

# FIELD OF GRACE

England & Wales · Charity number 1191352

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2020-09-18

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 31 Francis Way  
Camberley  
GU15 1EX

**Phone** 07557531102

**Email** [fieldofgracesurrey@gmail.com](mailto:fieldofgracesurrey@gmail.com)

**Website** [www.fieldofgrace.org/](http://www.fieldofgrace.org/)

## Activities

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**Objects:** 1. TO RELIEVE BY ANY CHARITABLE MEANS TO THOSE SUFFERING FROM, OR AT RISK OF SUFFERING FROM, ANOREXIA NERVOSA, BULIMIA NERVOSA, BINGE EATING, COMPULSIVE EATING OR ANY OTHER EATING DISORDER BY PROVIDING SUPPORT, INFORMATION & ADVICE. 2. TO ADVANCE EDUCATION TO THE GENERAL PUBLIC ABOUT ANY EATING DISORDERS BY PROVIDING TRAINING TO PROFESSIONALS, INFORMATION TO SCHOOLS & THE WIDER COMMUNITY TO RAISE AWARENESS & PREVENTION MEASURES WHERE POSSIBLE. 3. THE PRESERVATION & PROTECTION OF THE PHYSICAL & MENTAL HEALTH OF FAMILIES, CARERS & ANYONE ELSE AFFECTED BY THOSE SUFFERING FROM ANY EATING DISORDER BY PROVIDING INFORMATION, ADVICE & SUPPORT.

**Activities:** We support anyone affected by an eating disorder, undiagnosed or not, by offering 1:1 check-ins and group support. This is both the sufferer and parent/carer. We also plan to educate schools and General Practitioners.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, The General Public/mankind

## Geography

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- Throughout England

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-04-06		£0	£0	-
2024-04-06		£0	£0	-
2023-04-06		£1,000	£408	-
2022-04-06		£0	£126	-
2021-04-06		£0	£162	-

## Trustees

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Name	Role	Appointed
<b>Nicola Leach</b>	Chair	2020-09-18
Marilyn Leach		2020-09-18
Roy Wilson		2020-09-18

**FIELD OF GRACE**

England & Wales - Charity number 1191352

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# Accounts

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<b>Trustees' Annual Report for the period</b>							
	Period start date				Period end date		
	Day 7	Month 4	Year 2024		Day 6	Month 4	Year 2025
<b>From</b>				<b>To</b>			

**Section A Reference and administration details**

<b>Charity name</b>	Field of Grace		
<b>Other names charity is known by</b>			
<b>Registered charity number (if any)</b>	1191352		
<b>Charity's principal address</b>	31 Francis Way		
	Camberley		
	Surrey		
	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 60%; border: 1px solid black; padding: 2px;"><b>Postcode</b></td> <td style="border: 1px solid black; padding: 2px;">GU15 1EX</td> </tr> </table>	<b>Postcode</b>	GU15 1EX
<b>Postcode</b>	GU15 1EX		

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Nicola Leach			
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by other trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

### Summary of the objects of the charity set out in its governing document

1. To relieve by any charitable means to those suffering from, or at risk of suffering from, Anorexia Nervosa, Bulimia Nervosa, Binge eating, compulsive eating or any other eating disorder by providing support, information & advice.
2. To advance education to the general public about any eating disorders by providing training to professionals, information to schools & the wider community to raise awareness & prevention measures where possible.

3. The preservation & protection of the physical & mental health of families, carers & anyone else affected by those suffering from any eating disorder by providing information, advice & support.

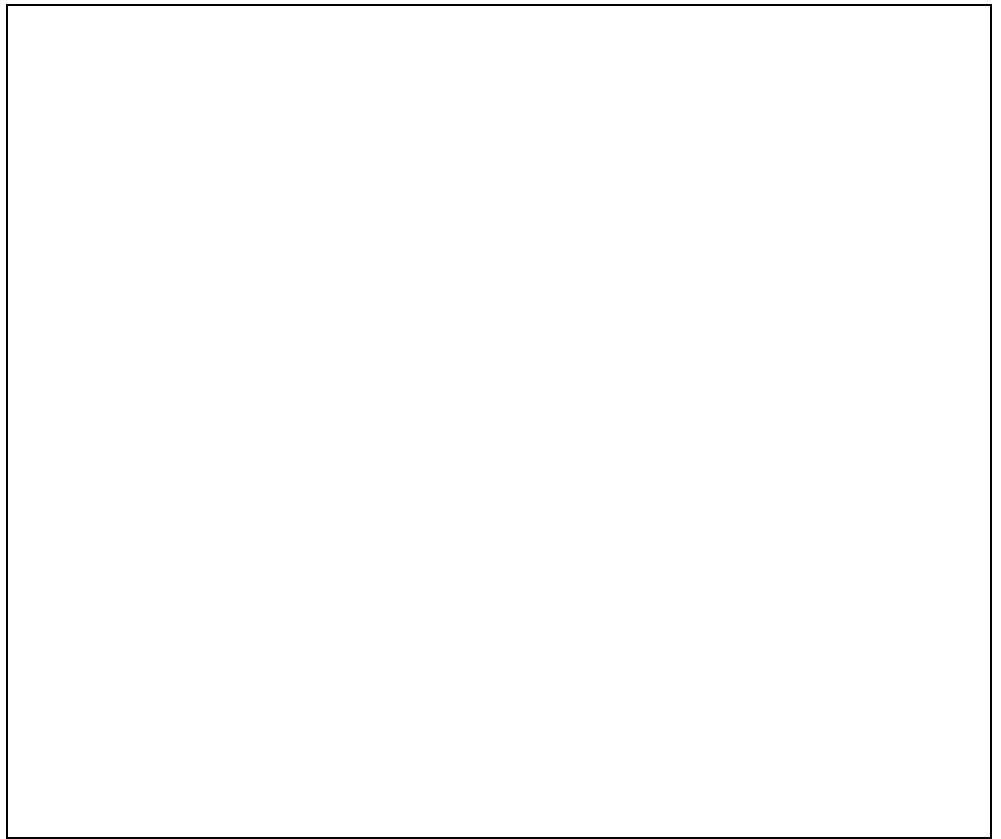
In this financial year we had real issues with finding and keeping volunteers who were strong enough in their own recovery to support others, so haven't been able to conduct any of our objectives. We felt it wouldn't be safe to have just one person running the charity this year.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

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## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

The charity had no reserves as it was primarily self-funded

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

<b>Signature(s)</b>	Nicola Leach	
<b>Full name(s)</b>	Nicola	Leach
<b>Position (eg Secretary, Chair, etc)</b>	Chair woman	
<b>Date</b>	02/02/2026	

**FIELD OF GRACE**

England & Wales - Charity number 1191352

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# Accounts

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# Trustees' Annual Report for the period

<b>From</b>	Period start date			<b>To</b>	Period end date		
	Day 7	Month 4	Year 2023		Day 6	Month 4	Year 2024

## Section A Reference and administration details

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<b>Other names charity is known by</b>	
<b>Registered charity number (if any)</b>	1191352
<b>Charity's principal address</b>	31 Francis Way
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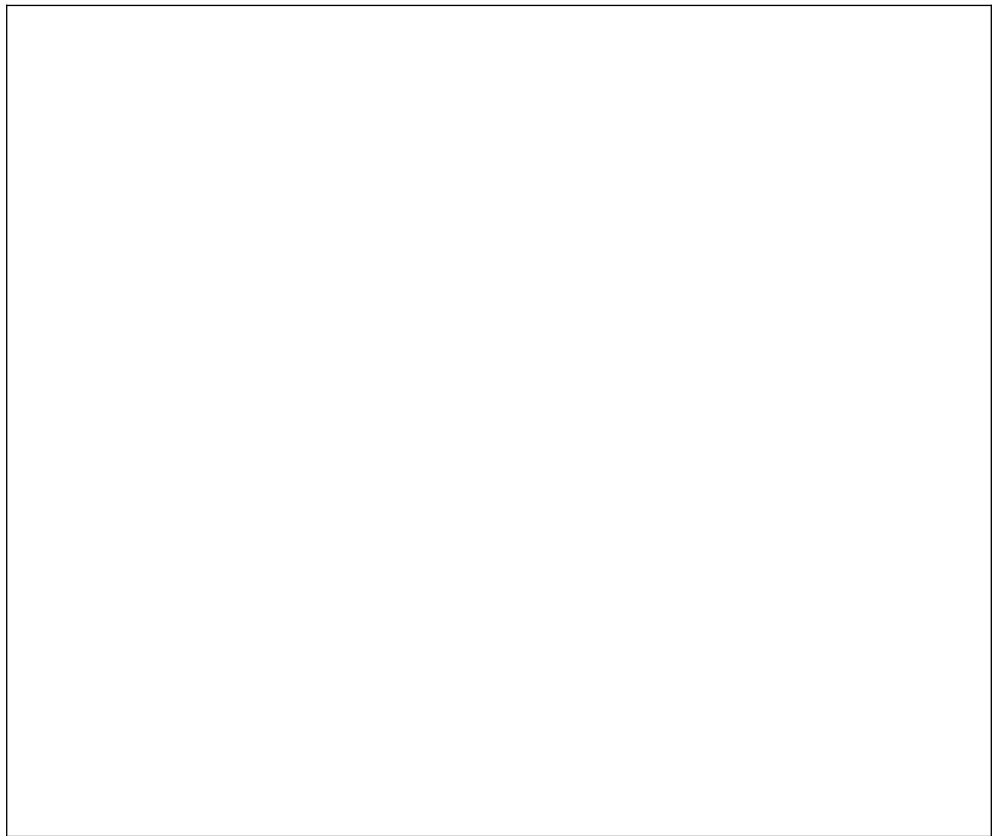
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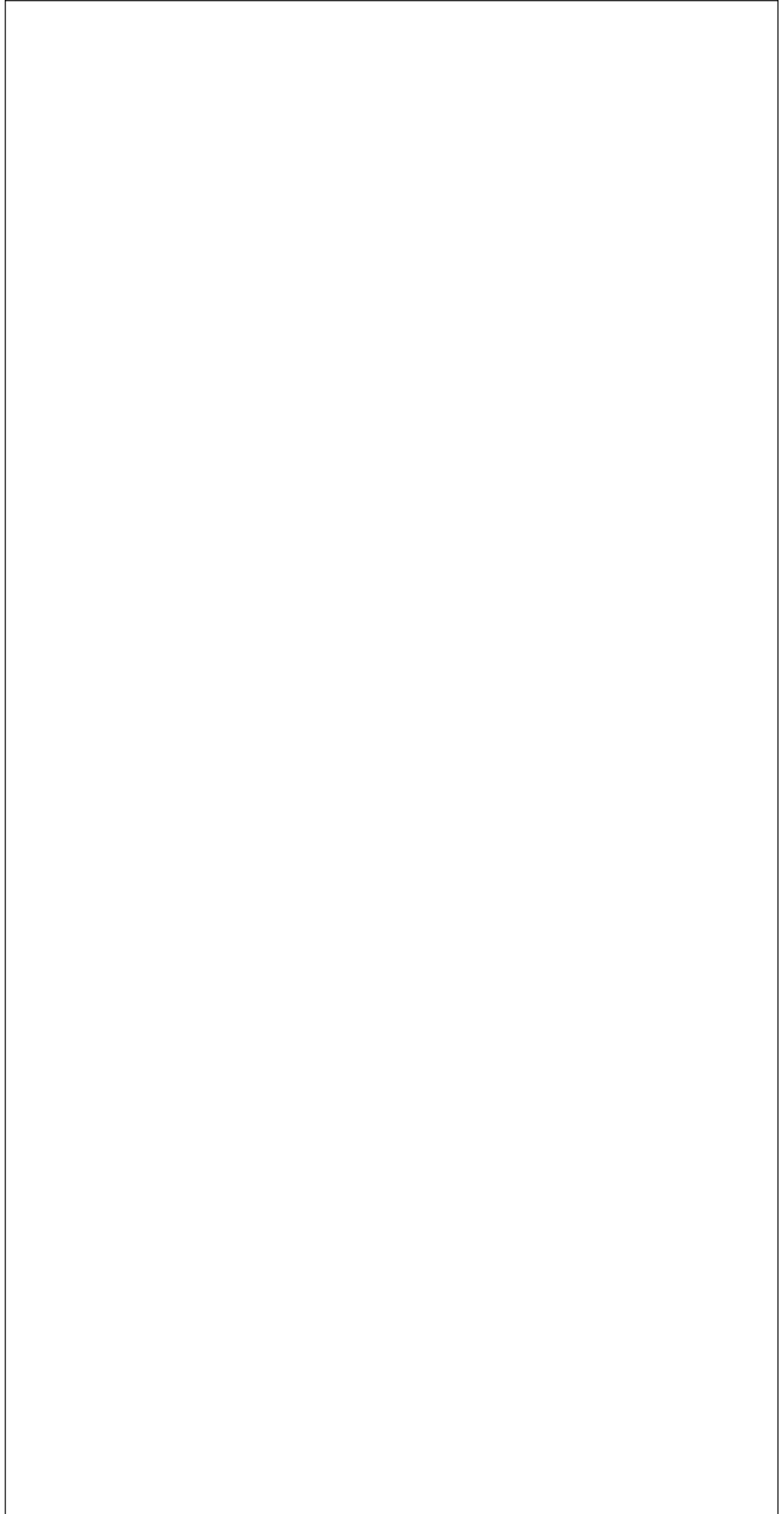
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## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**



**Brief statement of the charity's policy on reserves**

The charity had no reserves as it was primarily self-funded

**Details of any funds materially in deficit**

The founder, Nicola Leach, funded the website and hosting

**Further financial review details (Optional information)**

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- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

**Section F Other optional information**

[Empty box for optional information]

**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	Nicola Leach	
<b>Full name(s)</b>	Nicola	Leach
<b>Position (eg Secretary, Chair, etc)</b>	Chair woman	
<b>Date</b>	25/01/25	

**FIELD OF GRACE**

England & Wales - Charity number 1191352

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# Accounts

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# Adenydd Trustees Annual Report 2022-23

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## Reference and Administrative Details

Name of the charity	Adenydd
Any other names it uses	N/A
Charity registration number	1182052
Address	20 Highpool Lane, Newton, Swansea SA3 4TX
Phone	07897211216
Email	<a href="mailto:ceo@adenydd.org">ceo@adenydd.org</a>
Website	<a href="http://www.adenydd.org">www.adenydd.org</a>
Charity Commission entry for Adenydd	<a href="https://register-of-charities.charitycommission.gov.uk/charity-search/-/charity-details/5118696/charity-overview">https://register-of-charities.charitycommission.gov.uk/charity-search/-/charity-details/5118696/charity-overview</a>

## Trustees

Name	Role	Date of appointment	Other trusteeships	Reporting status of other trusteeships
Philippa Webb (Chair)	Trustee	21 July 2022	None on record	N/A
Yee Leung Hon (Francis) (Vice Chair)	Trustee	21 July 2022	None on record	N/A
Joanne Southan	Trustee	11 June 2018	None on record	N/A
Dr Adam Southan	Trustee	27 April 2023	None on record	N/A
Matthew Donovan	Trustee	27 April 2023	None on record	N/A

For further information visit our website: <https://www.adenydd.org/aboutus/trustees>

## Structure, Governance and Management

Source: [Governance, ADENYDD - 1182052, Register of Charities - The Charity Commission](#)

Adenydd was first registered on 15 February 2019. Adenydd is registered as a Charitable Incorporated Organisation (CIO). Adenydd is recognised by HMRC for gift aid.

### Policies

- Complaints handling
- Conflict of interests
- Safeguarding
- Volunteer management
- We have numerous other policies available on request.

### Land and property

The charity does not own and/or lease land or property.

### Trustee Selection Methods

Potential trustees apply when there is a vacancy (which is advertised on the Reach Volunteering website) and are shortlisted and interviewed by the CEO and the Chair of Trustees, or another person where there may be a conflict of interest. Their appointment is ratified by the Board of Trustees as a whole.

The onboarding process for trustees at Adenydd is a comprehensive and personalised journey facilitated by the CEO. New trustees are inducted into their roles through a series of sessions that provide insights into the organisation's mission, values, and strategic goals. The CEO takes a hands-on approach to address any knowledge gaps, ensuring that trustees are well-equipped to contribute meaningfully to their roles.

The onboarding process includes valuable interactions with the chair of trustees, fostering a deeper understanding of the board's dynamics and responsibilities. Additionally, trustees benefit from a bespoke program tailored to their individual needs, emphasizing a collaborative approach to knowledge enhancement. Specialised initiatives, such as trustee

away days, offer a unique platform for team building, knowledge-sharing, and strategic discussions. This holistic onboarding approach reflects Adenydd's commitment to empowering trustees with the tools and knowledge needed for effective governance and meaningful contributions to the organisation's mission.

## Charitable Objects

The trustees have had regard to the Charity Commission's guidance on public benefit.

Our charitable objects are:

For the public benefit to relieve persons in need, in particular but not exclusively children, who have had adverse childhood experiences (ACEs) and their carers and/or families by the provision of therapeutic interventions, in particular but not exclusively counselling, psychotherapy and occupational therapy and such other activities that are exclusively charitable as the trustees shall see fit.

## Objectives and Activities

### Vision

A safe world

### Mission statement

Helping the world feel a safer place for children with developmental trauma

### How we do this

Contributing to a safer world for all children by fostering a profound understanding of the impact of adverse childhood experiences and developmental trauma among those involved in the lives of children.

We provide information, guidance and support to children, families and practitioners focussing on the impact of adverse childhood experiences and developmental trauma.

We seek to:

- Enable children to feel safe and listened to by empowering the adults in the child's world to understand what may be happening behind the behaviours.
- Enable the adults in the child's world to understand and use regulating and relational approaches to help children learn healthier ways to manage their emotional and physical responses.
- Empower the adults in a child's world to develop reflective skills and adopt approaches that enable the child to feel safe and well regulated.
- Develop and facilitate therapeutic, sensory and developmentally informed approaches appropriate for the child's context.

Through collaborative working we enable, empower and equip those who support children. We work together for sustained positive change; reducing barriers to reaching potential. This will be achieved by providing high quality, focussed learning and bespoke projects.

We offer the opportunity to rethink the way children with complex trauma needs can be supported, taught and cared for.

## Activities and Projects

One of the main services we offer is a training course in developing knowledge and understanding of sensory regulation in addition to useful practical activities and resources. The training runs as two 3-hour sessions online or one full day face-to-face and is based on our experience of what has been effective when working with individuals or small groups of children.

We ran eight courses over the year for the local Social Services departments of Swansea and Neath-Port Talbot local authorities, the teaching staff and related professionals from the Partneriaeth region, and one 'open' course offered to the public.

## Achievements and Performance

In its unwavering commitment to making a lasting impact, Adenydd has achieved significant milestones in the last year, showcasing its dedication to positive change and community empowerment. As of the latest update, Adenydd proudly reports the following accomplishments:

**Training and Development:** Adenydd has successfully trained a total of 508 staff members, equipping them with the necessary skills and knowledge to contribute effectively to the organization's mission.

**Education and Community Projects:** Courses and Projects Completed: Adenydd has completed an impressive total of 17 courses and projects, each designed to address specific community needs and foster sustainable development.

**Direct Impact on Children:** Adenydd has engaged with and positively impacted the lives of 24 children, providing them with essential support and resources for a brighter future.

**Volunteer Engagement:** Adenydd has established 5 volunteer teams, each dedicated to specific projects and initiatives. These teams work collaboratively to maximise the impact of Adenydd's efforts. Volunteer teams are organised into hubs, facilitating efficient coordination and project implementation in specific areas. Each hub is supported by a linked trustee, fostering communication and accountability within the organisation. Adenydd is also in the process of recruiting additional volunteers to strengthen this.

**Ongoing Development:** Adenydd is actively in the process of developing these volunteer teams, with a focus on recruiting dedicated Team Leads for each team. This expansion aims to broaden our reach and capacity. Additionally, we are working on developing our infrastructure to enhance organisational efficiency and effectiveness. This includes exploring new technology, resources, and systems to streamline our internal processes.

Adenydd extends our heartfelt gratitude to the exceptional individuals whose unwavering dedication and invaluable contributions have fuelled the success of our initiatives. Their commitment not only plays a valuable role but serves as the very heartbeat that makes Adenydd's transformative work possible. We extend our deepest appreciation for the impact their time and skills have had on our mission, shaping a brighter future for our children.

## Feeling Just Right in school: Project funded by the Big Give

This project has had a significant positive impact on both the intended beneficiaries of the intervention and the staff involved. Feedback shows that children who participated in the project have learned valuable strategies to regulate their emotions, with many expressing their feelings more openly and staff feeling much more able to support children in this area. The project has created a calm and supportive learning environment where children eagerly

anticipate each session, utilising freshly acquired sensory support tools such as sensory activities to regulate them and calm their distress.

The project has expanded staff knowledge on sensory regulation and empathy towards children's behaviours, both personally and professionally. It has encouraged staff to adopt new approaches and strategies for children with additional needs, resulting in fewer emotional issues in the classroom. Moreover, the school community as a whole has gained a greater awareness of sensory needs and the importance of understanding and effectively supporting the underlying cause of children's behaviours. Even children who were not directly involved in the project increased their confidence and understanding of emotions, leading to a more harmonious and calm learning environment for all.

Looking ahead, the project participants plan to continue implementing sensory regulation activities and strategies, creating designated areas within the school for such activities and having resources readily available to the children for them to access whenever needed.

Families of the children have expressed interest in workshops on trauma and ACEs, practical and low-cost ideas for helping at home, obtaining funding for resources, managing behaviour issues, expressing feelings, and anger management which we hope to support them with. Overall, this project has made a positive impact on the school community, fostering a more supportive and empathetic learning environment.

## Financial Review

- Review of the charity's financial position at the end of the reporting period
- The charity's policy for holding reserves is £1400 as this is sufficient funds to cease our work effectively and ethically.

## Annual Accounts

As the income of the charity was below the £25,000 threshold this year an Independent Examination of the accounts was not required. Our accounts were prepared for us by our volunteer Finance Team, which includes a qualified accountant. They were approved by the trustees on 30 September 2023 and signed on their behalf by the Chair of Trustees, Philippa Webb and Vice Chair, Francis Hon.

## Declaration

The Trustees declare that they have approved the Trustees' Annual Report above.

Signed on behalf of the Charity's Trustees:

Signature \_\_\_\_\_

Full Name \_\_\_\_\_

Position \_\_\_\_\_

Date \_\_\_\_\_

**FIELD OF GRACE**

England & Wales - Charity number 1191352

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# Accounts

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# Trustees' Annual Report for the period

<b>From</b>	Period start date			Period end date		
	Day 7	Month 4	Year 2021	Day 6	Month 4	Year 2022
	<b>To</b>					

## Section A Reference and administration details

**Charity name** Field of Grace

**Other names charity is known by**

**Registered charity number (if any)** 1191352

**Charity's principal address** 31 Francis Way

Camberley

Surrey

**Postcode**

**GU15 1EX**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by other trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

1. To relieve by any charitable means to those suffering from, or at risk of suffering from, Anorexia Nervosa, Bulimia Nervosa, Binge eating, compulsive eating or any other eating disorder by providing support, information & advice.
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3. The preservation & protection of the physical & mental health of families, carers & anyone else affected by those suffering from any eating disorder by providing information, advice & support.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

1. We continues our support groups on a Thursday evening and Saturday morning via zoom. We offer 1:1 peer support via telephone, email and/or text. We liaise with third parties (ie GPs, other charities and professional services) when a safeguarding situation occurs.  
  
We began formulating our Young Persons Program, to help young people who are in the early stages of “disordered eating”.
2. We created and provided further literature to GPs, other mental health organisation within Surrey. We put together a presentation for professionals at schools and universities. We then sent information out to Surrey based schools and Universities to invite professionals to our training programs. There are now professionals lined up to attend our training sessions in the next financial year.
3. We put together a support training session to help parents, friends and carers of those who are struggling with eating disorders. We have lined up these training sessions for the next financial year. We attempted to put on parent and carer support groups on zoom, but they have yet to take off. We offer phone support for occasional crisis.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
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## Section D

## Achievements and performance

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## Achievements and performance

### Summary of the main achievements of the charity during the year

We continued our support zoom calls on a Thursday evening and a Saturday morning, which was attended by around 6 or 7 people.

We supported more Eating Disorder sufferers on a 1:1 basis via telephone, text and email. They reported that our support service was better than anything else they had been offered and gave them so much hope to live an eating disordered free life in the future. Two has even gone on to volunteer for us.

We continue to raise awareness via social media platforms, which grows in followers daily.

We started the long processes of putting together a Young Persons Programme, designed to help people under 18 to gain an understanding of what is going on for them and how to navigate treatment and recovery as a source of an early intervention service. This will hopefully be launched in the next year or 2, as we want to make sure we get it right before rolling out a pilot programme,

We put together a training sessions for professionals to assist with the early intervention of young people and vulnerable adults they may encounter who are struggling with disordered eating.

Information and invites have been sent out to schools and universities in the local area to attend these professional sessions via zoom.

We put together a training session for parents friends and carers of anyone who has someone in their life with disordered eating. Attendees have been lined up for the next year.

We attempted to set up a parents, friends, family and carers support group via zoom but they have yet to take off. Maybe after the training sessions.

We continue to offer support to both the sufferer, parents and carers via phone, email and text message.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

The charity had no reserves as it was primarily self-funded

**Details of any funds materially in deficit**

The founder, Nicola Leach, funded the website and hosting

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**Section F Other optional information**

**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	Nicola Leach	
<b>Full name(s)</b>	Nicola	Leach
<b>Position (eg Secretary, Chair, etc)</b>	Chair woman	
<b>Date</b>	04/02/23	

**FIELD OF GRACE**

England & Wales - Charity number 1191352

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# Accounts

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# Trustees' Annual Report for the period

<b>From</b>	Period start date			Period end date		
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	<b>To</b>					

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<b>Charity name</b>	Field of Grace
<b>Other names charity is known by</b>	
<b>Registered charity number (if any)</b>	1191352
<b>Charity's principal address</b>	31 Francis Way Camberley Surrey <b>Postcode</b> GU15 1EX

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- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

1. To relieve by any charitable means to those suffering from, or at risk of suffering from, Anorexia Nervosa, Bulimia Nervosa, Binge eating, compulsive eating or any other eating disorder by providing support, information & advice.
2. To advance education to the general public about any eating disorders by providing training to professionals, information to schools & the wider community to raise awareness & prevention measures where possible.
3. The preservation & protection of the physical & mental health of families, carers & anyone else affected by those suffering from any eating disorder by providing information, advice & support.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

1. We started support groups on a Thursday evening and Saturday morning via zoom. We offer 1:1 peer support via telephone, email and/or text. We liaise with third parties (ie GPs, other charities and professional services) when a safeguarding situation occurs.
2. We created and provided literature to GPs, other mental health organisation within Surrey. We presented at a mental health online event hosted by Epsom mental health and wellbeing festival which was viewed by professionals and future service users.
3. As the charity is still in its early stages, we sign post any families, friends and carers onto a sister charity Family Based Solutions. We offer phone support for occasional crisis.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D

## Achievements and performance

## Section D

## Achievements and performance

### Summary of the main achievements of the charity during the year

We set up peer support zoom calls on a Thursday evening and a Saturday morning, which was attended by around 3 or 4 people.

We supported 4 Eating Disorder sufferers on a 1:1 basis via telephone, text and email. They reported that our support service was better than anything else they had been offered and gave them so much hope to live an eating disordered free life in the future. One has even gone on to volunteer for us.

We set an emergency telephone crisis line.

We raised awareness via social media platforms, which grows in followers daily.

We presented to professionals via the Epsom mental health and well being festival in October 2020.

We formed a partnership with Family Based Solutions Charity who support families struggling with their loved ones mental health problems.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

The charity had no reserves as it was primarily self-funded

**Details of any funds materially in deficit**

The founder, Nicola Leach, funded the website and the telephone support

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Empty box for optional information.

**Section F Other optional information**

Large empty box for section F.

**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	Nicola Leach	
<b>Full name(s)</b>	Nicola	Leach
<b>Position (eg Secretary, Chair, etc)</b>	Chair woman	
<b>Date</b>	23/01/22	