



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 13/10/2020 Period start date To 01/04/2022 Period end date

Charity name: Health Pioneers

Charity registration number: 1191782

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To act as a resource for young people up to the age of 18 living in London by providing advice and assistance and organising programmes of educational and other activities as a means of: (a) Advancing in life and helping young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature and responsible individuals; and (b) Advancing education.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Mentorship to Health: tackles the socio-economic inequality that exists within the healthcare system and applying to university. The programme supports primarily state school students aged 16 and above who wish to pursue healthcare related careers through mentoring and classes on the application process. Pathways to Health: a health education and leadership programme that empowers young people to work with health professionals to design, implement, and lead a health project that solves a health problem.

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	I confirm the trustees have had regard to the guidance issued by the Charity Commission on public benefit.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>96 students enrolled into Pathways to Health. We hosted an in-person Health & Leadership Weekend Conference. This was spread over two days and covered the following topics:</p> <ol style="list-style-type: none"> 1. Mental Well-being 2. Healthy Eating 3. Physical Activity 4. Relationships and Sexual health 5. Basic First Aid 6. Health Inequalities 7. Public Speaking 8. Project Management 9. Leadership skills 10. Negotiation skills

		<p>Student Feedback</p> <p>Prior to the conference, we asked students enrolled to take part to complete a short survey to self-rate their confidence in their understanding of various health topics and areas of leadership skills.</p> <p>There were 96 students that completed the pre-conference survey.</p> <p>Of the 96 students completing the pre-conference survey:</p> <ul style="list-style-type: none"> • 56% of students had a household income of <£35,000/year • 46% would be the first in their family to attend university • 42% were eligible for free school meals • 14% were eligible for Pupil Premium <p>Prior to the conference, the areas that students felt most confident were in their understanding of mental health and well-being (average score of 4.1 out of 5), healthy eating and physical activity (average score of 4.1 out of 5), and leadership skills (average score of 3.9 out of 5). The area that students felt least confident in was in networking and CV development (average score of 2.8 out of 5).</p> <p>After the conference, we asked participants to complete a further survey to reflect on their self-rated confidence in their understanding of the same topics and skills. There were 81 student responses to the post-conference survey. The feedback shows that all students gained knowledge in the health topics and leadership skills domains, with the greatest improvements in confidence occurring in the areas of health inequalities, basic first aid and negotiation skills. The area that</p>
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		<p>students felt least confident in, after the conference, remained in the area of networking and CV development (average score of 3.4 out of 5), a gain of only 0.6 points in confidence from before the conference.</p> <p>136 students enrolled into Mentorship to Health. Of the 136 students that enrolled, only 25 students (20%) responded to our end of programme feedback form.</p> <p>The top three university choices were:</p> <ol style="list-style-type: none"> 1. King's College London (48.5%) 2. University of Nottingham (39.4%) 3. University College London (36.4%) <p>The most frequent universities inviting students for interview were:</p> <ol style="list-style-type: none"> 1. King's College London (28%) 2. University of Nottingham, University College London, Barts and the London Medical School (16%) 3. University of Exeter (12%) 4. University of Oxford (12%) <p>The most frequent universities issuing a conditional offer after interview:</p> <ol style="list-style-type: none"> 1. Barts, Nottingham, King's College London (16%) 2. University of Oxford (12%) 3. University of Exeter, University College London, St George's University and Kent & Medway Medical School (8%) 4. Received no offer (24%) <p>Our programme was a success and proved popular with the students:</p> <ul style="list-style-type: none"> • 94% of students were "Very likely" to recommend the Mentorship to Health scheme to a friend. • 95% ranked mock interview preparation as 5 out of 5 on a scale of usefulness. • 82% ranked their mentor 5
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		<p>out of 5 on a scale of usefulness.</p> <p>Overall, the charity has had a positive impact on society. This is achieved through the development of health knowledge amongst young people and the subsequent sharing of this knowledge within their community. As well as supporting future healthcare workers who are representative of the population.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity has in reserves £1192 gained through donations. The finances of the charity are stable and sustainable with payments less than receipts.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held to pay for any administrative costs (website and Google Suite) as well as for payments for teaching events.
Amount of reserves held	Para 1.22	£1192
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No uncertainties

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Foundation Model Constitution for CIO
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Every trustee must be appointed for a term of 4 years by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Health Pioneers
Other name the charity uses	
Registered charity number	1191782

Charity's principal address	152 Fairfoot Road, London, E3 4EL, UK.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Raoul Li-Everington			
2	Devina Maru			
3	Ife Akinroyeje			
4	Yasmin Milner			
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Corporate trustees - names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Raoul Li-Everington

Full name(s)

Raoul Li-Everington

**Position (eg
Secretary, Chair, etc)**

Chair of Trustees

Date

21/01/2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
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Receipts and payments accounts

For the period from	Period start date 10/13/2020	To	Period end date 4/1/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donation	1,000	-	-	1,000
Donation	114	-	-	114
Donation	202	-	-	202
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	1,316	-	-	1,316
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	1,316	-	-	1,316
A3 Payments				
Google Suite	124	-	-	124
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	124	-	-	124
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	124	-	-	124
Net of receipts/(payments)	1,192	-	-	1,192
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
Cash funds this year end	1,192	-	-	1,192

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Coop Bank	1,192	-
		-	-
		-	-
	Total cash funds	1,192	-
	(agree balances with receipts and payments account(s))	OK	OK
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets			-
			-
			-
			-
			-
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities			-
			-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name
		Raoul Li-Everington	Raoul Li-Everington

CC16a

Last year
to the nearest £

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**Endowment
funds**

to nearest £

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OK

**Endowment
funds**

to nearest £

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**Current value
(optional)**

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**Current value
(optional)**

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**When due
(optional)**

Date of
approval

1/21/2023