

Can't Sit Still CIO
Trustees Report and Financial Statements
1st September 2023 to 31st March 2024

Charity number: 1191401

Can't Sit Still CIO
Trustees' Annual Report
1st September 2023 to 31st March 2024

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Reference and Administrative Information

Charity name:	Can't Sit Still
Charity registration number:	1191401
Registered Office and	
Operational Address:	12B Hanham Hall, Whittucks Road, Hanham, Bristol BS15 3FR

Trustees 2023-24

Sarah Jones (chair)
Adam McCready
Lucy Wood
Ashish Sawhney (appointed 29th January 2024)
Claire Neaves (appointed 29th January 2024)
Katharine Kavanagh (appointed 25th October 2024)
Loz Eva Samuels (resigned 29th January 2024)
Robin Peters (resigned 25th October 2024)

Structure, Governance and Management

The organisation is a Charitable Incorporated Organisation, incorporated and registered as a charity on 22nd September 2020. Its governing document is the Constitution dated 22nd September 2020.

Recruitment and Appointment of Trustees

The Board was strengthened by two new appointments during the financial year. We welcomed Ashish Sawhney who brings his experience as a Director in a diverse, global tech team, along with strategic planning, governance, financial management and leadership skills. We also welcomed Claire Neaves who has an education background and is an educational researcher at the University of Oxford and a freelance inclusion and diversity consultant. We are delighted and excited to welcome both Ash and Claire to the team.

We were sorry to say goodbye to one of our Founding Trustees, Loz Samuels, in January 24. Loz has offered unerring support, advocacy, kindness and deep insights to establish Can't Sit Still as a CIO in 2020. We wish her well as she pursues her multitude of interests across the arts and cultural sphere and beyond.

We continue to have a live and open access approach to Board recruitment. Trustees are openly recruited to meet identified gaps in skills, knowledge & experience needed for the effective governance of the CIO, and complement the strengths of the existing Board. Potential candidates are elected by a majority vote at Trustees' Meetings.

Objects and Activities

Charitable Objects

The advancement of education in the arts in particular, but not exclusively theatre through the provision and creation of performances and educational projects for the public benefit.

Public Benefit

The charity delivers public benefit using the medium of theatrical performances and workshops for the purposes of education, personal development and wellbeing, as detailed in "Achievements and Performance" below.

The Trustees are aware of the requirement of public benefit and seek to implement the Charity Commissioners' guidance on public benefit.

Achievements and Performance

Looking at the context within which Can't Sit Still's work has been created over the period, we have seen increasing worldwide unrest and division worldwide.

Local authority bankruptcies started to emerge in 2023, with the cracks in public resourcing directly affecting communities we work with. We noticed participants presenting with very high levels of support needs and reporting that there is little infrastructure in place to help them.

The storm season in the UK was reported as 20% more intense as a result of human-caused climate change this year with increased risk of floods and disproportionate risk of climate harm to people facing health, housing and financial challenges.

Fear of the unintended consequences of AI continues to grow, as does the use of the technology. The charity takes a balanced view of also seeing the potential of AI to aid efficiency and increase the reach of our work.

Can't Sit Still continued to focus its efforts on work to use creativity and culture to disrupt social inequalities by inspiring individuals, connecting communities and spreading joy. We believe the work we are doing brings hope when hope is in short supply, and taps into the power of collaboration and co-creation, bringing people into closer engagement with each other and with the needs of our planetary home.

We have drawn from the expertise of our local communities in South Gloucestershire, our audiences and partners, our skilled board of trustees, diverse freelance teams and committed partners to produce new work this year and build on previous successes. Key achievements include:

- Premiere of *Well Done, Mummy Penguin* at ARC, Stockton-on-Tees
- Commercial tour of *Oh No, George!* to Bristol, London and Dublin
- Negotiating the rights to adapt *The Snowy Day* by Jack Ezra Keats
- Securing new funding partners for the Being Me project for autistic young people
- Successful Board recruitment
- Brand refresh completed and new website developed.

Challenges & Opportunities 2023 - 24

Post pandemic audience behaviour remains unsettled and hard to predict. This may be as the result of ongoing cost of living pressures and also different behaviours born out of the trauma of living through Covid 19.

While there are ongoing concerns in the arts sector as a whole about the ability to secure consistent funding, the charity achieved a significant increase in its earned income over the period particularly as the result of re-staging *Oh No, George!* as a viable, self-funding tour. We now have a deeper understanding of the trajectory required to take an idea from page to profit and the ability to replicate the model in the future.

The figures over the period show that we generated 33% as earned income, 14% from Arts Council England, 8% from other public funds, 25% from Trusts and Foundations, 4% from the National Lottery and 16% from creative industry tax reliefs (some of which were backdated to previous years). The charity is highly conscious of the need to continue to diversify funding partnerships and, where possible, generate unrestricted funding to provide a stable platform from which to grow.

We believe that operating locally and acting in response to global issues by building community connection and resilience through arts and culture is our strength. We are the only place-based arts organisation in South Gloucestershire and continue to build a reputation for innovation in the area. Our ties across the county border in Gloucestershire

are strengthening too as we embed projects there and as half the executive team lives there.

As we continue to embed ourselves in our Gloucestershire places, we are building committed partnerships, audiences and stakeholders willing to share the risk and share the learning that comes with doing something new before we take our work out to audiences and participants more widely. We believe that our commitment to place increases the potential for securing new revenue streams from non-arts funders and investors.

Technological changes are rapid. For a small charity, keeping pace with this level of development in AI and digital spaces can be overwhelming. The team is committed to using tools and approaches that put humans and their connection with the planet at the heart. This helps to mitigate perceived pressure to keep on top of every innovation. However, the charity remains open to new ideas and will continue to test opportunities that present exciting opportunities for creative exploration that enhances audience & participant engagement, that are in tune with the planet and supports achieving the charity's aims.

Artistic Programme 2023-24

Being Me



Investment from The Barnwood Trust, National Lottery Community Fund, Bristol, North Somerset and South Glos NHS ICB and from participant's families during this financial year has meant that we have launched our Being Me Clubs model, tested in 21 - 22, over a much longer period. Thanks to this valuable funding we have been able to provide

stability and consistency for autistic girls and non-binary young people & their families throughout the period.

The Being Me Clubs - co-created with the young people and our professional neurodivergent facilitation team - are proven to build confidence, agency and resilience. We have seen the outcomes rippling out, positively affecting school attendance, friendships, family dynamics and self-advocacy.

The challenge for the charity is in the sustainability and scale of what could be an ongoing service provision which we have identified is missing from a national offer. The potential is huge. We will continue to run the Clubs until July 24 in order to serve local families and develop the vision for the future offer, in partnership with them.

Well Done, Mummy Penguin



Image copyright Robert Day, 2023.

Well Done, Mummy Penguin opened to joyful audiences in Stockton-on-Tees for a Christmas run at ARC. The diverse cast and creative team tested material with local children over the course of the rehearsal period, their insights and responses helping us to deliver a show that delighted those that came. The show is our second adaptation of a Chris Haughton title and champions family bonds and incredible parents everywhere. We look forward to our Christmas run at The Albany in Deptford in 2024.

Oh No, George!



Copyright, photographer - Paul Blakemore

Our third outing for *Oh No, George!* was a carefully programmed mid scale tour, with longer runs than we have previously delivered. The team valued establishing new and supportive relationships with venues we'd not performed at before including Polka Theatre, Pavilion Theatre Dublin and Redgrave Theatre Bristol.

The show was warmly received and exceeded our expectations in terms of ticket sales, generating a profit on our first unsubsidised tour. Since its conception pre-Covid, we had always anticipated *Oh No, George!* had the potential to earn income for the company and it was enormously validating to achieve a great return on the investments made previously by funders including NESTA and Arts Council England, to whom we remain very grateful.

Organisational Development

We began work in the year on an ambitious organisational development (OD) programme to develop the operational, financial and environmental sustainability of Can't Sit Still. The aim of the OD over the 23/24 & into 24/25 financial years is to establish CSS into the outdoor arts touring circuit with an environmentally responsible redevelopment of *Plink & Boo*; to reveal international touring possibilities for *Oh No, George!* and to develop the charity's infrastructure and governance to be ambitious and robust, including establishing a youth advisory group.

We were successful with a project grant from Arts Council England for this work, received in November 23. These strands of activity will continue to develop and roll out in the 24/25 financial year.

Environmental Sustainability



Planetary care is woven wherever possible throughout our planning and delivery, built into contracts & teams, and informs our operational decisions. We continue to highly value the expertise of Trustee Adam McCready, who brings with him environmentally sustainable touring expertise. Our knowledgeable Trustees are proactive in holding the team to account and provide welcome challenge to support decision making. New thinking in the organisation means that we will seek out higher skills levels in the industry in respect of how to take positive environmental action as we develop new shows, and we will build resources into budgets to achieve this wherever possible. Our assessment is that, in order to improve our environmental practices, we also need to slow down and make better, more considered decisions about what we use, how we use it, and its repurposing thereafter. We believe CSS has a role to play in setting good standards and sharing our learning to inspire and inform colleagues. We keenly look for great practice elsewhere which helps us to build our knowledge as we look at what sustainable touring actually means.

Governance and Staffing

The Artistic Director and Company Manager work a total of 1.0 FTE. The small team is enhanced by freelance creatives who join the company to deliver the funded programme of work as performers, producers, production teams and facilitators. We worked with 35 freelance professionals over the course of the period.

The 6 trustees of the charity meet quarterly to analyse the financial position of the charity, ensure legal compliance and assess risks and opportunities. Board recruitment is ongoing on a rolling basis and is informed by regular skills analysis and diversity monitoring.

Funding and Income Generation

Fundraising and income generation in the period has been particularly buoyant with successful grant applications to Arts Council England, National Lottery, NHS and Barnwood Trust. In addition, the company earned 33% of its income from commission and performance fees, workshop & consultancy fees and donations.

This success has enabled the Trustees to designate unrestricted reserves in order to underpin the charity, providing for 6 months wind up contingency, increased administrative capacity, coaching & mentoring for the executive team, and a strategic development fund.

The charity remains open-eyed when it comes to the ongoing need to diversify income, and this will be further supported by the Organisational Development programme as it rolls out next year.

Financial Review

The charity is in excellent financial health, benefitting from good funding relationships and partnerships which are well stewarded. It has an unrestricted, undesignated reserves balance of £23,634 to carry forward into the 24/25 financial year (2023 £15,592). Expenditure is limited to available funds for each area of work and therefore the trustees are satisfied that the charity is a going concern, and will continue to be for the foreseeable future.

Reserves Policy

Can't Sit Still's unrestricted reserves fall in line with Charity Commission's good practice guidelines. The charity has met its reserves target to provide for any sudden and unexpected loss of income, whereby the unrestricted free reserves should equal between three and six months of core running costs which equates to between £12,000 and £24,000. The total unrestricted reserves currently stand at £83,890 (2023 £28,340) of which £24,000 has been designated as a contingency fund to cover wind up costs (2023 £12,000), £6,000 is designated for Admin capacity building (2023 nil), £1K for coaching & mentoring (2023 nil) and £28K for strategic development including the roll out of the strategic plan over the next 3 years (2023 nil). £1,256 is the Fixed Asset Reserve (2023 £748), with £23,634 as the free reserves/general funds (2023 £15,592).

The trustees are committed to ensuring that the success of building reserves serves to meet the needs of its beneficiaries and have made designations in order to achieve this, leaving the free reserves to support cashflow and meet any unexpected financial needs if they arise.

Statement of Responsibilities of the Trustees

Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income or expenditure, of the charity for the year. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011 and the applicable Charities (Accounts and Reports) Regulations.

The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees confirm that to the best of their knowledge there is no information relevant to the Independent Examination of which the Examiner is unaware.

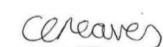
The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant financial information and that this information has been communicated to the Examiner.

The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Approved by the trustees on 12th December 2024 and signed on their behalf by:



..... Sarah Jones, Trustee



..... Claire Neaves, Trustee

Independent examiner's report to the trustees of Can't Sit Still CIO

I report on the accounts of the Charitable Incorporated Organisation for the period ending 31st March 2024 which are set out on pages 12 to 18.

Responsibilities and basis of report

As the trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Chartered Institute of Management Accountants (CIMA), which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....

13th December 2024

Jon Harris, ACMA, CGMA, MA, FRSA
20 Wenlock Road, London N1 7GU

Can't Sit Still CIO
Statement of Financial Activities
(incorporating Income & Expenditure Account)
Year to 31st March 2024

		01/09/23 to 31/03/24 Unrestricted funds	01/09/23 to 31/03/24 Restricted funds	01/09/23 to 31/03/24 Total funds	Year to 31/08/23 Total funds [see Note 11]
	Notes	£	£	£	£
Income:					
Donations	[2]	99	-	99	1,524
Charitable activities	[3]	110,838	148,724	259,561	95,384
Investments		420	-	420	239
Total Income		111,356	148,724	260,080	97,147
Expenditure:					
Charitable activities	[4]	55,807	111,596	167,403	59,093
Total Expenditure		55,807	111,596	167,403	59,093
Net Income / (Expenditure)		55,549	37,128	92,677	38,054
Transfers between funds	[8]	-	-	-	-
Net Movement in Funds		55,549	37,128	92,677	38,054
Total funds brought forward		28,340	59,734	88,075	50,020
Total funds carried forward		83,890	96,862	180,752	88,075

Can't Sit Still CIO
Balance Sheet
As at 31st August 2024

Charity number: 1191401

	Notes	31/03/24 £	31/08/23 £
Fixed Assets	[5]	1,256	748
Current Assets			
Debtors and prepayments	[6]	72,996	1,364
Cash at bank and on hand		121,326	97,602
		<hr/> 194,322	<hr/> 98,966
Current Liabilities			
Creditors and accruals	[7]	14,826	11,639
		<hr/> 179,496	<hr/> 87,327
Net Current Assets			
		<hr/> 180,752	<hr/> 88,075
Net Assets			
		<hr/> 180,752	<hr/> 88,075

The funds of the charity:

Unrestricted funds:

General funds	[8]	23,634	15,592
Designated funds	[8]	60,256	12,748
Restricted funds:		96,862	59,734

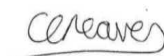
180,752

88,075

Approved by the trustees on 12th December 2024 and signed on their behalf by:



.....
 Sarah Jones
 Trustee



.....
 Claire Neaves
 Trustee

Can't Sit Still CIO

Notes to the Accounts

Year to 31st March 2024

[1] Principal Accounting Policies

The principal accounting policies adopted in the preparation of the financial statements are set out below.

(a) Basis of preparation

The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), and the Charities Act 2011.

Can't Sit Still CIO meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

(b) Preparation of the accounts on a going concern basis

The charity's balance sheet at 31st March 2024 is in surplus, and funding has been secured for upcoming activities of the charity. No activities are planned without income to support them. Therefore the trustees are satisfied that the charity remains a going concern on an ongoing basis.

(c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of activities is deferred until the criteria for income recognition have been met.

(d) Donated services and facilities

Donated professional services and facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity is probable and that economic benefit can be measured reliably. There were no such donations during the year in question. In accordance with the Charities SORP (FRS 102), the general volunteer time of trustees and volunteers is not recognised with any monetary value

(e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

(f) Fund Accounting

[i] Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

[ii] Designated funds are unrestricted funds set aside by the Management Committee for particular purposes.

[iii] Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(g) Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the cost against the activity for which the expenditure was incurred, under the following activity headings:

[i] Costs of raising funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes. There were no such costs during the year in question.

[ii] Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities, and those costs of an indirect nature necessary to support them.

[iii] Other expenditure represents those items not falling into any other heading. There were no such costs during the year in question.

(h) Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. These include office costs, finance, personnel, payroll and governance costs which support the charity's charitable activities.

(i) Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or Section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

(j) Fixed Assets

Tangible fixed assets are written off over the expected useful life of the asset, at 25% per annum on the reducing balance method. Individual items costing less than £500 are not treated as fixed assets.

Can't Sit Still CIO

Notes to the Accounts (continued)

Year to 31st March 2024

(k) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered.

(l) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the account.

(m) Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

[2] Income from donations

	2024	2024	2024	2023	2023	2023
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
General donations	99	-	99	202	1,322	1,524
	99	-	99	202	1,322	1,524

[3] Income from charitable activities

	2024	2024	2024	2023	2023	2023
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
<u>Grants:</u>						
Arts Council of England	-	35,620	35,620	-	69,984	69,984
South Gloucestershire Council	-	-	-	-	2,730	2,730
National Health Service	20,910	-	20,910	-	15,321	15,321
Quartet Community Foundation	-	-	-	-	5,000	5,000
National Lottery	-	9,990	9,990	-	-	-
Barnwood Trust	-	65,801	65,801	-	-	-
Total grants	20,910	111,411	132,321	-	93,035	93,035
Commissions	-	36,161	36,161	-	-	-
Consultancy	883	-	883	1,960	-	1,960
Workshop contributions	-	1,151	1,151	-	310	310
Performance fees	47,486	-	47,486	-	-	-
Children's Television Tax Relief	5,750	-	5,750	-	-	-
Theatre Tax Relief	35,699	-	35,699	-	-	-
Reimbursed expenses	111	-	111	79	-	79
Total income from charitable activities	110,838	148,724	259,561	2,039	93,345	95,384

The charity received government grants totalling £56,530 (2023 £88,035). This comprised funding from the Arts Council of England and the National Health Service.

[4] Analysis of expenditure on charitable activities

	2024	2023
	£	£
<u>Direct costs</u>		
Production fees	48,277	17,071
Production salaries	25,804	-
Royalties	9,785	1,877
Materials and other direct costs	18,896	3,949
Travel, accommodation & subsistence	20,651	2,352
Marketing	7,983	2,021
Access costs	1,124	1,060
Training	8,632	-
Total direct costs	141,151	28,329

Can't Sit Still CIO

Notes to the Accounts (continued)

Year to 31st March 2024

[4] Analysis of expenditure on charitable activities (continued)

	2024	2023
	£	£
<u>Support costs</u>		
Salaries	18,720	23,750
Employer pensions	268	241
Legal and professional fees	40	60
Training	-	898
Admin travel	-	85
Bank charges	78	30
Loan interest	63	1,219
Insurance	388	597
Subscriptions	1,053	1,033
Advertising and publicity	1,281	-
Rent	2,232	2,073
Accountancy	1,494	228
Fee for Independent Examination	200	300
Depreciation	419	249
Sundry	15	-
	<hr/>	<hr/>
Total support costs	26,251	30,763
	<hr/>	<hr/>
Total charitable expenditure	167,403	59,093

As the charity only undertakes one kind of activity, support costs have not been apportioned.

[5] Tangible Fixed Assets

	Furniture & fittings 2024	Furniture & fittings 2023
	£	£
<u>Cost</u>		
Balance brought forward	1,354	1,354
Additions during the year	927	-
	<hr/>	<hr/>
	2,281	1,354
<u>Depreciation</u>		
Balance brought forward	606	357
Charge for the year	419	249
	<hr/>	<hr/>
	1,025	606
	<hr/>	<hr/>
Net Book Value	1,256	748

[6] Debtors and prepayments

	2024	2023
	£	£
Trade debtors	23,591	375
Prepayments	236	625
Accrued income	7,720	-
Creative Industry tax reliefs	41,449	-
Other debtors	-	364
	<hr/>	<hr/>
	72,996	1,364

[7] Creditors

	2024	2023
	£	£
Amounts due within 12 months:		
Trade creditors	13,078	936
Tax and National Insurance	16	343
Accruals	1,600	360
Loan due within one year	-	10,000
Other creditors	132	-
	<hr/>	<hr/>
	14,826	11,639

Can't Sit Still CIO

Notes to the Accounts (continued)

Year to 31st March 2024

[8] <u>Movements in Funds 2023-24</u> (for previous year, see Note 11)	Balance at 01/09/2023	Income	Expenditure	Transfers	Balance at 31/03/2024
<u>Restricted Funds:</u>					
Being Me	22,372	77,592	(42,200)	-	57,764
Being Me Digital	13,821	-	(1,640)	-	12,181
Well Done Mummy Penguin	23,541	43,231	(66,773)	-	-
Organisational Development	-	12,398	(89)	-	12,310
Plink & Boo	-	15,502	(894)	-	14,608
Total Restricted Funds:	59,734	148,724	(111,596)	-	96,862
<u>Unrestricted Funds:</u>					
Designated Funds:					
Contingency Fund	12,000	-	-	12,000	24,000
Admin capacity building fund	-	-	-	6,000	6,000
Coaching and mentoring fund	-	-	-	1,000	1,000
Strategic development fund	-	-	-	28,000	28,000
Fixed asset reserve	748	-	-	508	1,256
Total Designated Funds:	12,748	-	-	47,508	60,256
<u>General Funds</u>	<u>15,592</u>	<u>111,356</u>	<u>(55,807)</u>	<u>(47,508)</u>	<u>23,634</u>
Total Unrestricted Funds:	28,340	111,356	(55,807)	-	83,890
Total Funds:	88,075	260,080	(167,403)	-	180,752

Purposes of funds

The Being Me funds are to deliver creative clubs for autistic girls and non-binary young people aged between 11 and 25 in South Gloucestershire and Cheltenham.

The Being Me digital fund is for research & development of a co-created digital art work about the autistic experience.

The Well Done Mummy Penguin fund is to create a new stage adaptation of the latest book by award winning Chris Haughton.

The Organisational Development fund is for capacity building within the charity.

The Plink & Boo fund is for a tour of the production by this name.

The Contingency Fund provides for any unexpected drop in income, as per the Reserves Policy (see page 9).

The Admin capacity building, Coaching and mentoring, and Strategic Development funds are set aside to increase and improve the charity's management and administrative capacity following the recent expansion of activity.

The fixed asset reserve holds the value of fixed assets, to provide for future depreciation.

[9] Payments to trustees and related party transactions

No trustees received remuneration during the period. No trustees received expense payments during the period. There were no other related party transactions during the period.

[10] Staff costs

	2024	2023
	£	£
Wages and salaries	44,524	23,750
Employer pension contributions	268	241
	<u>44,793</u>	<u>23,991</u>

The average number of staff employed during the period was 3 (2023 2) and the average full time equivalent number of posts was 2.0 (2023 1.0). No employee earned over £60,000 per annum during the period.

The key management personnel of the charity during the period comprised the trustees and the Artistic Director.

The total employee benefits paid to management personnel were £13,104 (2023 £16,655).

Can't Sit Still CIO

Notes to the Accounts (continued)

Year to 31st March 2024

[11] Previous year comparisons

Statement of Financial Activities 2022-23

	Year to 31/08/2023	Year to 31/08/2023	Year to 31/08/2023
	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Income:			
Donations	202	1,322	1,524
Charitable activities	2,039	93,345	95,384
Investments	239	-	239
Total Income	2,480	94,667	97,147
Expenditure:			
Charitable activities	8,576	50,516	59,093
Total Expenditure	8,576	50,516	59,093
Net Income / (Expenditure)	(6,096)	44,150	38,054
Transfers between funds	-	-	-
Net Movement in Funds	(6,096)	44,150	38,054
Total funds brought forward	34,436	15,584	50,020
Total funds carried forward	28,340	59,734	88,075

Movements in Funds 2022-23

	Balance at 01/09/2022	Income	Expenditure	Transfers	Balance at 31/08/2023
<u>Restricted Funds:</u>					
Being Me	15,584	24,373	(17,584)	-	22,372
Being Me Digital	-	29,110	(15,289)	-	13,821
Well Done Mummy Penguin	-	41,184	(17,643)	-	23,541
Total Restricted Funds:	15,584	94,667	(50,516)	-	59,734
<u>Unrestricted Funds:</u>					
Designated Funds:					
Contingency Fund	12,000	-	-	-	12,000
Fixed asset reserve	997	-	-	(249)	748
Total Designated Funds:	12,997	-	-	(249)	12,748
<u>General Funds</u>	21,439	2,480	(8,576)	249	15,592
Total Unrestricted Funds:	34,436	2,480	(8,576)	-	28,340
Total Funds:	50,020	97,147	(59,093)	-	88,075