



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From                                      Period start date    To                                      Period end date

Charity name:

Charity registration number:

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To benefit the residents of Salford and surrounding areas by bringing together residents, local authorities, voluntary organisations and other groups to advance education and provide facilities for recreation and leisure time activities in the interests of social welfare.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	To relieve unemployment by providing support and assistance to help individuals find employment.  To improve the conditions of life for residents through community initiatives.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's aims and activities.

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During the year the charity worked to support the local community through a range of activities designed to improve wellbeing, social inclusion and opportunities for residents.</p> <p>Activities included:</p> <ul style="list-style-type: none"> <li>• Community engagement and support programmes</li> <li>• Activities aimed at improving wellbeing and reducing social isolation</li> <li>• Providing information and guidance to help residents access services and employment opportunities</li> </ul> <p>These activities benefited local residents by creating opportunities for participation, improving wellbeing and strengthening community connections.</p> <p>Some of the activities that have taken place in our community centre have been, Lunch Club for the elderly community, Safe warm Spaces Initiatives, Day trips and Boxing Sessions for disadvantaged young people.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance	Para 1.41	

against objectives		
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the financial period the charity had total funds of £1200. Income during the year was £4800, mainly from grants and fundraising]. Expenditure totalled £3600 and was spent primarily on delivering the charity's activities and operational costs. The trustees consider the charity to be in a satisfactory financial position at the end of the period.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The trustees have established a reserves policy to ensure the charity can continue its activities and meet financial obligations if income temporarily decreases. Reserves are held to cover essential running costs, allow for unexpected expenses, and ensure the charity can continue delivering its services without disruption.
Amount of reserves held	Para 1.22	£1200
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The trustees have reviewed the charity's financial position and believe that it remains a going concern. There are no material uncertainties regarding the charity's ability to continue operating for the foreseeable future.

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity's income is derived from grants, donations and community funding.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>(1) Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees.</p> <p>(2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.</p>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Live Well Community Group
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Other name the charity uses	
Registered charity number	1191387
Charity's principal address	10 choir Street, Salford, M7 1ZD

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jade Worthington		2020	
2	Samantha Robertson		2020	
3	JONATHAN CAINE		2020	
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

## Corporate trustees – names of the directors at the date the report was approved

Director name		

## Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

**Signature(s)**

S Sellars

**Full name(s)**

Sabrina Sellars

**Position (eg Secretary,  
Chair, etc)**

Office Manager (Volunteer)

**Date**

01.04.2023

Section A Receipts and payments

A1 Receipts  
Memberships

Sub total(Gross income for AR)

A2 Asset and investment sales, (see table).

Sub total

Total receipts

A3 Payments

Light and Heating  
Telephone/Internet

Sub total

A4 Asset and investment purchases, (see table)

Sub total

Total payments

Net of receipts/(payments)  
A5 Transfers between funds  
A6 Cash funds last year end  
Cash funds this year end

Section B Statement of assets and liabilities at the end of the period

## Categories

B1 Cash funds

B2 Other monetary assets

B3 Investment assets

B4 Assets retained for the charity's own use

B5 Liabilities

Signed by one or two trustees on behalf of all the trustees

Charity Name

Receipts and payments accounts  
For the period from

Period start date  
01/04/22

Unrestricted funds  
to the nearest £

Restricted funds  
to the nearest £

	4800	-
-		-
-		-
-		-
-		-
-		-
-	4800	-
-		-
-		-
-		-
	4800	-
		-
	3000	-
	600	-
		-
		-
		-
-		-
-		-
	3600	-
-		-
-		-
-		-
	3600	-
	1200	-
-		-
-		-
	1200	-

Details

Total cash funds  
(agree balances with receipts and payments account(s))

Details

Details

Details  
Computers  
Fitness Equipment  
Furniture

Details

Signature  
S Robertson  
Dr B Farooq

No (if any)

To

Period end date  
31/03/2023

Endowment funds  
to the nearest £

Total funds  
to the nearest £

-		4800
-	-	
-	-	
-	-	
-	-	
-	-	
-	-	
-		4800
-		
-	-	
-	-	
-		4800
-		
-	-	
-		3000
-		600
-	-	
-		
-	-	
-	-	
-		3600
-		
-	-	
-	-	
-		3600
-		1200
-	-	
-	-	
-		1200

Unrestricted funds  
to nearest £

-  
-  
-

Agreement Error  
Unrestricted funds  
to nearest £

-  
-  
-  
-  
-  
-

Restricted funds  
to nearest £

-  
-  
-  
-

OK  
Restricted funds  
to nearest £

-  
-  
-  
-  
-  
-

Fund to which asset belongs

Cost (optional)

-  
-  
-  
-  
-

Fund to which asset belongs

Cost (optional)

-  
-  
-  
-  
-  
-  
-  
-

Fund to which liability relates

Amount due (optional)

-  
-  
-  
-  
-

Print Name  
SAMANTHA ROBERTSON  
DR BABAR FAROOQ

CC16a

Last year  
to the nearest £

-  
-  
-  
-  
-  
-  
-  
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-

-  
-

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-

-  
-  
-  
-



Endowment funds  
to nearest £

-  
-  
-  
-

OK  
Endowment funds  
to nearest £

-  
-  
-  
-  
-  
-

Current value (optional)

-  
-  
-  
-  
-

Current value (optional)

-  
-  
-  
-  
-  
-  
-  
-  
-

When due (optional)

Date of approval

01/04/23

01/04/23