



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	April	2023		31	March	2024

Section A Reference and administration details

Charity name	Somali Health Exchange
Other names charity is known by	SHE
Registered charity number (if any)	1191571
Charity's principal address	(Correspondence address) ISRAAC centre, Vestry Hall, 54 Cemetery Road, Sheffield
Postcode	S11 8FP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amina Ibrahim			
2	Amal Saleh			
3	Asha Abdillahi			
4	Sawsan Abdillahi			
5				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

How the charity is constituted

Charitable Incorporated Organisation (CIO)

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

We continue to focus on building the charity's foundations. Trustees are volunteers who are committed to delivering on the charity's aims of building capacity through knowledge exchange.

Although the charity benefits from the support of a pool of volunteers, it relies on the Chair and Trustees for core planning, project delivery and governance. Trustees have begun to consider how best to share project delivery responsibilities.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

In summary they are to:

- Increase capability of healthcare in Somaliland: Knowledge share, on the job development and exchange of ideas
- Raise funds for equipment and consumables
- Create sustainable opportunities for young Somaliland Healthcare Professionals (HCPs).

The charity aims to develop and improve the capability of healthcare in Somaliland via in-country travel to carry out the following activities:

- Face to face training sessions for healthcare workers in hospitals and medical & nursing students in universities
- Workshops for HCPs providing training for 'soft skills' such as communication and teamwork
- Train the trainer programmes for nominated Champions to ensure the training that is provided is embedded and sustained.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Over the year **1 April 2023-31 March 2024**, our activities have focused on recruiting and re-engaging volunteers for the next in country knowledge exchange. The planning, review and monitoring stages are critical for the safe delivery of our objectives. After deferring a planned trip twice due to regional instability in the previous period; we were able to conduct a successful in-country visit 1July 2023-16 July 2023

This trip saw 8 professionals recruited, hosted and who volunteered their expertise.

They were made up of surgeons, a doctor with expertise in medical education, operating department practitioner, nurse and project management leads (planning, risk and capacity).

Training was undertaken with local partner sites in 3 cities, Hargeisa, Burao and Borama. Engagement and scoping meetings took place in our fourth partner city, Berbera.

This trip focused on 3 distinct training elements, basic life support, care of the critically ill patient and basic surgical skills training.

A fourth element of the trip was a blood donation information evening and blood type testing in partnership with a local university and phlebotomy team.

Total number of trainees (BLS and management of critically ill) = 314

Total number of attendees – Blood donation awareness, blood type testing workshop = 71 university students

Importance of local partnerships

Our work could not take place without the support of our local partners. Be it the local university, public hospital or key stakeholders. These relationships mean our training can be tailored to local needs and students can be released to join our training.

Engaging volunteers

The majority of the charity's volunteers are healthcare professionals who are employed by the NHS. They have full careers and individual commitments. Despite this we have seen continued interest and engagement from potential volunteers.

We have held several informal in-person and virtual meetings with trustees and previous volunteers to understand motivations, explain our methodology and outline plans.

A core component of delivering our work is ensuring we have aligned values, mutual respect and trust. This is important for the volunteer group's work as a team and when engaging in-country stakeholders and partners.

Assessing mutual contributions

We take time to understand each volunteer's skills, specialism/specialist interest, the contributions they can make and the buddy system we can employ both ahead of time and in-country. Whilst we have a broad base of clinical and professional expertise. Each volunteer is at a different point in their professional development journey. We make every effort to support them to refine and/or develop new skills through planning or leading a session, supporting colleagues in training delivery, as they sourcing technical equipment/teaching materials. For this reason each trip has had a slightly different clinical and professional skills base.

Planned visits and safeguarding measures

The safety and wellbeing of our volunteers is paramount and we take every precaution available to us.

Collection of consumables

The charity gathered and consolidated several groups of donated goods and consumables to be used in hospitals locally. These items were shipped to

coincide with the team's arrival. This allowed us to safely divide up and repackage goods for distribution at each location and avoid further onward distribution costs. Once we arrived in country we were able to hand-deliver donated goods to assist with surgery for example knowing these donated goods would be put to good use by those responsible for these hospital departments.

Trustees also held Trustee meeting during the period. Trustees carefully monitored the in-country public health reports throughout this period. A number of outbreaks of concern were reported.

Safe and reliable travel options were carefully monitored throughout (see *Section F*)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Contributions of volunteers is invaluable.

They use their annual leave to volunteer their time and pay their own airfare which increased since the initiative first began informally in 2018.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Recruitment and engagement of volunteers

Through our activities see (*Section c*) we have a pool of 6-8 volunteers with relevant experience, skills-mix and scope to support our objectives.

The main achievements of the 2023 trip is that we have continued to build and improve upon the training we offered through the use of simulation based apps (Sim Man), Virtual reality head sets for Basic Life Support training, using simulation skins to conduct surgical skills training which aids in re-usability and storage and introduction of blood type and blood donation awareness.

The new clinical volunteer pool supplements our existing volunteer pool who donated their time and clinical/project management/comms expertise in Trip 1 (2018) and Trip 2 (2020).

We held online planning meetings to agree scope of the trip, training content, partner sites and logistics with volunteers as well as discuss relevant security updates.

On-boarding volunteers is a significant responsibility and requires due care. We've also worked hard to mentor volunteers as the future leaders in healthcare.

The success of the July 2023 in-country training visit is a credit to the work of volunteers, local partners and trustees.

Disseminated findings of our Summer 2023 trip and broader work:

Section D	Achievements and performance
	<ul style="list-style-type: none"> - Global surgery conference (September 2023) - Hosted a gala dinner to promote the work of SHE to UK health and wider professionals network to support volunteer recruitment and fundraising (November 2023) - Shortlisted Cura-H Awards - Health Education Visionary Awards (March 2024)

Section E	Financial review
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Brief statement of the charity’s policy on reserves

The charity has limited overheads (see correspondence address costs); core costs relate to in-country training delivery. We monitor base funds to ensure feasibility.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity’s principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our charity is funded primarily by individuals through our public donation platform page. These funds enable us to carry out our in-country training which we successfully achieved during the period. It covers the cost of shipping, transporting volunteers to different towns and cities to deliver training first hand and cost of training supplies. Trustees carefully consider offers of donations and partnership working to ensure they align with our values and to mitigate against reputational damage to the charity.

During this financial year, the Trustees also made personal contributions to help cover some procurement expenses, as well as to support the additional costs of the gala dinner held in November 2023.

Despite our best efforts, the charity has struggled to open a bank account to receive its charitable donations and make appropriate expenditure. The reason being that we deliver training and make local payments in Somaliland (for hotels, transport, food). Somaliland is a self-declared republic of Somalia and due to financial regulations placed on Somalia there is a challenge to our operations. Trustees continue to explore all available options.

Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		
Date		



CHARITY COMMISSION
FOR ENGLAND AND WALES

Somali Health Exchange

1191571

Income and expenditure accounts

For the period
from

Period start date
1-Apr-23

To

Period end date
31-Mar-24

Section A Income and Expenditure

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Income					
Donations 01 April 2023 to 31 March 2024	2,845	-	-	2,845	
Fundraising Gala - ticket sales	3,978			3,978	
Interest 01 April 2023 to 31 March 2024	8	-	-	8	-
Trustee donations to pay for Gala expenses	5,068			5,068	
				-	
				-	
				-	
Sub total (Gross income for AR)	11,899	-	-	11,899	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	11,899	-	-	11,899	-
A3 Expenditure					
Office rent	480	-	-	480	-
July 2023 trip expenses	2,150	-	-	2,150	-
Gala expenses	7,986			7,986	
Equipment and consumables for July 2023 trip	2,445			2,445	
				-	
				-	
				-	
	-	-	-	-	-
Sub total	13,062	-	-	13,062	-
A4 Asset and investment purchases, (see table)					
n/a	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	13,062	-	-	13,062	-
Net of receipts/(payments)	1,163	-	-	1,163	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,374	-	-	2,374	-
Cash funds this year end	1,210.70	-	-	1,211	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	n/a	-	-	-
		-	-	-
		-	-	-
	Total cash funds	-	-	-
	(agree balances with receipts and payments account(s))		OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
	n/a	-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	n/a		-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	n/a		-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	n/a		-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	A. Saleh	Amal Saleh	22-Mar-24	