

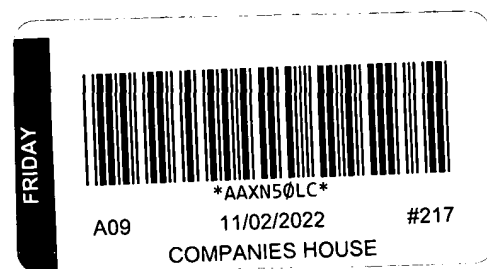
Sanctuary Mental Health Society (UK)
Company registration number: 12594940
Charity Registration Number: 1191490
Financial Statements for the year ending 31st May 2021



**Sanctuary Mental Health Society
(a company limited by guarantee)**

**Report of the Trustees
And Unaudited Financial Statements
for the Period Ending**

31st May 2021



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Sanctuary Mental Health Society Report of the Trustees for the year ended 31 May 2021

The Trustees present their Report and Accounts for the year ended 31st May 2021, which also comprises the Directors' Report required by the Companies Act 2006.

Reference and Administrative Information

Charity Name: Sanctuary Mental Health Society

The charity's areas of operation and UK charitable registration. The charity is registered in England & Wales with charity number 1191490

Legal structure of the charity

The charity is constituted as a company limited by guarantee, registered under the Companies Act, its governing document is a Memorandum and Articles of Association under company legislation.

Charity registration number: 1191490
Company registration number: 12594940

Registered Office and operational address: Chantry House, 22 Upperton Road, Eastbourne, East Sussex, United Kingdom, BN21 1BF

All trustees are individuals and are members of the charity.

Board of Trustees

Mark Scott Nash
Eleanor Johnson
David Colin Logan

The trustees who served as a trustee in the reporting period were as shown above and there were no changes during the year, or in the period between the year end and the approval of the accounts. All the trustees are also members of the charity

Head of UK Operations: Corin Pilling

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Our Aims and Objectives

Sanctuary Mental Health Ministries equips the Church to support mental health and wellbeing. We provide resources that meaningfully engage the topics of faith and mental health. Our content is developed in collaboration with theologians, psychologists, and people with lived experience of mental health challenges. These resources prepare communities of faith around the world to raise awareness, reduce stigma, support mental health, and promote mental wellbeing.

Our Values

We believe that caring for mental health and wellbeing is an important part of what it means to participate in Christ's redemptive work. Jesus came to invite all people into relationship with God, and as his disciples we are called to love one another and help one another recognize God's presence in every circumstance and experience, including the experience of mental health challenges. This is a call that requires not only profound compassion and hope, but also education and equipping. As our organization seeks to serve the Church and respond to this call, we are shaped by the following values.

Practicing Compassion

We seek to understand, care for, and honour others in all of our communications and relationships. This commitment reflects our recognition of the inherent value and dignity of every person made in the image of God.

Cultivating Hope

We desire to share the hope of the gospel in all that we do and with all whom we meet. This commitment reflects our belief that hope and mental wellbeing are deeply connected.

Building Relationships

We aim to encourage and strengthen communities through sharing stories and knowledge. This commitment reflects our belief that healthy communities are vital in supporting and promoting mental health and wellbeing.

Pursuing Excellence

We strive to meet the highest standards in our research, resource development, and training services.

Demonstrating Integrity

We seek to be authentic in our words and actions, and trustworthy in our work and relationships.

Our charity's objects as set out in our memorandum of understanding

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- To advance the education of the church to be a sanctuary for all people at all stages of their mental wellness journey

Delivering on our aims

We will review our aims, objectives and activities each year. The review will examine each key activity and their impact. The review will also help us ensure our aim, objectives and activities remained focused on our stated purposes. Having referred to the guidance contained in the Charity Commission's general guidance on public benefit we review our aim and objectives when planning our future activities.

The focus of our work

Our main objectives focused on the promotion of free resources to support both awareness and response to mental health challenges in the context of church.

Our material focuses both on direct engagement on the topics of mental health and wellbeing, and also material which aims to engage a broader audience by incorporating elements of this teaching into material focused on a broad audience.

We deliver training to church leaders, those in training, and the church involved to develop mental health awareness for those in ministry.

In addition, we also seek to work in partnership with other charities to support the wellbeing of the whole church.

How our activities deliver public benefit

The first year of Sanctuary UK proved both timely and challenging in its delivery of resources and support to the church and those in leadership. To engage with mental health in a pandemic offered both an audience attuned to the issues and also a dynamic environment to pitch resources and training responsive to the changing context.

The main activities undertaken in relation to those purposes during the year:

To this end, we promoted The Sanctuary Course, an 8 week introduction to mental health for the whole church- to tackle stigma and build awareness of opportunities for mutual support.

We provided a resource to tackle the impact of the pandemic on mental health: Faith, Grief & Covid 19.

We offered a resource for Church leaders to raise awareness of burnout for those who are in church leadership: ~Deeply Rooted.

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We pioneered an app to start conversations about wellbeing involving a game: Together Again.

The Contribution of Volunteers during the year

The charity's governing body are all volunteers. It also utilises the service of a small number of regular volunteers in its day to day running.

Our resources and training

We delivered bespoke training across multiple denominations and church networks- theological colleges, in the Baptist and Anglican training system. Our training focused on mental health awareness for ministry, burnout prevention, and sustaining wellbeing in the pandemic context. In addition, we grew a mailing list of 2200 subscribers by the end of our first year of operating.

Financial Review

The charity's financial position at the end of the year ended 31st May 2021

	2021
	£
Net income / (expenditure)	22,037
Unrestricted Reserve Funds available for the general purposes of the charity	<hr/> 22,037 <hr/>
Total Funds	<hr/> 22,037 <hr/>

Sanctuary UK has been seed-funded to establish its UK work, and this year we have primarily focused on operations and delivery. Another year of this seed-funding is available and during the year ahead we will diversify our income sources, with a particular focus on grant- funding.

The surplus carried forward of £22,037 combined with committed donations received shortly after the financial year end, puts the charity in a good position to deliver its planned activities for 2021/22 subject to the restrictions on holding events in person brought about by the pandemic.

The impact of the Coronavirus pandemic on the charity has been primarily to curtail its operational activities preventing in person meetings, with its events and workshops being delivered online wherever possible.

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Principal Funding Sources

We are presently supported by a major donor and have also drawn income from training delivery and speaking engagements. In addition, Individual Giving has also contributed to our running costs.

Policies on reserves

The trustees have considered the level of reserves required to ensure the continued activities of the charity. Reserves are needed to meet the costs of ongoing activities and balancing any fluctuations in income and expenditure. Those costs are primarily the work of the staff delivery team, managing the design of educational resources, delivering events and workshops, church liaison and fundraising.

The trustees consider it is reasonable to hold reserves to meet these costs for three months, whilst further fundraising activity is undertaken. The reserves at 31st May 2021 £22,037 are appropriate and sufficient when combined with incoming resources from committed donations in the early part of 2021/22 to support the continuing work for a further 6 – 12 months.

Availability and adequacy of assets of each of the funds

The board of trustees is satisfied that the charity's assets in each fund are available and adequate to fulfil its obligations in respect of each fund.

Plans for Future

In the coming year, our primary plan is to launch a new Sanctuary course- a reviewed version offering a film- based approach to the mental health discussion. Numerous resources will accompany this, including a community development resource to support practical implementation

As we explore mental health needs across the church communities, we plan to provide proactive support with those where mental health incidence is higher.

Structure, Governance and Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 11th May 2020 and registered as a charity on 28th September 2020. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Board of Trustees. All members of the Board give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 7 to the accounts.

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Organisational Structure

Sanctuary Mental Health Society has a Board of Trustees of up to 12 members who meet quarterly and are responsible for the strategic direction and policy of the charity. At present the Committee has three members from a variety of professional backgrounds relevant to the work of the charity. Day to day responsibility for the provision of the services rest with the UK Director. The Director is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

Recruitment and Appointment of Trustees

Trustees are sought primarily through the introduction and referrals of its Board. The charity will also seek to advertise any trustee vacancies in 2021/22 and to develop the range of skills and experience on the Board.

The trustees' bankers and advisors

Head of UK Operations: Corin Pilling
Finance and Administration: Stephen Perry & Co, Chartered Management Accountants, 38 York Road, York, YO24 4LZ
Bankers: CAF Bank Limited 25 Kings Hill Avenue, Kings Hill, West Malling, Kent ME19 4JQ.

Details of The Independent Examiner

Robert Woolley FCCA CTA
Fellow Member of the Association of Chartered Certified Accountants and Chartered Tax Advisor

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Statement of Directors' and Trustees' Responsibilities

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Companies Act 2006, the Charities Act 2011 and the Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)) issued in October 2019 (Charities SORP (FRS 102)).

In particular, the Companies Act 2006 and charity law require the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of the surplus or deficit of the charity. In preparing those financial statements the Board is required to:

- prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).
- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements.

The law requires that the trustees must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for the year.

The Trustees are also responsible for maintaining adequate accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which are sufficient to show and explain the charity's transactions and enable them to ensure that the financial statements comply with the Companies Act 2006 and comply with regulations made under the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the contents of the Trustees' report, and the statutory responsibility of the Independent Examiner in relation to the Trustees' report is limited to examining the report and ensuring that, on the face of the report, there are no material inconsistencies with the figures disclosed in the financial statements.


Method of preparation of accounts - Small company provisions

The financial statements are set out on pages 13 to 22.

The financial statements have been prepared implementing the Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)) issued in October 2019 (Charities SORP (FRS 102) and the Companies Act 2006

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These accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies' subject to the small companies regime. This report was approved by the board of trustees on 9th February 2022.

A handwritten signature in black ink, appearing to read 'Mark Nash', with a stylized flourish at the end.

Mark Nash
Director and Trustee

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Report of the Independent Examiner to the Trustees of the charitable company on the accounts for the year ended 31st May 2021

I report on the financial statements of the charitable company on pages 13 to 22 for the year ended 31st May 2021, which have been prepared in accordance with the Charities Act 2011 (the Act) and with the Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)) issued in October 2019 (Charities SORP (FRS 102) and the Companies Act 2006), under the historical cost convention and the accounting policies set out on page 17.

Respective responsibilities of Trustees and Independent Examiner

As described on page 9, the charitable company's Trustees, who are also the Directors of the Company for the purposes of Company law, are responsible for the preparation of the financial statements.

The Trustees consider that the audit requirement of Section 144(1) of the Charities Act 2011 (the Act) does not apply, and that there is no requirement in the memorandum and articles of the charity for the conducting of an audit, and that the accounts do not require an audit in accordance with Part 16 of the Companies Act 2006 and that no member or members have requested an audit pursuant to section 476 of the Companies Act 2006. As a consequence, the Trustees have elected that the financial statements be subject to independent examination.

Having satisfied myself that the charity is not subject to audit under any legal provision, or otherwise, and is eligible for independent examination, it is my responsibility to:

- a) examine the accounts under section 145 of the Act;
- b) follow the procedures in the General Directions given by the Charity Commission under section 145(5)(b) of the Act; and;
- c) state whether particular matters have come to my attention.

Basis of Examiner's Statement and scope of work undertaken

I conducted my examination in accordance with the General Directions issued by the Charity Commission for England & Wales, under section 145(5)(b) of the Act, setting out the duties of an Independent Examiner in relation to the conducting of an Independent Examination. An Independent Examination includes a review of the accounting records kept by the charitable company and of the accounting systems employed by the charitable company and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you, as Trustees, concerning such matters. The purpose of the examination is to establish as far as possible that there have been no breaches of charity legislation and that the financial statements comply with the SORP, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements.

The procedures undertaken do not provide all the evidence that would be required in an audit, and information supplied by the Trustees in the course of the examination is not subjected to audit tests or enquiries, and consequently I do not express an audit opinion on the view given by the financial statements, and in particular, I express no opinion as to whether the financial

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statements give a true and fair view of the affairs of the charity, and my report is limited to the matters set out in the statement below.

I planned and performed my examination so as to satisfy myself that the objectives of the Independent Examination are achieved and before finalising the report I obtained written assurances from the Trustees of all material matters.

In accordance with Regulation 31 of The Charities (Accounts and Reports) Regulations 2008, (The Regulations) the accounts of this charitable company are not required to be audited under Part 16 of the Companies Act 2006.

This is a report in respect of an examination carried out under section 145 of the Act and in accordance with any directions given by the Commission under subsection (5) (b) of that section which are applicable; and that, no matter has come to my attention in connection with my examination which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006 and section 130 of the Charities Act 2011;
- to prepare financial statements which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and The Charities Act 2011 and;
- that the financial statements be prepared in accordance with the methods and principles set out in the Statement of Recommended Practice - Accounting and Reporting by Charities applicable in the UK (FRS 102) issued in October 2019 (Charities SORP (FRS 102) have not been met or to which, in my opinion, attention should be drawn in my report in order to enable proper understanding of the accounts to be reached;



Robert Woolley FCCACTA

Fellow Member of the Association of Chartered Certified
Accountants and Chartered Tax Advisor
Crown House,
York Road
Shiptonthorpe
York
East Yorkshire
YO43 3PF

This report was signed on 9th February 2022

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Statement of Financial Activities for the year ended 31st May 2021

	SORP	Current year	Current year	Current year
	Ref	Unrestricted funds	Restricted funds	Total funds
		2021	2021	2021
		£	£	£
Income				
Donations & Legacies	A1	64,590	-	64,590
Government Grants	A5		-	
Total income	A	64,590		64,590
Expenditure				
Cost of raising funds	B1		-	
Charitable activities	B2	42,553	-	42,553
Total expenditure	B	22,037		22,037
Net income for the year	A	22,037		22,037
Net movement in funds	B	22,037		22,037
Total funds carried forward		22,037		22,037

Notes on pages 17 to 22 form an integral part of these accounts

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Resources applied in the year ended 31st May 2021

	2021
	£
Funds generated in the year as detailed in the SOFA	22,037
Net resources available to fund charitable activities	22,037

The notes attached on pages 17 to 22 form an integral part of these accounts.

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Income and Expenditure Account for the year ended 31st May 2021 as required by the Companies Act 2006

	2021 £
Income from Operations	64,590
Other Income	
Interest Receivable	
Gross Income in the year	<u>64,590</u>
Expenditure	
Charitable expenditure	42,153
Fundraising Costs	
Governance Costs	<u>400</u>
Total Expenditure in the Year	<u>22,037</u>
Net income before tax in the Year	<u>22,037</u>
Tax on surplus on ordinary activities	
Net income after tax in the year	<u>22,037</u>

In accordance with the provisions of the Companies Act 2006, the headings and subheadings used in the Income and Expenditure account have been adapted to reflect the special nature of the charity's activities.

All activities derive from continuing operations.

Notes on pages 17 to 22 form an integral part of these accounts

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Balance Sheet as at 31st May 2021

	SORP Ref	2021 £
Fixed Assets Current Assets	B	824
Cash at Bank	B4	60,243
Creditors: amounts falling due within one year	C1	(39,030)
Net Current Assets		<u>22,037</u>
Total net assets of the charity		<u>22,037</u>

The total net assets of the charity are funded by the funds of the charity, as follows:

		2021 £
Unrestricted Revenue Funds	12 D3	<u>22,037</u>
Total charity funds		<u>22,037</u>

The 'SORP Ref' indicated above is the classification of Balance Sheet items as set out in the formal SORP documents. As required by paragraph 4.60 of the SORP, the brought forward and carried forward funds above have been agreed to the SOFA.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The charity is subject to Independent Examination under charity legislation, and the report of the examiner is on page 13.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to company's subject to the small company's regime.



Mark Nash
 Director and Trustee
 Approved by the board of trustees on 9th February 2022

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Notes on pages 17 to 22 form an integral part of these accounts

The notes attached on pages 17 to 22 form an integral part of these accounts.

1 Accounting policies

Policies relating to the production of the accounts.

Basis of preparation and accounting convention

The financial statements have been prepared in accordance with the Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102)) issued in October 2019 (Charities SORP (FRS 102) and the Companies Act 2006.

Sanctuary Mental Health Society meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s). Policies relating to categories of income and income recognition.

Nature of income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income recognition

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Grants and Donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Donated goods, facilities and services

Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.

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Government Grants

The charity has received government grants in the reporting period. Grants received are recognised in the period in which they become receivable.

Volunteers

In accordance with the SORP, and in recognition of the difficulties in placing a monetary value on the contribution from volunteers, the contribution of volunteers is not included within the income of the charity. However, the trustees value the significant contribution made to the activities of the charity by unpaid volunteers and this is described more fully in the Trustees Report.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Tangible Fixed Assets

Fixed Assets are recorded at cost of purchase less accumulated depreciation. The Church generally capitalises assets which meet or exceed a de minimis value of £1,000 and are likely to have a useful economic life of more than one year.

Depreciation

Depreciation of fixed assets is charged by annual amounts commencing in the year of acquisition at rates estimated to write off their cost, less any estimated residual value, over their expected useful lives. All assets are depreciated on a straight-line basis with assumed useful economic lives of between four and ten years, dependent on the individual asset. A full year's depreciation is charged in the year of acquisition, and none in the year of disposal. Depreciation may be accelerated where it is known in advance that an asset will be disposed of.

All other assets	4 years
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2 Liability to taxation

As a registered charity, the organisation is exempt from income and corporation tax to the extent that its income and gains are applied towards the charitable objects of the charity and for no other purpose. Value Added Tax is not recoverable by the charity and is therefore included in the relevant costs in the Statement of Financial Activities.

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3 Winding up or dissolution of the charity

If upon winding up or dissolution of the charity there remain any assets, after the satisfaction of all debts and liabilities, the assets represented by the accumulated fund shall be transferred to some other charitable body or bodies having similar objects to the charity.

4 Government Grants

The charity received no government grants during the financial year.

5. Donated goods, services and facilities

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £
Donated goods and services			0

6. Staff costs and emoluments

Salary costs	2021 £
Gross Salaries excluding trustees	3,875
Trustees' Remuneration	0
Total salaries, wages and related costs	3,875

7. Trustees' expenses

The expenses reimbursed to trustees, or paid directly to third parties, is shown below.

	2021 £
The amount reimbursed to trustees	nil
The number of trustees to whom expenses were reimbursed	nil

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8. Fixed Assets

	IT Equipment £	Total £
At the beginning of the year		
Additions	1,099	1,099
Disposals		
At end of the year	1,099	1,099
Depreciation		
At the beginning of the year		
Depreciation	275	275
Disposal		
At end of the year	275	275
Net Book Value		
At the beginning of the year	0	0
At the end of the year	824	824

9. Creditors: amounts falling due within one year

	2021 £
Accruals	38,305
Other Taxes	725
Trade Creditors	0
Total Creditors	39,030

10. Particulars of how particular funds are represented by assets and liabilities

At 31 st May 2021	Unrestricted Funds £	Restricted Funds £	Total Funds £
Fixed Assets	824		824
Current Assets	60,243		60,243
Current Liabilities	(39,030)	-	(39,030)
	22,037	-	22,037

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11. Analysis of movements in funds over the year

	Income	Expenditure	Other Gains & Losses	Movement in Funds
	2021 £	2021 £	2021 £	2021 £
Unrestricted and designated funds	64,590	(42,533)		22,037
Unrestricted revenue fund	64,590	(4,533)		22,037

12. Donations and Legacies

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £
Sanctuary Canada	63,754		63,754
Other smaller donations, less than £1,000	836		836
<i>Total donations and gifts from individuals</i>	64,590	-	64,590
Total Donations and Legacies	64,590		64,590

13. Expenditure on charitable activities Direct spending

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £
Temporary Staff	35,933		35,933
Salaries	3,875		3,875
Total Direct Spending	39,808		39,808

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14. Support costs for charitable activities

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current year Total Funds 2021 £
<i>Administrative overheads</i>			
Information and publications	400		400
Website and Marketing	1125		1125
Accountancy fees	443		443
Depreciation	274		274
<i>Financial costs</i>			
Bank charges	103		103
Total support costs	2,345		2,345

The basis of allocation of costs between activities is described under accounting policies

15. Other Expenditure Governance costs

	Current year Unrestricted Funds 2021 £	Current year Restricted Funds 2021 £	Current Year Total Funds 2021 £
Independent Examiner's fees	400	-	400
Trustees' expenses		-	
Trustees' indemnity insurance		-	
Total Governance costs	400	-	400