



# **HBDCA**

## **Annual Report and Financial Statements**

**Year ended 31<sup>st</sup> March 2021**

## Contents

	Page
Administrative details	3
Trustees' Report	6
Independent Examiner's Report	9
Statement of Financial Activities	10
Balance Sheet	11
Notes to the Financial Statements	12

## Administrative details

Charity name	HBDCA
Other name the charity uses	(Haemophilia and Bleeding Disorders Counselling Association)
Registered charity number	1191416
Charity's principal address	<p>Current address since 31 March 2021</p> <p>5, St Andrews House St Andrews Park Soham, Ely CB7 5GY</p> <p>Previous address:</p> <p>3, St Matthews Gardens Cambridge CB1 2PH</p>

## HBDCA Organisational Structure

### Trustees

#### Nina Beer

Governance and Fundraising

#### Joseph Peaty

Patient expert: Inhibitors and Infected Blood

#### Jackie Brooks

Finance and carers

#### Ambassador - Ros Cooper

Specialism: Women and Infected Blood

## **HBDCA Team**

### **Founder and Director**

**Christina Burgess**  
Strategy and Infected Blood Lead

### **Senior Associates**

**Lisa Fowler**  
Deputy Director – Governance Lead

**Marion MacGillivray**  
Healthcare Professionals Lead

**Angela Johnson**  
Safeguarding Lead

**Anila Babla**  
Communications and Complementary Therapies Lead

**Clare Nield**  
Joined HBDCA early 2021

**Jon Stringer**  
**Adult Peer Mentor/Patient Advocate**  
Joined HBDCA early 2021

### **Name of chief executive or names of senior staff members**

Christina Burgess
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**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Nina Janine Beer	Chair		
2	Joseph Peaty			
3	Jacqueline Brooks			
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## HBDCA Trustees' Annual Report

**For the period: 1 April 2020 to 31 March 2021**

**Charity name:** **HBDCA**  
(Haemophilia and Bleeding Disorders Counselling Association)

**Charity registration number: 1191416**

### Objectives and Activities

Summary of the purposes of the charity as set out in its governing document	<p><b>To promote and protect the physical and mental health of people in the UK affected by a bleeding disorder, their families and carers through:</b></p> <p><b>A) The provision of counselling and therapy;</b></p> <p><b>B) Providing workshops, support and signposting.</b></p> <p><b>C) Raising awareness of the need for support for people affected by a bleeding disorder.</b></p> <p><b>D) Providing workshops to professionals to provide insight and improve the support they provide to the bleeding disorder community'.</b></p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	<p><b>The Royal London Hospital Haemophilia Department</b></p> <p>Despite the success of the 6-month pilot which ended in December 2019, HBDCA was not then able to return to the Royal London Hospital Haemophilia Department in early 2020, as had been anticipated, due to the Covid-19 pandemic.</p> <p>However, HBDCA maintained close contact with the department throughout the period April 1, 2020 – 31 March, 2021. Due to the major impact of the Covid-19 pandemic, HBDCA offered staff, and patients alike, crisis support should they require it during this time.</p> <p>The main activity carried out between HBDCA and the RLH in January 2021 was the commencement, at the Royal London's request, of negotiations for an anticipated</p>

	<p>return by HBDCA in April 2021 to provide psychological support to its patients on a long-term, permanent basis.</p> <p>This support will consist of one-to-one psychological counselling, quarterly, themed wellbeing workshops, and the facilitation of peer support groups for adults with a bleeding disorder and facilitation of a peer support group for parents of newly diagnosed children. A peer support group for women with bleeding disorders will also be facilitated by HBDCA.</p> <p>One patient at the RLH, who was identified by the RLH as being in urgent need of psychological support, has been provided with therapy by HBDCA since March, 2021, in anticipation of HBDCA's imminent return.</p> <p><b>The Terrence Higgins Trust/Macfarlane Trust Counselling Service</b></p> <p>In early 2020, campaigners from the Infected Blood community recommended to the Terrence Higgins Trust/MacFarlane Trust, (THT), who were considering setting up a counselling service using monies assigned to the Terrence Higgins Trust from the closed-down MacFarlane Trust, that HBDCA should be involved in this new service. In April, 2020, HBDCA was invited by THT to advise on the setting up of processes and the creation of a robust client pathway. This work was duly completed and in early July, 2020, HBDCA became the only named psychological support charity on the THT list of approved therapists and psychological support organisations. N.B. THT clients are able to choose whichever therapist or organisation they might like to support them from this list or indeed can choose any therapist they prefer separate to this list.</p> <p>HBDCA commenced the provision of psychological support to THT clients at the end of July, 2020. HBDCA initially supported 2 clients with this number having increased to 8 clients by March, 2021. For these 8 clients, HBDCA carried out 120 psychological support sessions between July 25, 2020 and March, 31, 2021.</p> <p><b>EIBSS (England Infected Blood Support Scheme)</b></p>
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	<p>From December 2020 – March 2021 HBDCA carried out 20 psychological therapy sessions for two clients.</p> <p>As well as providing psychological therapy, HBDCA was also required to write letters on behalf of each client to EIBSS in support of their therapy and why it was needed in order for the clients to be awarded funding by EIBSS.</p> <p><b>Needlephobia Workshop for Local Families with Bleeding Disorders (LFwBD) charity</b></p> <p>HBDCA realised, following a virtual meeting in early 2021 with the charity, LFwBD, of which Christina Burgess is a committee member and volunteer, that needle-phobia is a major issue for many parents and children, especially due to new treatment regimes which require subcutaneous injections of children. Funding for a needle-phobia workshop was therefore sought. The pharmaceutical company, Chugai UK/Roche, awarded an educational grant of £1500 to HBDCA on 26 March, 2021 to carry out a virtual needle-phobia workshop. The needle-phobia workshop took place in May, 2021. An account of the needle-phobia workshop will be provided in the next year's annual return and report (2021 – 2022).</p> <p><b>Infected Blood Inquiry and community</b></p> <p>Due to the pandemic, it was not possible to attend the Public Inquiry in person during April 2020 – March, 2021, but HBDCA continued to monitor closely the hearings and their outcomes in order to understand better the impact they might have on the Infected Blood community, some of whose members it supports psychologically.</p> <p>HBDCA has been exploring, since 2021, the possibility of having an MoU with two other charities which work with this community: The UK Haemophilia Society and the HepC Trust. These two organisations acknowledge the immense psychological impact the Infected Blood community has experienced (sustained over a 30-year period) and recognise the work HBDCA has been doing in</p>
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	<p>psychological provision for this vulnerable cohort.</p> <p><b>Providing information for healthcare professionals</b></p> <p>Podcast: <i>'Understanding the Psychological Impact of Bleeding Disorders on Women'</i></p> <p>In February, 2021, two members of the HBDCA team, Christina Burgess (CB) and Lisa Fowler (LF), were invited to be guest speakers on a podcast produced by the Bleeding Disorders Academy (on behalf of pharmaceutical company, CSL Behring) and developed for UK healthcare professionals. The podcast was due for launch later in 2021.</p> <p>The aim of the podcast was to further educate healthcare professionals, in particular nurses, on this subject, and to provide them with additional insight, from a psychological perspective, on how women and girls with a bleeding disorder are impacted. CB and LF discussed specifically the psychological challenges women and girls can face and the positive impact psychological support can have on them.</p> <p><b>EAHAD</b></p> <p>Christina Burgess, who is Secretary of the European Association for Haemophilia and Allied Disorders (EAHAD) Psychosocial Working Group, produced and co-presented a session at the Allied Health Professionals' Day at the EAHAD Annual Congress in February, 2021. The subject was: <i>'The Impact of Covid-19 on healthcare professionals and patients alike'</i>.</p> <p>The premise behind the presentation, which originated from a small study carried out in 2020 by Christina Burgess and her colleague, Petra Buckhova, from the Czech Republic, was to inform psychosocial professionals across Europe, as well as Haemophilia Centres, of important lessons learnt about the psychological impact on both cohorts during Covid-19. And, also, to explore how psychosocial provision might</p>
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	<p>be improved and accessed more easily by patients in any future pandemics. All members of the HBDCA team attended this virtual event.</p> <p>An abstract entitled, '<i>The impact of Covid-19 on healthcare professionals and patients</i>', authored by Petra Buckhova and Christina Burgess was published in the academic journal, Haemophilia, in 2021.</p> <p><b>Covid-19 psychological support for patients and healthcare professionals in a time of crisis</b></p> <p>In 2020, as the Covid-19 pandemic began to majorly impact on people's lives, their livelihoods and, especially, their mental wellbeing, HBDCA decided in March 2020, despite not having funding, that it would offer crisis counselling to anyone who might need it during the pandemic.</p> <p>The HBDCA website was updated to publicise the support being offered along with signposting information to other useful organisations and charities. HBDCA notified the bleeding disorder community, both individuals and organisations, such as the UK Haemophilia Society, the Hepatitis C Trust, the Infected Blood community and the European Haemophilia Consortium (EHC), of this support being offered. HBDCA's crisis support initiative still stands and will continue to be available until the pandemic is no longer a threat.</p> <p><b>HBDCA website</b></p> <p>HBDCA has, during this period, kept its website up to date not only to promote HBDCA but also to signpost people to other useful links or organisations, particularly during the pandemic. HBDCA also commissioned some short films in 2020 to be produced for the website which will provide a snapshot of the lives of some of the bleeding disorder community and also share some reflections on Covid-19. They will be available in early 2022.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity	The trustees of HBDCA adhere at all times to the principles and guidance issued by the Charity Commission on public benefit and apply these to all activities carried out by HBDCA.

Commission on public benefit	
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## Achievements and Performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	<p><b>The Royal London Hospital Haemophilia Department</b></p> <p>To continue to develop a strong relationship with the Royal London Haemophilia Department and its patients despite not being able to return to work with them due to the Covid-19 pandemic.</p> <p>And for the commencement in early 2021 of negotiations for a return aimed at April, 2021. This is, in itself, an achievement during such a difficult period, with the RLH actively requesting HBDCA's return as soon as it was in a position to do so, having recognised the value of HBDCA's work in support of their patients during the 2019 pilot.</p> <p>Quote from RLH regarding a patient being supported by HBDCA since March 2021:</p> <p><i>'The patient was, in particular, very, very grateful for your team's intervention and ongoing support which happened at a very challenging time for them. They could not have spoken more highly of what they called 'feeling privileged to receive such excellent care'.</i></p> <p><b>The Terrence Higgins Trust/Macfarlane Trust Counselling Service</b></p> <p>To be recommended by the Infected Blood community to be a key contributor to this new counselling service not only in providing psychological support but in the setting up of the service itself. The psychological support provided by HBDCA, since the inception of this new service in July, 2020, will have enabled its beneficiaries to avail themselves, some for the first time in 30 years, of high-quality, effective psychological support provided by therapists at HBDCA with their deep insight into bleeding disorders and into the Infected Blood community. HBDCA believes that its unique understanding of this community has provided those it has</p>
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	<p>supported with much-needed, long-awaited, effective psychological support.</p> <p>Quote from a member of the Infected Blood community: <i>'HBDCA has helped my daughter tremendously with the counselling you have provided her. She is like a different person and everyone can see the change in her thanks to your help. She really was in a bad place before she started counselling and has gained both confidence and strength as well as being able to deal with her anxiety. So, as a father who always felt guilt (because of my HIV diagnosis and how it affected her), I will be eternally grateful for the help you gave, and this makes me feel better.'</i></p> <p><b>EIBSS</b></p> <p>Since providing psychological provision through EIBSS, HBDCA has enabled clients access to insightful, high-quality support not previously available to them.</p> <p>Quote from an EIBSS client: <i>'Clare was a great help and now I understand a lot of what I have been enduring over the years and can apply the techniques we discussed. Over the weeks we talked, I came to trust her completely; a very necessary component I believe. It was so marvellous to talk to someone who understood exactly what I, my son and my family, have gone through and which still haunts us all these years later. The service which you and your team offer is absolutely vital. I will never forget the understanding, empathy and encouragement shown by Christina and Clare. It's important to know that I will be able to come to HBDCA for support should things ever become difficult again in the future.'</i></p> <p><b>Education and Information</b></p> <p>Through effective communication, by developing relationships with like-minded organisations and healthcare colleagues, and, also, importantly, by listening to the community itself, HBDCA has been able, despite the immense strictures of the pandemic in 2020 - 2021, to reach out to, and inform, not only those infected and affected by a bleeding disorder but also the</p>
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	<p>wider community, about the psychological impact and issues people with bleeding disorders and their family members experience.</p> <p>HBDCa has been able to share coping strategies and tools with those it supports and also with the wider community it works with, including healthcare professionals who might not have previously understood or had any great knowledge of the psychological impact a bleeding disorder can have on members of this unique community.</p> <p><b>Covid-19 psychological support for patients and healthcare professionals in a time of crisis</b></p> <p>HBDCa is proud to have played a small part during the Covid-19 pandemic by supporting clients, patients and healthcare professionals themselves on an ongoing basis by offering crisis support to anyone who might need it.</p> <p>In addition, through the EAHAD study carried out by Christina Burgess, HBDCa hopes to potentially inform how psychological support might be better provided and accessed by patients, through their Haemophilia Centres, for future pandemics. And, also, how psychosocial professionals forming an integral part of any Centre's multidisciplinary team (MDT), as a part of holistic support, should become standard.</p> <p>Without fail, throughout the pandemic, HBDCa has held a weekly Zoom meeting with its therapy team, and regular Zoom meetings with the Trustees, the main purpose being to ensure members of HBDCa felt supported and less isolated. This has been an important part of the HBDCa culture which believes that supporting one's team and colleagues ensures improved support for clients and patients.</p> <p><b>Charitable Incorporated Organisation</b></p> <p>HBDCa is very proud to have been awarded CIO status in September, 2020, and views this as a very important achievement.</p>
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### HBDCa Strategic Plan 2020 - 2021

<p>HBDCa will provide effective, high-quality, tailored psychosocial support to patients, their family members and carers at The Royal London Hospital Haemophilia Centre</p> <p>HBDCa will support members of the Infected Blood community across the United Kingdom</p> <p>HBDCa will provide psychosocial support to one further London Centre and its patients, family members and carers</p>
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<p>Achievements against objectives set in Strategic Plan 2020 - 2021</p>	<p>HBDCa, during a challenging, unprecedented year, caused by the Covid-19 pandemic, was unable to fulfil properly the first part of its strategic plan for 2020 – 2021. Nevertheless, it continued, with all the means it had available, to develop the relationship with the Royal London throughout this period, to the extent that HBDCa was then invited by the Royal London Hospital Haemophilia Centre as soon as it was in a position to do so, to ask HBDCa to return to work with their patients on a long-term, permanent basis to commence in April, 2021.</p>
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	<p>HBDCA supported members of the Infected Blood community across the United Kingdom very effectively through its work with the THT/MacFarlane Trust counselling service and through EIBSS. HBDCA has also demonstrated support for this community through actively engaging with like-minded charities such as the UK Haemophilia Society and the Hepatitis C Trust, and by keeping up to date and informed with all the outcomes of the Inquiry.</p> <p>Although HBDCA, during this period, did not support a further London Haemophilia Centre, it commenced conversations with one further London centre, which are ongoing, as well as commencing, and nearly having concluded, negotiations with a Haemophilia Department outside London.</p>
Investment performance against objectives	<p>All the objectives achieved during the period 1 April 2020 – 31 March 2021, despite a challenging financial climate due to Covid-19, were carried out within the monies received by HBDCA.</p>

## Financial Review

Review of the charity's financial position at the end of the period	In brief, despite the most challenging period in recent history, HBDCA ended the period with £1897.69, fulfilling many activities throughout the 12 months. The details of the financial position and activity is contained within the Financial Return for HBDCA for April 1, 2020 – 31 March, 2021.
Statement explaining the policy for holding reserves stating why they are held	It is HBDCA's policy to hold reserves in order to safeguard the long-term future and sustainability of the CIO. The security reserves offer will provide HBDCA with the ability to maintain, continue to provide, and also, to increase, the provision of specialised, psychological support to the bleeding disorder community.
Amount of reserves held	Restricted = £1,150 Unrestricted = £748
Reasons for holding zero reserves	<p>At the start of 2020, just as HBDCA was due to resume its support of patients at the Royal London Haemophilia Department, the world was hit by the Covid-19 coronavirus pandemic. HBDCA's return, out of necessity, by the hospital, was put on hold. Anticipated funding from this particular source, therefore, did not materialise. Despite this major reduction in income due to the pandemic HBDCA has nevertheless managed to remain solvent with funds in the positive..</p> <p>HBDCA aims, during the new financial year, with an anticipated return date for April, 2021 to the Royal London Haemophilia Department, to hold 6 months' reserves, and, ideally, 1 year's reserves, in the coming financial year.</p>

### Additional information

A description of the principal risks facing the charity	<p>The principal risk for HBDCA would be through lack of funding for the provision of psychological care. Through keeping costs and overheads to a minimum, by only working with therapists of the highest calibre and by HBDCA's reputation continuing to grow within the bleeding disorder arena, HBDCA hopes to avoid this risk.</p> <p>A further risk would be for HBDCA not to have enough members of the team to fulfil the therapeutic requirements it is</p>
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	<p>committed to provide but this year HBDCA has increased its therapy team by one, as well as also welcoming an adult peer mentor. HBDCA will continue to increase its team numbers but this is a process it carries out with a cautious, measured approach, as it wants to ensure that the therapists engaged are of the right calibre and will be as passionate, insightful and committed as advocates for this community as the current HBDCA therapy team are.</p>
Covid-19	<p><b>The Covid-19 pandemic has thrown a vast spotlight on mental health!</b></p> <p>HBDCA has, despite the numerous challenges of the last year, including the lack of anticipated funding, continued not only to grow but to thrive, and, crucially, to offer a safe, welcoming environment to all those it has supported during the period of this report. Often, not only counselling them with regard to their bleeding disorder but, at the same time, providing them with a much-needed element of psychological support during the pandemic.</p>

## Structure, Governance and Management

Type of governing document	<b>Constitution</b>
How is the charity constituted?	<b>Charitable Incorporated Organisation</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	<b>Election to post</b>

The charity's organisational structure and any wider network with which the charity works	<p>HBDCA is led by three trustees: the Chair, Nina Beer, along with Joseph Peaty and Jacqueline Brooks. HBDCA also has an ambassador, Ros Cooper.</p> <p>The day to day running of the charity, and its strategic direction, is led by its Founder and Director, Christina Burgess, with essential input from the trustees. Insight, which is used to inform HBDCA's work and focus, is also contributed to by the five-fold therapeutic team, the adult peer-mentor, and by the bleeding disorder community itself.</p> <p>HBDCA works closely with the Haemophilia Department at the Royal London Hospital to provide psychological support to their patients, including family members.</p> <p>It also provides psychological support to the Infected Blood community affected by HIV or co-infected with HIV/Hepatitis C through the Terrence Higgins Trust counselling service and also to anyone infected either with HIV, Hepatitis C or co-infected with HIV/Hepatitis C through EIBSS (England Infected Blood Support Scheme).</p>
Relationship with any related parties	<p>HBDCA is now an approved provider of psychological support for the Royal London Haemophilia Department, the Terrence Higgins Trust Counselling Service and EIBSS. It collaborates with the charity, Local Families with Bleeding Disorders, The UK Haemophilia Society and with the Hepatitis C Trust.</p>

Other	<p>HBDCA also has a burgeoning relationship with Haemnet which carries out research within the bleeding disorder community. This relationship has enabled HBDCA to provide valuable insight through the review of academic papers on the psychological impact of bleeding disorders. It has also enabled HBDCA to learn from some of the research carried out. For instance, on gene therapy, and what might be some of the psychological issues to be considered for this new treatment which is currently being trialled.</p> <p>This collaborative approach will enable HBDCA not only, potentially, to contribute to improved quality of life for people across the UK with a bleeding disorder but will also enable the HBDCA team to continue to learn, and, therefore, maintain, up-to-date knowledge of the ever-changing, fast-moving landscape of medical care this community is currently experiencing. And will enable HBDCA to be at the forefront of psychological and psychosocial provision for people with bleeding disorders.</p>
Future Plans	<p>HBDCA aims to consolidate and strengthen its provision of psychological support at the Royal London Hospital Haemophilia Department.</p> <p>It will replicate this model of psychological provision in the coming year, with a further Haemophilia Centre (outside London) with whom it has nearly concluded contractual matters.</p> <p>HBDCA also anticipates carrying out a pilot event for one further London Haemophilia Centre in the coming year as a trial which will potentially lead to further work with this Centre in support of its patients.</p> <p>HBDCA will continue to support the Infected Blood community, particularly in anticipation of the conclusion of the Infected Blood Inquiry (expected later in 2022 or early in 2023) and the psychological impact this may have on the Infected Blood community.</p> <p>HBDCA will continue to develop the relationships it has with liked-minded organisations, with the intention of</p>

	<p>collaborating on wellbeing events which will benefit the bleeding disorder community across the UK, as well as through the sharing of knowledge and expertise with these organisations and their members.</p> <p>HBDCA will also continue to support its therapy team and trustees in the coming year through the provision of a training day and will also provide the therapy team with further learning opportunities, including access to specialised training provided by the Royal London Hospital.</p>
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## Exemptions from disclosure


Reason for non-disclosure of key personnel details

N/A

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Nina Janine Beer	
Position (e.g., Secretary, Chair, etc)	Chair	
Date	28/01/2022	

## **Independent Examiner's Report to the Trustees**

### **For the year ended 31 March 2021**

I report to the Trustees on my examination of the accounts of the charitable company for the year ended 31 March 2021.

#### **Responsibilities and basis of report**

The charity Trustees, who are also Directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiners statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report to enable a proper understanding of the accounts to be reached.

Approved on 28<sup>th</sup> January 2022

Haroon Ashfaq ACCA

**Statement of Financial Activities (including summary of Income and Expenditure Account)**  
**Year ended 31 March 2021**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds £
Income and Charitable Activities				
Grants & Donations	3	<u>23,544</u>	<u>1,500</u>	<u>25,044</u>
Expenditure on;				
Raising funds	4	21,193	350	21,543
Charitable activities	4	1,452	0	1,452
Other	4	<u>151</u>	<u>0</u>	<u>151</u>
		<u>22,796</u>	<u>350</u>	<u>23,146</u>
Net (Expenditure)/Income		748	1150	1,898
Reconciliation of funds;				
Total funds brought forward		0	0	0
Total funds carried forward	3	<u><u>748</u></u>	<u><u>1,150</u></u>	<u><u>1,898</u></u>

**Balance Sheet**  
**As at 31 March 2021**

	Note	
Cash at bank and in hand		1,898
Total Net Assets		<u>1,898</u>
Restricted Income Funds	3	1,150
Unrestricted Funds	3	<u>748</u>
		<u>1,898</u>

The charity was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small entities.

The members have not required the charity to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS102 SORP.

The accounts were approved by the Trustees on 28<sup>th</sup> January 2022 and signed on their behalf by: -

Nina Janine Beer



Chair

## Notes to the financial statements

### 1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 (the Charities SORP); and
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102);
- the Charities Act 2011.

The Trustees consider that there are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

The accounts have been prepared under the Charities SORP for the first time. Although the format of the accounts differs from that applied in the past, no changes have been made to amounts previously reported.

No material prior year error has been identified in the reporting period.

### 2 Accounting policies

#### *Income*

Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability. Performance related grants are recognised to the extent that the charity has provided the specified goods or services.

It is not practical to value the monetary value of donated time.

#### *Expenditure and liabilities*

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.



**3 Movement in Funds**

	At the Start of the Year £	Incoming Resources £	Outgoing Resources £	At the End of the Year £
Restricted Funds	0	1,500	-350	1,150
Unrestricted Funds	0	23,544	-22,796	748
Total Funds	0	25,044	-23,146	1,898

**4 Expenditure**

	Unrestricted	Restricted	Total £
Expenditure on raising funds;			
Staff & CEO Fee	21,193	350	21,543
	<u>21,193</u>	<u>350</u>	<u>21,543</u>
Expenditure on Charitable activities;			
Telephone & Internet	1,198		1,198
Legal & Professional	110		110
IT & Software	144		144
	<u>1,452</u>	<u>0</u>	<u>1,452</u>
Other			
Sundry expenses	£151.00		151
	<u>151</u>	<u>0</u>	<u>151</u>
Total	<u>22,796</u>	<u>350</u>	<u>23,146</u>

The charity has no employees and, therefore, no employee earning more than £30,000 per annum. Staff fees above consist of payments to freelancers.

None of the trustees have been paid any remuneration or received any other benefits from employment with this charity or a related entity.

No trustee expenses have been incurred.