

Charity Registration No.1191503

Afyalife Foundation CIO

**Trustees Report and
Unaudited Financial Statements**

31 March 2022

Afyalife Foundation CIO
Trustees Report and Accounts
For the Year Ended 31 March 2022

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References and administrative Details

Trustees

Michael Epechue (Chair)
Rose Gordon
Nancy Christiano
John Kamara
Irene Kiwia

Charity information

Principal address

Regus Digital World
1 Lowry Plaza
Salford
M50 3UB

Independent Examiners

Modest & Co Financial Services Ltd
189 Greenhill Avenue
Sheffield
S8 7TJ

Bankers

Cashplus

Afyalife Foundation CIO

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Trustees Report

Introduction

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the and Republic of Ireland (FRS 102) (effective 1 January 2019).

Afyalife Foundation was incorporated as a charitable Incorporated organisation 28 September 2020.

Aims and purposes

The advancement of health, including public health, wellbeing and the delivery of Healthcare anywhere in the world by promoting projects to improve health utilising technology, of communities who receive little or no external assistance because of poverty

Objectives and activities

The strategies employed to achieve the charity's aims and objectives are:

- Working in Partnership nationally and Internationally
- Developing and maintaining active partnership with churches and arrange community awareness events
- Attending a variety of events
- Volunteering

Achievements and Performances

Afyalife Foundation since inception, has worked assiduously to maintain its core vision and mission of bridging the gap in the living standards of vulnerable people, families and communities through resourceful impact driven projects, that is sustainable by leveraging on partnerships and other developmental ethos.

As a young charity organisation, we understand that building blocks of partnership with organisations with similar passion for reaching everyone in need would give us the mileage of growth, to reach our target group while maximising our resources both in tangible forms and otherwise. Our projects were patterned with this as our foci vehicle of engagement mostly while we also executed other programs solely.

For the year in view, our programs of activities centred on the areas listed below:

Education

Health

Family Support / Food Bank

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Trustees Report (continued)

Recreation and Social interchange

Executed programs for year 2022

A. Family Support/ Food Bank And Social interchange

Afyalife partnered with Bethel Apostolic life church to deliver Chesterfields Agape Community Festival, held at Eagle club , Littlemoor chesterfield. This year's event brought people from near and far. We welcomed back some familiar faces , who had attended our program the previous year. Many newcomers as well attended the event

Scope and Program Objective :

The thrust of the program/ festival was under our family support/ food bank project which also presented an opportunity for the Chester community to bond and engage with each other.

Target group:

Being a family oriented project , everyone was welcomed both children , young people and adults.

Activities:

It was a fun time for children from the community , who had opportunity of reaching and engaging their peers while the adults enjoyed sitting with each other to bond and share their common humanity. The festival had such activities such as face painting, arts and crafts and bouncy castle as field activity.

Children competed in chest and darts competitions this was enjoyable to see. A local singer entertained the crowd which was thoroughly enjoyed by all, an activity which involved everyone present.

Food bank and buffet:

There was an open buffet table of refreshments for all participants while the participants especially the elderly had a handy bag of food, groceries and other essentials to take home. Score Point : From feedback given by participants, the Chester Community Festival was a lifting delightful event and they all looked out for of it in the coming year. For the adult expenses the elderly, who live alone and not frequently interactive with others in the community, this was an opportunity for inclusion.

Achieved Goals:

Social stimulation and skill development for children

Interaction and understanding for adults and family units

Inclusive platform for elderly

Promotion of mental health balance.

Number of Persons reached: Averagely 90

B. Education

Our Back -Pack School Support project is designed to offer students of low income families and communities, timely help in forms of learning materials, which ensures that they are not improvised in any way with their educational needs. Afyalife foundation Back -Pack support fundraising event brought the community together to raise funds for children education so they can grow and develop and have better education outcomes. This was held at Eagle club , Littlemoor Chesterfield

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Trustees Report (continued)

Target group:

Young children

Support Materials:

The Back Pack for each identified child had a bag of school learning essentials as required by their schools.

C. Health And Mental Wellbeing

Afyalife Foundation also organised a Community health and wellbeing workshop, which focused on understanding mental health, how to support with Autism and challenging behaviours.

This event was held at Eagle club, Littlemoor chesterfield.

Project Activities:

Participants from the community engaged in therapeutic activities, Mindfulness, relaxation and counsellor/advisor .

Target group:

Adults of all age groups who needed support to understand the debilitating effects of mental health issues and challenges

Achieved Goals:

Participants engaged counsellors whose support and understanding lightened their burdens.

Escalated the timely need for help and support once an individual is unable to cope with stress of everyday living.

It helped to lighten the stress of isolation and silent suffering.

D. Family/ Food Support

Afyalife foodbank and coffee morning held at Eagle club , Littlemoor chesterfield every third Saturday of the month. The aim is to provide Food for all needy families and individuals in the local community.

Program Activity

An open barn for food and essential groceries for everyone who needs it.

Action point:

No one should be hungry ,if we can lend a hand. This is our vision of a truly Inclusive vibrant community of colours , where everyone is catered for.

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Trustees Report (continued)

E. Community-Council interphase: Moston Matters Project

Afyalife Foundation worked in collaboration with Manchester City Council and Citizen Advice to drive the initiative into the BAME communities in Moston Manchester , to encourage locals to discuss positive changes and actively participate in building MOSTON as an inclusive community.

This program brought together the community as a unit to share ideas on how to improve the living conditions of the Moston community.

Program Objective:

To champion the drive for an inclusive society irrespective of gender, age, ethnicity, cultural affiliation, social inclinations etc

To provide a platform for all the community including businesses, schools, families and persons to have an open access of understanding and communication

To bring the City Council closer to the people/ community, thereby creating opportunity for impact driven need-to policy framework and implementation.

Other Activities:

There was social easy time through music , dance and entertainment provide by Afyalife Foundation.

Score Point:

All who attended the program from the Moston Community all agreed to the positive impact of the program on the overall growth of the community and looked forward to more activities of same.

Representatives from Moston City Council, Citizens Advice were active stakeholder at the event.

F. Funding And Donations

As any organisation, program execution is primarily dependent on access to funding and consistent charity achievements is determined by whatever funds are available par time.

Most of our programmes were self funded by the directors of the foundation , while we also had support of cash and material support from institutional donors.

Our funders and donors for the year in view are listed hereunder:

Michael Ekpechue

Rose Gordon

John Kamara

AfyaRekod

Adanianlabs

Tesco

Co-Op

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Trustees Report (continued)

Future plans

To continue to develop and deliver our core charity objectives of service to humanity and raising fund to execute all the projects for the year.

Some of our projects in view for the year include but not limited.

2023 projects

Chesterfield Community Festival

Mens mental health and impact on family

Mental health

Climate change and Wellness

Education initiative/ School Backpack Project

Health/ Health Tech summit

Food Bank for the needy

Coffee Morning for elderly

Manchester City Council. Moston Matters 2nd Edition.

Save the planet: Collaborate on a project to support inclusion and regeneration by planting trees.

Statement of Trustees` responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to do so.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

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Trustees Report (continued)

Public benefit statement

All of our activities are carried out in support of our charitable objects. We believe that our work in support of these objects clearly delivers benefit. We have referred to the guidance in the Charity Commission's general guidance on Public Benefit when reviewing our aims and objectives and in planning our future activities and in particular the advancement of religion.

Financial Review

Total receipts on ordinary unrestricted funds in 2022 was £3,503 (2021:£14,300) and are detailed in the financial statements.

Expenditure on charitable activities in 2022 was £3,475 (2021:£14,300).

The net result for the year was a surplus of £28 in 2022(2021:£Nil) and adding bank and deposit balances brought forward at the beginning of the year, the balances carried forward at the 31 March 2022 for unrestricted funds totalled £28(2021:£Nil)

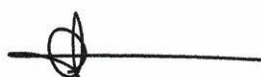
Reserves Policy

The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted an, designated funds and tangible fixed assets. Transfer to and from funds are authorised by the Trustees acting as a whole.

Risk Management

The trustees have examined the major risks which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risk.

Approved by the Board of Trustees in January 2023 and signed on their behalf by:-



Michael Ekpechue (Jan 30, 2023 13:32 GMT)

Michael Ekpeche -Chair

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Independent examiner's report to Afyalife Foundation

I report on the accounts of the charity for the year ended 31 March 2022 which are set out on pages 11 to 14

Respective responsibilities of the Committee and the examiner

The charity's trustees are responsible for the preparation of accounts. The charity's trustees consider that an audit is not required for this year section 144(2) of the charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 act; and
- To state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts, which accord with the accounting records and comply with the requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Donovan Modest

Donovan St H Modest ACIS
Modest & Co Financial Services Ltd
189 Greenhill Avenue
Sheffield, S8 7TJ

January 2023

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Statement of Financial Activities

	Notes	Unrestricted Fund	Total Funds	Total Funds
		31 March 2022	31 March 2022	7 Months ended 2021
		£	£	£
INCOME FROM:				
Donations	2	3,503	3,503	16,300
TOTAL INCOME		3,503	3,503	16,300
EXPENDITURE				
Charitable activities	3	3,475	3,475	16,300
TOTAL EXPENDITURE		3,475	3,475	16,300
NET INCOME/(EXPENDITURE) BEFORE TRANSFERS		28	28	-
RECONCILIATION OF FUNDS				
Total funds brought forward		-	-	-
TOTAL FUNDS CARRIED FORWARD		28	28	-

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Balance Sheet as at 31 March 2022

		31 March 2022	31 March 2021
	Notes	£	£
CURRENT ASSETS:			
Cash at bank and in hand		28	400
CURRENT LIABILITIES:			
Amount falling due within one year	5	-	400
NET ASSETS		28	-
CHARITY FUNDS			
Unrestricted Funds		28	-

The notes on pages 12 to 14 form part of these financial statements

Accounts approved by the trustee in January 2023 and signed on their behalf by:-


 Michael Ekpechue (Jan 30, 2023 13:32 GMT)

Michael Ekpeche -Chair

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Notes to the financial statements

1 Accounting Policies

a) Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention

b) Income and Expenditure

All income and expenditure is accounted for on an accrual basis.

c) Fund Accounting

The unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity.

There are no restricted funds held by the Charity

d) Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation.

Fixed assets are capitalised in the accounts where their initial cost is a value of £200 and greater, items lower than this amount are expended through the Statement of Financial Activities.

Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings & Office Equipment	25% straight line
Laptops & Computer	20% straight line
Motor Vehicles	25 % Reducing balance

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Notes to the financial statements

2. Donations and legacies

	Unrestricted Funds 2022 £	Total Funds 2021 £
Donations	3,503	16,300
Total	3,503	16,300

3. Charitable activities

	Unrestricted Funds 2022	Total Funds 2022	Total Funds 2021
Consultancy Fees	-	-	800
Independent Examiner Fees	-	-	400
Marketing & Advertising	3,475	3,475	2,700
Rent	-	-	5,000
Resources	-	-	400
Foodbank	-	-	1,000
Healthcare	-	-	1,000
Humanitarian	-	-	5,000
Total	3,475	3,475	16,300

5. Creditors: amounts falling due within one year

	Unrestricted Funds 2022	Total Funds 2021
Creditors: amounts falling due within one year(Accountant's Invoice)	-	400
Total	-	400