



ANNUAL REPORT

2021-2022

Charity Number 1191650

Contents

Our Mission and values

Our Trustees

Organisational structure + Risk management

Our Team

Supporters/funders/donors

Partners

Chair of trustees report

Treasurers report

Financial Statement

CEO's report

Our services

Case study



Our mission + Values

Our Mission

Our aim is to give those who have been affected by domestic abuse – physical, sexual, psychological, emotional, financial – the skills, confidence and resilience they need to:

- Develop positive coping strategies
- Develop and sustain healthy relationships
- Recover from their experience
- Lead lives free from abuse.

We will achieve this by:

- Offering support in a safe environment
- Giving a voice to those affected by domestic abuse
- Campaigning and lobbying against domestic abuse and gender based abuse

Our Values

The core values which underpin all our work are:



Our Trustees

Chair of Trustees - Steve Wilkinson



Stephen Wilkinson is the charity's chair. His background is in education, first as a teacher and outdoor education instructor and then in school leadership in schools across England and Jersey. This included Headship, being a CEO of a Multi Academy Trust and Heading up a National Teaching School. He has a keen interest in supporting the emotional development of young people and was Chair of The Cumbria Partnership for Emotional and Mental Health. He is now semi-retired, working as Senior Lead for the North Maths Hub and is a Local Representative for the Association of Schools and Colleges in Cumbria. He is Governor at a large Secondary School and a Pupil Referral Unit as well as a Trustee of a local Nursery School.

Vice chair - Sue Tomlinson



Susan Tomlinson is a former director of a local firm of Chartered Surveyors, Land Agents and Auctioneers. Her role with the company involved overseeing the day-to-day running of the business, with direct responsibility for HR and the administration team. Susan became involved with the work of Springfield as a result of one of her family members experiencing domestic abuse. From this experience she understands the importance of the charity's work and is passionate about Springfield's contribution to the local community. Susan is also a Trustee of the Lakeland Housing Trust which is responsible for social housing for local people.

Liz Riley



Liz Riley currently works as the Research and Evaluation Manager for the charity, Betknowmore UK, that addresses gambling related harm in UK communities. As part of her role she engages with people who have been impacted by or who have instigated domestic abuse, especially financial abuse. Previous to this Liz worked in a variety of roles as a researcher in academia and the charity sector. Liz has also volunteered for a number of local charities including Mind, CADAS and the Shannon Trust.

Liz Slater

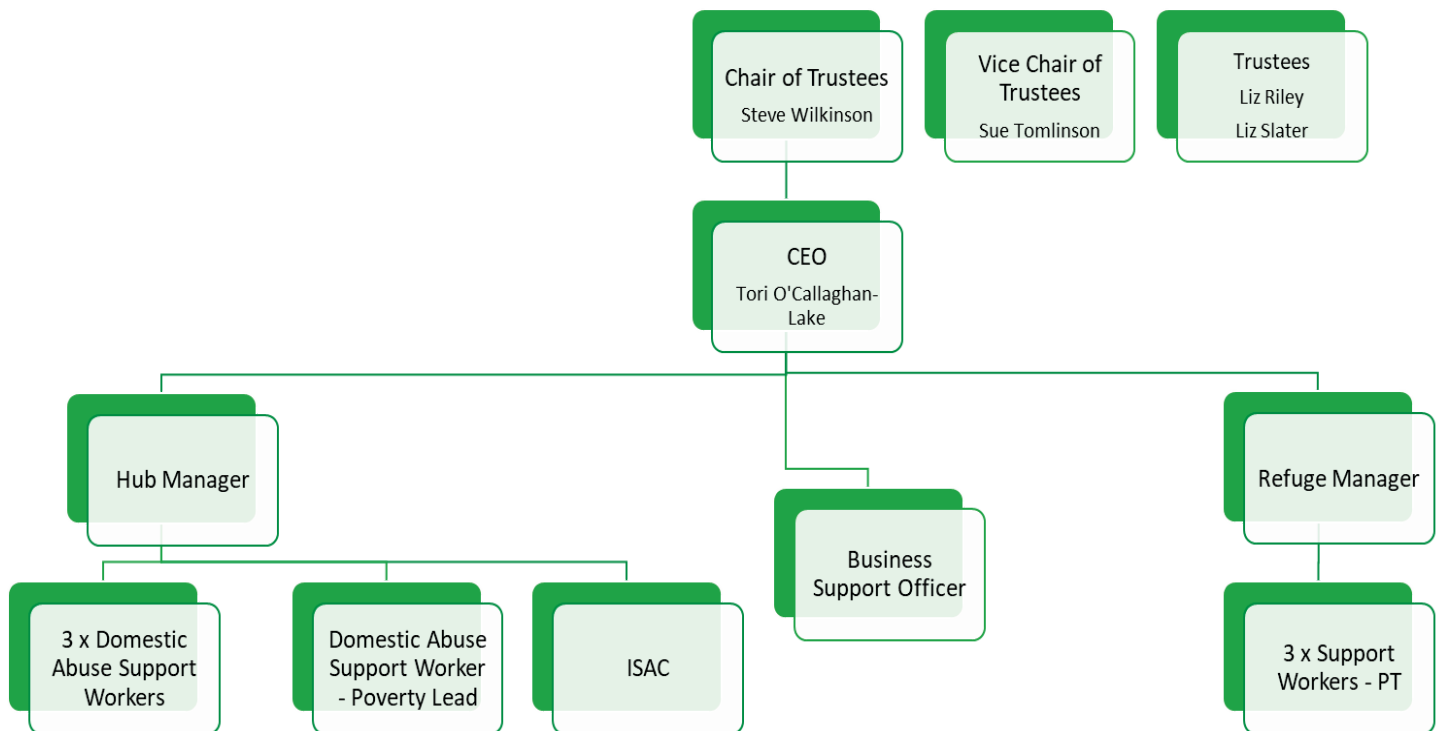


Liz has worked as a Practice Manager in Primary Care since moving to Kendal with her young family in 2004. Working as a Practice Manager. Liz has developed skills in a wide range of areas including; Finance, HR, and Health and Safety along with areas more pertinent to Health Care: for example Regulatory, Staff Training, Safeguarding to name but a few. More recently Liz has specialised in Quality and Performance with particular emphasis on Regulatory, Safeguarding, Complaints Management and Patient Experience

Prior to joining the NHS, Liz started work in the pharmaceutical industry as an analytical chemist before taking on a role in clinical trials managing multidisciplinary teams both nationally and globally, developing skills in Project Management and Strategic Development.

Outside of work as well as being a Trustee for Springfield Liz is also actively involved with the Sea Cadet Corps as the Chair of the Kendal Sea Cadets Unit Management Committee. In her spare time Liz enjoys fell walking with her family and their Springer Spaniel.

Organisational Structure



Our team

Tori O'Callaghan-Lake CEO

Tori joined Springfield in September 2022 and has over 15 years' experience of working to support and empower the most vulnerable members of our society. More recently she has worked specifically in the VAWG sector managing a diverse range of domestic abuse services in Greater Manchester which include IDVA provision, community outreach and refuges.

Tori has previously been successful in funding applications, tender bids and has set up a number of new services within Greater Manchester specifically male safe accommodation and refuges. She has sat on numerous DHR panels and contributed to wider learning events within Greater Manchester.

The pandemic was especially challenging for our sector and because of this Tori is extremely passionate about ensuring the wellbeing of both our clients and employees, advocating for trauma therapies and recovery provisions that are available and accessible for all.

Clare Feeney-Johnson Community Hub Manager

Clare started working for Springfield earlier this year. Clare spent twelve years as an elected member for all three tiers of local government holding cabinet positions championing local community needs. Previously Clare worked with vulnerable young people helping them become independent with structured professional support, meeting their individual needs.

Clare is committed to providing a service which supports service users to empower their own internal resources, develop their self-awareness, fostering resilience and enabling them to make long-lasting positive life changes. Clare has strong links across the whole community.

Kelly Doyle Refuge Manager

In my professional life I worked in business management before setting up my own businesses in 2010. I had a reflexive period five years ago after witnessing the impact Domestic Abuse can have on a survivor, children, family, and friends. I chose to go back into education, I retrained in Psychology and mental health, and it fueled the drive to come into the Domestic Abuse sector. I feel privileged to work with survivors and I am inspired everyday by their courage. I began my role at Springfield in late 2021 and I am committed to the growth and development of the charity and the invaluable services they provide.



Winner of the staff art competition

Supporters, funders and donors

Grateful thanks go to the following individuals and organisations for their financial support making delivery of our service possible in 2021-22.

Cumbria County Council

Frieda Scott Charitable Trust

Henry Smith

Charles Goodwin Trust

Charities Trust- Yorkshire BS

Stephenson Trust

Kentdale Charitable Trust

CCF

Sir John Fisher Foundation

The Hilden Trust

Lloyds bank Foundation

Orton Tebay PCC

Garfield Weston

Kendal Quakers

Seba Trust

Global, Make Some Noise

St Cuthberts PCC Kentmere

St Marks Natland

The Waterside Poets

Staveley WI

St John's Church Levens

St James Church PCC

Taylor Newton Hibbert charity

Charles Hayward Foundation

Individual and anonymous donors.

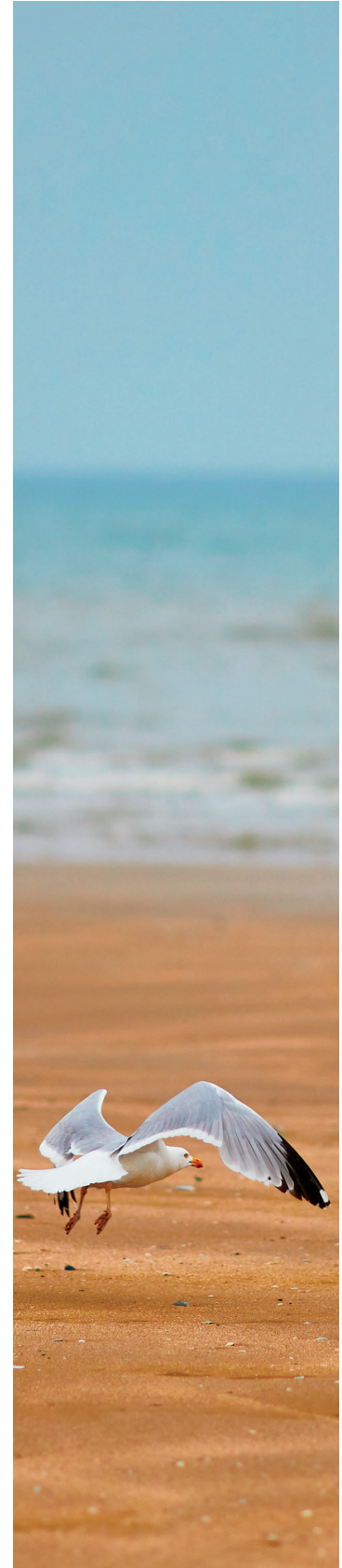
The Hadfield Trust

Dowager Countess Eleanor Peel Trust

The Ashworth Trust

Inner Wheel Kendal

Kendal College



Partners

Cumbria County Council

Cumbria Alcohol and Drug Advisory Service (CADAS)

Cumbria Police

Office of Police and Crime Commissioner (PCC)

Barnardo's

SLDC Homeless Team

Cumbria County Council - Adult and Children's services

Community Mental Health Team

Social Prescribers (GP's)

Victim Support

Health Liaison Officers

Womens Community Matters

South Lakes Housing



Chair of trustees report

During the year April 2021-March 2022 COVID restrictions continued to affect the charity and its work.

The staff continued to adapt as needed to the changing situation during the COVID pandemic. Towards the end of the year 2021 a number of staff left for personal reasons and the trustees focused on employing new staff to take the charity and its work forward. We are grateful to Karen Greenhow and staff at Women's Community Matters in Barrow who have supported the charity during this time of change.

The trustees looked at its own governance working with the assistance of Kate Welch. Kate was supporting the board through the generosity of a Lloyds foundation COVID grant. She is continuing that work through 2022.

The work continued to transfer the property assets from the old charity. We had help of Milne Moser Solicitors and await the Land Registration for the transfer to be complete. Unfortunately, the Land Registry timescale is about a year for this to be finalised.

Through 2021 the trustees continued to meet online and part of our task during the year was to complete a comprehensive salary review. Due to the generosity of funders and wanting to acknowledge the skill and dedication of staff we implemented a salary increase for all roles and backdated that to December 2021.

We had some changes to trustees during the year. Jenny Draper (chair) and Joanna Hodgson (treasurer) stepped down and we are grateful for the support and service they have given to the charity. The Trustees have more than ever this year worked as a team, taking on responsibility for various aspects of the work that has needed to be done.

The coming year April 2022 into 2023 promises to be one where the charity's work will continue to grow and develop with a good staff team and some new trustees on board. Our focus on supporting those affected by domestic abuse will continue for this year and the years to come.

Ruth Crossley
Acting Chair of Trustee Board (from October 2021)

Financial report

During the Financial year of 2022 there have continued to be challenges in relation to covid-19 however there was great support from our Donors. The continuation of the charity work and delivery of services has only been possible due to the grants received and because of the continuous hard work put in by Debra Jessett and A Positive Partnership alongside members of staff and the Trustees.

We are extremely grateful for all donations and support we have received from many local and national organisations as well as all the extra help provided by staff, volunteers and individuals.

Income for the year was £203k which was lower than the previous financial year, but this was as expected following the generosity to help survive covid 19 when it first impacted. Expenditure was £174k which was lower than the previous financial year. Again, this was expected as our main expense of salaries was lower due to reduced staffing levels and then this level of staffing was prolonged due to delays in recruiting, particularly in key roles. We were pleased to appoint a community hub manager in March 2022 in Clare Feeney Johnson and also post year end appoint a chief executive in Victoria O'Callaghan-Lake. This has resulted in additional recruitment fees and also a greater investment in staff training and welfare, which will also continue into financial year 2023.

Springfield Domestic Abuse Support in South Lakeland has ended the financial year ending March 22 with a cash asset of £133k. The cash funds are made up of an Unrestricted balance of £126k and Restricted balance £7k.

The Restricted cash funds of £7k are to continue to deliver services over the next financial year, these are mainly in relation to the Community Service (Freya project and Educational group work), but also to fund activities at the refuge.

The Unrestricted cash funds of £126k, after deducting the unrestricted liabilities (mainly deferred income) result in unrestricted reserves of £95k. These provide the charity with security needed for the future and meet the reserves policy that had been set and it will help to cover core costs at both the community hub and the refuge.

Statement of Financial activities

Springfield Domestic Abuse Support South Lakeland

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	Year ended 31.3.22 Total funds £
INCOME				
Incoming resources from				
Charitable activities				
Voluntary income	2	9,534	-	9,534
Trust and grant income	3	129,000	14,172	143,172
Other charitable income	4	51,036	-	51,036
Transfer from unincorporated charity		39,830	33,502	73,332
Investment income		23	-	23
Total income and endowments		229,423	47,674	277,097
EXPENDITURE				
Charitable activities	5	74,975	34,003	108,978
Overheads	6	59,022	6,202	65,224
Total expenditure		133,997	40,205	174,202
NET INCOME/(EXPENDITURE) FOR THE YEAR BEFORE TRANSFERS		95,426	7,469	102,895
Gross transfers between funds		-	-	-
Net income/(expenditure) for the period		95,426	7,469	102,895
RECONCILIATION OF FUNDS				
Total funds brought forward		-	-	-
TOTAL FUNDS CARRIED FORWARD		95,426	7,469	102,895

Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

Balance Sheet

At 31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £
CURRENT ASSETS				
Debtors	8	12,070	-	12,070
Cash at bank and in hand		<u>125,989</u>	<u>7,469</u>	<u>133,458</u>
		138,059	7,469	145,528
CREDITORS				
Amounts falling due within one year	9	(42,633)	-	(42,633)
NET CURRENT ASSETS/(LIABILITIES)		<u>95,426</u>	<u>7,469</u>	<u>102,895</u>
NET ASSETS		<u>95,426</u>	<u>7,469</u>	<u>102,895</u>
FUNDS	11			
Unrestricted funds				95,426
Restricted funds				<u>7,469</u>
TOTAL FUNDS				<u>102,895</u>

These financial statements were approved by the trustees on 30/09/22 and were signed on its behalf by:


S Tomlinson
 Trustee

CEO's report

Firstly I would like to introduce myself, my name is Tori and I joined Springfield in September 2022 as the new CEO. I have worked across Greater Manchester in both the VAWG and homeless sector for the past 15 years and am excited and enthused to now be working in Cumbria.

If you read our last years annual report it will come of no surprise to you that Springfield has undergone some changes over the past 12 months, but what remains the same is our commitment and dedication to supporting victims and survivors of domestic abuse. I am very proud to be working alongside very passionate and dedicated staff and trustees, and am confident that Springfield will go from strength to strength whilst keeping victims and survivors at the centre of everything we do.

I know I speak for us all when I say we are excited for the future of Springfield and to be a part of the changes.



Our services

We are the only dedicated women's refuge in Cumbria. Our small, highly skilled and dedicated team provides tailored support for every woman. Alongside our small professional team are amazing volunteers who greatly extend our service. Our aim is to help empower survivors to retake control of their lives, living independently and abuse-free.

We offer accommodation to women who are homeless due to domestic abuse. The women that stay with us often have additional needs - alcohol dependency, debts resulting from financial abuse and various mental health issues that are often present alongside the trauma of being a high risk victim of domestic abuse.

When leaving Springfield, women can face new challenges and increased risks. For instance, living in their own accommodation can be daunting. Our outreach service means we are still there to help when they move on. We work to ensure that they do not fall back into the cycle of disadvantage and homelessness. Women are referred to us by the police, domestic abuse services, social services and housing amongst others, although well over half self refer.

SPRINGFIELD COMMUNITY SERVICES:

We offer grass roots community services in South Lakes providing tailored support to women (and a small number of men) who have experienced, or are still experiencing, domestic abuse.

Between April 2020 and the end of March 2021 we have received 104 referrals and of those we carried out 92 welcome meetings as new clients into the hub which is approximately 7 new referrals a month.

The community service is fully reliant on donations from individuals, trusts and organisations. We provide the following services:

One to One Support: We have had 54 people access our 1 to 1 service over the year, with the average number of sessions being 6.

Recover and Discover Programme:

In 2021/22 we delivered the Recover and Discover course to 21 women, The Recover and Discover Course is for anyone who has experienced Domestic Abuse. The course is 6 sessions run over 6 weeks, each session focuses on a different topic, we explore the intentions of abusive behaviour, the importance of boundaries, the effects of abuse on us and our children, automatic negative thinking, and raising self-esteem. The course is interactive, and a great way to connect with other survivors, and find support. The aim of the course is to raise awareness of Domestic Abuse, and develop skills to help the participants develop healthy happy relationships with everyone in their lives.

Groups:

We currently offer a range of groups through our community hub including a weekly peer support groups, creative writing groups and mindfulness sessions. The groups are available to women in the community and also women that are staying at our Refuge.

All service users both past and present can attend these groups as they are a way of reducing isolation and provide a safe space for women to talk and express their feelings in a nurturing environment.



Case study

Eve (not her real name) had been completely stripped of who she was and said she felt utterly hopeless and suicidal. The abuse caused Eve to have a nervous breakdown and she was admitted to hospital. A family member made the necessary phone calls to get a referral made to Springfield. Eve said she does not recall the exact conversations as she was so severely traumatized, she could not think, speak or act rationally

The family member called Springfield direct and was given advice about the referral process, safeguarding - and Eve arrived at the refuge safely.

Eve says: The 1-to-1 support of staff at Springfield gave me security and made me feel safe. The counselling really helped as it was great to talk to someone who didn't know me and I could talk openly and they would listen.

The Springfield community group was definitely the most helpful. It was a lightbulb moment and I was finally able to understand what had happened to me. I was educated in rumination, trauma bonds, boundaries, subjects I'd never heard of. I also built new friendships with women who had been through similar situations and had a better understanding of how I felt. It also makes you realize it's not just you it happens to, so you don't feel as alone or stupid. The course left me empowered, educated and inspired by other strong women.

I feel like I've got a future and there is hope. I am positive in my outlook and I also have a better understanding of what's happened to me and the reasons behind it. The skills I've learnt such as putting in boundaries, self-care and expressing myself through being creative are lifelong lessons now and I will enjoy putting them into practice.

I will be forever grateful to Springfield and all the support I've received as I finally have a future and I'm really looking forward to it.



I am a survivor; I know all ninety-nine words of love.
Love that's like a light summers breeze, whispered in your ear.
Love that quickens your heart,
Love which flutters in your stomach,
Love that encompasses you without a hint of uncertainty.
Love that is selfless and blind.
I know why the sky is blue on a summer's day.
Why a smooth pebble held in the hand is comforting;
Why the golden light of the setting sun is my favourite hour;
Why my heartbeat slows on cold winter swims;
Why sloe berries are summers sweetest fruit when soaked in gin.
Why at solstice the sun appears to stand still.
Why hearts are healed by a kitten's purr.
I know how fear steals your voice,
I know the bittersweet taste of melancholy and doleful sorrow;
I know the colour of despair and desolation:
I know the exact number of times your heart can be pierced before it breaks.
I know the joy of the first day of spring.
Why Putin began a war that no one will win.
Why trees communicate via the wood wide web.
Why a Robins breast is scarlet red.
I have been a timid brown mouse.
A paint brush in shaking hands;
A bird, a bone, a hot copper kettle that's ready to blow.
A warm wool shawl weaved in a place I call home.
I have been teardrops that become ripples and flow to the sea.
I have climbed mountains where the ground shakes beneath me.
I have stared into the eye of a shark without fear.
Yet I still trembled when you were near.
I have been lost; I have been found.
I am a survivor; I know all ninety-nine words for love.



Words and art by a Springfield client.

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2022
for
Springfield Domestic Abuse Support in South Lakeland

Springfield Domestic Abuse Support in South Lakeland

Contents of the Financial Statements
for the Year Ended 31 March 2022

	Page
Report of the Trustees	1 to 3
Statement of Trustees Responsibilities	4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 14

Report of the Trustees
for the Year Ended 31 March 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' effective 1 January 2019.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1191650

As at 31.03.2021 all assets and Liabilities were transferred from registered charity number 231434

Business Address

Stricklandgate House
92 Stricklandgate
Kendal
LA9 4PU

Trustees

A Aldridge	Resigned 30 March 2022
N Brown	Resigned 6 June 2022
Reverend RJ Crossley	
J Draper	Resigned 28 October 2021
J Hodgson	Resigned 28 October 2021
PA Houghton	Resigned 7 July 2022
S Rockliffe	Appointed 15 June 2022
E Slater	Appointed 19 April 2022
S Tomlinson	
S Wilkinson	Appointed 26 May 2022

OBJECTIVES AND ACTIVITIES

Objectives and aims

Springfield provides accommodation and outreach services for women who are in insecure or unsafe housing or who are homeless and are ready to make changes in their lives. We offer practical help to learn life skills, understand what a good relationship is, and help rebuild self-esteem and enable the women to become financially independent. We also deliver training and awareness raising sessions.

Public benefit

The trustees have had due regard to guidance published by the Charity Commission on public benefit.

Report of the Trustees
for the Year Ended 31 March 2022

ACHIEVEMENT AND PERFORMANCE

CHAIRS REVIEW

During the year April 2021-March 2022 COVID restrictions continued to affect the charity and its work.

The staff continued to adapt as needed to the changing situation during the COVID pandemic. Towards the end of the year 2021 a number of staff left for personal reasons and the trustees focused on employing new staff to take the charity and its work forward. We are grateful to Karen Greenhow and staff at Women's Community Matters in Barrow who have supported the charity during this time of change.

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Ruth Crossley

Acting Chair of Trustee Board (from October 2021)

FINANCIAL REVIEW

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Report of the Trustees
for the Year Ended 31 March 2022

Reserves policy

The reserves policy is calculated to accommodate a 6-month gradual wind down of the charity in the event of lack of available funding support to deliver services. It would cover salaries, rent, utilities, redundancy and removal/relocation costs. Our reserves policy is currently set at £67k. As at the 31 March 2022 our unrestricted reserves were £95k so are greater than the required level and as well as providing us with stability and security, they can help to shape the charity for the future and build on the services that we provide. The Trustees were satisfied with the level of reserves at the year end.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity was registered on 6 October 2020, it operates as a CIO and is controlled by its governing document. It began operating on 1 April 2021 when all assets and liabilities were transferred from the unincorporated charity (number 231434) as at 31 March 2021.

Recruitment and appointment of new trustees

There is a documented process for recruitment, induction and training for trustees that includes terms of reference and a documented job role and responsibilities. This gives prospective trustees a clear understanding of the role and expectations. Vacancies are advertised, including any specific skills, experience or knowledge required. Candidates are interviewed by at least 2 trustees, one of which is the chair or treasurer. The trustees who conduct the interview make a recommendation to the board, based on suitability, skills etc. Training offered to new trustees includes a DBS check and safeguarding as a minimum.

Risk Management

To mitigate risk in the charity there is a documented risk register identifying Financial, Operational, External and Governance related risks. The trustees and Manager review this on a quarterly basis to understand if the risk level has changed. There are also actions that take place to mitigate or reduce the risk level and impact, this is also reviewed by the trustees and manager quarterly.

From a safeguarding point of view, all prospective clients are interviewed to determine risk before a referral takes place, this ensures staff safety and wellbeing.

Statement of Trustees Responsibilities
for the Year Ended 31 March 2022

The Trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102), effective 1 January 2019;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the governing document. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Trustees Report and Trustees responsibilities signed on behalf of the Board of Trustees on 30 August 2022


.....

Reverend RJ Crossley
Trustee

Independent Examiner's Report to the Trustees of
Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2022 which are set out on pages 6 to 14.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Having satisfied myself that the financial statements of the charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with relevant accounting requirements other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Charities Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Helen Holmes FCA
ICAEW**

Stables Thompson & Briscoe
Chartered Accountants and Registered Auditor

Date: 6/9/2022

Springfield Domestic Abuse Support South Lakeland

Statement of Financial Activities
for the Year Ended 31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	Year ended 31.3.22 Total funds £
INCOME				
Incoming resources from				
Charitable activities				
Voluntary income	2	9,534	-	9,534
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		95,426	7,469	102,895
Gross transfers between funds				
		-	-	-
Net income/(expenditure) for the period				
		95,426	7,469	102,895
RECONCILIATION OF FUNDS				
Total funds brought forward				
		-	-	-
TOTAL FUNDS CARRIED FORWARD				
		95,426	7,469	102,895

Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

Balance Sheet
At 31 March 2022

	Notes	Unrestricted fund £	Restricted fund £	31.3.22 Total funds £
CURRENT ASSETS				
Debtors				
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		<u>125,989</u>	<u>7,469</u>	<u>133,458</u>
		138,059	7,469	145,528
CREDITORS				
Amounts falling due within one year	9	(42,633)	-	(42,633)
NET CURRENT ASSETS/(LIABILITIES)		<u>95,426</u>	<u>7,469</u>	<u>102,895</u>
NET ASSETS		<u>95,426</u>	<u>7,469</u>	<u>102,895</u>
FUNDS				
Unrestricted funds	11			95,426
Restricted funds				<u>7,469</u>
TOTAL FUNDS				<u>102,895</u>

These financial statements were approved by the trustees on 30/09/22 and were signed on its behalf by:


S Tomlinson
Trustee

I. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS102) (effective 1 January 2019) – (Charities SORP (FRS102)).

Springfield Domestic Abuse Support South Lakeland meets the definition of a public entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transactional value unless otherwise stated in the relevant accounting policy note(s).

The financial statements are prepared in sterling which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income, it is reasonably certain it will be received and the amount can be quantified with reasonable accuracy. Any income which is for use in a future period is deferred to that period.

Donations, interest, and other income are accounted for when receivable.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings, they have been allocated to activities on a basis consistent with the use of resources.

Pension

The charity operates a defined contribution pension scheme.

Taxation

The charity is exempt from income tax on its charitable activities.

The charity is not able to recover Value Added Tax (VAT). Expenditure is recorded in the accounts inclusive of VAT.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds are unrestricted funds which the trustees have put aside for a specific use.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in note 12 to the financial statements.

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

2. VOLUNTARY INCOME

	Year ended 31.3.22
	£
Individual donations	4,982
Church donations	730
Trust & business donations	<u>3,822</u>
	<u>9,534</u>

3. TRUST AND GRANT INCOME

	£	£	Year ended 31.3.22 £ Total
	Unrestricted	Restricted	
Government grants			
PCC for Cumbria	-	-	-
South Lakeland District Council	-	-	-
Non -government grants			
Henry Smith	25,000	-	25,000
Lloyds	25,000	-	25,000
Stephenson Trust	20,000	-	20,000
Frieda Scott Trust	15,000	-	15,000
Cumbria CCF	-	14,172	14,172
YWCA Kendal Limited	12,000	-	12,000
Sir John Fisher	20,000	-	20,000
Dowager Trust	7,000	-	7,000
The Hadfield Trust	5,000	-	5,000
Lakeland Limited	-	-	-
Hilden Trust	-	-	-
Ashworth Trust	-	-	-
National Lottery	-	-	-
	<u>129,000</u>	<u>14,172</u>	<u>143,172</u>
TOTAL	<u>129,000</u>	<u>14,172</u>	<u>143,172</u>

4. OTHER CHARITABLE INCOME

	Year ended 31.3.22 £
SLDC Housing Benefit	17,688
CCC Supporting People	27,882
Service charge	1,020
Student income	-
Employment Allowance	4,000
Coronavirus Job Retention Scheme	-
Sundry income	<u>446</u>
	<u>51,036</u>

The above income is all unrestricted.

5. CHARITABLE ACTIVITIES EXPENDITURE

	Year ended 31.3.22
	£
Staffing costs (note 7)	90,904
Interim manager	2,568
Household costs	464
Client travel	63
Activities	675
Moving In Moving Out (MIMO)	45
Educational group work	11
Other direct expenses	899
Counselling	<u>13,349</u>
	<u>108,978</u>

6. OVERHEAD EXPENDITURE

	Year ended 31.3.22
	£
Rent	7,594
Utilities	6,337
Maintenance	8,390
Legal & professional fees	6,035
Accountancy fees	8,412
Consultancy fees	2,482
Staff training & welfare	6,405
Staff recruitment	1,691
Staff travel	-
Independent examiner's fee	270
Fundraising costs	-
Marketing	168
Insurance	6,875
Phone and internet	2,980
Administration	5,529
Other	<u>2,056</u>
	<u>65,224</u>

7. STAFF COSTS

	Year ended 31.3.22
	£
Wages and salaries	82,871
Employers National Insurance	6,086
Pension contributions	<u>1,947</u>
	<u>90,904</u>

The average number of employees in the year ended 31 March 2022 was 6.

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	At 31.3.22
	£
Prepaid expenditure	6,477
Accrued income	5,593
PAYE debtor	-
	<u>12,070</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	At 31.3.22
Trade creditors	£
Accruals	4,489
Pension	2,798
Deferred income (note 10)	346
	<u>35,000</u>
	<u>42,633</u>

10. DEFERRED INCOME

	At 31.3.22
Balance transferred at 1.4.21	£
Amount released to Statement of Financial Activities	62,172
Deferred income received in year	(62,172)
	<u>35,000</u>
Balance at 31 March	<u>35,000</u>

Deferred income comprises of grants received in advance for projects spanning the year end or in the next year.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

11. FUNDS

	Transferred at 1.4.21	Net movement in funds from activities	Transfers between funds	At 31.3.22
	£	£	£	£
Unrestricted funds				
General funds below	39,830	55,596	-	95,426
Restricted funds				
Restricted funds below	33,502	(26,033)	-	7,469
TOTAL FUNDS	73,332	29,563	-	102,895

Net movement in funds, included in the above are as follows:

	Transferred at 1.4.21	Incoming resources	Expenditure	Transfers between funds	Carried forward at 31.3.22
	£	£	£	£	£
Unrestricted funds					
<i>General fund</i>					
Refuge	14,068	54,613	(4,688)	-	63,993
Community	25,762	5,980	(7,762)	-	23,980
YWCA	-	12,000	(12,000)	-	-
Frieda Scott	-	15,000	(15,000)	-	-
Stephenson Trust	-	20,000	(12,547)	-	7,453
Sir John Fisher	-	20,000	(20,000)	-	-
Lloyds	-	25,000	(25,000)	-	-
Dowager	-	7,000	(7,000)	-	-
Henry Smith	-	25,000	(25,000)	-	-
Hadfield Trust	-	5,000	(5,000)	-	-
	39,830	189,593	(133,997)	-	95,426
Restricted funds					
MIMO	374	-	(374)	-	-
CCF – educational group work	2,572	-	(11)	-	2,561
Activities	2,730	-	(675)	-	2,055
Stephenson Trust	5,593	-	(5,593)	-	-
PCC Freedom Project	4,884	-	(4,884)	-	-
Domestic Abuse Worker	8,000	-	(8,000)	-	-
CCF – iPads, training & media	348	-	(348)	-	-
Ashworth Trust	4,000	-	(4,000)	-	-
YWCA	5,001	-	(5,001)	-	-
CCF Freya Project	-	10,172	(7,319)	-	2,853
CCF Recover and Discover Project	-	4,000	(4,000)	-	-
	33,502	14,172	(40,205)	-	7,469
TOTAL FUNDS	73,332	203,765	(174,202)	-	102,895

11. FUNDS (Continued)

The named funds above are for the following purposes:

YWCA – £12,000 was given as an unrestricted grant towards the charity's core costs. The brought forward fund was for maintenance and repairs for the flat roof and refuge building.

Frieda Scott – towards Community hub core costs.

Stephenson Trust – £20,000 was granted towards the Community hub core costs. The funding brought forward was for part time salary costs for a support worker at the Community hub.

Sir John Fisher – towards Refuge core costs.

Lloyds - an unrestricted grant towards the charity's core costs

Dowager – this was from The Dowager Countess Eleanor Peel Trust for the Community hub core costs.

Henry Smith – this was to cover salary costs for the Refuge. There was also a small designated fund brought forward for the same purpose.

Hadfield Trust - towards Community hub core costs.

MIMO - made up of several small donations – moving in and moving out costs.

CCF – educational group work – Donated in FY2018 from Cumbria Community Foundation.

Activities – There was £2k donated by Greggs for activities in FY2018. The use of this has been delayed due to covid and low numbers of women in the refuge.

PCC Freedom Project – for core costs, salaries and training in relation to the freedom project.

Domestic Abuse Worker – from Cumbria Community Foundation & South Lakeland District Council.

CCF – iPads, training & media – Specific COVID 19 funding to support Springfield with IT equipment, specialist training for staff and funding around social media and campaigns.

Ashworth Trust – for an extension of the Freedom Project.

CCF Freya Project - The Freya Project provided specialist trauma-informed counselling sessions to women who had experienced domestic abuse and had accessed support either at the Refuge or Community Services.

CCF Recover & Discover Project – was a 6-week course for survivors of domestic abuse. It was to raise awareness of domestic abuse and develop skills to help the participants develop healthy, happy relationships.

12. TRUSTEES' REMUNERATION, BENEFITS AND TRANSACTIONS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid in the year ended 31 March 2022.

13. ULTIMATE CONTROLLING PARTY

There is no single ultimate controlling party of the charity throughout the current year.

14. TAXATION

As a charity, Springfield Domestic Abuse Support South Lakeland, is exempt from tax on income and gains falling within sections 472-474 of the Corporation Tax Act 2010, sections 478-489 of the Corporation Tax Act 2010, or section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

15. CONTINGENT LIABILITIES

There were no contingent liabilities as at 31 March 2022.

Independent Examiner's Report to the Trustees of
Springfield Domestic Abuse Support South Lakeland (Registered Charity number: 1191650)

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2022 which are set out on pages 6 to 14.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

Having satisfied myself that the financial statements of the charity are not required to be audited and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with relevant accounting requirements other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Charities Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Helen Holmes FCA
ICAEW

Stables Thompson & Briscoe
Chartered Accountants and Registered Auditor

Date: 6/9/2022