

EASTHANDS



Charity Registration No. 1191463

# **REPORT & FINANCIAL STATEMENT FOR THE YEAR ENDED**

**31 MARCH 2023**

**Report and Financial Statements**  
**Year Ended 31 March 2023**

**Contents**

	<b>Page</b>
Management Committee and Charity Information	3
Trustees Annual Report	4-10
Independent Examiner's Report	11
Statement of Financial Activities	13
Balance Sheet	14
Notes to the Financial Statements	15-16

## **EASTHANDS**

### **BOARD OF TRUSTEES:**

Chairperson and Trustee : Mr Mohammed Nobab Uddin  
General Secretary & Trustee : Mr Bablul Hoque  
Treasurer & Trustee : Mr Md Imran Ahmed

**Registered Charity Number: 119 1463**

### **Charity Correspondence Address**

18 Spelman Street  
Spitalfields & Bangla Town  
London E1 5LQ

### **Independent Examiner:**

Muhit & Co  
Chartered Certified Accountants  
80A Ashfield Street  
Unit 4  
London  
E1 2BJ

### **Bankers:**

#### **Lloyds Bank Plc**

1 Legg Street  
Chelmsford  
Essex  
CM1 1JS

## **EASTHANDS**

### **Trustees Annual Report for the Year Ended 31 March 2023**

The Trustees of Easthands submitted their report and financial statements for the year ending 31<sup>st</sup> March 2023. EastHands, which was established in 2019, had its constitution formally adopted on 12<sup>th</sup> June 2020 with the first amendments adopted on 22<sup>nd</sup> September 2020. It was incorporated as a charity, with its name entered in the Charity Commission's Central Register on 24<sup>th</sup> September 2020. The statements have been prepared in accordance with the statement of recommended practice for Accounting and Reporting by Charities.

### **EastHands Mission & Vision**

- 1) To serve people in need and communities in crises through innovative solutions aimed at building better lives, keeping humanitarian principles in focus.
- 2) To ensure a range of outcome-focused functions for people in desperate need so they can have more and better opportunities in life.

### **The Charity Objectives are:**

The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or disadvantage in Bangladesh and other such countries as the Trustees shall from time to time determine, by providing grants, items and services to individuals in need and/or charities or other organisations working to meet and tide over their charitable needs.

### **Chair meets King**

When King Charles III journeyed to East London at the invitation of BBPI Councillors Abdal Ullah and Ayesha Qureshi MBE, JP, he was met by EastHands Charity Chairman Nobab Uddin, who spoke to the monarch. The King heard the enlightening story of the contributions of Bangladeshis to the liberation war of their country in Britain. At the same time, Chairman Nobab Uddin highlighted before the monarch the contributions made by British Bangladeshis to the economy, culture and politics of Britain.

### **Hot food distribution in Westminster area and Tower Bridge point**

The British charity EastHands and the British Bangla Welfare Trust distributed food to people standing in long queues to pay their respects to the late Queen as her cortege went by. At midnight on September 17, tea, coffee, croissants, muffins, cakes, apples, bananas and water were distributed to hundreds of people at Tower Bridge Point. It may be noted that after the death of Queen



## **EASTHANDS**

Elizabeth II, she lay in state at Westminster Hall for four days for the general public to pay their respects. People came from different parts of the world to express their condolences. They paid their last respects to the Queen by waiting for up to 24 hours in queues about 8 kilometers long. Chairman of British Bangla Welfare Trust Khosruzzaman Khosru said, 'We have jointly initiated a little project to relieve the fatigue of people waiting for 24 hours. Our activities will continue at various points till September 19.' ASM Masum, a volunteer of Easthands, said, "We are overwhelmed by people's love for the Queen and the country. So we have worked together to bring relief to people who are tired of waiting in long queues.'

### **Letter from the King's Palace**

After the death of Queen Elizabeth II, on behalf of Easthands charity ASM Masum provided hot meals to thousands of people who had lined up to pay their last respects to the departed Queen over four nights in August 2022. King Charles III sent his personal letter and card to volunteer ASM Masum expressing his gratitude for the gesture.

### **Raising money for underprivileged children:EastHands Charity Badminton Tournament**

As the first Easthands International Charity Badminton Tournament 2022 was successfully completed, the second Easthands International Charity Badminton Tournament this year is scheduled to be held on Sunday, 23rd July 2023, at Redbridge Sports Centre. The tournament will run from 10 am to 8:30 pm. The opening ceremony will be held at 10:30 am, with the final match taking place from 5 pm and the prize distribution at 8 pm.

In order to make this tournament a success, a second preparatory meeting was held on Friday, 16<sup>th</sup> June, at a restaurant in East London under the chairmanship of Nobab Uddin, Chairman of Easthands International Charity and a prominent sportsman and reputed journalist. Former Councillor Aatur Rahman, one of the initiators of the tournament, former Chairman of Tower Hamlets Badminton Club Babul Haque, Chairman of Taqwa Badminton Club journalist Md. Abdul Munim Jahedi Karol, Secretary Faruk Fuad Chowdhury, former director of Manny's Restaurant and prominent sportsman Mahidul Islam Chowdhury, Tower Hamlets badminton club member Solicitor Sebalul Haque, one of the founders of Badminton Club, Swanley School teacher, distinguished sportsperson Abdul Muktadir Shamim, Bangladesh Badminton Federation UK Vice President Habib Ahmed, Taqwa Badminton Club Treasurer Muhajjem Ahmed Ribu and others were present at the meeting.

### **Monthly Drop-In**

At the end of the first lockdown, EastHands conducted a weekly drop-in and telephone support service, dispensing advice and income to people most affected by the pandemic, in particular people rendered unemployed, elderly people and the homeless.

### **EastHands Food Bank in East London**

## **EASTHANDS**

The international charity EastHands ran a Food Bank Donation Point in East London to help those in need as a result of the Covid-19 pandemic.

### **Grand completion of Charity Badminton Tournament 2022**

The first Easthands International Charity Badminton Tournament was held in London with great fanfare. This charity tournament was held on Sunday, 21st August 2022, at Redbridge Sports Centre in Barkingside, Essex. The tournament went on from 10 am till 9:30 pm.

This charity tournament was inaugurated by the Chairman of Easthands International Charity, Nobab Uddin, a prominent sportsman. Businessman Monir Ahmad, one of the sponsors of the tournament and director of JMG Cargo, also spoke on the occasion.

In addition to London, Luton, Birmingham, Leicester, Reading, Surrey, Portsmouth, Cardiff, Manchester, Southampton, Cambridge, Doncaster, Ipswich, around 180 players (90 teams) from various cities in the United Kingdom cheerfully participated in this magnificent historic game. A wonderful prize distribution ceremony followed the tournament.

### **British Bengal Welfare Trust and Easthands distribute water and umbrellas to people in summer**

British Bengal Welfare Trust and Easthands Charity jointly distributed cold water, dry food and umbrellas to hundreds of people in Stratford, East London, when the temperature in London rose to around 41 degrees.

Stratford Area Councillor Sabiha Kamali joined the program. She noted that the distribution of the cold water among people in such hot weather was wonderful work as some people would get some relief.

### **Nobab Uddin's Step Challenge**

The international charity organisation Easthands Charity has raised money through the Step Challenge or Walk programme for blind, mute and deaf disabled children. The chairman of the organisation, Nobab Uddin, walked more than 60 thousand steps every week for one and a half months in order to collect this money. In the event, £3,000 were collected.

### **Community Lottery Fund**

EastHands received a project grant to improve health through backyard and allotment gardening. This one-year project will be conducted in Newham and Tower Hamlets. Besides encouraging people in gardening, training will be provided to them by experts.



## **EASTHANDS**

### **NHS Trust and Tower Hamlets Council**

EastHands obtained this project for six months, the objective being to raise awareness among people who are in trouble due to the rising cost of living and to give them advice on coping with the situation. The project will run in Tower Hamlets to give proper advice to people who have problems in such areas as loan repayments, electricity and gas bills, benefits, etc.

### **Albert Hunt Trust**

Easthands will run the Albert Hunt Trust's project for better living through vegetable gardening in people's individual spaces. The focus will be residents of Tower Hamlets.

### **Iftar at Whitechapel Market**

Iftar was organised under the open sky with the Street Traders of Whitechapel during the holy month of Ramadan. Market traders as well as pedestrians participated in the iftar. This project was jointly organized with British Bangla Welfare.

### **Handover of house keys**

Under the initiative of Ambia Mosleh Uddin Trust and Easthands Charity, a house has been built for the less privileged Rafique Miah in Juri, Moulvibazar, the key of which was handed over to him. The total cost of the construction was 2.5 lac taka.

### **Prosthetic leg for Anika**

Anika Akhter, daughter of Abid Miah of Kulaura upazila, had her right leg amputated as a result of an accident. She received financial support from EastHands Charity to get herself fitted with a high-quality prosthetic leg in order to be able to walk normally.

### **Easthands distributed educational materials to flood affected areas in Sunamganj**

On the initiative of Easthands, cash was provided for the purchase of educational materials among students in Fenerbacck of Jamalganj Upazila, a flood-prone area of Sunamganj. The cash was distributed among 30 students of Ferdowsi Ali Amjad Chowdhury High School in Fenerbacck. Sharmeen Begum, a student of class IX, said, 'I will buy a notebook, pen and geometry box with this money.'

The founder of the school, Shahriar Biplab, said that many of the poor students will be able to buy their necessary educational materials with this support from Easthands.

## **EASTHANDS**

### **Eid gifts for helpless disabled people in Sylhet**

Food items were distributed among disabled children, elderly, women and men of Ward No 5 of Sylhet city. On Friday, 21 April 2023, such relief materials were handed over to them with the help and cooperation of Councillor Rezwan Ahmed of Sylhet City Corporation in Ambarkhana Barabazar area of Sylhet city. Anwaruzzaman Chowdhury, the Awami League's nominee for the office of mayor in the upcoming Sylhet City Corporation election, was present as chief guest at the event. He said that disabled people are the wealth of our country. They should be used to build a smart Bangladesh. EastHands handed over gifts to the disabled on the occasion of holy Eid-ul-Fitr, certainly a commendable move.

### **Easthands gives food for a month to visually impaired children**

As in every year, EastHands Charity provided a month's worth of food to a school for visually impaired children in Sylhet. This food was distributed among disabled children of Green Disabled Foundation in Jindabazar of the city. The food list included rice, lentils, oil, flour, onion, turmeric, chilli, coriander, salt and potatoes.

On 1 April, on the occasion of the holy month of Ramadan, United Kingdom-based charity organisation EastHands provided these food items. Sylhet City Corporation Ward No. 5 Councillor Rezwan Ahmad handed over these food items to the foundation authorities.

### **Eid Gifts for disabled families in Barisal, Bangladesh**

EastHands handed over Eid gifts to 22 hearing-impaired and physically challenged families in Banaripara Upazila of Barisal Division of Bangladesh.

### **Ramadan Food Pack**

In 2023, 1500 people from about 250 families were given Ramadan food packs in Moulvibazar and Sunamganj. Each foodpack contained 40 kg of food items, including rice, pulses, oil and spices. Besides, about 2000 students were made to break the fast in madrasahs in different areas through such food assistance.

### **Support to local mosques**

A donation of Tk 180 thousand was given to Baitul Falah Jame Masjid in Shariatpur village of South Sunamganj. At the same time, the incomplete work of the mosque was completed by donating Tk 2 lakh to Baitul Aman Mosque in village Dipia in Kanakpur Union of Moulvibazar district.

## **EASTHANDS**

### **Earthquake in Turkey**

EastHands handed over funds to the Human Relief Foundation for families affected by the devastating earthquake in Turkey. Khairul Shahid was present on behalf of Human Relief Foundation.

### **Clean water project in Africa**

Water tanks have been provided in the drought-stricken East African country of Somaliland. Families can collect water and use it for a long period of time.

### **Organisation**

The trustees named on page 1 have served throughout the period. Appointment of trustees is governed by the Trust Deed of the Charity. The board of trustees is authorized to appoint new trustees to fill vacancies arriving through resignation or death of existing trustees.

### **Reserves and Reserves Policy**

Easthands Charity is committed to using its resources in pursuit of its charitable objects. It is also committed, however, to maintaining a level of reserves that is prudent to meet ongoing liabilities, sufficient to ensure that all service delivery commitments can be met and to protect the long-term future of our operations. Easthands reserve policy seeks to balance these priorities by holding a level of reserves sufficient to:

- Ensure the availability of sufficient working funds in hand;
- Provide a cushion in case of unexpected loss of income to ensure that services can be maintained;
- Provide sufficient funds for an orderly winding-down in the event of a need to cease activity.

The trustees review the situation on a regular basis and take immediate corrective action as and when necessary.

### **Risk Statement**

The trustees have examined the major strategic, business, and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen those risks.



## EASTHANDS

### **Financial Information and Future Developments**

The financial position of the Charity is portrayed in the accompanying Annual Accounts.

### **Trustees Responsibilities in Relation to the Financial Statements**

The Charities Act requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity for that period. In preparing those financial statements the Committee Members are required to:

- Select suitable accounting policies, apply them consistently and state them in the financial statements;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Indicate where the financial statements are prepared other than on the basis that the Trust is a going concern.

The Committed Members are responsible for keeping proper books of accounts with respect to the trust's transactions and records of assets and liabilities while maintaining a satisfactory system of internal controls. The Committee Members are also responsible for safeguarding of assets of the Trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by



**Chairperson & Trustee**  
Mohammed Nobab Uddin

Dated: 17 August 2023



## EASTHANDS

### **INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF EASTHANDS (CHARITY REG: 1191463)**

We have examined the financial statements for the year ended 31 March 2023, which are set out on pages 7 to 10 which have been prepared on the basis of historic cost. The Trustees have confirmed that they hold restricted funds and that all the funds are available to meet the charity's objectives.

#### **Respective Responsibilities of Trustees and Examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act and
- state whether particular matters have come to our attention.

#### **Basis of Independent Examiner's Statement**

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view, and the report is limited to those matters set out in the statement below.

#### **Independent Examiner's Statement**

In the course of our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that in, any material respects the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Muhit & Co

Chartered Certified Accountants

## EASTHANDS

80A Ashfield Street, Unit 4, London E1 2BJ

### **Approval of Accounts**

We hereby approve the attached accounts for the year ended 31 March 2023 and confirm that we have supplied all the information and explanations required for these accounts.

A handwritten signature in black ink, appearing to read 'Mohammed Nobab Uddin', with a long horizontal line extending to the left.

**Chairperson & Trustee**  
Mohammed Nobab Uddin  
Dated: 17 August 2023

# EASTHANDS

## Statement of Financial Activities

For the year ended 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
<b>Incoming resources</b>					
Donation	2	39,436		39,436	27,886
Albert hunt		2,000		2,000	
		<hr/>	<hr/>	<hr/>	<hr/>
		41,436		41,436	27,886
Income resources from charitable activities		-		-	-
		<hr/>	<hr/>	<hr/>	<hr/>
Total incoming resources		41,436	-	41,436	27,886
<b>Resources expended</b>					
Cost of generating funds:					
Charitable activities and support	3	45,749	-	45,749	29,616
		<hr/>	<hr/>	<hr/>	<hr/>
Total resources expended		45,749	-	45,749	29,616
Net movement in funds		(4,313)	-	(4,313)	(1,730)
<b>Reconciliation of funds:</b>					
Total funds brought forward		7,272	-	7,272	9,002
		<hr/>	<hr/>	<hr/>	<hr/>
Total Funds carried forward		<u>2,959</u>	<u>-</u>	<u>2,959</u>	<u>7,272</u>

# EASTHANDS

Balance Sheet as at 31 March 2023

	Note	2023	2023	2022
			£	£
<b>Fixed assets</b>				
<b>Current assets:</b>				
Cash at bank and in hand		3,559		7,872
Prepayments		-		
Deposit Account		-		
Total Current assets			3,559	7,872
<b>Current liabilities</b>				
Creditors falling due within one year		(600)		(600)
			2,959	7,272
Net current Assets				
<b>Net assets</b>			2,959	7,272
<b>The funds of the charity:</b>				
Unrestricted funds B/F			7,272	9,002
Net Unrestricted funds for this period			(4,313)	(1,730)
Total unrestricted funds			2,959	7,272
Restricted income funds				-
<b>Total charity funds:</b>			2,959	7,272



Chairperson & Trustee  
Mohammed Nobab Uddin



Treasurer & Trustee  
Md Imran Ahmed



Secretary & Trustee  
Bablul Hoque

Date: 17 August 2023

## EASTHANDS

### Notes to financial statements

#### 1. Accounting policies

##### (a) Basis of preparation

The financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting and applicable UK Accounting Standards and the Charities Act 2011.

##### (b) Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or the terms of a specific appeal at any time and under the terms for public collection of Zakat in accordance with the teachings of Islam.

##### (c) Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct pay and support costs relating to those activities.

##### (d) Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised and at historic cost. Fixed assets are stated at cost less accumulated depreciation. The freehold property is valued at historic cost and it is not depreciated.



## EASTHANDS

### 2. Incoming resources from voluntary income

	Unrestricted funds £	Restricted funds £	Total 2023 £	2022
Individual donation	39,436	0	39,436	27,886
Albert Hunt SP	2,000	0	2,000	0
<b>Total</b>	<b>41,436</b>		<b>41,436</b>	<b>27,886</b>

### 3. Charitable Activities (Support costs)

	Total 2023 £	2022 £
Badminton project	2688	420
Bank charge	4	0
Covid Support	0	2,150
Covid 19 Awareness Video	0	2,415
Consultancy fee	2059	0
Children help.	3029	0
Homeless support - UK	12,537	1,000
Help poor people.	1250	0
Magazine, leaflets etc.	691	587
Meeting expenses	0	144
Deaf Children Help	0	230
Donation	120	0
Disabled Families Help	1400	1,100
Food Pack	13,022	12,725
Human relief fund	1500	0
Humanitarian Help	0	4,100
Legal Fees	0	1,320
Old people club	500	0
Travel & substance	637	0
Ukraine relief project	5042	0
Water project-Somaliland	0	450
Volunteer expenses	0	560
Safe Water – BD	670	652
Training	0	1,163
Accountancy Fees	600	600
	45,749	29,616