

Charity Registration No 1191837

Report of the Trustees and Unaudited Receipts and Payments Accounts

For the Year ended 31 March 2024

For

Survive

Survive

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Year ended 31 March 2024

CONTENTS

PAGE

General Information

3

Trustees Report

4 - 6

Independent Examiner's Report

7

Receipts and Payments Account

8

Statement of Assets and Liabilities

9

Notes to the Receipts and Payments Accounts

10 - 11

Survive

General Information

Year ended 31 March 2024

Charity registration number

1191837

Principal address

156 Nantwich Road

Crewe

CW2 6BG

Trustees

Peter Buckingham (Chair)

Robert Wright

Carissa Tossell

Helen Gould

Sally Lines

Charlotte Walton

Simon Whitney (Appointed 16/02/2024)

Claire Gilbody (Appointed 22/02/2024)

Claire Jones (Appointed 22/02/2024)

Bankers

National Westminster plc

36 High Street

Nantwich

CW5 5GA

Independent Examiner

John Garrett, FCA

122 Hospital Street

Nantwich, Cheshire CW5 5RY

Survive

Report of the Trustees

For the Year ended 31 March 2024

The Trustees present their report and the unaudited Receipts and Payments Accounts of the charity for the Year ended 31 March 2024.

The Trustees have adopted the provisions of section 133 of the Charities Act 2011 to prepare receipts and payments accounts.

Objectives and Activities

Survive is a C.I.O. Charitable Incorporated Organisation which carries out charitable works for public benefit through the practical application of the objects of the charity

The advancement of health and /or the saving of lives.

Survive is established to relieve the mental, physical, and spiritual suffering caused by abuse and to provide education and training for those working to alleviate the damaging effects of this abuse.

Survive will offer counselling, advice, guidance, support, advocacy, information and assistance to the best of our abilities to abuse survivors.

Survive will offer counsellor training on the areas of abuse and its affects.

Survive works with other agencies, organisations, statutory bodies and any group that have similar objectives as Survive.

Increasing public awareness about abuse and its impact.

Survive holds exhibitions, meetings, lectures, classes, seminars, and training.

Survive collects, collates and distributes relevant information about abuse and related topics to its members and other organisations that have similar objectives to Survive.

Survive promotes and supports other charitable schemes or projects as may be established to benefit the public, only after prior consultation with the trustees.

Key Activities

Survives key activities are one to one counselling of adult survivors of childhood abuse. Predominantly childhood sexual abuse.

Survive also offers craft groups, therapeutic art groups and a choir.

This year has seen the Survivor Arts Exhibition run again. This year's exhibition was its 10th year and was very well attended.

Achievement and Performance

This year we have worked with a monthly average of 80 clients offering 250 counselling sessions.

At the end of this year we had 26 people on our waiting list with an average wait time of 5 months.

Currently we have 36 volunteer counsellors working with clients. There is a continuing demand for Survives services year on year.

An additional counselling group has been introduced - we are looking to use this group as a contact group for people on Survives waiting list. The idea is to offer clients a contact with Survive while they are waiting for one-to-one counselling.

An outside counselling building has now been installed and is in use. This is in response to the increased demand for our services. At some points of any week, all our counselling suites can be in use.

Looking forward into 2024/2025:

We are always looking to increase the number of volunteer counsellors and are fortunate to do so.

We are looking to fund a poetry group as an additional therapeutic offering to our clients. There are currently two bids for this group and it is likely that we should be successful with at least one of them.

Financial Review

During the year, the total income of the charity was £25,808 (of which £11,392 was restricted and £14,416 was unrestricted). The charity spent £23,600 (of which £11,392 was restricted and £12,208 was unrestricted). At the year end, the unrestricted reserves were £73,903 and the restricted reserves were nil.

Reserves Policy

Unrestricted funds represent donations, grants and monies received from room hire and donations that have no specific conditions attached and can therefore be used in accordance with the charitable objectives at the discretion of the Trustees.

Restricted funds represent donations or grants that have been given or raised for a specific purpose and as such these funds can only be spent in accordance with that specific purpose. It is possible - subject to permission from the donor - that any unused restricted funds that remain at the end of the project, can be transferred to unrestricted funds.

Structure, governance and management

Survive is a Charitable Incorporated Organisation (CIO) and is controlled by its Constitution. The Charity was originally an unincorporated body founded in 1995. The assets and liabilities were transferred into a newly formed CIO on 18th January 2022.

The CIO is governed by a board of Trustees who meet every 3 months and in addition there is a management committee which contains at least one Trustee and which is responsible for Survive's daily running.

Trustees of the charity

The Trustees who have served during the Year were as follows:

Peter Buckingham M. A.

Robert Wright

Carissa Tossell

Helen Gould

Sally Lines

Charlotte Walton

Simon Whitney (Appointed 12/02/2024)

Claire Gilbody (Appointed 12/02/2024)

Claire Jones (Appointed 12/02/2024)

Statement of Trustees' Responsibilities

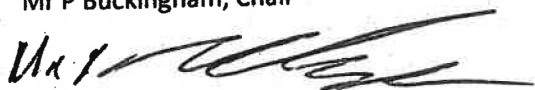
The Trustees are responsible for preparing the Report of the Trustees and Receipts and Payments Accounts in accordance with applicable law and UK Accounting Standards.

The law applicable to charities in England and Wales, the Charities Act 2011; Charity (Accounts and Reports) Regulations 2008 and the charity's governing documents require the trustees to prepare Receipts and Payments Accounts which give a true and fair view of the state of affairs of the charity. In particular the trustees are required to:

- (a) select suitable accounting policies and apply them consistently
- (b) make judgements and estimates that are reasonable and prudent
- (c) prepare the Receipts and Payments Accounts on a going concern basis unless it is inappropriate to presume that the charity will have adequate resources to continue.
- (d) Keep proper accounting records which at any time accurately disclose the financial position of the charity.

Approved by order of the board of trustees on 12th November 2024 and signed on its behalf by

Mr P Buckingham, Chair



Survive

Independent examiner's report to the Trustees of Survive

I report to the Trustees on my examination of the accounts of Survive (the Charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed by examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- 1) accounting records were not kept in accordance with section 130 of the Act; or
- 2) the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



JOHN GARRETT, FCA

Chartered Accountant

122 HOSPITAL STREET, NANTWICH, CHESHIRE. CW5 5RY.

Date: 12 November 2024

Survive

Receipts and Payments Account

For the Year ended 31 March 2024

	Notes	Year ended 31/3/24		TOTAL	31/3/23
		Restricted Funds	Unrestricted Funds		
RECEIPTS					
Donations and Grants		11,392	9,745	21,137	14,301
Room Hire			4,671	4,671	5,138
TOTAL INCOME		11,392	14,416	25,808	19,439
PAYMENTS					
Charitable Activities		11,392	413	11,805	10,718
Professional fees			1,102	1,102	306
Insurance			1,437	1,437	1,010
Water, light and heat			3,599	3,599	3,525
Repairs & Renewals			2962	2962	711
Postage & Stationery			423	423	138
Telephone & Internet			797	797	826
Depreciation			1,040	1,040	1,040
Sundry Expenses			435	435	1,016
TOTAL EXPENDITURE		11,392	12,208	23,600	19290
SURPLUS/(DEFICIT)		-	2,208	2,208	149
Funds brought forward		0	71,695	71,695	71,546
Funds carried forward		0	73,903	73,903	71,695

Survive

Statement of Assets and Liabilities

As at 31 March 2024

	Notes	2024	2023
FIXED ASSETS			
Tangible Fixed Assets	2	28,628	27,040
CURRENT ASSETS			
Bank and Cash		71,521	59,294
CURRENT LIABILITIES			
Deferred income		(26,246)	(14,638)
NET CURRENT ASSETS		45,275	44,656
Total assets less current liabilities		<u>73,903</u>	<u>71,696</u>
Represented by:			
Restricted Funds	3	0	0
Unrestricted Funds		73,903	71,696
TOTAL FUNDS		<u>73,903</u>	<u>71,696</u>

The notes on pages 10 & 11 form part of these accounts

These Receipts and Payments Accounts were approved by the Board of Trustees and authorised for issue at the AGM held on Monday 12th November 2024 and were signed on its behalf by:

Mr P Buckingham, Chair



Survive

Notes to the Receipts and Payments Accounts

Year ended 31 March 2024

1. General Information and Basis of preparation

The Receipts and Payments Accounts of the charity, which is a public benefit entity have been prepared in accordance with the provisions of section 133 of the Charities Act 2011.

Survive had operated as a charity with a reference number 1047103 since 1995 but the decision was made to create a CIO through which to operate. Accordingly, this CIO was formed on 15th October 2020 and the assets and liabilities of the former charity were transferred into it on 18th January 2022 under a resolution passed by the Trustees on 7th September 2020. Additionally, the Trustees decided to adopt merger accounting to account for this transaction.

2. Fixed Assets

	Freehold Property	Assets in Course of Construction	TOTAL
Cost at 1.4.23	52,000	0	52,000
Additions	0	2,628	2,628
Cost at 31.3.24	52,000	2,628	54,628
Depreciation at 1 4 23	24,960	0	24,960
Charge for year	1,040	0	1,040
Depreciation at 31.3.24	26,000	0	26,000
Net Book value at 1.4.23	27,040	0	27,040
Net book value at 31.3.24	26,000	2,628	28,628

3. Movement in funds

	At 1.4.23	Net movement in year	At 31.3.24
Unrestricted funds	71,696	2,208	73,903
Restricted funds	0	0	0
TOTAL FUNDS	71,696	2,208	73,903

4. Fund Accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

5. Related party disclosures

During the year ended 31 March 2024 the Charity purchased the following services from Trustees:

- Sally Lines Group Facilitation : £907
- Charlotte Walton Group Facilitation: £1,080

During the year ended 31 March 2024, the Charity provided services to the following Trustees, all at market rates: None

6. Taxation

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.