



SPRINGFIELD DOMESTIC ABUSE
IN SOUTH LAKELAND

ANNUAL REPORT



2022-23



Contents

Our Mission and values

Our Trustees

Our Team

Supporters/funders/donors

Partners

Chair of trustees report

Organisational structure + Risk management

Treasurers report

Financial Statement

CEO's report

Our services

Service User Feedback

Our Mission + Values

Our Mission

Our aim is to give those who have been affected by domestic abuse – physical, sexual, psychological, emotional, financial – the skills, confidence and resilience they need to:

- Develop positive coping strategies
- Develop and sustain healthy relationships
- Recover from their experience
- Lead lives free from abuse.

We will achieve this by:

- Offering support in a safe environment
- Giving a voice to those affected by domestic abuse
- Campaigning and lobbying against domestic abuse and gender based abuse



Our Trustees

Chair of Trustees



Stephen Wilkinson is our Charity's Chair. His background is in education, first as a teacher and outdoor education instructor and then in School Leadership in schools across England and Jersey. This included Headship in a large 11 to 18 Comprehensive, being a CEO of a Multi Academy Trust and Heading up a National Teaching School as a National Leader in Education. He has a keen interest in supporting the emotional development of young people and was Chair of The Cumbria Partnership for Emotional and Mental Health. In his semi-retirement he continued working as the Senior Lead for the North Maths Hub and is a Local Representative for the Association of Schools and Colleges in Cumbria. He is still involved in Education as a Governor at a large Secondary School in West Cumbria and a Pupil Referral Unit in Barrow and recently retired as a Trustee of a Kendal Nursery School. Grandparent duties, volunteering for the Cumbria Wildlife Trust and being Vice Chair of Curlew Recovery South Lakes, hill walking and bee keeping keep him busy.

Vice Chair



Susan Tomlinson is a former director of a local firm of Chartered Surveyors, Land Agents and Auctioneers. Her role with the company involved overseeing the day-to-day running of the business, with direct responsibility for HR and the administration team. Susan became involved with the work of Springfield as a result of one of her family members experiencing domestic abuse. From this experience she understands the importance of the charity's work and is passionate about Springfield's contribution to the local community. Susan is also a Trustee of the Lakeland Housing Trust which is responsible for social housing for local people.

Our Trustees



Dr Liz Riley currently works as Head of Research and Evaluation for the charity, Betknowmore UK, that addresses gambling related harm in UK communities. As part of her role she engages with people who have been impacted by or who have instigated domestic abuse, especially financial abuse. Previous to this Liz worked in a variety of roles as a researcher in academia and the charity sector. Liz has also volunteered for a number of local charities including Mind, CADAS and the Shannon Trust.



Liz has worked as a Practice Manager in Primary Care since moving to Kendal with her young family in 2004. Working as a Practice Manager. Liz has developed skills in a wide range of areas including; Finance, HR, and Health and Safety along with areas more pertinent to Health Care: for example Regulatory, Staff Training, Safeguarding to name but a few. More recently Liz has specialised in Quality and Performance with particular emphasis on Regulatory, Safeguarding, Complaints Management and Patient Experience

Prior to joining the NHS, Liz started work in the pharmaceutical industry as an analytical chemist before taking on a role in clinical trials managing multidisciplinary teams both nationally and globally, developing skills in Project Management and Strategic Development.

Our Team

Tori O'Callaghan-Lake CEO

Tori joined Springfield in September 2022 and has over 15 years' experience of working to support and empower the most vulnerable members of our society. More recently she has worked specifically in the VAWG sector managing a diverse range of domestic abuse services in Greater Manchester which include IDVA provision, community outreach and refuges.

Tori has previously been successful in funding applications, tender bids and has set up a number of new services within Greater Manchester specifically male safe accommodation and refuges. She has sat on numerous DHR panels and contributed to wider learning events within Greater Manchester.

The pandemic was especially challenging for our sector and because of this Tori is extremely passionate about ensuring the wellbeing of both our clients and employees, advocating for trauma therapies and recovery provisions that are available and accessible for all.

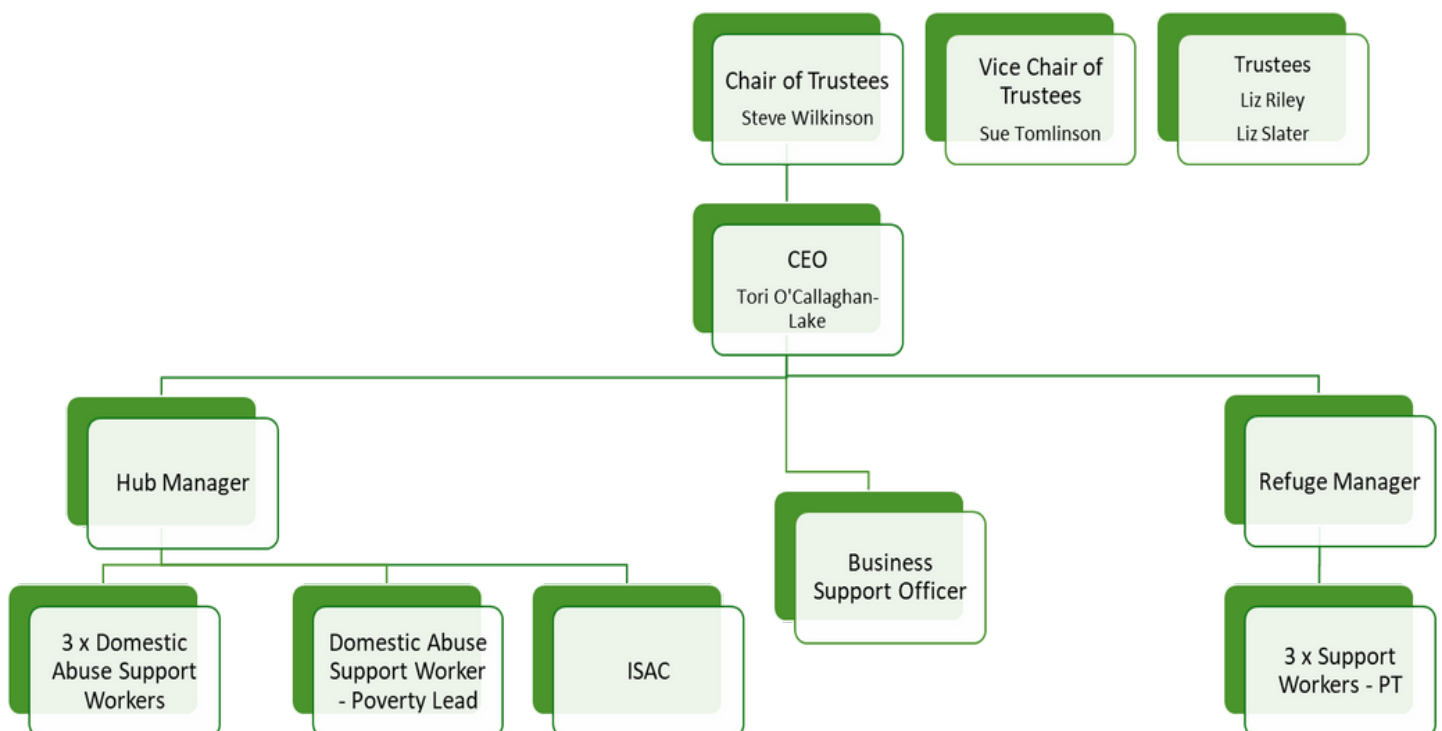
Clare Feeney-Johnson Community Services Manager

Clare started working for Springfield early in 2022. Clare spent twelve years as an elected member for all three tiers of local government holding cabinet positions championing local community needs. Previously Clare worked with vulnerable young people helping them become independent with structured professional support, meeting their individual needs. Clare is committed to providing a service which supports service users to empower their own internal resources, develop their self-awareness, fostering resilience and enabling them to make long-lasting positive life changes. Key to Clare's role is spreading awareness across our whole community of Domestic Abuse, to empower individuals to know what a healthy relationship looks like and where to go for help and support should they need it or where individuals can to sign post others who may need our help.

Kelly Jackson Refuge Manager

In my professional life I worked in business management before setting up my own businesses in 2010. I had a reflexive period five years ago after witnessing the impact Domestic Abuse can have on a survivor, children, family, and friends. I chose to go back into education, I retrained in Psychology and mental health, and it fueled the drive to come into the Domestic Abuse sector. I feel privileged to work with survivors and I am inspired everyday by their courage. I began my role at Springfield in late 2021 and I am committed to the growth and development of the charity and the invaluable services they provide.

Organisational Structure



Supporters, Funders and Donors

Grateful thanks go to the following individuals and organisations for their financial support making delivery of our service possible in 2022-23.

Cumbria County Council

Frieda Scott Charitable Trust

Henry Smith

Charities Trust- Yorkshire BS

Stephenson Trust

Kentdale Charitable Trust

Cumbria Community Foundation

Sir John Fisher Foundation

The Hilden Trust

Lloyds bank Foundation

Garfield Weston

Kendal Quakers

Seba Trust

Global, Make Some Noise

St Cuthberts PCC Kentmere

Staveley WI

St John's Church Levens

Charles Hayward Foundation

Stricklandgate Methodist Friendship Group

Inner Wheel Kendal

Grange Soroptomists

Stephenson Trust

Milnthorpe with Heversham Mothers Union

Skipton Building Society

Arnside Methodist Church

Kendal castle WI

YWCA

St Thomas's Church, Kendal

Kings Food Bank

Lakeland Ltd

Asda

Morrisons

Marks and Spencer

Lush

Body Shop

Individual and anonymous donors.

Partners

Cumbria County Council	Cumbria Cruse
Cumbria Constabulary	Sight Advice
Safety Net	Cumbria Deaf Association
Barnardo's	Community Mental Health team (CMHT)
SLDC Homeless Team	Victim support
Eden Housing	LGBT+ Carlisle
Community Mental Health Team	Dignity in Dementia
Social Prescribers (GP's)	Station house surgery
Victim Support	Bridgeway SARC
CADAS	Self harm Awareness For All (SAFA)
Health Liaison Officers	GAMCARE
Womens Community Matters	Kendal Job Centre/The Foyer
Gateway 4 Women	Manna House
Women Out West	Kendal college
Freedom Project	Town View Fields Hostel
Cumbria County Council - Adult and Children's services	All Churches Together
Women's Aid members	
Mankind	
South Lakes Housing	
Tim Farron MP Constituency Office	
Simon Fell MP Constituency Office	
Cumbria Fire and Rescue Service	
Lancashire and South Cumbria NHS Foundation Trust	
Barrow-in-Furness Housing team	
Cumbria Alcohol and Drug Advisory Service (CADAS)	
Office of Police and Crime Commissioner (PCC)	
Action for Children	
Early Help	
The Well	
Birchall Trust	
Manna House	
Recovery steps	

Chair of Trustees report

The year April 2022-March 2023 offered a major opportunity for the Trust to review its mission and purpose and renew its objectives. This allowed a relaunch of the charity at an event for stakeholders this Spring. This was spearheaded by our newly appointed CEO who joined the charity having done a similar role in a much larger charity outside of Cumbria. A visit to our sister refuge in Lancaster was both informative and inspirational.

In the months leading up to the relaunch the Board of Trustees underwent a major change after the resignation of all but one of the trustees. Since then the charity has been governed by 4 very active, experienced, and committed volunteers who meet regularly for both strategic and operational reasons. Our thanks go to former trustees and to Sue Tomlinson who has provided superb continuity, knowledge and advice to the board and stepped up rapidly as our very capable vice chair.

The constitution of the charity was amended to allow it to offer services for both men and women. As a result, we now have a number of men that we are supporting.

Our refuge for females has been substantially improved and is now able to accommodate women with children which is a major step forward.

The staffing numbers has increased significantly over the year both in the Hub setting as well as our Refuge as a result of additional grant funding, support from the Lloyds Foundation and other sponsorship and donations. This has allowed a large increase in the occupancy of our house and also other clients making use of our core services.

The charity has successfully moved the house ownership to the new trustees as well as renting additional accommodation at Stricklandgate House. We are very pleased to be associated with this organisation and we make good use of the additional facilities.

Chair of Trustees report

The Launch Event allowed us to renew our strong links with a whole host of partners as well as develop new links not least with the new Local Authority as well as the Police and many others. It also allowed us to initiate a Friends of Springfield group.

Unquestionably the financial year covered by this report was one of massive change, improvement and growth only made possible by a fantastic Staff Team, committed trustees and an amazingly supportive community of professionals from other organisations and charities.

Financial report

During the financial year of 2023 there have been operational challenges in relation to the changes noted above in the chairs review. The continuation of the charity work and delivery of services has only been possible due to the grants received and because of the continuous hard work put in by our new CEO, staff members and the trustees.

We are extremely grateful for all donations and support we have received from many local and national organisations as well as all the extra help provided by staff, volunteers and individuals.

Income for the year was £582k which included the £290k property which was gifted from the Property Trust. Excluding this gift, income was higher than the previous financial year, due to the success in obtaining grants for our work.

Expenditure was £259k which was higher than the previous financial year. Again, this was expected as our main expense of salaries was higher due to staffing levels being brought back to the required levels and also being able to take on some specialist roles including an Independent Stalking Advocacy Specialist (ISAS) and a poverty lead. We have also invested in staff training and welfare, which will also continue into financial year 2024.

Springfield Domestic Abuse Support in South Lakeland has ended the financial year ending 31 March 23 with a cash asset of £192k. The cash funds are made up of an Unrestricted balance of £144k and Restricted balance of £48k.

The Restricted cash funds of £48k are to continue to deliver services over the next financial year, these are mainly in relation to the COMF project – ISAS role, funding for a new IT system which has been implemented post year end and then various smaller grants to help support our clients with the cost-of-living crisis.

The Unrestricted cash funds of £144k, after deducting the unrestricted liabilities (mainly deferred income) result in unrestricted reserves of £94k. These provide the charity with security needed for the future and aim to meet the reserves policy that had been set and will help to cover core costs at both the community hub and the house.

Statement of Financial activities

Springfield Domestic Abuse Support South Lakeland
Statement of Financial Activities for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	Year ended 31.3.23 Total funds £	Year ended 31.3.22 Total funds £
INCOME					
Incoming resources from					
Charitable activities					
Voluntary income	2	15,773	-	15,773	9,534
Trust and grant income	3	117,250	98,766	216,016	143,172
Other charitable income	4	58,266	49	58,315	51,036
Transfer from unincorporated charity		-	-	-	73,332
Transfer from property trust	8	290,000	-	290,000	-
Investment income		<u>1,591</u>	<u>-</u>	<u>1,591</u>	<u>23</u>
Total income and endowments		482,880	98,815	581,695	277,097
EXPENDITURE					
Charitable activities	5	112,904	59,056	171,960	108,978
Overheads	6	<u>80,910</u>	<u>5,856</u>	<u>86,766</u>	<u>65,224</u>
Total expenditure		193,814	64,912	258,726	174,202
NET INCOME/(EXPENDITURE) FOR THE YEAR BEFORE TRANSFERS		289,066	33,903	322,969	102,895
Gross transfers between funds		-	-	-	-
Net income/(expenditure) for the year		289,066	33,903	322,969	102,895
RECONCILIATION OF FUNDS					
Total funds brought forward		95,426	7,469	102,895	-
TOTAL FUNDS CARRIED FORWARD		<u>384,492</u>	<u>41,372</u>	<u>425,864</u>	<u>102,895</u>

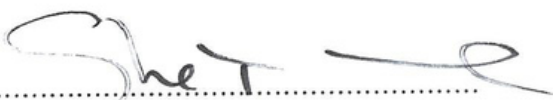
Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

Balance Sheet

At 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
FIXED ASSETS					
Tangible assets	8	290,000	-	290,000	-
CURRENT ASSETS					
Debtors	9	14,316	-	14,316	12,070
Cash at bank and in hand		<u>143,499</u>	<u>48,372</u>	<u>191,871</u>	<u>133,458</u>
		157,815	48,372	206,187	145,528
CREDITORS					
Amounts falling due within one year	10	(63,323)	(7,000)	(70,323)	(42,633)
NET CURRENT ASSETS		<u>94,492</u>	<u>41,372</u>	<u>135,864</u>	<u>102,895</u>
NET ASSETS		<u>384,492</u>	<u>41,372</u>	<u>425,864</u>	<u>102,895</u>
FUNDS	12				
Unrestricted funds				384,492	95,426
Restricted funds				<u>41,372</u>	<u>7,469</u>
TOTAL FUNDS				<u>425,864</u>	<u>102,895</u>

These financial statements were approved by the trustees on November 13, 2023 and were signed on its behalf by:



S Tomlinson
Trustee

CEO's Report

As I reflect on the past 12 months the words that spring to mind are stability, development and growth. We have a lot to celebrate, and I am extremely proud of what we have achieved over the year.

We started the year by reviewing and updating all our publications to ensure they were reflective of our local demographics, we now have leaflets, posters, banners and a website that clearly identify and promote the support we provide to Women and Men who have/are experiencing domestic abuse. As part of this we introduced posters and leaflets specifically aimed at male survivors and how we can help them to recover from their experiences.

Living in a refuge can be a challenging time for some women, especially as they often arrive at refuge immediately after experiencing a traumatic incident. We spoke to our residents to find out how we, at Springfield, can best support them with this transition and we asked the women what they would like to see from us. The two main themes that came out of these conversations were children and support outside of office hours. Residents were telling us that they felt unsafe and lonely in the refuge during the evenings, throughout the night and at weekends when staff weren't present, they also shared that often they had to make the choice to leave their children with other family members (or the perpetrator) in order for them to access refuge. We came together as a whole team to find a solution to the issues raised by our residents and in March 2023 we started staffing our refuge 24 hours a day, 7 days a week, this change has also enabled us to review our policies and procedures along with our HMO license and we can now accept children in three of our rooms where previously we could only accommodate single women.

Our community service has seen an increase in male survivors accessing our support services, this has fed into our strategic plan and our aims for new ways to support male survivors moving forward. We have also strengthened our partnerships and started delivering support to clients in the most rural areas where they cannot easily access our community hub. We continue to deliver support from our community hub and have added some additional therapeutic group work programs in addition to our existing ones, including a bespoke domestic abuse recovery group program for children and young people.

Our ISAC started with us in October 2022, since then she has worked in partnership with Cumbria Constabulary to keep victims and survivors of stalking safe. She is also working with the local authority to deliver stalking awareness training to professional across Cumbria.

In Spring we launched our 'Friends of Springfield' group where individual supporters of Springfield are kept up to date with events and developments within the charity. Having the Friends of Springfield has enabled us to set up a crisis fund which we can use to pay for any unexpected expenditures survivors may need, such as a mobile phone or emergency accommodation; it also means that we have finances to plan day trips and activities for our clients which we otherwise couldn't afford.

I would like to take this opportunity to thank all of our donors, funders and partners for your continued support this last year, without you we would be unable to provide support to so many victims and survivors of domestic abuse.

And finally, but by no means least I would like to thank our trustees and team members for their passion, dedication and determination, I am constantly in awe at the impact you all make on the lives of the individuals who use our service.

Our Impact

Freedom

**My life now has new meaning
The refuge has set me free,
From all the pain and suffering
And the trauma that has imprisoned me.**

**I take each new step slowly
And am making progress along the way,
I now have the best support network
And am finding rainbows in life every day.**

**Whenever I feel lonely
I know that there are people who care,
Who will reach out with compassion and
kindness**

**With anything I want to share.
There will always be a tomorrow
A time when I can sit and reflect,
I know I can talk to anyone anytime at
Springfield
And I know I will be treated with love and
respect.**

THANK YOU!

ANON

Wellbeing activities funded by donations

-including private donations

Rookhow Retreat



Queens Platinum Jubilee



Service User Feedback

Without the aid of Springfield's domestic abuse support, my mental, emotional, and practical well-being would have suffered greatly. They played a crucial role in providing me with the tools, resources, and support needed to regain control of my life, rebuild my confidence, and maintain contact with my children. I am

forever grateful for their unwavering help and support in my journey towards healing and a brighter future.

how would things be different if you hadn't received this service?
i wouldn't be here.

Springfield went above and beyond in every aspect. The level of care, understanding, and guidance I received was exceptional. I am truly grateful for everything they have done for me. They provided me with the support I needed and helped me navigate through a very challenging time. Thank you for everything you do.

REGISTERED CHARITY NUMBER: 1191650

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2023
for
Springfield Domestic Abuse Support in South Lakeland

Springfield Domestic Abuse Support in South Lakeland

Contents of the Financial Statements
for the Year Ended 31 March 2023

	Page
Report of the Trustees	1 to 3
Statement of Trustees Responsibilities	4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 15

Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

Report of the Trustees
for the Year Ended 31 March 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' effective 1 January 2019.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number 1191650

Business Address

Stricklandgate House
92 Stricklandgate
Kendal
LA9 4PU

Trustees

N Brown	Resigned 6 June 2022	
Reverend RJ Crossley	Resigned 29 November 2022	
PA Houghton	Resigned 7 July 2022	
E Riley	Appointed 5 August 2022	
S Rockliffe	Appointed 21 June 2022	Resigned 1 April 2023
E Slater	Appointed 11 April 2022	
S Tomlinson		
S Wilkinson	Appointed 25 May 2022	

OBJECTIVES AND ACTIVITIES

Objectives and aims

Springfields aims per its constitution are:

1. To relieve the needs of and protect and preserve good health among persons who are experiencing or have experienced domestic abuse by providing them with housing, associated amenities and/or support to help them to develop their ability to live independently, to rebuild their lives and to integrate into society.
2. To relieve the needs of and protect and preserve good health among persons who suffer from, or are affected by, domestic abuse in all its forms by providing support, advice, assistance and training on, and raising awareness of, domestic abuse.'

Public benefit

The trustees have had due regard to guidance published by the Charity Commission on public benefit.

ACHIEVEMENT AND PERFORMANCE

CHAIRS REVIEW

The year April 2022-March 2023 offered a major opportunity for the Trust to review its mission and purpose and renew its objectives. This allowed a relaunch of the charity at an event for stakeholders this Spring. This was spearheaded by our newly appointed CEO who joined the charity having done a similar role in a much larger charity outside of Cumbria. A visit to our sister refuge in Lancaster was both informative and inspirational.

In the months leading up to the relaunch the Board of Trustees underwent a major change after the resignation of all but one of the trustees. Since then the charity has been governed by 4 very active, experienced, and committed volunteers who meet regularly for both strategic and operational reasons. Our thanks go to former trustees and to Sue Tomlinson who has provided superb continuity, knowledge and advice to the board and stepped up rapidly as our very capable vice chair.

The constitution of the charity was amended to allow it to offer services for both men and women. As a result, men now make up a substantial proportion of our client base.

Our refuge for females has been substantially improved and is now able to accommodate woman with children which is a major step forward.

The staffing numbers has increased significantly over the year both in the Hub setting as well as our Refuge as a result of additional grant funding, support from the Lloyds Foundation and other sponsorship and donations. This has allowed a large increase in the occupancy of our house and also other clients making use of our core services.

The charity has successfully moved the house ownership to the new trustees as well as renting additional accommodation at Stricklandgate House. We are very pleased to be associated with this organisation and we make good use of the additional facilities.

The Launch Event allowed us to renew our strong links with a whole host of partners as well as develop new links not least with the new Local Authority as well as the Police and many others. It also allowed us to initiate a Friends of Springfield group.

Unquestionably the financial year covered by this report was one of massive change, improvement and growth only made possible by a fantastic Staff Team, committed trustees and an amazingly supportive community of professionals from other organisations and charities.

*Stephen Wilkinson
Chair of Trustee Board*

FINANCIAL REVIEW

During the financial year of 2023 there have been operational challenges in relation to the changes noted above in the chairs review. The continuation of the charity work and delivery of services has only been possible due to the grants received and because of the continuous hard work put in by our new CEO, staff members and the trustees.

We are extremely grateful for all donations and support we have received from many local and national organisations as well as all the extra help provided by staff, volunteers and individuals.

Income for the year was £582k which included the £290k property which was gifted from the Property Trust. Excluding this gift, income was higher than the previous financial year, due to the success in obtaining grants for our work. Expenditure was £259k which was higher than the previous financial year. Again, this was expected as our main expense of salaries was higher due to staffing levels being brought back to the required levels and also being able to take on some specialist roles including an Independent Stalking Advocacy Specialist (ISAS) and a poverty lead. We have also invested in staff training and welfare, which will also continue into financial year 2024.

Springfield Domestic Abuse Support in South Lakeland has ended the financial year ending 31 March 23 with a cash asset of £192k. The cash funds are made up of an Unrestricted balance of £144k and Restricted balance of £48k.

The Restricted cash funds of £48k are to continue to deliver services over the next financial year, these are mainly in relation to the COMF project – ISAS role, funding for a new IT system which has been implemented post year end and then various smaller grants to help support our clients with the cost-of-living crisis.

The Unrestricted cash funds of £144k, after deducting the unrestricted liabilities (mainly deferred income) result in unrestricted reserves of £94k. These provide the charity with security needed for the future and aim to meet the reserves policy that had been set and will help to cover core costs at both the community hub and the house.

Report of the Trustees
for the Year Ended 31 March 2023

Reserves policy

The reserves policy is calculated to accommodate a 6-month gradual wind down of the charity in the event of the lack of available funding support to deliver services. It would cover salaries, rent, utilities, redundancy, and removal/relocation costs. Our reserves policy is currently set at £100k. As at the 31 March 2023 our unrestricted reserves were £384k which includes the property. If the property is excluded the unrestricted reserves would be £94k. This is slightly lower than the calculated level of reserves, however, the security the property provides in terms of the charity continuing in operation is huge and it allows the charity to be able to consider a variety of options if needed. The trustees would like to build the 'cash' reserves to the required level over the coming years but wish to balance this with current operational needs and future strategic aims of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity was registered on 6 October 2020, it operates as a CIO and is controlled by its governing document. It began operating on 1 April 2021 when all assets and liabilities were transferred from the unincorporated charity (number 231434) as at 31 March 2021.

Recruitment and appointment of new trustees

There is a documented process for recruitment, induction and training for trustees that includes terms of reference and a documented job role and responsibilities. This gives prospective trustees a clear understanding of the role and expectations. Vacancies are advertised, including any specific skills, experience or knowledge required. Candidates are interviewed by at least 2 trustees, one of which is the chair or treasurer. The trustees who conduct the interview make a recommendation to the board, based on suitability, skills etc. Training offered to new trustees includes a DBS check and safeguarding as a minimum.

Risk Management

To mitigate risk in the charity there is a documented risk register identifying Financial, Operational, External and Governance related risks. The trustees and Manager review this on a quarterly basis to understand if the risk level has changed. There are also actions that take place to mitigate or reduce the risk level and impact, these are also reviewed by the trustees and manager quarterly.

From a safeguarding point of view, all prospective clients are interviewed to determine risk before a referral takes place, this ensures staff safety and wellbeing.

Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

Statement of Trustees Responsibilities
for the Year Ended 31 March 2023

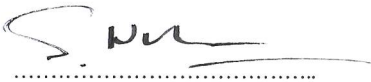
The trustees are responsible for preparing the Report of the trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102), effective 1 January 2019;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the governing document. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees Report and Trustees Responsibilities signed on behalf of the Board of Trustees on 21st November 2023



S Wilkinson
Trustee - Chair

Independent Examiner's Report to the Trustees of
Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2023 which are set out on pages 6 to 15.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Having satisfied myself that the financial statements of the charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with relevant accounting requirements other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Charities Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Helen Holmes FCA
ICAEW**

Stables Thompson & Briscoe
Chartered Accountants and Registered Auditor

Date: 22 November 2023

Springfield Domestic Abuse Support South Lakeland

Statement of Financial Activities
for the Year Ended 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	Year ended 31.3.23 Total funds £	Year ended 31.3.22 Total funds £
INCOME					
Incoming resources from					
Charitable activities					
Voluntary income	2	15,773	-	15,773	9,534
Trust and grant income	3	117,250	98,766	216,016	143,172
Other charitable income	4	58,266	49	58,315	51,036
Transfer from unincorporated charity		-	-	-	73,332
Transfer from property trust	8	290,000	-	290,000	-
Investment income		1,591	-	1,591	23
Total income and endowments		482,880	98,815	581,695	277,097
EXPENDITURE					
Charitable activities	5	112,904	59,056	171,960	108,978
Overheads	6	80,910	5,856	86,766	65,224
Total expenditure		193,814	64,912	258,726	174,202
NET INCOME/(EXPENDITURE) FOR THE YEAR BEFORE TRANSFERS		289,066	33,903	322,969	102,895
Gross transfers between funds		-	-	-	-
Net income/(expenditure) for the year		289,066	33,903	322,969	102,895
RECONCILIATION OF FUNDS					
Total funds brought forward		95,426	7,469	102,895	-
TOTAL FUNDS CARRIED FORWARD		384,492	41,372	425,864	102,895

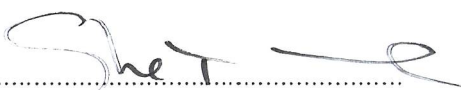
Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

Balance Sheet

At 31 March 2023

	Notes	Unrestricted fund £	Restricted fund £	31.3.23 Total funds £	31.3.22 Total funds £
FIXED ASSETS					
Tangible assets	8	290,000	-	290,000	-
CURRENT ASSETS					
Debtors	9	14,316	-	14,316	12,070
Cash at bank and in hand		<u>143,499</u>	<u>48,372</u>	<u>191,871</u>	<u>133,458</u>
		157,815	48,372	206,187	145,528
CREDITORS					
Amounts falling due within one year	10	(63,323)	(7,000)	(70,323)	(42,633)
NET CURRENT ASSETS		<u>94,492</u>	<u>41,372</u>	<u>135,864</u>	<u>102,895</u>
NET ASSETS		<u>384,492</u>	<u>41,372</u>	<u>425,864</u>	<u>102,895</u>
FUNDS	12				
Unrestricted funds				384,492	95,426
Restricted funds				<u>41,372</u>	<u>7,469</u>
TOTAL FUNDS				<u>425,864</u>	<u>102,895</u>

These financial statements were approved by the trustees on November 13, 2023 and were signed on its behalf by:



S Tomlinson
 Trustee

I. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102) (effective 1 January 2019) – (Charities SORP (FRS102)).

Springfield Domestic Abuse Support South Lakeland meets the definition of a public entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transactional value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in sterling which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income, it is reasonably certain it will be received and the amount can be quantified with reasonable accuracy. Any income which is for use in a future period is deferred to that period.

Donations, interest, and other income are accounted for when receivable.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Pension

The charity operates a defined contribution pension scheme.

Taxation

The charity is exempt from income tax on its charitable activities.

The charity is not able to recover Value Added Tax (VAT). Expenditure is recorded in the accounts inclusive of VAT.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds are unrestricted funds which the trustees have put aside for a specific use.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in note 12 to the financial statements.

Tangible fixed assets and depreciation

Tangible fixed assets are capitalised and included at cost/gift value including any incidental costs of acquisition.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight-line basis over the expected useful economic life as follows:

Freehold property	Nil
-------------------	-----

The trustees perform annual impairment reviews to ensure that the recoverable amount is not lower than the carrying value.

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Springfield Domestic Abuse Support South Lakeland

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

2. VOLUNTARY INCOME

	Year ended 31.3.23 £	Year ended 31.3.22 £
Individual donations	7,626	4,982
Church donations	-	730
Trust & business donations	4,860	3,822
Big Give Christmas challenge	3,287	-
	<u>15,773</u>	<u>9,534</u>

Unrestricted £15,773 (year ended 31.3.22 - £9,534) and restricted £nil (year ended 31.3.22 - £nil).

3. TRUST AND GRANT INCOME

	£	£	Year ended 31.3.23 £	Year ended 31.3.22 £
	Unrestricted	Restricted	Total	Total
Government grants				
Cumbria County Council – DASA underspend	10,000	-	10,000	-
Cumbria County Council	-	51,925	51,925	-
South Lakeland District Council	-	7,000	7,000	-
	<u>10,000</u>	<u>58,925</u>	<u>68,925</u>	-
Non-government grants				
Henry Smith	35,000	-	35,000	25,000
Lloyds	27,250	-	27,250	25,000
Stephenson Trust	20,000	-	20,000	20,000
Frieda Scott Trust	-	7,370	7,370	15,000
Sir John Fisher	15,000	-	15,000	20,000
Eaton Fund	-	3,000	3,000	-
Global Make Some Noise	-	29,471	29,471	-
Hilden Trust	10,000	-	10,000	-
Dowager Trust	-	-	-	7,000
Cumbria CCF	-	-	-	14,172
The Hadfield Trust	-	-	-	5,000
YWCA Kendal Limited	-	-	-	12,000
	<u>107,250</u>	<u>39,841</u>	<u>147,091</u>	<u>143,172</u>
TOTAL	<u>117,250</u>	<u>98,766</u>	<u>216,016</u>	<u>143,172</u>

Year ended 31 March 2022 Unrestricted £129,000 and restricted £14,172.

4. OTHER CHARITABLE INCOME

	Year ended 31.3.23 £	Year ended 31.3.22 £
SLDC Housing Benefit	27,163	17,688
CCC Supporting People	23,379	27,882
Service charge	1,990	1,020
Employment Allowance	5,000	4,000
Electricity government support	400	-
Sundry income	383	446
	<u>58,315</u>	<u>51,036</u>

The above income is all unrestricted except for a £49 refund on a restricted project included in sundry income. (2022: all unrestricted).

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

5. CHARITABLE ACTIVITIES EXPENDITURE

	Year ended 31.3.23 £	Year ended 31.3.22 £
Staffing costs (note 7)	158,874	90,904
Interim manager	-	2,568
Household costs	1,747	464
Client travel	-	63
Activities	1,360	675
Moving In Moving Out/Making a house a home	332	45
Educational group work	-	11
Other direct expenses	-	899
Counselling	<u>9,647</u>	<u>13,349</u>
	<u>171,960</u>	<u>108,978</u>

6. OVERHEAD EXPENDITURE

	Year ended 31.3.23 £	Year ended 31.3.22 £
Rent	8,778	7,594
Utilities	9,835	6,337
Maintenance	10,546	8,390
Legal & professional fees	843	6,035
Accountancy and bookkeeping fees	8,534	8,412
Consultancy fees	11,073	2,482
Staff training	9,800	6,405
Staff recruitment	2,630	1,691
Staff vouchers	2,719	-
Independent examiner's fee	330	270
Marketing	986	168
Insurance	8,391	6,875
Phone and internet	3,153	2,980
Administration	6,320	5,529
Other	<u>2,828</u>	<u>2,056</u>
	<u>86,766</u>	<u>65,224</u>

7. STAFF COSTS

	Year ended 31.3.23 £	Year ended 31.3.22 £
Wages and salaries	144,279	82,871
Employers National Insurance	10,788	6,086
Pension contributions	<u>3,807</u>	<u>1,947</u>
	<u>158,874</u>	<u>90,904</u>

The average number of employees in the year ended 31 March 2023 was 8 (2022: 6).

There were no employees receiving more than £60,000 in the year (2022 – none).

The total employee remuneration and benefits of the key management personnel of the charity were £70,235 (2022: £29,677).

8. TANGIBLE FIXED ASSETS

	Freehold Property £	Total £
Cost/Gift valuation		
At 1 April 2022	-	-
Additions	290,000	290,000
At 31 March 2023	290,000	290,000
Depreciation		
At 1 April 2022 and 31 March 2023	-	-
Net Book Value		
At 31 March 2023	290,000	290,000
At 31 March 2022	-	-

The Refuge property had previously been held in a separate Trust. It has now been legally transferred to the charity. The cost above was an estimate of the value, which was used on the land registry documents.

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	At 31.3.23 £	At 31.3.22 £
Prepaid expenditure	8,723	6,477
Accrued income	5,593	5,593
	<u>14,316</u>	<u>12,070</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	At 31.3.23 £	At 31.3.22 £
Trade creditors	1,692	4,489
Accruals	3,311	2,798
Pension	820	346
Deferred income (note 11)	64,500	35,000
	<u>70,323</u>	<u>42,633</u>

11. DEFERRED INCOME

	At 31.3.23 £	At 31.3.22 £
Balance at 1 April	35,000	62,172
Amount released to Statement of Financial Activities	(35,000)	(62,172)
Deferred income received in year	64,500	35,000
Balance at 31 March	<u>64,500</u>	<u>35,000</u>

Deferred income comprises of grants received in advance for projects spanning the year end or in the next year.

Springfield Domestic Abuse Support South Lakeland

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

12. FUNDS

	At 1.4.22 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General funds below	95,426	289,066	-	384,492
Restricted funds				
Restricted funds below	7,469	33,903	-	41,372
TOTAL FUNDS	102,895	322,969	-	425,864

Net movement in funds, included in the above are as follows:

	Brought forward at 1.4.22 £	Incoming resources £	Expenditure £	Transfers between funds £	Carried forward at 31.3.23 £
Unrestricted funds					
<i>General fund</i>					
Refuge	63,993	355,975	(40,550)	(42,172)	337,246
Community	23,980	19,655	(38,561)	42,172	47,246
Stephenson Trust	7,453	20,000	(27,453)	-	-
Lloyds	-	27,250	(27,250)	-	-
Sir John Fisher	-	15,000	(15,000)	-	-
Henry Smith	-	35,000	(35,000)	-	-
Hilden Trust	-	10,000	(10,000)	-	-
	95,426	482,880	(193,814)	-	384,492
Restricted funds					
CCF educational group work	2,561	-	-	-	2,561
Activities	2,055	-	(1,360)	-	695
CCF Freya Project	2,853	-	(2,853)	-	-
COMF Project	-	39,204	(24,558)	-	14,646
Global Make Some Noise	-	29,471	(29,471)	-	-
SLDC Fairer South Lakeland	-	7,000	(1,400)	-	5,600
Outreach Town View	-	5,270	(5,270)	-	-
0-19 Support project	-	5,000	-	-	5,000
Cost of living support women	-	2,500	-	-	2,500
Essential items for women	-	3,000	-	-	3,000
OASIS IT system	-	7,370	-	-	7,370
	7,469	98,815	(64,912)	-	41,372
TOTAL FUNDS	102,895	581,695	(258,726)	-	425,864

The transfer has taken place as the trustees have chosen to equalise the refuge and community unrestricted funds at the year end, as they see the charity as a whole. Monitoring how each is funded and their performance is vitally important, however in different years it can obtain more funds for one than the other.

12. FUNDS (Continued)

COMPARATIVE	Transferred at 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General fund	39,830	55,596	-	95,426
Restricted funds				
Restricted funds below	33,502	(26,033)	-	7,469
TOTAL FUNDS	<u>73,332</u>	<u>29,563</u>	<u>-</u>	<u>102,895</u>

Net movement in funds, included in the above are as follows:

	Transferred at 1.4.21 £	Incoming resources £	Expenditure £	Transfers between funds £	Carried forward at 31.3.22 £
Unrestricted funds					
<i>General fund</i>					
Refuge	14,068	54,613	(4,688)	-	63,993
Community	25,762	5,980	(7,762)	-	23,980
YWCA	-	12,000	(12,000)	-	-
Frieda Scott	-	15,000	(15,000)	-	-
Stephenson Trust	-	20,000	(12,547)	-	7,453
Sir John Fisher	-	20,000	(20,000)	-	-
Lloyds	-	25,000	(25,000)	-	-
Dowager	-	7,000	(7,000)	-	-
Henry Smith	-	25,000	(25,000)	-	-
Hadfield Trust	-	5,000	(5,000)	-	-
	<u>39,830</u>	<u>189,593</u>	<u>(133,997)</u>	<u>-</u>	<u>95,426</u>
Restricted funds					
MIMO	374	-	(374)	-	-
CCF – educational group work	2,572	-	(11)	-	2,561
Activities	2,730	-	(675)	-	2,055
Stephenson Trust	5,593	-	(5,593)	-	-
PCC Freedom Project	4,884	-	(4,884)	-	-
Domestic Abuse Worker	8,000	-	(8,000)	-	-
CCF – iPads, training & media	348	-	(348)	-	-
Ashworth Trust	4,000	-	(4,000)	-	-
YWCA	5,001	-	(5,001)	-	-
CCF Freya Project	-	10,172	(7,319)	-	2,853
CCF Recover and Discover Project	-	4,000	(4,000)	-	-
	<u>33,502</u>	<u>14,172</u>	<u>(40,205)</u>	<u>-</u>	<u>7,469</u>
TOTAL FUNDS	<u>73,332</u>	<u>203,765</u>	<u>(174,202)</u>	<u>-</u>	<u>102,895</u>

12. FUNDS (Continued)

The named funds above are for the following purposes:

Refuge – unrestricted funds and income generated by (or for) the Refuge, to primarily be spent on the running of the Refuge.

Community – unrestricted funds and income generated by (or for) the Community service, to be primarily spent on the running of the Community service which encompasses the hub.

Stephenson Trust – £20,000 was granted towards the Community hub core costs.

Lloyds - an unrestricted grant towards the charity's core costs. Also an additional one-off unrestricted grant of £2,250 was awarded to support the charity with the cost-of-living crisis.

Sir John Fisher – towards Refuge core costs.

Henry Smith – this was to cover core salary costs for the Refuge.

Hilden Trust – towards Refuge core costs.

CCF – educational group work – donated in FY2018 from Cumbria Community Foundation.

Activities – £2,000 was donated by Greggs for activities in FY2018. The use of this was delayed in previous years due to covid and low numbers of women in the Refuge.

CCF Freya Project – the Freya project provided specialist trauma-informed counselling sessions to women who had experienced domestic abuse and had accessed support at either the Refuge or Community hub.

COMF Project – funding towards a 20 hour/week support worker role and a 32 hour/week ISAS (Independent Stalking Advocacy Specialist) role plus covers ISAS training, laptop and supervision.

Global Make Some Noise – towards a 32 hour/week support worker role and rent.

SLDC Fairer South Lakeland – towards a poverty lead role for the Community hub.

Outreach Town View – from Cumbria County Council to support clients in the community (including in reach support at Town View Fields).

0-19 Support Project – towards training costs and to deliver bespoke children's recovery group work programs.

Cost of living support women – from Cumbria County Council to support women during the cost-of-living crisis.

Essential items women – from the Eaton Fund to help purchase essential items for women in light of the cost-of-living crisis.

OASIS IT System – from the Frieda Scott Trust towards a bespoke domestic abuse recording IT system.

YWCA – £12,000 was given as an unrestricted grant towards the charity's core costs. The brought forward fund was for maintenance and repairs for the flat roof and refuge building.

Frieda Scott – towards Community hub core costs.

Dowager – this was from The Dowager Countess Eleanor Peel Trust for the Community hub core costs.

Hadfield Trust - towards Community hub core costs.

MIMO - made up of several small donations – moving in and moving out costs.

PCC Freedom Project – for core costs, salaries and training in relation to the freedom project.

Domestic Abuse Worker – from Cumbria Community Foundation & South Lakeland District Council.

12. FUNDS (Continued)

The named funds above are for the following purposes (continued):

CCF – iPads, training & media – Specific COVID 19 funding to support Springfield with IT equipment, specialist training for staff and funding around social media and campaigns.

Ashworth Trust – for an extension of the Freedom Project.

CCF Recover & Discover Project - was a 6-week course for survivors of domestic abuse. It was to raise awareness of domestic abuse and develop skills to help the participants develop healthy, happy relationships.

13. TRUSTEES' REMUNERATION, BENEFITS AND TRANSACTIONS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 (2022: Nil).

Trustees' expenses

There were no trustees' expenses paid in the year ended 31 March 2023 (2022: Nil).

14. RELATED PARTY TRANSACTIONS

There were no related party transactions in the current or previous year.

15. ULTIMATE CONTROLLING PARTY

There is no single ultimate controlling party of the charity throughout the current year or previous year.

16. TAXATION

As a charity, Springfield Domestic Abuse Support South Lakeland, is exempt from tax on income and gains falling within sections 472-474 of the Corporation Tax Act 2010, sections 478-489 of the Corporation Tax Act 2010, or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

17. CONTINGENT LIABILITIES

There were no contingent liabilities as at 31 March 2023 (2022: Nil).

Independent Examiner's Report to the Trustees of
Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2023 which are set out on pages 6 to 15.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Having satisfied myself that the financial statements of the charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with relevant accounting requirements other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Charities Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Helen Holmes FCA
ICAEW**

Stables Thompson & Briscoe
Chartered Accountants and Registered Auditor

Date: 22 November 2023