

LATVIAN COMMUNITY
ASSOCIATION
IN THE UK

ANNUAL REPORT

01.04.2023 - 31.03.2024



KEY INFORMATION ABOUT LCAIT

Charity Number: 1191882

Registered address: Gladstone Park Community Centre, 927 Bourges blvd, PE1 2AN

Trustees: Zane Viktorija Boiko, Jolanta Kirsteine, Iluta Willis

CEO: Iveta Suna

Coordinator: Kristine Vaivode

Accountant: Money Talks Accountancy Ltd

Independent Examiner: Joanna Fox ACMA

Type of governing document: Constitution

How the charity is constituted: Association

Trustee selection methods: Appointed by existing trustees

BOARD OF TRUSTEES REPORT

The Board of Trustees at Latvian Community Association in the UK are submitting the annual report for the time period of 1st April 2023 - 31st March 2024. The Board of Trustees confirms that the annual report, including financial statements, of LCAITUK comply with the current statutory requirements, the Charity Act 2011 as well as the requirements of the Constitution of the charity.

This report is a reflection of the objectives, activities and vision that is at the core of LCAITUK's values. We have prepared an overview of our achievements as well as a detailed financial report for the time period of 1st April 2023 - 31st March 2024.

We want to express our utmost gratitude to everyone who helped with running our projects and activities, This year we have had 15 volunteers regularly contributing their time, skills and expertise to make our charity the best it could be.

BOARD OF TRUSTEES REPORT

As we become more grounded within our community we are receiving more and more interest in not just participating in our activities but also helping to plan them and volunteer during the sessions and workshops we run. This shows the continual and growing trust they have in our organisation and our mission. And for this reason, this years chosen colour is navy blue - it symbolises trust and strength. Our biggest strength comes from working together - be it the helpful volunteers, colleagues, partner organisations, funders, and most importantly the whole community we work in.

Navy blue is also the colour of peace and stability, and during this year we placed a lot of emphasis on mental health and its improvement for our beneficiaries. The counselling sessions we provide are still one of our most sought after activities and it wouldn't be possible without the help of our funders and the wonderful partnerships we've created with the therapists themselves. As a women run organisation, with lived mental health struggles, we saw the need for more women-centred support, especially for those who are facing barriers in achieving goals and living a fulfilling life. Hence, we created a couple of weekend-long workshops for women and invited professionals from different fields of mental health, creativity, food psychology and movement therapy, to provide attendees with a unique experience to delve deep and start their healing journey of self-love and acceptance, all in a safe environment full of inspiring women. And as a reminder to ourselves and everyone reading this report - you are worthy and deserving of so much love - hope you can truly see and feel that!

WHO WE ARE

Our charity started as Peterborough Latvian Community group (PLC) and on October 19th, 2020 we became a registered Charity. PLC was established in 2009 in Peterborough. Our main aim is to support disadvantaged members of the EU as well as emergency support groups, who are on low income, work long hours, struggle with English and lack knowledge of the UK system. Our aim is to promote community cohesion for better understanding and also to help our members to take part in integration events to reduce loneliness, tackle mental health and reduce isolation by creating multi-cultural events, educational, sports and wellbeing activities to prevent anti-social behaviour and community tension and even crime. We have 7 people in the management committee and they contribute their expertise from different fields, including accountancy, youth and social work, psychology, business, HR, engineering and arts.



TO PROVIDE DEPRIVED
LOCAL COMMUNITIES
WITH FREE WELLBEING
ACTIVITIES THAT
BENEFIT THEIR MENTAL
AND PHYSICAL HEALTH

OUR MISSION





OUR OBJECTIVES

PROMOTE SOCIAL INCLUSION OF THE LOCAL PETERBOROUGH COMMUNITY BY PROVIDING THEM WITH ACTIVITIES THAT WILL BRING THEM TOGETHER AND SECURE SAFE SPACES FOR SOCIALISING

INCREASE CONFIDENCE WITHIN OUR BENEFICIARIES THAT WILL LEAD TO BEING MORE OUTGOING AND POSITIVE ABOUT THEIR SKILLS BY ATTENDING ACTIVITIES SUCH AS ENGLISH AND SEWING CLASSES

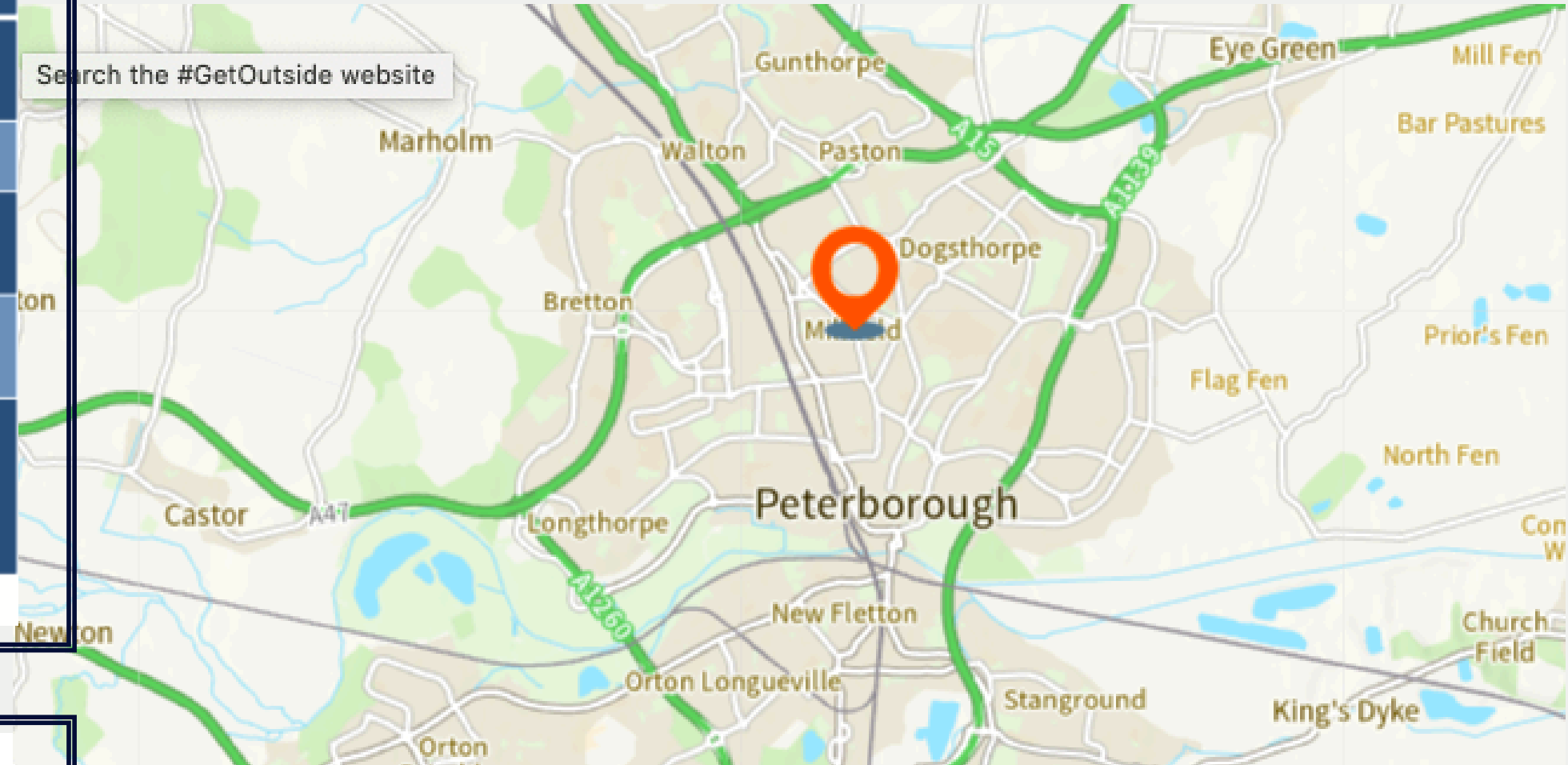
MINIMISE THE STIGMA OF MENTAL HEALTH STRUGGLES BY ACTIVELY TALKING ABOUT IT AND PROVIDING THE BENEFICIARIES WITH THERAPY SUPPORT AND MENTAL HEALTH BENEFITING ACTIVITIES

HELP OTHERS SEE OUR COMMUNITY AS AN EXCITING PLACE TO BE, FULL OF INSPIRING PEOPLE AND STORIES. TO SEE ITS DIVERSITY AS A TREASURE THAT IT IS.

PETERBOROUGH

The Workforce	Peterborough	England
Degree level education	27%	37%
Professional role	41%	52%
Lower skilled jobs	24%	15%
Weekly earnings	£565	£613
Universal credit	5.3% (around 48% in employment)	3.8%

(NOMIS 2021/22)



MILLFIELD

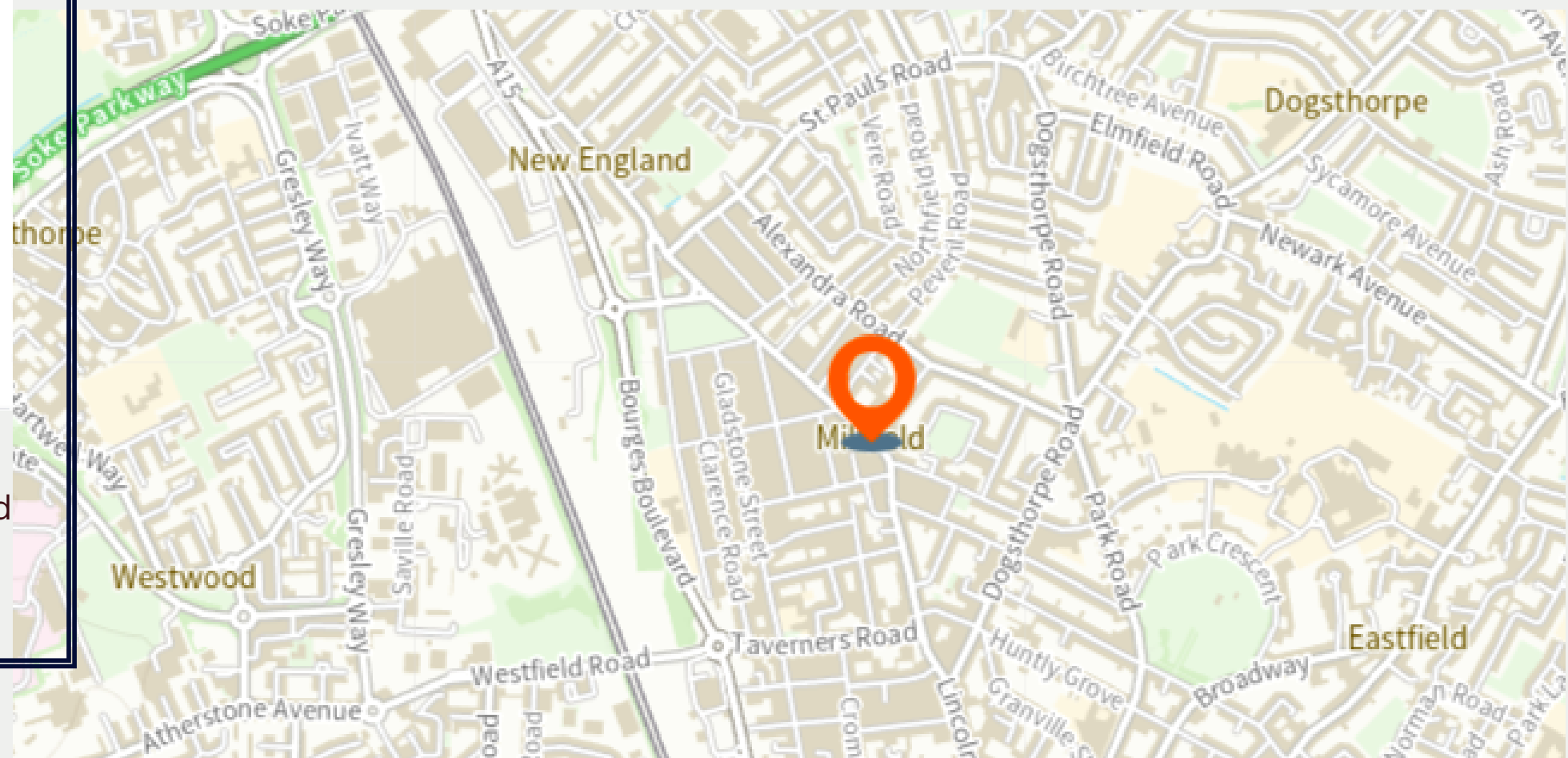
CRIME INCIDENTS IN NEIGHBOURING AREAS TO MILLFIELD

We've taken the ten nearest places to Millfield and ranked them by the number of crime incidents in each. This should allow you to see if Millfield has more crime than other surrounding areas.

Location	Crime Incidents
Millfield	634
Fengate (1.75 miles)	548
New England (0.62 miles)	461
Paston (1.39 miles)	328
New Fletton (1.96 miles)	298

Police statistics, March 2024

At the same time Milfield is home for over 100 languages and nationalities, making it a a vibrant and exciting hub that celebrates culture and diversity.



WHERE WE WORK

OUR TIMELINE

2009

Our first ever event to connect Latvian people living in Peterborough - to our surprise around 60 people came! It's the beginning of Latvian Community!

After realising that Latvians are craving connections and activities our first dancing and singing groups were established. And it's the opening of our Saturday supplementary school!

2011

2014

We're starting a new tradition - Latvian Culture Day in the UK, where every year it takes place in a different city across the UK, highlighting our culture, dance, song and food for a day

We spent a year planning the grand 100 years for Latvia celebrations. We've also taken part in many other events thrown by different community groups!

2018

2020

We got established as a charity! Through the tough COVID-19 times we managed to achieve a lot by helping our communities virtually - providing with creative, physical and mental activities.

At this point we're proud to be working with a dedicated team, partners and volunteers to provide support not just for Latvians but the wider community in need, reaching over 400 beneficiaries through our activities .

2022

2023

We established our permanent office and events space at Gladstone Community Park Centre. As well as started to attract volunteers from abroad - bringing talents with so many ideas and skillsets.



OUR MAIN ACTIVITIES

It has been another busy year and we've been lucky and grateful to have been able to organise such a diverse bouquet of activities. And the more we create them, the more it crystallises what are the exact activities that our community wants to see. They are really the ones to shape them as they are the ones getting most benefit out of them - so we listen and act upon their feedback. We hold regular surveys during and in-between activities and workshops to see how they make the attendees feel and if they are of benefit.

It was already expressed before during sewing sessions that the participants wanted to take part in ceramics workshops. Normally they are very costly, but thanks to Macmillan cancer research and our lovely ceramicists we got the brilliant opportunity to offer these workshops to our community for free of charge. And it has truly been heartwarming to see what beautiful objects get created during classes - and with so much love and passion.

Another soul project of ours was the empowering women's workshops. It was inspiring to see women discover new strengths, build connections, and foster their mental and emotional well-being through mindful activities and insightful discussions. This event highlighted our commitment to empowering women and creating a nurturing environment for their personal growth.



WOMEN'S WORKSHOPS

This year we held 2 empowering women's workshops over the course of 2-3 days. They were created to offered a transformative and insightful experience for women in our community, especially those seeking to find more opportunities to grow and develop and be surrounded by women who speak the same language - Latvian, as often in their day-to-day lives it's difficult to establish meaningful connections with others. Over the course of a weekend, the ladies engaged with a diverse range of experts, including mental health specialists, biodanza practitioners, food psychologists, and life coaches. These professionals provided insightful talks and interactive sessions designed to inspire and empower. In addition to these enriching discussions, attendees participated in creative floristic activities, fostering creativity and mindfulness. These workshops were dedicated to nurturing mental and emotional well-being, promoting self-discovery, and building a supportive network of women. What we witnessed during these workshops is simply indescribable - the connections and trust the women built between each other and within themselves were incredibly moving and that just proves how needed these kinds of activities are!

A quote from a participant:

'These kinds of workshops are very important! A lot of new information and the counsellors and activities are simply amazing! I feel very safe and at peace and I'm looking into the future with a lot of hope.'



Latvian Community Association in the UK is feeling creative.

5 January ·

Join our Free Greenfield Pottery – Macmillan ceramics workshops. Every third Thursday of the month.

Starting from January 18th at 3:30–5:00PM & 5:30–7:00PM

It has been proven that creativity can dig deep to get to the root of mental health worries and alleviate them. So with funding from [Macmillan Cancer Support](#) and together with [Greenfield Pottery](#) we are going to kickstart a series of monthly ceramics workshops starting in the second half of January.... [See more](#)



” Working with clay was my sanctuary during my cancer journey. It allowed me to transform pain into something beautiful. I am forever grateful for this incredible journey of healing and self-discovery.

- EMMA -



CERAMICS WORKSHOPS

Our Ceramics Workshops provided a healing and creative outlet for individuals affected by cancer, whether personally or through loved ones. These sessions offered participants a space to explore their artistic side and find solace in the therapeutic process of working with clay. Under the guidance of skilled instructors, attendees learned various ceramic techniques and created their own unique pieces. One of the instructors also happens to be a licensed counsellor and his skill and understanding of people’s experiences really showed! These workshops aimed to foster a sense of community, resilience, and self-expression, offering a supportive environment for individuals to share their experiences and find comfort through art. We saw a huge interest from the very beginning and people have been expressing hope in this activity to continue for much longer.

A quote from a participant:

I have been inspired to be more creative at home. I have also realised how crafts can give me time to think about something like else aside from my health issues.



LATVIAN CLASSIC FILM FESTIVAL

The Latvian Classic Film Festival was a cultural celebration that brought together the Latvian community over the course of four months. We showcased five iconic Latvian films, each screening providing an opportunity to reconnect with cultural roots and heritage. This festival not only entertained but also sparked conversations and reflections on Latvian history, art, and identity. Attendees enjoyed the chance to experience classic cinema, engage in post-screening discussions, and bond with fellow community members. We also had a chance to indulge in some traditional Latvian treats that tasted like home to many of us.

It was also wonderful to witness the exciting process of preparations for the movie screenings - each evening a team of volunteers came to support the set up in a friendly and fun atmosphere. We had never worked with such intricate equipment before, which was kindly borrowed to us by the Gateway Film Festival organisers and our supporters. One of the most challenging aspects was organising official film licenses from Latvia - but after many a phone calls and email exchanges we managed to organise everything! It was great to learn a new skill and now we can definitely say we can effectively organise, host and put together a mini movie theater.





TUFTING CLASSES

Our Tufting Classes (punch needle workshops) introduced a new and exciting skill to many of our attendees. These sessions provided a hands-on experience where participants learned the art of tufting, creating beautiful and personalised textile pieces. Guided by a talented and experienced community artist, attendees started their journeys into mastering various techniques and transforming simple materials into intricate designs. We also got to try out the delicate art of paper flower making!

In addition to experiencing creativity, these workshops offered a fantastic opportunity for practicing English in a relaxed and informal setting. Participants engaged in conversations, shared their progress, and exchanged ideas, making it an excellent way to improve language skills while enjoying a fun and artistic activity. Moreover, the workshops were a vibrant social hub, bringing together people from diverse backgrounds. It was a wonderful space to meet new friends, build connections, and be part of a supportive and inspiring community.

 Latvian Community Association in the UK
11 January · 🌐

Another chance to get creative, starting at the end of the month!
Join us and [Rose Croft - Artist](#) - a socially engaged Artist & Storyteller based around Spalding and Peterborough - for monthly punch needle craft workshops!

📅 When? Every last Wednesday of each month, Starting January 24th.
🕒 What time? From 5:30 - 7pm
🔗 ... See more



**Punch
needle craft
workshop**

FREE
every last
Wednesday of
each month

Please click
on the link in
description to apply
(Limited spaces)



In cooperation
with:



masterad
CREATIVE LABORATORY

On July 12th we held an amazing event Eat Well Live Well with our special guest Gundega Upe who showed us tips and tricks how to:

- 🍷 Save money on food with affordable solutions
- 🕒 Spend less time in the kitchen and more time with your loved ones
- 🌱 Embrace a healthy lifestyle

and much more.... [See more](#)



Latvian Community Association in the UK
3 July 2023 · 🌐

Ēd veselīgi, taupi naudu un pavadī mazāk laika gatavojot ēdienu savai ģimenei, vienlaikus nodrošinot, ka tavi bērni uzzin par veselīgu dzīvesveidu.

🌱 Mēs esam atvērti ēdienu pasaulei . ēdiens var būt veselīgs un viegli pagatavojams.

👉 Ietaupi naudu pārtikai ar mūsu izdevīgajiem risinājumiem.... [See more](#)



Eat well Live well

12th of July
5:30-6:30 PM

Did you know eating healthy:

- 🍅 saves you money
- 🕒 reduces cooking time
- 🌱 gives you more energy

Join us for a sharing on eating healthy, saving money and reducing cooking time for your family while ensuring your children embrace a healthy lifestyle, make new friends, and create a happy, thriving family!

Join us

To reserve your spot, send a text to Gundaga at 07469690073 or message Gundaga Upe on Facebook.





Latvian Community Association in the UK is 🥰 feeling energised.
6 March · 🌐

🍣 Suši laiks!
Izzini suši gatavošanas noslēpumus, pilnveido prasmes un baudi lieliskā atmosfērā pašu gatavotus suši. Nenokavē, piesakies tagad, jo vietu skaits ir ierobežots!

💬 Dalību meistarklasei piesaki rakstot ziņu Evitai: +44 7809 424226
📍 Tiekamies 14. martā plkst. 17:30 Gladstone Park Community Centre, PE1 2AN.
D... [See more](#)

Vietu skaits IEROBEŽOTS!

SUŠI meistarklase

Piesaki savu dalību:
+44 7809 424226
Dalība meistarklasē pret ziedojumiem.



**14. martā
17:30-19:00**





EAT WELL WORKSHOPS

the Eat Well Practical Workshops were a fantastic way to encourage healthier eating habits and culinary exploration. It was incredibly satisfying to see participants gain new skills, enjoy cooking, and make positive changes to their diets.

This engaging masterclass provided participants with the unique opportunity to learn the art of sushi-making from an experienced chef. Attendees discovered the techniques of selecting and preparing fresh ingredients, tips and tricks to prepare the perfect sushi rice as well as best rolling techniques. The class was not only educational but also a delightful culinary adventure, enhancing participants' confidence in the kitchen and their appreciation for Japanese cuisine.

Our series of sessions on healthy meal preparation focused on teaching attendees how to create nutritious and delicious meals with ease. These workshops covered a range of topics, from planning balanced meals to incorporating more vegetables and whole foods into daily diets.

Recognising the growing popularity of air fryers, we organised workshops to demonstrate how this versatile appliance can be used to prepare quick, healthy meals. It was wonderful to witness families with children and teens taking part in these activities - breaking the barriers between generations and finding common grounds in the kitchen!

OTHER ACTIVITIES

Aicinām apmeklēt bezmaksas informatīvo ciklu "Atbalsti, pabalsti un resursi Anglijā".
Šoreiz par Personal Independence Payment (PIP).
Kas ir PIP – pabalsts Apvienotajā Karalistē, kas nodrošina finansiālu atbalstu cilvēkiem ar veselības un/vai invaliditātes problēmām.... [See more](#)

Informatīvais cikls

Atbalsti, pabalsti un resursi Anglijā (PIP)

PIP ir pabalsts Apvienotajā Karalistē, kas nodrošina finansiālu atbalstu cilvēkiem ar veselības un/vai invaliditātes problēmām.

4. NOVEMBRIĒ PLKST. 12:00–15:00

Bezmaksas biļetes vari rezervēt noskenējot kodu:



Vietu skaits ierobežots. Obligāta iepriekšēja rezervācija.



Atbalsta:



Informatīvais cikls

Universal credit – īss pārskats

Universālais kredīts ir Apvienotās Karalistes valdības nodrošināta sociālā palīdzības shēma, kas apvieno dažādus atbalsta veidus vienā vienkāršā sistēmā. Tas piedāvā elastīgu finansiālo atbalstu, piemērotu gan strādājošiem, gan nestrādājošiem cilvēkiem.

2. DECEMBRIĒ PLKST. 12:00–15:00

Bezmaksas biļetes vari rezervēt noskenējot kodu vai nospiežot linku aprakstā.



Vietu skaits ierobežots. Obligāta iepriekšēja rezervācija.



Atbalsta:



We held a series of entitlement support talks, where we gave advice on what government support is available and how to apply for it. There is still a lot of unclarity when it comes to the topics of Universal credit and other benefits and support systems. We were also able to give 1-1 support sessions for those who needed it. We feel like sessions like these can really help establish trust between us and the community and it feels great to be a safe space for people to turn to.

With the support from Evelyn Trust and Foodbank we were able to provide with emergency food parcels and vouchers for those who had found themselves in an unfortunate situation, due to illness, housing problems or work redundancy.



Latvian Community Association in the UK is 🙏 feeling grateful.

25 October 2023 · 🌐

Latvian Community Association in the UK provides Emergency Food Parcels to support members within the community.

If you need an emergency food please

💬 text us on 07479 953252 or

✉️ send an e-mail to: iveta@lcait.uk.... [See more](#)



ARE YOU STRUGGLING TO BUY FOOD FOR YOU AND YOUR FAMILY, OR DO YOU KNOW SOMEONE WHO IS?

We are here to help!

Emergency Food Parcels

Text us on **07479 953252**



In cooperation with:



One of the activities that he have been operating long term and included in several of our funding applications, as we see the crucial need for it, is the free therapy sessions we're providing to our beneficiaries, no matter their background. The sessions are available in 5 languages, making it a more comfortable choice for those who's English is not the first language. We have received feedback saying just how important these therapy sessions have been to people - including one saying that it has been a lifesaving support.

Unlock the doors to new possibilities and embrace a happier life with our community-based psychology services! Whether you speak Latvian, Lithuanian, Russian, Ukrainian, or English, our dedicated team of psychologists is prepared to help you embark on a journey toward emotional well-being. Take the first step today and experience the support and understanding you deserve in the language that feels most comfortable to you!

🗣️ Available in Latvian, Lithuanian, Russian, Ukraini... See more

Unlock the doors to new possibilities and embrace a happier life with our **community-based psychology services**

We provide our services in **5 LANGUAGES:**

- LATVIAN
- LITHUANIAN
- UKRAINIAN
- ENGLISH
- RUSSIAN

Access FREE, ANONYMOUS and SAFE.

Email us at: mind@lcait.uk

In cooperation with:    

Latvian Community Association in the UK
7 June 2023 · 🌐

☀️ Prioritize your mental health! Book a session with a therapist. ☀️

Whether you're an adult or a young person facing emotional challenges, stress, or simply seeking self-discovery, this is an incredible opportunity! Schedule your session now and embark on this journey of self-care and transformation. ❤️

BOOK YOUR PLACE 📅

📩 ... See more

LET'S TALK ABOUT MENTAL HEALTH!

THERAPY SESSIONS FOR YOUNG PEOPLE AND ADULTS

Individual therapy gives you a safe space to explore your thoughts, feelings, and concerns.

- ONLINE SESSIONS
- LIMITED SPACES AVAILABLE

BOOK YOUR SPACE BY EMAIL
bezmaksasterapija@gmail.com

Donate and Help Us Bring a Merry Christmas to Nursing Home Residents.

Donations are needed by **December 14th**

In cooperation with:  

☀️ Join our Women's Circle! ☀️

Hey there, incredible ladies! We are excited to announce the launch of our Women's Circle, where we aim to create a safe and supportive space for all women to come together, empower each other, and unleash their true potential! 🌟

Whether you're a young professional navigating your career, a dedicated mother balancing work and family, or just maybe someone looking for a space to share or simply seeking meaningful connections, this circle is for... See more

DISCOVER THE POWER OF CONNECTION: JOIN OUR WOMEN'S CIRCLE

We're starting a bi-weekly women's circle to create a supportive environment for women to connect and open up!

Join us! Contact us to participate:

Send EMAIL to iveta@lcait.uk

📍 Gladstone Park Community Centre

📅 First and third week of the month

🕒 Thursdays 5pm - 6pm

FREE OF CHARGES

REFRESHMENTS INCLUDED

It has become a tradition already within our community to support the elderly centres in Latvia. Many elderly people struggle with loneliness and it's heartbreaking to see that their wishes are very humble - a pair of socks or some tea and biscuits, a puzzle or a shower gel is brightening many of their lives.

Continuing the topic of women empowerment - we created a women's circle for local women, despite their background. For many women this was a rare opportunity to break out of their everyday routine and have someone listen to them without any judgement or unsolicited advice.

Our Community Radio Show, hosted by 4 Latvian ladies - different host for every Sunday of the month. It has become a vibrant and well-loved platform for exploring diverse topics and featuring an array of engaging guests. This initiative aims to connect, inform, and entertain our community, celebrating Latvian culture and Latvians living in the UK while addressing a wide range of subjects. Each episode of the radio show delves into different themes, from cultural heritage and current events to health, wellness, and everyday life. Our hosts thoughtfully select topics that resonate with the community, ensuring each broadcast is both relevant and enriching.



Vada: Iveta Sūna

Drosme būt uzņēmējam Anglijā

22. OKTOBRĪ 17:00-18:00

Salaam Radio 106.2 FM

Intervija ar
**KASPARU
PAPELUKU**
/KĀRĀRĀRĀ/



Latvian Community Association in the UK

4 June 2023 · 🌐 · 📱 · 📺



Latvian Show Call 01733 602 133 Text 07411 19 1062
Or comment on this LIVE stream!

17:00:50 Want to advertise YOUR business or event? Get in touch on info@salaamradio.co.uk

Salaam Radio 106.2FM was live.
4 June 2023 · 🌐

Latvian Show

Join Iveta for the weekly Latvian Language Programme
Every Sunday at 4pm

👍❤️ Inga Pumpure-Skaba, Sandra Andrejeva and 7 others

JOIN US tomorrow (10th of August) at 5:30 PM for a LIVE INTERVIEW with our lovely guests from Italy Giulia & Giulio 🇮🇹🎙️

We will be talking about Workaway programm, how does it work and our journey throughout it.

Giulia & Giulio will tell us how they decided to join us here in Peterborough, what has been the highlight working for our community for the past 2 weeks, experience with Latvian foods and much more.

E... See more

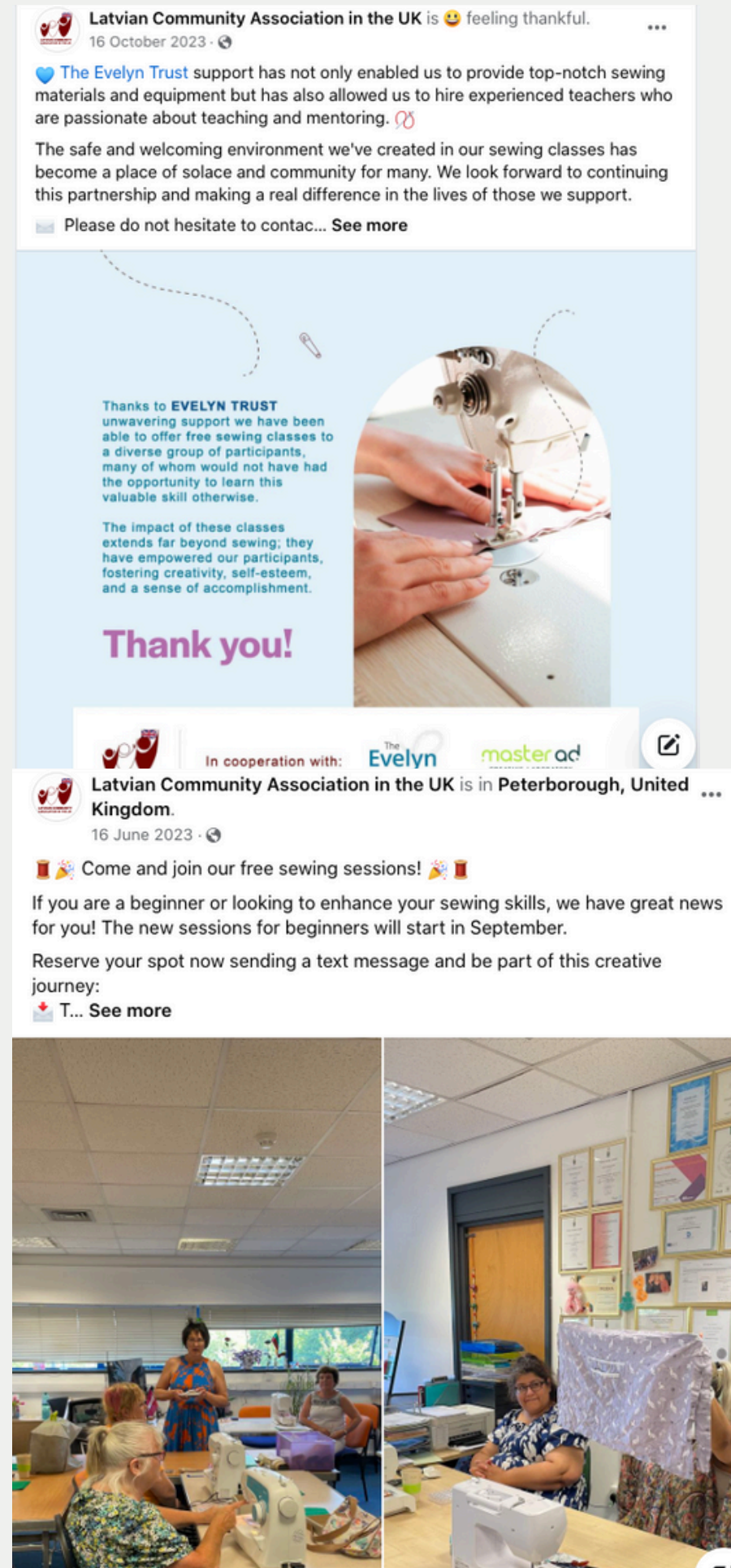
JOIN US FOR A LIVE INTERVIEW WITH GIULIA & GIULIO

**TOMORROW
10.08.2023.
AT 5:30 PM**




This year we continued to welcome volunteers from abroad, through the Workaway platform. As keen travellers ourselves, who love to discover new cultures, we find this idea of welcoming volunteers very exciting! We had volunteers from the United States as well as Italy come support our day to day running of the charity. It was incredible to look at our work and our organisation from the eyes of the volunteers and they expressed how grateful they have been themselves for the opportunity to be a part of our small community charity and meet the people we support - interview them and take part in sessions as well.

Together with PCVS and other great organisations we were delighted to be a part of the organising committee for our international women's day celebrations. It was well attended, with over 200 women throughout the day, who came to enjoy practical sessions, such as tufting and paper crafts, inspiring mental health lectures and self-defence tips as well as enjoy musical performances.



Our Sewing Classes have blossomed into a vibrant and supportive community where women are continuously learning and perfecting their sewing skills. Recognising the passion and dedication of our participants, we have opened our office spaces for independent sewing once a week. These sessions allow the ladies to practice their skills, work on personal projects, and collaborate with fellow sewing enthusiasts in a supportive environment. The availability of a dedicated sewing space fosters a sense of community and provides a valuable resource for those who may not have access to sewing equipment at home.

A WORD FROM OUR CEO



As a CEO, I am proud to highlight the significant strides our charity has made this year, particularly in focusing on women's mental health. Ensuring a healthy society starts with addressing mental well-being, and our initiatives have been pivotal in this regard. We have implemented a range of activities aimed at enhancing the quality of life within our local community, from financial literacy programs to lifestyle improvement initiatives. These efforts have been transformative for many individuals, bringing about life-changing improvements. I am truly honored to be part of this amazing community and excited to continue our impactful work.

-Iveta Suna



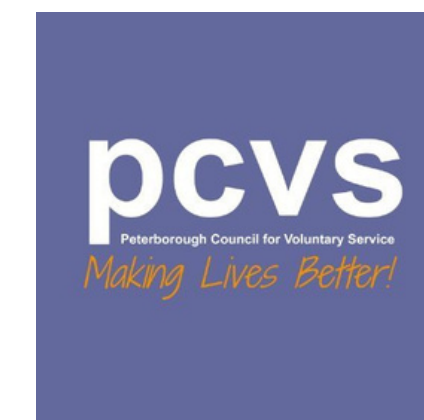
EXTRA SPECIAL THANK YOU TO OUR FUNDING BODIES AND PARTNER ORGANISATIONS!



Ārlietu ministrija



Latvijas Republikas vēstniecība
Lielbritānijas un Ziemeļīrijas
Apvienotajā Karalistē



Sabiedrības integrācijas
fonds



Kultūras ministrija





CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Latvian Community Association in the UK

No (if any)
11911882

CC16a

Receipts and payments accounts

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	1,200	71,817	-	73,017	42,968
Donations	2,606	251	-	2,857	528
Other	3,643	303	-	3,946	763
Staff Fund	-	5,000	-	5,000	12,674
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	7,449	77,371	-	84,820	56,933
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,449	77,371	-	84,820	56,933
A3 Payments					
Venue Rent	1,360	7,850	-	9,210	1,969
Refreshments	598	5,176	-	5,774	6,286
Travel & Transport	469	1,372	-	1,841	725
Administration	1,068	2,704	-	3,771	3,276
Stationary	14	168	-	182	86
Activity Cost	200	27,382	-	27,582	17,083
Equipment	-	825	-	825	1,296
Other Costs	501	25	-	526	411
Emergency Food Vouchers	-	2,000	-	2,000	100
Wages	92	7,954	-	8,045	16,958
Voluntary Costs	1,193	1,494	-	2,687	2,591
Insurance	239	-	-	239	218
IT Services	61	240	-	301	441
Activity Materials	-	10,992	-	10,992	2,624
Marketing	-	1,196	-	1,196	736
	-	-	-	-	2,833
	-	-	-	-	-
Sub total	5,795	69,376	-	75,171	57,633
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,795	69,376	-	75,171	57,633
Net of receipts/(payments)	1,654	7,995	-	9,650	- 700
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	558	12,925	-	13,483	-
Cash funds this year end	2,212	20,920	-	23,133	- 700

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank 0063	92	11,206	-
	Lloyds Bank 0168		2,530	
	Lloyds Bank 7363	91	5,449	
	Metro Bank 4019	1,829	1,735	-
	Paypal	161	-	
	Petty Cash	39	-	-
	Total cash funds	2,212	20,920	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

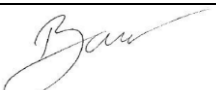
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

 _____

Zane Boiko

16/10/2024



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name

Latvian Community Association In The UK

On accounts for the year
ended

31/03/2024

Charity no
(if any)

1191882

Set out on pages

Attached CC16a

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2024**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Joanna Fox

Date:

29/10/2024

Name:

Joanna Fox MAAT ACMA

Relevant professional
qualification(s) or body
(if any):

Chartered Institute of Management Accountants

Address:

Unit B Greenhill House, Thorpe Road

Peterborough PE3 6RU

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.