



April 2023–March 2024



Annual Report



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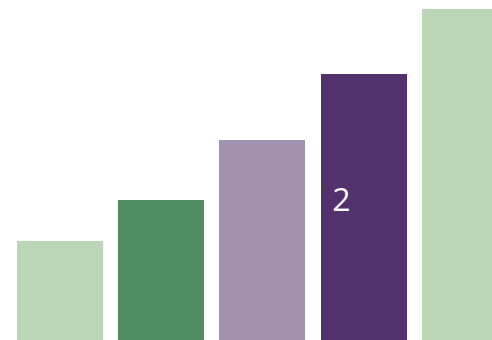
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Our Mission and Values

Our aim is to give those who have been affected by domestic abuse – physical, sexual, psychological, emotional, financial – the skills, confidence and resilience they need to:

- Develop positive coping strategies
- Develop and sustain healthy relationships
- Recover from their experience
- Lead lives free from abuse.

We will achieve this by:

- Offering support in a safe environment
- Giving a voice to those affected by domestic abuse
- Campaigning and lobbying against domestic abuse and gender based abuse.



Meet Our Trustees



STEPHEN WILKINSON

CHAIR OF TRUSTEES

Stephen Wilkinson has been our Charity's Chair for just over two years. His background is in education, first as a teacher and outdoor education instructor and then in School Leadership in schools across England and Jersey. This included Headship in a large 11 to 18 Comprehensive, being a CEO of a Multi Academy Trust and Heading up a National Teaching School as a National Leader in Education. He has a keen interest in supporting the emotional development of young people and was Chair of The Cumbria Partnership for Emotional and Mental Health. During his semi-retirement he continued working as the Senior Lead for the North Maths Hub and is a Local Representative for the Association of Schools and Colleges in Cumbria. He is still involved in Education as a Governor at a large Secondary School in West Cumbria and a Pupil Referral Unit in Barrow and continues his involvement with the North North West Maths Hub as chair of their Board. Grandparent duties, volunteering for the Cumbria Wildlife Trust and being Vice Chair of Curlew Recovery South Lakes, hill walking and bee keeping keep him busy.



SUE TOMLINSON

VICE CHAIR OF TRUSTEES

Susan Tomlinson is a former director of a local firm of Chartered Surveyors, Land Agents and Auctioneers. Her role with the company involved overseeing the day-to-day running of the business, with direct responsibility for HR and the administration team. Susan became involved with the work of Springfield as a result of one of her family members experiencing domestic abuse. From this experience she understands the importance of the charity's work and is passionate about Springfield's contribution to the local community. Susan is also a Trustee of the Lakeland Housing Trust which is responsible for social housing for local people.



DR LIZ RILEY

Dr Liz Riley currently works as Head of Research and Evaluation for the charity, Betknowmore UK, that addresses gambling related harm in UK communities. As part of her role she engages with people who have been impacted by or who have instigated domestic abuse, especially financial abuse. Previous to this Liz worked in a variety of roles as a researcher in academia and the charity sector. Liz has also volunteered for a number of local charities including Mind, CADAS and the Shannon Trust.



LIZ SLATER

Liz has worked as a Practice Manager in Primary Care since moving to Kendal with her young family in 2004. Working as a Practice Manager. Liz has developed skills in a wide range of areas including; Finance, HR, and Health and Safety along with areas more pertinent to Health Care: for example Regulatory, Staff Training, Safeguarding to name but a few. More recently Liz has specialised in Quality and Performance with particular emphasis on Regulatory, Safeguarding, Complaints Management and Patient Experience.

Our Team



Tori O'Callaghan-Lake CEO

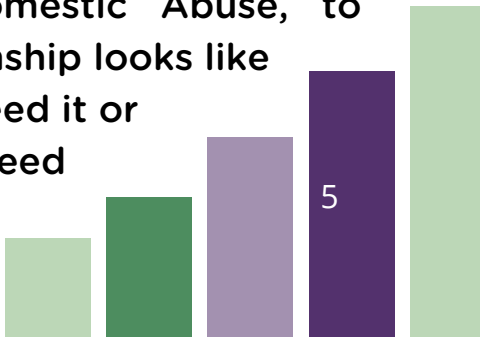
Tori joined Springfield in September 2022 and has over 15 years' experience of working to support and empower the most vulnerable members of our society. More recently she has worked specifically in the VAWG sector managing a diverse range of domestic abuse services in Greater Manchester which include IDVA provision, community outreach and refuges.

Tori has previously been successful in funding applications, tender bids and has set up a number of new services within Greater Manchester specifically male safe accommodation and refuges. She has sat on numerous DHR panels and contributed to wider learning events within Greater Manchester.

The pandemic was especially challenging for our sector and because of this Tori is extremely passionate about ensuring the wellbeing of both our clients and employees, advocating for trauma therapies and recovery provisions that are available and accessible for all.

Clare Feeney-Johnson Community Services Manager

Clare started working for Springfield early in 2022. Clare spent twelve years as an elected member for all three tiers of local government holding cabinet positions championing local community needs. Previously Clare worked with vulnerable young people helping them become independent with structured professional support, meeting their individual needs. Clare is committed to providing a service which supports service users to empower their own internal resources, develop their self-awareness, fostering resilience and enabling them to make long-lasting positive life changes. Key to Clare's role is spreading awareness across our whole community of Domestic Abuse, to empower individuals to know what a healthy relationship looks like and where to go for help and support should they need it or where individuals can sign post others who may need our help.

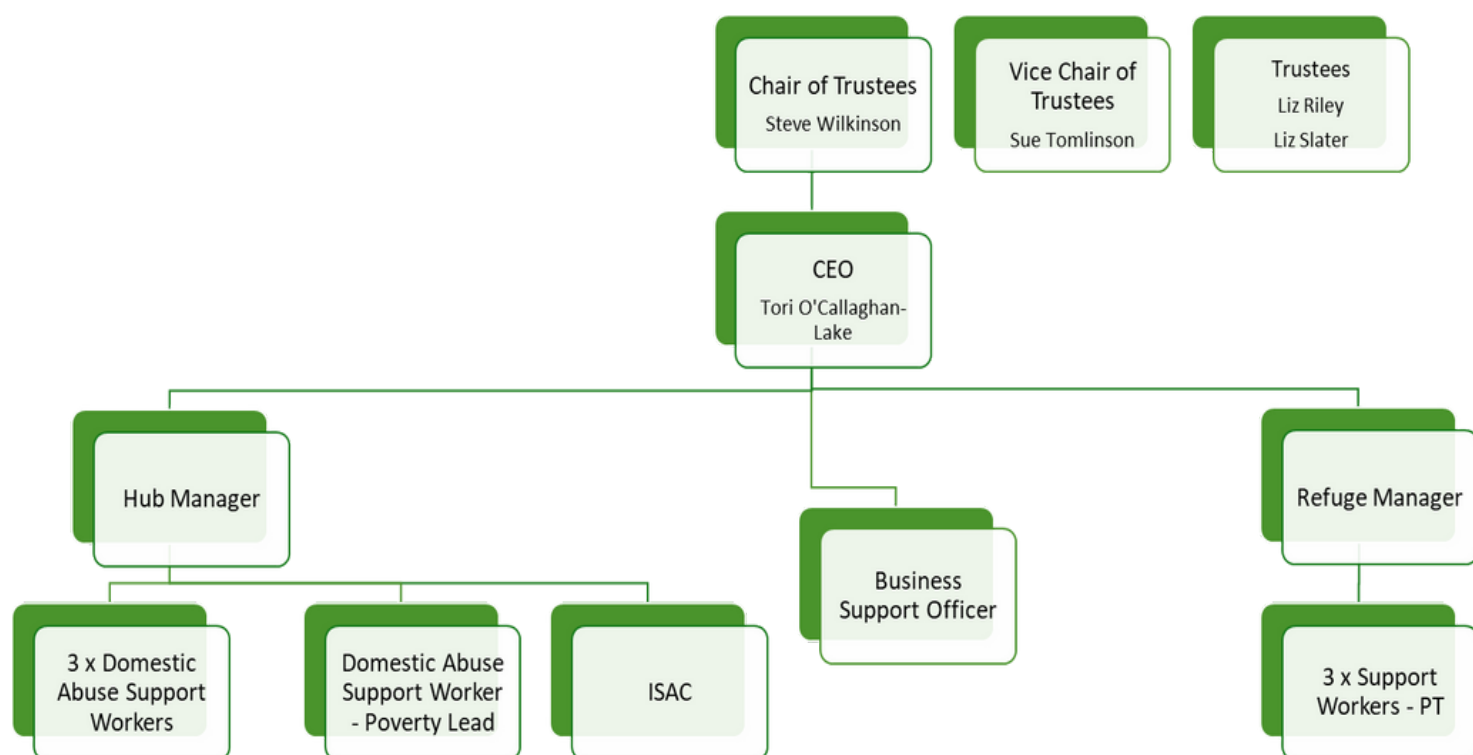


Our Team

Kelly Jackson Refuge Manager

In my professional life I worked in business management before setting up my own businesses in 2010. I had a reflexive period five years ago after witnessing the impact Domestic Abuse can have on a survivor, children, family, and friends. I chose to go back into education, I retrained in Psychology and mental health, and it fueled the drive to come into the Domestic Abuse sector. I feel privileged to work with survivors and I am inspired everyday by their courage. I began my role at Springfield in late 2021 and I am committed to the growth and development of the charity and the invaluable services they provide.

Organisational Structure

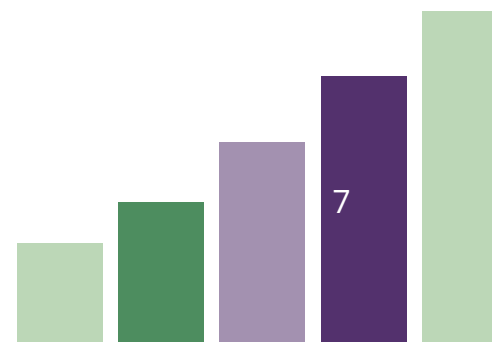


Supporters, Funders, and Donors



Grateful thanks go to the following individuals and organisations for their financial support making delivery of our service possible in 2023-24.

Leeds Building Society	The John Slater Foundation
Cumbria County Council	The Weinstock Fund
Frieda Scott Charitable Trust	B + Q Foundation
Henry Smith	Screwfix Foundation
Charities Trust- Yorkshire BS	Kendal Lions
Stephenson Trust	Arnold Greenwood
Kentdale Charitable Trust	My Lakeland
Cumbria Community Foundation	Women's Aid Foundation
Sir John Fisher Foundation	The Hadfield Trust
The Hilden Trust	Leeds Building Society
Lloyds bank Foundation	Lupton Tower Trust
Garfield Weston	ASDA Green Tokens
Kendal Quakers	St James Church Staveley
Dowager Countess Eleanor Peel Trust	Roselands Trust
Global, Make Some Noise	Local Mothers Unions
St Cuthberts PCC Kentmere	Natland Craft Group
Local WI's	Individual Donations
St John's Church Levens	
Charles Hayward Foundation	
Stricklandgate Methodist Friendship Group	
The Kelly Family Trust	
Grange Soroptomists	
Stephenson Trust	
Milnthorpe with Heversham Mothers Union	
Skipton Building Society	
Arnside Methodist Church	
Cumberland Building Society	
St Thomas's Church, Kendal	
Gilbert Gilkes & Gordon Ltd	



Partners

Cumbria County Council
Cumbria Constabulary
Community Mental Health team (CMHT)
Barnardo's
SLDC Homeless Team
Eden Housing
Social Prescribers
GP's
CADAS
Health Liaison Officers
Cumbria County Council - Adult and
Children's services
Women's Aid members
Mankind
South Lakes Housing
Tim Farron MP Constituency Office
Simon Fell MP Constituency Office
Cumbria Fire and Rescue Service
Lancashire and South Cumbria NHS
Foundation Trust
Barrow-in-Furness Housing team
Cumbria Alcohol and Drug Advisory
Service (CADAS)
Safenet Domestic Abuse Support
Office of Police and Crime Police
Commissioner (OPCC)

Cumbria Cruse
Sight Advice
Cumbria Deaf Association
Safetynet
Victim support
LGBT+ Carlisle
Dignity in Dementia
Station house surgery
Bridgeway SARC
Self harm Awareness For All
(SAFA)
GAMCARE
Kendal Job Centre/The Foyer
Manna House
Kendal college
Town View Fields Hostel
All Churches Together
Birchall Trust
Manna House
Recovery steps
Early Help
The Well
Action for Children
Women's Community Matters
Gateway 4 Women
Women Out West
Freedom Project

Chair of Trustees report



The Financial Year April 2023 to March 2024 was one of considerable growth in the activity of our small but growing Charity. We were able to take advantage of improved office accommodation in Stricklandgate House to house an increase in our staff team and associated Community Activities.

Staff Development was a major feature of our commitment to continual improvement with most staff members engaging in some form of training.

Trustees met on 5 occasions over the year and the Chair and Vice Chair met regularly with the Senior Staff Team. The Leadership Team and Trustees were ably supported by our expert accountant who also attended Trustee meetings and engaged in our decision-making process. We are grateful for her excellent support, advice and challenge.

A major step forward was the purchase of Samworth House as our first male accommodation. This is an almost unique facility in the north of England and we anticipate it will be well used.

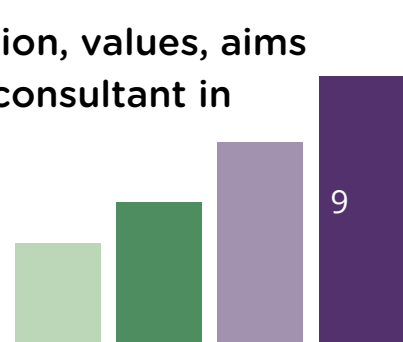
Additionally, having agreed to have provision for our Women's Refuge to accommodate residence with children, we welcomed our first child resident, a new-born baby.

During the year our Vice Chair, Sue Tomlinson launched The Friends of Springfield which allows our many supporters to have a role in the work of the charity. This association has hosted a number of activities and provided much needed additional funding.

Financially the charity is in a very strong position as a result of grant funding from a number of sources and also as a result of increased revenue.

Trustees are planning a significant review of our mission, values, aims and objectives to be carried out by an independent consultant in the next financial year.

Stephen Wilkinson





Treasurers report

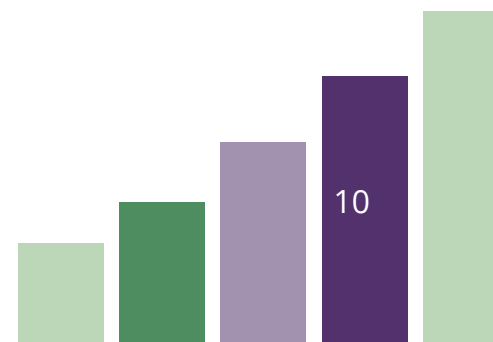
During the financial year of 2024 there have been major changes that are noted above in the chairs review, most significantly the purchase and refurbishment of Samworth House. The expansion, continuation of the charity work and delivery of services has only been possible due to the grants received and because of the continuous hard work put in by our CEO, staff members and the trustees.

We are extremely grateful for all donations and support we have received from many local and national organisations as well as all the extra help provided by staff, volunteers and individuals.

Income for the year was £450k. Income was higher than the previous financial year (excluding the gift of the property last year), due to an increasing in the housing benefit and the refuge being at full capacity, plus the success in obtaining grants for our work.

Expenditure was £459k which was considerably higher than the previous financial year. The is predominantly due to staff salaries as staff numbers have increased, the new property refurbishment/redcoration and inevitably an increase in staff and property overheads.

Springfield Domestic Abuse Support in South Lakeland has ended the financial year to 31 March 2024 with a cash asset of £159k. The cash funds are made up of an Unrestricted balance of £100k and Restricted balance of £59k.





Financial Statement

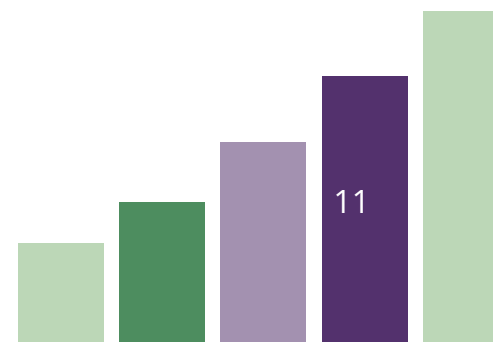
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Financial Statement

Springfield Domestic Abuse Support South Lakeland

Statement of Financial Activities
for the Year Ended 31 March 2024

	Notes	Unrestricted fund		Restricted fund	Year ended 31.3.24 Total funds	Year ended 31.3.23 Total funds
		General £	Designated £	£	£	£
INCOME						
Incoming resources from						
Charitable activities						
Voluntary income	2	24,263	6,515	4,784	35,562	15,773
Trust and grant income	3	112,296	-	144,269	256,565	216,016
Other charitable income	4	152,125	-	405	152,530	58,315
Transfer from property trust	8	-	-	-	-	290,000
Investment income		4,982	-	-	4,982	1,591
Total income and endowments		293,666	6,515	149,458	449,639	581,695
EXPENDITURE						
Charitable activities	5	188,136	443	118,421	307,000	171,960
Overheads	6	131,203	17	20,737	151,957	86,766
Total expenditure		319,339	460	139,158	458,957	258,726
NET INCOME/(EXPENDITURE) FOR THE YEAR BEFORE TRANSFERS		(25,673)	6,055	10,300	(9,318)	322,969
Gross transfers between funds		-	-	-	-	-
Net income/(expenditure) for the year		(25,673)	6,055	10,300	(9,318)	322,969
RECONCILIATION OF FUNDS						
Total funds brought forward		384,492	-	41,372	425,864	102,895
TOTAL FUNDS CARRIED FORWARD		358,819	6,055	51,672	416,546	425,864

Financial Statement

Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

Balance Sheet
At 31 March 2024

	Notes	Unrestricted fund		Restricted fund	31.3.24 Total funds	31.3.23 Total funds
		General £	Designated £	£	£	£
FIXED ASSETS						
Tangible assets	8	508,673	-	-	508,673	290,000
CURRENT ASSETS						
Debtors	9	9,523	-	-	9,523	14,316
Cash at bank and in hand		94,305	6,055	58,672	159,032	191,871
		<u>103,828</u>	<u>6,055</u>	<u>58,672</u>	<u>168,555</u>	<u>206,187</u>
CREDITORS						
Amounts falling due within one year	10	(63,154)	-	(7,000)	(70,154)	(70,323)
		<u>40,674</u>	<u>6,055</u>	<u>51,672</u>	<u>98,401</u>	<u>135,864</u>
NET CURRENT ASSETS						
CREDITORS						
Amounts falling due after more than one year	12	(190,528)	-	-	(190,528)	-
NET ASSETS		<u>358,819</u>	<u>6,055</u>	<u>51,672</u>	<u>416,546</u>	<u>425,864</u>
FUNDS	13					
Unrestricted funds						
General					358,819	384,492
Designated					6,055	-
Restricted funds					<u>51,672</u>	<u>41,372</u>
TOTAL FUNDS					<u>416,546</u>	<u>425,864</u>

CEO's Report



As a charity we are constantly reviewing the support we provide and, where possible, expanding our provision to ensure we can support all survivors of domestic abuse.

Our biggest achievement of this financial year was the purchase of our second supported accommodation provision, 'Samworth House', which will provide vital accommodation to male survivors of domestic abuse. The Office for National Statistics figures show every year that one in the three victims of domestic abuse are male equating to 757,000 men (1.561m women). Yet according to Safelives data, only 4.4% of victims of domestic abuse being supporting by local domestic services are men.

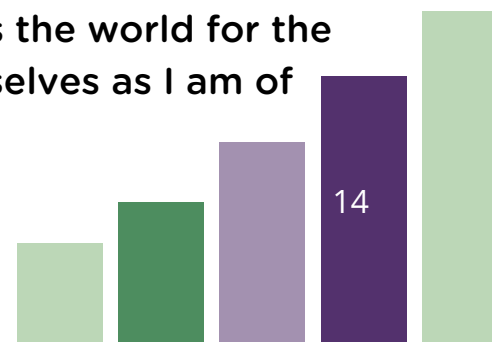
As well as supporting men in this accommodation I would expect to see an increase in male victims and survivors accessing our community service for support as a direct impact of us opening Samworth House. The more awareness and conversations that there are on male domestic abuse, the less taboo the issue becomes, and the more male survivors will contact services for support.

In this financial year the number of employees within our team has expanded, this resulted in us sourcing a new larger office to accommodate everyone comfortably, which in turn has given us a larger client group workspace where we can deliver therapeutic recovery group programmes and display donations for clients to access easily.

As we go into the next financial year, ahead of our 110th anniversary, we will be looking at our charity development and growth strategy as well as reviewing our shared values, mission and objectives in order to continue the trajectory of Springfield.

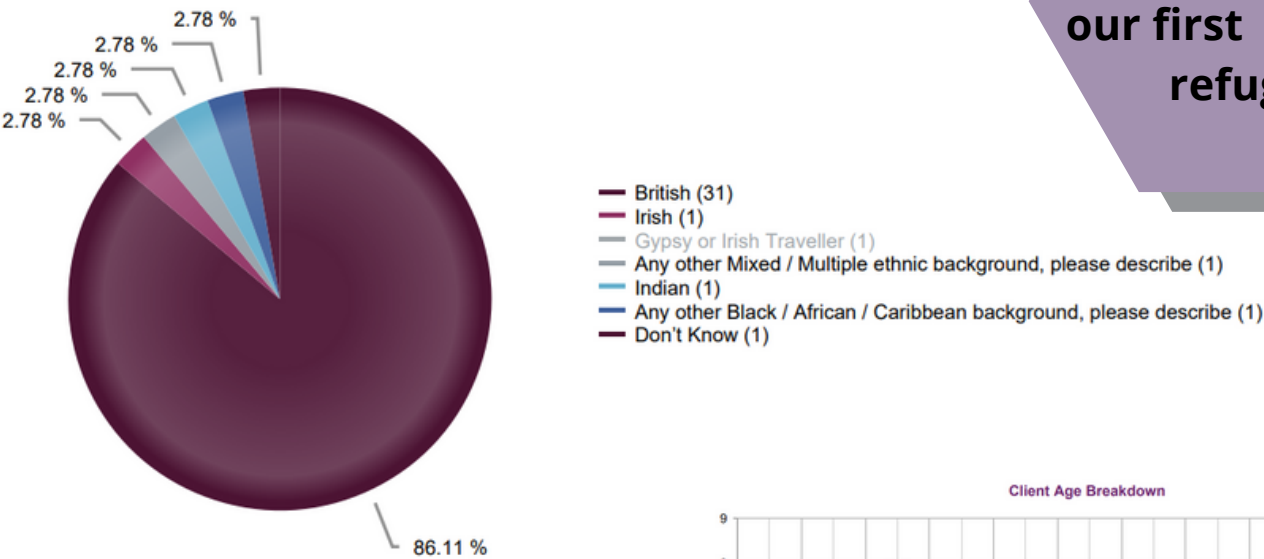
As ever I am grateful to work alongside a fantastic team of passionate and committed individuals, every day Springfield changes the world for the people we support in some way, be as proud of yourselves as I am of you.

Tori



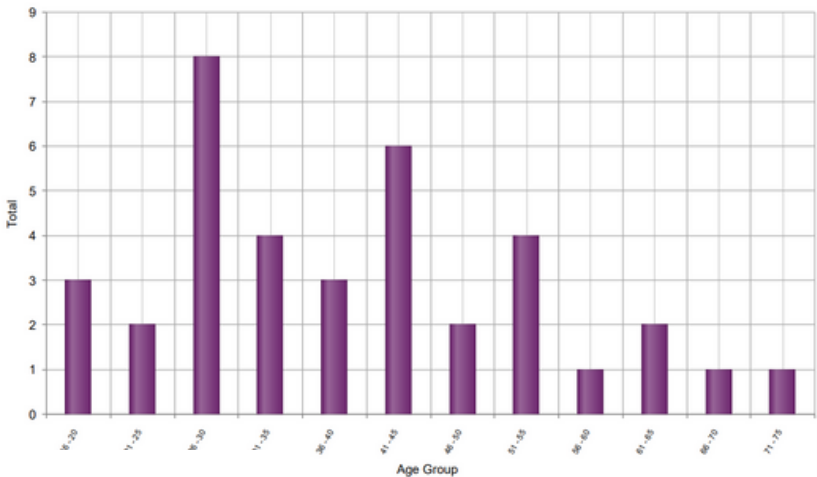
Our Impact - Refuge

Client Ethnicity Breakdown

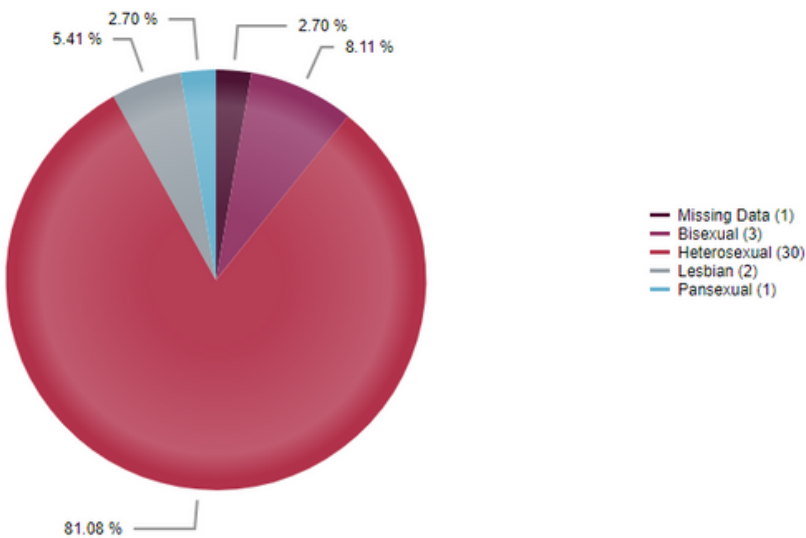


We accommodated our first child in refuge

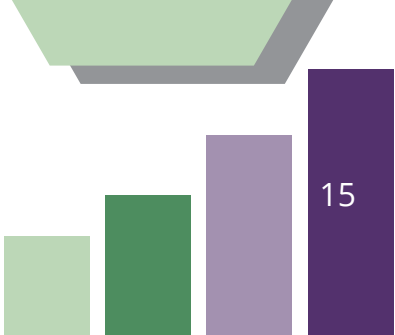
Client Age Breakdown



Client Sexual Orientation Breakdown



37 women accommodated in refuge this year



Our Impact - Community



20 community clients needed support around their alcohol use

The average length of abuse where known - 66 months (community clients)

10 community clients needed support around drug misuse

6 community clients had a criminal record

Number of community clients with children: 108

16

Our Impact – Community

**374 clients accessed
our community service
for support**

**We supported 4
transgender clients,
9 bisexuals, 3
lesbians and 1 queer
person**

**121 community
clients reported
having poor mental
health**

**Gave support to 8 clients
whose first language
wasn't English, 4 via
interpreter services**

Perpetrators:

- Adult child
- Parent / parents partner
- Step parent
- Step child
- Aunt/Uncle
- sibling
- current/ex intimate partner
- spouse/ex spouse
- Acquaintance (stalking cases)
- Stranger (stalking cases)

Service User Feedback

"I cannot thank Springfield enough for their continued support for myself and baby. Refuge was a daunting thought before arriving here and I could not have imagined all the help and support we have both received and have continued to receive." - Anonymous refuge resident

"The team gave me clear guidance, which helped me to feel safer and to take back some control .

Staff listened to me without judgement, making it easier for me to be open and honest about how the harassment was making me feel. Their warmth and humour made visiting the office and speaking on the phone less daunting.

It was a comfort to know that I had professional support and somewhere to turn to for advice. Thank you for all your support – it has made a massive difference!" - Anonymous community client

REGISTERED CHARITY NUMBER: 1191650

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2024
for
Springfield Domestic Abuse Support in South Lakeland

Springfield Domestic Abuse Support in South Lakeland

Contents of the Financial Statements
for the Year Ended 31 March 2024

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Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

Report of the Trustees
for the Year Ended 31 March 2024

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' effective 1 January 2019.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number 1191650

Business Address
Stricklandgate House
92 Stricklandgate
Kendal
LA9 4PU

Trustees

E Riley	
E Slater	
S Tomlinson	Vice chair
S Wilkinson	Chair

OBJECTIVES AND ACTIVITIES

Objectives and aims

Springfields aims per its constitution are:

1. To relieve the needs of and protect and preserve good health among persons who are experiencing or have experienced domestic abuse by providing them with housing, associated amenities and/or support to help them to develop their ability to live independently, to rebuild their lives and to integrate into society.
2. To relieve the needs of and protect and preserve good health among persons who suffer from, or are affected by, domestic abuse in all its forms by providing support, advice, assistance and training on, and raising awareness of, domestic abuse.'

Public benefit

The trustees have had due regard to guidance published by the Charity Commission on public benefit.

Report of the Trustees
for the Year Ended 31 March 2024

ACHIEVEMENT AND PERFORMANCE

CHAIR'S REVIEW

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Trustees are planning a significant review of our mission, values, aims and objectives to be carried out by an independent consultant in the next financial year.

Stephen Wilkinson
Chair of Trustee Board

FRIENDS OF SPRINGFIELD REVIEW

Since the creation of Friends of Springfield we have been able to help with emergency accommodation, financed two outings, purchased some baby clothes and a monitor for a lady in the Refuge and have bought small birthday and Christmas gifts for each resident and all clients.

The above support has been made possible by the generosity of donations throughout the year and to date.

The contribution made by the Friends makes a significant difference to the day-to-day activities of the charity. The Trustees are extremely grateful for the Friends involvement and support.

FINANCIAL REVIEW

During the financial year of 2024 there have been major changes that are noted above in the chairs review, most significantly the purchase and refurbishment of Samworth House. The expansion, continuation of the charity work and delivery of services has only been possible due to the grants received and because of the continuous hard work put in by our CEO, staff members and the trustees.

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Report of the Trustees
for the Year Ended 31 March 2024

Reserves policy

The reserves policy is calculated to accommodate a 6-month gradual wind down of the charity in the event of the lack of available funding support to deliver services. It would cover salaries, rent, utilities, redundancy, and removal/relocation costs. Our reserves policy is currently set at £175k. As at the 31 March 2024 our unrestricted reserves were £359k which includes the property. If the property is excluded the unrestricted reserves would be £48k. This is considerably lower than the calculated level of reserves due to the additional refurbishment, redecoration and overheads relating to the new property, the costs of which were agreed at board level and the trustees were aware it would reduce reserves. However, the security that having 2 properties provides in terms of the charity continuing in operation is huge and it allows the charity to be able to consider a variety of options if needed. The trustees would like to build the 'cash' reserves to the required level over the coming years but wish to balance this with current operational needs and future strategic aims of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity was registered on 6 October 2020, it operates as a CIO and is controlled by its governing document. It began operating on 1 April 2021 when all assets and liabilities were transferred from the unincorporated charity (number 231434) as at 31 March 2021.

Recruitment and appointment of new trustees

There is a documented process for recruitment, induction and training for trustees that includes terms of reference and a documented job role and responsibilities. This gives prospective trustees a clear understanding of the role and expectations. Vacancies are advertised, including any specific skills, experience or knowledge required. Candidates are interviewed by at least 2 trustees, one of which is the chair or treasurer. The trustees who conduct the interview make a recommendation to the board, based on suitability, skills etc. Training offered to new trustees includes a DBS check and safeguarding as a minimum.

Risk Management

To mitigate risk in the charity there is a documented risk register identifying Financial, Operational, External and Governance related risks. The trustees and Manager review this on a quarterly basis to understand if the risk level has changed. There are also actions that take place to mitigate or reduce the risk level and impact, these are also reviewed by the trustees and manager quarterly.

From a safeguarding point of view, all prospective clients are interviewed to determine risk before a referral takes place, this ensures staff safety and wellbeing.

Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

Statement of Trustees Responsibilities
for the Year Ended 31 March 2024

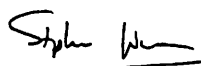
The trustees are responsible for preparing the Report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102), effective 1 January 2019;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the governing document. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees Report and Trustees Responsibilities signed on behalf of the Board of Trustees on 3rd Dec '24



.....

S Wilkinson
Trustee - Chair

Independent Examiner's Report to the Trustees of
Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2024 which are set out on pages 6 to 15.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Having satisfied myself that the financial statements of the charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with relevant accounting requirements other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Charities Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Helen Holmes FCA
ICAEW
Stables Thompson & Briscoe
Chartered Accountants and Registered Auditor

Date: 5 December 2024

Springfield Domestic Abuse Support South Lakeland

Statement of Financial Activities
for the Year Ended 31 March 2024

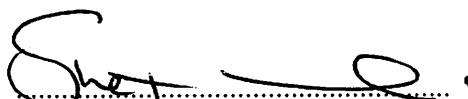
		Unrestricted fund		Restricted fund	Year ended 31.3.24 Total funds	Year ended 31.3.23 Total funds
	Notes	General £	Designated £	£	£	£
INCOME						
Incoming resources from						
Charitable activities						
Voluntary income	2	24,263	6,515	4,784	35,562	15,773
Trust and grant income	3	112,296	-	144,269	256,565	216,016
Other charitable income	4	152,125	-	405	152,530	58,315
Transfer from property trust	8	-	-	-	-	290,000
Investment income		<u>4,982</u>	<u>-</u>	<u>-</u>	<u>4,982</u>	<u>1,591</u>
Total income and endowments		293,666	6,515	149,458	449,639	581,695
EXPENDITURE						
Charitable activities	5	188,136	443	118,421	307,000	171,960
Overheads	6	<u>131,203</u>	<u>17</u>	<u>20,737</u>	<u>151,957</u>	<u>86,766</u>
Total expenditure		319,339	460	139,158	458,957	258,726
NET INCOME/(EXPENDITURE) FOR THE YEAR BEFORE TRANSFERS						
		(25,673)	6,055	10,300	(9,318)	322,969
Gross transfers between funds						
		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net income/(expenditure) for the year		(25,673)	6,055	10,300	(9,318)	322,969
RECONCILIATION OF FUNDS						
Total funds brought forward		384,492	-	41,372	425,864	102,895
TOTAL FUNDS CARRIED FORWARD		<u>358,819</u>	<u>6,055</u>	<u>51,672</u>	<u>416,546</u>	<u>425,864</u>

Balance Sheet

At 31 March 2024

		Unrestricted fund		Restricted fund	31.3.24 Total funds	31.3.23 Total funds
	Notes	General £	Designated £	£	£	£
FIXED ASSETS						
Tangible assets	8	508,673	-	-	508,673	290,000
CURRENT ASSETS						
Debtors	9	9,523	-	-	9,523	14,316
Cash at bank and in hand		<u>94,305</u>	<u>6,055</u>	<u>58,672</u>	<u>159,032</u>	<u>191,871</u>
		103,828	6,055	58,672	168,555	206,187
CREDITORS						
Amounts falling due within one year	10	<u>(63,154)</u>	-	<u>(7,000)</u>	<u>(70,154)</u>	<u>(70,323)</u>
NET CURRENT ASSETS		<u>40,674</u>	<u>6,055</u>	<u>51,672</u>	<u>98,401</u>	<u>135,864</u>
CREDITORS						
Amounts falling due after more than one year	12	<u>(190,528)</u>	-	-	<u>(190,528)</u>	-
NET ASSETS		<u>358,819</u>	<u>6,055</u>	<u>51,672</u>	<u>416,546</u>	<u>425,864</u>
FUNDS	13					
Unrestricted funds						
General					358,819	384,492
Designated					6,055	-
Restricted funds					<u>51,672</u>	<u>41,372</u>
TOTAL FUNDS					<u>416,546</u>	<u>425,864</u>

These financial statements were approved by the trustees on 3rd December and were signed on its behalf by:



S Tomlinson
Trustee – Vice chair

Notes to the Financial Statements
for the Year Ended 31 March 2024

I. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102) (effective 1 January 2019) – (Charities SORP (FRS102)).

Springfield Domestic Abuse Support South Lakeland meets the definition of a public entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transactional value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in sterling which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income, it is reasonably certain it will be received and the amount can be quantified with reasonable accuracy. Any income which is for use in a future period is deferred to that period.

Donations, interest, and other income are accounted for when receivable.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Pension

The charity operates a defined contribution pension scheme.

Taxation

The charity is exempt from income tax on its charitable activities.

The charity is not able to recover Value Added Tax (VAT). Expenditure is recorded in the accounts inclusive of VAT.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds are unrestricted funds which the trustees have put aside for a specific use.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in note 12 to the financial statements.

Tangible fixed assets and depreciation

Tangible fixed assets are capitalised and included at cost/gift value including any incidental costs of acquisition.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight-line basis over the expected useful economic life as follows:

Freehold property	Nil
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The trustees perform annual impairment reviews to ensure that the recoverable amount is not lower than the carrying value.

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors payable in more than one year

The loan has been taken with a stated interest rate for a fixed term to ensure full repayment. The loan has been recorded at transaction price.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

2. VOLUNTARY INCOME

	Year ended 31.3.24 £	Year ended 31.3.23 £
Individual donations	10,161	7,626
Trust, churches, societies & business donations/fundraising	14,197	4,860
Big Give Christmas challenge	4,084	3,287
Gift aid claim	605	-
Friends of Springfield	<u>6,515</u>	<u>-</u>
	<u>35,562</u>	<u>15,773</u>

Unrestricted £24,263 (year ended 31.3.23 - £15,773), restricted £4,784 (year ended 31.3.23 - £nil) and designated £6,515 (year ended 31.3.23 - £nil).

3. TRUST AND GRANT INCOME

	£	£	Year ended 31.3.24 £	Year ended 31.3.23 £
	Unrestricted	Restricted	Total	Total
Government grants				
Cumbria County Council – DASA underspend	-	-	-	10,000
Westmorland & Furness Council /Cumbria County Council	11,046	9,678	20,724	51,925
South Lakeland District Council	-	-	-	7,000
	<u>11,046</u>	<u>9,678</u>	<u>20,724</u>	<u>68,925</u>
Non -government grants				
Henry Smith	35,000	-	35,000	35,000
Lloyds	31,250	-	31,250	27,250
Global Make Some Noise	15,000	-	15,000	29,471
Garfield Weston	15,000	-	15,000	-
Kelly Family Trust	5,000	-	5,000	-
Stephenson Trust	-	20,000	20,000	20,000
Charles Hayward Foundation	-	7,000	7,000	-
Cumberland Building Society	-	15,000	15,000	-
National Lottery	-	44,991	44,991	-
Sir John Fisher Foundation	-	20,000	20,000	-
MyLakeland	-	11,500	11,500	-
Hadfield Trust	-	5,000	5,000	-
The Dowager Countess Eleanor Peel Trust	-	5,000	5,000	-
Leeds Building Society	-	2,500	2,500	-
Lupton Tower Trust	-	2,500	2,500	-
Womens Aid Foundation	-	1,100	1,100	-
Frieda Scott Trust	-	-	-	7,370
Sir John Fisher	-	-	-	15,000
Eaton Fund	-	-	-	3,000
Hilden Trust	-	-	-	10,000
	<u>101,250</u>	<u>134,591</u>	<u>235,841</u>	<u>147,091</u>
TOTAL	<u>112,296</u>	<u>144,269</u>	<u>256,565</u>	<u>216,016</u>

Year ended 31 March 2023 unrestricted £117,250 and restricted £98,766.

4. OTHER CHARITABLE INCOME

	Year ended 31.3.24 £	Year ended 31.3.23 £
SLDC Housing Benefit	101,819	27,163
CCC Supporting People	34,801	23,379
Service charge	9,320	1,990
Employment Allowance	5,000	5,000
Electricity government support	-	400
Sundry income	<u>1,590</u>	<u>383</u>
	<u>152,530</u>	<u>58,315</u>

The above income is all unrestricted except for a £405 refund on a restricted project included in sundry income. (2023: all unrestricted except for a £49 refund on a restricted project in sundry income).

The notes form part of these financial statements

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

5. CHARITABLE ACTIVITIES EXPENDITURE

	Year ended 31.3.24 £	Year ended 31.3.23 £
Staffing costs (note 7)	292,030	158,874
Household costs	3,224	1,747
Activities	2,665	1,360
Moving In Moving Out/Making a house a home	2,357	332
Counselling	6,483	9,647
Emergency accommodation	241	-
	<u>307,000</u>	<u>171,960</u>

6. OVERHEAD EXPENDITURE

	Year ended 31.3.24 £	Year ended 31.3.23 £
Rent	11,481	8,778
Utilities	12,121	9,835
Maintenance and refurbishment	50,250	10,546
Legal and professional fees	1,039	843
Accountancy and bookkeeping fees	9,452	8,534
Consultancy fees	6,307	11,073
Staff training	6,273	9,800
Staff recruitment	1,001	2,630
Staff vouchers	6,798	2,719
Staff travelling and subsistence	1,289	-
Independent examiner's fee	444	330
Marketing	2,531	986
Insurance	10,375	8,391
Phone and internet	5,096	3,153
Computer and software	12,714	3,452
Administration	2,627	2,868
Loan interest	4,520	-
Friends of Springfield	159	-
Other	7,480	2,828
	<u>151,957</u>	<u>86,766</u>

7. STAFF COSTS

	Year ended 31.3.24 £	Year ended 31.3.23 £
Wages and salaries	263,763	144,279
Employers National Insurance	21,286	10,788
Pension contributions	6,981	3,807
	<u>292,030</u>	<u>158,874</u>

The average number of employees in the year ended 31 March 2024 was 13 (2023: 8).

There were no employees receiving more than £60,000 in the year (2023 – none).

The total employee remuneration and benefits of the key management personnel of the charity were £125,237 (2023: £70,235).

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**8. TANGIBLE FIXED ASSETS**

	Freehold Property £	Total £
Cost/Gift valuation		
At 1 April 2023	290,000	290,000
Additions	218,673	218,673
At 31 March 2024	<u>508,673</u>	<u>508,673</u>
Depreciation		
At 1 April 2023 and 31 March 2024	-	-
Net Book Value		
At 31 March 2024	<u>508,673</u>	<u>508,673</u>
At 31 March 2023	<u>290,000</u>	<u>290,000</u>

The cost of £290,000 above was an estimate of the value, which was used on the land registry documents when the property was legally transferred to the charity in September 2021 from a historic Property Trust.

The addition in the year was an additional property purchased to be used as a male refuge.

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	At 31.3.24 £	At 31.3.23 £
Prepaid expenditure	9,523	8,723
Accrued income	-	5,593
	<u>9,523</u>	<u>14,316</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	At 31.3.24 £	At 31.3.23 £
Trade creditors	9,897	1,692
Accruals	2,646	3,311
Taxation & social security	5,309	-
Pension	1,142	820
Concessionary loan (note 12)	7,256	-
Deferred income (note 11)	<u>43,904</u>	<u>64,500</u>
	<u>70,154</u>	<u>70,323</u>

11. DEFERRED INCOME

	At 31.3.24 £	At 31.3.23 £
Balance at 1 April	64,500	35,000
Amount released to Statement of Financial Activities	(64,500)	(35,000)
Deferred income received in year	<u>43,904</u>	<u>64,500</u>
Balance at 31 March	<u>43,904</u>	<u>64,500</u>

Deferred income comprises of grants received in advance for projects spanning the year end or in the next year.

12. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	At 31.3.24 £	At 31.3.23 £
Concessionary loan	197,784	-
Due in less than one year	<u>(7,256)</u>	-
Due in more than one year	<u>190,528</u>	-

This is a 15-year concessionary loan starting 23 November 2023, with an interest rate of 6%. The loan was taken to aid the purchase of a property to be used as a male refuge. The loan has equal monthly repayments over the term. The loan is unsecured.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

13. FUNDS

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.24 £
Unrestricted funds				
General funds below	384,492	(25,673)	-	358,819
Designated funds below	-	6,055	-	6,055
Restricted funds				
Restricted funds below	41,372	(17,200)	-	24,172
TOTAL FUNDS	425,864	(48,068)	-	377,796

Net movement in funds, included in the above are as follows:

	Brought forward at 1.4.23 £	Incoming resources £	Expenditure £	Transfers between funds £	Carried forward at 31.3.24 £
Unrestricted funds					
<i>General fund</i>					
Refuge	337,246	174,750	(120,592)	(89,177)	302,227
Community	47,246	14,222	(81,696)	32,455	12,227
Male Refuge	-	3,444	(27,051)	56,722	33,115
Garfield Weston	-	15,000	(15,000)	-	-
Global Make Some Noise	-	15,000	(15,000)	-	-
Henry Smith	-	35,000	(35,000)	-	-
Lloyds	-	31,250	(25,000)	-	6,250
Kelly Family Trust	-	5,000	-	-	5,000
	384,492	293,666	(319,339)	-	358,819
<i>Designated fund</i>					
Friends of Springfield	-	6,515	(460)	-	6,055
	384,492	300,181	(319,799)	-	364,874
Restricted funds					
Activities	695	300	(995)	-	-
CCF educational group work	2,561	-	(225)	-	2,336
COMF Project	14,646	-	(14,646)	-	-
Cost of living support women	2,500	-	(2,050)	-	450
Essential items for women	3,000	-	(1,085)	-	1,915
OASIS IT system	7,370	-	(7,370)	-	-
SLDC Fairer South Lakeland	5,600	-	(5,600)	-	-
0-19 Support project	5,000	-	(5,000)	-	-
Asda	-	400	-	-	400
Big Give/Gilkes	-	4,084	(4,084)	-	-
Charles Hayward	-	7,000	(6,483)	-	517
Cumberland Building Society	-	15,000	(15,000)	-	-
Dowager	-	5,000	(5,000)	-	-
Hadfield Trust	-	5,000	-	-	5,000
Leeds Building Society	-	2,500	-	-	2,500
Lupton Tower Trust	-	2,500	-	-	2,500
MyLakeland	-	11,500	(6,800)	-	4,700
National Lottery	-	44,991	(44,991)	-	-
Sir John Fisher Foundation	-	20,405	(9,051)	-	11,354
Stephenson Trust	-	20,000	-	-	20,000
Westmorland & Furness	-	9,678	(9,678)	-	-
Womens Aid	-	1,100	(1,100)	-	-
	41,372	149,458	(139,158)	-	51,672
TOTAL FUNDS	425,864	449,639	(458,957)	-	416,546

The transfers have taken place as the trustees have chosen to equalise (excluding net property cost) the refuge, male refuge and community unrestricted funds at the year end, as they see the charity as a whole. Monitoring how each is funded and their performance is vitally important, however in different years they can obtain more funds for one than the other.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2024

13. FUNDS (Continued)

COMPARATIVE	Transferred at 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General fund	95,426	289,066	-	384,492
Restricted funds				
Restricted funds below	7,469	33,903	-	41,372
TOTAL FUNDS	102,895	322,969	-	425,864

Net movement in funds, included in the above are as follows:

	Brought forward at 1.4.22 £	Incoming resources £	Expenditure £	Transfers between funds £	Carried forward at 31.3.23 £
Unrestricted funds					
<i>General fund</i>					
Refuge	63,993	355,975	(40,550)	(42,172)	337,246
Community	23,980	19,655	(38,561)	42,172	47,246
Stephenson Trust	7,453	20,000	(27,453)	-	-
Lloyds	-	27,250	(27,250)	-	-
Sir John Fisher	-	15,000	(15,000)	-	-
Henry Smith	-	35,000	(35,000)	-	-
Hilden Trust	-	10,000	(10,000)	-	-
	95,426	482,880	(193,814)	-	384,492
Restricted funds					
CCF – educational group work	2,561	-	-	-	2,561
Activities	2,055	-	(1,360)	-	695
CCF Freya Project	2,853	-	(2,853)	-	-
COMF Project	-	39,204	(24,558)	-	14,646
Global Make Some Noise	-	29,471	(29,471)	-	-
SLDC Fairer South Lakeland	-	7,000	(1,400)	-	5,600
Outreach Town View	-	5,270	(5,270)	-	-
0-19 Support Project	-	5,000	-	-	5,000
Cost of living support women	-	2,500	-	-	2,500
Essential items for women	-	3,000	-	-	3,000
OASIS IT system	-	7,370	-	-	7,370
	7,469	98,815	(64,912)	-	41,372
TOTAL FUNDS	102,895	581,695	(258,726)	-	425,864

13. FUNDS (Continued)

The named funds above are for the following purposes:

Refuge – unrestricted funds and income generated by (or for) the Refuge, to primarily be spent on the running of the Refuge.

Community – unrestricted funds and income generated by (or for) the Community service, to be primarily spent on the running of the Community service which encompasses the hub.

Male Refuge – unrestricted funds and income generated by (or for) the Male Refuge, to primarily be spent on the running of the Male Refuge.

Garfield Weston – this funding was to cover core costs of our Community Service.

Global Make Some Noise – this funding was to cover core costs of our Community Service.

Henry Smith – this was to cover core salary costs for the Refuge.

Lloyds – an unrestricted grant towards the charity's core costs. Also an additional one-off unrestricted grant of £2,250 was awarded to support the charity with the cost-of-living crisis.

Kelly Family Trust – funds received for core costs of support workers' salaries.

Friends of Springfield – funds raised by the Friends of Springfield to help with specific user costs such as emergency accommodation, outings, baby clothes, small birthday and Christmas gifts for residents and clients.

Activities – £2,000 was donated by Greggs for activities in FY2018. The use of this was delayed in previous years due to covid and low numbers of women in the Refuge.

CCF – educational group work – donated in FY2018 from Cumbria Community Foundation.

COMF Project – funding towards a 20 hour/week support worker role and a 32 hour/week ISAS (Independent Stalking Advocacy Specialist) role plus covers ISAS training, laptop and supervision.

Cost of living support women – from Cumbria County Council to support women during the cost-of-living crisis.

Essential items women – from the Eaton Fund to help purchase essential items for women in light of the cost-of-living crisis.

OASIS IT System – from the Frieda Scott Trust towards a bespoke domestic abuse recording IT system.

SLDC Fairer South Lakeland – towards a poverty lead role for the Community hub.

0-19 Support Project – towards training costs and to deliver bespoke children's recovery group work programs.

Asda – this funding pays for welcome packs for clients moving into refuge i.e. toiletries, underwear, pyjamas, sanitary products etc.

Big Give – Rural outreach support – taking domestic abuse support and awareness raising to the rural communities.

Charles Hayward – this funding enabled us to pay for private counselling for survivors of domestic abuse who would otherwise be unable to access trauma counselling.

Cumberland Building Society – this funding contributed towards the salary of our poverty lead support worker; this role was developed in response to the cost-of-living crisis.

Dowager – a contribution towards the costs of our specialist stalking advocacy case worker.

Hadfield Trust – year 1 of a 3-year grant towards community support hours.

Leeds Building Society – this funding was for safety and security for victims and survivors of domestic abuse.

Lupton Tower Trust – monies received towards employing a male/rural support worker. The position started in the 2024/25 financial year.

13. FUNDS (Continued)

The named funds above are for the following purposes:

MyLakeland – we were able to pay for some of the renovation and refurbishment costs for the new male safe accommodation service.

National Lottery – cost of living funding for management costs, support staff costs and training costs.

Sir John Fisher – a contribution towards the costs of our specialist stalking advocacy case worker.

Stephenson Trust – grant received towards employing a male/rural support worker. The position started in the 2024/25 financial year.

Westmorland & Furness Council – Outreach Town View - support to survivors of domestic abuse living in town view fields temporary accommodation.

Womens Aid – Flee and Future fund, Women's aid distributed the £1.34m in Home Office funding to provide one-off payments to survivors of domestic abuse to help them flee, and stay fled, from abusers.

Sir John Fisher – towards Refuge core costs.

Hilden Trust – towards Refuge core costs.

Stephenson Trust (2023 comparative) – £20,000 was granted towards the Community hub core costs.

CCF Freya Project – the Freya project provided specialist trauma-informed counselling sessions to women who had experienced domestic abuse and had accessed support at either the Refuge or Community hub.

Outreach Town View – from Cumbria County Council to support clients in the community (including in reach support at Town View Fields).

14. TRUSTEES' REMUNERATION, BENEFITS AND TRANSACTIONS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 (2023: Nil).

Trustees' expenses

There were no trustees' expenses paid in the year ended 31 March 2024 (2023: Nil).

15. RELATED PARTY TRANSACTIONS

There were no related party transactions in the current or previous year.

16. ULTIMATE CONTROLLING PARTY

There is no single ultimate controlling party of the charity throughout the current year or previous year.

17. TAXATION

As a charity, Springfield Domestic Abuse Support South Lakeland, is exempt from tax on income and gains falling within sections 472-474 of the Corporation Tax Act 2010, sections 478-489 of the Corporation Tax Act 2010, or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

18. CONTINGENT LIABILITIES

There were no contingent liabilities as at 31 March 2024 (2023: Nil).

Independent Examiner's Report to the Trustees of
Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2024 which are set out on pages 6 to 15.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Having satisfied myself that the financial statements of the charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with relevant accounting requirements other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Charities Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Helen Holmes FCA
ICAEW
Stables Thompson & Briscoe
Chartered Accountants and Registered Auditor

Date: 5 December 2024