CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/04/2024 To 31/03/2025

Charity name: Hope and Help

Charity registration number: 1191730

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Hope and Help exist to carry out charitable purposes for the benefit of the local community. Its purposes include the relief of poverty, the preservation and protection of physical and mental health, particularly for individuals affected by drug and alcohol misuse, and the support of individuals and families experiencing bereavement or loss.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During the year, the charity delivered community-based support services aimed at improving wellbeing and reducing hardship. These included bereavement support, counselling and advice services, support for individuals affected by substance misuse, family and marriage support, and wider community wellbeing initiatives. These activities directly furthered the charity's purposes and provided public benefit to individuals and families in need within the local community.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have had regard to the Charity Commission's guidance on public benefit when planning and delivering the charity's activities during the year.

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	The charity does not operate a grant-making programme. All charitable activities are delivered directly by the charity for the benefit of its beneficiaries.
Policy on social investment including program related investment	Para 1.38	The charity does not undertake social investment or programme-related investment activities.
Contribution made by volunteers	Para 1.38	The charity benefits from the support of volunteers who assist with the delivery of its activities and services. Their contribution supports the charity's ability to provide community-based support to beneficiaries.
Other		N/A

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	During the year, the charity supported individuals and families facing personal, emotional, and social challenges. Through its community-based services, beneficiaries received practical guidance, emotional support, and access to advice at times of need, contributing to improved wellbeing and reduced isolation. The charity's work also provided wider benefit to the local community by promoting resilience, strengthening family support, and helping individuals engage more positively with support services.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The charity delivered its planned activities during the year in line with its stated objectives, providing community-based support services to individuals and families in need.
Performance of fundraising activities against objectives set	Para 1.41	N/A
Investment performance against objectives	Para 1.41	The charity does not hold investments and did not undertake investment activities during the year.
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the financial year, the charity held sufficient funds to meet its immediate obligations. The trustees monitored income and expenditure throughout the year and managed resources carefully to support the ongoing delivery of the charity's activities.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The trustees aim to maintain a modest level of reserves to support the charity's ongoing activities and to provide short-term financial stability. Reserves are held to meet unexpected costs and to ensure continuity of services.
Amount of reserves held	Para 1.22	The level of reserves held at the year end is set out in the accompanying accounts.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	The charity did not have any funds materially in deficit at the end of the financial year.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The charity did not have any funds materially in deficit at the end of the financial year.

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's income is primarily derived from voluntary donations from individuals. Donations are received from individuals who choose to support the charity and from individuals who contact the charity to make donations. The charity does not operate a formal fundraising programme.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The charity does not hold investments and has not adopted an investment or social investment policy.
A description of the principal risks facing the charity	Para 1.46	The trustees have identified the main risks facing the charity as fluctuations in income levels and the ongoing need to manage resources carefully to ensure the continuity of services. The trustees monitor the charity's financial position and activities to mitigate these risks.
Other		

Structure, Governance and Management

Description of charity's trusts:		Not applicable. The charity does not operate through separate trusts.
Type of governing document (trust deed, royal charter)	Para 1.25	Not applicable. The charity does not operate through separate trusts.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	The charity is constituted as a Charitable Incorporated Organisation (CIO).
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed in accordance with the charity's Constitution. New trustees may be appointed by the existing trustees to ensure the charity has an appropriate balance of skills and experience to support its purposes.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	New trustees are provided with an introduction to the charity's aims, activities, and governance arrangements. Trustees are encouraged to familiarise themselves with the charity's Constitution and relevant Charity Commission guidance.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity is governed by its trustees, who oversee the delivery of its activities. Day-to-day activities are delivered directly by the charity. The charity works informally with local community groups and individuals where appropriate.
Relationship with any related parties	Para 1.51	The charity does not have any formal relationships with related parties
Other		N/A

Reference and Administrative details

Charity name	Hope and Help
Other name the charity uses	
Registered charity number	1191730
Charity's principal address	Springwell House 2 Shear Bank Rd BB1 8AP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Abdurrehman Master			
2	Ayaz Patel			
3	Maqbool Ahmed		02/05/2025	Abdurrehman Master Ayaz Patel
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	A. Master	
Full name(s)	Abdurrehman Master	
Position (eg Secretary, Chair, etc)	Chair of trustees	
Date	27/01/2026	

HOPE AND HELP

Charity Number : 1191730

FINANCIAL ACCOUNTS

31ST MARCH,2025

INDEPENDENT EXAMINER'S REPORT

TO THE MEMBERS OF HOPE AND HELP

Report to the trustees and members of Hope and Help on the accounts for the year ending 31st March 2025 set out on pages 2 to 4.

Respective responsibilities of the Trustees and Independent Examiner

As the Charity's Trustees, you are responsible for the preparation of the accounts; you consider that the audit requirements of section 43(2) of the Charities Act 1993 ("the Act") does not apply. It is our responsibilty to state, on the basis of procedures specified in the general directions given by the Charities Commissioners under section 43(7)(b) of the Act, whether particular matters have come to our attention.

Basis of Independent Examiner's Report

Our examination was carried out in accordance with the general directions given by the Charities Commissioners.

of the accounts presented with those records.

It also includes consideration of any unusal items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the views given by the accounts.

Independent Examiner's Statement

In connection with our examination, no matter has come to our attention:

1. Which gives us reasonable cause to believe that in any material respect the requirements
   (a) to keep accounting records in accordance with section 41 of the Act; and
   (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or

2. To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Honorary Independent Examiner

Patel & Co. Accountants
362 Derby Street
Bolton
BL3 6LS

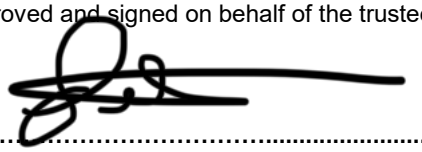
27th Jan,2026

HOPE AND HELP

BALANCE SHEET AS AT 31ST MARCH,2025

	31ST March 2025		31ST March 2024	
	£	£	£	£
FIXED ASSETS				
Fixtures, fittings & equipment	1,470		-	
		1,470		-
CURRENT ASSETS				
Cash at Bank & in hand	24,055		43,869	
	24,055		43,869	
CURRENT LIABILITIES				
Other creditors & accruals	8,398		127	
	8,398		127	
Net Current Assets / (Liabilities)		15,657		43,742
NET ASSETS		**17,127**		**43,742**
REPRESENTED BY:				
ACCUMULATED FUNDS				
Balance b/fwd		43,742		35,021
Surplus for the year		- 26,615		8,721
Balance C/fwd		**17,127**		**43,742**

Approved and signed on behalf of the trustees.



.....

Mr. Abdurrehman Adam Master
27th Jan,2026

HOPE AND HELP

INCOME AND EXPENDITURE STATEMENT

FOR THE YEAR ENDING 31ST MARCH,2025

	31st March 2025		31st March 2024	
	£	£	£	£
INCOME				
Donations	73904		87507	
Activity Fees	1262		10187	
Book Sales	1449		325	
Other Income	11			
		76,626		98,019
LESS : EXPENSES				
Wages and salaries	28956		28470	
Employers pensions	331		115	
Rent	40602		26768	
Rates	1981		2647	
Light and heat	4213		4724	
Repairs, renewals and maintenance	530		281	
Insurance	1661		1543	
Printing, postage and stationery	1078		645	
Advertising and marketing costs	2582		308	
Telecommunications and data costs	1824		2001	
Professional fees	4222		4920	
Subscriptions	47		40	
Bank charges	69		81	
Charity purpose expenses	15145		16755	
		103,241		89,298
EXCESS OF INCOME OVER EXPENDITURE		**- 26,615**		**8,721**

HOPE AND HELP

RECEIPTS AND PAYMENTS STATEMENT

FOR THE YEAR ENDING 31st MARCH 2024

	31/03/2025 £	31/03/2024 £
RECEIPTS		
Donations	73904	87507
Activity Fees	1262	10187
Book Sales	1449	325
Funds Balance b/fwd	43742	35021
Other taxes and social security	25	127
Trade Creditor	6269	-
Net wages	2104	-
Other Income	11	-
	128,766	**133,167**
PAYMENTS		
Wages and salaries	28,956	28,470
Employers pensions	331	115
Rent	40,602	26,768
Rates	1,981	2,647
Light and heat	4,213	4,724
Repairs, renewals and maintenance	530	281
Insurance	1,661	1,543
Printing, postage and stationery	1,078	645
Advertising and marketing costs	2,582	308
Telecommunications and data costs	1,824	2,001
Professional fees	4,222	4,920
Subscriptions	47	40
Bank charges	69	81
Charity purpose expenses	15,145	16,755
Bank current account	24,055	43,869
Tangible Assets	1,470	-
	128,766	**133,167**

HOPE AND HELP

Charity Number : 1191730

FINANCIAL ACCOUNTS

31ST MARCH,2025

INDEPENDENT EXAMINER'S REPORT

TO THE MEMBERS OF HOPE AND HELP

Report to the trustees and members of Hope and Help on the accounts for the year ending 31st March 2025 set out on pages 2 to 4.

Respective responsibilities of the Trustees and Independent Examiner

As the Charity's Trustees, you are responsible for the preparation of the accounts; you consider that the audit requirements of section 43(2) of the Charities Act 1993 ("the Act") does not apply. It is our responsibilty to state, on the basis of procedures specified in the general directions given by the Charities Commissioners under section 43(7)(b) of the Act, whether particular matters have come to our attention.

Basis of Independent Examiner's Report

Our examination was carried out in accordance with the general directions given by the Charities Commissioners.

of the accounts presented with those records.

It also includes consideration of any unusal items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the views given by the accounts.

Independent Examiner's Statement

In connection with our examination, no matter has come to our attention:

1. Which gives us reasonable cause to believe that in any material respect the requirements
   (a) to keep accounting records in accordance with section 41 of the Act; and
   (b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the Act have not been met; or

2. To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Honorary Independent Examiner

Patel & Co. Accountants
362 Derby Street
Bolton
BL3 6LS

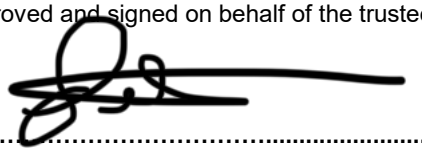
27th Jan,2026

HOPE AND HELP

BALANCE SHEET AS AT 31ST MARCH,2025

	31ST March 2025		31ST March 2024	
	£	£	£	£
FIXED ASSETS				
Fixtures, fittings & equipment	1,470		-	
		1,470		-
CURRENT ASSETS				
Cash at Bank & in hand	24,055		43,869	
	24,055		43,869	
CURRENT LIABILITIES				
Other creditors & accruals	8,398		127	
	8,398		127	
Net Current Assets / (Liabilities)		15,657		43,742
NET ASSETS		**17,127**		**43,742**
REPRESENTED BY:				
ACCUMULATED FUNDS				
Balance b/fwd		43,742		35,021
Surplus for the year		- 26,615		8,721
Balance C/fwd		**17,127**		**43,742**

Approved and signed on behalf of the trustees.



.....

Mr. Abdurrehman Adam Master
27th Jan,2026

HOPE AND HELP

INCOME AND EXPENDITURE STATEMENT

FOR THE YEAR ENDING 31ST MARCH,2025

	31st March 2025		31st March 2024	
	£	£	£	£
INCOME				
Donations	73904		87507	
Activity Fees	1262		10187	
Book Sales	1449		325	
Other Income	11			
		76,626		98,019
LESS : EXPENSES				
Wages and salaries	28956		28470	
Employers pensions	331		115	
Rent	40602		26768	
Rates	1981		2647	
Light and heat	4213		4724	
Repairs, renewals and maintenance	530		281	
Insurance	1661		1543	
Printing, postage and stationery	1078		645	
Advertising and marketing costs	2582		308	
Telecommunications and data costs	1824		2001	
Professional fees	4222		4920	
Subscriptions	47		40	
Bank charges	69		81	
Charity purpose expenses	15145		16755	
		103,241		89,298
EXCESS OF INCOME OVER EXPENDITURE		**- 26,615**		**8,721**

HOPE AND HELP

RECEIPTS AND PAYMENTS STATEMENT

FOR THE YEAR ENDING 31st MARCH 2024

	31/03/2025 £	31/03/2024 £
RECEIPTS		
Donations	73904	87507
Activity Fees	1262	10187
Book Sales	1449	325
Funds Balance b/fwd	43742	35021
Other taxes and social security	25	127
Trade Creditor	6269	-
Net wages	2104	-
Other Income	11	-
	128,766	**133,167**
PAYMENTS		
Wages and salaries	28,956	28,470
Employers pensions	331	115
Rent	40,602	26,768
Rates	1,981	2,647
Light and heat	4,213	4,724
Repairs, renewals and maintenance	530	281
Insurance	1,661	1,543
Printing, postage and stationery	1,078	645
Advertising and marketing costs	2,582	308
Telecommunications and data costs	1,824	2,001
Professional fees	4,222	4,920
Subscriptions	47	40
Bank charges	69	81
Charity purpose expenses	15,145	16,755
Bank current account	24,055	43,869
Tangible Assets	1,470	-
	128,766	**133,167**