
Total	<u>60,017</u>
NET INCOME/(EXPENDITURE)	(16,575)
RECONCILIATION OF FUNDS	
Total funds brought forward	72,044
TOTAL FUNDS CARRIED FORWARD	<u>55,469</u>

4. MOVEMENT IN FUNDS

	At 21.7.24 £	Net movement in funds £	At 20.7.25 £
Unrestricted funds			
General fund	55,469	(8,286)	47,183
TOTAL FUNDS	<u>55,469</u>	<u>(8,286)</u>	<u>47,183</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	135,232	(143,518)	(8,286)
TOTAL FUNDS	<u>135,232</u>	<u>(143,518)</u>	<u>(8,286)</u>

Notes to the Financial Statements - continued
for the Year Ended 20 July 2025

4. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 21.7.23 £	Net movement in funds £	At 20.7.24 £
Unrestricted funds			
General fund	72,044	(16,575)	55,469
TOTAL FUNDS	<u>72,044</u>	<u>(16,575)</u>	<u>55,469</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	43,442	(60,017)	(16,575)
TOTAL FUNDS	<u>43,442</u>	<u>(60,017)</u>	<u>(16,575)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 21.7.23 £	Net movement in funds £	At 20.7.25 £
Unrestricted funds			
General fund	72,044	(24,861)	47,183
TOTAL FUNDS	<u>72,044</u>	<u>(24,861)</u>	<u>47,183</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	178,674	(203,535)	(24,861)
TOTAL FUNDS	<u>178,674</u>	<u>(203,535)</u>	<u>(24,861)</u>

5. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 20 July 2025.

Detailed Statement of Financial Activities
for the Year Ended 20 July 2025

	20.7.25 £	20.7.24 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	<u>135,232</u>	<u>43,442</u>
Total incoming resources	135,232	43,442
EXPENDITURE		
Charitable activities		
Grants to institutions	141,846	58,500
Support costs		
Management		
Sundries	981	350
Rent	<u>-</u>	<u>270</u>
	981	620
Finance		
Bank charges	341	197
Governance costs		
Accountancy and legal fees	<u>350</u>	<u>700</u>
Total resources expended	<u>143,518</u>	<u>60,017</u>
Net expenditure	<u><u>(8,286)</u></u>	<u><u>(16,575)</u></u>