



Sanctuary Mental Health Society

Report & Financial Statements

for the Year End

31st May 2024

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Sanctuary Mental Health Society Report of the Trustees for the year ended 31 May 2024

The Trustees present their Report and Accounts for the year ended 31st May 2024, which also comprises the Directors' Report required by the Companies Act 2006.

Reference and Administrative Information

Charity Name: Sanctuary Mental Health Society

The charity also uses the name Sanctuary UK.

The charity's areas of operation and UK charitable registration. The charity is registered in England & Wales with charity number 1191490

Legal structure of the charity

The charity is constituted as a company limited by guarantee, registered under the Companies Act, its governing document is a Memorandum and Articles of Association under company legislation.

Charity registration number: 1191490

Company registration number: 12594940

Registered Office and operational address:

Church On The Corner, 64 Barnsbury Road, London, United Kingdom, N1 0SE

Board of Trustees

Mark Scott Nash

Eleanor Johnson

David Colin Logan

David Genn (appointed 11th November 2021)

Sarah Hindley (appointed 11th May 2024)

Farayi Nakubaya (appointed 11th May 2024)

The trustees who served as a trustee in the reporting period were as shown above, there were no changes during the year, changes in the period between the year end and the approval of the accounts are shown above. All the trustees are also members of the charity.

UK Director: Corin Pilling

Our Aims and Objective

Sanctuary Mental Health Ministries equips the Church to support mental health and wellbeing. We provide resources that meaningfully engage the topics of faith and mental health. Our content is developed in collaboration with theologians, psychologists, and people with lived experience of mental health challenges. These resources prepare communities of faith around the world to raise awareness, reduce stigma, support mental health, and promote mental wellbeing.

Our Values

We believe that caring for mental health and wellbeing is an important part of what it means to participate in Christ's redemptive work. Jesus came to invite all people into relationship with God, and as his disciples we are called to love one another and help one another recognize God's presence in every circumstance and experience, including the experience of mental health challenges. This is a call that requires not only profound compassion and hope, but also education and equipping. As our organisation seeks to serve the Church and respond to this call, we are shaped by the following values.

Practicing Compassion

We seek to understand, care for, and honour others in all of our communications and relationships. This commitment reflects our recognition of the inherent value and dignity of every person made in the image of God.

Cultivating Hope

We desire to share the hope of the gospel in all that we do and with all whom we meet. This commitment reflects our belief that hope, and mental wellbeing are deeply connected.

Building Relationships

We aim to encourage and strengthen communities through sharing stories and knowledge. This commitment reflects our belief that healthy communities are vital in supporting and promoting mental health and wellbeing.

Pursuing Excellence

We strive to meet the highest standards in our research, resource development, and training services.

Demonstrating Integrity

We seek to be authentic in our words and actions, and trustworthy in our work and relationships.

Our charity's objects

To advance the education of the church to be a sanctuary for all people at all stages of their mental wellness journey

Delivering on our aims

We will review our aims, objectives, and activities each year. The review will examine each key activity and their impact. The review will also help us ensure our aim, objectives and activities remained focused on our stated purposes.

Having referred to the guidance contained in the Charity Commission's general guidance on public benefit we review our aim and objectives when planning our future activities.

The focus of our work

There is an incontrovertible need for churches to be equipped to respond to mental health in their communities in ways that are well- informed and effective. According to the BMA, 'the number of people seeking treatment has grown at a much faster rate than the number of people estimated to have a mental illness. The percentage of adults aged 16-74 with a common mental disorder, who were accessing mental health treatment rose from 23.1% in 2000 to 39.4% in 2014. This represents an increase of over two thirds (71%). It is estimated that this has continued to increase, post- pandemic. As such, churches have a vital role to play in both helping in early intervention and post- recovery support for their wider communities. '¹

Sanctuary's core work continues to focus on equipping congregations and their leaders, who are often first port of call when people experience mental health challenges. We seek to offer the vital resources and training to support each community to appropriately respond to mental health challenges as they present. We are committed to offering our core online resources for free, and to a high standard to ensure that every congregation is able to understand mental health and its impact.

Partnership is vital to this work, particularly given our commitment to ensure that every community is offered an opportunity to access our resources. We nurture and value a range of partnerships with charities, dioceses and church networks to further our goal of supporting the wellbeing of the whole church.

In this fiscal year, Sanctuary UK have partnered with The Church Urban Fund, ChurchWorks, The Church Army, Faith in Older People, Churches Together in England, Jubilee Plus, The National Estate Churches Network, Humantalk, and Renew Wellbeing.

How our activities deliver public benefit

Sanctuary's resources are offered free of charge for churches and individuals and are accessible online. with the potential positive benefit to friends, families, and wider communities.

¹ <https://www.bma.org.uk/advice-and-support/nhs-delivery-and-workforce/pressures/mental-health-pressures-data-analysis>

The resources are designed to break down stigma and evaluations demonstrate shifts in attitudes toward those who live with mental health challenges. In addition, there is evidence that churches grow in awareness and ability to respond, which in turn leads to communities where mental health recovery is possible.

Sanctuary enrolled 9,720 UK participants of The Sanctuary Course for 2023-24, calculation based on registrations. We also delivered in- person training to 760 people this year.

Congregations equipped with our resources are proven to tackle mental health stigma and significantly raise awareness within the community. Equally, members of the congregation learn how to offer appropriate support that complements professional input when needed.

Our resources benefit both those living with long terms challenges and those who comprise the wider community. In a recent survey, over 90% of course participants surveyed felt their ability to support individuals in their church community with lived experience of mental health challenges had increased. 74% of survey respondents indicated that they felt their understanding of self-care had increased.

The main activities undertaken in relation to those purposes during the year:

Our primary tool for community change, The Sanctuary Course, is an 8-week introduction to mental health for the whole church, to tackle stigma and build awareness, and encourage opportunities for mutual support. The course was promoted through networks, diocese, digital media and through partnerships. We offered flexible support to those accessing The Sanctuary Course, both through online workshops and individualised support sessions to help people confidently and safely use the material

Our resources and training

A secondary offer was a suite of training for leaders, which focused on leader wellbeing, and which was offered to clergy around the UK.

The leader wellbeing training delivered included burnout prevention, stress management, and exploring models of sustainable ministry.

In addition, we delivered a suite of frontline training for leaders and volunteers, which covered supporting people experiencing psychological distress, suicide prevention, and an introduction to mental health in a ministry context.

Safeguarding

Our resources are all peer reviewed by mental health professionals to ensure they meet current safeguarding standards. We are committed to ensuring we continually draw from the best of current practice to ensure every community can use the resources effectively and safely.

Promotion and Advocacy

We are regularly involved in producing content and recording material with faith- based media platforms such as Premier Christian Radio, God TV and UCB, as well as media opportunities with the Benefact Trust. We view this work as vital to offering an accessible way of connecting with Sanctuary's approach and resources.

Financial Review

The charity's financial position at the end of the year ended 31st May 2024

During its fourth financial year to 31st May 2024 Sanctuary UK made a small deficit of (£24,578) which combined with funds brought forward of £72,327 results in reserves carried forward into the 2023/24 financial year of £47,749.

Principal Funding Sources

Donations received during the financial year were primarily the support from Sanctuary Canada plus a generous £50,000 grant from the Benefact Trust, which will require match funding and is offered under a three-year programme.

In addition, small grants and a growing pool of individual givers contributed to our running costs. Sanctuary Canada used donations to provide back-up support to ensure core costs were met. We are grateful for their support and in the coming year will make every effort to achieve our goal of becoming self-funding from UK sources.

Policies on reserves

The trustees have considered the level of reserves required to ensure the continued activities of the charity. Reserves are needed to meet the costs of ongoing activities and balancing any fluctuations in income and expenditure. Those costs are primarily the work of the staff delivery team, managing the design of educational resources, delivering events and workshops, church liaison and fundraising.

The trustees consider it is reasonable to hold reserves to meet day-to-day running costs for a period of three months, whilst further fundraising activity is undertaken. Reserves at 31st May 2024 totaled £47,749 and are considered to be sufficient when combined with incoming resources from committed donations in the early part of 2024/25 to support the continuing work for a further –12 – 18 months.

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfill its obligations in respect of each fund.

Plans for Future

In the coming year, we will continue to distribute and support communities to use The Sanctuary Course to further mental health awareness.

We will pilot and evaluate training for leaders on the topic of wellbeing, and in addition we will consult with leaders representing BAME communities on the resources and their usability in the context of their community and ministries.

We will seek to identify three diocese where we can actively support the roll- out of The Sanctuary Course, where we hope to prove the efficacy of the model. As we explore mental health needs across the church communities, we plan to provide proactive support with those where mental health incidence is higher.

Structure, Governance and Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 11th May 2020, and registered as a charity on 28th September 2020. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Board of Trustees. All members of the Board give their time voluntarily and receive no benefits from the charity.

Organisational Structure

Sanctuary Mental Health Society has a Board of Trustees of up to 12 members who meet quarterly and are responsible for the strategic direction and policy of the charity. At present the Committee has six members from a variety of professional backgrounds relevant to the work of the charity.

Day to day responsibility for the provision of the services rest with the UK Director. The Director is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

Recruitment and Appointment of Trustees

Trustees are sought primarily through the introduction and referrals of its Board. The charity will also seek to advertise any trustee vacancies in 2024/25 and to develop the range of skills and experience on the Board.

The trustees' bankers and advisors

UK Director: Corin Pilling

Finance and Administration: Stephen Perry & Co, Chartered Management Accountants,
38 York Road, York, YO24 4LZ

Bankers: CAF Bank Limited 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ.

Details of The Independent Examiner

Neil Atherton FCMA CGMA
Rosemount, Garden Close Lane, Newbury RG14 6PR

Statement of Directors' and Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)) issued in October 2019 (Charities SORP (FRS 102)).

In particular, the Companies Act 2006, and charity law require the Board of Trustees to prepare. Financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to:

- prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and then apply them consistently.
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for:

- maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions.
- safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.
- the contents of the Trustees' report.

The statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.

Method of preparation of accounts – small company provisions

The financial statements are set out on pages 12 to 22.

The financial statements have been prepared implementing the Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)) issued in October 2019 (Charities SORP (FRS 102) and the Companies Act 2006

These accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies' subject to the small companies regime. This report was approved by the board of trustees on 17th February 2024.

A handwritten signature in black ink, appearing to read 'Mark Nash', with a stylized, cursive script.

Mark Nash
Director and Trustee

Report of the Independent Examiner to the Trustees of Sanctuary Mental Health Society on the accounts for the year ended 31st May 2024

I report on the financial statements of the charitable company on pages 12 to 22 for the year ended 31st May 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act"). Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention which gives me cause to believe that:

- accounting records were not kept in accordance with s386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under s396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination: or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Neil Atherton FCMA CGMA
This report was signed on 21st February 2025

Statement of Financial Activities for the year ended 31st May 2024

	SORP Ref	Current year Unrestricted funds 2024 £	Current year Restricted funds 2024 £	Current year Total funds 2024 £	Prior year Total funds 2023 £
Income From					
Donations & Legacies	A1	79,414		79,414	90,343
Charitable Activities	A2	-		-	13,000
Interest Received	4	59		59	39
Total income	A	79,473		79,473	103,382
Expenditure On					
Cost of raising funds	B1	408		408	2,987
Charitable activities	B2	103,643		103,643	80,407
Total expenditure	B	104,051		104,051	83,394
Net income for the year		(24,578)		(24,578)	19,988
Net income after transfers	A B C	(24,578)		(24,578)	19,988
Net movement in funds		(24,578)		(24,578)	19,988
Reconciliation of funds:	E				
Total funds brought forward		72,327		72,327	52,339
Total funds carried forward		47,749		47,749	72,327

All activities are derived from continuing operations.

All prior year transactions related to unrestricted purposes.

There are no other recognised gains or losses other than shown above.

Notes on pages 16 to 22 form an integral part of these accounts

Income and Expenditure Account for the year ended 31st May 2024 as required by the Companies Act 2006

	2024	2023
	£	£
Income from Operations	79,414	103,343
Interest Receivable	59	39
Gross Income in the year	<u>79,473</u>	<u>103,382</u>
Expenditure		
Charitable expenditure	102,627	79,441
Fundraising Costs	408	2987
Governance Costs	1,016	966
Total Expenditure in the Year	<u>104,051</u>	<u>83,394</u>
Net income before tax in the Year		
	<u>(24,578)</u>	<u>19,988</u>
Tax on surplus on ordinary activities		
Net income after tax in the year	<u>(24,578)</u>	<u>19,988</u>

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

All activities derive from continuing operations.

Balance Sheet as at 31st May 2024

	SORP Ref	2024 £	2023 £
Fixed Assets	B	-	274
Current Assets			
Cash at Bank	B4	45,657	70,384
Debtors: Amounts due in one year		4,210	3,268
Creditors: amounts falling due within one year	C1	(2,118)	(1,600)
Net Current Assets		<u>47,749</u>	<u>72,327</u>
Total net assets of the charity		<u>47,749</u>	<u>72,327</u>

The total net assets of the charity are funded by the funds of the charity, as follows:

		2024 £	2023 £
Unrestricted Revenue Funds	D3	<u>47,749</u>	<u>72,327</u>
Total Charity Funds		<u>47,749</u>	<u>72,327</u>

The total net assets of the charity are funded by the funds of the charity, as follows:

		2024 £	2023
Unrestricted Revenue Funds	D3	<u>47,749</u>	<u>72,327</u>
Total Charity Funds		<u>47,749</u>	<u>72,327</u>

Notes on pages 16 to 22 form an integral part of these accounts

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006. The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the examiner is on page 11. The accounts have been prepared in accordance with the provisions in Part of the Companies Act 2006 applicable to company's subject to the small company's regime.

A handwritten signature in black ink, appearing to read 'Mark Nash', with a stylized flourish at the end.

Mark Nash
Director and Trustee

Approved by the board of trustees on 21st February 2024

The notes attached on pages 16 to 22 form an integral part of these accounts.

1. Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The financial statements have been prepared in accordance with the Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)) issued in October 2019 (Charities SORP (FRS 102) and the Companies Act 2006.

The charity meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Policies relating to categories of income and income recognition.

Nature of income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Income recognition

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources.
- it is more likely than not that the trustees will receive the resources.
- the monetary value can be measured with sufficient reliability.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Donated goods, facilities and services

Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the

contribution from volunteers, the contribution of volunteers is not included within the income of the charity. However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers, and this is described more fully in the Trustees Report.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Tangible Fixed Assets

Fixed Assets are recorded at cost of purchase less accumulated depreciation. The charity generally capitalises assets which meet or exceed a de minimis value of £1,000 and are likely to have a useful economic life of more than one year.

Depreciation

Depreciation of fixed assets is charged by annual amounts commencing in the year of acquisition at rates estimated to write off their cost, less any estimated residual value, over their expected useful lives. All assets are depreciated on a straight-line basis. A full year's depreciation is charged in the year of acquisition, and none in the year of disposal.

Computer Equipment 4 years

Taxation

As a registered charity, the organisation is exempt from income and corporation tax to the extent that its income and gains are applied towards the charitable objects of the charity and for no other purpose.

Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

2. Income

Income for the comparative year to 31st May 2023 comprises unrestricted funds.

3. Going concern

The trustees assess whether the use of going concern is appropriate i.e., whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements. The charity is a going concern and there are no material uncertainties relating to its going concern status.

4. Donated goods and services

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2024 £	2024 £	2024 £	2023 £
Included in legacies and donations	-	-	-	-
Donated goods and services	-	-	-	-

5. Staff costs and emoluments

	2024 £	2023 £
Gross Salaries excluding trustees	79,355	46,500
Employers Pension	1,730	1,208
Trustees' Remuneration	-	-
Total salaries, wages and related costs	81,085	47,708

Numbers of full time employees or full time equivalents

The average number of total staff employed in the year was

2	1
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	2024 £	2023 £
The amount reimbursed to trustees	nil	nil
The nature of the trustees' expenses was travel and subsistence		
The number of trustees to whom expenses were reimbursed	0	0

There were no employees with emoluments above £60,000.

6. Trustees' expenses

There were no expenses paid to trustees during the financial year to 31st May 2024 (2023; £nil)

7. Debtors: amounts falling due within one year

	2024	2023
	£	£
Trade Debtors	-	-
Other Taxes	4,210	3,268
Total Debtors	<u>4,210</u>	<u>3,268</u>

The debtors shown as 'Other taxes' in Note 7 relates to an overpayment to HMRC.

8. Creditors: amounts falling due within one year

	2024	2023
	£	£
Accruals	2,048	1,600
Other Taxes	-	-
Trade Creditors	70	-
Total Creditors	<u>2,118</u>	<u>1,600</u>

9. Fixed Assets

	IT Equipment	Prior Year
	£	£
	2024	2023
	£	£
At the beginning of the year	1,099	1,099
Additions	-	-
Disposals	-	-
At the end of the year	<u>1,099</u>	<u>1,099</u>
Depreciation		
At the beginning of the year	825	550
Charge Depreciation	274	275
Disposals	-	-
At the end of the year	<u>1,099</u>	<u>825</u>
Net Book Value		
At the beginning of the year	<u>274</u>	<u>549</u>
At the end of the year	<u>-</u>	<u>274</u>

10. Grants and Donations

	Current year Unrestricted Funds 2024 £	Current year Restricted Funds 2024 £	Current year Total Funds 2024 £	Prior Year Total Funds 2023 £
Sanctuary Canada	15,103		15,103	28,498
Benefact Group	50,000		50,000	50,000
The Bishop Radford Trust	2,000		2,000	-
The Good News Evangelical Mission	-		-	5,000
Other Smaller Donations,	12,311		12,311	19,845
Total Donations and Legacies	79,414		79,414	103,343

11. Expenditure on charitable activities Direct Spending

	Current year Unrestricted Funds 2024 £	Current year Restricted Funds 2024 £	Current year Total Funds 2024 £	Prior Year Total Funds 2023 £
Temporary Staff	6,796		6,796	17,794
Salaries	81,085		81,085	46,186
Total Direct Spending	87,881	-	87,881	63,980

12. Support costs for charitable activities

	Current year Unrestricted Funds	Current year Restricted Funds	Current year Total Funds	Prior Year Total Funds
	2024	2024	2024	2023
	£	£	£	£
<i>Administrative Overheads</i>				
Accountancy	2,526			492
Advertising	408			2,987
Computer	1,564			
Depreciation	274			275
Event Costs	510			3,605
Freelance Fees	6,796			
Office Expenses	849			
Pension Costs	1,730			
Recruitment	598			
Rent	3,600			
Salaries	79,355			
Software	1,815			35
Subscriptions				144
Staff Expenses	746			
Training & Development				9,277
Travel & Subsistence	2,137			1,533
<i>Financial Costs</i>				
Bank Charges	127			96
Total Support Costs	103,035	-	-	18,444

**13. Other expenditure
governance costs**

	Current year Unrestricted Funds 2024 £	Current year Restricted Funds 2024 £	Current year Total Funds 2024 £	Prior Year Total Funds 2023 £
Independent Examiner's fees	650	-	650	600
Trustees' expenses	-	-	-	-
Trustees' indemnity insurance	366	-	366	366
Total Governance costs	1,016	-	1,016	680

14. Related Party Transactions

None of the trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity.

The charity received donations during the year of £15,103 (2023: £28,498) from Sanctuary Mental Health Society Canada. The charity has an agency agreement with Sanctuary Canada to operate under the Sanctuary name in the UK. The Canadian charity provides financial support by way of voluntary donations but has no other financial relationship with the charity.