



Report & Financial Statements
Year Ended 31 March 2024

EASTHANDS

Report and Financial Statements
Year Ended 31 March 2024

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BOARD OF TRUSTEES:

Chairperson and Trustee : Mr Mohammed Nobab Uddin
General Secretary & Trustee : Mr Bablul Hoque
Treasurer & Trustee : Mr Md Imran Ahmed

Registered Charity Number: 119 1463

Charity Correspondence Address

13 Denham Crescent
Mitcham
Surrey
CR4 4LZ

Independent Examiner:

Muhit & Co
Chartered Certified Accountants
80A Ashfield Street
Unit 4
London
E1 2BJ

Bankers:

Lloyds Bank Plc

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Trustees' Annual Report for the period

From 1st April 2023 to 31st March 2024

Charity name: EASTHANDS

Charity registration number:1191463

Objectives and Activities

	SORP ref.	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage in Bangladesh and such other countries as the trustees shall from time to time determine, by providing grants, items, and services to individuals in need and/or charities, or other organisations working to meet and relieve their charitable needs.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Information, Advice & Guidance; Education; Training; Health & Wellbeing; Environmental Issues; Gardening; Sports Activity; Feeding/ Supporting the Homeless and vulnerable people
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The members of the Board confirm that they have complied with their duty under the Charities Act 2011 to ensure the charity provides public benefit. They have considered the public benefit guidance published by the Charity Commission and believe that they have followed its guidance in this area.”

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making.	Para 1.38	We do not make grants to individuals
Policy on social investment including program related investment.	Para 1.38	We are not considering Social Investment at this current time.
Contribution made by volunteers.	Para 1.38	10 volunteers continue to support our services and are critical to our Organisation, both as Trustees, Advisors, and project delivery staff. We are very grateful for everyone's time and commitment. Our volunteer - Rumana Afroze Rakhi awarded Female Volunteer of the Year 2023 by Tower Hamlets Council.
Other		N/A

Achievements and Performance

	SORP ref.	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>This year, our efforts have spanned a diverse range of initiatives, aimed at enriching the lives of our community members. Here's a glimpse into the spectrum of activities we've proudly facilitated -</p> <p>Information, Advice, and Guidance: Our primary focus has been on addressing pressing cost-of-living concerns, offering invaluable assistance with debt management, navigating energy expenses, facilitating housing applications, aiding in form completion, as well as bridging language barriers through translation and interpreting services.</p> <p>Environment & Carbon Reduction: Through a series of engaging workshops and face-to-face advisory sessions, we've ignited conversations within our community about collective efforts towards reducing our carbon footprint. Our aim is to transform Tower Hamlets into a cleaner, more sustainable area to call home.</p> <p>Health & Wellbeing: Nurturing the wellbeing of our residents, we've extended support towards cultivating green spaces and fostering a love for gardening. Our initiatives have centred around the therapeutic benefits of tending to flowers and growing nutritious food, promoting holistic health practices.</p> <p>Sports and Wellbeing: In our commitment to promoting physical activity and holistic wellness, we've orchestrated regular Badminton sessions. These culminated in a grand tournament in August 2023, a vibrant gathering that saw the participation of over 300 individuals, fostering camaraderie and vitality within our community.</p> <p>Foodbank Project: We've distributed carefully packed dry food to individual families experiencing financial strain, extending vital support to our community members facing hardship.</p> <p>Homeless Ramadan Project: Throughout the sacred month of Ramadan, we've diligently delivered nourishing food packages to families in need, ensuring that no one goes hungry during this special time of fasting and reflection.</p> <p>Heritage: Our endeavours have also delved into preserving and celebrating the rich heritage of Tower Hamlets. Currently, we're diligently working on a program submission to secure funding from the lottery for a Heritage project. This project aims to commemorate the legacy of Bangabandhu Sheikh Mujibur Rahman through the creation of a compelling book and accompanying audio tapes, ensuring that his profound impact is cherished and remembered for generations to come.</p>

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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set -	Para 1.41	Objective 1 – Review our Governance, Aims and Objectives and create 5–10-year plan. Fully Achieved Objective 2 – Develop a Fund-Raising Plan to fund our infrastructure and core activities including Young People and the Environment. Achieved Objective 3 – Recruit and consolidate our volunteer bases, provide training and ongoing support. Achieved
Performance of fundraising activities against objectives set -	Para 1.41	Our objective as an organisation is to secure additional funding to address the communities need. We were successful in securing £10K for Environmental Work from The National Lottery Community Fund; £10K from The National Lottery Community Fund for our Gardening and Health Programme and £40K from Go London for a Youth Sports Programme and £10k for Carbon Reduction programme from Tower Hamlets council. £2k from Sported Foundation for women badminton. We were also successful with the good things Foundation to provide Free Sim Cards and data to the most vulnerable in our community. In addition to the above information, we also raised £27,879 in donations from individual donors.
Investment performance against objectives	Para 1.41	N/A
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of March 2024, we are showing a surplus of £18,613
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our ambition is to achieve at least three-six months running costs as a minimum. Fortunately, our overheads are minimal and now we have approx. 8 weeks in reserves
Amount of reserves held	Para 1.22	£18,613
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	It is unrestricted reserves we need to increase. Our restricted grants are monitored closely so that we do not overspend but achieve full spend.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Our trustees are committed to support our charity for the long term. We are exploring a range of funding streams. Like others we are affected by cost of living, and we are ensuring our proposals reflect these costs

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Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>Our funding in 2023-24 has come from:</p> <p>The National Lottery Community Fund (Environmental Work) £10,000</p> <p>The National Lottery Community Fund (Gardening & Health Programme) £10,000</p> <p>Go London (GLA) for a Youth Sports Programme £40,000 over two years.</p> <p>LB of Tower Hamlets for Carbon Reduction programme £10,000</p> <p>Sported Foundation for women badminton. £2,000</p> <p>We were also successful with the good things Foundation to provide Free Sim Cards and data to the most vulnerable in our community.</p> <p>In addition to the above information, we also raised £27,879 in donations from individual donors.</p>
Investment policy and objectives including any social investment policy adopted.	Para 1.46	We are not exploring Investments at present.
A description of the principal risks facing the charity	Para 1.46	<p>Key risks:</p> <p>Loss of one or more of the 3 Trustees. We do need to increase our Trustee numbers and we will look to appoint during the year.</p> <p>Lack of Funds – We have secured a 2 year grant from Go London and with careful management, will continue at least this activity. We have Awards for All funding to cover at least 9 months. Our challenge is to work towards securing more project grants and unrestricted funding towards our infrastructure costs.</p> <p>Lack of take up by community – This is extremely unlikely. Our activities relate to community needs. Services we deliver are free and accessible, so no-one is prevented from taking part.</p>
Other		

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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charitable Association Model Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Registered Charity
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees elected by majority vote.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees.	Para 1.51	We do have a Policy in place for the induction of new Trustees that must happen within a month of appointment. Further training is given on a regular basis in relation to all Policies and Procedures.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charities organisational structure is available at any time, setting out Governing arrangements.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	EASTHANDS
Other name the charity uses	
Registered charity number	1191463
Charity's principal address	18 Spelman Street (Basement) London E1 5LQ

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Names of the charity trustees who manage the charity:

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mohammed Nobab Uddin	Chair/ Lead Trustee	Whole Year	
2	Bablul Hoque	Trustee	Whole Year	
3	Md Imran Ahmed	Trustee	Whole Year	
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				

Corporate trustees – names of the directors at the date the report was approved.

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

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Funds held as custodian trustees on behalf of others.

Description of the assets held in this capacity.	N/A
Name and objects of the charity on whose behalf the assets are held and how these falls within the custodian charity's objects.	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A


Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mohammed Nobab Uddin	
Position (eg Secretary, Chair, etc)	Chair/Trustee	
Date	30 April 2024	

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INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF EASTHANDS (CHARITY REG: 1191463)

We have examined the financial statements for the year ended 31 March 2024, which are set out on pages 15 to 17 which have been prepared on the basis of historic cost. The Trustees have confirmed that they hold restricted funds and that all the funds are available to meet the charity's objectives.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act and
- state whether particular matters have come to our attention.

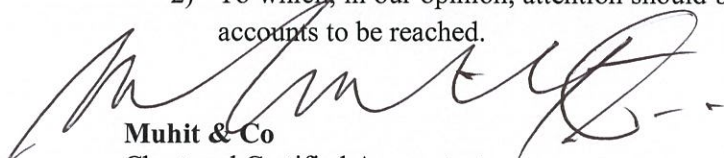
Basis of Independent Examiner's Statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view, and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In the course of our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that in, any material respects the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act.have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.




Muhit & Co
Chartered Certified Accountants
80A Ashfield Street, Unit 4, London E1 2BJ

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Approval of Accounts

We hereby approve the attached accounts for the year ended 31 March 2024 and confirm that we have supplied all the information and explanations required for these accounts.

A handwritten signature in black ink, appearing to read 'Mohammed Nobab Uddin', written in a cursive style.

Chairperson & Trustee

Mohammed Nobab Uddin

Dated: 30 April 2024

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Statement of Financial Activities

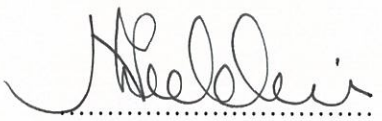
For the year ended 31 March 2024

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Incoming resources					
Donation	2	27,879		27,879	39,436
Albert hunt					2,000
GLA -London			5,025	5,025	
LBTH-Main Account			8,309	8,309	
Main Grant			20,000	20,000	
Sported Foundation		2,000		2,000	
		29,879	33,334	63,213	41,436
Income resources from charitable activities		-		-	-
Total incoming resources		29,879	33,334	63,213	41,436
Resources expended					
Cost of generating funds:					
Charitable activities and support	3	24,929	22,640	47,569	45,749
		24,929	22,640	47,569	45,749
Total resources expended		24,929	22,640	47,569	45,749
Net movement in funds		4,950	10,694	15,644	(4,313)
Reconciliation of funds:					
Total funds brought forward		2,959	-	2,959	7,272
Total Funds carried forward		7,909	10,694	18,603	2,959

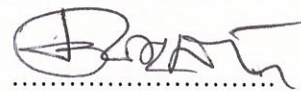
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Balance Sheet as at 31 March 2024


	Note	2024	2024	2023
			£	£
Fixed assets				
Current assets:				
Cash at bank and in hand		19,453		3,559
Prepayments		-		
Deposit Account		-		
Total Current assets		0	19,453	3,559
Current liabilities				
Creditors falling due within one year		(850)		(600)
			18,603	2,959
Net current Assets				
Net assets			18,603	2,959
The funds of the charity:				
Unrestricted funds B/F			2,959	7,272
Net Unrestricted funds for this period			15,644	(4,313)
Total unrestricted funds			18,603	2,959
Restricted income funds				-
Total charity funds:			18,603	2,959



Chairperson & Trustee
Mohammed Nobab Uddin



Treasurer & Trustee
Md Imran Ahmed



Secretary & Trustee
Bablul Hoque

Date: 30 April 2024

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Notes to financial statements

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting and applicable UK Accounting Standards and the Charities Act 2011.

(b) Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or the terms of a specific appeal at any time and under the terms for public collection of Zakat in accordance with the teachings of Islam.

(c) Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct pay and support costs relating to those activities.

(d) Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised and at historic cost. Fixed assets are stated at cost less accumulated depreciation. The freehold property is valued at historic cost and it is not depreciated.

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2. Incoming resources from voluntary income

	Unrestricted funds	Restricted funds	Total 2024	2023
	£	£	£	
Individual donation	27,879	0	27,879	39,436
Albert Hunt SP	0	0		2,000
GLA -London	0	5,025	5,025	
LBTH-Main Account	0	8,309	8,309	
Main Grant	0	20,000	20,000	
Sported Foundation	2,000	0	2,000	
		0		
Total	29,879	33,334	63,213	41,436

3. Charitable Activities (Support costs)

	Unrestricted funds	Restricted funds	Total 2024	2023
	£	£	£	£
Badminton project				2688
Badminton Tournament Hall Hire	1,656		1,656	-
Badminton Tournament Photography	50		50	-
Badminton Tournament printing	240		240	-
Badminton Tournament Sound system	50		50	-
Badminton Tournament Trophies	538		538	-
Bank charge	-		-	4
Children help	-		-	3,029
Consultancy fee	450		450	2,000
Disabled Families Help	-		-	1,400
Donation	-		-	120
Food Pack	-		-	13,022
Foodbank Project	1,500		1,500	-
Gardening project	694		694	-
Help poor people	100		100	1,250
Helping Homeless project	1,590		1,590	-
Helping Poor Girl Project	400		400	-
Homeless foodbank project	2,700		2,700	-
Homeless Ramadan Food pack	1,480		1,480	-
Homeless support – UK	-		-	12,537
Human relief fund	-		-	1500
Magazine, leaflets etc	-		-	691
Old people club	-		-	500
Printing and stationary	1,032		1,032	-
Promotional Goods	146		146	-

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	Unrestricted funds	Restricted funds	Total 2024	2023
	£	£	£	£
Refreshment	260		260	-
Restricted - Community Lottery Fund - Equipment – Laptop		1,266	1,266	-
Restricted - Community Lottery Fund - hall and seminar		3,450	3,450	-
Restricted - Community Lottery Fund - Hall Hire		70	70	-
Restricted - Community Lottery Fund – Photography		50	50	-
Restricted - Community Lottery Fund - project Coordinator		1,700	1,700	-
Restricted - Community Lottery Fund - promo video		1,200	1,200	-
Restricted - Community Lottery Fund - promotional works		1,625	1,625	-
Restricted - Community Lottery Fund – Refreshment		130	130	-
Restricted - Community Lottery Fund – Transport		600	600	-
Restricted - Community Lottery Fund – volunteer		800	800	-
Restricted - NHS project Coordinator		2,365	2,365	-
Restricted - NHS Project Hall Hire		200	200	-
Restricted - NHS Project Volunteer		220	220	-
Restricted - TH Carbon Programme - photography		150	150	-
Restricted - TH Carbon Programme - project coordinator		1,560	1,560	-
Restricted - TH Carbon Programme - speaker/professional fee		1,280	1,280	-
Restricted - TH Carbon Programme - Hall hire		160	160	-
Restricted - TH Carbon Programme – printing		788	788	-
Restricted - TH Carbon Programme - promotional items		331	331	-
Restricted - TH Carbon Programme – refreshment		390	390	-
Restricted - TH Carbon Programme – volunteer		800	800	-
Restricted - TH Carbon Programme -educational video		2,500	2,500	-
Restricted - TH Carbon Programme -job advert		605	605	-
Safe Water – BD			-	670
Staff Salary	8,580		8,580	-
Subscription	140		140	-
Sundry	59		59	59
Support Gaza Children	1850		1850	-
Support homeless housing project in BD	840		840	-
Telephone rental cost	124		124	-
Travel & substance	-		-	637
Ukraine relief project	-		-	4,542
Ukraine support	-		-	500
Accountancy Fees	450	400	850	600
Total	24,929	22,640	47,569	45,749