

# AFYALIFE FOUNDATION

England & Wales - Charity number 1191503

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2020-09-28

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Afyalife Foundation  
Regus Digital World  
1 Lowry Plaza  
The Quays  
Salford  
M50 3UB

**Phone** 07405230017

**Email** [micog81@hotmail.com](mailto:micog81@hotmail.com)

## Activities

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**Objects:** A)THE ADVANCEMENT OF HEALTH, INCLUDING PUBLIC HEALTH, WELLBEING AND THE DELIVERY OF HEALTHCARE ANYWHERE IN THE WORLD BY PROMOTING PROJECTS TO IMPROVE HEALTH UTILISING TECHNOLOGY, OF COMMUNITIES WHO RECEIVE LITTLE OR NO EXTERNAL ASSISTANCE BECAUSE OF POVERTY.B)THE PREVENTION OR RELIEF OF POVERTY OR FINANCIAL HARDSHIPS ANYWHERE IN THE WORLD BY PROVIDING OR ASSISTING IN THE PROVISION OF EDUCATION, TRAINING, HEALTHCARE PROJECTS AND ALL THE NECESSARY SUPPORT DESIGNED TO ENABLE INDIVIDUALS TO GENERATE SUSTAINABLE INCOME AND BE SELF SUFFICIENT.C)TO PROVIDE GRANTS AND OTHER FINANCIAL ASSISTANCE TO ANY INDIVIDUALS AND TO ORGANISATIONS WHOSE AIMS INCLUDE THE ADVANCEMENT OF EDUCATION OR HEALTHCARE OF THOSE IN NEED.

**Activities:** Healthcare promotion and research; Women and girl empowerment program -Teenage mum's empowerment project; Sport games to bring the public together; Agriculture promotion; Environment; Relief of Poverty;Economic Empowerment;Energy;Education;Technology;Food and Nutrition.

## Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Environment/conservation/heritage, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£2,000	£1,211	-	-
2024-03-31	£569	£569	-	-
2023-03-31	£1,373	£311	-	-
2022-03-31	£3,503	£3,475	-	-
2021-03-31	£16,300	£16,300	-	-

## Trustees

Name	Role	Appointed
Chukwunonso Ndubuisi Ekpo		2021-05-19
Irene Kiwia		2021-07-01
John Kamara		2021-07-01
Michael Ekpechue		2020-09-28
Nancy Christiano		2021-07-01
Rose Gordon		2025-09-01

**AFYALIFE FOUNDATION**

England & Wales - Charity number 1191503

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# Accounts

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**Charity Registration No.1191503**

**Afyalife Foundation CIO**

**Trustees Report and  
Unaudited Financial Statements**

**31 March 2025**

**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2025**

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**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2025**

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**References and administrative Details**

**Trustees**

Michael Epechue (Chair)  
Rose Gordon  
Nancy Christiano  
John Kamara  
Irene Kiwia

**Charity information**

Principal address

Regus Digital World  
1 Lowry Plaza  
Salford  
M50 3UB

Independent Examiners

Modest & Co Financial Services Ltd  
189 Greenhill Avenue  
Sheffield  
S8 7TJ

Bankers

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**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2025**

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## **Trustees Report**

### **Introduction**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the and Republic of Ireland (FRS 102) (effective 1 January 2019).

Afyalife Foundation was incorporated as a charitable Incorporated organisation 28 September 2020.

### **Aims and purposes**

The advancement of health, including public health, wellbeing and the delivery of Healthcare anywhere in the world by promoting projects to improve health utilising technology, of communities who receive little or no external assistance because of poverty

### **Objectives and activities**

The strategies employed to achieve the charity's aims and objectives are:

- Working in Partnership nationally and Internationally
- Developing and maintaining active partnership with churches and arrange community awareness events
- Attending a variety of events
- Volunteering

### **Achievements and Performances**

#### **1. Introduction**

This report provides an overview of the performance, governance, and contribution of the Trustees of Afyalife Foundation during the period March 2024 to March 2025. It outlines how Trustees have fulfilled their legal, strategic, and fiduciary responsibilities in support of the Foundation's mission to improve wellbeing, reduce inequality, and support marginalised communities.

#### **2. Governance and Oversight**

During the reporting period, the Trustees demonstrated strong governance and oversight by:

Ensuring compliance with the Charity Commission's governance requirements and charity law  
Upholding Afyalife Foundation's constitution, policies, and charitable objectives

Providing strategic direction aligned with the Foundation's mission and values  
Monitoring risk, safeguarding, and financial sustainability

Trustees met regularly (formally and informally) to review progress, address emerging challenges, and support operational delivery.

**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2025**

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**Trustees Report (continued)**

**3. Strategic Leadership and Direction**

Trustees played an active role in shaping and guiding the Foundation's strategic priorities. Key areas of focus included:

Strengthening Afyalife Foundation's role in addressing health inequalities and social exclusion

Supporting the development and delivery of inclusive projects, including work focused on minority and underrepresented communities

Oversight and strategic support of partnership-based initiatives, including the SMILE (ACADS) projects supporting African, Caribbean, and Asian families affected by Down syndrome

Trustees ensured that projects aligned with the Foundation's charitable aims and responded to evidenced community need.

**4. Financial Oversight and Stewardship**

Trustees fulfilled their financial responsibilities by:

Reviewing and monitoring budgets, expenditure, and funding allocation

Ensuring responsible and transparent use of charitable funds

Supporting fundraising strategy and sustainability planning

Overseeing financial controls and accountability

No significant financial irregularities were identified during the reporting period, and Trustees acted promptly where financial risks or pressures required attention.

**5. Safeguarding, Equality, and Inclusion**

Trustees maintained a strong commitment to safeguarding, equality, diversity, and inclusion by:

Ensuring safeguarding policies were in place, reviewed, and followed

Promoting inclusive practice across all Foundation activities

Supporting projects that address stigma, barriers to access, and unequal outcomes for marginalised groups

This commitment was particularly evident in the Foundation's support for families from minority communities who experience systemic barriers to services.

**6. Trustee Engagement and Contribution**

Throughout the year, Trustees demonstrated:

High levels of commitment and engagement

Willingness to provide skills, lived experience, and professional expertise

**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2025**

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**Trustees Report (continued)**

Collaborative working with staff, volunteers, and partner organisations

Advocacy for the Foundation's work within their networks

Trustees supported both strategic decision-making and practical problem-solving where required.

**7. Challenges and Learning**

Trustees recognised and responded to several challenges during the period, including:

Increasing demand for services amid limited funding

Capacity pressures linked to project growth and partnership working

The need for ongoing trustee development and succession planning

These challenges informed learning and future planning, with Trustees agreeing actions to strengthen resilience and effectiveness going forward.

**8. Effectiveness and Self-Assessment**

Overall, the Trustee Board operated effectively during the reporting period. Trustees demonstrated:

Collective responsibility and accountability

Constructive challenge and supportive leadership

Alignment with the Foundation's mission and values

Opportunities for improvement identified include continued skills development, increased diversity of trustee experience, and enhanced monitoring of impact data.

**9. Priorities for March 2025 – March 2026**

Trustees have identified the following priorities for the coming year:

Strengthening governance systems and trustee induction

Supporting sustainable funding and long-term planning

Deepening impact measurement and reporting

Continuing to champion inclusive, community-led projects

**10. Conclusion**

The Trustees of Afyalife Foundation have fulfilled their duties with integrity, commitment, and diligence throughout March 2024 to March 2025. Their leadership has supported the Foundation's stability, growth, and positive impact within the communities it serves

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2025**

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## **Trustees Report (continued)**

### **Statement of Trustees` responsibilities**

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to do so.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

### **Public benefit statement**

All of our activities are carried out in support of our charitable objects. We believe that our work in support of these objects clearly delivers benefit. We have referred to the guidance in the Charity Commission`s general guidance on Public Benefit when reviewing our aims and objectives and in planning our future activities and in particular the advancement of religion.

### **Financial Review**

Total receipts on ordinary unrestricted funds in 2025 was £2,000 (2024: £569) and are detailed in the financial statements.

Expenditure on charitable activities in 2025 was £1,211(2024: £569).

The net result for the year was a loss of £789 in 2025 (2024: £Nil) and adding bank and deposit balances brought forward at the beginning of the year, the balances carried forward at the 31 March 2025 for unrestricted funds totalled £1,810(2024: £1,021)

### **Reserves Policy**

The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted an, designated funds and tangible fixed assets. Transfer to and from funds are authorised by the Trustees acting as a whole.

**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2025**

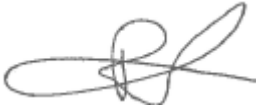
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**Trustees Report (continued)**

**Risk Management**

The trustees have examined the major risks which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risk.

Approved by the Board of Trustees in January 2026 and signed on their behalf by:-

A handwritten signature in black ink, appearing to be 'Rose Gordon', written in a cursive style.

**Rose Gordon- Trustee  
January 2026**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2025**

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**Independent examiner's report to Afyalife Foundation**

I report on the accounts of the charity for the year ended 31 March 2025 which are set out on pages 11 to 15

**Respective responsibilities of the Committee and the examiner**

The charity's trustees are responsible for the preparation of accounts. The charity's trustees consider that an audit is not required for this year section 144(2) of the charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 act; and
- To state whether particular matters have come to my attention

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2025**

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**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts, which accord with the accounting records and comply with the requirements of the 2011 Act
- have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Donovan St H Modest, HND (Business Studies - Accounting), ACG, CIMA Adv Dip MA, CeMAP  
Modest & Co Financial Services Ltd  
189 Greenhill Avenue, Sheffield, S8 7TJ  
**January 2026**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2025**

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**Statement of Financial Activities**

	Notes	Unrestricted Fund	Total Funds	Total Funds
		31 March 2025	31 March 2025	31 March 2023
		£	£	£
<b>INCOME FROM:</b>				
Donations and Legacies	2	2,000	2,000	569
				-
<b>TOTAL INCOME</b>				
<b>EXPENDITURE</b>				
Charitable activities	4	1,211	1,211	569
<b>TOTAL EXPENDITURE</b>		<b>876</b>	<b>876</b>	<b>569</b>
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>		<b>789</b>	<b>789</b>	<b>-</b>
<b>RECONCILLIATION OF FUNDS</b>				
Total funds brought forward		<b>1,021</b>	<b>1,021</b>	<b>1,090</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>1,810</b>	<b>1,810</b>	<b>1,021</b>

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2025**

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**Balance Sheet as at 31 March 2025**

		31 March 2025	31 March 2024
	Notes	£	£
<b>Fixed Assets</b>			
Tangible assets	5	-	-
<b>CURRENT ASSETS:</b>			
Cash at bank and in hand		2,010	1,021
<b>CURRENT LIABILITIES:</b>			
Amount falling due within one year	3	200	-
-			
<b>NET ASSETS</b>		<b>1,810</b>	<b>1,021</b>
<b>CHARITY FUNDS</b>			
Unrestricted Funds		<b>1,810</b>	<b>1,021</b>

The notes on pages 13 to 15 form part of these financial statements

Accounts approved by the trustee in January 2026 and signed on their behalf by:-



**Rose Gordon -Trustee**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2025**

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**Notes to the financial statements**

**1 Accounting Policies**

**a) Basis of preparation of financial statements**

The financial statements have been prepared under the historical cost convention

**b) Income and Expenditure**

All income and expenditure is accounted for on an accrual basis.

**c) Fund Accounting**

The unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity.

There are no restricted funds held by the Charity

**d) Tangible fixed assets**

Tangible fixed assets are stated at cost less depreciation.

Fixed assets are capitalised in the accounts where their initial cost is a value of £200 and greater, items lower than this amount are expended through the Statement of Financial Activities.

Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property	not provided
Building improvement	2% straight line
Plant & Machinery	10% straight line
Fixtures & Fittings	20% straight line
Office Equipment	20% straight line
Audio Visuals	10% straight line
Laptops & Computers	20% straight line
Motor Vehicle	20% straight line

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2025**

**Notes to the financial statements**

**2. Donations and legacies**

	Unrestricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Donations	2,000	2,000	569
<b>Total</b>	<b>2,000</b>	<b>2,000</b>	<b>569</b>

**3. Creditors: amounts falling due within one year**

	Unrestricted Funds 2025	Total Funds 2025	Total Funds 2024
Creditors: amounts falling due within one year(Accountant`s Invoice)	200	200	-
<b>Total</b>	<b>200</b>	<b>200</b>	<b>-</b>

**4. Expenditure on charitable activities**

	Unrestricted Funds 2025	Total Funds 2025	Total Funds 2024
Administration Expenses	79	79	69
Events/Marketing/Advertising	932	932	500
Accountancy Fee	200	200	-
	<b>1,211</b>	<b>1,211</b>	<b>569</b>

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2025**

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**5. Tangible Fixed Assets**

	Freehold Property	Building Improvement	Plant & Machinery	Fixtures/ fittings	Office Equipment	Audio Visuals	Laptops & Computer	Motor Vehicle	Total
	£	£	£	£	£	£	£	£	£
<b>Cost</b>									
1 April 2024	-	-	-	-	-	-	-	-	-
Additions	-	-	-	-	-	-	-	-	-
Surplus on revaluation	-	-	-	-	-	-	-	-	-
Disposal	-	-	-	-	-	-	-	-	-
At 31 March 2025	-	-	-	-	-	-	-	-	-
<b>Depreciation</b>									
At 1 April 2024	-	-	-	-	-	-	-	-	-
<b>Charge for the year</b>	-	-	-	-	-	-	-	-	-
<b>On disposals</b>	-	-	-	-	-	-	-	-	-
At 31 March 2025	-	-	-	-	-	-	-	-	-
<b>Net book value</b>									
At 31 March 2025	-	-	-	-	-	-	-	-	-
At 31 March 2024	-	-	-	-	-	-	-	-	-

**AFYALIFE FOUNDATION**

England & Wales - Charity number 1191503

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# Accounts

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**Charity Registration No.1191503**

**Afyalife Foundation CIO**

**Trustees Report and  
Unaudited Financial Statements**

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**Afyalife Foundation CIO  
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**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
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**References and administrative Details**

**Trustees**

Michael Epechue (Chair)  
Rose Gordon  
Nancy Christiano  
John Kamara  
Irene Kiwia

**Charity information**

Principal address

Regus Digital World  
1 Lowry Plaza  
Salford  
M50 3UB

Independent Examiners

Modest & Co Financial Services Ltd  
189 Greenhill Avenue  
Sheffield  
S8 7TJ

Bankers

Cashplus

# **Afyalife Foundation CIO**

## **Trustees Report and Accounts**

### **For the Year Ended 31 March 2024**

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#### **Trustees Report**

##### **Introduction**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the and Republic of Ireland (FRS 102) (effective 1 January 2019).

Afyalife Foundation was incorporated as a charitable Incorporated organisation 28 September 2020.

##### **Aims and purposes**

The advancement of health, including public health, wellbeing and the delivery of Healthcare anywhere in the world by promoting projects to improve health utilising technology, of communities who receive little or no external assistance because of poverty

##### **Objectives and activities**

The strategies employed to achieve the charity`s aims and objectives are:

- Working in Partnership nationally and Internationally
- Developing and maintaining active partnership with churches and arrange community awareness events
- Attending a variety of events
- Volunteering

##### **Achievements and Performances**

- **Planning meetings**
  - Mens Mental Health
  - Platform revamp
- **Events**
  - Afyalife Foundation Women Mental health-Online
  - Agape event-Sports, Face painting, Bouncy castle
  - 3 Indoor and Outdoor Arts and Craft events

# **Afyalife Foundation CIO**

## **Trustees Report and Accounts**

### **For the Year Ended 31 March 2024**

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#### **Trustees Report (continued)**

##### **Statement of Trustees` responsibilities**

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to do so.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

##### **Public benefit statement**

All of our activities are carried out in support of our charitable objects. We believe that our work in support of these objects clearly delivers benefit. We have referred to the guidance in the Charity Commission`s general guidance on Public Benefit when reviewing our aims and objectives and in planning our future activities and in particular the advancement of religion.

##### **Financial Review**

Total receipts on ordinary unrestricted funds in 2024 was £569 (2023: £1,373) and are detailed in the financial statements.

Expenditure on charitable activities in 2024 was £569(2023: £311).

The net result for the year was a loss of (£0) in 2024 (2023: £1,062) and adding bank and deposit balances brought forward at the beginning of the year, the balances carried forward at the 31 March 2024 for unrestricted funds totalled £1,021(2023: £1,090)

##### **Reserves Policy**

The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted an, designated funds and tangible fixed assets. Transfer to and from funds are authorised by the Trustees acting as a whole.

**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2024**

---

**Trustees Report (continued)**

**Risk Management**

The trustees have examined the major risks which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risk.

Approved by the Board of Trustees in January 2025 and signed on their behalf by:-

A handwritten signature in black ink, appearing to be 'Rose Gordon', written in a cursive style.

**Rose Gordon- Trustee  
January 2025**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2024**

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**Independent examiner's report to Afyalife Foundation**

I report on the accounts of the charity for the year ended 31 March 2024 which are set out on pages 9 to 13

**Respective responsibilities of the Committee and the examiner**

The charity's trustees are responsible for the preparation of accounts. The charity's trustees consider that an audit is not required for this year section 144(2) of the charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 act; and
- To state whether particular matters have come to my attention

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2024**

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**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts, which accord with the accounting records and comply with the requirements of the 2011 Act
- have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Donovan St H Modest, HND (Business Studies - Accounting), ACG, CIMA Adv Dip MA, CeMAP  
Modest & Co Financial Services Ltd  
189 Greenhill Avenue, Sheffield, S8 7TJ  
**January 2025**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2024**

**Statement of Financial Activities**

	Notes	Unrestricted Fund	Total Funds	Total Funds
		31 March 2024	31 March 2024	31 March 2023
		£	£	£
<b>INCOME FROM:</b>				
Donations	2	569	569	345
Other Income	3	-	-	1,028
<b>TOTAL INCOME</b>				<b>1,373</b>
<b>EXPENDITURE</b>				
Charitable activities	4	569	569	311
<b>TOTAL EXPENDITURE</b>		<b>569</b>	<b>569</b>	<b>311</b>
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>				<b>1,062</b>
<b>RECONCILLIATION OF FUNDS</b>				
Total funds brought forward		<b>1,090</b>	<b>1,090</b>	<b>28</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>1,021</b>	<b>1,021</b>	<b>1,090</b>

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2024**

**Balance Sheet as at 31 March 2023**

		31 March 2024	31 March 2023
	Notes	£	£
<b>Fixed Assets</b>			
Tangible assets	6	-	-
<b>CURRENT ASSETS:</b>			
Cash at bank and in hand		1,021	1,090
<b>CURRENT LIABILITIES:</b>			
Amount falling due within one year	5	-	-
<b>NET ASSETS</b>		<b>1,021</b>	<b>1,090</b>
<b>CHARITY FUNDS</b>			
Unrestricted Funds		<b>1,021</b>	<b>1,090</b>

The notes on pages 11 to 13 form part of these financial statements

Accounts approved by the trustee in January 2025 and signed on their behalf by:-



**Rose Gordon -Trustee**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2024**

---

**Notes to the financial statements**

**1 Accounting Policies**

**a) Basis of preparation of financial statements**

The financial statements have been prepared under the historical cost convention

**b) Income and Expenditure**

All income and expenditure is accounted for on an accrual basis.

**c) Fund Accounting**

The unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity.

There are no restricted funds held by the Charity

**d) Tangible fixed assets**

Tangible fixed assets are stated at cost less depreciation.

Fixed assets are capitalised in the accounts where their initial cost is a value of £200 and greater, items lower than this amount are expended through the Statement of Financial Activities.

Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property	not provided
Building improvement	2% straight line
Plant & Machinery	10% straight line
Fixtures & Fittings	20% straight line
Office Equipment	20% straight line
Audio Visuals	10% straight line
Laptops & Computers	20% straight line
Motor Vehicle	20% straight line

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2024**

**Notes to the financial statements**

**2. Donations and legacies**

	Unrestricted Funds	Total Funds	Total Funds
	2023	2023	2022
	£	£	£
Donations	569	569	345
<b>Total</b>	<b>569</b>	<b>569</b>	<b>345</b>

**3. Other Income**

	Unrestricted Funds	Total Funds	Total Funds
	2024	2024	2023
	£	£	£
Grant	-	-	1,000
Other income	-	-	28
<b>Total</b>	<b>-</b>	<b>-</b>	<b>1,028</b>

**4. Creditors: amounts falling due within one year**

	Unrestricted Funds	Total Funds	Total Funds
	2024	2024	2023
Creditors: amounts falling due within one year(Accountant`s Invoice)	-	-	-
<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>

**5. Expenditure on charitable activities**

	Unrestricted Funds	Total Funds	Total Funds
	2024	2024	2023
Administration Expenses	69		311
Events/Marketing & Advertising	500	-	-
	<b>569</b>		<b>311</b>

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2024**

6. Tangible Fixed Assets

	<b>Freehold Property</b>	<b>Building Improvement</b>	<b>Plant &amp; Machinery</b>	<b>Fixtures/ fittings</b>	<b>Office Equipment</b>	<b>Audio Visuals</b>	<b>Laptops &amp; Computer</b>	<b>Motor Vehicle</b>	<b>Total</b>
	£	£	£	£	£	£	£	£	£
<b>Cost</b>									
1 April 2023	-	-	-	-	-	-	-	-	-
Additions	-	-	-	-	-	-	-	-	-
Surplus on revaluation	-	-	-	-	-	-	-	-	-
Disposal	-	-	-	-	-	-	-	-	-
At 31 March 2024	-	-	-	-	-	-	-	-	-
<b>Depreciation</b>									
At 1 April 2023	-	-	-	-	-	-	-	-	-
<b>Charge for the year</b>	-	-	-	-	-	-	-	-	-
<b>On disposals</b>	-	-	-	-	-	-	-	-	-
At 31 March 2024	-	-	-	-	-	-	-	-	-
<b>Net book value</b>									
At 31 March 2024	-	-	-	-	-	-	-	-	-
At 31 March 2023	-	-	-	-	-	-	-	-	-

**AFYALIFE FOUNDATION**

England & Wales - Charity number 1191503

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# Accounts

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**Charity Registration No.1191503**

**Afyalife Foundation CIO**

**Trustees Report and  
Unaudited Financial Statements**

**31 March 2023**

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**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
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**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2023**

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**References and administrative Details**

**Trustees**

Michael Epechue (Chair)  
Rose Gordon  
Nancy Christiano  
John Kamara  
Irene Kiwia

**Charity information**

Principal address

Regus Digital World  
1 Lowry Plaza  
Salford  
M50 3UB

Independent Examiners

Modest & Co Financial Services Ltd  
189 Greenhill Avenue  
Sheffield  
S8 7TJ

Bankers

Cashplus

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2023**

---

**Trustees Report**

**Introduction**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the and Republic of Ireland (FRS 102) (effective 1 January 2019).

Afyalife Foundation was incorporated as a charitable Incorporated organisation 28 September 2020.

**Aims and purposes**

The advancement of health, including public health, wellbeing and the delivery of Healthcare anywhere in the world by promoting projects to improve health utilising technology, of communities who receive little or no external assistance because of poverty

**Objectives and activities**

The strategies employed to achieve the charity's aims and objectives are:

- Working in Partnership nationally and Internationally
- Developing and maintaining active partnership with churches and arrange community awareness events
- Attending a variety of events
- Volunteering

**Achievements and Performances**

- Operate Food Bank
- Community Engagement
- Arts & Craft
- Mindful Art
- Sports Activities
- Wellbeing -Coffee & Chat

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2023**

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**Trustees Report (continued)**

**Statement of Trustees' responsibilities**

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to do so.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

**Public benefit statement**

All of our activities are carried out in support of our charitable objects. We believe that our work in support of these objects clearly delivers benefit. We have referred to the guidance in the Charity Commission's general guidance on Public Benefit when reviewing our aims and objectives and in planning our future activities and in particular the advancement of religion.

**Financial Review**

Total receipts on ordinary unrestricted funds in 2023 was £1,373 (2022:£3,503) and are detailed in the financial statements.

Expenditure on charitable activities in 2023 was £311(2022: £3,475).

The net result for the year was a surplus of £1,062 in 2023 (2021: £28) and adding bank and deposit balances brought forward at the beginning of the year, the balances carried forward at the 31 March 2023 for unrestricted funds totalled £1,090(2022: £28)

**Reserves Policy**

The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted an, designated funds and tangible fixed assets. Transfer to and from funds are authorised by the Trustees acting as a whole.

**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2023**

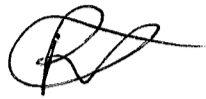
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**Trustees Report (continued)**

**Risk Management**

The trustees have examined the major risks which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risk.

Approved by the Board of Trustees in July 2024 and signed on their behalf by:-



**Rose Gordon- Trustee**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2023**

---

**Independent examiner's report to Afyalife Foundation**

I report on the accounts of the charity for the year ended 31 March 2023 which are set out on pages 8 to 11

**Respective responsibilities of the Committee and the examiner**

The charity's trustees are responsible for the preparation of accounts. The charity's trustees consider that an audit is not required for this year section 144(2) of the charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 act; and
- To state whether particular matters have come to my attention

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts, which accord with the accounting records and comply with the requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Donovan St H Modest ACG  
Modest & Co Financial Services Ltd  
189 Greenhill Avenue  
Sheffield, S8 7TJ

**July 2024**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2023**

**Statement of Financial Activities**

	Notes	Unrestricted Fund	Total Funds	Total Funds
		31 March 2023	31 March 2023	31 March 2022
		£	£	£
<b>INCOME FROM:</b>				
Donations	2	345	345	3,503
Other Income	3	1,028	1,028	-
<b>TOTAL INCOME</b>		<b>1,373</b>	<b>1,373</b>	<b>3,503</b>
<b>EXPENDITURE</b>				
Charitable activities	4	311	311	3,475
<b>TOTAL EXPENDITURE</b>		<b>311</b>	<b>311</b>	<b>3,475</b>
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>		<b>1,062</b>	<b>1,062</b>	<b>28</b>
<b>RECONCILIATION OF FUNDS</b>				
Total funds brought forward		<b>28</b>	<b>28</b>	<b>-</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>1,090</b>	<b>1,090</b>	<b>28</b>

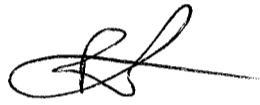
**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2023**

**Balance Sheet as at 31 March 2023**

		31 March 2023	31 March 2022
	Notes	£	£
<b>CURRENT ASSETS:</b>			
Cash at bank and in hand		1,090	28
<b>CURRENT LIABILITIES:</b>			
Amount falling due within one year	5	-	-
<b>NET ASSETS</b>		<b>1,090</b>	<b>28</b>
<b>CHARITY FUNDS</b>			
Unrestricted Funds		<b>1,090</b>	<b>28</b>

The notes on pages 10 to 11 form part of these financial statements

Accounts approved by the trustee in July 2024 and signed on their behalf by:-



**Rose Gordon -Trustee**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2023**

---

**Notes to the financial statements**

**1 Accounting Policies**

**a) Basis of preparation of financial statements**

The financial statements have been prepared under the historical cost convention

**b) Income and Expenditure**

All income and expenditure is accounted for on an accrual basis.

**c) Fund Accounting**

The unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity.

There are no restricted funds held by the Charity

**d) Tangible fixed assets**

Tangible fixed assets are stated at cost less depreciation. Fixed assets are capitalised in the accounts where their initial cost is a value of £200 and greater, items lower than this amount are expended through the Statement of Financial Activities.

Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings & Office Equipment	25% straight line
Laptops & Computer	20% straight line
Motor Vehicles	25 % Reducing balance

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2023**

**Notes to the financial statements**

**2. Donations and legacies**

	Unrestricted Funds	Total Funds	Total Funds
	2023	2023	2022
	£	£	£
Donations	345	345	3,503
<b>Total</b>	<b>345</b>	<b>345</b>	<b>3,503</b>

**3. Other Income**

	Unrestricted Funds	Total Funds	Total Funds
	2023	2023	2022
	£	£	£
Grant	1,000	1,000	-
Other income	28	28	-
<b>Total</b>	<b>1,028</b>	<b>1,028</b>	<b>-</b>

**4. Creditors: amounts falling due within one year**

	Unrestricted Funds	Total Funds	Total Funds
	2023	2023	2022
Creditors: amounts falling due within one year(Accountant's Invoice)	-	-	-
<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>

**5. Expenditure on charitable activities**

	Unrestricted Funds	Total Funds	Total Funds
	2023	2023	2022
Administration Expenses	311	311	
Marketing & Advertising	-	-	3,475
	<b>311</b>	<b>311</b>	<b>3,475</b>

**AFYALIFE FOUNDATION**

England & Wales - Charity number 1191503

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# Accounts

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**Charity Registration No.1191503**

**Afyalife Foundation CIO**

**Trustees Report and  
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**31 March 2022**

**Afyalife Foundation CIO  
Trustees Report and Accounts  
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**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2022**

---

**References and administrative Details**

**Trustees**

Michael Epechue (Chair)  
Rose Gordon  
Nancy Christiano  
John Kamara  
Irene Kiwia

**Charity information**

Principal address

Regus Digital World  
1 Lowry Plaza  
Salford  
M50 3UB

Independent Examiners

Modest & Co Financial Services Ltd  
189 Greenhill Avenue  
Sheffield  
S8 7TJ

Bankers

Cashplus

# **Afyalife Foundation CIO**

## **Trustees Report and Accounts**

### **For the Year Ended 31 March 2022**

---

#### **Trustees Report**

##### **Introduction**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the and Republic of Ireland (FRS 102) (effective 1 January 2019).

Afyalife Foundation was incorporated as a charitable Incorporated organisation 28 September 2020.

##### **Aims and purposes**

The advancement of health, including public health, wellbeing and the delivery of Healthcare anywhere in the world by promoting projects to improve health utilising technology, of communities who receive little or no external assistance because of poverty

##### **Objectives and activities**

The strategies employed to achieve the charity`s aims and objectives are:

- Working in Partnership nationally and Internationally
- Developing and maintaining active partnership with churches and arrange community awareness events
- Attending a variety of events
- Volunteering

##### **Achievements and Performances**

Afyalife Foundation since inception,has worked assiduously to maintain its core vision and mission of bridging the gap in the living standards of vulnerable people, families and communities through resourceful impact driven projects, that is sustainable by leveraging on partnerships and other developmental ethos.

As a young charity organisation,we understand that building blocks of partnership with organisations with similar passion for reaching everyone in need would give us the milage of growth, to reach our target group while maximising our resources both in tangible forms and otherwise. Our projects were patterned with this as our foci vehicle of engagement mostly while we also executed other programs solely .

**For the year in view , our programs of activities centred on the areas listed below:**

Education

Health

Family Support / Food Bank

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2022**

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**Trustees Report (continued)**

Recreation and Social interchange

Executed programs for year 2022

**A. Family Support/ Food Bank And Social interchange**

Afyalife partnered with Bethel Apostolic life church to deliver Chesterfields Agape Community Festival, held at Eagle club , Littlemoor chesterfield. This year's event brought people from near and far. We welcomed back some familiar faces , who had attended our program the previous year. Many newcomers as well attended the event

Scope and Program Objective :

The thrust of the program/ festival was under our family support/ food bank project which also presented an opportunity for the Chester community to bond and engage with each other.

**Target group:**

Being a family oriented project , everyone was welcomed both children , young people and adults.

**Activities:**

It was a fun time for children from the community , who had opportunity of reaching and engaging their peers while the adults enjoyed sitting with each other to bond and share their common humanity. The festival had such activities such as face painting, arts and crafts and bouncy castle as field activity.

Children competed in chest and darts competitions this was enjoyable to see. A local singer entertained the crowd which was thoroughly enjoyed by all, an activity which involved everyone present.

Food bank and buffet:

There was an open buffet table of refreshments for all participants while the participants especially the elderly had a handy bag of food, groceries and other essentials to take home. Score Point : From feedback given by participants, the Chester Community Festival was a lifting delightful event and they all looked out for of it in the coming year. For the adult expenses the elderly, who live alone and not frequently interactive with others in the community, this was an opportunity for inclusion.

**Achieved Goals:**

Social stimulation and skill development for children

Interaction and understanding for adults and family units

Inclusive platform for elderly

Promotion of mental health balance.

Number of Persons reached: Averagely 90

**B. Education**

Our Back -Pack School Support project is designed to offer students of low income families and communities, timely help in forms of learning materials, which ensures that they are not improvised in any way with their educational needs. Afyalife foundation Back -Pack support fundraising event brought the community together to raise funds for children education so they can grow and develop and have better education outcomes. This was held at Eagle club , Littlemoor Chesterfield

**Afyalife Foundation CIO  
Trustees Report and Accounts  
For the Year Ended 31 March 2022**

---

**Trustees Report (continued)**

**Target group:**

Young children

**Support Materials:**

The Back Pack for each identified child had a bag of school learning essentials as required by their schools.

**C. Health And Mental Wellbeing**

Afyalife Foundation also organised a Community health and wellbeing workshop, which focused on understanding mental health, how to support with Autism and challenging behaviours.

This event was held at Eagle club, Littlemoor chesterfield.

**Project Activities:**

Participants from the community engaged in therapeutic activities, Mindfulness, relaxation and counsellor/advisor .

**Target group:**

Adults of all age groups who needed support to understand the debilitating effects of mental health issues and challenges

**Achieved Goals:**

Participants engaged counsellors whose support and understanding lightened their burdens.

Escalated the timely need for help and support once an individual is unable to cope with stress of everyday living.

It helped to lighten the stress of isolation and silent suffering.

**D. Family/ Food Support**

Afyalife foodbank and coffee morning held at Eagle club , Littlemoor chesterfield every third Saturday of the month. The aim is to provide Food for all needy families and individuals in the local community.

**Program Activity**

An open barn for food and essential groceries for everyone who needs it.

**Action point:**

No one should be hungry ,if we can lend a hand. This is our vision of a truly Inclusive vibrant community of colours , where everyone is catered for.

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2022**

---

**Trustees Report (continued)**

**E. Community-Council interphase: Moston Matters Project**

Afyalife Foundation worked in collaboration with Manchester City Council and Citizen Advice to drive the initiative into the BAME communities in Moston Manchester , to encourage locals to discuss positive changes and actively participate in building MOSTON as an inclusive community.

This program brought together the community as a unit to share ideas on how to improve the living conditions of the Moston community.

**Program Objective:**

To champion the drive for an inclusive society irrespective of gender, age, ethnicity, cultural affiliation, social inclinations etc

To provide a platform for all the community including businesses, schools, families and persons to have an open access of understanding and communication

To bring the City Council closer to the people/ community, thereby creating opportunity for impact driven need-to policy framework and implementation.

**Other Activities:**

There was social easy time through music , dance and entertainment provide by Afyalife Foundation.

**Score Point:**

All who attended the program from the Moston Community all agreed to the positive impact of the program on the overall growth of the community and looked forward to more activities of same.

Representatives from Moston City Council, Citizens Advice were active stakeholder at the event.

**F. Funding And Donations**

As any organisation, program execution is primarily dependent on access to funding and consistent charity achievements is determined by whatever funds are available par time.

Most of our programmes were self funded by the directors of the foundation , while we also had support of cash and material support from institutional donors.

Our funders and donors for the year in view are listed hereunder:

Michael Ekpechue

Rose Gordon

John Kamara

AfyaRekod

Adanianlabs

Tesco

Co-Op

# **Afyalife Foundation CIO**

## **Trustees Report and Accounts**

### **For the Year Ended 31 March 2022**

---

#### **Trustees Report (continued)**

##### **Future plans**

To continue to develop and deliver our core charity objectives of service to humanity and raising fund to execute all the projects for the year.

Some of our projects in view for the year include but not limited.

##### **2023 projects**

Chesterfield Community Festival

Mens mental health and impact on family

Mental health

Climate change and Wellness

Education initiative/ School Backpack Project

Health/ Health Tech summit

Food Bank for the needy

Coffee Morning for elderly

Manchester City Council. Moston Matters 2nd Edition.

Save the planet: Collaborate on a project to support inclusion and regeneration by planting trees.

#### **Statement of Trustees` responsibilities**

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to do so.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2022**

---

**Trustees Report (continued)**

**Public benefit statement**

All of our activities are carried out in support of our charitable objects. We believe that our work in support of these objects clearly delivers benefit. We have referred to the guidance in the Charity Commission's general guidance on Public Benefit when reviewing our aims and objectives and in planning our future activities and in particular the advancement of religion.

**Financial Review**

Total receipts on ordinary unrestricted funds in 2022 was £3,503 (2021:£14,300) and are detailed in the financial statements.

Expenditure on charitable activities in 2022 was £3,475 (2021:£14,300).

The net result for the year was a surplus of £28 in 2022(2021:£Nil) and adding bank and deposit balances brought forward at the beginning of the year, the balances carried forward at the 31 March 2022 for unrestricted funds totalled £28(2021:£Nil)

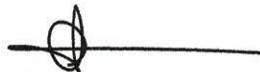
**Reserves Policy**

The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted an, designated funds and tangible fixed assets. Transfer to and from funds are authorised by the Trustees acting as a whole.

**Risk Management**

The trustees have examined the major risks which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risk.

**Approved by the Board of Trustees in January 2023 and signed on their behalf by:-**



---

Michael Ekpechue (Jan 30, 2023 13:32 GMT)

**Michael Ekpeche -Chair**

# **Afyalife Foundation CIO**

## **Trustees Report and Accounts**

### **For the Year Ended 31 March 2022**

---

#### **Independent examiner's report to Afyalife Foundation**

I report on the accounts of the charity for the year ended 31 March 2022 which are set out on pages 11 to 14

#### **Respective responsibilities of the Committee and the examiner**

The charity's trustees are responsible for the preparation of accounts. The charity's trustees consider that an audit is not required for this year section 144(2) of the charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 act; and
- To state whether particular matters have come to my attention

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts, which accord with the accounting records and comply with the requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*Donovan Modest*

Donovan St H Modest ACIS  
Modest & Co Financial Services Ltd  
189 Greenhill Avenue  
Sheffield, S8 7TJ

**January 2023**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2022**

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**Statement of Financial Activities**

	Notes	Unrestricted Fund	Total Funds	Total Funds
		31 March 2022	31 March 2022	7 Months ended 2021
		£	£	£
<b>INCOME FROM:</b>				
Donations	2	3,503	3,503	16,300
<b>TOTAL INCOME</b>		<b>3,503</b>	<b>3,503</b>	<b>16,300</b>
<b>EXPENDITURE</b>				
Charitable activities	3	3,475	3,475	16,300
<b>TOTAL EXPENDITURE</b>		<b>3,475</b>	<b>3,475</b>	<b>16,300</b>
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>		<b>28</b>	<b>28</b>	<b>-</b>
<b>RECONCILIATION OF FUNDS</b>				
Total funds brought forward		-	-	-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>28</b>	<b>28</b>	<b>-</b>

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2022**

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**Balance Sheet as at 31 March 2022**

		31 March 2022	31 March 2021
	Notes	£	£
<b>CURRENT ASSETS:</b>			
Cash at bank and in hand		28	400
<b>CURRENT LIABILITIES:</b>			
Amount falling due within one year	5	-	400
<b>NET ASSETS</b>		<b>28</b>	<b>-</b>
<b>CHARITY FUNDS</b>			
Unrestricted Funds		<b>28</b>	<b>-</b>

The notes on pages 12 to 14 form part of these financial statements

Accounts approved by the trustee in January 2023 and signed on their behalf by:-

  
 Michael Ekpechue (Jan 30, 2023 13:32 GMT)

**Michael Ekpeche -Chair**

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2022**

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**Notes to the financial statements**

**1 Accounting Policies**

**a) Basis of preparation of financial statements**

The financial statements have been prepared under the historical cost convention

**b) Income and Expenditure**

All income and expenditure is accounted for on an accrual basis.

**c) Fund Accounting**

The unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity.

There are no restricted funds held by the Charity

**d) Tangible fixed assets**

Tangible fixed assets are stated at cost less depreciation.

Fixed assets are capitalised in the accounts where their initial cost is a value of £200 and greater, items lower than this amount are expended through the Statement of Financial Activities.

Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Fixtures & Fittings & Office Equipment	25% straight line
Laptops & Computer	20% straight line
Motor Vehicles	25 % Reducing balance

**Afyalife Foundation CIO**  
**Trustees Report and Accounts**  
**For the Year Ended 31 March 2022**

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**Notes to the financial statements**

**2. Donations and legacies**

	Unrestricted Funds 2022 £	Total Funds 2021 £
Donations	3,503	16,300
<b>Total</b>	<b>3,503</b>	<b>16,300</b>

**3. Charitable activities**

	Unrestricted Funds 2022	Total Funds 2022	Total Funds 2021
Consultancy Fees	-	-	800
Independent Examiner Fees	-	-	400
Marketing & Advertising	3,475	3,475	2,700
Rent	-	-	5,000
Resources	-	-	400
Foodbank	-	-	1,000
Healthcare	-	-	1,000
Humanitarian	-	-	5,000
<b>Total</b>	<b>3,475</b>	<b>3,475</b>	<b>16,300</b>

**5. Creditors: amounts falling due within one year**

	Unrestricted Funds 2022	Total Funds 2021
Creditors: amounts falling due within one year(Accountant`s Invoice)	-	400
<b>Total</b>	<b>-</b>	<b>400</b>

**AFYALIFE FOUNDATION**

England & Wales - Charity number 1191503

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# Accounts

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**Charity Registration No.1191503**

**Afyalife Foundation CIO**

**Trustees` Report and  
Unaudited Financial Statements**

**31 March 2021**

**Afyalife Foundation CIO**  
**Trustees` Report and Accounts**  
**Period 28 September 2020 to 31 March 2021**

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**Afyalife Foundation CIO**  
**Trustees` Report and Accounts**  
**Period 28 September 2020 to 31 March 2021**

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**References and administrative Details**

**Trustees**

Michael Epechue (Chair)  
Rose Gordon  
Nancy Christiano  
John Kamara  
Irene Kiwia

**Charity information**

Principal address

Regus Digital World  
1 Lowry Plaza  
Salford  
M50 3UB

Independent Examiners

Modest & Co Financial Services Ltd  
189 Greenhill Avenue  
Sheffield  
S8 7TJ

Bankers

Cashplus

**Afyalife Foundation CIO**  
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**Period 28 September 2020 to 31 March 2021**

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## **Trustees Report**

### **Introduction**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the and Republic of Ireland (FRS 102) (effective 1 January 2019).

Afyalife Foundation was incorporated as a charitable Incorporated organisation 28 September 2020.

This decision was driven primarily by the desire to take advantage of the separate legal personality and limited legal liability for Trustees.

### **Aims and purposes**

The advancement of health, including public health, wellbeing and the delivery of Healthcare anywhere in the world by promoting projects to improve health utilising technology, of communities who receive little or no external assistance because of poverty

### **Objectives and activities**

The strategies employed to achieve the charity`s aims and objectives are:

- Working in Partnership nationally and Internationally
- Developing and maintaining active partnership with churches and arrange community awareness events
- Attending a variety of events
- Volunteering

**Afyalife Foundation CIO**  
**Trustees` Report and Accounts**  
**Period 28 September 2020 to 31 March 2021**

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**Trustees Report (continued)**

**Achievements and Performances**

We have designed and executed quite a number of programs since inception with the clear objective of making lives easier for all

Some of these projects are:

**UK PROGRAMS / INTERVENTION**

- Food Bank to support families and needy communities held in Sheffield and Chesterfield.
- School Backpack Project to support students with the needed school tools for effective learning held at Manchester Broadhaust Primary School. We will now be supporting a number of schools in Sheffield for the next academic year September 2022
- Tech and Digital Awareness and Mentorship Programme for Young People
- Family Support and Welfare intervention ( Christmas Funfair and Gifts)
- Mental Health Mindful Wellbeing Workshop .

**GLOBAL INTERVENTION**

- Family Support For Poor Indigent Families\_ over 1000 households in Nigeria, Liberia and Cameroon during the Covid 19 Lockdown of year 2020 ,were supported with food, money and other identified needs to mitigate the effect of the Lockdown.

**HEALTH AND MEDICAL INTERVENTION**

- Covid prevention and management project: Schools spread across 3 communities in Kenya were reached through workshops, free face masks distribution and Sanitation materials.
- Surgical Intervention and Support: The Ogechi Project.  
Costs of fibroid surgery and after - care was undertaken to save the life of an indigent poor woman in Owerri Nigeria.

**Afyalife Foundation CIO**  
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**Period 28 September 2020 to 31 March 2021**

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**Trustees Report (continued)**

**Plans for the future**

Mental Health and Mindful Wellbeing Project

This program is at the CORE of our Health support initiative in our Foundation's activities.

Mental Health challenges and well-being has been the most draining and mind shifting negative outcome of the Covid pandemic.

The Lockdown, social distancing loss of business, investment, death of loved ones and the pain of not being present is painful and heart-breaking to say the least. This has led to \*SILENT SUFFERING\*.

As a social entity, we recognise this and our interface with people during other programs reinforces the need to have this project executed NOW. We can't wait, we need intentional action to begin the healing process , get back our lives and have a vibrant society/ community of people again.

Education and Skill Support.

We intend to bridge the skill gap and opportunities for young people in the digital sector, so they can access the immense openings to scale their self development.

This project us targeted at young people in the UK and Africa. We intend to reach 2000 young people in the next 18months and empower them with the right digital skills fit for the market.

Family Support and Community intervention.

- Open more locations for our food bank program in the UK.
- Support and reach 10,000 disadvantaged families with Food and daily needs in Africa
- Medical Intervention for 50 people who cannot afford the cost of surgery and after care.
- Scholarship for 50 young people with background in STEM to support their Education and life dream

**Afyalife Foundation CIO**  
**Trustees` Report and Accounts**  
**Period 28 September 2020 to 31 March 2021**

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**Trustees Report (continued)**

**Statement of Trustees` responsibilities**

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of the Charities SORP;
- Make judgements and accounting estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to do so.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention of fraud and other irregularities.

**Public benefit statement**

All of our activities are carried out in support of our charitable objects. We believe that our work in support of these objects clearly delivers benefit. We have referred to the guidance in the Charity Commission`s general guidance on Public Benefit when reviewing our aims and objectives and in planning our future activities and in particular the advancement of religion.

**Afyalife Foundation CIO**  
**Trustees` Report and Accounts**  
**Period 28 September 2020 to 31 March 2021**

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**Trustees Report (continued)**

**Financial Review**

Total receipts on ordinary unrestricted funds were £16,300 and are detailed in the financial statements.

£16,300 was spent on charitable activities.

**Reserves Policy**

The Trustees review the policy on reserves and set targets at least once per annum with reference to the guidance and terminology published by the Charity Commission. The policy is also reviewed, when warranted by changes in risk assessment or business plans. The review includes unrestricted an, designated funds and tangible fixed assets. Transfer to and from funds are authorised by the Trustees acting as a whole.

**Risk Management**

The trustees have examined the major risks which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risk.

**Approved by the Board of Trustees in June 2022 and signed on their behalf by:-**



Michael Ekpechue (Jun 3, 2022 20:36 GMT+1)

**Michael Ekpeche -Chair**

**Afyalife Foundation CIO**  
**Trustees` Report and Accounts**  
**Period 28 September 2020 to 31 March 2021**

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**Independent examiner's report to Afyalife Foundation**

I report on the accounts of the charity for the year ended 31 March 2021 which are set out on pages 10 to 13..

**Respective responsibilities of the Committee and the examiner**

The charity's trustees are responsible for the preparation of accounts. The charity's trustees consider that an audit is not required for this year section 144(2) of the charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 act; and
- To state whether particular matters have come to my attention

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a `true and fair view` and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) Which gives me reasonable cause to believe that in any material respect the requirements:
- to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts, which accord with the accounting records and comply with the requirements of the 2011 Act
- have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*D S H Modest*

Donovan St H Modest ACIS  
Modest & Co Financial Services Ltd  
189 Greenhill Avenue  
Sheffield, S8 7TJ

**June 2022**

**Afyalife Foundation CIO**  
**Trustees` Report and Accounts**  
**Period 28 September 2020 to 31 March 2021**

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**Statement of Financial Activities**

	<b>28 September 2020 to 2021</b>	
	Notes	Unrestricted Fund
		£
		£
<b>INCOME FROM:</b>		
Donations	<b>2</b>	16,300
<b>TOTAL INCOME</b>		<b>16,300</b>
<b>EXPENDITURE</b>		
Charitable activities	<b>3</b>	16,300
<b>TOTAL EXPENDITURE</b>		<b>16,300</b>
<b>NET INCOME/(EXPENDITURE) BEFORE TRANSFERS</b>		<b>-</b>
<b>RECONCILLIATION OF FUNDS</b>		
Total funds brought forward		-
<b>TOTAL FUNDS CARRIED FORWARD</b>		<b>-</b>

**Afyalife Foundation CIO**  
**Trustees` Report and Accounts**  
**Period 28 September 2020 to 31 March 2021**


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**Balance Sheet as at 31 March 2021**

	Notes	£	2021 £
<b>CURRENT ASSETS:</b>			
Cash at bank and in hand		400	
<b>CURRENT LIABILITES:</b>			
Amount falling due within one year	4	400	
<b>NET ASSETS</b>			-
<b>CHARITY FUNDS</b>			
Unrestricted Funds			-

The notes on pages 12 to 13 form part of these financial statements

Accounts approved by the Board Trustees in June 2022 and signed on their behalf by:-

  
Michael Ekpechue (Jun 3, 2022 20:36 GMT+1)

**Michael Ekpeche -Chair**

**Afyalife Foundation CIO**  
**Trustees` Report and Accounts**  
**Period 28 September 2020 to 31 March 2021**

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**Notes to the financial statements**

**1 Accounting Policies**

**a) Basis of preparation of financial statements**

The financial statements have been prepared under the historical cost convention

**b) Income and Expenditure**

All income and expenditure is accounted for on an accrual basis.

**c) Fund Accounting**

The unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity.

There are no restricted funds held by the Charity

**d) Tangible fixed assets**

Tangible fixed assets are stated at cost less depreciation.

Fixed assets are capitalised in the accounts where their initial cost is a value of £200 and greater, items lower than this amount are expended through the Statement of Financial Activities.

Depreciation is provided at rates calculated to write off the cost of the fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold property	not provided
Fixtures & Fittings & Office Equipment	25% straight line
Laptops & Computer	20% straight line
Motor Vehicles	25 % Reducing balance

**Afyalife Foundation CIO**  
**Trustees` Report and Accounts**  
**Period 28 September 2020 to 31 March 2021**

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**Notes to the financial statements**

**2. Donations and legacies**

	Unrestricted Funds 2021 £	Total Funds 2021 £
Donations	16,300	16,300
<b>Total</b>	<b>14,300</b>	<b>14,300</b>

**3. Charitable activities**

	Unrestricted Funds 2021	Total Funds 2021
Consultancy Fees	800	800
Independent Examiner Fees	400	400
Marketing & Advertising	2,700	2,700
Rent	5,000	5,000
Resources	400	400
Foodbank	1,000	1,000
Healthcare	1,000	1,000
Humanitarian	5,000	5,000
Training & Short Courses		
<b>Total</b>	<b>16,300</b>	<b>16,300</b>

**4. Creditors: amounts falling due within one year**

	Unrestricted Funds 2021	Total Funds 2021
Creditors: amounts falling due within one year(Accountant`s Invoice)	400	400
<b>Total</b>	<b>400</b>	<b>400</b>