

THE WELLBEING CO

England & Wales · Charity number 1191921

Details

Status Registered

Legal form CIO

Registered 2020-10-21

Register [View on the Charity Commission register](#)

Contact

Address Houndsfield Road Community Centre
8 Houndsfield Road
London
N9 7RA

Phone 02088042068

Email Info@thewellbeingco.org.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE:THE PRESERVATION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH FOR THE PUBLIC BENEFIT, IN PARTICULAR BUT NOT EXCLUSIVELY, BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES, SUPPORT SERVICES AND PRACTICAL ADVICE.

Activities: Provide one to one and Group Psychosocial and Psychotherapeutic support.Deliver Mental Health and Psychoeducational training, workshops and networkingFood Poverty Programme and Support to the needy.Information, Advice and GuidanceEmployability and capacity building support

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- Barnet
- Enfield
- Hackney
- Haringey
- Waltham Forest

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£9,350	£10,340	-	-
2024-03-31	£2,724	£2,912	-	-
2023-03-31	£5,026	£7,290	-	-
2022-03-31	£2,420	£5,972	-	-

Trustees

Name	Role	Appointed
Nichola Lauder	Chair	2020-10-21
Michelle Francia		2020-10-21
Trevor Knight		2020-10-21