

LATVIAN COMMUNITY
ASSOCIATION
IN THE UK

ANNUAL REPORT

01.04.2024 - 31.03.2025



KEY INFORMATION ABOUT LCAITUK

Charity Number: 1191882

Registered address: Gladstone Park Community Centre, 927 Bourges blvd, PE1 2AN

Trustees: Zane Viktorija Boiko, Jolanta Kirsteine, Iluta Willis, Signe Andersone

CEO: Iveta Suna

Coordinator: Kristine Vaivode

Accountant: Money Talks Accountancy Ltd

Independent Examiner: Joanna Fox ACMA

Type of governing document: Constitution

How the charity is constituted: Association

Trustee selection methods: Appointed by existing trustees

BOARD OF TRUSTEES REPORT

The Board of Trustees at Latvian Community Association in the UK are submitting the annual report for the time period of 1st April 2024 - 31st March 2025. The Board of Trustees confirms that the annual report, including financial statements, of LCAITUK comply with the current statutory requirements, the Charity Act 2011 as well as the requirements of the Constitution of the charity.

This report is a reflection of the objectives, activities and vision that is at the core of LCAITUK's values. We have prepared an overview of our achievements as well as a detailed financial report for the time period of 1st April 2024 - 31st March 2025.

We want to express our utmost gratitude to everyone who helped with running our projects and activities, This year we have had 12 volunteers regularly contributing their time, skills and expertise to make our charity the best it could be.

BOARD OF TRUSTEES REPORT

This year, the colour we've chosen to represent our journey is burnt orange — a tone rich with depth and warmth. It reflects not only the vibrant energy that ran through our many activities, but also the emotional richness and nurturing environment we've worked hard to build across every community touchpoint. It has been a year of challenges, but every challenge has only strengthen us, our communication and our core values as a charity.

As trustees of the Latvian Community Association in the UK, we are deeply proud of the meaningful, heart-led work that has taken place from April 2024 to March 2025. From our weekly yoga and ceramics workshops to transformative women's retreats and nature-based mental health walks, this has been a year of connection, growth, and gentle healing.

We've seen our community come together — to laugh, create, reflect, move and grow in confidence. We've supported one another in loss and in joy. We've listened to stories on the radio, opened up in group circles, and rediscovered our heritage at youth camps and cultural events. Most importantly, we've reminded each other that everyone belongs, no matter their age, background, or life story.

This year also marked growth in how we support those who support others — through capacity building sessions, new leadership training, and stronger volunteer pathways. With every workshop and partnership, we deepen our commitment to sustainable and community-led development.

To all of you — our staff, volunteers, collaborators, funders, and participants — thank you. Your trust and passion are the foundation of everything we do.

As we move forward, burnt orange reminds us to keep creating spaces of warmth, to act with intentional depth, and to continue offering comfort in a world that needs more of it.

With gratitude,

The Board of Trustees

Latvian Community Association in the UK

WHO WE ARE

Our charity started as Peterborough Latvian Community group (PLC) and on October 19th, 2020 we became a registered Charity. PLC was established in 2009 in Peterborough. Our main aim is to support disadvantaged members of the EU as well as emergency support groups, who are on low income, work long hours, struggle with English and lack knowledge of the UK system. Our aim is to promote community cohesion for better understanding and also to help our members to take part in integration events to reduce loneliness, tackle mental health and reduce isolation by creating multi-cultural events, educational, sports and wellbeing activities to prevent anti-social behaviour and community tension and even crime. We have 7 people in the management committee and they contribute their expertise from different fields, including accountancy, youth and social work, psychology, business, HR, engineering and arts.



A close-up photograph of a purple chrysanthemum flower, showing the intricate details of its many petals. The petals are a deep purple color with some lighter, yellowish tips. The background is blurred, focusing attention on the flower.

TO EMPOWER AND
PROVIDE THE LEAST
SUPPORTED LOCAL
COMMUNITIES WITH FREE
WELLBEING ACTIVITIES
THAT BENEFIT THEIR
MENTAL AND PHYSICAL
HEALTH.

OUR MISSION



OUR OBJECTIVES

PROMOTE SOCIAL INCLUSION OF THE LOCAL PETERBOROUGH COMMUNITY BY PROVIDING THEM WITH ACTIVITIES THAT WILL BRING THEM TOGETHER AND SECURE SAFE SPACES FOR SOCIALISING

INCREASE CONFIDENCE WITHIN OUR BENEFICIARIES THAT WILL LEAD TO BEING MORE OUTGOING AND POSITIVE ABOUT THEIR SKILLS BY ATTENDING ACTIVITIES SUCH AS ENGLISH AND SEWING CLASSES

MINIMISE THE STIGMA OF MENTAL HEALTH STRUGGLES BY ACTIVELY TALKING ABOUT IT AND PROVIDING THE BENEFICIARIES WITH THERAPY SUPPORT AND MENTAL HEALTH BENEFITING ACTIVITIES

HELP OTHERS SEE OUR COMMUNITY AS AN EXCITING PLACE TO BE, FULL OF INSPIRING PEOPLE AND STORIES. TO SEE ITS DIVERSITY AS A TREASURE THAT IT IS.

PETERBOROUGH

The Workforce	Peterborough	England
Degree level education	27%	37%
Professional role	41%	52%
Lower skilled jobs	24%	15%
Weekly earnings	£565	£613
Universal credit	5.3% (around 48% in employment)	3.8%

(NOMIS 2021/22)



MILLFIELD

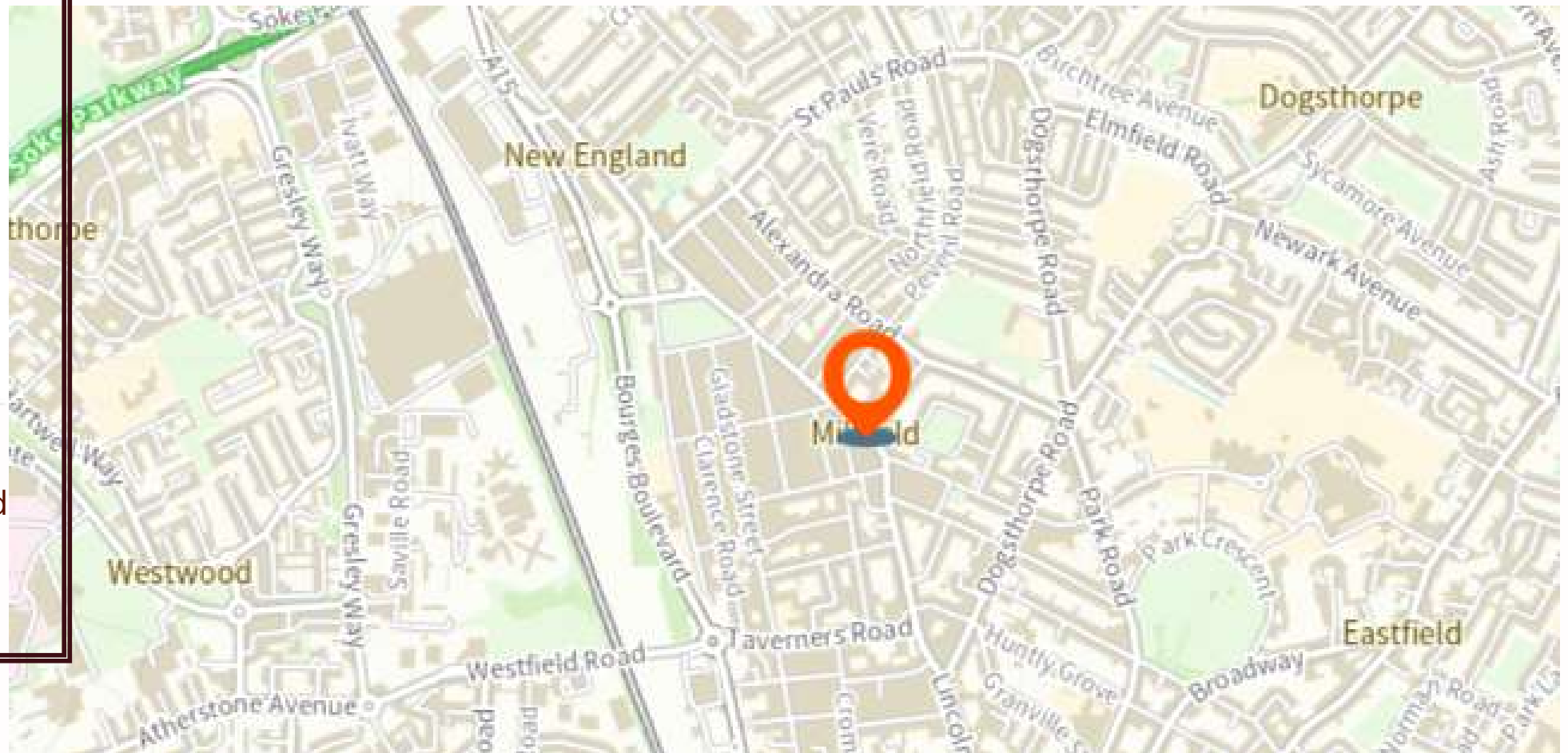
CRIME INCIDENTS IN NEIGHBOURING AREAS TO MILLFIELD

We've taken the ten nearest places to Millfield and ranked them by the number of crime incidents in each. This should allow you to see if Millfield has more crime than other surrounding areas.

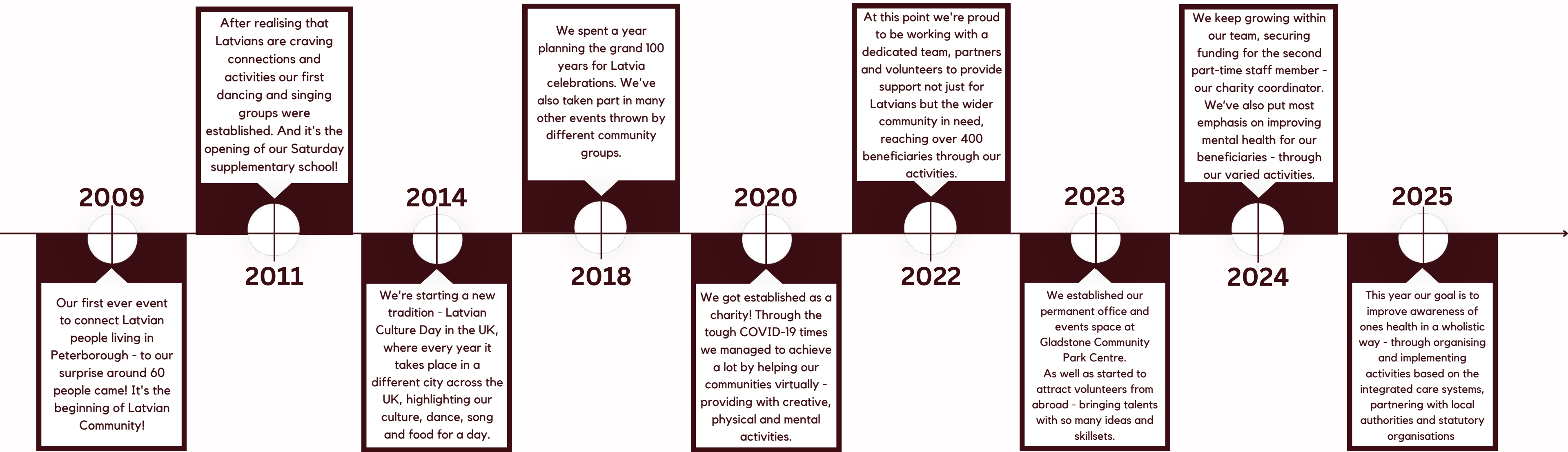
Location	Crime Incidents
Millfield	634
Fengate (1.75 miles)	548
New England (0.62 miles)	461
Paston (1.39 miles)	328
New Fletton (1.96 miles)	298

Police statistics, March 2024

At the same time Milfield is home for over 100 languages and nationalities, making it a a vibrant and exciting hub that celebrates culture and diversity.



OUR TIMELINE





OUR MAIN ACTIVITIES

This year has been a richly woven tapestry of meaningful, creative, and restorative community engagement. As our roots grow deeper, so too does our understanding of the kinds of activities that bring the most benefit to our people. From gentle yoga and ceramics classes to soul-nourishing retreats, thought-provoking webinars, and our beloved weekly radio shows — each initiative has been shaped by the voices and needs of our community.

We've expanded our reach through new projects like Walk & Talk mental health walks and capacity-building workshops, all while strengthening our cultural identity through youth camps and traditional craft sessions. Whether it's a movement class, a creative gathering, or an empowering retreat, every event we held was rooted in connection, healing, and inclusion.

We continue to listen, reflect, and respond — ensuring our programmes remain as dynamic and heartfelt as the people who inspire them.





COMMUNITY RADIO SHOW 'DIASPORA TALKS'

Our vibrant and much-loved Sunday radio show continued to reach our community both live and on-demand via Salaam Radio 106.2FM and social media platforms. With four dedicated hosts rotating weekly, we aired over 30 radio shows. Topics were incredibly varied, ranging from cultural heritage and diaspora events to personal growth, current affairs, health, and spirituality. Special guest interviews enriched the content and brought fresh perspectives. The programme has become a trusted voice, helping our community stay informed and emotionally connected, especially for those living in rural areas or experiencing isolation.

A quote from one of our radio hosts:

As a diaspora it's an important platform which is not social media. You can join on radio or social media. It has given me a chance to do something I thought never possible for me to do, and that people are listening live, which adds even more depth to the experience. It has given me a new level of confidence and grown my people skills. I have met incredible people from all walks of life through this experience and some of them have remained good friends of mine and created professional connections that will help support my growth.

Intervija ar
Anci Vesingi
kontaktimprovizācijas,
deju un kustības
entuziasti un nodarbību
pasniedzēju

8. Decembris
15:00 - 16:00

salaam radio 106.2 FM

Vadītāja:
Jolanta Kiršteine

salaam radio
LATVIAN COMMUNITY
ASSOCIATION IN THE UK

Intervija ar
Kristīni Vaivodi
Galamērķis:
Japāna

13. Oktobris
16:00 - 17:00

salaam radio 106.2 FM

Vadītāja:
Iveta Sūna

salaam radio
LATVIAN COMMUNITY
ASSOCIATION IN THE UK

Intervija ar
Svetlanu Liepu
Uzņēmēju, diplomētu
Syucaī zinātnes meistari
un personīgās
izaugsmes & biznesa
kouču

3. Novembris
16:00 - 17:00

salaam radio 106.2 FM

Vadītāja:
Laura Lapiņa-Jansone

salaam radio
LATVIAN COMMUNITY
ASSOCIATION IN THE UK



Greenfield Pottery – Macmillan ceramics workshops



FREE, ANONYMOUS and SAFE.

Anyone who has any experience with cancer (through family, friends, personally) is welcome to join our sessions every third Thursday of the month.

Please click on the link in description to apply
(Limited spaces)



CERAMICS WORKSHOPS

Held monthly from April to December 2024, with a standout masterclass by Greenfield Pottery, these sessions offered therapeutic and artistic engagement. Participants explored creative self-expression while building new friendships in a warm, supportive environment. Many used the opportunity to craft seasonal gifts and personal keepsakes, bringing both joy and a sense of accomplishment.

A highlight from these months of creativity was visiting the Greenfield Pottery's ceramics studio where the participants got a chance to have a go at wheel throwing and create beautiful bowls.

A quote from a participant, Naomi:

"From the moment I arrived I felt welcomed and I learnt new skills with clay and tested my creativity in a safe environment. The course was led by a local pottery business. At the classes I felt like I could drift off from thinking about my diagnosis. Soon after this first class, I found out I would need chemotherapy. I was very fortunate to be able to continue to attend pottery, whilst in active treatment, by taking care of myself and working in a safe and healthy environment. I didn't feel I had to talk about why I was there, but I did so when I felt I wanted to talk which was after about three - four classes."





WOMEN'S RETREATS 'COURAGE TO BE YOURSELF'

Our deeply cherished women's empowerment retreats were held in September 2024 and March 2025. Activities ranged from therapeutic workshops, meditation, yoga, authentic dance, and artistic expression to joyful communal meals and music. These retreats fostered emotional healing, empowerment, and solidarity, allowing women to reconnect with their inner strength, values, and community. We believe in the power of women, so here's what one attendee Rovena has to say about these retreats:

"I came thanks to a friend. At first, I was skeptical and reluctant to leave the children at home with their dad, but over time I felt more and more comfortable at the retreat, surrounded by friendly and accepting women. It was the authentic dance sessions — which I wasn't sure about at first — that truly opened me up and inspired me. A year ago, I had surgery, after which I felt deflated and stopped pursuing my hobby. The retreat helped me open up again, gave me the courage to start over, and this organisation made me feel like part of a community — I gradually got involved in more and more of its activities. Now, I'm a volunteer. This retreat is so important — it helps us find ourselves and support others in finding themselves too."



WALK AND TALK

DROŠME BŪT PAŠAI IZAICINĀJUMS NR2

DATUMS:

11.01.2025

SATIKŠANĀS LAIKS:

11:00

VIETA:

Chatsworth house, Peak

District, DE45 1PP

GRŪTĪBAS PAKĀPE:



2 - mēreni viegls

Gribi ne tikai veidot jaunas draudzības, bet arī uzlabot gan mentālo, gan fizisko veselību?

Piesakies aizpildot reģistrācijas formu!

Aktivātē ilgs apmēram 5 stundas



WALK & TALK MENTAL HEALTH WALKS

Held monthly in nature-rich UK locations, these walks provided informal mental health support through light physical activity, grounding exercises, and peer conversation. These sessions became a safe and uplifting space for women to process emotions, share stories, and support one another while enjoying the benefits of being outdoors. Their popularity affirmed the healing power of movement, nature, and empathy.

A quote from one of the participants, Zane:

All the activities strengthen the sense of belonging - it's like our own community. And that is extremely important, especially for people who are trying to make home in a foreign country. Activities like these improve self esteem and confidence as a woman, as a fully functioning adult part of the wider society. It helps foster cultural values, which is a crucial need as a human being.



YOUTH CAMP: "LET'S CREATE IN NATURE!"

This cultural and outdoor education camp brought together young people from the UK and Latvia. Focused on environmental awareness, Latvian language, traditional games, and creativity, the camp helped create a stronger connection to Latvian heritage. Young people left the experience feeling empowered, linguistically enriched, and proud of their cultural identity as well as excited for making new friends.

Thoughts on the importance of these camps from the organiser, Inese:

Language, history, and traditions are the three pillars upon which diaspora education outside Latvia is built. Camps that offer a concentrated, week-long experience provide diaspora youth with a real sense of what life in Latvia is like today. They allow young people to explore Latvia's diversity and the Latvian language through the lens of specific interests, broadening their understanding of Latvia and what it means to be Latvian.

Through non-formal education methods, these camps present history, traditions, and current societal issues in a way that is accessible and engaging for young people. At the same time, they offer opportunities to build friendships, strengthen language skills, and maintain connections with new friends even after the camp ends.

It is through socialising and working together with peers that diaspora youth hear, learn, and use the Latvian language. By engaging in shared activities, they gain new knowledge and skills in specific areas — all of which deepen their sense of belonging to Latvia and contribute to the long-term strengthening of national identity.

Asking the young people - 'Why should young people take part in this camp?':

"To gain new experience and friends! The people are always fun and great company. These camps also let us to use our half-term time usefully and without the distractions of our phones. The camps let us explore a new culture, cities and countries!"





MASTERCLASSES: AUTHENTIC DANCE & IMPROV THEATRE

Two unforgettable workshops fostered creativity, confidence, and self-expression. In the Authentic Dance workshop, participants engaged in embodied movement to explore personal stories and emotions. The Improv Theatre masterclass taught spontaneity, group trust, and emotional intelligence—all through laughter and play. These events had a powerful emotional and artistic impact on attendees.

A quote from one of the attendees, Kristine:

"I've discovered that art of improvisation is what gives me a great sense of freedom! Especially through improvisational and authentic dance - my busy brain quiets for a bit and my body moves in the ways it feels like moving, following the natural impulse and the rhythms of music. It builds trust and cultivates curiosity and playfulness!"



Aicinām jūs uz
4 VEBINĀRU SĒRIJU

*Kārmeņa
un prāta
līdzsvarošanai*

- 28. Oktobris - Jogas Spēks
- 30. Oktobris - Fizioterapija labākai pašsajūtai
- 24. Novembris - Intuitīvi radošs darbs 'Sievišķība manī'
- 30. Novembris - Fermentācijas pamati

Sīkāku informāciju publicēsīm nākot tuvāk konkrētajam vebināram



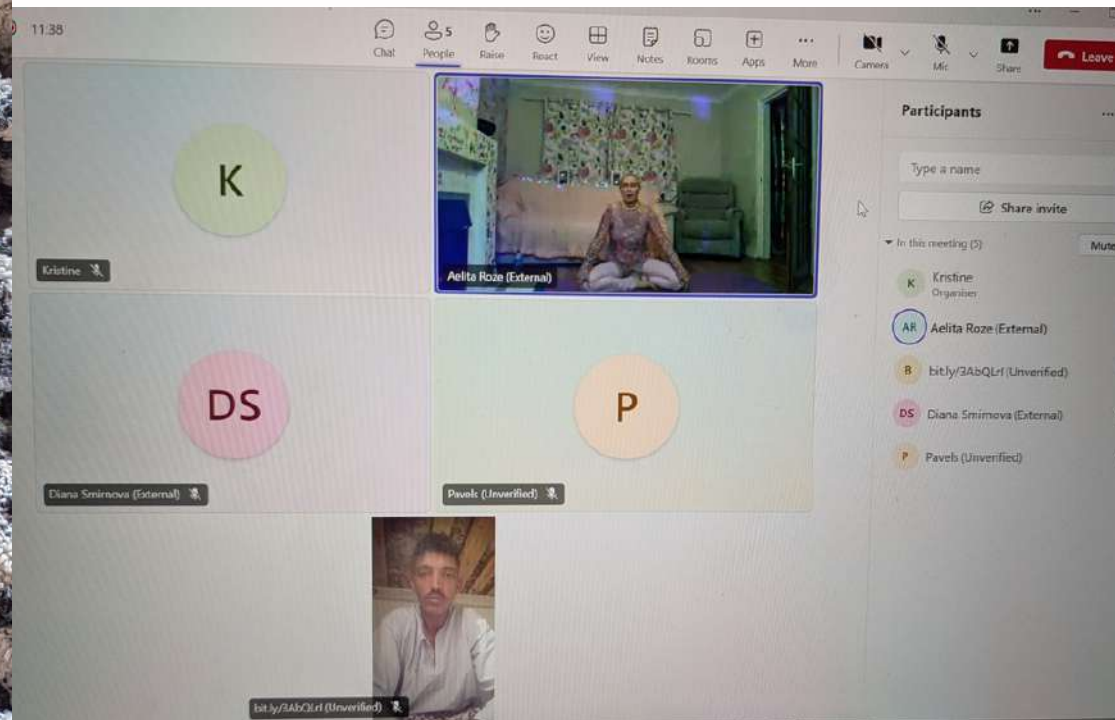
WEBINAR SERIES

In October and November 2024, we hosted a four-part webinar series focused on wellbeing, personal growth, and creative exploration. The sessions combined yoga and mindfulness, posture and back care, intuitive art on femininity, and the basics of fermentation — each led by passionate experts in their field.

Designed to support both body and mind during the darker months, the series offered practical tools, emotional insight, and a warm space for connection. With a mix of online and in-person formats, we reached a wide audience and fostered a strong sense of community throughout.

One attendee shared how the fermentation webinar sparked a new journey:

"Learning to ferment at home not only improved my health — it inspired me to start my own cooking business. I now prepare and sell fermented products at local markets, thanks to the encouragement and clarity I gained."





YOGA & WELLBEING SESSIONS

Our yoga offering has grown into one of the most consistent and well-loved pillars of our weekly programme, promoting physical wellness, emotional balance, and community connection. Every Monday, we host an inclusive yoga class at Gladstone Park Community Centre that blends gentle movement, breathwork, meditation, and sound healing. These sessions are open to all — from complete beginners to regular practitioners — and serve as a peaceful reset at the start of each week. Participants are invited to tune into their bodies, release tension, and find stillness in a supportive group setting.

On Fridays, we bring the benefits of mindful movement directly to residents at Hartwell Court with our Chair Yoga sessions. Specially adapted for those with mobility needs, these classes offer gentle exercise, grounding breathwork, and deep relaxation. After each session, the space transforms into a lively social hub where participants enjoy fresh smoothies and juices, herbal teas, and traditional Latvian pastries. This post-class gathering has become just as cherished as the yoga itself — creating moments of joy, connection, and nourishment, both physically and emotionally.

These classes aren't just about stretching the body — they stretch the spirit, deepen trust, and build a stronger, more resilient community



OTHER ACTIVITIES

End-of-Year Volunteer Appreciation Gathering:

As 2024 drew to a close, we invited our dedicated volunteers to an intimate celebration to recognise their invaluable contributions. We shared stories, laughter, and traditional Latvian pastries sourced from a local small business, nurturing both community spirit and local enterprise. Each volunteer received a custom-designed t-shirt with a unique, descriptive phrase capturing their personality and role — a heartfelt thank-you for their time, energy, and heart.



Our 4th anniversary:

In October 2024, we proudly celebrated our 4th anniversary as a registered charity — a joyful occasion marking our growth and deepening impact. In partnership with sushi chef Evita Šulca and CPSL Mind, we hosted a lively sushi-making masterclass where participants learned culinary techniques while enjoying laughter and connection. This event brought together diverse members of our community in a spirit of creativity and togetherness, honouring our journey and all those who have supported it.



Free therapy sessions for all:

One of the activities that he have been operating long term and included in several of our funding applications, as we see the crucial need for it, is the free therapy sessions we're providing to our beneficiaries, no matter their background. The sessions are available in 5 languages, making it a more comfortable choice for those who's English is not the first language. We have received feedback saying just how important these therapy sessions have been to people - including one saying that it has been a lifesaving support. Together with support from Hyde Housing, we also started the initiative to support people aged 50 and over with free therapy sessions as we had noticed that it's the age group most reluctant to attend therapy.

Unlock the doors to new possibilities and embrace a happier life with our community-based psychology services! Whether you speak Latvian, Lithuanian, Russian, Ukrainian, or English, our dedicated team of psychologists is prepared to help you embark on a journey toward emotional well-being. Take the first step today and experience the support and understanding you deserve in the language that feels most comfortable to you!

Available in Latvian, Lithuanian, Russian, Ukraini... See more

Unlock the doors to new possibilities and embrace a happier life with our **community-based psychology services**

We provide our services in **5 LANGUAGES:**

- LATVIAN
- LITHUANIAN
- UKRAINIAN
- ENGLISH
- RUSSIAN

Access FREE, ANONYMOUS and SAFE.

Email us at: mind@lcait.uk

In cooperation with:

Bezmaksas terapijas sesijas!

Free therapy sessions!

Nemokami terapijos seansai!

безкоштовні терапевтичні сеанси!

бесплатные сеансы терапии!

email us at : mind@lcait.uk

In cooperation with:

Capacity Building Strategy: Strategic Planning & Volunteer Training:

This year, we launched a comprehensive capacity-building initiative supported by our Latvian partner, "Jaunatnes līderu koalīcija." The program included in-depth training in volunteer engagement, governance, and strategic planning. Sessions explored motivations behind volunteering, systems for inclusive participation, and best practices for organisational growth. This effort laid the foundation for a stronger, more resilient charity, ensuring we remain impactful and volunteer-driven.



Stratēģiskā plānošana

2025. gada 11. martā
pl.17.30-20.30 (UK) tiešsaistē

@Inese Šubēvica
Projekta vadītāja
Sociālo ideju, kopienu un biznesa attīstītāja
BDR "Jaunatnes līderu koalīcija" vadītāja
Augstskolu vieslektore un Neformālās izglītības mācību vadītāja
+37129209607, subevica.inese@gmail.com

Iveta Suna Suna

Kristīne Valvode

Baiba Mikalkeviča

Vēl 6 personas

SKyWanders Latvia

Signe Andersone

Zane

Inese Šubēvica

"The Money" – Interactive Game Show Experience:

In a unique opportunity, our coordinator Kristīne Vaivode participated in The Money – an interactive theatrical game show by Kaleider and ARU Peterborough. Her winning idea funded the purchase of healthy kitchen appliances (juicer, blender, pressure cooker) for Hartwell Court, where we host weekly chair yoga and social sessions. These tools now help residents enjoy nutritious smoothies and soups, further enriching their wellbeing.



In 2025, we introduced a new wellbeing initiative: **a medical-grade Nuga Best massage bed available for free two-week rentals.** Designed to relieve muscle tension, improve circulation, and promote relaxation, this service provides community members an accessible and dignified way to care for their physical health, as many of our beneficiaries are working long hours and shift work, not giving them the time to fully relax and take care of themselves.

Constellation Therapy: Online and In-Person Sessions

Throughout the year, we offered both virtual and in-person constellation group therapy sessions, led by systemic solutions expert Gunta Jākobsone. These sessions helped participants uncover emotional patterns, address relational dynamics, and find clarity in areas such as health, work, and family. The small-group format fostered deep healing and collective insight, making this a transformative mental health offering.

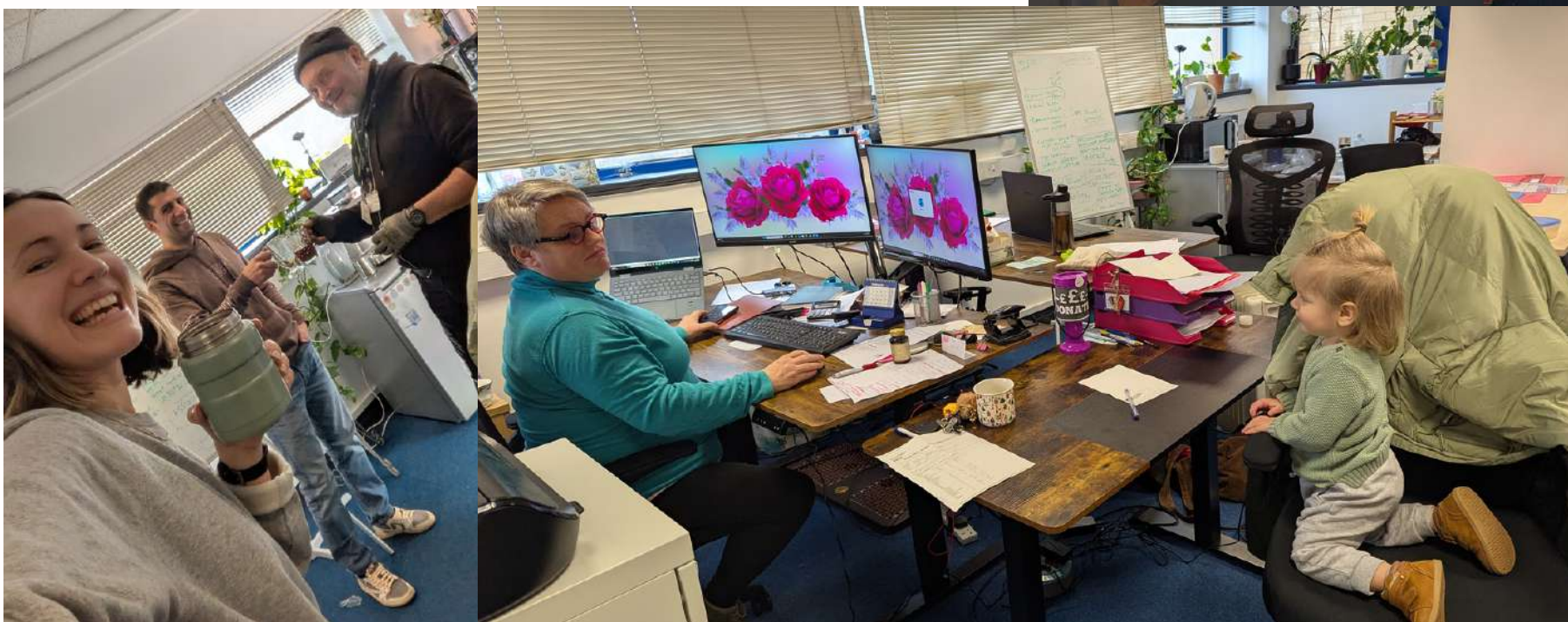


Board Game Socials:

Our board game afternoons — designed specifically for individuals aged 50+ and those with disabilities — created an inclusive and playful space for connection. Participants shared laughter, rediscovered classic games, and built friendships in a relaxed, welcoming environment. These afternoons proved especially important for reducing social isolation and nurturing community bonds. These cozy sessions were initially weekly and later monthly. While attendance varied, they offered a relaxed space for intergenerational connection, mental stimulation, and lighthearted interaction.

Office Space Improvements: Comfort & Hospitality for All:

Thanks to the generosity of Ian Williams Ltd, via the Match My Funding platform, we were able to upgrade our office to better serve our guests, volunteers, and staff. A new coffee machine now adds warmth to every meeting, while two standing desks and three ergonomic chairs ensure a healthier, more inviting workspace. These enhancements reflect our deep care for those who dedicate time and energy to our mission.



BBC Radio Cambridgeshire Visit: Sharing the Power of Chair Yoga:

Our CEO Iveta and coordinator Kristine were honoured to be invited to BBC Radio Cambridgeshire to speak about our work, particularly the impact of our weekly chair yoga sessions at Hartwell Court. Our appearance brought greater visibility to how gentle movement and social connection can transform the lives of older adults and people with disabilities. We're grateful for this platform to share our story and inspire broader community engagement.

A WORD FROM OUR CEO



We don't create change for people — we create the conditions where they can change themselves.

For the woman who has forgotten her own strength.

For the young person who has never been told their ideas matter.

For the elder who still has more to give — and only needs to be invited in.

In 2024, we didn't just open doors. We built places where people could feel safe enough to show up as they are — and strong enough to become who they want to be.

We saw it happen again and again: when the right space is created, the hidden pearl reveals itself.

This isn't just what we believe in — it's what we do.

Not charity. Not rescue. But dignity, possibility, and real belonging.

And we will keep creating those spaces — fearlessly, intentionally, and with unwavering belief in every person's potential.

Iveta Suna

Chief Executive Officer



EXTRA SPECIAL THANK YOU TO OUR FUNDING BODIES AND PARTNER ORGANISATIONS!

MACMILLAN
CANCER SUPPORT



Cambridgeshire
Community
Foundation



Ārlietu ministrija



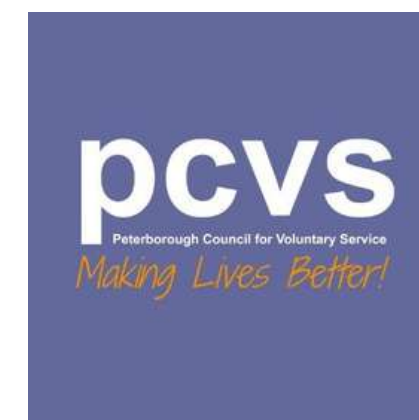
Latvijas Republikas vēstniecība
Lielbritānijas un Ziemeļīrijas
Apvienotajā Karalistē



Hyde
Charitable Trust



NHS
Cambridgeshire and
Peterborough
NHS Foundation Trust



Sabiedrības integrācijas
fonds



Kultūras ministrija



CONSORTIUM OF PETERBOROUGH
COMMUNITY GROUPS
CPCG





CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Latvian Community Association in the UK

No (if any)
11911882

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01/04/2024		31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	18,000	77,681	-	95,681	73,017
Donations	4,089	1,270	-	5,359	2,857
Other	4,696	620	-	5,316	3,946
Staff Fund			-	-	5,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	26,785	79,571	-	106,356	84,820
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	26,785	79,571	-	106,356	84,820
A3 Payments					
Venue Rent	1,240	8,935	-	10,175	9,210
Refreshments	60	13,550	-	13,610	5,774
Travel & Transport	334	500	-	833	1,841
Administration	714	5,657	-	6,371	3,771
Stationary	-	-	-	-	182
Activity Cost	-	31,801	-	31,801	27,582
Equipment	1,710	5,639	-	7,349	825
Other Costs	434	156	-	590	526
Emergency Food Vouchers	-	2,620	-	2,620	2,000
Wages	6,475	11,179	-	17,654	8,045
Voluntary Costs	266	2,427	-	2,694	2,687
Insurance	274	-	-	274	239
IT Services	160	463	-	623	304
Activity Materials	493	4,309	-	4,802	10,992
Marketing	153	520	-	673	736
	-	-	-	-	-
	-	-	-	-	-
Sub total	12,315	87,754	-	100,069	74,711
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	12,315	87,754	-	100,069	74,711
Net of receipts/(payments)	14,470	8,183	-	6,287	10,109
A5 Transfers between funds			-	-	-
A6 Cash funds last year end	2,212	20,920	-	23,132	-
Cash funds this year end	16,682	12,737	-	29,419	10,109

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank 0063			
	Lloyds Bank 0168	3,846	1,573	-
	Lloyds Bank 7363	9,104	2,665	
	Metro Bank 4019	-	5,191	
	Paypal	3,443	3,308	-
	Petty Cash	156	-	
		133	-	-
	Total cash funds	16,682	12,737	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees
CCXX R2 accounts (SS)

Signature	Print Name	Date of approval
	ZANE BOIKO	02/06/2025



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Latvian Community Association In The UK

On accounts for the year
ended

31/03/2025

Charity no
(if any)

1191882

Set out on pages

Attached CC16a

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2025**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

11/09/2025

Name:

Joanna Fox MAAT ACMA

Relevant professional
qualification(s) or body
(if any):

Chartered Institute of Management Accountants

Address:

Unit B Greenhill House, Thorpe Road

Peterborough PE3 6RU

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Latvian Community Association in the UK

No (if any)
11911882

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01/04/2024		31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	18,000	77,681	-	95,681	73,017
Donations	4,089	1,270	-	5,359	2,857
Other	4,696	620	-	5,316	3,946
Staff Fund			-	-	5,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	26,785	79,571	-	106,356	84,820
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	26,785	79,571	-	106,356	84,820
A3 Payments					
Venue Rent	1,240	8,935	-	10,175	9,210
Refreshments	60	13,550	-	13,610	5,774
Travel & Transport	334	500	-	833	1,841
Administration	714	5,657	-	6,371	3,771
Stationary	-	-	-	-	182
Activity Cost	-	31,801	-	31,801	27,582
Equipment	1,710	5,639	-	7,349	825
Other Costs	434	156	-	590	526
Emergency Food Vouchers	-	2,620	-	2,620	2,000
Wages	6,475	11,179	-	17,654	8,045
Voluntary Costs	266	2,427	-	2,694	2,687
Insurance	274	-	-	274	239
IT Services	160	463	-	623	304
Activity Materials	493	4,309	-	4,802	10,992
Marketing	153	520	-	673	736
	-	-	-	-	-
	-	-	-	-	-
Sub total	12,315	87,754	-	100,069	74,711
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	12,315	87,754	-	100,069	74,711
Net of receipts/(payments)	14,470	8,183	-	6,287	10,109
A5 Transfers between funds			-	-	-
A6 Cash funds last year end	2,212	20,920	-	23,132	-
Cash funds this year end	16,682	12,737	-	29,419	10,109

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank 0063			
	Lloyds Bank 0168	3,846	1,573	-
	Lloyds Bank 7363	9,104	2,665	
	Metro Bank 4019	-	5,191	
	Paypal	3,443	3,308	-
	Petty Cash	156	-	
		133	-	-
	Total cash funds	16,682	12,737	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees
CCXX R2 accounts (SS)

Signature	Print Name	Date of approval
	ZANE BOIKO	02/06/2025



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Latvian Community Association In The UK

On accounts for the year
ended

31/03/2025

Charity no
(if any)

1191882

Set out on pages

Attached CC16a

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2025**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

11/09/2025

Name:

Joanna Fox MAAT ACMA

Relevant professional
qualification(s) or body
(if any):

Chartered Institute of Management Accountants

Address:

Unit B Greenhill House, Thorpe Road

Peterborough PE3 6RU

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.