

**Can't Sit Still CIO**  
**Trustees Report and Financial Statements**  
**Year to 31<sup>st</sup> August 2023**

Charity number: 1191401

# **Can't Sit Still CIO Trustees' Annual Report Year to 31<sup>st</sup> August 2023**

## **CONTENTS**

Page

- 2. Reference and Administrative Information
- 3. Structure, Governance and Management
- 3. Objects and Activities
- 3. Achievements and Performance
- 8. Financial Review
- 9. Statement of Responsibilities of Trustees
- 10. Independent Examiner's Report
- 11. Statement of Financial Activities
- 12. Balance Sheet
- 13. Notes to the Accounts

## **Reference and Administrative Information**

Charity name: Can't Sit Still

Charity registration number: 1191401

Registered Office and

Operational Address: 11 Conham Hill, Hanham, Bristol BS15 3AW

### **Trustees 2022-23**

Sarah Jones (chair)

Robin Peters

Loz Eva Samuels

Adam McCready

Lucy Wood (appointed 27<sup>th</sup> August 2023)

# Structure, Governance and Management

The organisation is a Charitable Incorporated Organisation, incorporated and registered as a charity on 22<sup>nd</sup> September 2020. Its governing document is the Constitution dated 22<sup>nd</sup> September 2020.

## Recruitment and Appointment of Trustees

New Trustees are nominated on an ongoing basis by existing Trustees and elected by a majority vote at Trustees' Meetings. Trustees are recruited to meet identified gaps in skills, knowledge & experience needed for the effective governance of the CIO, and complement the strengths of the existing Board.

## Objects and Activities

### Charitable Objects

The advancement of education in the arts in particular, but not exclusively theatre through the provision and creation of performances and educational projects for the public benefit.

### Public Benefit

The charity delivers public benefit using the medium of theatrical performances and workshops for the purposes of education, personal development and wellbeing, as detailed in "Achievements and Performance" below.

The Trustees are aware of the requirement of public benefit and seek to implement the Charity Commissioners' guidance on public benefit.

## Achievements and Performance

### Context

In the face of division, Covid trauma and recovery and increasing climate change impacts and anxiety, Can't Sit Still is committed to championing & celebrating difference, bringing diverse people together to create projects and shows which are hopeful, kind and generous. We have focussed this year on:

- building our knowledge of planetary care driven by the Board of Trustees;
- developing networks at home in South Gloucestershire and across national and international touring theatre networks (London, Dublin, Singapore);
- deepening our existing partnerships (NHS, The Arc, Stockton, Freedom Festival, DOCA) ;
- adding a new Company Value "Courageous Learning" and establishing our refreshed values at the heart of all we do.

This year of consolidation has enabled Can't Sit Still to focus on fertilising the ground for forthcoming work. The team has worked strategically to deepen existing partnerships with funders including the NHS, South Gloucestershire Council, The Quartet Foundation and West of England Combined Authority.

In addition, we have established exciting new partnerships with anchor venues in the UK - The Arc, Stockton; The Albany and Polka Theatre, London - and in the EU and Singapore - with a view to 23/24/25 tours of our stage adaptations of award-winning author Chris Hauton's children's books Oh No, George! and Well Done, Mummy Penguin.

We started a brand refresh which is progressing well and will be launched in 2023/24 financial year. We created a new Board Recruitment pack to roll out in 2023/24 with a focus and commitment to diversifying our Board of Trustees.

Online delivery of What Will George Do? continued to attract healthy audiences over the year and we began the journey of exploring possibilities of a co-created digital artwork about the autistic experience in 'Being Me Digital'.

Our work is better because of the involvement and partnership of our participants, audiences, supporters, funders and stakeholders. They help us to fly the flag of ambitious and uncompromising inclusion, helping the charity to ensure that high quality artistic and creative opportunities and experiences are available for people who may not otherwise have access.

We are consistently delighted by the wealth of talent and experience our diverse teams of artists and creative facilitators share with our beneficiaries. The charity prides itself on creating spaces where people can be brave and authentic, and in doing so energise new conversations which have the power to change the world for the better.

## **Challenges & Opportunities 2022 - 23**

The charity continued its positive investment relationship with NESTA this year. The extension of the loan period underpinned the decision to programme a third unsubsidised tour for Oh No, George! for 2023/24. The NESTA evaluation framework formed the basis for Can't Sit Still's robust and accessible approach to capture learning and impact of the participatory work we undertake, presenting the charity with excellent insights to support both better quality of provision and leveraging further investment.

We were delighted to be invited by NESTA to co-present the ["Demystifying Due Diligence"](#) webinar this year to support arts organisations to begin conversations with social investors.

We are noticing the shifts in the funding landscape that are likely to impact the charity, namely certain major funders redistributing all of their assets with a view to closing, and the knock on effects of worldwide economic challenges on the public purse. This is likely to mean that Local Authority and NHS investments become harder to achieve in coming years and demands that the charity continues to build income generation models which do not rely on fundraising.

We also recognise that Can't Sit Still is a valuable partner for investors wishing to distribute place-based funds as we embed ourselves at home in South Gloucestershire. As a relatively new charity, Can't Sit Still continues on its journey to establish a high quality reputation as a trusted investee able to amplify the impact of awards by leveraging significant match funding and maximising social capital through its co-creative approach.

## Artistic Programme 2022-23

### Being Me



Image Credit: Lisa Whiting Photography

Investment from Bristol, North Somerset and South Gloucestershire NHS CCG enabled the charity to pilot a new creative programme based on research findings in 2021/22 for autistic girls and non-binary young people aged 11 – 16 in South Gloucestershire.

The co-created Being Me Club provides the neuro-affirmative psychological and physical environment for the young people to be their authentic selves and explore their creative potential with the support of Can't Sit Still's professional facilitation team.

Through the pilot programme, we met with parents too to understand their hopes, fears and challenges to shape our ongoing strategy to build the visibility and agency of their children.

The success of the pilot helped to lever a further tranche of NHS investment for financial year 23/24 as a welcome addition to fundraising achieved by our Families Task Force who, faced with the ending of the pilot programme, were determined to do what they could to help the service continue. The charity also made successful applications to the National Lottery & The Barnwood Trust.



## Being Me Digital



We ran a hugely successful Easter Club for autistic girls and non binary young people who worked with a professional creative team - including neurodivergent facilitators. The young people were offered the choice to explore animation, sound recording, film-making and visit a professional motion capture studio. This will feed into the research and development of 'Being Me Digital', a digital creative project that will culminate in Spring 2024.

## Well Done, Mummy Penguin

We were successful in securing a valuable Christmas Commission from Arc, Stockton and The Albany, Deptford to realise Well Done, Mummy Penguin. With a nod to the fascinating nature of penguin parenting, Well Done, Mummy Penguin is a brand new stage adaptation of the latest picture book from award-winning writer and illustrator Chris Haugton, and an irresistible ode to family bonds and incredible parents everywhere.

## Environmental Sustainability

Our ongoing commitment to environmental sustainability continues to be embedded throughout our operations and infrastructure. The Trustees are proactive in holding the team to account and provide welcome challenge and expertise to inform our approach. We take a planet first approach when making decisions about key impact areas such as production travel and set construction. This has led to a successful application made to Arts Council England during the year to test whether our newly designed set can have a 'regenerative' impact on the planet. We will also use the resource to investigate the environmental impact of touring work, looking at existing sustainable touring models & imagining new ones.

## **Governance and Staffing**

The Artistic Director and Company Manager work a total of 1.0 FTE. The small team is enhanced by freelance creatives who join the company to deliver the funded programme of work as performers, producers, production teams and facilitators. During 2022/23 Can't Sit Still worked with 10 freelance professionals.

The 5 trustees of the charity meet quarterly to analyse the financial position of the charity, ensure legal compliance and assess risks and opportunities. Board recruitment is ongoing on a rolling basis and we were pleased to welcome Lucy Wood as a new trustee in July 2023. Lucy brings an enormous wealth of commercial and subsidised theatre producing and general management experience both here in the UK and internationally.

## **Funding and Income Generation**

Can't Sit Still continues to maintain a high success rate in securing public and private funding from investment partners. During this year, the charity was awarded the Christmas commission by ARC and The Albany which provided leverage to secure resources from Arts Council England to stage Well Done Mummy Penguin in both 23/24 & 24/25.

The charity has an ongoing strategic commitment to diversifying its income streams in order to increase financial sustainability. This year it has established partnerships to take Oh No, George! on tour in 23/24 as a commercial tour without subsidy. We have been developing this new income generation model with support from NESTA. Their valuable investment in Can't Sit Still took the form of both a grant and a loan which the charity successfully repaid early. We are pleased to be taking George back out on tour for the third time to further establish the viability of this way of working.

During this year grant funding was secured from

- NHS CCG
- Arts Council England
- South Gloucestershire Council
- Quartet Foundation

We continue to maintain a small number of regular donors over the period and continue to generate earned income via one-off consultancies. The core team, Cat Boot and Jay Haigh, bring a wealth of professional experience spanning a combined 45 years of working in the arts & cultural sector. During the year they soft launched a service to share their experience as consultants with emerging practitioners and established companies seeking to build their co-creation knowledge. The benefits of collaborating in this way are 2-way, feeding the Charity with new insights and helping establish Can't Sit Still's visibility, as well as offering a high class consultancy service to companies and artists seeking support. We have added expertise to programmes at Circomedia, The Whitfield Tabernacle, Bristol Old Vic and Old Vic Theatre School as well as The Space, London. The consultancy service provides unrestricted income - £1,960 during this financial year - and supports the charity's mission to disrupt social inequalities, inspire people, connect communities and bring joy.

## **Financial Review**

The charity invested £1,257 of its unrestricted reserves during the year to support the Autumn Tour of Oh No, George! leaving an unrestricted cash reserves balance of £27,592 (2022 £33,439) to carry forward into 23/24 financial year. Expenditure is limited to available funds for each area of work and therefore the trustees are satisfied that the charity is a going concern, and will continue to be for the foreseeable future.

## **Reserves Policy**

Can't Sit Still continues to build its unrestricted free reserve fund in line with Charities Commission good practice guidelines. The Charities' trustees have established a reserves target to provide for any sudden and unexpected loss of income, whereby the unrestricted free reserves should equal between three and six months of core running costs, which equates to £7,500-£15,000. The total reserves currently stand at £28,340 of which £12,000 has been designated as a contingency fund to cover wind up costs, £748 is the Fixed Asset Reserve, with £15,592 as the free reserves.



# Statement of Responsibilities of the Trustees

Trustees are required to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity and the incoming resources and application of resources, including the net income or expenditure, of the charity for the year. In preparing those financial statements the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the applicable Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act 2011 and the applicable Charities (Accounts and Reports) Regulations.

The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. The trustees confirm that to the best of their knowledge there is no information relevant to the Independent Examination of which the Examiner is unaware.

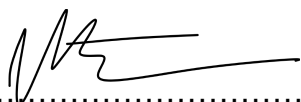
The trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant financial information and that this information has been communicated to the Examiner.

The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

Approved by the trustees on 12<sup>th</sup> February 2024 and signed on their behalf by:



..... Sarah Jones, Trustee



..... Robin Peters, Trustee

# **Independent examiner's report to the trustees of Can't Sit Still CIO**

I report on the accounts of the Charitable Incorporated Organisation for the period ending 31<sup>st</sup> August 2023 which are set out on pages 11 to 17.

## **Responsibilities and basis of report**

As the trustees of the Charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

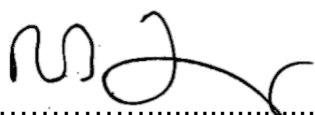
I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

## **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



27<sup>th</sup> February 2024

Rupert Taylor  
Easton Business Centre  
Felix Road  
Bristol BS5 0HE

**Can't Sit Still CIO**  
**Statement of Financial Activities**  
**(incorporating Income & Expenditure Account)**  
**Year to 31st August 2023**

		Year to 31/08/2023	Year to 31/08/2023	Year to 31/08/2023	Year to 31/08/2022
		Unrestricted funds	Restricted funds	Total funds	Total funds
					[see Note 10]
	Notes	£	£	£	£
<b>Income:</b>					
Donations	[2]	202	1,322	1,524	1,271
Charitable activities	[3]	2,039	93,345	95,384	148,434
Investments		239	-	239	13
<b>Total Income</b>		<b>2,480</b>	<b>94,667</b>	<b>97,147</b>	<b>149,718</b>
<b>Expenditure:</b>					
Charitable activities	[4]	8,576	50,516	59,093	142,590
<b>Total Expenditure</b>		<b>8,576</b>	<b>50,516</b>	<b>59,093</b>	<b>142,590</b>
<b>Net Income / (Expenditure)</b>		<b>(6,096)</b>	<b>44,150</b>	<b>38,054</b>	<b>7,128</b>
Transfers between funds	[8]	-	-	-	-
<b>Net Movement in Funds</b>		<b>(6,096)</b>	<b>44,150</b>	<b>38,054</b>	<b>7,128</b>
Total funds brought forward		34,436	15,584	50,020	42,893
<b>Total funds carried forward</b>		<b>28,340</b>	<b>59,734</b>	<b>88,075</b>	<b>50,020</b>

**Can't Sit Still CIO**  
**Balance Sheet**  
**As at 31st August 2023**

**Charity number: 1191401**

	Notes	2023 £	2022 £
<b>Fixed Assets</b>	[5]	748	997
<b>Current Assets</b>			
Debtors and prepayments	[6]	1,364	15,679
Cash at bank and on hand		97,602	61,692
		<hr/>	<hr/>
		98,966	77,371
<b>Current Liabilities</b>			
Creditors and accruals	[7]	11,639	28,348
		<hr/>	<hr/>
<b>Net Current Assets</b>		87,327	49,023
		<hr/>	<hr/>
<b>Net Assets</b>		<b>88,075</b>	<b>50,020</b>

**The funds of the charity:**

**Unrestricted funds:**

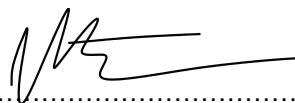
General funds	[8]	15,592	21,439
Designated funds	[8]	12,748	12,997

<b>Restricted funds:</b>		59,734	15,584
		<hr/>	<hr/>
		<b>88,075</b>	<b>50,020</b>

Approved by the trustees on 12th February 2024 and signed on their behalf by:



.....  
 Sarah Jones  
 Trustee



.....  
 Robin Peters  
 Trustee

# Can't Sit Still CIO

## Notes to the Accounts

### Year to 31st August 2023

#### [1] Principal Accounting Policies

The principal accounting policies adopted in the preparation of the financial statements are set out below.

(a) Basis of preparation

The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), as amended by Update Bulletin 1 issued on 2nd February 2016, and the Charities Act 2011.

Can't Sit Still CIO meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

(b) Preparation of the accounts on a going concern basis

The charity's balance sheet at 31st August 2023 is in surplus, and funding has been secured for upcoming activities of the charity. No activities are planned without income to support them. Therefore the trustees are satisfied that the charity remains a going concern on an ongoing basis.

(c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from grants is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of activities is deferred until the criteria for income recognition have been met.

(d) Donated services and facilities

Donated professional services and facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity is probable and that economic benefit can be measured reliably. There were no such donations during the year in question. In accordance with the Charities SORP (FRS 102), the general volunteer time of trustees and volunteers is not recognised with any monetary value

(e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

(f) Fund Accounting

[i] Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

[ii] Designated funds are unrestricted funds set aside by the Management Committee for particular purposes.

[iii] Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(g) Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the cost against the activity for which the expenditure was incurred, under the following activity headings:

[i] Costs of raising funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes. There were no such costs during the year in question.

[ii] Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities, and those costs of an indirect nature necessary to support them.

[iii] Other expenditure represents those items not falling into any other heading. There were no such costs during the year in question.

(h) Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. These include office costs, finance, personnel, payroll and governance costs which support the charity's charitable activities.

(i) Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or Section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

(j) Fixed Assets

Tangible fixed assets are written off over the expected useful life of the asset, at 25% per annum on the reducing balance method. Individual items costing less than £500 are not treated as fixed assets.

# Can't Sit Still CIO

## Notes to the Accounts (continued)

### Year to 31st August 2023

(k) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered.

(l) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the account.

(m) Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

[2] Income from donations

	2023	2023	2023	2022	2022	2022
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
General donations	202	1,322	1,524	271	1,000	1,271
	202	1,322	1,524	271	1,000	1,271

[3] Income from charitable activities

	2023	2023	2023	2022	2022	2022
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	£	£	£	£
<u>Grants:</u>						
Arts Council of England	-	69,984	69,984	-	30,550	30,550
West of England Combined Authority	-	-	-	-	2,000	2,000
South Gloucestershire Council	-	2,730	2,730	2,500	500	3,000
National Health Service	-	15,321	15,321	-	18,795	18,795
Create Gloucestershire	-	-	-	-	7,338	7,338
Nesta	-	-	-	10,000	-	10,000
Quartet Community Foundation	-	5,000	5,000	-	-	10,000
Total grants	-	93,035	93,035	12,500	59,183	71,683
Commissions			-	4,623	9,940	14,563
Consultancy	1,960	-	1,960	-	-	-
Workshop fees	-	310	310	-	-	-
Performance fees	-	-	-	-	44,073	44,073
Sales	-	-	-	550	3,944	4,494
Theatre Tax Relief	-	-	-	13,486	-	13,486
Reimbursed expenses	79	-	79	135	-	135
Total income from charitable activities	2,039	93,345	95,384	31,295	117,139	148,434

The charity received government grants totalling £88,035 during the year (2022 £52,815). This comprised funding from the Arts Council of England, South Gloucestershire Council and the National Health Service.

[4] Analysis of expenditure on charitable activities

	2023	2022
	£	£
<u>Direct costs</u>		
Production fees	17,071	35,173
Production salaries	-	31,317
Royalties	1,877	4,784
Materials and other direct costs	3,949	20,238
Travel, accommodation & subsistence	2,352	8,812
Marketing	2,021	7,915
Access costs	1,060	1,211
Stock purchases	-	1,167
Total direct costs	28,329	110,616



**Can't Sit Still CIO**  
**Notes to the Accounts (continued)**  
**Year to 31st August 2023**

[4] Analysis of expenditure on charitable activities (continued)

	2023	2022
<u>Support costs</u>	£	£
Salaries	23,750	24,253
Employer pensions	241	1,182
Legal and professional fees	60	421
Training	898	468
Admin travel	85	178
Bank charges	30	73
Loan interest	1,219	1,094
Insurance	597	445
Post & stationery	-	1
Subscriptions	1,033	1,230
Advertising and publicity	-	147
Rent	2,073	1,297
Accountancy	228	552
Fee for Independent Examination	300	300
Depreciation	249	332
	<hr/>	<hr/>
Total support costs	30,763	31,974
	<hr/>	<hr/>
Total charitable expenditure	59,093	142,590

As the charity only undertakes one kind of activity, support costs have not been apportioned.

[5] Tangible Fixed Assets

	Furniture & fittings 2023	Furniture & fittings 2022
<u>Cost</u>	£	£
Balance brought forward	1,354	101
Additions during the year	-	1,253
	<hr/>	<hr/>
	1,354	1,354
<u>Depreciation</u>		
Balance brought forward	357	25
Charge for the year	249	332
	<hr/>	<hr/>
	606	357
	<hr/>	<hr/>
Net Book Value	748	997

[6] Debtors and prepayments

	2023	2022
	£	£
Trade debtors	375	-
Prepayments	625	662
Other debtors	364	15,016
	<hr/>	<hr/>
	1,364	15,679

[7] Creditors

	2023	2022
	£	£
Amounts due within 12 months:		
Trade creditors	936	156
Tax and National Insurance	343	522
Accruals	360	648
Loan due within one year	10,000	25,000
Other creditors	-	2,022
	<hr/>	<hr/>
	11,639	28,348

# Can't Sit Still CIO

## Notes to the Accounts (continued)

### Year to 31st August 2023

[8] <u>Movements in Funds 2022-23</u> (for previous year, see Note 11)	Balance at 01/09/2022	Income	Expenditure	Transfers	Balance at 31/08/2023
<u>Restricted Funds:</u>					
Being Me	15,584	24,373	(17,584)	-	22,372
Being Me Digital	-	29,110	(15,289)	-	13,821
Well Done Mummy Penguin	-	41,184	(17,643)	-	23,541
Total Restricted Funds:	15,584	94,667	(50,516)	-	59,734
<u>Unrestricted Funds:</u>					
Designated Funds:					
Contingency Fund	12,000	-	-	-	12,000
Fixed asset reserve	997	-	-	(249)	748
Total Designated Funds:	12,997	-	-	(249)	12,748
<u>General Funds</u>	21,439	2,480	(8,576)	249	15,592
Total Unrestricted Funds:	34,436	2,480	(8,576)	-	28,340
Total Funds:	50,020	97,147	(59,093)	-	88,075

#### Purposes of funds

The Being Me funds are to deliver creative clubs for autistic girls and non-binary young people aged between 11 and 25 in South Gloucestershire and Cheltenham.

The Being Me digital fund is for research & development of a co-created digital art work about the autistic experience.

The Well Done Mummy Penguin fund is to create a new stage adaptation of the latest book by award winning Chris Haughton.

#### [9] Payments to trustees and related party transactions

No trustees received remuneration during the year. No trustees received expense payments during the year. There were no other related party transactions during the year.

[10] <u>Staff costs</u>	2023	2022
	£	£
Wages and salaries	23,750	55,076
Employer pension contributions	241	494
	23,991	55,570

The average number of staff employed during the year was 2 (2022 4.5) and the average full time equivalent number of posts was 1.0 (2021 2.1). No employee earned over £60,000 per annum during the year.

The key management personnel of the charity during the year comprised the trustees and the Artistic Director.

The total employee benefits paid to management personnel were £16,655 (2022 £15,562).

# Can't Sit Still CIO

## Notes to the Accounts (continued)

### Year to 31st August 2023

[11] Previous year comparisons

#### Statement of Financial Activities 2021-22

	Year to 31/08/2022	Year to 31/08/2022	Year to 31/08/2022
	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Total funds</b>
	£	£	£
<b>Income:</b>			
Donations	271	1,000	1,271
Charitable activities	31,295	117,139	148,434
Investments	13	-	13
<b>Total Income</b>	<b>31,578</b>	<b>118,139</b>	<b>149,718</b>
<b>Expenditure:</b>			
Charitable activities	27,850	114,740	142,590
<b>Total Expenditure</b>	<b>27,850</b>	<b>114,740</b>	<b>142,590</b>
<b>Net Income / (Expenditure)</b>	<b>3,728</b>	<b>3,400</b>	<b>7,128</b>
Transfers between funds	(1,444)	1,444	-
<b>Net Movement in Funds</b>	<b>2,284</b>	<b>4,844</b>	<b>7,128</b>
Total funds brought forward	32,153	10,740	42,893
<b>Total funds carried forward</b>	<b>34,436</b>	<b>15,584</b>	<b>50,020</b>

#### Movements in Funds 2021-22

	Balance at 01/09/2021	Income	Expenditure	Transfers	Balance at 31/08/2022
<b><u>Restricted Funds:</u></b>					
Invisible Thread	2,560	-	(2,560)	-	-
Oh No George	8,000	99,344	(108,789)	1,444	-
Play-Along Plink & Boo	180	-	(180)	-	-
Being Me	-	18,795	(3,211)	-	15,584
<b>Total Restricted Funds:</b>	<b>10,740</b>	<b>118,139</b>	<b>(114,740)</b>	<b>1,444</b>	<b>15,584</b>
<b><u>Unrestricted Funds:</u></b>					
Designated Funds:					
Forgotten Landscape	2,614	4,623	(7,237)	-	-
Contingency Fund	12,000	-	-	-	12,000
Fixed asset reserve	76	-	-	921	997
<b>Total Designated Funds:</b>	<b>14,690</b>	<b>4,623</b>	<b>(7,237)</b>	<b>921</b>	<b>12,997</b>
<b><u>General Funds</u></b>	<b>17,463</b>	<b>26,955</b>	<b>(20,613)</b>	<b>(2,365)</b>	<b>21,439</b>
<b>Total Unrestricted Funds:</b>	<b>32,153</b>	<b>31,578</b>	<b>(27,850)</b>	<b>(1,444)</b>	<b>34,436</b>
<b>Total Funds:</b>	<b>42,893</b>	<b>149,718</b>	<b>(142,590)</b>	<b>-</b>	<b>50,020</b>