



# Trustees' Annual Report for the period

**From**

Period start date  
Day 18 Month 9 Year 2020

**To**

Period end date  
Day 6 Month 4 Year 2021

## Section A Reference and administration details

**Charity name**

Field of Grace

**Other names charity is known by**

**Registered charity number (if any)**

1191352

**Charity's principal address**

31 Francis Way

Camberley

Surrey

**Postcode**

GU15 1EX

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Nicola Leach			
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by other trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

1. To relieve by any charitable means to those suffering from, or at risk of suffering from, Anorexia Nervosa, Bulimia Nervosa, Binge eating, compulsive eating or any other eating disorder by providing support, information & advice.
2. To advance education to the general public about any eating disorders by providing training to professionals, information to schools & the wider community to raise awareness & prevention measures where possible.
3. The preservation & protection of the physical & mental health of families, carers & anyone else affected by those suffering from any eating disorder by providing information, advice & support.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

1. We started support groups on a Thursday evening and Saturday morning via zoom. We offer 1:1 peer support via telephone, email and/or text. We liaise with third parties (ie GPs, other charities and professional services) when a safeguarding situation occurs.
2. We created and provided literature to GPs, other mental health organisation within Surrey. We presented at a mental health online event hosted by Epsom mental health and wellbeing festival which was viewed by professionals and future service users.
3. As the charity is still in its early stages, we sign post any families, friends and carers onto a sister charity Family Based Solutions. We offer phone support for occasional crisis.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

## Section D

## Achievements and performance

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### Summary of the main achievements of the charity during the year

We set up peer support zoom calls on a Thursday evening and a Saturday morning, which was attended by around 3 or 4 people.

We supported 4 Eating Disorder sufferers on a 1:1 basis via telephone, text and email. They reported that our support service was better than anything else they had been offered and gave them so much hope to live an eating disordered free life in the future. One has even gone on to volunteer for us.

We set an emergency telephone crisis line.

We raised awareness via social media platforms, which grows in followers daily.

We presented to professionals via the Epsom mental health and well being festival in October 2020.

We formed a partnership with Family Based Solutions Charity who support families struggling with their loved ones mental health problems.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

The charity had no reserves as it was primarily self-funded

**Details of any funds materially in deficit**

The founder, Nicola Leach, funded the website and the telephone support

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

**Section F Other optional information**

**Section G Declaration**

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>	Nicola Leach	
<b>Full name(s)</b>	Nicola	Leach
<b>Position (eg Secretary, Chair, etc)</b>	Chair woman	
<b>Date</b>	23/01/22	