

Rachel's Vineyard UK Charitable Incorporated Organisation

England & Wales · Charity number 1191428

Details

Other names RACHEL'S VINEYARD BIRMINGHAM

Status Registered

Legal form CIO

Registered 2020-09-22

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: THE ADVANCEMENT OF THE CHRISTIAN RELIGION IN ACCORDANCE WITH CATHOLIC TEACHINGS FOR THE PUBLIC BENEFIT BY PROVIDING WOMEN AND MEN WITH SPIRITUAL HELP DURING BEREAVEMENT FOLLOWING AN ABORTION DECISION

Activities: Providing women and men with spiritual help during bereavement following an abortion decision.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Religious Activities

Geography

- Ireland
- Netherlands
- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£100,567	£77,662	-	-
2024-03-31	£102,633	£64,396	-	-
2023-03-31	£67,453	£55,065	-	-
2022-03-31	£76,846	£43,327	-	-
2021-03-31	£15,281	£11,941	-	-

Trustees

Name	Role	Appointed
Rev Sean Gough	Chair	2026-04-14
MICHAEL WEAVER		2026-04-14
Sheila Jean Wilbanks		2025-11-18
Victoria Leach		2026-04-14

Rachel's Vineyard UK Charitable Incorporated Organisation

England & Wales - Charity number 1191428

Accounts

**Rachel's Vineyard UK Charitable Incorporation Organisation
(Registered Charity Number 1191428)**

Trustees' Annual Report for the period 1st April 2024 to 31st March 2025

Trustees

Jade Broadley (Resigned 25th January 2025)
Sean Gough
Victoria Leach
Mike Weaver

Objectives and Activities

Our Charitable aims are *"The advancement of the Christian religion in accordance with Catholic teachings for the public benefit by providing women and men with spiritual help during bereavement following an abortion decision."*

Any death is significant and grieving is a natural part of loss; but with an abortion there is an extra layer of grief due to the guilt of their decision due to the part they may have played. Rachel's Vineyard works through the stages of grief allowing participants to experience the love and mercy that God has for them.

Rachel's Vineyard weekends for healing after abortion are offered several times each year. The programme is an opportunity for participants to

- examine their abortion experience;
- identify the ways that the loss has impacted them in the past and present; and
- acknowledge any unresolved feelings that many individuals struggle with after abortion.

Because of the emotional numbness and secrecy that often surrounds an abortion experience, conflicting emotions both during and after the event may remain unresolved. These buried feelings can surface later and may be symptoms of post abortion trauma.

Married couples, mothers, fathers, grandparents and siblings of aborted children, as well as persons who have been involved in the abortion industry have come to Rachel's Vineyard in search of peace and inner healing. Rachel's Vineyard supports those suffering because they feel unforgiven enabling them to reconcile themselves to God and their child lost through abortion. The weekend is a lot of work but yields a fruitful harvest for all who are willing to labour there.

Our strategy is to:

- Run up to eight retreat weekends throughout the year;
- Offer free places or reduced priced retreats for those who are financially disadvantaged and otherwise would not be able to attend;
- Offer a follow-up support programme to participants;
- Offer professional support pre- and post-retreat for higher risk participants;
- Introduce team development and training weekends;
- Offer free places and cover travel expenses for the Retreat Priest and the rest of team attending each retreat;
- Promote Rachel's Vineyard to ensure the growth of the mission;

- Develop Rachel's Vineyard Information Day Programme to engage a wider number of Priests, Counsellors, prepare for future growth;
- Support post-abortive people that may not go on retreat, but need advice, support and signposting to other help;
- Support new teams and develop growth of Rachel's Vineyard throughout the UK;
- Support other Rachel Vineyard teams throughout UK; and
- Lead 'Leaders' meetings and annual retreat of leaders in UK

In formulating this strategy trustees confirm that they have had regard to the guidance issued by the Charity Commission on safeguarding vulnerable people and achieving public benefit.

Achievements, Performance, and Delivering Public Benefit Introduction

In the past year, the charity has continued to be a beacon of support for individuals impacted by abortion, providing not only practical help but also a deep, faith-based healing journey. We understand that the impact of abortion extends deeply into all aspects of a person's life. Many who attend Rachel's Vineyard retreats experience complex trauma that requires continued support.

We continue to recognize the need for ongoing care for those who face additional unresolved traumas, such as sexual abuse, human trafficking, mental health challenges, or difficulties with relationships and housing.

Through our various initiatives, including personalised support, retreats, faith formation, and educational outreach, we have been able to assist many people on their path to recovery, healing, and spiritual growth. This section outlines our key achievements, and the public benefit we continue to deliver.

Key Achievements

1. Post-Abortive Support & Direct Services

○ Retreats and Aftercare

This year, Rachel's Vineyard UK hosted 7 weekend retreats in the Midlands, Suffolk and Scotland region. Each retreat was followed by 1-1 check-in with each retreatant, a retreatant WhatsApp group, and an in-person one-day follow-up day. We maintain strong relationships with RV retreat leaders across various regions, offering support for their retreats when needed. For most retreat attendees, the weekend retreat and follow up day provide the support they require, which remains the charity's primary focus.

○ National Reach & Local Impact:

Over the past year, RV UK has supported **over 150 individuals**. Our national helpline and local outreach have extended our reach, offering crucial support to those grieving and traumatised from abortion. The national phone number provided invaluable support, especially for those seeking urgent help

○ Individualized Support:

We sponsored over **100 psychotherapy sessions** for individuals needing

professional support. This was a significant investment in the mental and emotional well-being of those affected.

- **Empowerment Through Storytelling:**
We facilitated platforms for individuals to share their stories of healing. These courageous testimonies have inspired others and shown that they are not alone in their journey of grief
- **Comprehensive Support Materials:**
We distributed talks, literature, and videos designed to provide emotional and spiritual support to those traumatized by abortion. We also signposted individuals to Grief to Grace for further healing, and supported those struggling with the pain of anniversaries and birth dates.
- **Testimonies from Rachel's Vineyard Participants in 2024:**

'Fantastic! Best retreat I Have ever been on – I am speechless. All the exercises were so meaningful, how precisely and accurately it has been thought of and organised. I will definitely promote this retreat.'

'Very healing, full of love and acceptance. Felt safe to share everything without judgement.'

'Such a beautiful experience. I'm so thankful that m grief has been recognised and I've been able to honour my children in such a dignified and beautiful way.'

'Very well planned with love and professionalism. Every person's individual needs are met with love and kindness. All the readings, video, mass and sacramental help each one healing and wholeness.'

'This retreat was everything I needed, but I didn't know I needed it. My heart was so heavy and I was carrying so much that I hadn't realised. This retreat has given me an opportunity to open my heart again to the love and mercy of Jesus, as well as the love for others.'

'The care from the team is more than I have ever received. The effort and attention put into every exercise and activity is very valuable and made an impact on my life. I really felt safe and within the hands of the Lord. Everything was more than perfect. I am going home completely changed.'

'Wonderful, faithful, surprising, connecting, healing, empowering and transformative.'

2. Training and Support

- **Clergy and Faith Leaders Training:**
We have been deeply engaged in training and educating clergy and faith leaders about the trauma of abortion. This year, we led training sessions with 60+ priests and a bishop in Glasgow and Edinburgh, as well as 9 priests, 6 religious, and a bishop at Youth 2000. Additionally, we trained a group of Orthodox priests and their wives on abortion trauma and led a seminar for seminarians in Rome via Zoom.

- **Support for New Facilitators:**
Our team has worked to support emerging facilitators, with plans to launch RV retreats in York and Derry. We also provided training and mentorship for these teams with Derry and the York facilitator running their first retreat in 2025.
- **Therapy and Psychotherapist Collaboration:**
We have collaborated with 4 Catholic psychotherapists, three of whom have attended an RV retreat. In total, we've supported and recommended 25 participants with therapy, ensuring that their emotional needs are met through the expertise of professional therapists.

3. Supporting Faith Journey and Spiritual Growth

- **Alpha Program:**
The Alpha 2024 program has seen 48 individuals registered, with some attending regularly, strengthening their faith and connection with the Church. In addition, we provided RV Alpha training for leaders and helpers, ensuring that these individuals are equipped to guide others on their spiritual journey.
- **Faith Literature and Resources:**
We sponsored 9 places for individuals to attend Youth 2000, have provided Magnificat subscriptions for 12 months, and sent faith-based literature to individuals seeking spiritual nourishment. Additionally, we have journeyed with participants through regular fortnightly Word of God sessions and supported their participation in Mass and Confession.
- **Medjugorje Sponsorship:**
Through our connections, we were able to encourage a woman to attend Medjugorje, providing her with an opportunity for deep spiritual renewal through a charity that assists pilgrims.

4. Promoting the Charity and Its Work

Over the past year, the charity has made significant strides in promoting its mission. Representatives have given talks, attended Catholic conferences, and participated in interviews with various media outlets, including local and national broadcasters. Additionally, we have increased our social media presence and collaborated with other pro-life groups across the UK.

Rachel's Vineyard continues to adopt a dynamic and creative approach to raising awareness of the support we offer, both within the Church and the broader community. Our website is regularly updated, and social media platforms are actively utilised to publicise our work and support past retreat participants. The Rachel's Vineyard Facebook and Instagram pages are closely monitored and updated weekly.

Our publicity efforts have been furthered through talks and personal testimonials from team members and past participants at various events. Many of these participants, having experienced healing through Rachel's Vineyard retreats, feel a strong desire to share their stories and help others. These engagements are

invaluable in raising the profile of Rachel's Vineyard across the UK and in reaching those who have been affected by abortion and are seeking support.

Performance Overview

- **Program Delivery**

RV has delivered on its promise to provide comprehensive and compassionate support. With 150 individuals supported nationally and multiple successful retreats, our services have had a direct impact on many lives. The continued demand for our services highlights the need for ongoing, effective support for post-abortive individuals.

- **Financial Health**

We remain committed to ensuring that resources are used effectively. Funding provided psychotherapy sessions for over 100 participants, and we continue to seek donations and sponsorships to support our mission. The financial support we provide for these services allows individuals to access vital care that they might otherwise be unable to afford.

- **Volunteer and Leadership Engagement**

The growth of our volunteer network, as well as the engagement of clergy, faith leaders, and other community partners, has been integral to the success of our retreats and ongoing programs. We continue to offer regular training sessions and meetings to ensure the continued development of our leadership team.

Delivering Public Benefit

Our core mission is to provide public benefit by offering emotional, spiritual, and practical support to individuals who have experienced the trauma of abortion. Through our helpline, retreats, faith journeys, and training initiatives, we have delivered a positive impact, healed emotional wounds and supported the spiritual growth of individuals in need.

- **Access to Healing and Support:**

We ensure that support is available to anyone in need, regardless of background, through our retreats, online resources, and individual counselling.

- **Supporting Faith and Community:**

Our faith-based initiatives, including Alpha programs, Lectio and literature distribution, are designed to help individuals grow spiritually, find peace, and become active members of the faith community.

- **Training and Advocacy:**

By training clergy, faith leaders, and counsellors, we have spread awareness of the trauma of abortion and have equipped individuals and organisations to offer appropriate care and support.

Financial Review

This is the fifth review of the Charity's financial position since it was established in May 2020 and covers the period 1st April 2024 to 31st March 2025.

The Charity' income amounted to £100,567 comprising:

- Donations of £1,000 or more - £65,062
- Donations under £1,000 - £24,179;
- Voluntary contributions made by beneficiaries attending retreats - £10,222; and
- Interest £1,104.

Expenditure on charitable activities amounted to £77,662 comprising:

- Professional support before, during and after retreats £46,511;
- Costs of arranging retreats and charity development £11,872; and
- Retreat accommodation – £19,279.

Over the year income exceeded costs by £22,905 (£38,237 in 2024).

Funds brought forward on 31st March 2024 amounted to £87,484. On 31st March 2025 accumulated funds had increased to £110,389. These funds are held in a current and deposit account with TSB Bank PLC.

Accumulated funds carried forward provide working capital to protect against adversity and is approximately equal to forecast spending over 15 months.

The Trust had no liabilities at the start or end of the financial year.

The Charity benefits from significant volunteer contributions to charitable activity and this helps to minimise expense. The Charity is also grateful to those who generously donate to its work. Trustees will continue to encourage more donors to support the Charity's endeavours.

The trustees are risk averse. The Charity is insured by Hiscox Insurance. Protective financial control measures are in place to protect the Charity from fraud and loss. Potential commitments are minimised until funding appears secure. Trustees receive regular financial reports and proposed expenditure on charitable activity is judged in the light of the prevailing and anticipated uncertainties. Trustees have no reason to believe that the Charity cannot continue as a going concern for the foreseeable future.

Structure, Governance and Management

The Charity is a Charitable Incorporated Organisation registered by the Charity Commission for England and Wales on 22nd September 2020. The Charity operates in accordance with its Constitution.

Trustees are recruited for their commitment to the mission of Rachel's Vineyard and their particular skills relevant to meeting its objectives. Trustees receive induction training and will undertake continuing professional development to ensure high standards of governance.

Trustees have a programme of meetings to consider public benefit obligations, assess risks, agree plans, monitor implementation and review progress against objectives. These meetings can be in person or virtually using information technology.

Trustees can provide professional services to the Charity for which they may be paid. These services are in addition to their voluntary trustee duties. Trustees received £129 (£481 2024) to reimburse their travelling expenses whilst engaged in Trust activities.

The Charity follows a conflict-of-interest policy and keeps a record of relationships with related parties.

We are committed to Safeguarding all adults and vulnerable adults who attend our retreats. We have a Safeguarding policy (that is available on the website) and is followed closely at all events. In the case of a Safeguarding Concern, we follow the guidance of the local Diocese and CSSA (Catholic Safeguarding Standards Agency). The trustees have monitored, reviewed, and updated, when necessary, the Safeguarding Policy and Procedures, as well as Risk Assessments. We work openly with statutory agencies to ensure any concerns or allegations of abuse are promptly addressed, victims are supported, and perpetrators are held accountable. All volunteer members have completed an online Safeguarding Course through Educare online and regular training before each retreat.

Official Address

10 Prospect Manor Court, Cannock, Staffordshire WS12 2DL

Email: rachel@rachelsvineyard.org.uk

Website www.rachelsvineyard.org.uk

Telephone 07734 059080

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

Trustee *Mike Weaver*

Date 29th April 2025

Rachel's Vineyard UK Charitable Incorporated Organisation

Registered Charity Number 1191428

Statement of Financial Activities including Summary Income and Expenditure Account	1st April 2024 to 28th March 2025	1st April 2023 to 31st March 2024
	£	£
INCOME FROM:		
Voluntary contributions made by beneficiaries attending retreats	10,222.50	9,623.40
Donations	89,240.80	92,696.70
Interest Received	1,104.24	312.99
TOTAL INCOME	100,567.54	102,633.09
Less Expenditure on Charitable Activities		
Employment Costs	35,019.96	-
Accommodation	19,278.78	17,391.94
Resources	2,408.11	2,310.52
Office	1,446.61	564.21
Phone	349.63	336.31
Advertising	1,394.04	729.81
Travelling	3,210.89	2,670.63
Team	1,223.76	1,486.15
Sustenance	792.73	1,466.97
Professional Services	4,991.50	30,346.95
Shared Spending	-	416.84
Insurance	1,046.40	790.57
Counselling and Therapy	6,500.00	5,885.00
TOTAL EXPENDITURE	77,662.41	64,395.90
SURPLUS	22,905.13	38,237.19
RECONCILIATION OF FUNDS:		
Total funds brought forward	87,484.28	49,247.09
TOTAL FUNDS CARRIED FORWARD	110,389.41	87,484.28
BALANCE SHEET AS AT 31st MARCH 2025		
ASSETS		
Cash at Bank and in hand	110,389.41	87,484.28
TOTAL ASSETS	110,389.41	87,484.28
CHARITY FUNDS		
Unrestricted Funds	110,389.41	87,484.28
TOTAL FUNDS	110,389.41	87,484.28

Signed on behalf of Trustees

Mike Weaver

Date 29th April 2025

ACCOUNTING POLICIES 2024-25

Basis of preparation

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at fair value, and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Rachel's Vineyard Birmingham Charitable Incorporated Organisation meets the definition of a public benefit entity under FRS 102.

Going Concern

The financial statements have been prepared on a going concern basis. Having conducted a detailed review of the Trust's resources and the challenges presented by the current operating and economic climate, the Trustees are satisfied that the Trust has enough cash flows to meet its liabilities as they fall due for at least one year from the date of the approval of the accounts. There are no significant financial uncertainties which the Trustees consider are a significant risk to the ability of the Trust to operate as a going concern in the foreseeable future.

Income

All income is included in the Statement of Financial Activities when the Trust has entitlement to the funds; it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

Expenditure

All expenditure is accounted for on an accrual basis. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Trust to the expenditure. The following specific policies are applied to categories of expenditure:

- charitable activities include expenditure on providing conferences; and
- support costs relating to oversight of the affairs of the Trust.

Cash at bank and in hand

Cash at bank includes cash and monies on short term deposit via current and deposit accounts at the bank and other short-term liquid investments with original maturities of three months or less.

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors and provisions

Creditors and provisions are recognised where the Trust has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount allowing for any trade discounts due.

Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. There are no critical accounting estimates and areas of judgement to note.

**Independent Examiner's Report to the Trustees of Rachel's Vineyard, Birmingham
(Registered Charity Number 1191428)**

I report on the accounts of the Charity for the period 1st April 2023 to 31st March 2025.

Respective responsibilities of trustees and examiner

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145 (5) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of the Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed *Stephen Howarth* Dated: *7th May 2025*

Chartered Institute of Public Finance Accountant

Address: Fairways, 111 Canada Way, Lower Wick, Worcester WR2 4XD

Rachel's Vineyard UK Charitable Incorporated Organisation

England & Wales - Charity number 1191428

Accounts

**Rachel's Vineyard UK Charitable Incorporation Organisation
(Registered Charity Number 1191428)**

Trustees' Annual Report for the period 1st April 2023 to 31st March 2024

Trustees

Jade Broadley
Rev. Fr Sean Gough
Victoria Leach
Mike Weaver

Change of Name

Recognising the growing national service of the Charity Trustees approved the change of name to Rachel's Vineyard UK Charitable Incorporated Organisation on 12th February 2024. The Charity Commission for England and Wales approved the application to register the name change on 15th February 2024.

Objectives and Activities

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Any death is significant and grieving is a natural part of loss; but with an abortion there is an extra layer of grief due to the guilt of their decision due to the part they may have played. Rachel's Vineyard works through the stages of grief allowing participants to experience the love and mercy that God has for them.

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Our strategy is to:

- Run four retreat weekends throughout the year;
- Offer free places or reduced priced retreats for those who are financially disadvantaged and otherwise would not be able to attend;

- Offer a follow-up support programme to participants;
- Offer professional support pre- and post-retreat for higher risk participants;
- Introduce team development and training weekends;
- Offer free places and cover travel expenses for the Retreat Priest and the rest of team attending each retreat;
- Promote Rachel's Vineyard to ensure the growth of the mission;
- Develop Rachel's Vineyard Information Day Programme to engage a wider number of Priests, Counsellors, prepare for future growth;
- Support post-abortive people that may not go on retreat, but need advice, support and signposting to other help;
- Support new teams and develop growth of Rachel's Vineyard throughout the UK;
- Support other Rachel Vineyard teams throughout UK; and
- Lead 'Leaders' meetings and annual retreat of leaders in UK.

In formulating this strategy trustees confirm that they have had regard to the guidance issued by the Charity Commission on safeguarding vulnerable people and achieving public benefit.

Review of achievements, performance and delivering public benefit

• Post Abortive Support

Our primary activity remains to provide support to anyone who has been affected by abortion. This includes mothers; fathers; grandparents; abortion workers; and any other family members. Last year we supported at least 160 people that contacted the national helpline through phone calls, zoom calls and face-to-face meetings. Out of these, 57 attended weekend retreats in the Midlands, Scotland and Walsingham. Here are a few examples of the benefits participants felt from attending the retreats.

Testimonies from Rachel's Vineyard participants in 2023:

"Rachel's Vineyard has been a safe place to process such difficult memories and feelings. It was incredibly helpful, and in truth I didn't realise how much I needed it." – Rachel's Vineyard Retreat Participant

"I was so anxious about coming to the retreat and not knowing what to expect, but I'm so glad I came. It has given me peace and healing and has allowed God's grace to work in my life." – Rachel's Vineyard Retreat Participant

"This Rachel's Vineyard retreat has helped salvage my relationship with God."– Rachel's Vineyard Retreat Participant

Angel: a story of a man's role in abortion and how Rachel's Vineyard helped him to honour his child - <https://www.youtube.com/watch?v=5BELqPP-d8g>

Natanya: a story of coercion that led to multiple abortions, to encountering Jesus and receiving healing at a Rachel's Vineyard retreat - <https://www.youtube.com/watch?v=vsbl1k0G-QQ>

Ellie: a story of a young woman whose life was changed by her three abortions, and the new path she is on in faith and hope with the help of Rachel's Vineyard - https://www.youtube.com/watch?v=V7-YZ-ED_CI

After each retreat the attendees are invited to attend an online check-in session, as well as an in-person day retreat. These elements of Rachel's Vineyard are essential to enable people to break the isolation and to continue on their healing journey.

- **Ongoing support following attendance at a retreat**

We recognise that the devastation of abortion ripples across all areas of a person's lives and many who attend Rachel's Vineyard retreats have complex trauma that demands further support. We are grateful to be in a position where we can refer and sponsor some retreatants to have professional counselling where required.

We continue to identify the need for ongoing support for those retreatants who have additional unresolved trauma, e.g., sexual abuse, trauma from human trafficking, poor mental health, or relationship and/or housing difficulties. The charity has received several generous donations enabling us to support financially participants to attend professional counselling, psychotherapy, or other Christian healing retreats, e.g., Grief to Grace, Youth 2000, and by offering online courses such as Alpha and Journeying with the Word of God.

We are also able to provide faith support, in partnership with Catholic organisations across the UK. This year we ran an online Alpha course for anyone who had previously attended a Rachel's Vineyard Retreat. This provided an opportunity for 30 people to explore the basics of the Christian faith in a safe, loving community.

Retreat participants are also invited to join a fortnightly online Lectio Divina group to continue the faith journey together with others who have participated in a Rachel's Vineyard retreat. For those younger retreat participants who are looking for further faith support, there is the opportunity to attend the annual Youth 2000 Summer Festival with a group from Rachel's Vineyard. The team have also supported a number of participants through the Right of Christian Initiation of Adults Programme (RCIA).

- **Training Rachel's Vineyard teams**

On each retreat we have a team made up of a facilitator; a professional therapist, team members who have been through the Rachel's Vineyard retreat; as well as a priest as part of their training. The priest plays an integral part at the retreat at being the face of Jesus to many who feel distant from God and His Church. We are also aware that before many come to the retreat, they confess their abortions in the Sacrament of Reconciliation.

In December 2023 we were able to host a weekend retreat for all team members who voluntarily give of their time to support Rachel's Vineyard retreats across the UK. This was a blessed and fruitful time where team members were able to receive, grow in fellowship, and be inspired for the year ahead in their ministry.

- **Promoting the Charity**

As well as the regular work of the Charity in the last year representatives gave talks, attended Catholic conferences, were interviewed for a number of different media outlets including local and national broadcasters, increased our engagement on social media, and worked with other pro-life groups across the UK.

The Charity continues to take an active and creative approach to raising awareness of the support it offers, both in the Church and the wider community. The website is regularly updated, and social media is used to both publicise Rachel's Vineyard, and to continue to support past retreat participants. Rachel's Vineyard's Facebook and Instagram pages are monitored regularly and posted on 2-3 times weekly. This has led to an increase in traffic through the website and has resulted in more calls to the advertised phone number for those who are seeking support. We also are grateful for the support of the Catholic Bishops Conference of England and Wales and the Charity is advertised via their 'Day for Life' website.

We have gained publicity via team members and past participants giving talks and sharing their experiences at several events. Some participants have a desire to help others by sharing their stories after they have experienced healing at a Rachel's Vineyard retreat. We work closely with them to ensure that they are ready, and with the support of the March for Life UK team there have been a number of Rachel's Vineyard participants speaking on pro-life issues and truly being some of the "most eloquent defenders of everyone's right to life." (Evangelium Vitae, Pope St John Paul II). These engagements help with both publicising Rachel's Vineyard across the U.K. and as a tool to reach those who have been affected by abortion and are seeking support.

- **Looking ahead**

In March 2024 Trustees appointed a full time National Director to build on the achievements of the Charity since it was established in May 2020. This will enable Rachel's Vineyard UK to focus on developing more team members and clergy in order to safely deliver additional retreats in the coming years.

Conclusion

Trustees have reviewed its activity and impact over the year and believe the Charity continues to fulfil its public benefit obligations.

The main beneficiaries of this work remain the women and men who are seeking support after the trauma of abortion. By increasing our networking, publicity and online presence, we aim to be a signpost to the wider society that there is the hope of healing for anyone, regardless of age, gender, or religion. The hosting of weekend retreats will always be the priority of this Charity, but we are in a privileged position to be able to offer a wider, on-going support system to those who seek our help.

Financial Review

This is the fourth review of the Charity's financial position since it was established in May 2020 and covers the period 1st April 2023 to 31st March 2024.

The Charity' income amounted to £102,633 comprising:

- Donations of £1,000 or more - £71,305;
- Donations under £1,000 - £21,393;
- Voluntary contributions made by beneficiaries attending retreats - £9,623; and
- Interest £312.

Expenditure on charitable activities amounted to £64,396 comprising:

- Professional support before, during and after retreats £37,699;
- Costs of arranging retreats and charity development £9,305; and
- Retreat accommodation – £17,392.

Over the year income exceeded costs by £38,237 (£12,388 in 2023).

Funds brought forward on 31st March 2023 amounted to £49,247. On 31st March 2024 accumulated funds had increased to £87,484. These funds are held in an account with TSB Bank plc. The sum carried forward provides a working capital reserve to protect against adversity and is approximately equal to forecast spending over 15 months.

The Charity benefits from significant volunteer contributions to charitable activity and this helps to minimise expense. The Charity is also grateful to those who generously donate to its work. Trustees will continue to encourage more donors to support the Charity's endeavors.

The trustees are risk averse. The Charity is insured by Hiscox Insurance. Protective financial control measures are in place to protect the Charity from fraud and loss. Potential commitments are minimised until funding appears secure. Trustees receive regular financial reports and proposed expenditure on charitable activity is judged in the light of the prevailing and anticipated uncertainties. Trustees have no reason to believe that the Charity cannot continue as a going concern for the foreseeable future.

Structure, Governance and Management

The Charity is a Charitable Incorporated Organisation registered by the Charity Commission for England and Wales on 22nd September 2020. The Charity operates in accordance with its Constitution.

Trustees are recruited for their commitment to the mission of Rachel's Vineyard and their particular skills relevant to meeting its objectives. Trustees receive induction training and will undertake continuing professional development to ensure high standards of governance.

Trustees have a regular programme of meetings to consider public benefit obligations, assess risks, agree plans, monitor implementation and review progress against objectives. These meetings can be in person or virtually using information technology.

Trustees can provide professional services to the Charity for which they are paid. These services are in addition to their trustee duties which are undertaken voluntarily.

The Charity follows a conflict-of-interest policy and keeps a record of relationships with related parties.

We are committed to Safeguarding all adults and vulnerable adults who attend our retreats. We have a Safeguarding policy (that is available on the website) that has been approved by CSAS and is followed closely at all events. In the case of a Safeguarding Concern, we follow the guidance of the local Diocese and CSAS (Catholic Safeguarding Advisory Service). The trustees have monitored, reviewed, and updated, when necessary, the Safeguarding Policy and Procedures, as well as Risk Assessments. This year all the volunteer team at Rachel's Vineyard Birmingham have completed an online Safeguarding Course through Educare online.

Official Address

10 Prospect Manor Court, Cannock, Staffordshire WS12 2DL

Email: rachel@rachelsvineyard.org.uk

Website www.rachelsvineyard.org.uk

Telephone 07734 059080

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

Trustee *Mike Weaver*

Date 10th April 2024

Rachel's Vineyard UK Charitable Incorporated Organisation		
Registered Charity Number 1191428		
Statement of Financial Activities including Summary Income and Expenditure Account	1st April 2023 to 31 March 2024	1st April 2022 to 31st March 2023
	£	£
INCOME FROM:		
Donations	92,696.70	59,478.68
Voluntary contributions made by beneficiaries attending retreats	9,623.40	7,975.00
Interest	312.99	
TOTAL INCOME	102,633.09	67,453.68
Less Expenditure on Charitable Activities		
Professional support before, during and after retreats	37,698.92	30,834.86
Costs of arranging retreats and charity development	9,305.04	11,050.37
Retreat accommodation	17,391.94	13,180.00
TOTAL EXPENDITURE	64,395.90	55,065.23
SURPLUS	38,237.19	12,388.45
RECONCILIATION OF FUNDS:		
Total funds brought forward	49,247.09	36,858.64
TOTAL FUNDS CARRIED FORWARD	87,484.28	49,247.09
BALANCE SHEET AS AT 31st March 2024		
ASSETS		
Cash at Bank and in hand	87,484.28	49,247.09
TOTAL ASSETS	87,484.28	49,247.09
CHARITY FUNDS		
Unrestricted Funds	87,484.28	49,247.09
TOTAL FUNDS	87,484.28	49,247.09
Signed on behalf of Trustees		
<i>Mike Weaver</i>		
10th April 2024		

Notes to the Financial Statements for the period 1st April 2023 to 31st March 2024.

1. ACCOUNTING POLICIES

1.1 Basis of preparation

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at fair value, and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Rachel's Vineyard Birmingham Charitable Incorporated Organisation meets the definition of a public benefit entity under FRS 102.

1.2 Going Concern

The financial statements have been prepared on a going concern basis. Having conducted a detailed review of the Trust's resources and the challenges presented by the current operating and economic climate, the Trustees are satisfied that the Trust has enough cash flows to meet its liabilities as they fall due for at least one year from the date of the approval of the accounts. There are no significant financial uncertainties which the Trustees consider are a significant risk to the ability of the Trust to operate as a going concern in the foreseeable future.

1.3 Income

All income is included in the Statement of Financial Activities when the Trust has entitlement to the funds, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

1.4 Expenditure

All expenditure is accounted for on an accrual basis. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Trust to the expenditure. The following specific policies are applied to categories of expenditure:

- charitable activities include expenditure on providing conferences; and
- support costs relating to oversight of the affairs of the Trust.

1.5 Cash at bank and in hand

Cash at bank includes cash and monies on short term deposit via current and deposit accounts at the bank and other short-term liquid investments with original maturities of three months or less.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Creditors and provisions

Creditors and provisions are recognised where the Trust has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount allowing for any trade discounts due.

1.8 Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. There are no critical accounting estimates and areas of judgement to note.

2. INCOME

2.1 The Charity's main sources of income for the period were from donations and fees.

2.2 Overall income for the period was £102,633 (£67,454 2023)

3. EXPENDITURE

3.1 Expenditure on charitable activities amounted to £64,396 (£55,065 2023).

3.2 The Trustees received no remuneration in relation to fulfilling their role as trustees.

3.3 The Trustees arranged for an Independent Examination to be carried out. No charge was made for the Independent Examination.

3.4 The Charity uses the Charities Aid Foundation (CAF) Online Donating System to enable donors to make contributions, securely and efficiently. CAF makes a small administrative charge for this service which is deducted from donations before they are paid to the Charity. The Charity makes no other use of commercial fund-raising organisations.

4. ASSETS AND LIABILITIES

4.1 Assets on 31st March 2023 amounted to £87,484 (£49,247 2023) and consisted of funds held by TSB Bank plc.

4.2 The Trust had no liabilities on 31st March 2023.

5. UNRESTRICTED FUNDS

5.1 On 31 March 2023 the Charity's funds were £87,484 (£49,247 2023)

6. RELATED PARTY TRANSACTIONS

6.1 Trustees received £481 (£304 2023) to reimburse their travelling expenses whilst engaged in Trust activities.

**Independent Examiner's Report to the Trustees of Rachel's Vineyard, Birmingham
(Registered Charity Number 1191428)**

I report on the accounts of the Charity for the period 1st April 2022 to 31st March 2024.

Respective responsibilities of trustees and examiner

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145 (5) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of the Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed *Stephen Howarth*

Dated: 12th April 2024

Chartered Institute of Public Finance Accountant

Address: Fairways, 111 Canada Way, Lower Wick, Worcester WR2 4XD

Rachel's Vineyard UK Charitable Incorporated Organisation

England & Wales - Charity number 1191428

Accounts

**Rachel's Vineyard Birmingham Charitable Incorporation Organisation
(Registered Charity Number 1191428)**

Trustees' Annual Report for the period 1st April 2022 to 31st March 2023

Trustees

Jade Broadley
Victoria Leach
Mike Weaver

Objectives and Activities

Our Charitable aims are *"The advancement of the Christian religion in accordance with Catholic teachings for the public benefit by providing women and men with spiritual help during bereavement following an abortion decision."*

Any death is significant and grieving is a natural part of loss; but with an abortion there is an extra layer of grief due to the guilt of their decision due to the part they may have played. Rachel's Vineyard works through the stages of grief allowing participants to experience the love and mercy that God has for them.

Rachel's Vineyard weekends for healing after abortion are offered several times each year. The programme is an opportunity for participants to

- examine their abortion experience;
- identify the ways that the loss has impacted them in the past and present; and
- acknowledge any unresolved feelings that many individuals struggle with after abortion.

Because of the emotional numbness and secrecy that often surrounds an abortion experience, conflicting emotions both during and after the event may remain unresolved. These buried feelings can surface later and may be symptoms of post abortion trauma.

Married couples, mothers, fathers, grandparents and siblings of aborted children, as well as persons who have been involved in the abortion industry have come to Rachel's Vineyard in search of peace and inner healing. Rachel's Vineyard supports those suffering because they feel unforgiven enabling them to reconcile themselves to God and their child lost through abortion. The weekend is a lot of work but yields a fruitful harvest for all who are willing to labour there.

Our strategy is to:

- Run four retreat weekends throughout the year;
- Offer free places or reduced priced retreats for those who are financially disadvantaged and otherwise would not be able to attend;
- Offer a follow-up support programme to participants;
- Offer professional support pre- and post-retreat for higher risk participants;
- Introduce team development and training weekends;
- Offer free places and cover travel expenses for the Retreat Priest and the rest of team attending each retreat;

- Promote Rachel's Vineyard to ensure the growth of the mission;
- Develop Rachel's Vineyard Information Day Programme to engage a wider number of Priests, Counsellors, prepare for future growth;
- Support post-abortive people that may not go on retreat, but need advice, support and signposting to other help;
- Support new teams and develop growth of Rachel's Vineyard throughout the UK;
- Support other Rachel Vineyard teams throughout UK; and
- Lead 'Leaders' meetings and annual retreat of leaders in UK

In formulating this strategy trustees confirm that they have had regard to the guidance issued by the Charity Commission on safeguarding vulnerable people and achieving public benefit.

Achievements, Performance and delivering Public Benefit

This year, Rachel's Vineyard Birmingham conducted four weekend retreats (May 22, October 22, November 22, and February 23). All the retreats were followed by an online group check-in, a retreatant WhatsApp group, and an in-person one-day reunion.

Rachel's Vineyard Birmingham continues to host the 24/7 National phone number, and there were over two hundred enquiries via the line this year. We continue to have strong relationships with RV retreat leaders in other areas and support their retreats when required. This year, regional retreats took place in Scotland, South-East and East Anglia.

For most retreat attendees, the retreat weekend and reunion cover the support they need, and this remains the charity's primary focus. However, we continue to identify the need for ongoing support for those retreatants who have additional unresolved trauma, e.g., sexual abuse, trauma from human trafficking, poor mental health, or relationship and/or housing difficulties. The charity has received several generous donations enabling us to support financially participants to attend professional counselling, psychotherapy, or other Christian healing retreats, e.g., Grief to Grace.

For other participants we continue to recognise and respond to a need to provide ongoing faith support to them through sponsoring places to Christian Conferences, for example, Youth 2000, and by offering online courses such as Alpha and Journeying with the Word of God.

In January-February 2023 we ran an eight-week online Alpha Course for past participants of any Rachel's Vineyard Retreat. There were twenty-six participants and a team that completed the course. The aim of the online Alpha Course is to provide continued support and development for those who have attended Rachel's Vineyard Retreats in the past, and to provide them with the opportunity to explore the Faith in a safe and structured environment.

Additionally, this year we have begun to host an online 'Journeying with the Word of God' group. This fortnightly meeting is open to anyone who has attended a Rachel's

Vineyard Retreat in the past and is proving to be a place where people can continue on their healing journey with the support of others.

We continue to have strong relationships with other regional Rachel's Vineyard Teams and host regular team leader meetings to discuss best practices, including Safeguarding. This group helped to develop a Clergy Training Day that has been used to share about the work of Rachel's Vineyard Birmingham and equip clergy members to be able to better support those who confide in them after an abortion experience.

In July 2022 we hosted a 3-day retreat for Rachel's Vineyard leaders, where the team received spiritual input and talks on the topic of trauma by Fr Dominic Allain. We continue to train new team members to be able to grow the size of the team on future retreats. This year we have trained six new team members, including a psychotherapist and a counsellor to support future retreats.

The Rachel's Vineyard Birmingham team continue to support others, volunteer teams, and it is through the training and development of our volunteers that Rachel's Vineyard will be able to expand in the U.K. and be able to support greater numbers of women and men who are suffering after abortion.

Throughout the year, trustees have monitored, reviewed, and updated, when necessary, the Safeguarding Policy and Procedures, as well as Risk Assessments. All the team have completed an online Safeguarding Course through Educare and have up-to-date DBS checks where relevant.

The Charity continues to take an active and creative approach to raising awareness of the support it offers, both in the Church and the wider community. The website is regularly updated, and social media is used to both publicise Rachel's Vineyard, and to continue to support past retreat participants. Rachel's Vineyard's Facebook and Instagram pages are monitored regularly and posted on 2-3 times weekly. This has led to an increase in traffic through the website and has resulted in more calls to the advertised phone number for those who are seeking support. Rachel's Vineyard Birmingham also has the ongoing support of the Catholic Bishops Conference of England and Wales and is advertised via their 'Day for Life' website.

Rachel's Vineyard Birmingham has gained publicity via team members and past participants giving talks and sharing their experiences at several events. These engagements help with both publicising Rachel's Vineyard across the U.K. and as a tool to reach those who have been affected by abortion and are seeking support.

The main beneficiaries of this work remain the women and men who are seeking support after the trauma of abortion. By increasing our networking, publicity and online presence, Rachel's Vineyard Birmingham aims to be a signpost to the wider society that there is the hope of healing for anyone, regardless of age, gender, or religion. The hosting of weekend retreats will always be the priority of this Charity, but we are in a privileged position to be able to offer a wider, on-going support system to those who seek our help.

Financial Review

This is the third review of the Charity's financial position since it was established in May 2020 and covers the period 1st April 2022 to 31st March 2023.

The Charity' income amounted to £67,453 comprising:

- Donations of £1,000 or more - £34,250 (51%)
- Donations under £1,000 - £25,228 (37%)
- Voluntary contributions made by beneficiaries attending retreats - £7,975 (12%)

Expenditure on charitable activities amounted to £55,065 comprising:

- Professional support before, during and after retreats £30,835 (56%)
- Costs of arranging retreats and charity development £11,050 (20%)
- Retreat accommodation – £13,180 (24%)

Over the year income exceeded costs by £12,388 (£33,519 in 2022).

Funds brought forward on 31st March 2022 amounted to £36,858. On 31st March 2023 accumulated funds had increased to £49,247. These funds are held in an account with TSB Bank plc. The sum carried forward provides a working capital reserve as a protection against adversity and is approximately equal to spending over 10 months.

The Charity benefits from significant volunteer contributions to charitable activity and this helps to minimise expense. The Charity is also grateful to those who generously donate to its work. Trustees will continue to encourage more donors to support the Charity's endeavors.

The trustees are risk averse. The Charity is insured by Hiscox Insurance. Protective financial control measures are in place to protect the Charity from fraud and loss. Potential commitments are minimised until funding appears secure. Trustees receive regular financial reports and proposed expenditure on charitable activity is judged in the light of the prevailing and anticipated uncertainties. Trustees have no reason to believe that the Charity cannot continue as a going concern for the foreseeable future.

Structure, Governance and Management

The Charity is a Charitable Incorporated Organisation registered by the Charity Commission for England and Wales on 22nd September 2020. The Charity operates in accordance with its Constitution.

Trustees are recruited for their commitment to the mission of Rachel's Vineyard and their particular skills relevant to meeting its objectives. Trustees receive induction

training and will undertake continuing professional development to ensure high standards of governance.

Trustees have a regular programme of meetings to consider public benefit obligations, assess risks, agree plans, monitor implementation and review progress against objectives. These meetings can be in person or virtually using information technology.

Trustees can provide professional services to the Charity for which they are paid. These services are in addition to their trustee duties which are undertaken voluntarily.

The Charity follows a conflict of interests policy and keeps a record of relationships with related parties.

Rachel's Vineyard Birmingham is committed to Safeguarding all adults and vulnerable adults who attend our retreats. We have a Safeguarding policy (that is available on the website) that has been approved by CSAS and is followed closely at all events. In the case of a Safeguarding Concern, we follow the guidance of the local Diocese and CSAS (Catholic Safeguarding Advisory Service).

Official Address

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West Midlands
B24 0PL

Email rachelmackenzie1@hotmail.com

Website www.rachelsvineyard.org.uk

Telephone 07734 059080

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

Trustee **Mike Weaver**

Date **17th April 2023**

Notes to the Financial Statements for the period 1st April 2022 to 31st March 2023.

1. ACCOUNTING POLICIES

1.1 Basis of preparation

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at fair value, and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Rachel's Vineyard Birmingham Charitable Incorporated Organisation meets the definition of a public benefit entity under FRS 102.

1.2 Going Concern

The financial statements have been prepared on a going concern basis. Having carried out a detailed review of the Trust's resources and the challenges presented by the current operating and economic climate, the Trustees are satisfied that the Trust has enough cash flows to meet its liabilities as they fall due for at least one year from the date of the approval of the accounts. There are no significant financial uncertainties which the Trustees consider are a significant risk to the ability of the Trust to operate as a going concern in the foreseeable future.

1.3 Income

All income is included in the Statement of Financial Activities when the Trust has entitlement to the funds, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

1.4 Expenditure

All expenditure is accounted for on an accruals basis. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Trust to the expenditure. The following specific policies are applied to categories of expenditure:

- charitable activities include expenditure on providing conferences; and
- support costs relating to oversight of the affairs of the Trust.

1.5 Cash at bank and in hand

Cash at bank includes cash and monies on short term deposit via current and deposit accounts at the bank and other short-term liquid investments with original maturities of three months or less.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Creditors and provisions

Creditors and provisions are recognised where the Trust has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the

amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount allowing for any trade discounts due.

1.8 Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. There are no critical accounting estimates and areas of judgement to note.

2. INCOME

2.1 The Charity's main sources of income for the period were from donations and fees.

2.2 Overall income for the period was £67,454 (£76,845 2022)

3. EXPENDITURE

3.1 Expenditure on charitable activities amounted to £55,065 (£43,326 2022).

3.2 The Trustees received no remuneration in relation to fulfilling their role as trustees.

3.3 The Trustees arranged for an Independent Examination to be carried out. No charge was made for the Independent Examination.

3.4 The Charity uses the Charities Aid Foundation (CAF) Online Donating System to enable donors to make contributions, securely and efficiently. CAF makes a small administrative charge for this service which is deducted from donations before they are paid to the Charity. The Charity makes no other use of commercial fund-raising organisations.

4. ASSETS AND LIABILITIES

4.1 Assets on 31st March 2023 amounted to £49,247 (£36,858 2022) and consisted of funds held by TSB Bank plc.

4.2 The Trust had no liabilities on 31st March 2023.

5. UNRESTRICTED FUNDS

5.1 On 31 March 2023 the Charity's funds were £49,247 (£36,858 2022)

6. RELATED PARTY TRANSACTIONS

6.1 Trustees received £304 (£169 2022) to reimburse their travelling expenses whilst engaged on the activities of the trust.

Independent Examiner's Report to the Trustees of Rachel's Vineyard, Birmingham (Registered Charity Number 1191428)

I report on the accounts of the Charity for the period 1st April 2022 to 31st March 2023.

Respective responsibilities of trustees and examiner

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145 (5) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of the Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: **Stephen Howarth**
April 2023

Dated: 21st

Chartered Institute of Public Finance Accountant

Address: Fairways, 111 Canada Way, Lower Wick, Worcester WR2 4XD

Rachel's Vineyard UK Charitable Incorporated Organisation

England & Wales - Charity number 1191428

Accounts

**Rachel's Vineyard Birmingham Charitable Incorporation Organisation
(Registered Charity Number 1191428)**

Trustees' Annual Report for the period 1st April 2021 to 31st March 2022

Trustees

Jade Broadley
Victoria Leach
Mike Weaver

Rachel Mackenzie resigned as a Trustee on 1st February 2022.

Objectives and Activities

Our Charitable aims are *"The advancement of the Christian religion in accordance with Catholic teachings for the public benefit by providing women and men with spiritual help during bereavement following an abortion decision."*

Any death is significant and grieving is a natural part of loss; but with an abortion there is an extra layer of grief due to the guilt of their decision due to the part they may have played. Rachel's Vineyard works through the stages of grief allowing participants to experience the love and mercy that God has for them.

Rachel's Vineyard weekends for healing after abortion are offered several times each year. The programme is an opportunity for participants to

- examine their abortion experience;
- identify the ways that the loss has impacted them in the past and present; and
- acknowledge any unresolved feelings that many individuals struggle with after abortion.

Because of the emotional numbness and secrecy that often surrounds an abortion experience, conflicting emotions both during and after the event may remain unresolved. These buried feelings can surface later and may be symptoms of post abortion trauma.

Married couples, mothers, fathers, grandparents and siblings of aborted children, as well as persons who have been involved in the abortion industry have come to Rachel's Vineyard in search of peace and inner healing. Rachel's Vineyard supports those suffering because they feel unforgiven enabling them to reconcile themselves to God and their child lost through abortion. The weekend is a lot of work but yields a fruitful harvest for all who are willing to labour there.

Our strategy is to:

- Run four retreat weekends throughout the year;
- Offer free places or reduced priced retreats for those who are financially disadvantaged and otherwise would not be able to attend;
- Offer a follow-up support programme to participants;
- Offer professional support pre- and post-retreat for higher risk participants;
- Introduce team development and training weekends;

- Offer free places and cover travel expenses for the Retreat Priest and the rest of team attending each retreat;
- Promote Rachel's Vineyard to ensure the growth of the mission;
- Develop Rachel's Vineyard Information Day Programme to engage a wider number of Priests, Counsellors, prepare for future growth;
- Support post-abortive people that may not go on retreat, but need advice, support and signposting to other help;
- Support new teams and develop growth of Rachel's Vineyard throughout the UK;
- Support other Rachel Vineyard teams throughout UK; and
- Lead 'Leaders' meetings and annual retreat of leaders in UK

In formulating this strategy trustees confirm that they have had regard to the guidance issued by the Charity Commission on safeguarding vulnerable people and achieving public benefit.

Achievements, Performance and delivering Public Benefit

Since Rachel's Vineyard Birmingham gained Charity Status, this is the first full year of operations after restrictions being lifted with the COVID-19 Pandemic. Rachel's Vineyard Birmingham has been able to conduct five weekend retreats (April 2021, May 2021, July 2021, October 2021, and February 2022). All the retreats were followed by an online group check-in, a retreatant WhatsApp group and an in-person day reunion.

Rachel's Vineyard Birmingham continues to host the 24/7 National phone number and there were 119 enquiries via the line this year, including 4 crisis pregnancies and 4 from other countries (Germany, Gibraltar, Bhutan, and Northern Ireland). In all these cases we were able to refer the women on to more local services because of the positive relationships that have been developed with other groups working in this area.

The Rachel's Vineyard Birmingham team supported a new volunteer team who hosted their first retreat in the East of England in October 2021 and has continued to support the team who are setting up Rachel's Vineyard Gibraltar. It is through the training and development of our volunteers that Rachel's Vineyard will be able to expand in the U.K. and be able to support greater numbers of women and men who are suffering after abortion.

For most retreat attendees, the retreat weekend and reunion cover the support they need, and this remains the charity's primary focus. However, last year, we identified the need for ongoing support for those retreatants who have additional unresolved trauma, e.g., sexual abuse or poor mental health. The charity has received several generous donations that have allowed us to financially support participants to attend counselling, psychotherapy, or other Christian healing retreats, e.g., Grief to Grace to encourage their ongoing personal and spiritual development. For other participants we have recognised and responded to a need to provide ongoing faith support to them through sponsoring places to Christian Conferences, for example, Youth 2000.

In addition to the follow-up reunion, we ran an 8-week online Alpha Course for past participants of any Rachel's Vineyard Retreat. There were 32 participants and team that completed the course between January and March 2022. The aim of the online

Alpha Course is to provide continued support and development for those who have attended Rachel's Vineyard Retreats in the past.

We have also strengthened the relationships with other regional Rachel's Vineyard Teams and host regular team leader meeting to discuss best practices. This has led to new ideas being implemented, e.g., an online reunion in-between the retreat and the official in-person reunion to provide better follow-up care. We are currently working with this group to launch a Clergy Training Day where we aim to share about the work of Rachel's Vineyard Birmingham and equip clergy members to be able to better support those who confide in them after an abortion experience. In October 2021 we hosted 3-day leaders retreat in Walsingham to continue this work.

The trustees have monitored, reviewed, and updated, when necessary, the Safeguarding Policy and Procedures, as well as Risk Assessments. This year all the volunteer team at Rachel's Vineyard Birmingham have completed an online Safeguarding Course through Educare online.

The Charity continues to take an active and creative approach to becoming more well-known in the public sphere, as well as within Church communities. The website is regularly updates and social media is used to both publicise Rachel's Vineyard, and to continue to support past retreat participants. Rachel's Vineyard's Facebook and Instagram pages are monitored regularly and posted on 2-3 times weekly. This has led to an increase in traffic through the website and has translated to more calls to the advertised phone number for those who are seeking support. Rachel's Vineyard Birmingham has also received the support of the Catholic Bishops Conference of England and Wales and is advertised via their 'Day for Life' website.

In addition to these vital online platforms, Rachel's Vineyard Birmingham has gained publicity through several media channels. In the last year, A member of the Rachel's Vineyard team has been interviewed for the World Magazine; GB News; Shalom TV and Shakira TV; as well as for many smaller-scale livestream events. In addition, Rachel's Vineyard Birmingham has supported a small number of past retreat attendees who have been interviewed/filmed speaking about their personal experiences in response to the amendments to the Abortion Bill post-pandemic, regarding the use of pills-by-post.

These engagements help with both publicising Rachel's Vineyard across the U.K. and as a tool to reach those who have been affected by abortion and are seeking support. In addition to the far-reaching media engagements, Rachel's Vineyard Birmingham has also had representatives speaking at many different conferences around the country.

The main beneficiaries of this work remain the women and men who are seeking support after a negative experience of abortion. By increasing our networking, publicity and online presence, Rachel's Vineyard Birmingham aims to be a signpost to the wider society that there is the hope of healing for anyone, regardless of age, gender, or religion. The hosting of weekend retreats will always be the priority of this Charity, but we are in a privileged position to be able to offer a wider, on-going support system to those who seek our help.

Financial Review

This is the second review of the Charity's financial position since it was established in May 2020 and covers the period 1st April 2021 to 31st March 2022.

The Charity' income amounted to £76,845 comprising:

- Donations of £500 or more - £53,945 (70.2%)
- Donations under £500 - £15,610 (20.3%)
- Fees payable by those attending retreats - £7,290 (9.5%)

Expenditure on charitable activities amounted to £43,326 comprising:

- Professional support before, during and after retreats £16,000 (37.0%)
- Costs of arranging retreats and charity development £15,744 (36.3%)
- Retreat accommodation – £11,582 (26.7%)

Over the year income exceeded costs by £33,519.

Funds carried forward on 31st March 2021 amounted to £3,339. On 31st March 2022 accumulated funds had increased to £36,858. These funds are held in an account with TSB Bank plc. The sum carried forward provides a working capital reserve as a protection against adversity and is approximately equal to ten month's expenditure on charitable activities.

The Charity benefits from significant volunteer contributions to charitable activity and this helps to minimise expense. The Charity is also grateful to those who generously donate to its work. Trustees will continue to encourage more donors to support the Charity's endeavours.

The trustees are risk averse. The Charity is insured with Hiscox Insurance. Protective financial control measures are in place to protect the Charity from fraud and loss. Potential commitments are minimised until funding appears secure. Trustees receive regular financial reports and proposed expenditure on charitable activity is judged in the light of the prevailing and anticipated uncertainties. Trustees have no reason to believe that the Charity cannot continue as a going concern for the foreseeable future.

Structure, Governance and Management

The Charity is a Charitable Incorporated Organisation registered by the Charity Commission for England and Wales on 22nd September 2020. The Charity operates in accordance with its Constitution.

Trustees are recruited for their commitment to the mission of Rachel's Vineyard and their particular skills relevant to meeting its objectives. Trustees receive induction

training and will undertake continuing professional development to ensure the high standards of governance.

Trustees have a regular programme of meetings to consider public benefit obligations, assess risks, agree plans, monitor implementation and review progress against objectives. These meetings can be in person or virtually using information technology.

Trustees can provide professional services to the Charity for which they are paid. These services are in addition to their trustee duties which are undertaken voluntarily.

The Charity follows a conflict of interests policy and keeps a record of relationships with related parties.

Rachel's Vineyard Birmingham is committed to Safeguarding all adults and vulnerable adults who attend our retreats. We have a Safeguarding policy (that is available on the website) that has been approved by CSAS and is followed closely at all events. In the case of a Safeguarding Concern, we follow the guidance of the local Diocese and CSAS (Catholic Safeguarding Advisory Service).

Official Address

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B24 0PL

Email rachelmackenzie1@hotmail.com

Website www.rachelsvineyard.org.uk

Telephone 07734 059080

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

Mike Weaver Trustee

Date 13th April 2022

Rachel's Vineyard Birmingham		
Registered Charity Number 1191428		
		First Accounting Period
Statement of Financial Activities including Summary Income and Expenditure Account	1st April 2021 to 31st March 2022	5th May 2020 to 31st March 2021
	£	£
INCOME FROM:		
Donations	69,555.71	12,206.00
Fees	7290.28	3,075.00
TOTAL INCOME	76,845.99	15,281.00
Less Expenditure on Charitable Activities		
Professional support before, during and after retreats	16,000.00	3,650.00
Costs of arranging retreats and charity development	15,744.67	4,110.48
Retreat accommodation	11,582.20	4,181.00
TOTAL EXPENDITURE	43,326.87	11,941.48
SURPLUS	33,519.12	3,339.52
RECONCILIATION OF FUNDS:		
Total funds brought forward	3,339.52	0.00
TOTAL FUNDS CARRIED FORWARD	36,858.64	3,339.52
BALANCE SHEET AS AT 31st March 2022		
ASSETS		
Cash at Bank and in hand	36,858.64	3,339.52
TOTAL ASSETS	36,858.64	3,339.52
CHARITY FUNDS		
Unrestricted Funds	36,858.64	3,339.52
TOTAL FUNDS	36,858.64	3,339.52
Signed on behalf of Trustees		
Mike Weaver	Mike Weaver	13th April 2022

Notes to the Financial Statements for the period 1st April 2021 to 31st March 2022.

1. ACCOUNTING POLICIES

1.1 Basis of preparation

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at fair value, and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Rachel's Vineyard Birmingham Charitable Incorporated Organisation meets the definition of a public benefit entity under FRS 102.

1.2 Going Concern

The financial statements have been prepared on a going concern basis. Having carried out a detailed review of the Trust's resources and the challenges presented by the current operating and economic climate, the Trustees are satisfied that the Trust has enough cash flows to meet its liabilities as they fall due for at least one year from the date of the approval of the accounts. There are no significant financial uncertainties which the Trustees consider are a significant risk to the ability of the Trust to operate as a going concern in the foreseeable future.

1.3 Income

All income is included in the Statement of Financial Activities when the Trust has entitlement to the funds, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

1.4 Expenditure

All expenditure is accounted for on an accruals basis. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Trust to the expenditure. The following specific policies are applied to categories of expenditure:

- charitable activities include expenditure on providing conferences; and
- support costs relating to oversight of the affairs of the Trust.

1.5 Cash at bank and in hand

Cash at bank includes cash and monies on short term deposit via current and deposit accounts at the bank and other short-term liquid investments with original maturities of three months or less.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Creditors and provisions

Creditors and provisions are recognised where the Trust has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the

amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount allowing for any trade discounts due.

1.8 Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. There are no critical accounting estimates and areas of judgement to note.

2. INCOME

2.1 The Charity's main sources of income for the period were from donations and fees.

2.2 Overall income for the period was £76,845 (£15,281 2021)

3. EXPENDITURE

3.1 Expenditure on charitable activities amounted to £43,326 (£11,942 2021).

3.2 The Trustees received no remuneration in relation to fulfilling their role as trustees.

3.3 The Trustees arranged for an Independent Examination to be carried out. No charge was made for the Independent Examination.

3.4 The Charity uses the Charities Aid Foundation (CAF) Online Donating System to enable donors to make contributions, securely and efficiently. CAF makes a small administrative charge for this service which is deducted from donations before they are paid to the Charity. The Charity makes no other use of commercial fund-raising organisations.

4. ASSETS AND LIABILITIES

4.1 Assets on 31st March 2022 amounted to £36,858 (£3,339 2021) and consisted of funds held by TSB Bank plc.

4.2 The Trust had no liabilities on 31st March 2022.

5. UNRESTRICTED FUNDS

5.1 On 31 March 2022 the Charity's funds were £36,858 (£3,339 2021)

6. RELATED PARTY TRANSACTIONS

6.1 Between 1st April 2021 and 31st March 2022 the Trust made the following payments to related parties:

- Rachel Mackenzie £15,000 for professional services additional to her voluntary unpaid duty as a trustee until she resigned as a trustee on 1st February 2022; and
- Adam Clent £1,000 for his professional support services. Mr. Clent is Ms. Mackenzie's spouse.

**Independent Examiner's Report to the Trustees of Rachel's Vineyard, Birmingham
(Registered Charity Number 1191428)**

I report on the accounts of the Charity for the period 1st April 2021 to 31st March 2022.

Respective responsibilities of trustees and examiner

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145 (5) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of the Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: *Stephen Howarth*

Dated: 13 April 2022

Chartered Institute of Public Finance Accountant

Address: Fairways, 111 Canada Way, Lower Wick, Worcester WR2 4XD

Rachel's Vineyard UK Charitable Incorporated Organisation

England & Wales - Charity number 1191428

Accounts

**Rachel's Vineyard Birmingham Charitable Incorporation Organisation
(Registered Charity Number 1191428)**

Trustees' First Annual Report for the period 5th May 2020 to 31st March 2021

Trustees

Jade Broadley
Victoria Leach
Rachel Mackenzie
Mike Weaver

Objectives and Activities

Our Charitable aims are *"The advancement of the Christian religion in accordance with Catholic teachings for the public benefit by providing women and men with spiritual help during bereavement following an abortion decision."*

Any death is significant and grieving is a natural part of loss; but with an abortion there is an extra layer of grief due to the guilt of their decision due to the part they may have played. Rachel's Vineyard works through the stages of grief allowing participants to experience the love and mercy that God has for them.

Rachel's Vineyard weekends for healing after abortion are offered several times each year. The programme is an opportunity for participants to

- examine their abortion experience;
- identify the ways that the loss has impacted them in the past and present; and
- acknowledge any unresolved feelings that many individuals struggle with after abortion.

Because of the emotional numbness and secrecy that often surrounds an abortion experience, conflicting emotions both during and after the event may remain unresolved. These buried feelings can surface later and may be symptoms of post abortion trauma.

Married couples, mothers, fathers, grandparents and siblings of aborted children, as well as persons who have been involved in the abortion industry have come to Rachel's Vineyard in search of peace and inner healing. The weekend is a lot of work but yields a fruitful harvest for all who are willing to labour there.

Our strategy is to:

- Run four retreat weekends throughout the year;
- Offer free places or reduced priced retreats for those who are financially disadvantaged and otherwise would not be able to attend ;
- Offer a follow-up support programme to participants;
- Offer professional support pre- and post-retreat for higher risk participants;
- Introduce team development and training weekends;
- Offer free places and cover travel expenses for the Retreat Priest and the rest of team attending each retreat;
- Promote Rachel's Vineyard to ensure the growth of the mission; and

- Develop Rachel's Vineyard Information Day Programme to engage a wider number of Priests, Counsellors, prepare for future growth.

In formulating this strategy trustees confirm that they have had regard to the guidance issued by the Charity Commission on safeguarding vulnerable people and achieving public benefit.

Achievements and Performance

For the majority of the first ten months after gaining Charity Status, the U.K. has been in a National Lockdown due to the Covid-19 Pandemic. The Retreat Weekends were able to still take place due to the government guidelines that bereavement support groups are still allowed, if there are less than 15 participants and all safety measures are followed. This meant that Rachel's Vineyard Birmingham has been able to conduct two retreats (September and November 2020), along with two reunions and one virtual reunion.

During this time of uncertainty around when larger groups can meet again, we have planned and implemented an online Alpha Course that is running from March to May 2021 for 32 participants and team. The aim of this Alpha Course is to provide continued support and development for those who have attended Rachel's Vineyard Retreats in the past. Another area of need that has been identified is to be able to provide ongoing support for those retreatants who have additional unresolved trauma, e.g., sexual abuse. The trustees have been working to develop a fundraising strategy to be able to offer private counselling sessions to some retreatants in the future. In our current situation, Rachel's Vineyard Birmingham has financially agreed to support two retreat participants to attend Grief to Grace: a similar programme to Rachel's Vineyard that focuses on healing for victims of sexual abuse.

A huge success for Rachel's Vineyard Birmingham is to have supported a new volunteer team who are planning to host their first retreat in the East of England in 2021. It is through the training and development of our volunteers that Rachel's Vineyard will be able to expand in the U.K. and be able to support greater numbers of women and men who are suffering after abortion. In addition, the Trustees have been supporting a local team in Gibraltar as they work to build the foundations of Rachel's Vineyard Gibraltar.

In the initial stages of becoming a Registered Charity, the trustees have been proactive in updating our Safeguarding Policy and gaining approval from CSAS (Catholic Safeguarding Advisory Service). This information has been shared with the regional RV volunteer teams (during 6-weekly online meetings) and they have been supported in implementing it for future retreats and Rachel's Vineyard activities.

The Charity has taken an active and creative approach to becoming more well-known in the public sphere, as well as within the Church and Pro-Life communities.

Trustees have created a new website and regularly post and monitor their Facebook Page. This has seen an increase in traffic through the website and Facebook page, and has translated to more calls to the advertised phone number for those who are seeking support. Rachel's Vineyard Birmingham has received the support of the Catholic Bishops Conference of England and Wales and is advertised via their 'Day for Life' website.

In addition to these vital online platforms, Rachel's Vineyard Birmingham has gained publicity through a number of virtual interviews and talks given by those who are both on the team with RV or have attended as participants on a retreat. These engagements not only help to publicise Rachel's Vineyard across the U.K. but also act as a tool to reach those who have been affected by abortion and are seeking support. Lockdown and the increase of virtual networking has created the opportunity for the work and mission of Rachel's Vineyard to be shared across a number of different platforms, including: World Magazine; Cambridge and Leeds University Chaplaincies; Christian Concern; Parliamentary Briefing; as well as numerous other U.K. organisations (March for Life, SPUC and 40 Days for Life).

The main beneficiaries of all of this work are the women and men who are seeking support after a negative experience of abortion. By increasing our networking, publicity and online presence, Rachel's Vineyard Birmingham aims to be a signpost to the wider society that there is the hope of healing for anyone, regardless of age, gender or religion. The hosting of weekend retreats will always be the priority of this Charity, but this time of transition to becoming a Registered Charity has allowed for these ideas to be actualised and implemented within the organisation.

Financial Review

This is the first review of the Charity's financial position since it was established in May 2020 and covers the period up to 31st March 2021.

The Charity's income amounted to £15,281 comprising fees payable by those attending retreats and donations. Expenditure on charitable activities amounted to £11,942. At the end of this accounting period the Charity's surplus was £3,339. No funds were brought forward so the amount being carried forward is £3,339. These funds are held in an account with TSB Bank plc. The sum carried forward provides a small working capital reserve but it is not a strong protection against adversity.

The size of Charity's reserve means trustees cannot enter into commitments unless they are reasonably sure funding will be raised to cover the outlay. The Charity also benefits from significant volunteer contributions to charitable activity and this helps to minimise expense. The Charity is also grateful to those who generously donate to its work. Trustees will continue to encourage more donors to support the Charity's endeavours.

The trustees are risk averse. The Charity is insured with Hiscox Insurance. Protective financial control measures are in place to protect the Charity from fraud and loss. Potential commitments are minimised until funding appears secure. Trustees receive regular financial reports and proposed expenditure on charitable activity is judged in the light of the prevailing and anticipated uncertainties. Trustees have no reason to believe that the Charity cannot continue as a going concern for the foreseeable future.

Structure, Governance and Management

The Charity is a Charitable Incorporated Organisation registered by the Charity Commission for England and Wales on 5th May 2020. The Charity operates in accordance with its Constitution.

Trustees are recruited for their commitment to the mission of Rachel's Vineyard and their particular skills relevant to meeting its objectives. Trustees receive induction training and will undertake continuing professional development to ensure the high standards of governance.

Trustees have a regular programme of meetings to consider public benefit obligations, assess risks, agree plans, monitor implementation and review progress against objectives. These meetings can be in person or virtually using information technology.

Trustees can provide professional services to the Charity for which they are paid. These services are in addition to their trustee duties which are undertaken voluntarily.

The Charity follows a conflict of interests policy and keeps a record of relationships with related parties.

Rachel's Vineyard Birmingham is committed to Safeguarding all adults and vulnerable adults who attend our retreats. We have a Safeguarding policy (that is available on the website) that has been approved by CSAS and is followed closely at all events. In the case of a Safeguarding Concern, we follow the guidance of the local Diocese and CSAS (Catholic Safeguarding Advisory Service).

Official Address

89 Springthorpe Road
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Email rachelmackenzie1@hotmail.com

Website www.rachelsvineyard.org.uk

Telephone 07734 059080

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees.

Mike Weaver Trustee

Date 2nd April 2021

Rachel's Vineyard Birmingham	
Registered Charity Number 1191428	
Statement of Financial Activities including Summary Income and Expenditure Account	First Accounting Period 5th May 2020 to 31st March 2021
	£
INCOME FROM:	
Fees	3,075.00
Donations	11,460.20
Shared Donations	745.80
Other	0.00
TOTAL INCOME	15,281.00
Less Expenditure on Charitable Activities	
Accommodation	4,181.00
Resources	917.34
Office	366.76
Phone	154.04
Advertising	3.70
Travelling	450.40
Team	228.19
Sustenance	142.81
Related Parties	3,650.00
Shared Spending	811.51
Insurance	734.98
Other	300.75
TOTAL EXPENDITURE	11,941.48
SURPLUS	3,339.52
RECONCILIATION OF FUNDS:	
Total funds brought forward	0.00
TOTAL FUNDS CARRIED FORWARD	3,339.52
BALANCE SHEET AS AT 31st March 2021	
ASSETS	
Cash at Bank and in hand	3,339.52
TOTAL ASSETS	3,339.52
CHARITY FUNDS	
Unrestricted Funds	3,339.52
TOTAL FUNDS	3,339.52
Signed on behalf of all trustees	
<i>Mike Weaver</i>	2nd April 2021

Notes to the Financial Statements for the period 5th May 2020 to 31st March 2021.

1. ACCOUNTING POLICIES

1.1 Basis of preparation

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at fair value, and in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Rachel's Vineyard Birmingham Charitable Incorporated Organisation meets the definition of a public benefit entity under FRS 102.

1.2 Going Concern

The financial statements have been prepared on a going concern basis. Having carried out a detailed review of the Trust's resources and the challenges presented by the current operating and economic climate, the Trustees are satisfied that the Trust has enough cash flows to meet its liabilities as they fall due for at least one year from the date of the approval of the accounts. There are no significant financial uncertainties which the Trustees consider are a significant risk to the ability of the Trust to operate as a going concern in the foreseeable future.

1.3 Income

All income is included in the Statement of Financial Activities when the Trust has entitlement to the funds, it is probable that the income will be received and the amount can be quantified with reasonable accuracy.

1.4 Expenditure

All expenditure is accounted for on an accruals basis. Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the Trust to the expenditure. The following specific policies are applied to categories of expenditure:

- charitable activities include expenditure on providing conferences; and
- support costs relating to oversight of the affairs of the Trust.

1.5 Cash at bank and in hand

Cash at bank includes cash and monies on short term deposit via current and deposit accounts at the bank and other short-term liquid investments with original maturities of three months or less.

1.6 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discounts offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.7 Creditors and provisions

Creditors and provisions are recognised where the Trust has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the

amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount allowing for any trade discounts due.

1.8 Critical accounting estimates and areas of judgement

Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. There are no critical accounting estimates and areas of judgement to note.

2. INCOME

2.1 The Charity's main sources of income for the period were from donations and fees.

2.2 Overall income for the period was £15,281.

3. EXPENDITURE

3.1 Expenditure on charitable activities amounted to £11,942.

3.2 The Trustees received no remuneration in relation to fulfilling their role as trustees.

3.3 The Trustees arranged for an Independent Examination to be carried out. No charge was made for the Independent Examination.

3.4 The Charity uses the Charities Aid Foundation (CAF) Online Donating System to enable donors to make contributions, securely and efficiently. CAF makes a small administrative charge for this service which is deducted from donations before they are paid to the Charity. The Charity makes no other use of commercial fund-raising organisations.

4. ASSETS AND LIABILITIES

4.1 Assets on 31st March 2021 amounted to £3,339 and consisted of funds held by TSB Bank plc.

4.2 The Trust had no liabilities on 31st March 2021.

5. UNRESTRICTED FUNDS

5.1 On 31 March 2021 the Charity's funds were £3,339.

6. RELATED PARTY TRANSACTIONS

6.1 During the period 5th May 2020 to 31st March 2021 the Trust made the following payments to related parties:

- Rachel Mackenzie £3,300 for professional services additional to her voluntary unpaid duty as a trustee; and
- Adam Clent £350 for his professional support services. Mr Clent is Ms Mackenzie's spouse.

**Independent Examiner's Report to the Trustees of Rachel's Vineyard, Birmingham
(Registered Charity Number 1191428)**

I report on the accounts of the Charity for the period 5th May 2020 to 31st March 2021.

Respective responsibilities of trustees and examiner

The Charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145 (5) (b) of the Act; and
- state whether particular matters have come to my attention.

Basis of the Independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed **S. T. Howarth**

Dated: **6th April 2021**

Chartered Institute of Public Finance Accountant

Address

Fairways, 111 Canada Way, Lower Wick, Worcester WR2 4XD