

EASTHANDS

England & Wales - Charity number 1191463

Details

Status Registered

Legal form Other

Registered 2020-09-24

Register [View on the Charity Commission register](#)

Contact

Address 18 Spelman Street
London
Spitalfields & Bangla Town
E1 5LQ

Phone 07956 441694

Email easthandsuk@gmail.com

Website <http://www.easthands.org/>

Activities

Objects: THE RELIEF OF THOSE IN NEED, BY REASON OF YOUTH, AGE, ILL-HEALTH, DISABILITY, FINANCIAL HARDSHIP OR OTHER DISADVANTAGE IN BANGLADESH AND SUCH OTHER COUNTRIES AS THE TRUSTEES SHALL FROM TIME TO TIME DETERMINE, BY PROVIDING: GRANTS, ITEMS AND SERVICES TO INDIVIDUALS IN NEED AND/OR CHARITIES, OR OTHER ORGANISATIONS WORKING TO MEET AND RELIEVE THEIR CHARITABLE NEEDS.

Activities: We have been running workshop, events, online activities to raise awareness on issues affecting BME communities - in areas of poverty and hardship, campaigning for better health both physical and emotional wellbeing. Organising social contacts & networking to help vulnerable people experiencing social isolation and loneliness. Distributing food parcels, hot meals in vulnerable older people.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- **Area of benefit:** OVERSEAS
- Bangladesh
- Somalia
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£72,000	£69,400	-	-
2024-03-31	£63,213	£47,389	-	-
2023-03-31	£41,436	£45,749	-	-
2021-12-31	£43,228	£34,226	-	-

Trustees

Name	Role	Appointed
Mohammed Nobab Uddin	Chair	2020-06-12
Bablul Hoque		2020-06-12
Md Imran Ahmed		2020-06-12

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England & Wales - Charity number 1191463

Accounts

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Report and Financial Statements

Year Ended 31 March 2025

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BOARD OF TRUSTEES:

Chairperson and Trustee : Mr Mohammed Nobab Uddin
General Secretary & Trustee : Mr Bablul Hoque
Treasurer & Trustee : Mr Md Imran Ahmed

Registered Charity Number: 119 1463

Charity Correspondence Address

18 Spelman Street (Basement)
Spitalfields & Bangla Town
London E1 5LQ

Independent Examiner:

Muhit & Co
Chartered Certified Accountants
80A Ashfield Street
Unit 4
London
E1 2BJ

Bankers:

Lloyds Bank Plc

EASTHANDS

Trustees' Annual Report for the period

From 1st April 2024 to 31st March 2025

Charity name: EASTHANDS

Charity registration number: 1191463

Objectives and Activities

	SORP ref.	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage in United Kingdom and such other countries as the trustees shall from time to time determine, by providing grants, items, and services to individuals in need and/or charities, or other organisations working to meet and relieve their charitable needs.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Information, Advice & Guidance; Education; Training; Health & Wellbeing; Environmental Issues; Gardening; Sports Activity; Feeding/ Supporting the Homeless and vulnerable people.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The members of the Board confirm that they have complied with their duty under the Charities Act 2011 to ensure the charity provides public benefit. They have considered the public benefit guidance published by the Charity Commission and believe that they have followed its guidance in this area.”

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making.	Para 1.38	We do not make grants to individuals
Policy on social investment including program related investment.	Para 1.38	We are not considering Social Investment at this current time.
Contribution made by volunteers.	Para 1.38	10 volunteers continue to support our services and are critical to our Organisation, both as Trustees, Advisors, and project delivery staff. We are very grateful for everyone's time and commitment. Our volunteer - Rumana Afroze Rakhi awarded Female Volunteer of the Year 2023 by Tower Hamlets Council.
Other		N/A

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Achievements and Performance

	SORP ref.	
<p>Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>This year, our efforts have spanned a diverse range of initiatives, aimed at enriching the lives of our community members. Here's a glimpse into the spectrum of activities we've proudly facilitated -</p> <p>Information, Advice, and Guidance: Our primary focus has been on addressing pressing cost-of-living concerns, offering invaluable assistance with debt management, navigating energy expenses, facilitating housing applications, aiding in form completion, as well as bridging language barriers through translation and interpreting services.</p> <p>Environment & Carbon Reduction: Through a series of engaging workshops and face-to-face advisory sessions, we've ignited conversations within our community about collective efforts towards reducing our carbon footprint. Our aim is to transform Tower Hamlets into a cleaner, more sustainable area to call home.</p> <p>Health & Wellbeing: Nurturing the wellbeing of our residents, we've extended support towards cultivating green spaces and fostering a love for gardening. Our initiatives have centred around the therapeutic benefits of tending to flowers and growing nutritious food, promoting holistic health practices.</p> <p>Sports and Wellbeing: In our commitment to promoting physical activity and holistic wellness, we've orchestrated regular Badminton sessions. These culminated in a grand tournament in August 2024, a vibrant gathering that saw the participation of over 300 individuals, fostering camaraderie and vitality within our community.</p> <p>We run weekly youth badminton sessions for boys and girls, as well as youth football sessions, specifically aimed at supporting low-income families. Additionally, we offer inclusive badminton sessions for girls and women.</p> <p>All sessions are delivered by qualified coaches, sports workers, and dedicated volunteers. These activities have been highly successful and are in great demand within the community.</p> <p>Foodbank Project: We've distributed carefully packed dry food to individual families experiencing financial strain, extending vital support to our community members facing hardship.</p> <p>Homeless Ramadan Project: Throughout the sacred month of Ramadan, we've diligently delivered nourishing food packages to families in need, ensuring that no one goes hungry during this special time of fasting and reflection.</p>

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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set -	Para 1.41	<p>Objective 1 – Review our Governance, Aims and Objectives and create 5–10-year plan. Fully Achieved</p> <p>Objective 2 – Develop a Fund-Raising Plan to fund our infrastructure and core activities including Young People and the Environment. Achieved</p> <p>Objective 3 – Recruit and consolidate our volunteer bases, provide training and ongoing support. Achieved</p>
Performance of fundraising activities against objectives set -	Para 1.41	<p>As an organisation, our core objective is to secure additional funding to meet the evolving needs of our community. We are committed to delivering impactful programmes and services that address local priorities and promote inclusive growth.</p> <p>In this financial year, we have successfully secured the following estimated total in grants and unrestricted funds:</p> <p>This breaks down as:</p> <p>For 2024/25 - £71,986.00</p> <p>For 2025/26 - £58,155.00</p> <p>For 2026/27 - £34,644.00</p> <p>In our Business Plan, we set a target to increase both grant funding and unrestricted fundraising by 20% annually. To date we have achieved a 18% increase and are well on track to meet our goal moving forward. Additionally, we have secured two- and three-year funding agreements to support our growth strategy.</p> <p>We are also pleased to report a successful partnership with the Good Things Foundation, through which we are providing mobile devices to the most vulnerable members of our community—enhancing digital inclusion and access.</p>
Investment performance against objectives	Para 1.41	N/A
Other		N/A

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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of March 2025, we are showing a surplus of £21,237.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our ambition is to achieve at least three-six months running costs as a minimum. Fortunately, our overheads are minimal and now we have approx. 8 weeks in reserves
Amount of reserves held	Para 1.22	£21,237
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	It is unrestricted reserves we need to increase. Our restricted grants are monitored closely so that we do not overspend but achieve full spend.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Our trustees are committed to support our charity for the long term. We are exploring a range of funding streams. Like others we are affected by cost of living, and we are ensuring our proposals reflect these costs

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<p>Funding Overview for 2024–25</p> <p>We are pleased to share that our work in 2024–25 has been made possible through the generous support of a range of funders and donors. Their contributions have enabled us to continue delivering impactful programmes across our community.</p> <p>Confirmed funding includes:</p> <ul style="list-style-type: none"> • City Bridge Foundation £58,933 over three years from April 2025 • BBC Children in Need – 3-year grant, £45,000 from April 2025 • Groundwork – £2,000 • Arnold Clark – £500 • Community Lottery Fund - Gardening & Health Programme – £10,000 • Go London (GLA) – £40,000 over two years for a Youth Sports Programme, from 2024/25 • Tower Hamlets -Unity in Diversity: Celebrating Bangladesh Victory Day – £2,500 • Tower Hamlets -Digital Outreach Initiative – £2,500
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		<ul style="list-style-type: none"> • Tower Hamlets - Healthy Together / Empowering Tower Hamlets – £500 • Tower Hamlets -Youth Fund – £3,500 from May 2025 • Barclays Foundation – £2,000 <p>In addition, we were successful in securing support from the Good Things Foundation to provide mobile devices to the most vulnerable members of our community.</p> <p>We also raised:</p> <ul style="list-style-type: none"> • £24,220 in donations from individual donors • £6,100 in sponsorship
Investment policy and objectives including any social investment policy adopted.	Para 1.46	We are not exploring Investments at present.
A description of the principal risks facing the charity	Para 1.46	<p>Key risks:</p> <p>Loss of one or more of the 3 Trustees. We do need to increase our Trustee numbers, and we will look to appoint during the year.</p> <p>Lack of Funds – We have secured a 2-year grant from Go London, 3 years grant BBC in Children Need, 3 Years grant from City Bridge foundation and with careful management, will continue at least this activity. We have Awards for All funding to cover at least 9 months. Our challenge is to work towards securing more project grants and unrestricted funding towards our infrastructure costs.</p> <p>Lack of take up by community – This is extremely unlikely. Our activities relate to community needs. Services we deliver are free and accessible, so no-one is prevented from taking part.</p> <p>Volunteers – We currently have 10 committed volunteers. However, to expand our services, we recognise the need to involve more people. There is a risk associated with losing existing volunteers, so it is essential that we maintain a continuous effort to recruit new individuals.</p>
Other		

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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charitable Association Model Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Registered Charity
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees elected by majority vote.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees.	Para 1.51	We do have a Policy in place for the induction of new Trustees that must happen within a month of appointment. Further training is given on a regular basis in relation to all Policies and Procedures.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charities organisational structure is available at any time, setting out Governing arrangements.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	EASTHANDS
Other name the charity uses	
Registered charity number	1191463
Charity's principal address	18 Spelman Street (Basement) London E1 5LQ

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Names of the charity trustees who manage the charity:

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mohammed Nobab Uddin	Chair/ Lead Trustee	Whole Year	
2	Bablul Hoque	Trustee	Whole Year	
3	Md Imran Ahmed	Trustee	Whole Year	
4				
5				
6				
7				
8				
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14				
15				
16				
17				
18				

Corporate trustees – names of the directors at the date the report was approved.

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

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Funds held as custodian trustees on behalf of others.

Description of the assets held in this capacity.	N/A
Name and objects of the charity on whose behalf the assets are held and how these falls within the custodian charity's objects.	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information


N/A

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mohammed Nobab Uddin	
Position (eg Secretary, Chair, etc)	Chair/Trustee On behalf of Easthands	
Date	12 June 2025	

EASTHANDS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF EASTHANDS (CHARITY REG: 1191463)

We have examined the financial statements for the year ended 31 March 2025, which are set out on pages 14 to 18 which have been prepared on the basis of historic cost. The Trustees have confirmed that they hold restricted funds and that all the funds are available to meet the charity's objectives.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act and
- state whether particular matters have come to our attention.

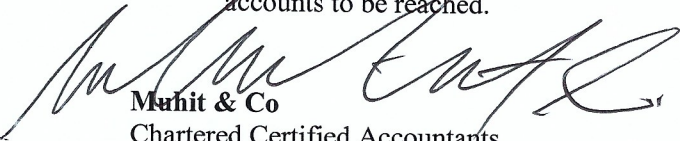
Basis of Independent Examiner's Statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view, and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In the course of our examination, no matter has come to our attention:

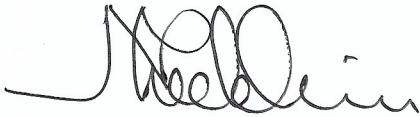
- 1) Which gives us reasonable cause to believe that in, any material respects the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act.have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Muhit & Co
Chartered Certified Accountants
80A Ashfield Street, Unit 4, London E1 2BJ

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Approval of Accounts

We hereby approve the attached accounts for the year ended 31 March 2025 and confirm that we have supplied all the information and explanations required for these accounts.



**Chairperson & Trustee
On behalf of Easthands**

Mohammed Nobab Uddin

Dated: 12 June 2025

EASTHANDS

Statement of Financial Activities

For the year ended 31 March 2025

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Incoming resources					
Arnold Grant		500	-	500	-
Donation	2	24,220	-	24,220	27,879
ESC Lottery-Restricted		-	14,950	14,950	-
GLA -London		-	15,175	15,175	5,025
Groundwork London		-	2,000	2,000	-
LBTH-Main Account		-	8,041	8,041	8,309
Main Grant		-	-	-	20,000
Sponsorship		6,100	-	6,100	-
Sported Foundation		-	1,000	1,000	2,000
Total incoming resources		30,820	41,166	71,986	63,213
Resources expended					
Cost of generating funds:					
Charitable activities and support	3	32,402	36,960	69,422	47,559
Total resources expended		32,462	36,960	69,422	47,559
Net movement in funds		(1,582)	4,206	2,624	15,654
Reconciliation of funds:					
Total funds brought forward		18,613	0	18,613	2,959
Total Funds carried forward		17,031	4,206	21,237	18,613

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Balance Sheet as at 31 March 2025

	Note	Unrestricted funds	Restricted funds	2025 £	2024 £
Fixed assets		0	0	0	0
Current assets:					
Cash at bank and in hand		22,365	-	22,365	19,453
Prepayments		-	-	-	-
Deposit Account		-	-	-	-
Total Current assets		22,365	0	22,365	19,453
Current liabilities					
Creditors falling due within one year		(1,128)	-	(1,128)	(840)
Net assets		21,237	0	21,237	18,613
The funds of the charity:					
Funds B/F		18,613	-	18,613	2,959
Net funds for this period		(1,582)	4,206	2,624	15,654
Total charity funds		17,031	4,206	21,237	18,613



.....
Chairperson & Trustee
 On behalf of EastHands

Mohammed Nobab Uddin

Date: 12 June 2025

EASTHANDS

Notes to financial statements

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting and applicable UK Accounting Standards and the Charities Act 2011.

(b) Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or the terms of a specific appeal at any time and under the terms for public collection of Zakat in accordance with the teachings of Islam.

(c) Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct pay and support costs relating to those activities.

(d) Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised and at historic cost. Fixed assets are stated at cost less accumulated depreciation. The freehold property is valued at historic cost and it is not depreciated.

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2. Incoming resources from voluntary income

	Unrestricted funds £	Restricted funds £	Total 2025 £	2024
Arnold Grant	500	-	500	-
Donation	24,220	-	24,220	27,879
ESC Lottery-Restricted	-	14,950	14,950	-
GLA -London	-	15,175	15,175	5,025
Ground work London	-	2,000	2,000	-
LBTH-Main Account	-	8,041	8,041	8,309
Main Grant	-	-	-	20,000
Sponsorship	6,100	-	6,100	-
Sported Foundation	-	1,000	1,000	2,000
Total	30,820	41,166	71,986	63,213

3. Charitable Activities (Support costs)

	Unrestricted funds £	Restricted funds £	Total 2025 £	2024 £
Accountancy Fees	1,020	-	1,020	840
Badminton project	600	-	600	2,534
Consultancy fee	4,868	-	4,868	450
Equipment	99	-	99	-
Food help	1,850	-	1,850	-
Gardening project	-	-	-	694
Gift	340	-	340	-
Help poor people	-	-	-	100
Helping Homeless project	2,200	-	2,200	1,590
Helping Poor Girl Project	-	-	-	400
Homeless foodbank Project	-	-	-	4,200
Homeless Ramadan Food pack	-	-	-	1,480
Insurance	146	-	146	-
Membership fee	150	-	150	-
Printing and stationary	-	-	-	1,032
Promotional Goods	-	-	-	146
Refreshment	-	-	-	260
Restricted - Community Lottery Fund	-	9,445	9,445	10,891
Restricted - Cranvelly grant	-	2,485	2,485	-
Restricted – Go London Badminton	5,673	15,175	20,848	-
Restricted - NHS project	-	-	-	2,785
Restricted - TH Carbon Programme	-	-	-	8,564

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	Unrestricted funds £	Restricted funds £	Total 2025 £	2024 £
Restricted - Tower Hamlets grants	-	9,855	9,855	-
Social/poor help	405	-	405	-
Sports hall	2,019	-	2,019	-
Staff Salary	11,462	-	11,462	8,580
Subscription	-	-	-	140
Sundry	-	-	-	59
Support Gaza Children	-	-	-	1,850
Support homeless housing project in BD	-	-	-	840
Telephone rental cost	-	-	-	124
Travel & substance	1,500	-	1,500	-
Uniform	70	-	70	-
Total	32,402	36,960	69,362	47,559

EASTHANDS

England & Wales - Charity number 1191463

Accounts



Report & Financial Statements
Year Ended 31 March 2024

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Report and Financial Statements
Year Ended 31 March 2024

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BOARD OF TRUSTEES:

Chairperson and Trustee : Mr Mohammed Nobab Uddin
General Secretary & Trustee : Mr Bablul Hoque
Treasurer & Trustee : Mr Md Imran Ahmed

Registered Charity Number: 119 1463

Charity Correspondence Address

13 Denham Crescent
Mitcham
Surrey
CR4 4LZ

Independent Examiner:

Muhit & Co
Chartered Certified Accountants
80A Ashfield Street
Unit 4
London
E1 2BJ

Bankers:

Lloyds Bank Plc

EASTHANDS

Trustees' Annual Report for the period

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Charity registration number:1191463

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Other		N/A

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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set -	Para 1.41	<p>Objective 1 – Review our Governance, Aims and Objectives and create 5–10-year plan. Fully Achieved</p> <p>Objective 2 – Develop a Fund-Raising Plan to fund our infrastructure and core activities including Young People and the Environment. Achieved</p> <p>Objective 3 – Recruit and consolidate our volunteer bases, provide training and ongoing support. Achieved</p>
Performance of fundraising activities against objectives set -	Para 1.41	<p>Our objective as an organisation is to secure additional funding to address the communities need. We were successful in securing £10K for Environmental Work from The National Lottery Community Fund; £10K from The National Lottery Community Fund for our Gardening and Health Programme and £40K from Go London for a Youth Sports Programme and £10k for Carbon Reduction programme from Tower Hamlets council. £2k from Spotted Foundation for women badminton. We were also successful with the good things Foundation to provide Free Sim Cards and data to the most vulnerable in our community. In addition to the above information, we also raised £27,879 in donations from individual donors.</p>
Investment performance against objectives	Para 1.41	N/A
Other		N/A

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of March 2024, we are showing a surplus of £18,613
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our ambition is to achieve at least three-six months running costs as a minimum. Fortunately, our overheads are minimal and now we have approx. 8 weeks in reserves
Amount of reserves held	Para 1.22	£18,613
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	It is unrestricted reserves we need to increase. Our restricted grants are monitored closely so that we do not overspend but achieve full spend.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Our trustees are committed to support our charity for the long term. We are exploring a range of funding streams. Like others we are affected by cost of living, and we are ensuring our proposals reflect these costs

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Additional information (optional)

You may choose to include further statements where relevant about:

<p>The charity's principal sources of funds (including any fundraising)</p>	<p>Para 1.47</p>	<p>Our funding in 2023-24 has come from:</p> <p>The National Lottery Community Fund (Environmental Work) £10,000</p> <p>The National Lottery Community Fund (Gardening & Health Programme) £10,000</p> <p>Go London (GLA) for a Youth Sports Programme £40,000 over two years.</p> <p>LB of Tower Hamlets for Carbon Reduction programme £10,000</p> <p>Sported Foundation for women badminton. £2,000</p> <p>We were also successful with the good things Foundation to provide Free Sim Cards and data to the most vulnerable in our community.</p> <p>In addition to the above information, we also raised £27,879 in donations from individual donors.</p>
<p>Investment policy and objectives including any social investment policy adopted.</p>	<p>Para 1.46</p>	<p>We are not exploring Investments at present.</p>
<p>A description of the principal risks facing the charity</p>	<p>Para 1.46</p>	<p>Key risks:</p> <p>Loss of one or more of the 3 Trustees. We do need to increase our Trustee numbers and we will look to appoint during the year.</p> <p>Lack of Funds – We have secured a 2 year grant from Go London and with careful management, will continue at least this activity. We have Awards for All funding to cover at least 9 months. Our challenge is to work towards securing more project grants and unrestricted funding towards our infrastructure costs.</p> <p>Lack of take up by community – This is extremely unlikely. Our activities relate to community needs. Services we deliver are free and accessible, so no-one is prevented from taking part.</p>
<p>Other</p>		

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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charitable Association Model Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Registered Charity
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees elected by majority vote.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees.	Para 1.51	We do have a Policy in place for the induction of new Trustees that must happen within a month of appointment. Further training is given on a regular basis in relation to all Policies and Procedures.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charities organisational structure is available at any time, setting out Governing arrangements.
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	EASTHANDS
Other name the charity uses	
Registered charity number	1191463
Charity's principal address	18 Spelman Street (Basement) London E1 5LQ

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Names of the charity trustees who manage the charity:

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mohammed Nobab Uddin	Chair/ Lead Trustee	Whole Year	
2	Bablul Hoque	Trustee	Whole Year	
3	Md Imran Ahmed	Trustee	Whole Year	
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				

Corporate trustees – names of the directors at the date the report was approved.

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

EASTHANDS

Funds held as custodian trustees on behalf of others.

Description of the assets held in this capacity.	N/A
Name and objects of the charity on whose behalf the assets are held and how these falls within the custodian charity's objects.	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information


N/A

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Mohammed Nobab Uddin	
Position (eg Secretary, Chair, etc)	Chair/Trustee	
Date	30 April 2024	

EASTHANDS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF EASTHANDS (CHARITY REG: 1191463)

We have examined the financial statements for the year ended 31 March 2024, which are set out on pages 15 to 17 which have been prepared on the basis of historic cost. The Trustees have confirmed that they hold restricted funds and that all the funds are available to meet the charity's objectives.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act and
- state whether particular matters have come to our attention.

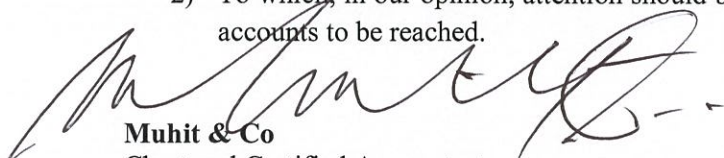
Basis of Independent Examiner's Statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view, and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In the course of our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that in, any material respects the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act.have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Muhit & Co
Chartered Certified Accountants
80A Ashfield Street, Unit 4, London E1 2BJ

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Approval of Accounts

We hereby approve the attached accounts for the year ended 31 March 2024 and confirm that we have supplied all the information and explanations required for these accounts.

A handwritten signature in black ink, appearing to read 'Mohammed Nobab Uddin', written in a cursive style.

Chairperson & Trustee

Mohammed Nobab Uddin

Dated: 30 April 2024

EASTHANDS

Statement of Financial Activities

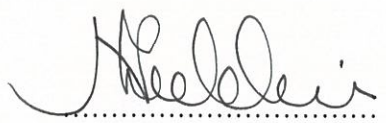
For the year ended 31 March 2024

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
Incoming resources					
Donation	2	27,879		27,879	39,436
Albert hunt					2,000
GLA -London			5,025	5,025	
LBTH-Main Account			8,309	8,309	
Main Grant			20,000	20,000	
Sported Foundation		2,000		2,000	
		29,879	33,334	63,213	41,436
Income resources from charitable activities		-		-	-
Total incoming resources		29,879	33,334	63,213	41,436
Resources expended					
Cost of generating funds:					
Charitable activities and support	3	24,929	22,640	47,569	45,749
Total resources expended		24,929	22,640	47,569	45,749
Net movement in funds		4,950	10,694	15,644	(4,313)
Reconciliation of funds:					
Total funds brought forward		2,959	-	2,959	7,272
Total Funds carried forward		7,909	10,694	18,603	2,959

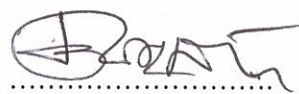
EASTHANDS

Balance Sheet as at 31 March 2024


	Note	2024	2024	2023
			£	£
Fixed assets				
Current assets:				
Cash at bank and in hand		19,453		3,559
Prepayments		-		
Deposit Account		-		
Total Current assets		0	19,453	3,559
Current liabilities				
Creditors falling due within one year		(850)	18,603	(600) 2,959
Net current Assets				
Net assets			18,603	2,959
The funds of the charity:				
Unrestricted funds B/F			2,959	7,272
Net Unrestricted funds for this period			15,644	(4,313)
Total unrestricted funds			18,603	2,959
Restricted income funds				-
Total charity funds:			18,603	2,959



Chairperson & Trustee
Mohammed Nobab Uddin



Treasurer & Trustee
Md Imran Ahmed



Secretary & Trustee
Bablul Hoque

Date: 30 April 2024

EASTHANDS

Notes to financial statements

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting and applicable UK Accounting Standards and the Charities Act 2011.

(b) Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or the terms of a specific appeal at any time and under the terms for public collection of Zakat in accordance with the teachings of Islam.

(c) Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct pay and support costs relating to those activities.

(d) Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised and at historic cost. Fixed assets are stated at cost less accumulated depreciation. The freehold property is valued at historic cost and it is not depreciated.

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2. Incoming resources from voluntary income

	Unrestricted funds £	Restricted funds £	Total 2024 £	2023
Individual donation	27,879	0	27,879	39,436
Albert Hunt SP	0	0		2,000
GLA -London	0	5,025	5,025	
LBTH-Main Account	0	8,309	8,309	
Main Grant	0	20,000	20,000	
Sported Foundation	2,000	0	2,000	
		0		
Total	29,879	33,334	63,213	41,436

3. Charitable Activities (Support costs)

	Unrestricted funds £	Restricted funds £	Total 2024 £	2023 £
Badminton project				2688
Badminton Tournament Hall Hire	1,656		1,656	-
Badminton Tournament Photography	50		50	-
Badminton Tournament printing	240		240	-
Badminton Tournament Sound system	50		50	-
Badminton Tournament Trophies	538		538	-
Bank charge	-		-	4
Children help	-		-	3,029
Consultancy fee	450		450	2,000
Disabled Families Help	-		-	1,400
Donation	-		-	120
Food Pack	-		-	13,022
Foodbank Project	1,500		1,500	-
Gardening project	694		694	-
Help poor people	100		100	1,250
Helping Homeless project	1,590		1,590	-
Helping Poor Girl Project	400		400	-
Homeless foodbank project	2,700		2,700	-
Homeless Ramadan Food pack	1,480		1,480	-
Homeless support – UK	-		-	12,537
Human relief fund	-		-	1500
Magazine, leaflets etc	-		-	691
Old people club	-		-	500
Printing and stationary	1,032		1,032	-
Promotional Goods	146		146	-

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	Unrestricted funds	Restricted funds	Total 2024	2023
	£	£	£	£
Refreshment	260		260	-
Restricted - Community Lottery Fund - Equipment – Laptop		1,266	1,266	-
Restricted - Community Lottery Fund - hall and seminar		3,450	3,450	-
Restricted - Community Lottery Fund - Hall Hire		70	70	-
Restricted - Community Lottery Fund – Photography		50	50	-
Restricted - Community Lottery Fund - project Coordinator		1,700	1,700	-
Restricted - Community Lottery Fund - promo video		1,200	1,200	-
Restricted - Community Lottery Fund - promotional works		1,625	1,625	-
Restricted - Community Lottery Fund – Refreshment		130	130	-
Restricted - Community Lottery Fund – Transport		600	600	-
Restricted - Community Lottery Fund – volunteer		800	800	-
Restricted - NHS project Coordinator		2,365	2,365	-
Restricted - NHS Project Hall Hire		200	200	-
Restricted - NHS Project Volunteer		220	220	-
Restricted - TH Carbon Programme - photography		150	150	-
Restricted - TH Carbon Programme - project coordinator		1,560	1,560	-
Restricted - TH Carbon Programme - speaker/professional fee		1,280	1,280	-
Restricted - TH Carbon Programme - Hall hire		160	160	-
Restricted - TH Carbon Programme – printing		788	788	-
Restricted - TH Carbon Programme - promotional items		331	331	-
Restricted - TH Carbon Programme – refreshment		390	390	-
Restricted - TH Carbon Programme – volunteer		800	800	-
Restricted - TH Carbon Programme -educational video		2,500	2,500	-
Restricted - TH Carbon Programme -job advert		605	605	-
Safe Water – BD			-	670
Staff Salary	8,580		8,580	-
Subscription	140		140	-
Sundry	59		59	59
Support Gaza Children	1850		1850	-
Support homeless housing project in BD	840		840	-
Telephone rental cost	124		124	-
Travel & substance	-		-	637
Ukraine relief project	-		-	4,542
Ukraine support	-		-	500
Accountancy Fees	450	400	850	600
Total	24,929	22,640	47,569	45,749

EASTHANDS

England & Wales - Charity number 1191463

Accounts

EASTHANDS



Charity Registration No. 1191463

**REPORT & FINANCIAL STATEMENT FOR THE
YEAR ENDED**

31 MARCH 2023

Report and Financial Statements
Year Ended 31 March 2023

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EASTHANDS

BOARD OF TRUSTEES:

Chairperson and Trustee : Mr Mohammed Nobab Uddin
General Secretary & Trustee : Mr Bablul Hoque
Treasurer & Trustee : Mr Md Imran Ahmed

Registered Charity Number: 119 1463

Charity Correspondence Address

18 Spelman Street
Spitalfields & Bangla Town
London E1 5LQ

Independent Examiner:

Muhit & Co
Chartered Certified Accountants
80A Ashfield Street
Unit 4
London
E1 2BJ

Bankers:

Lloyds Bank Plc

1 Legg Street
Chelmsford
Essex
CM1 1JS

EASTHANDS

Trustees Annual Report for the Year Ended 31 March 2023

The Trustees of Easthands submitted their report and financial statements for the year ending 31st March 2023. EastHands, which was established in 2019, had its constitution formally adopted on 12th June 2020 with the first amendments adopted on 22nd September 2020. It was incorporated as a charity, with its name entered in the Charity Commission's Central Register on 24th September 2020. The statements have been prepared in accordance with the statement of recommended practice for Accounting and Reporting by Charities.

EastHands Mission & Vision

- 1) To serve people in need and communities in crises through innovative solutions aimed at building better lives, keeping humanitarian principles in focus.
- 2) To ensure a range of outcome-focused functions for people in desperate need so they can have more and better opportunities in life.

The Charity Objectives are:

The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or disadvantage in Bangladesh and other such countries as the Trustees shall from time to time determine, by providing grants, items and services to individuals in need and/or charities or other organisations working to meet and tide over their charitable needs.

Chair meets King

When King Charles III journeyed to East London at the invitation of BBPI Councillors Abdal Ullah and Ayesha Qureshi MBE, JP, he was met by EastHands Charity Chairman Nobab Uddin, who spoke to the monarch. The King heard the enlightening story of the contributions of Bangladeshis to the liberation war of their country in Britain. At the same time, Chairman Nobab Uddin highlighted before the monarch the contributions made by British Bangladeshis to the economy, culture and politics of Britain.

Hot food distribution in Westminster area and Tower Bridge point

The British charity EastHands and the British Bangla Welfare Trust distributed food to people standing in long queues to pay their respects to the late Queen as her cortege went by. At midnight on September 17, tea, coffee, croissants, muffins, cakes, apples, bananas and water were distributed to hundreds of people at Tower Bridge Point. It may be noted that after the death of Queen

EASTHANDS

Elizabeth II, she lay in state at Westminster Hall for four days for the general public to pay their respects. People came from different parts of the world to express their condolences. They paid their last respects to the Queen by waiting for up to 24 hours in queues about 8 kilometers long. Chairman of British Bangla Welfare Trust Khosruzzaman Khosru said, 'We have jointly initiated a little project to relieve the fatigue of people waiting for 24 hours. Our activities will continue at various points till September 19.' ASM Masum, a volunteer of Easthands, said, "We are overwhelmed by people's love for the Queen and the country. So we have worked together to bring relief to people who are tired of waiting in long queues.'

Letter from the King's Palace

After the death of Queen Elizabeth II, on behalf of Easthands charity ASM Masum provided hot meals to thousands of people who had lined up to pay their last respects to the departed Queen over four nights in August 2022. King Charles III sent his personal letter and card to volunteer ASM Masum expressing his gratitude for the gesture.

Raising money for underprivileged children: EastHands Charity Badminton Tournament

As the first Easthands International Charity Badminton Tournament 2022 was successfully completed, the second Easthands International Charity Badminton Tournament this year is scheduled to be held on Sunday, 23rd July 2023, at Redbridge Sports Centre. The tournament will run from 10 am to 8:30 pm. The opening ceremony will be held at 10:30 am, with the final match taking place from 5 pm and the prize distribution at 8 pm.

In order to make this tournament a success, a second preparatory meeting was held on Friday, 16th June, at a restaurant in East London under the chairmanship of Nobab Uddin, Chairman of Easthands International Charity and a prominent sportsman and reputed journalist. Former Councillor Aatur Rahman, one of the initiators of the tournament, former Chairman of Tower Hamlets Badminton Club Bablul Haque, Chairman of Taqwa Badminton Club journalist Md. Abdul Munim Jahedi Karol, Secretary Faruk Fuad Chowdhury, former director of Manny's Restaurant and prominent sportsman Mahidul Islam Chowdhury, Tower Hamlets badminton club member Solicitor Sebalul Haque, one of the founders of Badminton Club, Swanley School teacher, distinguished sportsperson Abdul Muktadir Shamim, Bangladesh Badminton Federation UK Vice President Habib Ahmed, Taqwa Badminton Club Treasurer Muhajjem Ahmed Ribu and others were present at the meeting.

Monthly Drop-In

At the end of the first lockdown, EastHands conducted a weekly drop-in and telephone support service, dispensing advice and income to people most affected by the pandemic, in particular people rendered unemployed, elderly people and the homeless.

EastHands Food Bank in East London

EASTHANDS

The international charity EastHands ran a Food Bank Donation Point in East London to help those in need as a result of the Covid-19 pandemic.

Grand completion of Charity Badminton Tournament 2022

The first Easthands International Charity Badminton Tournament was held in London with great fanfare. This charity tournament was held on Sunday, 21st August 2022, at Redbridge Sports Centre in Barkingside, Essex. The tournament went on from 10 am till 9:30 pm.

This charity tournament was inaugurated by the Chairman of Easthands International Charity, Nobab Uddin, a prominent sportsman. Businessman Monir Ahmad, one of the sponsors of the tournament and director of JMG Cargo, also spoke on the occasion.

In addition to London, Luton, Birmingham, Leicester, Reading, Surrey, Portsmouth, Cardiff, Manchester, Southampton, Cambridge, Doncaster, Ipswich, around 180 players (90 teams) from various cities in the United Kingdom cheerfully participated in this magnificent historic game. A wonderful prize distribution ceremony followed the tournament.

British Bengal Welfare Trust and Easthands distribute water and umbrellas to people in summer

British Bengal Welfare Trust and Easthands Charity jointly distributed cold water, dry food and umbrellas to hundreds of people in Stratford, East London, when the temperature in London rose to around 41 degrees.

Stratford Area Councillor Sabiha Kamali joined the program. She noted that the distribution of the cold water among people in such hot weather was wonderful work as some people would get some relief.

Nobab Uddin's Step Challenge

The international charity organisation Easthands Charity has raised money through the Step Challenge or Walk programme for blind, mute and deaf disabled children. The chairman of the organisation, Nobab Uddin, walked more than 60 thousand steps every week for one and a half months in order to collect this money. In the event, £3,000 were collected.

Community Lottery Fund

EastHands received a project grant to improve health through backyard and allotment gardening. This one-year project will be conducted in Newham and Tower Hamlets. Besides encouraging people in gardening, training will be provided to them by experts.

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NHS Trust and Tower Hamlets Council

EastHands obtained this project for six months, the objective being to raise awareness among people who are in trouble due to the rising cost of living and to give them advice on coping with the situation. The project will run in Tower Hamlets to give proper advice to people who have problems in such areas as loan repayments, electricity and gas bills, benefits, etc.

Albert Hunt Trust

Easthands will run the Albert Hunt Trust's project for better living through vegetable gardening in people's individual spaces. The focus will be residents of Tower Hamlets.

Iftar at Whitechapel Market

Iftar was organised under the open sky with the Street Traders of Whitechapel during the holy month of Ramadan. Market traders as well as pedestrians participated in the iftar. This project was jointly organized with British Bangla Welfare.

Handover of house keys

Under the initiative of Ambia Mosleh Uddin Trust and Easthands Charity, a house has been built for the less privileged Rafique Miah in Juri, Moulvibazar, the key of which was handed over to him. The total cost of the construction was 2.5 lac taka.

Prosthetic leg for Anika

Anika Akhter, daughter of Abid Miah of Kulaura upazila, had her right leg amputated as a result of an accident. She received financial support from EastHands Charity to get herself fitted with a high-quality prosthetic leg in order to be able to walk normally.

Easthands distributed educational materials to flood affected areas in Sunamganj

On the initiative of Easthands, cash was provided for the purchase of educational materials among students in Fenerbacck of Jamalganj Upazila, a flood-prone area of Sunamganj. The cash was distributed among 30 students of Ferdowsi Ali Amjad Chowdhury High School in Fenerbacck. Sharmeen Begum, a student of class IX, said, 'I will buy a notebook, pen and geometry box with this money.'

The founder of the school, Shahriar Biplab, said that many of the poor students will be able to buy their necessary educational materials with this support from Easthands.

EASTHANDS

Eid gifts for helpless disabled people in Sylhet

Food items were distributed among disabled children, elderly, women and men of Ward No 5 of Sylhet city. On Friday, 21 April 2023, such relief materials were handed over to them with the help and cooperation of Councillor Rezwan Ahmed of Sylhet City Corporation in Ambarkhana Barabazar area of Sylhet city. Anwaruzzaman Chowdhury, the Awami League's nominee for the office of mayor in the upcoming Sylhet City Corporation election, was present as chief guest at the event. He said that disabled people are the wealth of our country. They should be used to build a smart Bangladesh. EastHands handed over gifts to the disabled on the occasion of holy Eid-ul-Fitr, certainly a commendable move.

Easthands gives food for a month to visually impaired children

As in every year, EastHands Charity provided a month's worth of food to a school for visually impaired children in Sylhet. This food was distributed among disabled children of Green Disabled Foundation in Jindabazar of the city. The food list included rice, lentils, oil, flour, onion, turmeric, chilli, coriander, salt and potatoes.

On 1 April, on the occasion of the holy month of Ramadan, United Kingdom-based charity organisation EastHands provided these food items. Sylhet City Corporation Ward No. 5 Councillor Rezwan Ahmad handed over these food items to the foundation authorities.

Eid Gifts for disabled families in Barisal, Bangladesh

EastHands handed over Eid gifts to 22 hearing-impaired and physically challenged families in Banaripara Upazila of Barisal Division of Bangladesh.

Ramadan Food Pack

In 2023, 1500 people from about 250 families were given Ramadan food packs in Moulvibazar and Sunamganj. Each foodpack contained 40 kg of food items, including rice, pulses, oil and spices. Besides, about 2000 students were made to break the fast in madrasahs in different areas through such food assistance.

Support to local mosques

A donation of Tk 180 thousand was given to Baitul Falah Jame Masjid in Shariatpur village of South Sunamganj. At the same time, the incomplete work of the mosque was completed by donating Tk 2 lakh to Baitul Aman Mosque in village Dipia in Kanakpur Union of Moulvibazar district.

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Earthquake in Turkey

EastHands handed over funds to the Human Relief Foundation for families affected by the devastating earthquake in Turkey. Khairul Shahid was present on behalf of Human Relief Foundation.

Clean water project in Africa

Water tanks have been provided in the drought-stricken East African country of Somaliland. Families can collect water and use it for a long period of time.

Organisation

The trustees named on page 1 have served throughout the period. Appointment of trustees is governed by the Trust Deed of the Charity. The board of trustees is authorized to appoint new trustees to fill vacancies arriving through resignation or death of existing trustees.

Reserves and Reserves Policy

Easthands Charity is committed to using its resources in pursuit of its charitable objects. It is also committed, however, to maintaining a level of reserves that is prudent to meet ongoing liabilities, sufficient to ensure that all service delivery commitments can be met and to protect the long-term future of our operations. Easthands reserve policy seeks to balance these priorities by holding a level of reserves sufficient to:

- Ensure the availability of sufficient working funds in hand;
- Provide a cushion in case of unexpected loss of income to ensure that services can be maintained;
- Provide sufficient funds for an orderly winding-down in the event of a need to cease activity.

The trustees review the situation on a regular basis and take immediate corrective action as and when necessary.

Risk Statement

The trustees have examined the major strategic, business, and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen those risks.

EASTHANDS

Financial Information and Future Developments

The financial position of the Charity is portrayed in the accompanying Annual Accounts.

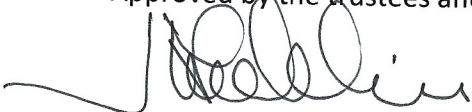
Trustees Responsibilities in Relation to the Financial Statements

The Charities Act requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity for that period. In preparing those financial statements the Committee Members are required to:

- Select suitable accounting policies, apply them consistently and state them in the financial statements;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Indicate where the financial statements are prepared other than on the basis that the Trust is a going concern.

The Committed Members are responsible for keeping proper books of accounts with respect to the trust's transactions and records of assets and liabilities while maintaining a satisfactory system of internal controls. The Committee Members are also responsible for safeguarding of assets of the Trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf by



Chairperson & Trustee
Mohammed Nobab Uddin

Dated: 17 August 2023

EASTHANDS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF EASTHANDS (CHARITY REG: 1191463)

We have examined the financial statements for the year ended 31 March 2023, which are set out on pages 7 to 10 which have been prepared on the basis of historic cost. The Trustees have confirmed that they hold restricted funds and that all the funds are available to meet the charity's objectives.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act and
- state whether particular matters have come to our attention.

Basis of Independent Examiner's Statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view, and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In the course of our examination, no matter has come to our attention:

- 1) Which gives us reasonable cause to believe that in, any material respects the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- 2) To which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Muhit & Co

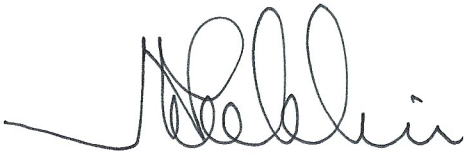
Chartered Certified Accountants

EASTHANDS

80A Ashfield Street, Unit 4, London E1 2BJ

Approval of Accounts

We hereby approve the attached accounts for the year ended 31 March 2023 and confirm that we have supplied all the information and explanations required for these accounts.

A handwritten signature in black ink, appearing to read 'Mohammed Nobab Uddin', with a long horizontal line extending to the left.

Chairperson & Trustee
Mohammed Nobab Uddin
Dated: 17 August 2023

EASTHANDS

Statement of Financial Activities

For the year ended 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Incoming resources					
Donation	2	39,436		39,436	27,886
Albert hunt		2,000		2,000	
		41,436		41,436	27,886
Income resources from charitable activities		-		-	-
Total incoming resources		41,436	-	41,436	27,886
Resources expended					
Cost of generating funds:					
Charitable activities and support	3	45,749	-	45,749	29,616
		45,749	-	45,749	29,616
Net movement in funds		(4,313)	-	(4,313)	(1,730)
Reconciliation of funds:					
Total funds brought forward		7,272	-	7,272	9,002
Total Funds carried forward		2,959	-	2,959	7,272

EASTHANDS

Balance Sheet as at 31 March 2023

	Note	2023	2023	2022
			£	£
Fixed assets				
Current assets:				
Cash at bank and in hand		3,559		7,872
Prepayments		-		
Deposit Account		-		
Total Current assets		3,559		7,872
Current liabilities				
Creditors falling due within one year		(600)		(600)
			2,959	7,272
Net current Assets				
Net assets			2,959	7,272
The funds of the charity:				
Unrestricted funds B/F			7,272	9,002
Net Unrestricted funds for this period			(4,313)	(1,730)
Total unrestricted funds			2,959	7,272
Restricted income funds				-
Total charity funds:			2,959	7,272



.....
Chairperson & Trustee
Mohammed Nobab Uddin



.....
Treasurer & Trustee
Md Imran Ahmed



.....
Secretary & Trustee
Bablul Hoque

Date: 17 August 2023

EASTHANDS

Notes to financial statements

1. Accounting policies

(a) Basis of preparation

The financial statements have been prepared under the historical cost convention. The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting and applicable UK Accounting Standards and the Charities Act 2011.

(b) Funds structure

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects. Unrestricted funds include designated funds where the trustees, at their discretion, have set aside resources for a specific purpose.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor or the terms of a specific appeal at any time and under the terms for public collection of Zakat in accordance with the teachings of Islam.

(c) Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct pay and support costs relating to those activities.

(d) Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised and at historic cost. Fixed assets are stated at cost less accumulated depreciation. The freehold property is valued at historic cost and it is not depreciated.

EASTHANDS

2. Incoming resources from voluntary income

	Unrestricted funds £	Restricted funds £	Total 2023 £	2022
Individual donation	39,436	0	39,436	27,886
Albert Hunt SP	2,000	0	2,000	0
Total	41,436		41,436	27,886

3. Charitable Activities (Support costs)

	Total 2023 £	2022 £
Badminton project	2688	420
Bank charge	4	0
Covid Support	0	2,150
Covid 19 Awareness Video	0	2,415
Consultancy fee	2059	0
Children help.	3029	0
Homeless support - UK	12,537	1,000
Help poor people.	1250	0
Magazine, leaflets etc.	691	587
Meeting expenses	0	144
Deaf Children Help	0	230
Donation	120	0
Disabled Families Help	1400	1,100
Food Pack	13,022	12,725
Human relief fund	1500	0
Humanitarian Help	0	4,100
Legal Fees	0	1,320
Old people club	500	0
Travel & substance	637	0
Ukraine relief project	5042	0
Water project-Somaliland	0	450
Volunteer expenses	0	560
Safe Water – BD	670	652
Training	0	1,163
Accountancy Fees	600	600
	45,749	29,616

EASTHANDS

England & Wales - Charity number 1191463

Accounts

EASTHANDS



Charity Registration No. 1191463

**REPORT & FINANCIAL STATEMENT FOR THE
YEAR ENDED**

31 MARCH 2023

Report and Financial Statements
Year Ended 31 March 2023

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EASTHANDS

BOARD OF TRUSTEES:

Chairperson and Trustee : Mr Mohammed Nobab Uddin
General Secretary & Trustee : Mr Bablul Hoque
Treasurer & Trustee : Mr Md Imran Ahmed

Registered Charity Number: 119 1463

Charity Correspondence Address

18 Spelman Street
Spitalfields & Bangla Town
London E1 5LQ

Independent Examiner:

Muhit & Co
Chartered Certified Accountants
80A Ashfield Street
Unit 4
London
E1 2BJ

Bankers:

Lloyds Bank Plc

1 Legg Street
Chelmsford
Essex
CM1 1JS

EASTHANDS

Trustees Annual Report for the Year Ended 31 March 2023

The Trustees of Easthands submitted their report and financial statements for the year ending 31st March 2023. EastHands, which was established in 2019, had its constitution formally adopted on 12th June 2020 with the first amendments adopted on 22nd September 2020. It was incorporated as a charity, with its name entered in the Charity Commission's Central Register on 24th September 2020. The statements have been prepared in accordance with the statement of recommended practice for Accounting and Reporting by Charities.

EastHands Mission & Vision

- 1) To serve people in need and communities in crises through innovative solutions aimed at building better lives, keeping humanitarian principles in focus.
- 2) To ensure a range of outcome-focused functions for people in desperate need so they can have more and better opportunities in life.

The Charity Objectives are:

The relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or disadvantage in Bangladesh and other such countries as the Trustees shall from time to time determine, by providing grants, items and services to individuals in need and/or charities or other organisations working to meet and tide over their charitable needs.

Chair meets King

When King Charles III journeyed to East London at the invitation of BBPI Councillors Abdal Ullah and Ayesha Qureshi MBE, JP, he was met by EastHands Charity Chairman Nobab Uddin, who spoke to the monarch. The King heard the enlightening story of the contributions of Bangladeshis to the liberation war of their country in Britain. At the same time, Chairman Nobab Uddin highlighted before the monarch the contributions made by British Bangladeshis to the economy, culture and politics of Britain.

Hot food distribution in Westminster area and Tower Bridge point

The British charity EastHands and the British Bangla Welfare Trust distributed food to people standing in long queues to pay their respects to the late Queen as her cortege went by. At midnight on September 17, tea, coffee, croissants, muffins, cakes, apples, bananas and water were distributed to hundreds of people at Tower Bridge Point. It may be noted that after the death of Queen

EASTHANDS

Elizabeth II, she lay in state at Westminster Hall for four days for the general public to pay their respects. People came from different parts of the world to express their condolences. They paid their last respects to the Queen by waiting for up to 24 hours in queues about 8 kilometers long. Chairman of British Bangla Welfare Trust Khosruzzaman Khosru said, 'We have jointly initiated a little project to relieve the fatigue of people waiting for 24 hours. Our activities will continue at various points till September 19.' ASM Masum, a volunteer of Easthands, said, "We are overwhelmed by people's love for the Queen and the country. So we have worked together to bring relief to people who are tired of waiting in long queues.'

Letter from the King's Palace

After the death of Queen Elizabeth II, on behalf of Easthands charity ASM Masum provided hot meals to thousands of people who had lined up to pay their last respects to the departed Queen over four nights in August 2022. King Charles III sent his personal letter and card to volunteer ASM Masum expressing his gratitude for the gesture.

Raising money for underprivileged children: EastHands Charity Badminton Tournament

As the first Easthands International Charity Badminton Tournament 2022 was successfully completed, the second Easthands International Charity Badminton Tournament this year is scheduled to be held on Sunday, 23rd July 2023, at Redbridge Sports Centre. The tournament will run from 10 am to 8:30 pm. The opening ceremony will be held at 10:30 am, with the final match taking place from 5 pm and the prize distribution at 8 pm.

In order to make this tournament a success, a second preparatory meeting was held on Friday, 16th June, at a restaurant in East London under the chairmanship of Nobab Uddin, Chairman of Easthands International Charity and a prominent sportsman and reputed journalist. Former Councillor Aatur Rahman, one of the initiators of the tournament, former Chairman of Tower Hamlets Badminton Club Bablul Haque, Chairman of Taqwa Badminton Club journalist Md. Abdul Munim Jahedi Karol, Secretary Faruk Fuad Chowdhury, former director of Manny's Restaurant and prominent sportsman Mahidul Islam Chowdhury, Tower Hamlets badminton club member Solicitor Sebalul Haque, one of the founders of Badminton Club, Swanley School teacher, distinguished sportsperson Abdul Muktadir Shamim, Bangladesh Badminton Federation UK Vice President Habib Ahmed, Taqwa Badminton Club Treasurer Muhajjem Ahmed Ribu and others were present at the meeting.

Monthly Drop-In

At the end of the first lockdown, EastHands conducted a weekly drop-in and telephone support service, dispensing advice and income to people most affected by the pandemic, in particular people rendered unemployed, elderly people and the homeless.

EastHands Food Bank in East London

EASTHANDS

The international charity EastHands ran a Food Bank Donation Point in East London to help those in need as a result of the Covid-19 pandemic.

Grand completion of Charity Badminton Tournament 2022

The first Easthands International Charity Badminton Tournament was held in London with great fanfare. This charity tournament was held on Sunday, 21st August 2022, at Redbridge Sports Centre in Barkingside, Essex. The tournament went on from 10 am till 9:30 pm.

This charity tournament was inaugurated by the Chairman of Easthands International Charity, Nobab Uddin, a prominent sportsman. Businessman Monir Ahmad, one of the sponsors of the tournament and director of JMG Cargo, also spoke on the occasion.

In addition to London, Luton, Birmingham, Leicester, Reading, Surrey, Portsmouth, Cardiff, Manchester, Southampton, Cambridge, Doncaster, Ipswich, around 180 players (90 teams) from various cities in the United Kingdom cheerfully participated in this magnificent historic game. A wonderful prize distribution ceremony followed the tournament.

British Bengal Welfare Trust and Easthands distribute water and umbrellas to people in summer

British Bengal Welfare Trust and Easthands Charity jointly distributed cold water, dry food and umbrellas to hundreds of people in Stratford, East London, when the temperature in London rose to around 41 degrees.

Stratford Area Councillor Sabiha Kamali joined the program. She noted that the distribution of the cold water among people in such hot weather was wonderful work as some people would get some relief.

Nobab Uddin's Step Challenge

The international charity organisation Easthands Charity has raised money through the Step Challenge or Walk programme for blind, mute and deaf disabled children. The chairman of the organisation, Nobab Uddin, walked more than 60 thousand steps every week for one and a half months in order to collect this money. In the event, £3,000 were collected.

Community Lottery Fund

EastHands received a project grant to improve health through backyard and allotment gardening. This one-year project will be conducted in Newham and Tower Hamlets. Besides encouraging people in gardening, training will be provided to them by experts.

EASTHANDS

NHS Trust and Tower Hamlets Council

EastHands obtained this project for six months, the objective being to raise awareness among people who are in trouble due to the rising cost of living and to give them advice on coping with the situation. The project will run in Tower Hamlets to give proper advice to people who have problems in such areas as loan repayments, electricity and gas bills, benefits, etc.

Albert Hunt Trust

Easthands will run the Albert Hunt Trust's project for better living through vegetable gardening in people's individual spaces. The focus will be residents of Tower Hamlets.

Iftar at Whitechapel Market

Iftar was organised under the open sky with the Street Traders of Whitechapel during the holy month of Ramadan. Market traders as well as pedestrians participated in the iftar. This project was jointly organized with British Bangla Welfare.

Handover of house keys

Under the initiative of Ambia Mosleh Uddin Trust and Easthands Charity, a house has been built for the less privileged Rafique Miah in Juri, Moulvibazar, the key of which was handed over to him. The total cost of the construction was 2.5 lac taka.

Prosthetic leg for Anika

Anika Akhter, daughter of Abid Miah of Kulaura upazila, had her right leg amputated as a result of an accident. She received financial support from EastHands Charity to get herself fitted with a high-quality prosthetic leg in order to be able to walk normally.

Easthands distributed educational materials to flood affected areas in Sunamganj

On the initiative of Easthands, cash was provided for the purchase of educational materials among students in Fenerbacck of Jamalganj Upazila, a flood-prone area of Sunamganj. The cash was distributed among 30 students of Ferdowsi Ali Amjad Chowdhury High School in Fenerbacck. Sharmeen Begum, a student of class IX, said, 'I will buy a notebook, pen and geometry box with this money.'

The founder of the school, Shahriar Biplab, said that many of the poor students will be able to buy their necessary educational materials with this support from Easthands.

EASTHANDS

Eid gifts for helpless disabled people in Sylhet

Food items were distributed among disabled children, elderly, women and men of Ward No 5 of Sylhet city. On Friday, 21 April 2023, such relief materials were handed over to them with the help and cooperation of Councillor Rezwan Ahmed of Sylhet City Corporation in Ambarkhana Barabazar area of Sylhet city. Anwaruzzaman Chowdhury, the Awami League's nominee for the office of mayor in the upcoming Sylhet City Corporation election, was present as chief guest at the event. He said that disabled people are the wealth of our country. They should be used to build a smart Bangladesh. EastHands handed over gifts to the disabled on the occasion of holy Eid-ul-Fitr, certainly a commendable move.

Easthands gives food for a month to visually impaired children

As in every year, EastHands Charity provided a month's worth of food to a school for visually impaired children in Sylhet. This food was distributed among disabled children of Green Disabled Foundation in Jindabazar of the city. The food list included rice, lentils, oil, flour, onion, turmeric, chilli, coriander, salt and potatoes.

On 1 April, on the occasion of the holy month of Ramadan, United Kingdom-based charity organisation EastHands provided these food items. Sylhet City Corporation Ward No. 5 Councillor Rezwan Ahmad handed over these food items to the foundation authorities.

Eid Gifts for disabled families in Barisal, Bangladesh

EastHands handed over Eid gifts to 22 hearing-impaired and physically challenged families in Banaripara Upazila of Barisal Division of Bangladesh.

Ramadan Food Pack

In 2023, 1500 people from about 250 families were given Ramadan food packs in Moulvibazar and Sunamganj. Each foodpack contained 40 kg of food items, including rice, pulses, oil and spices. Besides, about 2000 students were made to break the fast in madrasahs in different areas through such food assistance.

Support to local mosques

A donation of Tk 180 thousand was given to Baitul Falah Jame Masjid in Shariatpur village of South Sunamganj. At the same time, the incomplete work of the mosque was completed by donating Tk 2 lakh to Baitul Aman Mosque in village Dipia in Kanakpur Union of Moulvibazar district.

EASTHANDS

Earthquake in Turkey

EastHands handed over funds to the Human Relief Foundation for families affected by the devastating earthquake in Turkey. Khairul Shahid was present on behalf of Human Relief Foundation.

Clean water project in Africa

Water tanks have been provided in the drought-stricken East African country of Somaliland. Families can collect water and use it for a long period of time.

Organisation

The trustees named on page 1 have served throughout the period. Appointment of trustees is governed by the Trust Deed of the Charity. The board of trustees is authorized to appoint new trustees to fill vacancies arriving through resignation or death of existing trustees.

Reserves and Reserves Policy

Easthands Charity is committed to using its resources in pursuit of its charitable objects. It is also committed, however, to maintaining a level of reserves that is prudent to meet ongoing liabilities, sufficient to ensure that all service delivery commitments can be met and to protect the long-term future of our operations. Easthands reserve policy seeks to balance these priorities by holding a level of reserves sufficient to:

- Ensure the availability of sufficient working funds in hand;
- Provide a cushion in case of unexpected loss of income to ensure that services can be maintained;
- Provide sufficient funds for an orderly winding-down in the event of a need to cease activity.

The trustees review the situation on a regular basis and take immediate corrective action as and when necessary.

Risk Statement

The trustees have examined the major strategic, business, and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen those risks.

EASTHANDS

Financial Information and Future Developments

The financial position of the Charity is portrayed in the accompanying Annual Accounts.

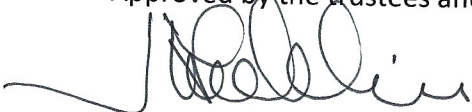
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Approved by the trustees and signed on their behalf by



Chairperson & Trustee
Mohammed Nobab Uddin

Dated: 17 August 2023

EASTHANDS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF EASTHANDS (CHARITY REG: 1191463)

We have examined the financial statements for the year ended 31 March 2023, which are set out on pages 7 to 10 which have been prepared on the basis of historic cost. The Trustees have confirmed that they hold restricted funds and that all the funds are available to meet the charity's objectives.

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The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act and
- state whether particular matters have come to our attention.

Basis of Independent Examiner's Statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view, and the report is limited to those matters set out in the statement below.

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- 1) Which gives us reasonable cause to believe that in, any material respects the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
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Muhit & Co

Chartered Certified Accountants

EASTHANDS

80A Ashfield Street, Unit 4, London E1 2BJ

Approval of Accounts

We hereby approve the attached accounts for the year ended 31 March 2023 and confirm that we have supplied all the information and explanations required for these accounts.

A handwritten signature in black ink, appearing to read 'Mohammed Nobab Uddin', written in a cursive style.

Chairperson & Trustee
Mohammed Nobab Uddin
Dated: 17 August 2023

EASTHANDS

Statement of Financial Activities


For the year ended 31 March 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Incoming resources					
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EASTHANDS

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Current liabilities				
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Net current Assets				
Net assets			2,959	7,272
The funds of the charity:				
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Net Unrestricted funds for this period			(4,313)	(1,730)
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Restricted income funds				-
Total charity funds:			2,959	7,272



.....
Chairperson & Trustee
Mohammed Nobab Uddin



.....
Treasurer & Trustee
Md Imran Ahmed



.....
Secretary & Trustee
Bablul Hoque

Date: 17 August 2023

EASTHANDS

Notes to financial statements

1. Accounting policies

(a) Basis of preparation

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EASTHANDS

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